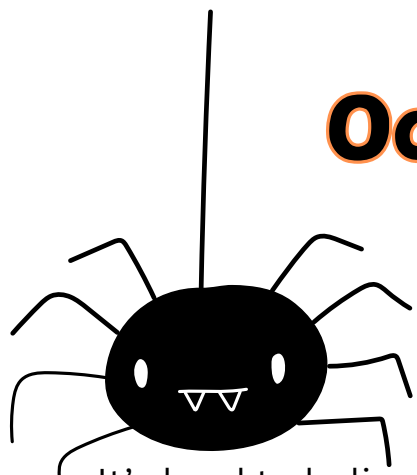


Ocean View Newsletter

October 2024

Principal's Message



It's hard to believe that we are already done with September and almost done with the first quarter of school. Time flies when you are having fun! We have been busy learning and growing together at Ocean View. Students are working hard and learning a lot. Be sure to give your child(ren) the opportunity to show off their learning. This is very motivating to them.

The ability to read efficiently and understand what we read is one of the most important things we learn in elementary school and something we will use every day for the rest of our lives. Reading to and with your children benefits them immensely and helps them develop a love of reading and learning. If you need books for your child to read to you or books for you to read to your child, please reach out to your child's teacher or Mrs. McGuan, our school librarian. Another easy way to help your child become a better reader is simply turning on the subtitles on your TV.

Parent-Teacher Conferences are coming up soon. The online conference scheduler opens on Tuesday. Please take a moment to sign up for this important time to collaborate with your child(ren)'s teacher. Working together, we are an unbeatable team!

Christina VonWalter

School Drop off

Quick reminder about pick-up/drop-off please make sure to pull as far forward as possible before unloading, please accompany your students walking through the parking lot, and follow directions from the crossing guards especially now that it is so much darker in the mornings.



OCTOBER

Important dates to remember

- **10/14 Indigenous Peoples Day - No School**
 - **10/19 Ocean View Carnival 4-6**
 - **10/23 & 10/24 Parent-Teacher Conferences**
 - **10/25 No School** (No AR or Battle of the books)
 - **10/28-11/1 Kindness Week (see pg. 4)**
 - **10/30 Picture Retake Day**
 - **11/5 Remote Learning Day**
 - **11/8 Movie Night**
 - **11/11 Holiday, No School**
 - **11/12 PTA Meeting at 5:30**
 - **11/28-11/29 Thanksgiving Holiday, No School**
- 



Dress for the Weather

Please make sure your student comes to school with whatever they need to be outside for 30 minutes. Labeling belongings with your child(ren) name makes it much easier to reunite lost clothing with its owner.



Kindness Week

- Monday- **TEAM Day** Sports Clothing
- Tuesday- **CRAZY Hair Day**
- Wednesday- **DRESS your best** day (**Also Picture Retake day**)
- Thursday- **TWIN Day** or Dress Like a Teacher Day
- Friday- **NEON Day**



Library News

Please help your child remember to return or renew their library books each week. If your child's book becomes damaged for any reason, please DO NOT THROW IT AWAY, please return it to the library to be repaired. If I am not able to repair it, then I will reach out to you about the next steps for replacement of a damaged book. If your child has lost their book, also please reach out to me so we can talk about replacement options. And if your child needs help remembering what book they have borrowed, please let me know and I can send you a reminder.



Thanks,
Mrs. McGuan
mcguan_alexandra@asdk12.org



Nurses's Corner


Free ASD Flu Vaccine Clinic Locations have been announced!! Open to the public. No Insurance Required. Wednesday, October 23rd, 1p-8p: Goldenview, Mears, Gruening, Wendler
Thursday, October 24th, 1p-8p; South, Diamond, Chugiak, Bartlett, East, West

Reminder: Please remind your children NOT to share their food, including candy, with their friends. "Made in the same factory as peanuts" is sometimes in the fine print. We have students with life-threatening food allergies that need all of our support to keep them safe!

Lice Free School. Let's work together! Please check your child at least once a week for lice and, if found, please let me know and follow up with treatment immediately. Need help or education? Just ask!! Although lice do not jump or fly, they can quickly become a classroom nuisance. Educating your child at home will decrease risk; high fives instead of hugging, keeping long hair tied back or put up, not sharing clothing. See link for photos, additional information: https://www.cdc.gov/parasites/lice/head/gen_info/faqs.html

Get your flu shot, don't delay,
Stay protected every day.
A tiny jab, a big defense,
Against the flu, it just makes sense!

Lanaee Winfree, BSN, RN, NCSN



*Free. Open to the public. No insurance required.

Flu

Anchorage School District Parent Teacher Conferences

Wednesday, October 23rd From 1pm to 8pm	
❖ Goldenview Middle School	❖ Mears Middle School
❖ Gruening Middle School	❖ Wendler Middle School

Thursday, October 24th From 1pm to 8pm	
❖ Bartlett High School	❖ East High School
❖ Chugiak High School	❖ South High School
❖ Dimond High School	❖ West High School

Fluzone for 6 months + and Fludax High Dose for 65+ while supplies last.

