



## BLUE VALLEY WEST SUMMER 2020

**\*All schedules are subject to change due to the potential changes in JoCo or Blue Valley Co-Vid19 responses\***

### June 15-30 **KSHSAA Acclimation Plan**

10 days attendance minimum (15-football) **REQUIRED** to be eligible to participate in summer team camps.

- All workouts will be held outdoors on the BV West campus.
- JoCo and BV guidelines regarding social distancing.
- Every student and coach will have their temperature taken at check in.
- QR code sign in will be **REQUIRED** to log attendance - bring your phone.
- Participants must bring their own water.
- Indoor access will not be available. Restrooms at the soccer stadium will be available
- Check REMIND or @BVWestJAGS for weather cancellations.

- **Workout Schedule - June 15-30:**

7:00-7:50 AM	Monday - Friday	11-12 Grade Boys
8:00-8:50 AM	Monday - Friday	9-10 Grade Boys
9:00-9:50 AM	Monday - Friday	9-12 Grade Girls
8:00-8:50 AM	Friday	Open to all athletes

### Cross Country

- **All guidelines above will be followed**
- Cross Country kids will park in the band parking lot
- Monday - Friday 6:30-8:30 AM

### July 1 - 5

**BV West July 4th Break - no workouts**

### July 6 - 31 **Weight Room/Open Gym**

- Student-athletes must sign in prior to beginning their workout.
- Student and adult temps will be taken at the beginning of each workout
- Workouts in the weight room can count towards the **REQUIRED** 10 or 15 workouts (as explained above).
- Weight Room Schedule
  - 7:30-9:00 AM 9-12 Grade Boys
  - 9:00-10:30 AM 9-12 Grade Girls
- Open Gym Schedule will be available closer to the July 6 start date.

## TEAM and YOUTH CAMP SCHEDULES

### Week of July 6

#### **Boys Basketball Youth Camps**

##### **Youth Camp 1 (6th-8th Grade)**

\$100/Camper (Checks M.P. - Ryan Hintz or PayPal.me/jaguarhoops)

July 6-9 1:00 - 3:00pm @BVW Gym

##### **Youth Camp 2 (3rd-5th Grade)**

\$90 Per Camper (Checks M.P. - Ryan Hintz or PayPal.me/jaguarhoops)

July 6-9 3:00 - 5:00pm @BVW Gym

##### **[BVW Boys Basketball Youth Camp Registration](#)**

*ALL CAMPERS WILL RECEIVE A BVW BASKETBALL T-SHIRT*

### Week of July 13

#### **Volleyball Team and Youth Camps**

##### **[Camp Registration Form](#)**

##### **High School Camp (Incoming 9th-12th)**

July 13-16 8:00-10:00am @ BVW Gym

\$90/camper (Checks M.P.- Jessica Horstick or PayPal.me/jaguarvolleyball)

##### **Middle School Camp (Incoming 6th-8th)**

July 13-16 10:30am-12:30pm @ BVW Gym

\$75/camper (Checks M.P.- Jessica Horstick or PayPal.me/jaguarvolleyball)

##### **Elementary School Camp (Incoming 2nd-5th)**

July 13-16 1:00-2:30pm @ BVW Gym

\$75/camper (Checks M.P.- Jessica Horstick or PayPal.me/jaguarvolleyball)

ALL CAMPERS WILL RECEIVE A BVW VOLLEYBALL T-SHIRT

**Sign up here: <https://forms.gle/viizX5yqa8Xaqcqv5>**

### Week of July 20

#### **Baseball Team and Youth Camps**

##### **[BVW Baseball Camp Sign Up](#)**

##### **High School Camp (Incoming 9-12 grade)**

\$75 Per Camper (Checks M.P. - Joe Allison or PayPal.me/BVWBaseball)

July 20th, 21st, and 22nd 9:15 - 11:15 @ BVW Field #4

##### **Youth Camp (Ages 9 - 14) \$75 Per Camper**

\$75 Per Camper (Checks M.P. - Joe Allison or PayPal.me/BVWBaseball)

July 20th, 21st, and 22nd 11:30 - 1:30 @ BVW Field #4

#### **Girls Basketball Team and Youth Camps**

##### **[Camp Registration Form](#)**

##### **July 20-23 Blue Valley West Main Gym**

8:00-10:00 AM High School Team Camp (Gr 9-12) \$80

10:00-12:00 PM MS Camp (Gr 6-8) \$80

12:00-2:00 PM Youth Camps (K-2 and 3-5) \$80

Week of July 27

### **Boys Basketball Team and Youth Camps**

#### **High School Camp (Incoming 9-12 grade)**

[BVW Boys Basketball HS Team Camp Registration](#)

\$70/Camper (Checks M.P. - Ryan Hintz or PayPal.me/jaguarhoops)

July 27-30 9:00 - 11:30am @BVW Gym

#### **Youth Camp 3 (6th-8th Grade)**

\$100/Camper (Checks M.P. - Ryan Hintz or PayPal.me/jaguarhoops)

July 27-30 1:00 - 3:00pm @BVW Gym

#### **Youth Camp 4 (3rd-5th Grade)**

\$90 Per Camper (Checks M.P. - Ryan Hintz or PayPal.me/jaguarhoops)

July 27-30 3:00 - 5:00pm @BVW Gym

[BVW Boys Basketball Youth Camp Registration](#)

*ALL CAMPERS WILL RECEIVE A BVW BASKETBALL T-SHIRT*

### **Girls/Boys Tennis Team Camp**

[BVW Girls/Boys Tennis Camp Sign Up](#)

**Intermediate Level (9-12 - I play but not hard core)**

**Date:** July 27th-30th, **Time:** 8:30 AM-9:30 AM, **Cost:** \$65

**Advanced Level (9-12 - I am a tournament/HS tennis player)**

**Date:** July 27th-30th, **Time:** 9:45 AM-11 AM, **Cost:** \$75

**Payment:** Checks to Traci Rhodes or Venmo @T\_Money007

**Questions:** Trhodes@bluevalleyk12.org

Week of Aug 3

### **Boys/Girls Soccer Team Camp**

**Boys SOCCER August 3-5 9th -12th graders**

8:00 a.m. to 10:00 a.m./cost 75.00 with checks made payable to Alex Aiman/send to BV West High School attention Coach Aiman.

Camp is held on BVW practice soccer fields

[Camp Registration Form](#)

**Girls SOCCER August 3-5 9th -12th graders**

10:00 a.m. to 12:00 /cost 75.00

Checks made payable to Alex Aiman/send to BV West High School attention Coach Aiman. Camp is held on BVW practice soccer fields.

[Camp Registration Form](#)

## **Football Team and Youth Camp**

### **High School Team Camp**

9th-12th

8/3, 8/4, 8/5, 8/6: 7-10AM

\$100- Includes 2 dri fit shirts and 2 dri fit shorts

[Camp Registration Form](#)

### **Youth Football Camp (2nd- 5th Grade)**

2nd-5th Grade

8/3, 10:00-Noon

\$25- Includes 1 dri fit shirt

[Camp Registration Form](#)

### **Middle School Football Camp**

6th-8th Grade

8/4 and 8/5, 10AM-Noon

\$50- Includes 1 dri fit shirt

[Camp Registration Form](#)