Hawk Herald May 2022



## From the Principal

Principal Kristin Bailey kbailey@nsd.org

Arrowhead Families,

It's hard to believe we have less than two months of school left. In many ways, September feels like a different decade.

How it started:

How it's going:

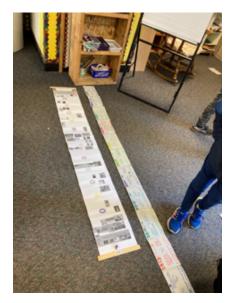




We are excited to bring back some joyful events this spring after a two-year pause. We are bringing a "soft start" Hawk Walk back during lunch recess on May 19<sup>th</sup>. Please look for communication about this fundraiser to support the carving of a new Arrowhead totem pole. Students are encouraged to wear their class colors on the 19th.

We will welcome our incoming Kindergarteners and their families at our Kindergarten Open House 5:30-6:00pm on 5/26. This is the evening of our Art Night and Auction, which is 6:00-8:00pm. Traditionally, new Kinders and their families stay to enjoy art activities, meet each other and enjoy what is usually a beautiful evening. If you have incoming Kinder friends, please share this great opportunity for their child to meet and play with future classmates. Our Carnival is back and is 6:30-8:30pm on 6/10. Please spread the word on these events, consider signing up to volunteer, and come join us!

This has been our first year as a Project Based Learning school and I am so proud of the work staff have done to launch new projects and build on existing projects to give students hands-on, real-world learning experiences. One of the best outcomes is that PBL is a collaborative way to learn and apply new knowledge. Our students, some of whom had very little social contact during online school, have had daily opportunities to build their social and emotional skills tackling fun and challenging topics.



Fifth graders have been working on an Identity Project most of the year. Students have explored and shared their own identity and that of their family and culture with their class community. As a former middle and high school teacher, I know our 5<sup>th</sup> graders are better prepared for the identity whirlwind that middle school can be with this solid, secure foundation of knowing who they are and where they come from. Learning all about their classmates will help them be empathetic and open with the new children they will get to know next year. Students did timelines of their lives and connected milestone events in their lives to national or global events. Here is a glimpse of the timeline celebration in Debbie's room.

Our third graders have been exploring native plants and habitat as a year-long project, one that culminated in a whole-school ivy pull on Earth Day. The Garden, a project in our K-1 grades, is starting to sprout and bud.







Our 2<sup>nd</sup> graders, who have explored animals and will work on building a butterfly habitat this spring, went to the zoo on a field trip this week. Animals and habitats have been woven throughout their work this year!

These are just a few of the projects classrooms have worked on this year. Much of this is made possible by our generous School Enrichment Committee (SEC) funds. We are

grateful to be able to take students out into the world and bring the world onto our campus and into our classrooms to enrich student learning opportunities.

As always, we appreciate every moment with your children and are grateful for your partnership and our community. We are looking forward to every day we have left this year!

Kristin

## **Optional Parent Input Form Class Placements 2022-2023**

Dear Parents/Guardians:

This form is for parents/guardians who would like to provide input regarding classroom placement for the next school year. Our staff carefully considers placement options based on our understanding of your child's needs. Parents may have additional insights that help us ensure a productive year. Completion of this form is optional and parents wishing to share input should complete this online form by Wednesday May 11, 2022.

#### **Notes from the Office**

<u>View our Calendar</u> Heidi Smith <u>hsmith@nsd.org</u> Kelly Vedaa <u>kvedaa@nsd.org</u>



## May 19 Lunch Recess

<u>Arrowhead's May 19 Hawk Walk event</u> during lunch recess will raise money to replace the existing totem pole at our school. Thank you PTA for partnering with us and providing \$3000 to initiate our fundraiser which closes May 26, Art Night.

Your <u>Hawk Walk Donation</u> supports student participation in the Hawk Walk and general fundraising for the new totem pole. Thank you for your support!

Students are encouraged to wear their class colors and bandanas for the Hawk Walk!

