

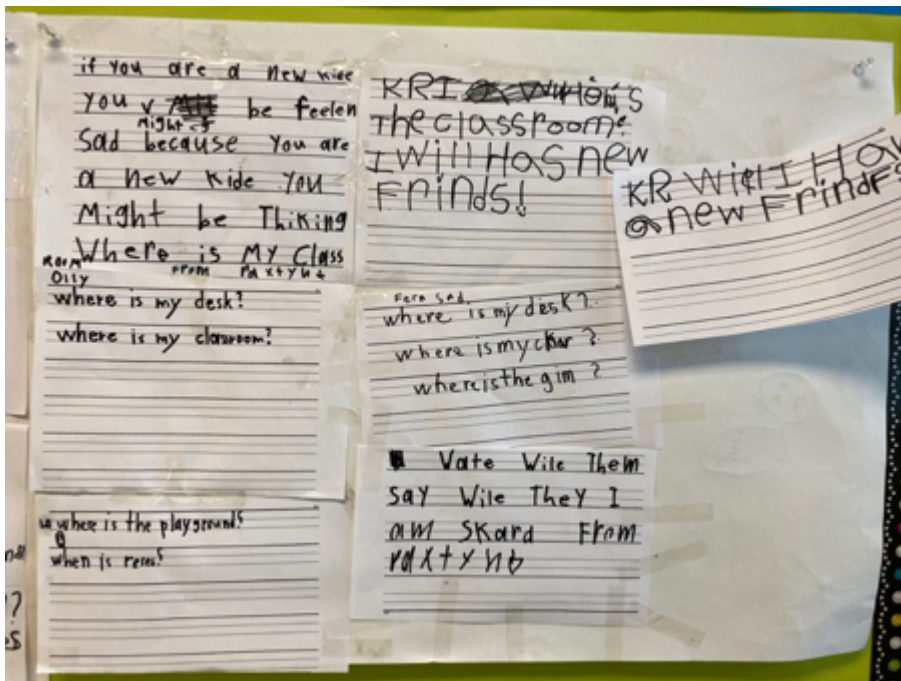


## From the Principal

Principal Kristin Bailey  
[kbailey@nsd.org](mailto:kbailey@nsd.org)

Arrowhead Families,

Our three priorities for students this year were that they learn to connect and work with others, have trust in the community and establish connections and relationships as part of a community. Community was really our priority, and every instructional or school-systems decision we made had at its core the question, "How will this help children be contributing members of a community they trust?"



As they often do, our students surpassed our wildest expectations. In Ms. Rad's and Mrs. Ryan's kindergarten / first grade project they explored how to welcome new students to our community.



In Mrs. Bejdo and Mrs. Wilson's kindergarten class project they explored how to end hunger in our community with a fabulously successful food drive.

In a multi-grade project, our Arrowhead Community Garden is taking shape. Students have already harvested radishes!



The fifth-grade legacy project is a Little Library, which will be decorated and be used for members of our community to take and leave books.



Our JEDI (Justice, Equity and Education, Diversity, and Inclusion) team organized to purchase and then raise a PRIDE flag. This powerhouse student group models compassion, empathy and acceptance every day. They advocate for others and effectively work to make our school a more inclusive community for everyone.



We dedicate this  
Pride flag to every  
student at Arrowhead  
as a symbol of inclusion,  
belonging, hope and equality,  
so every student here  
feels safe to be themselves.

Ending this year – a year that began with students who had spent almost 18 months in the familiar community of their family – with Pride month and the raising of a Pride flag is fitting. We can build walls and secure ourselves in a community of people who behave, think and value the same things we do, or we can be open to courage and step into a community of people who are beautifully different than we are.



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Kristin

## Notes from the Office

[View our Calendar](#)

Heidi Smith [hsmith@nsd.org](mailto:hsmith@nsd.org)

Kelly Vedaa [kvedaa@nsd.org](mailto:kvedaa@nsd.org)

### Yearbooks

Yearbooks will be distributed to students who have purchased one on Monday, June 13th. If you have not ordered one, we have a **very limited supply** for sale in the office. They are \$17.00 and on a first come first serve basis. Please bring in exact cash, or a check made payable to NSD, to the office.

