

S Students

E Empowered through Education

A to Achieve

L Lifelong

S Success

OCEAN VIEW NEWSLETTER

AUGUST 2025

Ocean View's Shared Vision

The Vision of Ocean View Elementary is to create a joyful, safe, inclusive, and supportive environment that prepares all students to reach their full potential for academic success through mastery of grade-level standards. We are working to develop student attitudes, habits, and behaviors that will foster success in all areas of life. Our learning community strives to cultivate caring, independent, confident, and ambitious lifelong learners who possess the grit to persevere in our ever-changing world.

Principal's Message

Dear Ocean View Families,

I hope you're enjoying a fantastic summer filled with fun adventures and special memories. Our office staff has been back preparing for the 2025–26 school year since July 21 to get everything ready for our students' return—we can't wait to welcome them back!

With the first day of school just around the corner, we want to ensure you have the most up-to-date information. Please see below for important updates, upcoming event details, and an introduction to new people in our building. Please check out page 9 and start adjusting your students' sleep schedule so they will be ready for the early mornings that are fast-approaching.

If you need assistance with school supplies or school clothes, please reach out to the office. We have lots of great stuff in the Ocean View Boutique that is all free.

I look forward to partnering with you to make the 2025–26 school year joyous and successful for all students. Thank you in advance for your support as we build a strong foundation for your child's educational journey!

Warmly,

Christina VonWalter

vonwalter_christina@asdk12.org

August

Upcoming Dates to Remember

- 8/13 Ice Cream Social 4:30-5:30 pm
- 8/14 First Day of School 1st-5th grade
- 8/21 First Day of School Kindergarten
- 8/27 Open House 5-6:30 pm
- 9/9 PTA Meeting at 5:30 pm
- 9/17 Picture Day



[ASD 25/26 School Year Calendar click here](#)

Ocean View School has a free-to-everyone boutique that will be open during the Ice Cream Social. If you need back to school supplies or clothes, come and check it out. If that time doesn't work for you, call the office to make special arrangements.



FREE BREAKFAST & LUNCH AT OCEAN VIEW

25/26
SCHOOL YEAR

Ocean View Volunteers, Parents, and Family

The Raptor System is now in use at Ocean View School. Please bring in your driver's license whenever you want to visit beyond the office.

All family members and parents who want to volunteer at Ocean View, participate in the classroom, or attend field trips need to get their volunteer application submitted ahead of time by clicking the link below. This process may take up to three days to process.

Please get your application submitted early!

<https://apps.raptortech.com/Apply/MzYxMzplbi1VUw==>



Ice Cream SOCIAL



13
AUG

4:30-5:30
PM

**OCEAN VIEW SCHOOL
PLAYGROUND**

Get ready for a scoop of a time as we
meet our Ocean View Teachers, staff
and PTA

WWW.ASDK12.ORG/OCEANVIEW

Did you know Ocean View has a Migrant Ed Program?

The goal of the Migrant Education Program is to ensure that all migrant students reach challenging academic standards and graduate with a high school diploma that prepares them for responsible citizenship, further learning, and productive employment. Migrant Education is a federally funded program that is authorized by the Elementary and Secondary Education Act (ESEA).



<https://form.jotform.com/241987643962169>

**New Staff
to
Ocean View
School**

Scott Feris, Music

David Mead, PE

Kelly Anderson, Librarian

Tasha Boin, Kindergarten Assistant

Jacquelin Ludlum,

English Language Learners Tutor

Deb Campbell, Resource Assistant

welcome



Dear ASD Families and Staff,

The first day of school is rapidly approaching! ASD Healthcare Services will host a free Back-to-School Immunization Clinic next Wednesday.

The clinic will be open to all ASD students, with no insurance required. All state required vaccines will be offered, including:

- DTap
- Tdap
- Hepatitis A
- Hepatitis B
- MMR
- Polio
- Varicella

💉 If your student is in need of vaccinations, come on over so they'll be ready for school next week!

Wednesday, August 13, 2025

12 - 6 p.m.

ASD Education Center Atrium
5530 E. Northern Lights Boulevard
Anchorage, Alaska 99508

Contact Healthcare Services at 907-742-4136 for more information.

The first day of our staggered school start is next Thursday, August 15, and we're helping families gear up for a strong return.

You can find all your back-to-school essentials in one place — supply lists, start times, safety updates, and more — right here: 🖱️ www.asdk12.org/backtoschool.