- Kindergarten yellow
- 1st grade red
- 2nd grade orange
- 3rd grade purple
- 4th grade green
- 5th grade blue

#### Moving?

If you are moving to another school next year, please let our school office know so that we can plan for classroom sizes and staffing. Please call the office at 425.408.4000 or email Heidi Smith, Secretary / Registrar hsmith@nsd.org.

#### We are accepting Waivers for the 2022-2023 School Year!

Did you know families outside of our boundary can choose Arrowhead with a waiver? We have space at our school to accommodate additional students in 2022-23 and beyond. Families looking for a smaller, more-inclusive elementary school, or who may be looking for a school with an innovative project-based learning curriculum would make a great addition to our community!

Interested families can reach out to Principal Bailey with any questions and/or you can direct people to the Waiver information page on the district website.

Let's keep our community strong!

#### Kindergarten Registration for 2022-2023 is Open

We are so excited to welcome the Class of 2035! Please register your child if you have not done so. Let your friends and neighbors know as well. If you have any questions regarding enrollment at Arrowhead, please contact Heidi Smith, Secretary/Registrar at <a href="https://hemoschemes.org">hemoschemes.org</a> or 425.408.4003.

Registration is done online, please follow this <u>registration link</u> to start the process. All kindergarteners must be 5 years old on or by August 31, 2022.

#### Arrowhead Kindergarten Open House - May 26, 5:30pm

All are invited to tour our Kindergarten classrooms, playground, and stay for PTA's Art Night and Auction following the Open House at 6:00pm.

#### **Volunteer Applications**

With volunteers back in school, please make sure you have filled out the <u>volunteer</u> <u>application and uploaded your Covid vaccination card</u>. This application now needs to be done each year. Volunteers that have not completed the application and Covid vaccination card upload will not be able to be in the classrooms or help with field trips. Please reach out to the office if you are unsure of your volunteer status.

#### **Arrowhead Care Team**

The Arrowhead Care Team is partnering with the Northshore Schools Foundation to help identify and address needs of our families and direct you to community resources and support. If your family needs help with food, clothing, school supplies, technology support, financial assistance, health services, or other assistance, please fill out the confidential Arrowhead Care Team Request Form below. Our Care Team Liaison, Heidi Smith, will contact you to provide support.

Arrowhead Care Team Request Form

#### **Arrival and Dismissal**

School Bell Schedule for 2021-2022

9:05 a.m. School Begins (Students may arrive after 8:45 a.m.)

3:35 p.m. Dismissal

2:05 p.m. Wednesday Early Release

Students arriving after 9:05 a.m. must check in at the office and get a pass before going to class.

#### **Attendance**

Late Arrival / Excused Absence

If your child will arrive late or be absent from school:

Call our 24-hour line 425-408-4000 and select option 1

or

Email <a href="mailto:ahattendance@nsd.org">ahattendance@nsd.org</a> and your student's teacher

Please leave a message or send an email by 9:15 a.m.

#### Prearranged / Extended Absence

In the event that your child will miss more than 2 school days in a row for a reason other than a health or medical issue, please complete and return a printed copy of the

<u>Absence Request Form</u> to the office or email a copy of the completed form to <u>ahattendance@nsd.org.</u>

#### **Change in After School Plans**

If your child is going to change from their normal method of getting home or has some other alternate plan, please complete and return a printed copy of the <a href="Change in Plan Form">Change in Plan Form</a> or send a note with your student.

## **Smarter Balanced Assessments**

Spring is the time of year when our schools administer state required assessments. These assessments are used for state and federal accountability, to monitor student progress toward grade level standards, as well as an option for high school students to meet their Graduation Pathways requirement. The English/Language Arts (ELA) and Math Smarter Balanced Assessments are administered in grades 3 through 8 and 10, while the Washington Comprehensive Assessment of Science (WCAS) is administered in grades 5, 8, and 11.

Arrowhead will begin testing on May 9th. Use this <u>schedule</u> to see when your student's class will be testing. As we want each student to perform at their best, we encourage students to get good sleep and nutrition during these times. It is also important for families to minimize student absences during the testing schedule. If you know your student will be absent during testing, let your student's teacher note know as soon as possible.

