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6-7

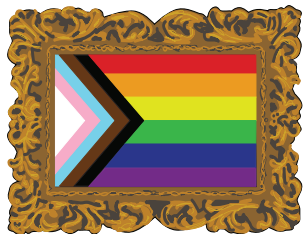
Intersectionality

in this
ISSUE



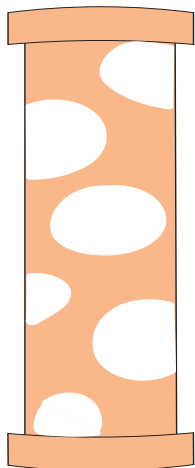
3

Editorial:
College Mail



6-7

Intersectionality



8
New
Poles



10

Cheeky
Trading Cards

Cover by Mia Tavares

tidbits

- The Inglemoor Valhalla Players are putting on a virtual performance of “The Theory of Relativity” on May 21, 22, 28, and 29 from 7-8 p.m.
- Check out the end of the year event hosted by activism clubs on May 19. Register at <https://tinyurl.com/IHSActivism>.
- Seniors: prom is on May 22 from 7:30-11 p.m. at the MOPOP. Purchase tickets through TouchBase.
- There is no school on Friday, May 28 or Monday, May 31.
- Check out the COVID-19 Dashboard on the Northshore School District website for up-to-date information on confirmed COVID-19 cases and quarantines in the school district.

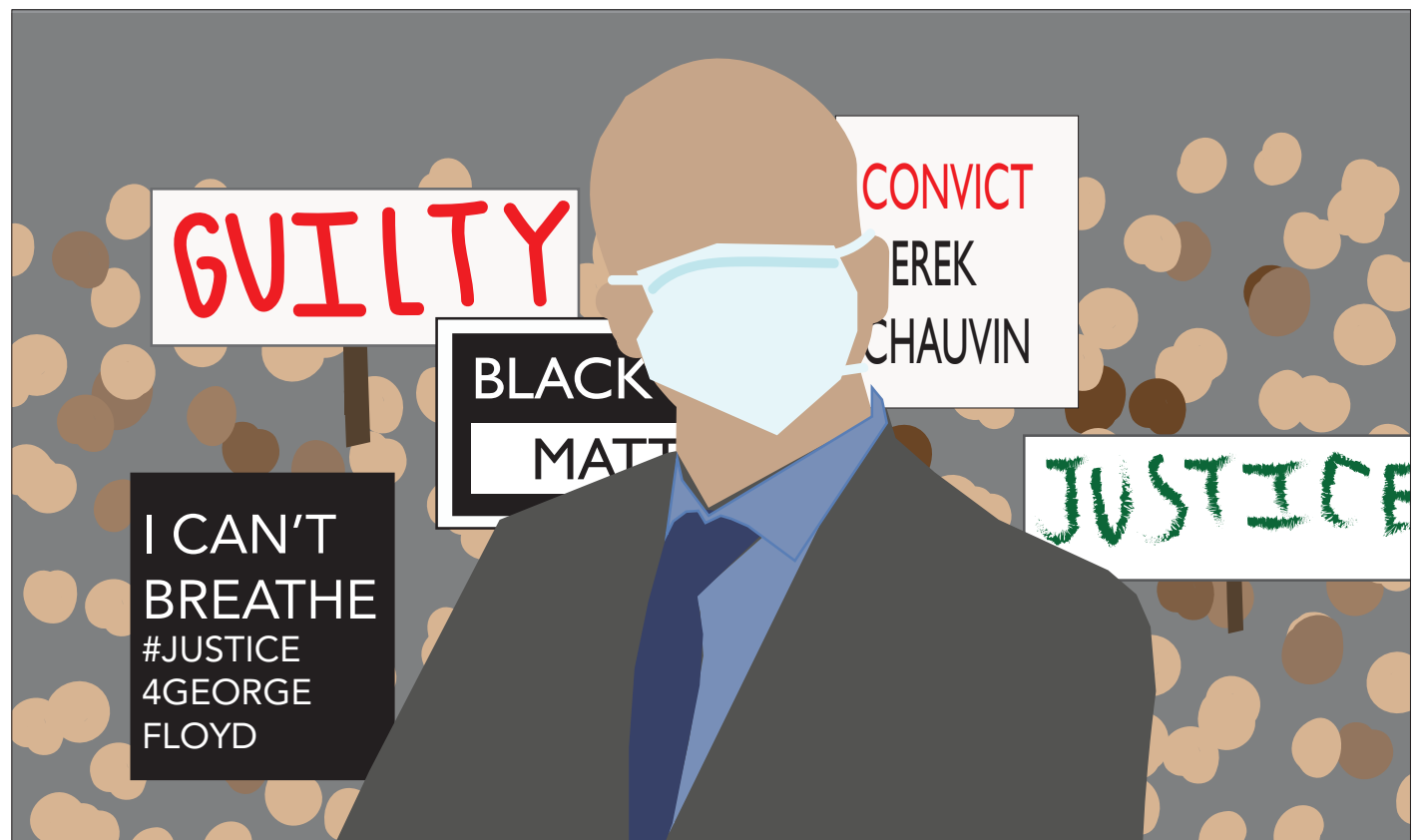


plaudits

- Congratulations to all seniors who have committed to colleges for the 2021-2022 school year!
- Shout out to all students who will be inducted into National Honor Society on Sunday, May 17!
- Good luck to students who are advancing to the HOSA international conference in June!
- Congratulations to all athletes who have committed to schools for the 2021-2022 school year!
- Congratulations to next year’s ASB executive team and class officers!
- Shout out to all students who competed at DECA’s ICDC competition!
- Congratulations to junior Kellen Hoard, who was recently featured in an NPR interview for his work on a mental health bill!