We're proud to be your partners in this work. Let's make this a great year for every student, together.

Sincerely,
Team ASD



Thursday, August 14

Elementary School

Grades 1–5
8 a.m.

High School

Grade 9
8:45 a.m.

Middle School

Grade 6
9:30 a.m.

Friday, August 15*

High School

Grades 10–12
8:45 a.m.

Middle School

Grades 7–8
9:30 a.m.

Thursday, August 21

**Preschool
and
Kindergarten**
8 a.m.

*Groups from the Aug. 14 first day cohort also attend on Aug. 15.

Alternative and Charter programs may offer different school start options.

ASD Cell Phone Policy

- The Anchorage School District has a new cellphone policy starting with the 2025-26 school year. Under the new ASD policy, use of cellphones and other electronic communication devices isn't allowed in class at any time, in any grade. Students must put them away, and they must be off or in airplane mode. Administrators may require cellphones to be placed in a secure location such as a student locker or other specified location within the school.
 - Elementary and middle school students are not allowed to use their cellphones at any time during the school day, including lunch and recess.
 - High school students are allowed to use their phones during passing time and lunch.
 - Some exceptions may be approved, on a case-by-case basis, for students with medical needs, translation needs, or as part of a student's Individualized Education Program, or IEP.
- School principals may institute additional rules beyond what the district requires. ASD recognizes the role of technology in the classroom has evolved, but with middle and high school students now having access to district-provided Chromebooks, putting phones away helps students focus, collaborate and succeed, both academically and emotionally.



REGISTER FOR FALL 2025

Register
today!



**SCAN QR CODE TO
REGISTER, OR VISIT:**
<https://qrfy.io/r/0bK7iwUJKe>



(907) 279-3551

**Questions?
Give us a call!**

**Fall Enrollment opens at
6:00 AM on Wednesday,**



Enroll your child in our award-winning **Afterschool Program!**



Program Hours

Monday–Friday
2:30 PM–6:00 PM



Pricing

\$590/month



**We accept Child
Care Assistance!**



**Scholarships
are available!** *Apply on
our website!*



WWW.CAMPFIREAK.ORG



Sleep Matters

Sleep, School, and Social Skills

Approximately 60 percent of children have sleep problems. Poor or inadequate sleep often leads to mood swings, behavioral problems such as hyperactivity or oppositional behavior, and cognitive problems that impact the ability to learn in school.



Sleep Needs

- Toddlers(1-3 years) = 12-14 hours of sleep
- Preschoolers (3-5 years) = 11-13 hours of sleep
- School-age (5-12 years) = 10-11 hours of sleep
- Teenagers = 8.5-9.5 hours of sleep
- Adults = most need AT LEAST 8 hours, varies through life

Sleep Robbers

Stress & Anxiety
Wrong Schedule
Caffeine
Environment

Sleep Strategies

- Predictable routine, reduce exposure to “adult” conversations and topics
- Learn the body’s natural rhythm, set a regular routine for bedtime
- Avoid caffeinated drinks and foods (hot cocoa, chocolate, sodas, etc.)
- Keep screens out of the bedroom, turn screens off at least 30 minutes before bedtime, keep the room dark, cool, and quiet

What time should your child be going to bed?

	6:00 a.m.	6:15 a.m.	6:30 a.m.	6:45 a.m.	7:00 a.m.	7:15 a.m.	7:30 a.m.
Age							
5	6:45 p.m.	7:00 p.m.	7:15 p.m.	7:30 p.m.	7:30 p.m.	8:00 p.m.	8:15 p.m.
6	7:00 p.m.	7:15 p.m.	7:30 p.m.	7:30 p.m.	8:00 p.m.	8:15 p.m.	8:30 p.m.
7	7:15 p.m.	7:15 p.m.	7:30 p.m.	8:00 p.m.	8:15 p.m.	8:30 p.m.	8:45 p.m.
8	7:30 p.m.	7:30 p.m.	8:00 p.m.	8:15 p.m.	8:30 p.m.	8:45 p.m.	9:00 p.m.
9	7:30 p.m.	8:00 p.m.	8:15 p.m.	8:30 p.m.	8:45 p.m.	9:00 p.m.	9:15 p.m.
10	8:00 p.m.	8:15 p.m.	8:30 p.m.	8:45 p.m.	9:00 p.m.	9:15 p.m.	9:30 p.m.
11	8:15 p.m.	8:30 p.m.	8:45 p.m.	9:00 p.m.	9:15 p.m.	9:30 p.m.	9:45 p.m.
12	8:15 p.m.	8:30 p.m.	8:45 p.m.	9:00 p.m.	9:15 p.m.	9:30 p.m.	9:45 p.m.