Make sure your student brings a fully charged Chromebook to school every day they are testing.

If you have any questions about your student's spring assessments or schedules, please feel free to contact their teacher or the testing coordinator, Amy Smith, asmith@nsd.org.

NSD Tuition-Free Early Learning programs for income eligible families accepting applications for 2022-2023 school year.

The Northshore School District is proud to offer multiple early learning programs that are free of charge for income-eligible families. The three Early Childhood Education Programs including:

- Head Start
- ECEAP (Early Childhood Education and Assistance Program)
- Ready Start.

Find more information or to register

Please call 425-408-6013 with any questions.



Who: Boys incoming 6th-9th grade

When: June 20-23, 2022

Where: Inglemoor High School

Cost: \$60 includes t-shirt (before June 1)
<a href="Inglemoor Boys Basketball Camp Registration">Inglemoor Boys Basketball Camp Registration</a>

## Free Day Camp in Kenmore

Offered in partnership with the City of Kenmore and Northshore Schools, the Y's summer day camp programs at Kenmore Elementary (incoming Kindergarteners) and Swamp Creek Park (1st - 5th grade) are offered free to local families.

Summer Camp Information and Registration

#### **Champions Before and After School Care**



Give your child a creative space to discover what they love, be original, and build friendships! We currently have space before or after school for children

in grades K - 5 at Arrowhead. We partner with schools to complement the learning they offer with our own robust curriculum for elementary schoolers.

Our programs take extra special care of hearts and minds, and give kids a safe space to do what they do best – be kids!

Ready to Join? Go to <u>discoverchampions.com</u>, or email John Hannay, site Director at john.hannay@discoverchampions.com with any questions.

## From the Health Room

Nurse Anne Janssen ajanssen@nsd.org

As a reminder, please do not send your student to school with any ill symptoms. Any mild symptom (including slight congestion) that lasts longer than 24 hours, requires a negative COVID test to return to school. Fever, cough, or body/muscle aches of any duration requires a negative test to return.

If your student has a known exposure, and no symptoms, it is advised they wear a mask to school for a full 10 days past the last day of infectious exposure. Testing after a known exposure should take place at least 3-5days after the time of exposure. Testing the day of, or next day is too soon. Please be vigilant in assessing your student and call if you have any questions about whether they can attend school. Batch testing is not a replacement for students who require an individual COVID test.

Home tests are accepted for school return. We have a limited amount of rapid test kits available if you need to test your student before sending them back to school. Please call the office.

## 5<sup>th</sup> grade Camp Cedar Springs:

Our 5<sup>th</sup> graders are off to camp this month for two full days of outdoor adventure and learning. There were no forms returned that indicated any medication would be needed during the day by any student. If this is not correct for your student, you must call Nurse Anne asap. The deadline for Medication authorizations to be submitted is this week. No medicine or over the counter product of any kind can be sent with students.

#### **End of Year Medication Pick up and next year's packet:**

Coming home soon (end of May-early June), end of year medication packets (for next school year) and information regarding med pick-ups for the end of this school year. <u>Just as a reminder, a new medication authorization form is required each school year.</u>

#### Clothing return for the Health Room - Donations welcome!

If your student has borrowed clothing or shoes from the health room that have not been returned yet, we appreciate receiving them back so we have items for others to borrow as needed. We are in constant need of a few pants in the following sizes if you are purging and have something your child can no longer wear:

- Girls leggings size 8-10-12-14
- Boys sweats or athletic type pants size 6-8-10-12-14.
- Donations of new underwear in all sizes are always welcome.
- We do not need shirts, sweatshirts, or coats.