### Lost and Found

Our Lost and Found Rack is overflowing! Please check it next time you are on campus. Items left on June 17 will be donated to a charity.

### June 13 - 17 Last Week of School

June 15 - No Early Release, 3:35 p.m. dismissal.

June 17 - 11:05 a.m. dismissal (last day of school).

### June 17 **Spirit Day!**

Students are encouraged to wear their class colors and bandanas to celebrate our last day of the year together!

- Kindergarten - yellow
- 1st grade - red
- 2nd grade - orange
- 3rd grade - purple
- 4th grade - green
- 5th grade - blue

### 22-23 Kindergarten Rolling Start

- 8/31 - WaKids Family Meetings with Teachers
- 9/1 - WaKids Family Meetings with Teachers
- 9/2 - WaKids Family Meetings with Teachers
- 9/5 - No School - Labor Day Observed
- 9/6 - Students with last name A - L Begin
- 9/7 - Students with last name M - Z Begin
- 9/8 - All Kindergarten attends together

### 22-23 New Start and Dismissal Times

- Our new start time is 9:00 a.m.
- Our new dismissal time is 3:30 p.m.
- Early Release Wednesday is 2:00 p.m.

### [2022-2023 School Calendar](#)



# HAWK WALK



Our **Hawk Walk** held May 19 to fundraise for our new totem pole was a huge success! **Thank you for your support!**

## **Moving?**

If you are moving to another school next year, please let our school office know so that we can plan for classroom sizes and staffing. Please call the office at 425.408.4000 or email Heidi Smith, Secretary / Registrar [hsmith@nsd.org](mailto:hsmith@nsd.org).

## **We are accepting Waivers for the 2022-2023 School Year!**

Did you know families outside of our boundary can choose Arrowhead with a waiver? We have space at our school to accommodate additional students in 2022-23 and beyond. Families looking for a smaller, more-inclusive elementary school, or who may be looking for a school with an innovative project-based learning curriculum would make a great addition to our community!

Interested families can reach out to Principal Bailey with any questions and/or you can direct people to the [Waiver information page](#) on the district website.

Let's keep our community strong!

## **Kindergarten Registration for 2022-2023 is Open**

We are so excited to welcome the Class of 2035! Please register your child if you have not done so. Let your friends and neighbors know as well. If you have any questions regarding enrollment at Arrowhead, please contact Heidi Smith, Secretary/Registrar at [hsmith@nsd.org](mailto:hsmith@nsd.org) or 425.408.4003.

Registration is done online, please follow this [registration link](#) to start the process. All kindergarteners must be 5 years old on or by August 31, 2022.

## **Volunteer Applications**

With volunteers back in school, please make sure you have filled out the [volunteer application and uploaded your Covid vaccination card](#). This application now needs to be done each year. Volunteers that have not completed the application and Covid vaccination card upload will not be able to be in the classrooms or help with field trips. Please reach out to the office if you are unsure of your volunteer status.

## **Arrowhead Care Team**

The Arrowhead Care Team is partnering with the Northshore Schools Foundation to help identify and address needs of our families and direct you to community resources and support. If your family needs help with food, clothing, school supplies, technology support, financial assistance, health services, or other assistance, please fill out the confidential Arrowhead Care Team Request Form below. Our Care Team Liaison, Heidi Smith, will contact you to provide support.

## [Arrowhead Care Team Request Form](#)

### **Arrival and Dismissal**

#### School Bell Schedule for 2021-2022

9:05 a.m. School Begins (Students may arrive after 8:45 a.m.)

3:35 p.m. Dismissal

2:05 p.m. Wednesday Early Release

Students arriving after 9:05 a.m. must check in at the office and get a pass before going to class.

### **Attendance**

#### Late Arrival / Excused Absence

If your child will arrive late or be absent from school:

Call our 24-hour line 425-408-4000 and select option 1

or

Email [ahattendance@nsd.org](mailto:ahattendance@nsd.org) and your student's teacher

Please leave a message or send an email by 9:15 a.m.