Derek Chauvin found guilty for George Floyd’s death



Former Minneapolis police officer Derek Chauvin was found guilty on all three counts in George Floyd’s murder on April 20. He is set to be sentenced June 16. Art by Margaret He.

milesgelatt

news editor

Former Minneapolis police officer Derek Chauvin was found guilty of second-degree unintentional murder, third-degree murder and second-degree manslaughter by a jury on April 20 for the murder of George Floyd outside of a local Minneapolis convenience store. The jury, which began deliberating on April 19 after three weeks of witness testimony, took about 10 hours to reach the unanimous verdict.

Prosecutors argued that Chauvin’s actions caused Floyd to die from low oxygen, or asphyxia. The defense claimed that Chauvin’s actions were part of his police training and that Floyd’s illegal drug use and a pre-existing heart condition were to blame for his death, urging jurors not to

rule out other theories, such as exposure to carbon monoxide.

Floyd’s murder, which occurred in May of 2020, was captured on video and showed Chauvin kneeling on the back of Floyd’s neck for nine minutes and 26 seconds. The killing sparked outrage and a call for racial and social justice movements around the world last summer.

President Joe Biden said that the verdict was a step forward.

“In order to deliver real change and reform, we can and we must do more to reduce the likelihood that tragedies like this will ever happen and occur again; to ensure that Black and brown people or anyone — so they don’t fear the interactions with law enforcement, that they don’t have to wake up knowing that they

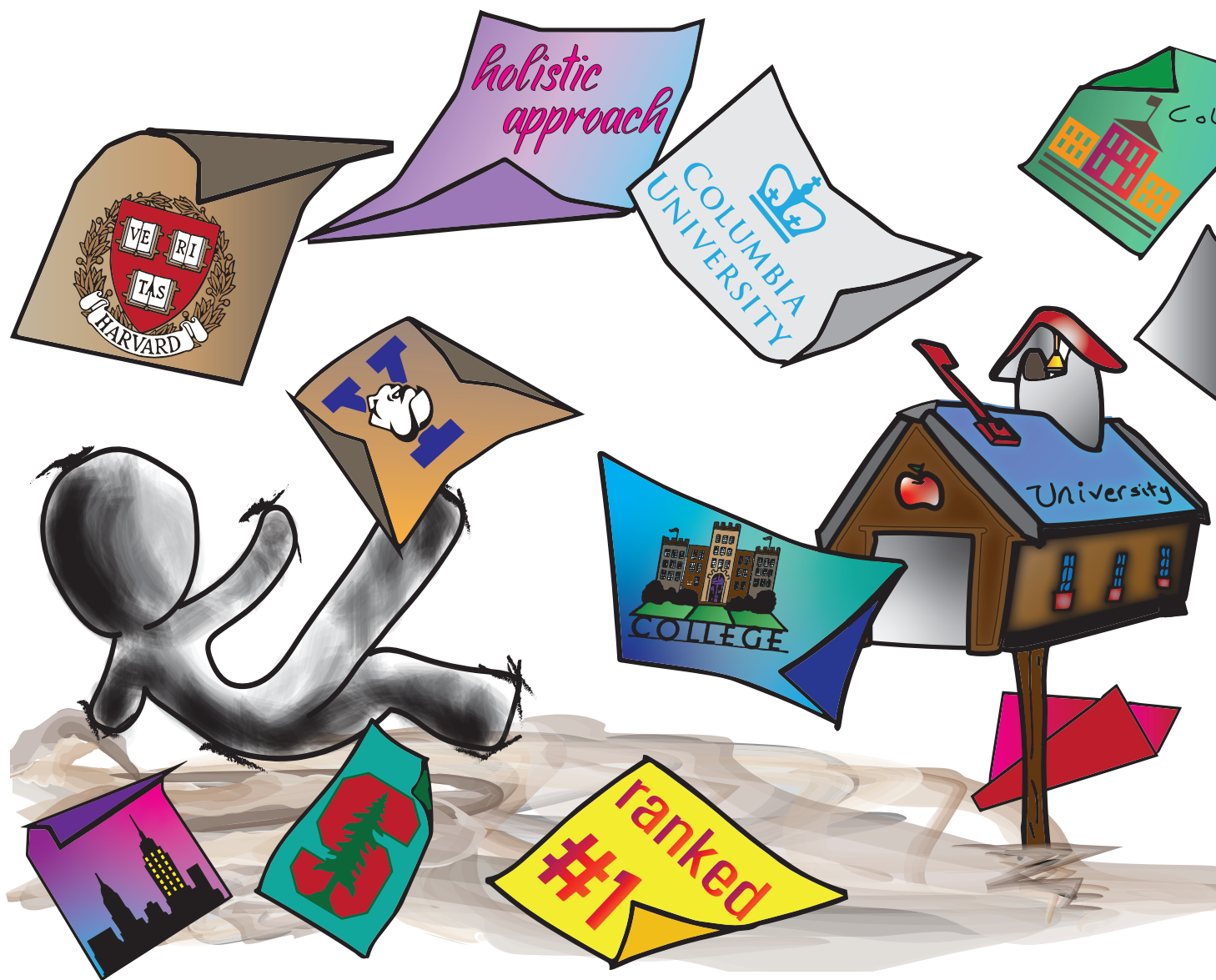
can lose their very life in the course of just living their life,” Biden said.

Biden was flanked by Vice President Kamala Harris, who said, “It is not just a Black America problem or a people of color problem. It is a problem for every American. It is holding our nation back from reaching our full potential. A measure of justice isn’t the same as equal justice.”

Chauvin now faces a 40-year maximum sentence for the second-degree unintentional murder conviction, a 25-year sentence for third-degree murder, and a 10-year sentence for second-degree manslaughter. Chauvin’s bail was immediately revoked, and his sentencing date is currently set for June 16.

Art by Margaret He

editorial: College mail is becoming increasingly irrelevant



Paper waste is simply accepted in America. In a country where more than one billion trees worth of paper are thrown away each year, efforts must be taken to reduce usage whenever possible. This begins by cutting out paper that adds little value to people's lives.