#### Just because it's not COVID, doesn't mean it's not contagious!

District wide, as masks have come off, we are experiencing a higher volume of normal illnesses such as regular colds, flu and stomach bugs. We are still required to follow the <a href="DOH COVID Symptom Tree">DOH COVID Symptom Tree</a> for any ill symptoms. Please do not send your student to school with cold or flu like symptoms, they will need to go home. Please do not send your student to school after medicating them in the morning, this will seldom keep symptoms in control beyond lunch, and they will still need to go home. If you are uncertain in the morning if you should send your student to school, please call the office or school nurse

#### **Spring Allergies and COVID**

We are well into allergy season which started early this year. Since many allergy symptoms mimic COVID-like symptoms, in order for your student to remain at school with mild allergy symptoms, we are required to have a note on file from your health care provider listing an alternative diagnosis (ie. seasonal allergies), and the expected symptoms of this diagnosis. If your provider cannot rule out a viral illness, your student is required to go home, and depending on the symptoms, may need to have a COVID test to return to school.

Home rapid antigen COVID tests are now accepted for testing your student for return to school after illness or symptoms. We do not need a picture of the test results. Please report the results to the office and/or nurse prior to sending your student back to school.

#### **Medications at School**

Medications of any kind, including over the counter products for mild cold or allergies symptoms cannot be sent to school with students, placed in their lunch bag, or backpack. If your student requires a prescription or OTC product during the day, please call Nurse Anne to discuss and request a Medication Authorization form for keeping medicine at school.

Please call Nurse Anne, 425.408.4006 if you have questions or concerns.

#### **Clothing Resources**

Resources are available to Northshore families who need assistance.



**Clothes for Kids - English** 

**Clothes for Kids - Spanish** 

**Clothes for Kids - Russian** 



**Threads & Treads** - Clothing bank located at Canyon Park Middle School. <u>Visit this link</u> for important shopping information.

More Resources can be found here on the District Resources page.

## From the Library

Librarian Ginny Allemann vallemann@nsd.org

#### **Soda Float Celebration!**

35 students in grades 4 and 5 completed our first ever "Soda Float Reading Challenge!" These students read at least 7 of 19 library media specialist-nominated books and submitted their signed form. 11 students read more than 7 and 4 read 20 (19 plus their choice!). We are so proud of all our Arrowhead readers!

#### Happening in the Library: Genrefication of the Fiction Section

Update: Thanks to a lot of help from our wonderful parent volunteers, all of our general fiction books now have labels indicating their genre. This summer, books will be resettled with others of the same genre!

#### **Final Due Date**

All books will be due back by <u>Friday</u>, <u>June 10</u>, <u>2022</u>. Please be sure to pay for any *lost* books. <u>Please contact me</u> if your student has lost a book; I'll be sending emails indicating what is still out in the next few weeks. There are no fees for overdue books—we just want them back! Thank you for your help.

#### **Summer Reading Programs**

Watch for information about Summer Reading Programs through KCLS and local bookstores. As you know, it is absolutely critical that students read *daily* over the summer. Model reading and book love in your family! The public libraries are open, the new Soda Float Challenge list will be available, I'll provide some summer reading suggestions toward the end of May. In addition, our local independent book stores are great places to pop into throughout the summer!

**Looking for a book?** Want to check what is out or possibly overdue? Go to <u>Destiny Discover</u> (Library Catalog) via Clever. Did you know that our library has an <u>Amazon wishlist</u>? Why not donate a book to our library on a special birthday!?

Happy Reading!

Ginny Allemann

## **Technology Update**

STS - Amy Smith School Technology Specialist

#### **Quarantine Learning Supports**

If your child is in 2nd, 3rd, 4th, or 5<sup>th</sup> grade, they should be bringing their device to and from school each day. Your child should know how to sign into their device. If they normally use a badge (QR code), that can be found on the ParentVUE app. Each badge is student-specific. Within Clever, there is a title under Arrowhead Links called Quarantine Learning Supports. Click on this tile and navigate to the South Region.

If your child is in Kindergarten or 1<sup>st</sup> grade, their iPad is at school full time. Your child may take their iPad home to access online materials. When making arrangements to pick up materials from school, please let their teacher or the office staff know that you will also need their iPad. We need to confirm that all necessary forms have been signed. We also need to have time to gather the iPad, charger and hardcopy directions.

## **Student Tech Support**

If your child needs tech support while in quarantine or during (potential) remote learning, please enter a tech ticket at <u>go.nsd.org/studenttechhelp</u>. The ticket will be routed to the appropriate person to help solve the problem. Please allow 24 hours for a response.