*Tdap (or DTaP) will be available for adults and pediatrics while supplies last.

Print the consent form at <https://www.asdk12.org/Domain/1216>
Contact Healthcare Services at 742-4136 for more information.

AFTER SCHOOL & DISMISSAL

Parents, please make sure students know where to go after school. Students may not stay after school to play on the playground or hang out directly after school unsupervised.



MIGRANT EDUCATION NEWS FOR OCTOBER

After-School Homework Help: Monday and Wednesdays
2:30PM-4:00PM (email doner_audra@asdk12.org for a permission slip)

October 18-19th: Barnes and Noble Book Fair-1pm-6:30PM

October 25th: Alaska Zoo Day-11AM-3PM

-Please sign up for both events in CampBrain
<https://migrated907.campbrainregistration.com/>



PARENT TEACHER CONFERENCES

Please sign up to meet with your child(ren)'s teachers.

Sign-up starts Tuesday 10/15/24.

<https://apps.asdk12.org/ConferenceScheduling/StudentscheduleStartExt.aspx>

FALL CARNIVAL



Dear Ocean View Families,

Help us brew up some magic and make our biggest community event of the year a spine-tingling success! We're thrilled for our upcoming Fall Carnival at Ocean View on 10/19 from 4-6 PM! Come dressed up as a family for a day to remember!



To avoid the long lines on the day of the event and save your money, we encourage you to purchase your entry and food tickets in advance! You can buy them online at: <https://app.givebacks.gives/4b3664>. If finances are preventing you from attending please contact Nurse Lanaee Winfree at winfree_lanaee@asdk12.org or 907-742-5851. Sponsors are available!!!

You can also send in cash or a check with your little ghouls and goblins, along with the filled-out form. By purchasing in advance, you'll only need to stop by "will call" to grab your entry wristband and food tickets (pizza, nachos, popcorn, and water).

👻 We're also in need of spirited volunteers for the Fall Carnival, especially on the day of the event to help run the games! If you have any grandparents or teenage siblings who want to join the fun, we'd be ever so grateful for their help (or we might have to send the ghosts after you)! Please sign up to volunteer at: https://www.signupgenius.com/go/5080545A4A92CA46-51132569-fall#

Lastly, we're conjuring up a donation drive for the Fall Carnival, and we'll be looking for the following spooky items. Check out the included flyers for more details:

- Bags of Candy/Toys
- Individually Wrapped Baked Goods
- Costumes
- Fun, Kid-Friendly Fall-Themed Decorations





Lifetouch

Don't Forget to Order This Year's School Pictures

ENJOY 10% OFF

your order!

CODE: F202410OFF

EXPIRES: July 31, 2025

Redeem Now

Don't forget to order your FREE Digital SmileSafe card!

More about the Smilesafe program [here](#).

Parents it's getting Dark

**Please remember to have
your kids wear reflective
items on their coats/ jackets
and or backpacks**

Is it a Conflict or is it Bullying? Helping Our Kids Learn the Difference.

Written by staff at PACER's National Bullying Prevention Center

Third graders Nick and Kevin weren't close friends, but they played foursquare together every recess they could. They battled every point during games that were always loud because the foursquare group was serious about the game. There were often disagreements about fouls and rules but they were generally able to work it out. The adults on recess duty did a nice job of monitoring the players, and they carried laminated sets of rules in case the players needed "help" with disputes. Yet, "It's not fair!" was often shouted across the playground during recess.

One day Kevin came home and told his mother, Jennifer, that he'd been bullied. Jennifer, alarmed, asked for details.

"Nick pushed me on the playground," Kevin said. He told Jennifer that he and Nick had argued about a ball that was "on the line," and that a teacher asked both boys to sit on the bench to cool off during the rest of recess. "It's not fair! He started it, but we both got punished," Kevin said. Kevin didn't think that Nick's apology was punishment enough.

Had Nick bullied Kevin? Was Nick too aggressive, but not to the point of bullying Kevin? Or were both boys at fault? Jennifer wasn't sure what to think. She called the school to ask for more details.

When a parent hears a story like this, it isn't always clear what has happened or what the consequences should be. Jennifer was torn between feeling she might not have heard the whole story, and wanting to fix things for Kevin.

Here are some helpful ways to distinguish between a conflict and bullying behavior:

Conflict vs. Bullying - What's the difference?

Conflict	Bullying
<ul style="list-style-type: none">• Disagreement or argument in which both sides express their views• Equal power between those involved• Generally stop and change behavior when they realize it is hurting someone	<ul style="list-style-type: none">• Goal is to hurt, harm, or humiliate• Person bullying has more power*• Continue behavior when they realize it is hurting someone.

* "Power" can mean the person bullying is older, bigger, stronger, or more popular.