#### **P rearranged / Extended Absence**

In the event that your child will miss more than 2 school days in a row for a reason other than a health or medical issue, please complete and return a printed copy of the

[Absence Request Form](#) to the office or email a copy of the completed form to [ahattendance@nsd.org](mailto:ahattendance@nsd.org).

#### **Change in After School Plans**

If your child is going to change from their normal method of getting home or has some other alternate plan, please complete and return a printed copy of the [Change in Plan Form](#) or send a note with your student.

**JEDI Club - Justice, Education and Equity, Diversity, and Inclusion**

### **June is Pride Month**

**Here is a list of small ways you can take action as a family:**

- Be kind and welcoming to others who have different ideas, perspectives, and identities.
- Read stories by LGBTQ+ authors and about LGBTQ+ experiences.
- Research historic people in the LGBTQ+ community and their contributions.
- Find events near you that celebrate the LGBTQ+ community.
- Display LGBTQ+ art, flags, or signs at home or in your community.
- Do not assume that you know someone's gender based on their appearance.
- Say something if someone is being bullied or picked on because of who they are. Tell an adult or tell the person being mean that they are saying hurtful

things and it is not OK.

- Use inclusive language. Inclusive language means using people's correct pronouns and steering clear of words and phrases that overlook people's individual identity like "guys" or "boys and girls."
- Ask new people you meet what their pronouns are and use them.
- Express and share your identity!

Resources:

[Nickelodeon's Talk and Take Action: Parents' and Caregivers' Guide to Combating LGBTQ+ Discrimination – Nick Helps](#)  
[GLSEN NSC Booklist Elementary 2021.pdf](#)

## **5th Grade Concert - June 7, 2022**

5th grade students have been working hard all year and are excited to share their music with families June 7, at 7:00 p.m. in the Gym! Please answer a quick survey to help us with layout, instrumentation, and how many chairs to set up for our concert. [5th Grade Music Concert Survey](#)

We appreciate your time and look forward to seeing you on June 7!

Arrowhead 5th Grade Music Team

## **NSD Tuition-Free Early Learning programs for income eligible families accepting applications for 2022-2023 school year.**

The Northshore School District is proud to offer multiple early learning programs that are free of charge for income-eligible families. The three Early Childhood Education Programs including:

- Head Start
- ECEAP (Early Childhood Education and Assistance Program)
- Ready Start.

[Find more information or to register](#)

Please call 425-408-6013 with any questions.

## **Inglemoor High School Lil Viks Summer Cheer Camp**

DATE: Wednesday, June 22nd, 2022

TIME: 1-4pm

WHERE: IHS Cafeteria

AGES: Pre-Kindergarten (age 4) – 5th grade

COST: \$40

[Lil Viks Cheer Camp Registration](#)

## INGLEMOOR BOYS BASKETBALL CAMP

Who: Boys incoming 6th-9th grade

When: June 20-23, 2022

Where: Inglemoor High School

Cost: \$60 includes t-shirt (before June 1)

[Inglemoor Boys Basketball Camp Registration](#)

## Free Day Camp in Kenmore

Offered in partnership with the City of Kenmore and Northshore Schools, the Y's summer day camp programs at Kenmore Elementary (incoming Kindergarteners) and Swamp Creek Park (1st - 5th grade) are offered free to local families.

[Summer Camp Information and Registration](#)

## Champions Before and After School Care



Give your child a creative space to discover what they love, be original, and build friendships! We currently have space before or after school for children

in grades K - 5 at Arrowhead. We partner with schools to complement the learning they offer with our own robust curriculum for elementary schoolers.

Our programs take extra special care of hearts and minds, and give kids a safe space to do what they do best – be kids!

Ready to Join? Go to [discoverchampions.com](https://discoverchampions.com), or email John Hannay, site Director at [john.hannay@discoverchampions.com](mailto:john.hannay@discoverchampions.com) with any questions.