## **Counselor's Corner**

Jerry Abraham jabraham@nsd.org 425.408.4076

#### CHILDREN'S MENTAL HEALTH AWARENESS WEEK 2022

Find Connections. Build Community

#### Sunday, May 1 – Thursday, May 5

Children's Mental Health Awareness Week -- held every year during the first week of May (National Mental Health Awareness Month) -- is a national campaign that raises awareness and funds to promote better mental health for children.

At The Youth Mental Health Project, we work every day to ensure that families have support to care for and strengthen their children's mental health – and since the pandemic affected so many families, we have seen an explosion in the number of children and families grappling with mental health challenges.

This year, we are focusing our events on the theme: "Find Connections. Build Community." Everyone needs to have a sense of belonging, and youth struggling with their mental health need to find connections that can support them with their struggles by understanding their perspectives.

This year, during Children's Mental Health Awareness Week, we are <u>hosting a week of events</u> and asking everyone to help us build a community that will help children and young adults find their connections. It's time to spread awareness about children's mental health, to get talking about -- and funding! -- the needs of children and families struggling with emotional, behavioral, or mental health challenges.

Please support us by joining these events or donate to The Youth Mental Health Project.

## Coaches' Corner

Coach Jon Byers jbyers@nsd.org
Coach Fernell Miller fmiller@nsd.org
Coach Scott Barstow sbarstow@nsd.org
Coach Jerry Abraham jabraham@nsd.org

#### Track and Field has begun and we're off to a great start!

**Practices:** Practices are held on the Track <u>during lunch recess</u> on <u>Mondays and Tuesdays.</u> Please check in with the coaches at the beginning of each practice for instructions and safety.

**Uniforms:** Each member will be issued a team jersey to wear on track <u>MEET DAYS ONLY</u>. Please **wash and return them at the end of the season**. Students are responsible for providing their own shorts and shoes. (**Cleats & spikes** are **not allowed**.)

**Transportation:** Arrangements are the responsibility of the student and their parents before each meet. See a coach if you need support or assistance with transportation.

**Events:** Athletes may choose to participate in **ONE** field event and **ONE** running event, **plus** the 4x200 relay. Please let me know if your student cannot attend the meet.

Students must be present at school on meet days in order to participate in the meet.

**Meets:** are held once per week at **5:00pm** and run until about 6:00pm. Athletes may "check out" and leave the meet when they have finished their last event.

<u>Date</u>	<u>Location/Host</u>	<u>Visitors</u>
May 6 @ 5:00pm	Kenmore Elementary	Arrowhead & Shelton View
May 10 @ 5:00pm	KMS/Arrowhead	Lockwood & Crystal Springs
May 19 @ 5:00pm	CPMS/Maywood Hills	Arrowhead & Crystal Springs

Home Meet: Arrowhead will be hosting on May 10<sup>th</sup>, at Kenmore Middle School. We are always in need of parent volunteers. Please email me if you would like to help out at our home meet and/or at the <u>Junior Olympics Track meet at Bothell High School on Thursday</u>, May 26th at 5:30PM.

#### **GO HAWKS!!**

Coach Barstow and Coach Abraham <a href="mailto:sbarstow@nsd.org">sbarstow@nsd.org</a> <a href="mailto:jabraham@nsd.org">jabraham@nsd.org</a>

Track and Field skills and events will also be taught in PE during Track season.

Click on the <u>Arrowhead PE Schedule</u> and find your PE days. Remember to wear your activewear shoes on PE days.

PTA Corner ptaarrowhead.org

## Teacher and Staff Appreciation Week: May 2-6

We are kicking off the month of May with a celebration of our fantastic Arrowhead teachers and staff. Here are three easy ways students and families can participate:

All week: You're the best teacher

Check backpacks for a coloring sheet for students to fill out about why their teacher is the best. Return to school anytime during appreciation week to make them feel GREAT with kind words and pictures!

Wednesday, May 4: Thanks for helping us grow

Bring a flower to your teacher- feel free to pick one from your garden- lots of great stuff blooming right now!