College mail is a fundamental marker in each teenager's journey through high school — there's nothing quite like receiving your first piece of college mail. However, students often find that this feeling quickly fades as one flyer becomes 20 and their piles of leaflets double each week. With seemingly endless packets and postcards from schools vying for students' attention, teenagers are constantly swayed to make one of their biggest decisions by an endless stream of printed materials.

To share information with students in a more relevant and environmentally-conscious way, colleges should make a change as their work inevitably becomes more important. The desire to attend college continues to skyrocket among high school students, with over 90% of high schoolers attending college at some point during their eight years after graduation. Over the years to come, colleges will only expand and broaden their marketing campaigns. Mail-based college advertising in particular has become increasingly popular due to the outbreak of COVID-19 — many universi-

ties opted to use more mail to make up for their ability to reach students through in-person events.

Increased mailings raise pressing questions about the role of waste in our modern day society. More often than not, college mail becomes more of a burden than a tool for students as they narrow their interest in specific universities. Sending out carefully-curated flyers is not as engaging to students as colleges may think. Pretty pictures of academic buildings, ratings that are little more than just numbers, and blanket statements that are nearly identically among mail do not give students a unique impression of what each college is like.

Furthermore, college mail prioritizes irrelevant details. Students' decision on where to pursue higher education can rarely be made based on superficial information presented in a flyer, such as the exterior appearance of a university. Students find themselves limited to specific options for colleges based on cost, location, academic programs, and more — factors that colleges don't consider when using mass mailings.

This concern is further exacerbated by acceptance packages. In a digitalised world where information can be most easily found through online searches, massive packets containing hefty booklets about campus life are becoming increasingly irrelevant for people who consistently have internet access.

Colleges should opt for a more personal approach to communicating with students — one that provides relevant information in an environmentally conscious way. This could include a wider range of college fairs and group chats that facilitate one-on-one meetings with college advisors and current students. Meanwhile, when sending acceptances to students, colleges could make their mark on individuals in a more useful way. Universities could send items that won't be headed straight to the waste bin — from socks to water bottles and even snacks, many colleges have found a way to simultaneously reduce paper waste and make a bigger impression on students compared to their counterparts, who load students up with unneeded booklets.

Reimagining college mail opens up opportunities for society to consider how large organizations can simultaneously avoid waste and improve their target audience's quality of life. After the pandemic ends, it could be easy for colleges to fall back on and continue their increased mail-marketing campaigns that began in 2020. However, to avoid the waste and irrelevant information that comes with mass mailings, colleges should redirect their efforts towards facilitating genuine conversations with students — interactions that conserve natural resources and make more of an impact than mail ever could.

NORDIC NEWS

2020-2021

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POINT COUNTERPOINT:

Should affirmative action be used in college admissions?

Yes, affirmative action promotes equality in a flawed system.

arushisharma

reporter

For much of America's history, elite universities have been reserved for mostly wealthy and white citizens. Beginning in 1965, these institutions focused on diversifying student bodies by embracing tools like affirmative action. In a collegiate context, affirmative action is the practice of considering race and ethnicity as one aspect of an assessment of a student's application. Asian American and white students have historically been very successful in the higher education system, so affirmative action works to promote diversity to ensure that people who have historically been shut out of the postsecondary system get the opportunity to obtain degrees.

Although university enrollment and completion rates have improved in recent years, students of color, specifically those who identify as Black and Latinx, are more underrepresented at universities now than they were 35 years ago due to pervasive and long-lasting systems that continue to disadvantage them. One example of a systemic disadvantage is that students of color are more likely to attend underfunded K-12 schools than similarly situated white and Asian students.

Asian American income is, on average, 38% greater than the national median income, and middle-income white households usually have two times as much income as Latinx families and three times greater income than Black families. Affirmative action addresses this issue by acknowledging that it's necessary to disadvantage these traditionally privileged groups in order to address problems concerning equal access to a college education. With these inequities in mind, focusing using race-aware admission rules are needed for advancing fairness in the higher education systems of the United States.

Although ethnic and racial minorities have profited from endeavors to raise awareness of campus diversity, systematic efforts to prioritize diversity in college admissions strengthens the educational experiences and economic outcomes of all students. Racially-integrated classrooms have been shown to lessen racial prejudice and improve

scholarly self-assurance and leadership skills. These benefits may translate to better economic outcomes and prepare students to better function in a global economy.

Though many opponents of affirmative action contend that using income in the admissions process would provide a better way to equalize chances of acceptance, students of color who have wealthy parents or attend the same schools as white students still experience the educational system differently. Beginning as early as preschool, negative and discriminatory experiences related to one's ethnicity can hinder social and behavioral development. For example, students of color are more likely to experience disciplinary actions that result in missing class. Therefore, socioeconomic status should complement rather than replace the consideration of race and ethnicity.

By working to give all students equitable opportunities, affirmative action allows students who have traditionally faced discrimination in the education system to get a quality university-level education, and by extension, helps them to improve their socioeconomic status. This, in turn can help them send their kids to a better school, creating a self-reinforcing cycle of positivity in terms of standard of living, which will ultimately help to address the long-standing racially-based income inequality in the country. Hence, it is imperative that policymakers work to ensure the use of race-conscious policies across the country in college admissions.

No, affirmative action unfairly penalizes Asian American students.

margarethe

co-editor-in-chief

How much of a story can a person's skin color or ethnicity tell? When racial bias is used to dictate any selection process, it restricts and stereotypes an applicant's profile. Although affirmative action can negatively affect a variety of different ethnicities and populations, since the landmark lawsuit in 2014 against Harvard University, affirmative action has become an increasingly critical topic of debate for the Asian American community in particular.

While affirmative action can provide a valuable gateway to higher education for many disadvantaged and underrepresented populations, the irony of the policy is that by seeking to reduce inequalities for select groups of students, affirmative action inevitably creates new ones for other applicants, acting to reinforce stereotypes and stigmas that, in the end, cause it to fall short of its original purpose. After all, in what many have deemed "reverse discrimination," any system that seeks to aid certain groups in the application process will unavoidably put others at a disadvantage.

The perhaps most obvious flaw in the affirmative action policy is that it reinforces popular stereotypes and caricatures that have long plagued the Asian community.

