



# ARE YOU FEELING

# A HUNGER TO HELP?

## FOOD INSECURITY & COVID-19



With the recent COVID-19 pandemic, the Orangevale-Fair Oaks Food Bank expects to see an increase of up to 5x the typical demand in the coming months. Pre-COVID-19 we would serve approximately 1,200 people per month. 6-8 weeks into the pandemic we are serving almost 3,000 people per month and we expect our numbers to rise up to 6,000 people per month in the weeks and months ahead.

## HOW CAN YOU HELP?



Sign up to Volunteer by visiting our website



Organize a Food Drive or make donations of non-perishable food items



Make a monetary contribution via our website. A donation of just \$2 will provide a 10lb bag of food for a person.



## WHY CHOOSE TO SUPPORT A FOOD BANK DURING THIS TIME?

The Orangevale-Fair Oaks Food Bank is working overtime right now to ensure that no child or adult goes hungry during the COVID-19 pandemic. Our goal is to provide healthy food to anyone in need in the Sacramento County so that they are able to focus on meeting their other responsibilities such as a safe home, providing distance learning for their children and preparing for job changes in their future. We aim to be a bridge as people in need find a way back to supporting themselves.