### **End of Year and Planning for Next Year**

Planning has begun for summer closure of the health room and preparing for next year's incoming students with health concerns. Please note the following:

### **Medications and Medication Pick Up:**

Medications your child may have leftover at school will need to get home in a safe manner. **Please make arrangements to pick up any medication(s) at school before the last day of school on June 17, 2022.**

- Any medications left at Arrowhead after Friday, June 17 at noon will be destroyed (includes emergency medications for seizures, diabetes, EPI Pens, as well as daily and as needed medications).
- Please note that all medications except inhalers, must be picked up by an adult.
- Non-emergency medications can be picked up from 8:30am – 3:30 pm the week of June 13 – 17, 2022. Contact me if other pickup arrangements need to be made.

If your child needs to take medication during school hours next year, please have your healthcare provider complete a Medication Authorization Form before school starts in the fall. Bring the completed medication authorization and medication in a properly labeled, original container when school begins in the fall. Forms are available on Arrowhead and District websites or by contacting the school nurse:

<https://www.nsd.org/schools/get-started/health-services/forms-for-health>

### **Life Threatening Medications:**

Students who have Life Threatening Conditions will need to make plans over the summer to have Emergency Medications with physician's orders at school and ready *before the first day of school*. **Letters will be sent home in June for those students who currently have Emergency Care Plans in place and will include all necessary forms to be completed for next fall.** Please contact me if you need assistance with forms or have questions.

**\*\*Note: all medication and health planning documents for next year will be sent home via USPS. If you would also like an electronic copy, please email Nurse Anne. Many forms are fillable online.**

### **Immunizations for 2022- 2023**

Please make sure student immunizations are up to date and on file in the Health Room. If you have an incoming Kindergarten student, all the required vaccines for Kindergarten (age 5), must be completed before the first day of school. Doctors' offices and clinics are very busy right before school starts; please schedule any needed appointments early in summer to avoid any delay in starting school.

**For complete vaccine requirement information go to:**

- <http://www.doh.wa.gov/CommunityandEnvironment/Schools/Immunization/VaccineRequirements>)
- <https://resources.finalsite.net/images/v1644875581/nsdorg/lxraz9kdq3ylapz43d4y/Immunization-Requirements.pdf>

I will be working in the health room starting August 23<sup>rd</sup> (Non-student days) and will be available to drop off medications/physician orders or review emergency care plans for students with life threatening conditions or address any other parent concerns. Parents are welcome to call ahead to check scheduling drop offs, 425-408-4006 or [ajanssen@nsd.org](mailto:ajanssen@nsd.org). Medication/physician orders can also be faxed ahead to 425-408-4002, Attention: School Nurse. Please be sure physician medication authorizations are written for the "2022-23 school year" or are dated after August 1st, 2022.

### **COVID Updates:**

The risk of exposure to COVID-19 is higher than a month ago, both within schools and in the community. Public Health has been *recommending* wearing masks in indoor public settings and other prevention measures, particularly since we have reached Medium Community levels of transmission and are experiencing cluster cases in some instances.

Each family needs to weigh the risks and benefits of wearing masks for their children, but at this time, parents should know that the risk of getting COVID-19 has been on the rise the past few weeks. Those with underlying health concerns or who are immunocompromised should consider wearing masks at this time. Here are some tips for your family from Public Health - Seattle & King County, which is a helpful resource for parents and school staff re: COVID-19:

<https://publichealthinsider.com/2022/05/24/with-covid-rates-high-what-parents-need-to-know-about-masking-and-testing/?fbclid=IwAR2-jWuEFDLDIL456xuaEHpArulhzhv040qena7ME29B-3EL7cSjcYg3hKdo>

### **School Nurse Substitutes are Needed**

Are you a Registered Nurse who might be interested in exploring the rewards of school based nursing, supplementing work hours or simply maintaining nursing licensure credentials? We would love to discuss available opportunities as a substitute school nurse with the Northshore School District -- this is a great way to transition into community nursing with K-12 school age children.