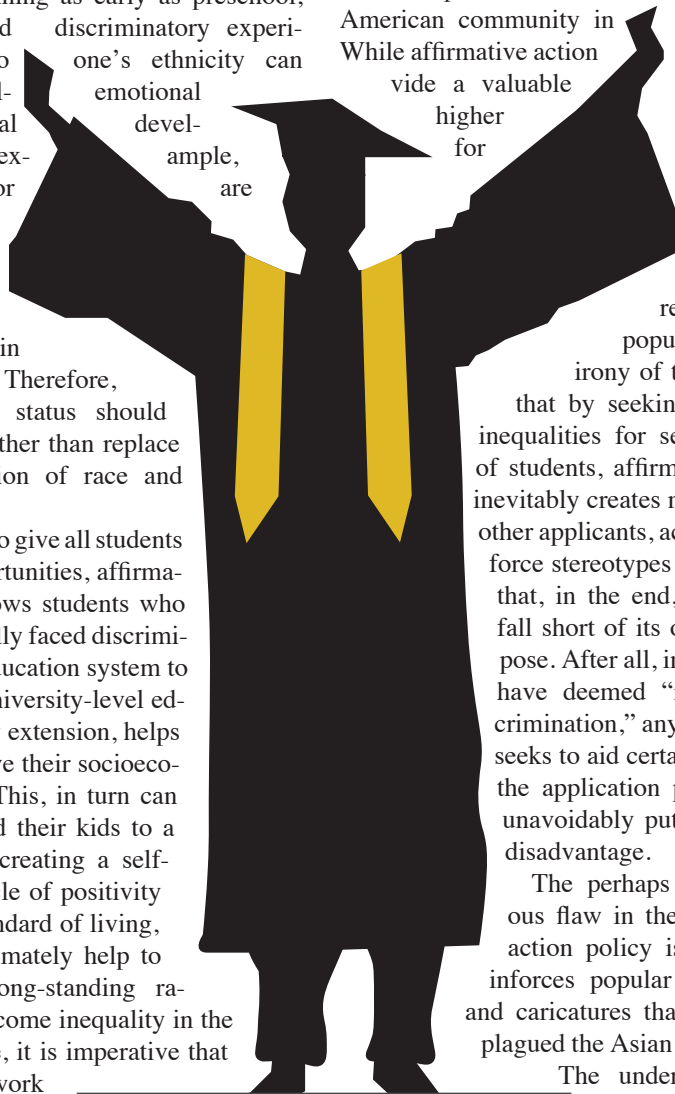
The underlying basis for affirmative action heavily reflects the model minority myth, in which Asian Americans are perceived to have the inherent ability to

achieve a greater degree of socioeconomic status in comparison to other minority groups, who are traditionally underrepresented in colleges and high-paying careers. Asians are stereotyped to be successful, smart, studious and destined to easily excel academically. Tropes such as the "Asian fail" define students of predominantly East Asian descent.

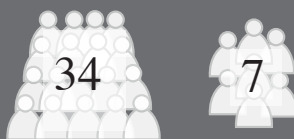
Affirmative action's embrace of this stereotype fails to account for the diversity of populations, cultures and socioeconomic backgrounds that the Asian continent represents. Many Asians, as is true for other immigrant groups, come from roots of extreme poverty; for affirmative action to discount the hard work and merit that it took to overcome that is hypocritical. It's true that Asian Americans hold the highest median income of any racial group, but one should also note that the Asian demographic also has the largest income gap in the United States. In any case, race is never a determining factor in one's ability to succeed in education and it certainly does not solidify one's economic status.

By blanketing all Asians with the concept of easily-attained success, affirmative action, all in all, perpetuates the very concepts of racial bias it seeks to eliminate. It discourages pride in one's cultural and ethnic roots and assumes that certain populations, simply based on their race, lack the ability to succeed on their own based on historically racist beliefs regarding intelligence, drive and societal success.

Though equity is and always will be an important issue in college admissions, there are more effective and prudent ways to address it. Factors such as wealth, access to resources and other objective markers of privilege can all provide a better, more complete profile for a prospective student than affirmative action ever will. In fact, a series of studies done in 2014 by the United States Census Bureau revealed that one's childhood neighborhood is one of the most significant factors that determine socioeconomic status as an adult. Failing to reward a student in proportion to their achievements simply on the basis of their race undermines the very meritocracy the United States was founded on.



Do you support affirmative action?*



*survey of 41 Inglemoor students on Instagram

President John F. Kennedy issues Executive Order 10925, the first time affirmative action is referenced.

March 6, 1961

Executive Order 11246 enforces affirmative action for the first time.

Sept. 24, 1965

The Supreme Court upholds affirmative action in the University of Michigan Law School's admissions in *Grutter v. Bollinger*.

June 23, 2003

Students for Fair Admissions v. Harvard ends in a rejection of the plaintiff's claims that Harvard's admissions policies are unconstitutional.

October 1, 2019

Welcome to the 2021-2022 ASB Executive Team!

mireyaavalos

cheeky editor

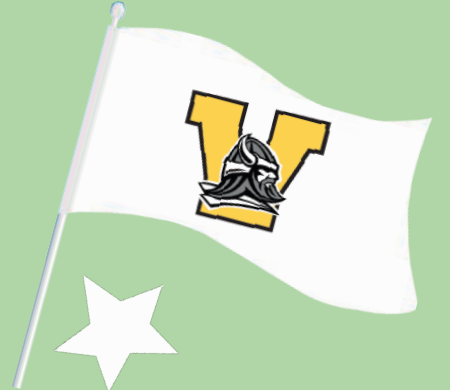
tamtran

a&e editor

ASB President Tammi Tran



I am incredibly excited to be a part of the ASB Executive Board for the 2021-2022 school year. I've always tried to get involved with the school, but I was very hesitant to join anything during my freshman year. Through Nordic News, cheer, and ASB, I've learned that the more you're involved, the more people you'll meet, and the more experiences you'll gain. I've enjoyed every part of ASB, and I can't wait to pursue it next year with my fantastic team! Outside of school, I love reading. I've always been a big book fanatic, and I've collected over 300 novels in total.