Anchorage School District
Educating All Students for Success in Life

Further reading: “Sleepless in America” by Mary Sheedy Kurcinka and “Healthy Sleep Habits, Happy Child” by Marc Weissbluth

www.asdk12.org

Ocean View Elementary Kindergarten

Supply List

2025-2026

Dear Parents,

Your child will need the following items on the *first day of school*. You may bring all items to the Kindergarten Profile meeting. Please note that some items may need to be replenished throughout the school year.

Thank you!

–The Kindergarten Team



☐ 1 pair of non-marking, Velcro gym shoes



☐ 1 reusable, non-spilling water bottle

**Please send in a class snack. We will periodically let you know when we run out.

Please label all of your students personal items, coats, snowpants, boots, gloves, headphones, etc with their name in permanent marker.



☐
(1)
Box of
24
Crayons



☐
(5)
Glue
sticks



☐
(4)
Black Expo
markers



☐
(1)
Pair
headphones
no bluetooth



☐
(1)
Box of 8
crayons



☐
(1)
Pkg
washable
markers



☐
(1)
Fullsize
backpack

Optional supplies to donate to the classroom



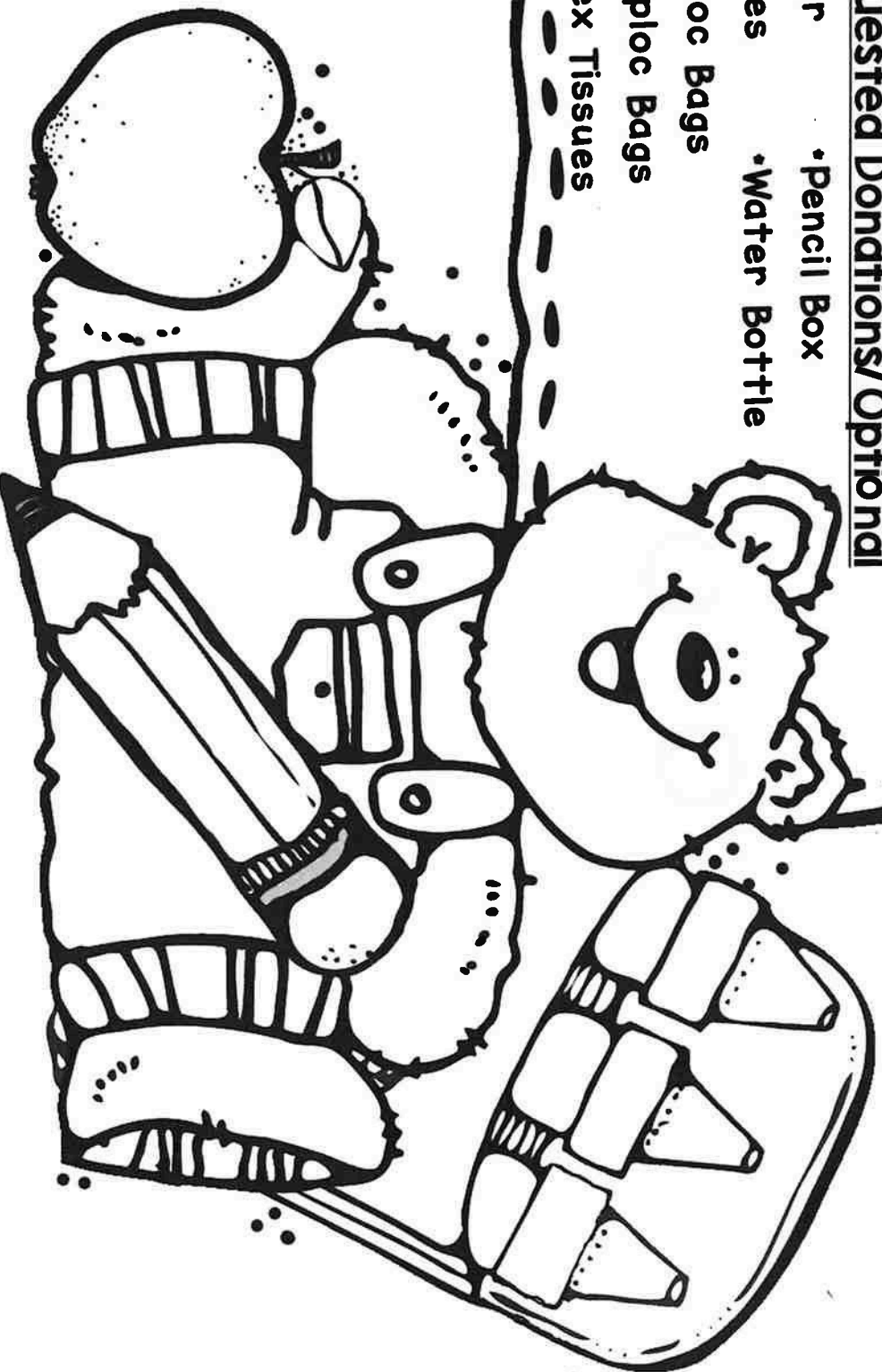
☐
(1)
pkg
babywipes
for hands

Suggested Supply items for First Grade:

- 12 Glue Sticks
- 1 Plastic Pocket Folder
- 1 Glue Bottle
- 1 Box of Number 2 Pencils
- 1 Box of Crayons
- 4 Dry Eraser Markers
- 1 Box of Markers
- Headphones
- 1 Pair of Scissors
- Gym Shoes
- 4 Erasers

Requested Donations/Optional

- Hand Sanitizer
- Pencil Box
- Sanitizer Wipes
- Water Bottle
- Sandwich Ziploc Bags
- Gallon Size Ziploc Bags
- Box of Kleenex Tissues



2nd Grade Supply List

Fall 2025

Individual/Shared Supplies

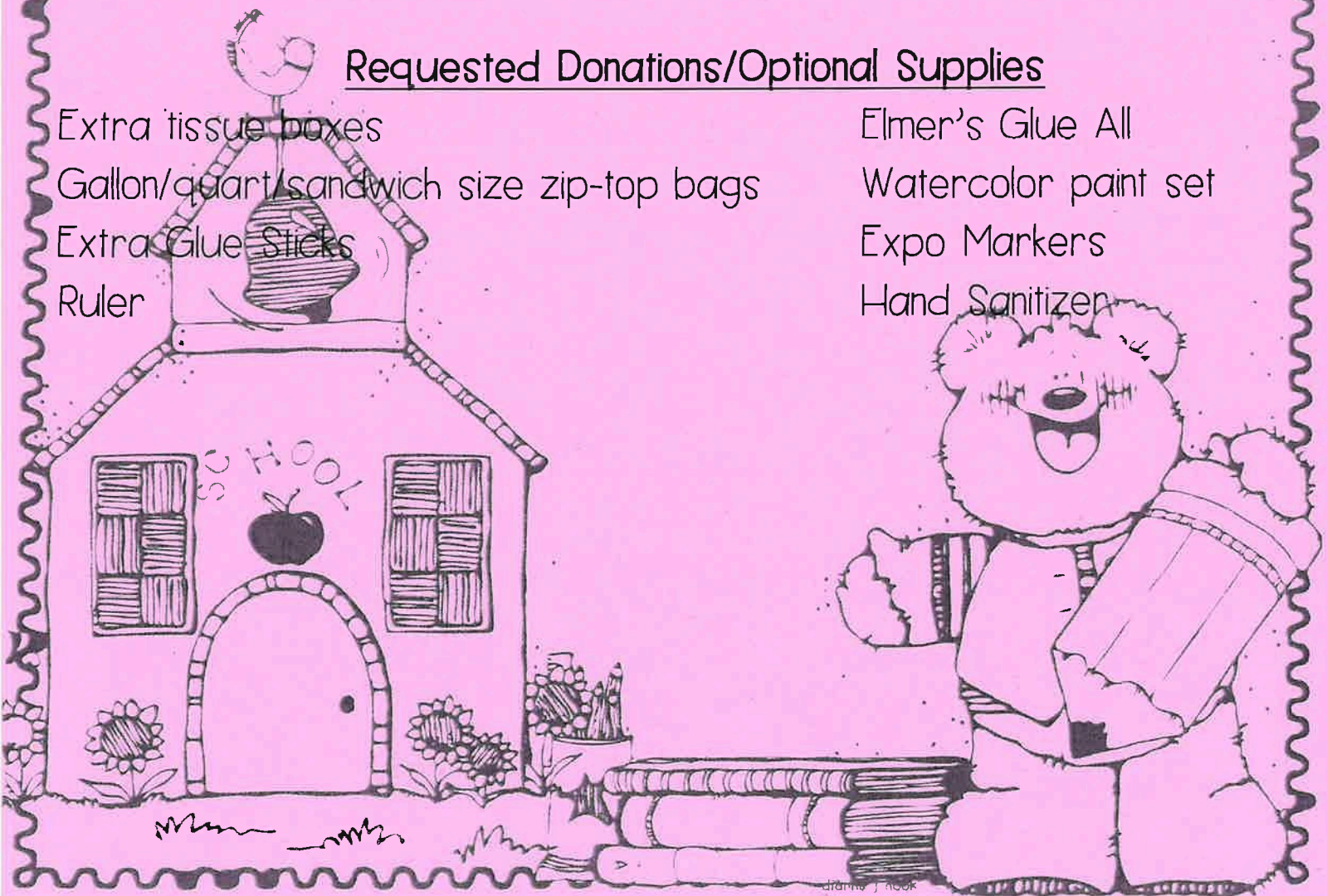
1 Box of 24 count crayons
1 Box of 12-24 colored pencils
2 erasers
Tissue Box
Scissors
Pencil Box
Headphones

