



COVID-19 GUIDANCE

Can I go to school today?

At-home symptom screening for families

Parents and guardians may use this symptom checklist to determine when to keep their child at home. **Any student diagnosed with COVID-19, who is a close contact of a COVID-19 case or someone in the household, is symptomatic and awaiting a PCR-COVID-19 test result, should not go to school and should isolate or quarantine according to public health recommendations.**

The list below refers only to new symptoms or a change in usual symptoms. A student should not be kept home for usual symptoms they experience due to a chronic condition unless they are worse than usual. These guidelines are in addition to regular school guidance (for example, a student who is vomiting should also not attend school based on usual school guidance).

If your student is experiencing any potentially life-threatening symptoms, please call 911.

Sustained Community Transmission (Safer at Home or Stay at Home):

If any of the following symptoms are present, keep the child at home/ stay at home, inform the school of symptoms, and reach out to a health care provider about COVID-19 testing and next steps for treatment.

- Feeling feverish, having chills, or temperature 100.4°F or higher
- New or unexplained persistent cough
- Shortness of breath
- Difficulty breathing
- Loss of taste or smell
- Fatigue
- Muscle aches
- Headache
- Sore throat
- Nausea or vomiting
- Diarrhea
- Runny nose or congestion