ASB Vice President Amy O'Connell

Hey Viks! My name's Amy O'Connell and I'm going to be your ASB vice president for the upcoming school year! Within Inglemoor, I'm a part of FSO (Feminist Student Organization) and ASB. Outside of school, I enjoy baking, playing ukulele, and painting. I'm very excited to be joining the exec team! The past exec team has been so great, it's inspired me to run and continue to uphold the amazing standard they've worked hard to maintain. With things most likely looking different from what we're used to next year, I'm eager to help develop new ways to strengthen the community here in all aspects once again!



ASB Treasurer Mireya Avalos



Hey, Vikings! My name's Mireya Avalos, and I'm absolutely delighted to be next year's ASB Treasurer. Along with Nordic News, I have been apart of ASB since my sophomore year. I recently joined FSO and am more than happy to be involved with such an amazing school! After such an interesting year, I can't wait to explore the possibilities our new school year has to offer. In my free time, I love spending time with my dog, Kirby, and playing guitar. I'm absolutely obsessed with the punk scene and music production. I am so excited to work with such an impressive team to create an inclusive team in the 2021-2022 school year! Go Viks!

ASB Clubs & Activities Advisor Beamlak Tesfaye

Hi, Viks! My name is Beamlak and I'm going to be your ASB Club and Fundraising Rep next year! I'm currently a sophomore at Inglemoor and can't wait to get involved in our school next year. I come from an Ethiopian household where I'm taught to celebrate my beautiful culture—from the food to the holidays to the fashion. A few facts about me are I hate chocolate, I love to read, and watching movies on a DVD player give me the biggest case of nostalgia. I hope to see you all in person next year!



ASB Secretary Summer Bailey



Hello! My name is Summer Bailey, and I am a rising junior. I am excited to announce that I will be your new ASB Secretary this upcoming school year. I enjoy keeping myself involved at Inglemoor and am a member of both BSU and Student Senate. This school year isn't what any of us expected, but I hope to help make a change at our school next year, both academically and socially. Go Viks!

Intersectionality

The parts that make us whole

Privilege and discrimination

roryknettles

co-editor -in-chief

The theory of intersectionality's fundamental truth — that individuals have multiple identities that intersect in ways that impact how they are viewed, understood and treated by others on an individual and societal level — is reflected in the power dynamics of a society. Recognizing intersectionality serves to both observe and analyze power imbalances and requires that individuals address all forms of oppression when fighting for equality. Simply put, intersectionality recognizes the innate privilege some individuals have over others due to uncontrollable factors.

Coined in a 1989 research paper by Kimberlé Crenshaw, the term “intersectionality” gained widespread attention at the 2017 Women’s March. Organizers noted that women’s intersecting identities meant that they were impacted by multiple issues of social justice and human rights. Some intersections have more privilege than others, as Crenshaw notes in her paper, “Demarginalizing the Intersection of Race and Sex.” The intersection of being both a Black woman and LGBTQ+ has less privilege than the intersection of being a white woman and LGBTQ+, since being white means that the individual will not experience racism.

Some students at Inglemoor said that although intersections of their identities provide them more privilege than others, they often still feel left out of many conversations about identity and representation.

“Non-queer people of color and white queer people do not experience the intersections between sexual orientation/gender oppression and racism,” junior **Ffion Mabale** said. “These intersections are often ignored or brushed aside in political conversations because it applies to a smaller group of people and this results in a silencing of our struggles.”

The lack of discussion that includes intersections of identity also extends to the lack of diversity in education and activism. Students said they believe that currently health education is not comprehensive enough and that curriculums should extend to include LGBTQ+ identities as well. Mabale said that they think this would help students feel embraced and more comfortable when exploring their identities.

“An important part of sex education is teaching students about how sexual orientation identity or gender identity might change as they get older and that this is normal and common in the LGBTQ+ community,” Mabale said.

The media can also be a powerful tool in embracing identity. It is a great privilege, though, to see all parts of your identity represented in one character, said junior **Rina Eliot**.*

“I feel each part of my identity is represented generally well but not very well together,” she said. “For example, I see Asian representation, female representation, LGBTQ+ representation but not often do I see the overlap of Asian women representation or Asian women LGBTQ+ represen-



tation.”

Other students said they think that neurodivergence is especially underrepresented, and when there is representation, it is often harmful. Oftentimes, representation is inaccurate said senior **Sam Davis***. He said that he feels represented in one aspect of his identity but feel left out in other areas. He advocates that the media broaden their horizons while staying true to the stories of individuals.

“I think the media could focus more on telling authentic, representative stories, showing humanity in every different experience rather than catering to a majority audience,” he said. “Not only would representation increase, it would also become more responsible, less tokenizing, and be better for everyone watching.”

As noted by Crenshaw in “Demarginalizing the Intersection of Race and Sex”, privilege will always come primarily from how an individual is perceived by the people around them. Senior **Benjamin Smith*** affirmed this point: he ac-

kathshelden

photo editor

knowledged that certain aspects of his identity give him a privilege over others.

“[My identity] makes me feel as though my life and safety are political, so I’m a little on edge all the time. That said, I’m also shielded by my whiteness and masculinity, and have to work to seek out other perspectives to hold myself accountable,” he said.

Like Smith does, people with more privilege must be willing to recognize who might be left out of the conversation. Making sure to amplify, rather than speak over, marginalized people is key in efforts to reduce inequalities and injustices in society. One junior said that because of her identity, she sees the struggles that others go through and wants to fight for them.

“I see the world as needing a lot of work. Women still don’t have equal rights in all aspects of life, LGBTQ+ rights are not guaranteed for most people, multicultural people don’t receive the same representation as most, Asian hate clearly still is a massive issue. All the different parts of my identity make me feel even more strongly that there are a lot of gaps in human rights,” she said. “Sometimes I don’t know whether to not speak out and be grateful for having more privilege than some or if I have the right to be upset and speak out because I’m still affected by certain systems of oppression or feel both at the same time.”