Friday, May 6: You color our world

Dress in bright colors by grade level. Keep it easy by digging out your bandana from spirit week a while back.

Kindergarten: Yellow

First: Red

Second: Orange Third: Purple Fourth: Green Fifth: Blue

The PTA will be hosting a luncheon for staff on Wednesday, May 4, and delivering treats to the teacher's lounge throughout the week.

#### **General Membership Meeting Zoom: May 17, 7:00pm**

You won't want to miss our last meeting of the 2021-22 school year! The agenda will include elections, 2022-23 draft budget, 2022 PTA awards, and event prep/updates. Meeting link:

https://us06web.zoom.us/j/87150459012?pwd=Zzl2RWxhbEZvSm1xa1NGdXRCQmd Pdz09

Meeting ID: 871 5045 9012 Passcode: HawksRock!

Agenda will include elections, 2022-23 draft budget, 2022 PTA awards, and event prep/updates. See you then!

#### **Art Night and Auction: May 26th**

This event is a celebration of art at Arrowhead! Student art will be on display and one collaborative piece of art per classroom will be put up for auction. These projects are really special and it's a really fun night. Reach out to Sumaya at <a href="mailto:artnight@ptaarrowhead">artnight@ptaarrowhead</a> if you can volunteer to set up and/or help during the event.

#### **Arrowhead Carnival: June 10th**

The Arrowhead Carnival Is Back! After three long years we are very excited to bring back all your favorites on Friday night, June 10th!

Cake Walk! High Stryker! Face Painting! Pony Rides! Hair Paint! Food Trucks! Games and Prizes!

Just as in years past, this is an all-hands-on-deck event so look out for volunteer opportunities. If you'd like to join the Carnival Committee reach out Tess at <a href="mailto:goldentess@gmail.com">goldentess@gmail.com</a>.

#### **PTA Hot Links:**

Online Program Options: <a href="https://www.ptaarrowhead.org/activities/">https://www.ptaarrowhead.org/activities/</a>

PTA chairs and open positions: <a href="https://www.ptaarrowhead.org/officerschairs/">https://www.ptaarrowhead.org/officerschairs/</a>

SEC program summaries: <a href="https://www.ptaarrowhead.org/sec/">https://www.ptaarrowhead.org/sec/</a>

**Highlights newsletter:** Want to receive our newsletter? Sign up via our website <a href="here">here</a>. Current distribution is 2-3 times per month.

Not a member, yet? Visit our webpage to join: <a href="mailto:ptaarrowhead.org">ptaarrowhead.org</a>



## Thank you Volunteers!

Kindness Connects Us

Thank you from the bottom of our hearts to all of our incredible volunteers who have helped our students grow and enriched our classrooms in so many ways this year. We love you.

**PTA,** students, and the community for sharing your kindness, time, flowers, food, caffeine and love this week appreciating teachers and staff! We are truly blessed.

#### **Art Docent Volunteers**

We are thrilled to have Art Docents back in our classrooms teaching our students the principles of art and encouraging their creativity with wonderful projects!

#### **Library Weekly Volunteers**

Our amazing Library volunteers keep the Library humming, checking books in and out, and helping students find their just right book.

#### **Field Trip Chaperones**

Field Trips would not be possible without the time and patience of our wonderful field trip chaperones.

#### WATCH D.O.G.S.

Thank you for sharing your time and providing a positive and safe environment for our students.

# We are so grateful to PTA and this amazing community for their continued generosity, partnership, and support lifting us all!

District News www.nsd.org

#### School Start and Dismissal Times Announced for 2022-2023 School Year

Adjustments have been announced to the start and dismissal times for 14 schools in the fall. To the impacted schools, the changes will be a 5- or 10-minute shift to allow all schools to align with the Northshore School Board resolution that no school begins before 8:00 a.m. or ends after 4:00 p.m. These changes are a final step to accomplish that goal.

View the Start & Dismissal Times web page for a full list of school hours.

# Arrowhead Hawks Soar by being Safe, Kind, and Responsible



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Attendance: ahattendance@nsd.org
Website: arrowhead.nsd.org