



PEMBERTON TOWNSHIP SCHOOLS

FRANK CORIGLIANO
Supervisor of Health & Physical Education K-12
Supervisor of Athletics

JEFFREY HAVERS
Superintendent

ATHLETICS SPORT PHYSICAL UPDATED INFORMATION

Parents and Guardians,

The New Jersey Department of Education has recently released new information and requirements for Preparticipation Physical Examinations (PPE) also known as "sports physicals" to take effect immediately.

The broadcast reads as follows:

"There has been a change in the requirements for submission of the updated PPE. The History Form and the Physical Examination Form within the packet DO NOT need to be submitted to the student's school. The History Form and the Physical Examination Form should be kept by the healthcare provider who completes the PPE. Only the completed Medical Eligibility Form should be submitted to the school. The Medical Eligibility Form provides space for the healthcare provider to share relevant health information with the school if necessary and includes a recommendation regarding the student's ability to participate in athletics. It is important to note that the PPE must be conducted by a licensed physician, advanced practice nurse, or physician assistant who has completed the student athlete cardiac assessment professional development module developed by the NJDOE."

Pursuant to N.J.A.C. 6A:16-2.4, 2.2(h)1iv, and 2.3(a)4iv, Once the Medical Eligibility Form has been turned into the school it will then be reviewed and signed by the school physician. As in the past, the school physician will be the final approval of the student's participation in athletics and will be based upon the medical report provided from the Eligibility Form.

Attached to this physical packet, you will find the **updated** Participation Physical Evaluation (PPE) paperwork. It will include the following:



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- **Page 1 - Medical Eligibility Form** - *this page must be returned to Pemberton Township School District with the doctors Stamp of Approval*
 - **Please note that Physicians signing off on the Professional Development Cardiac Module must provide a date of when the Learning Module was completed. This should not be the same date as the physical. Any MD, DO, PA, APN providing a physical exam to a student athlete in the state of NJ must have completed this module. Physicals where the module was not completed prior to the physical exam will not be accepted.**

- **Pages 2-3 - The new Health History Form** - *this page stays with your doctor*
- **Page 4 - The new Supplemental Form** - *this page stays with your doctor*
- **Page 5 - The new Physical Examination Form** - *this page stays with your doctor*

As a reminder, please make sure to return page 1 to Frank Corigliano, Athletic Director, or your building's nurse. Any physicals that do not meet the above requirements will be sent back to the families at their own expense. FORMS MUST BE RECEIVED BEFORE THE FIRST DAY OF PRACTICE FOR YOUR SPORTS PARTICULAR SEASON. We highly recommend that you review the physical over with your provider prior to handing it over to the school. Your child's health and safety is our utmost priority.

Again, this is effectively IMMEDIATELY as per the state of NJ Department of Education.

Thank you,
Frank Corigliano