*Names changed for anonymity



Difficulties in expression

hoperasa

reporter

For many, having pride in one's identity is a way to overcome forms of systemic oppression that infiltrate every aspect of society. In this context, pride is the demand for liberation and the willingness to be proud of an identity that has historically been shamed by society.

"I take pride in every part of my identity because I want to show people that my identity is not something to be ashamed of. I want people to know my identity and to respect it," freshman **Adrianna Baker** said.

However safety is a real concern for those expressing pride. For example, at the first Pride Parade in June 1970, many protestors learned self-defense techniques to protect themselves from the inevitable counter-protests. For those who experience multiple levels of oppression due to their intersectional identity, safety in expressing themselves is often not easy to find. Safety is still a concern for individuals, and sophomore **Nova Baxter*** said that it is their main priority when choosing where and when to express their identity.

"If it is not a safe space, I want to prioritize my safety over expressing myself, so I stay closeted to some people, and I am more comfortable being myself around friends as opposed to people I don't know that well and have developed relationships with," they said.

Intersectionality is the overlap of one's characteristics and the groups they belong to that impact their experiences, and is often used when noting the discrimination and disadvantage faced in society. It serves as a basis for understanding how aspects of a person's identity can combine to create facets of marginalization and privilege, from personal experience to systemic oppression.



Pride also opens conversations over broader societal improvements because it can draw attention to marginalized communities — being able to be an advocate for oneself and one's community means bringing attention to issues that negatively impact the community. The Center for American Progress reported, for example, that distrust in the medical system among people of color creates a higher risk for people in those communities; there is an even greater risk for people of color who are also in the LGBTQ+ community. People in these communities have a higher chance

of facing medical maltreatment due to certain biases in the medical field.

Such issues highlight pride's importance: being proud of one's identity means one is able to fight for the interests of their community with adamancy. For many, this past summer was an incredible example of multiple marginalized identities coming together to fight for a common cause. The rise in Black Lives Matter protests came in June, which is also Pride Month.

At Inglemoor, some students think as if they are not fully accepted by the school community because of their identity. One

student said they feel as if not enough precautions are taken to prevent hatred from being spread.

"There doesn't seem to be much punishment for using slurs such as the r-slur or making transphobic remarks because I heard them all the time back when school was in-person," they said. "This makes me feel as though I'm not welcomed at my own school and that that kind of bigotry is tolerated here. I don't feel comfortable with being open with my identities to most people at school."

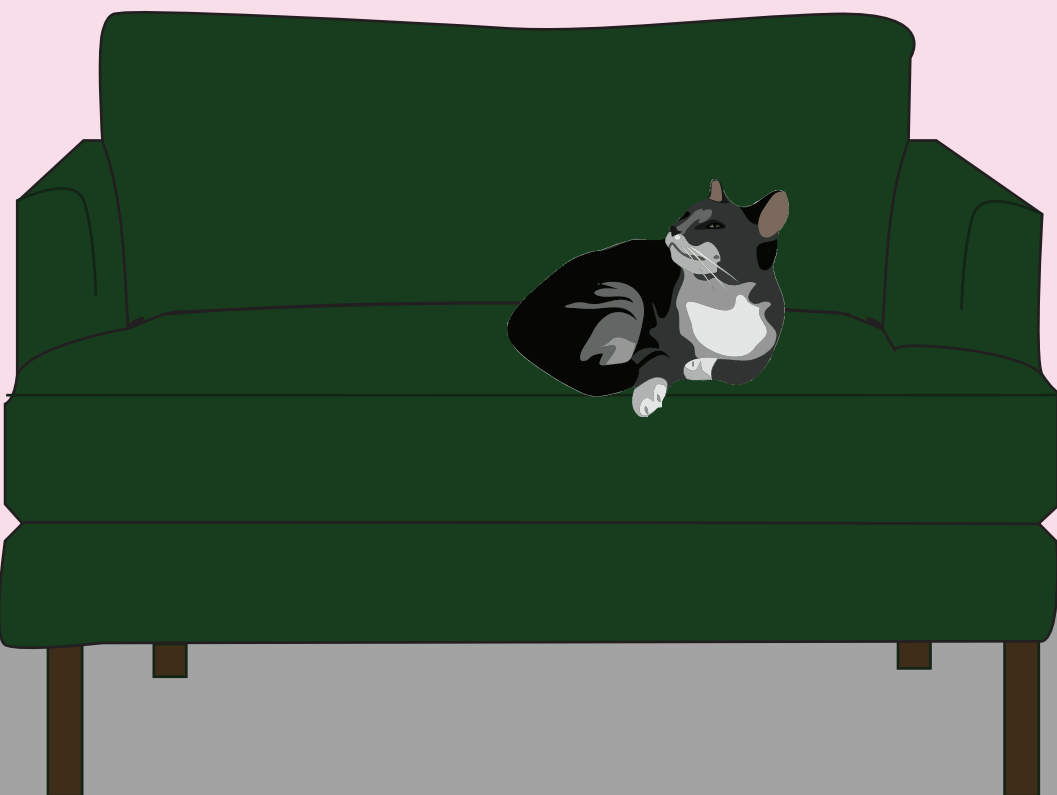
Students call for an increased level of support from school staff, including teachers and administrators, so that they can feel more comfortable expressing their identity at school. Senior **Shay Mehdipour** said Inglemoor should have more accessible resources for reporting harassment and that new policies for imposing consequences for perpetrators should be developed by people who have experienced similar discrimination in order to prevent this harassment.

Sophomore **Isabel Amaua** and other students said they would like to see Queer and Ethnic history incorporated into the school curriculum, so students have a broader understanding of the world's cultures and identities.

Despite discrimination from both inside and outside of school, many students said that they are able to express their identity without shame. Sophomore **Bren Bartol** said that they are not going to let hate hold them back from being proud of who they are.