Pencils
Highlighter
Glue sticks
2-3 pocket folders
Sanitizing wipes

Requested Donations/Optional Supplies

Extra tissue boxes
Gallon/quart/sandwich size zip-top bags
Extra Glue Sticks
Ruler

Elmer's Glue All
Watercolor paint set
Expo Markers
Hand Sanitizer





Classroom Supply List

Ms. Patzke & Mrs. Rose 3rd Grade
Ocean View Elementary

Each student should have the following items:

- ☐ 2 pocket folders
- ☐ 1 spiral or composition notebook
- ☐ Small box of crayons
- ☐ Set of colored pencils
- ☐ Storage box/bag for supplies
- ☐ Glue sticks

- ☐ 2 pink erasers
- ☐ Pencils
- ☐ Water bottle
- ☐ Gym shoes
- ☐ Headphones (no wireless)

Supplies shared for the classroom:

- ☐ Hand sanitizer
- ☐ Cleaning wipes
- ☐ Tissues
- ☐ Dry erase markers
- ☐ Ziplock bags - (Last name A-M = sandwich bag, N-Z= gallon)



Classsnacks are always welcome. Please only provide healthy snacks that fall within the ASD snack guidelines.

Please contact us if you have any questions or concerns or need help with school supplies at 907-742-5850 or email at patzke_tiffany@asdk12.org or rose_trena@asdk12.org.

Looking forward to a fruitful year!

Ms. Patzke & Mrs. Rose

Fourth Grade

**Please No Trapper Keepers, Binders, or
Personal Pencil Sharpeners**

- 24 #2 Pencils with erasers
- 2 packages of college ruled lined paper
- 1 pair pointed steel blade scissors
- 1 box of crayons
- 1 box of colored pencils
- 1 box of colored felt tip markers
- 1 package of glue sticks
- 2 composition books
- 2 folders
- 1 pair non-marking gym shoes
- 1 pencil pouch
- 1 backpack
- 1 large box of Kleenex
- 2 bottles of Clorox wipes
- 1 package dry erase markers

Fifth Grade Supply List for Ocean View

Must Haves:

1 Plastic pencil box *that fits ALL supplies and also fits in desk*

3-4 large (12 or more) packs of

mechanical pencils (suggested 0.9 lead as it breaks less & lasts longer)

****wooden pencils are discouraged due to sharpening issues**

Extra lead for the pencils

Large pack of dry erase markers

1 box colored pencils (**12 count**)

headphones

1 large pink or white eraser

3 small different colored
highlighters

5 red correcting pens

5 glue sticks

1 lined composition book

1 pair small scissors

2 boxes of Kleenex

1 black sharpie

1 one subject spiral notebook

1 pocket folder for homework

PE shoes

VERY MUCH APPRECIATED DONATIONS FOR THE CLASS:

- Extra mechanical pencils
- Extra lead
- Extra dry erase markers
- Extra glue sticks
- Decks of cards
- Dice
- Clorox wipes

OPTIONAL:

- Water bottle (leakproof)
- Backpack
- Lunchbox

Please place all materials in the pencil box before you bring them to school/

****ALL SUPPLIES MUST FIT INSIDE THE PENCIL BOX**