"I'm not ashamed of who I am, and I've had people put me down because of it. I'm tired and done with that, and I won't let anyone else be the reason for me to hate myself. These parts of me are things I can't control, so every attempt to thwart them is asinine and silly and misinformed," Bartol said. "I've spent a lot of time unhappy with myself, and it was mostly because of other people. It's a hard place to live in. I'm not going to apologize for being me, and if someone has a problem with that, it's their loss."

*Name changed for anonymity



New student-painted poles featured on campus



The pathway in front of the 900 building featuring newly painted poles. All poles on campus are designed and painted by students. Photo by Jana Dimikj.

janadimikj

Anyone walking through campus this year will be greeted with mystical mushrooms, vibrant forests, bright sunsets and other colorful designs painted by students. Since March 4, students have been able to submit their designs to paint a pole on campus.

Senior **Nandira Mahmud's** pole is a geometric design of Seattle's skyline, featuring familiar white, green and blue colors. She said pretty postcards in Seattle's gift shops inspired her and her friends' pole.

Mahmud said the activity has been a way for her and her friends to get together and start a fun, creative project. However, she said that painting a concrete pole turned out to be a challenge.

"Painting is hard, painting on a cylinder is even harder," Mahmud said. Because of that, the design needed to be changed a bit to fit the task at hand.

"We were originally going to do a sunset in the background, but decided it would make it look too busy. A white background gave it a sense of simplicity that we liked," Mahmud said.

Another pole on campus is sophomore **Adriana Ghizila's**, which is a depiction of a forest with tiny people in it.

"I was inspired by 'The Borrowers' and 'The Secret World of Arrietty' where miniature people live in our giant world," Ghizila said. "I wanted to paint a column at Inglemoor because I've always loved the idea of having something that I've made be permanent and

mireyaavalos

immovable."

As for her past experiences painting, Ghizila said she's participated in other large-scale painting projects.

"I painted a large mural at my old middle school and worked with a friend on her Girl Scout project to paint many smaller painted signs for the school," Ghizila said.

"I wanted to paint a column at Inglemoor because I've always loved the idea of having something that I've made be permanent and immovable."

-sophomore **Adrianna Ghizila**

Ghizila's pole focuses on the color green; she said she hopes it will give off a sense of freshness throughout the year.

"I wanted to add green to the campus that would last year-long, not just seasonally," Ghizila said. "It's difficult getting paint colors right — colors tend to oxidize a bit and look different when they're on a surface compared to when you're actually mixing them."

One challenge that Ghizila said she faced with this project was reaching the tall column.

"It's also hard, as a short person, to reach all the higher spots — my arms do get tired," she said.

Senior **Cecilia Britten** took on the project

with the intention of bringing brightness on campus. Her design is minimalist and features a beautiful light orange color with white orbs.

"Most of the time when I create art, it just comes to me, but I guess my inspiration was to create a warming painting with bright colors and a sort of calming design," Britten said. "I've always wanted to paint a mural, so I saw this opportunity and snatched it right up."

The pandemic has also proven to be a challenge for students painting poles this year.

"With COVID-19, there has to be a lot of communication about being on campus and there are only certain times and days that I was able to get to the art supplies as well," Britten said.

If she were to name the design it would be named 'Emotional Intelligence' because of its significance.

"It represents the importance of listening to your inner emotional world and that that type of intelligence is just as important as academic intelligence."

Overall, the project has been a way to leave an impactful mark on campus, said Britten.

"To me it feels good to leave an artistic mark on campus not only because my work is there for everyone to see, but because I hope that future students will see the painting and maybe be inspired by the intentions behind it."

"I've always looked at art as a way of communication, so having a painted pillar at IHS even after I graduate is like leaving behind a message"
-Senior **Cecilia Britten**



NORDIC'S SUMMER 2021 LOCAL EATS

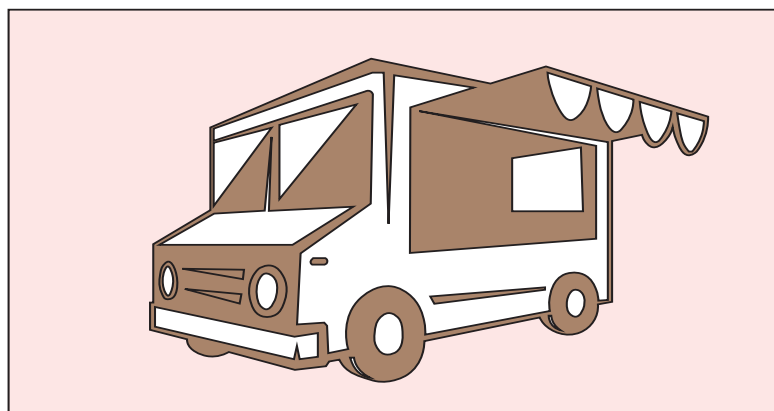
As the weather gets warmer in Seattle, an opportunity surfaces for our community to come together and support local food businesses. From Hawaiian food to boba, here are a couple of local favorites to safely try during the pandemic!

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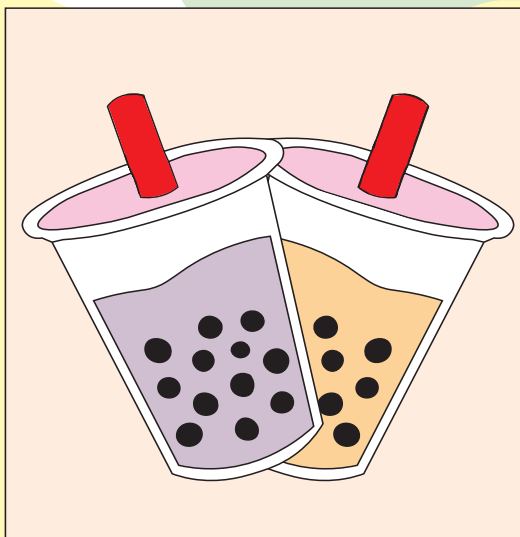
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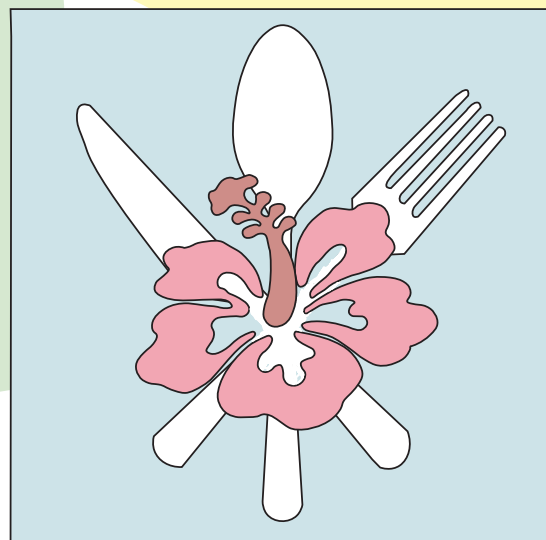
Established in 2005, La Sabrosa Taqueria is a fun and family-friendly food truck located right off Bothell-Everett Highway. It's affordable and authentic! It's hard to find food trucks that live up to their Yelp reviews, but we promise you, La Sabrosa Taqueria lives up to its name. Their tacos are juicy and full of flavor, and portions are incredibly generous at such a reasonable price. They offer a variety of different meats and spices to choose from on their menu, and the ingredients and vegetables are freshly grilled and taste incredibly authentic. If you're looking for a place with outdoor seating, La Sabrosa Taqueria has provided a couple of covered picnic tables in front of their food truck. It tends to be quite busy, so if you can, order ahead for pick up. Just remember that they only accept cash!

Bobae Coffee and Tea, located in Woodinville, is known as the home of the viral boba donuts, as well as being the first to innovate nitro bubble tea! This unique type of tea is infused with nitrogen, which gives the drink a creamy and smooth consistency and can be served with your choice of a variety of bobas and jellies. The owners of Bobae are dedicated to providing freshly brewed tea and house-made ingredients in their beverages. They believe in giving their customers a farm-to-drink experience and avoid artificial and powder ingredients. They partner with local Washington businesses to provide the best milk products and coffee. A must-try item on their menu is the Red, White and Matcha. This delicious drink is made with real, ceremonial grade matcha shipped from Japan. The drink includes strawberry puree at the bottom, which is a perfect pair to the creamy matcha flavor, creating a strawberry shortcake taste. They have earned recognition for their creative and delicious menu from local Seattle news sources such as King 5 and the Seattle Times. All of Seattle is raving about this spot and Nordic is, too!



Head over to Shake It in Kirkland to customize your choice of teas and blended drinks with a variety of toppings. They have options to adjust sweetness and offer many non-dairy substitutes. Shake It features puddings and tapioca and popping boba balls that will burst and release delicious fruit juice in your mouth. Mix it up — or shake it up — with an added drop of ice cream in your beverage or top it off with a layer of creama. Shake It is the perfect spot to mix and match flavors. A Nordic favorite is their Raspberry Rose black tea, a perfectly refreshing and sweet drink to enjoy on a warm day. They are also known for their blended slushies and smoothies that range from fresh fruit flavors to coffee and tea. Shake It brews their tea with organic and natural tea leaves and incorporates fresh ingredients in their products. Their customer service and cozy cafe atmosphere really stands out. If you want to experience quality service and beverages, be sure to make a stop here at Shake It.

From poke to kalbi beef ribs, Hapa Food Co, located in Woodinville, has all kinds of fresh Hawaiian dishes. If you are looking for a quick grab and go, this is the perfect place for you! Whether you are in need of something sweet or savory, they have it. Our personal favorite sweet treat from Hapa Food Co. is their stuffed malasadas — these custard-filled fried donuts will positively melt in your mouth. The filling isn't too sweet, which perfectly complements the crunchy sugar-coated dough! Another notable dish is their garlic shrimp. The shrimp is buttery, seasoned well and is garnished with the perfect amount of garlic. Even their side dishes — macaroni salad and kimchi are complementary to everything on the menu. The staff at Hapa Food Co. is friendly and helpful, and their service is reasonable. Though it is hard to find parking, it is so worth it! Their food is authentic, and their establishment is the perfect place for a mid-day meal.





CHEEKY

TRADING CARDS



tylervuu

reporter

As the year is coming to a close and the students (or at least some of them) enjoy their two months of in-person school, we at Cheeky have decided to pick a few of our favorite Vikings out of the socially-distant crowd to turn into your very own trading cards. Collect all of your favorites in the easily marketable, totally legit, Cheeky-approved, Nordies card game.

cassidybixby

reporter

Disclaimer: Cheeky's trading cards are not in anyway meant to stereotype the student body or staff. Except for the online learner. Please just turn the camera on so we can acknowledge your existence.

Online Learner

Type - Shadow Viking
Effect - This creature can't be targeted by classmates and teachers.
Description: Always count on the online learner showing up 3 minutes late with their camera off.

Jet Lagged

Type - Nocturnal Viking
Effect - This creature takes 2 turns before it enters the battlefield.
Description: This student will always be late and is never found without a large cup of coffee.

Snack King

Type - Healer Viking
Effect - Heal 2 life points every period, has +1 COVID-19 penalty.
Description: This character has an endless supply of food and is always sharing the wealth.

Forgot Their Mask

Type - Pathogen Viking
Effect - +3 COVID penalty, Must be placed 6 feet away from all creatures
Description: This person is always wondering why everyone is staring until they try adjusting their mask.

Imposter

Type - Shapeshifter Viking
Effect - Enters the battlefield as a copy of chosen Viking for 2 turns (or goes unnoticed for two periods).
Description: The imposter spends every day convincing others that, despite a complete style change, they are still in fact the same person.

Mask Collector

Type - Support Viking
Effect - Give an allied student or teacher protection from COVID-19 until the end of the day.
Description: Need a mask? They are your lad.