Please contact:

Cindy Mato

Health and Nursing Supervisor

425-408-7728

[cmato@nsd.org](mailto:cmato@nsd.org)

## From the Library

Librarian Ginny Allemann  
[vallemann@nsd.org](mailto:vallemann@nsd.org)

### Summer Reading Programs

Watch for a flyer of [Summer 2022 Reading Suggestions](#) and information about [Summer Reading Programs through KCLS](#) and [local bookstores](#). As you know, it is absolutely critical that students read *daily* over the summer. Model reading and book love in your family! The public libraries are open and our local independent bookstores are great places to pop into throughout the summer! The [new Soda Float Challenge list](#) is available, too, for incoming 4th and 5th grade students.

### Final Due Date

All books will be due back by Friday, June 10, 2022. Please be sure to pay for any **lost** books. [Please contact me](#) if your student has lost a book; I'll be sending emails indicating what is still out in the next few weeks. There are no fees for overdue books– we just want them back!

Thank you for your help.

Want to check what is out or possibly overdue? Go to [Destiny Discover](#) (Library Catalog) via Clever.

Happy Reading!

Ginny Allemann

## Technology Update

STS - Amy Smith  
*School Technology Specialist*

### Summer Technology

All students who have filled out and accepted the Student Device Use Agreement will be able to keep their devices over summer.

### **Are you moving or changing schools?**

If you are moving or leaving the district, your student's device needs to be turned in to their teacher by Wednesday, June 8th. Students need to turn in the computer, charger, and bag. Families will be assessed a fine for anything not returned. If your student needs a device in class after June 8, there are daily loaner devices available.

If your student is changing schools - going to middle school or changing elementary schools within the district - they will keep their device and bring it to their new school.

### **Kindergarten/1<sup>st</sup> graders**

For families that have filled out and accepted the Student Device Use Agreement, we will be sending Kindergarten and 1<sup>st</sup> grade iPads home with students the week of June 13th. iPads that are sent home in June will need to be brought to school in the fall for

use in the classroom.

### **Hotspots**

Do you have a hotspot that is no longer being used? Please send it to school and have your student give it to their teacher.

### **Opt out of summer device?**

If you would like to opt your student out of taking their device home for the summer, please fill out this form by Friday, June 10th. All devices must be turned in by Wednesday, June 15th. <http://go.nsd.org/optout>

## **Counselor's Corner**

Jerry Abraham  
[jabraham@nsd.org](mailto:jabraham@nsd.org)  
425.408.4076

### **Free Supports and Activities to Help Kids Cope With Challenging Emotions**

With so much going on in the world today, we could all use extra support and strategies to cope with tough emotions. Whether it is a scary current event in our world or a problem in their own personal life, there are many reasons why kids might experience strong and challenging feelings. While it's true that even adults need support in coping with feelings, this is even more true for children and teens.

It's important to remember that the brains of kids are not yet developed. Science tells us the brains of children and teens are still a work in progress. Their "thinking brain," or prefrontal cortex, lags behind their "emotional brain," known as the limbic system. They can't always think through difficult situations on their own. What this means is that kids are going to need extra support, guidance, and practice managing tough emotions when they come up.

Take care and hope all is well with you and your families!

## **Coaches' Corner**

Coach Jon Byers [jbyers@nsd.org](mailto:jbyers@nsd.org)  
Coach Fernell Miller [fmiller@nsd.org](mailto:fmiller@nsd.org)  
Coach Scott Barstow [sbarstow@nsd.org](mailto:sbarstow@nsd.org)  
Coach Jerry Abraham [jabraham@nsd.org](mailto:jabraham@nsd.org)

## **Track and Field Season Wraps Up**

Fantastic season Hawks! The Hawks placed 5th overall this season with grade level finishes below:

- 3rd grade Girls - tied for 5th place.
- 4th grade Girls - 4th place.

- 5th grade Girls - 3rd place.
- 3rd grade Boys - 5th place.
- 4th grade Boys - 4th place.
- 5th grade Boys - 5th place.

Please turn in your clean track uniform shirt to the Office or Mr. Barstow.

## **GO HAWKS!!**

Coach Barstow and Coach Abraham

[sbarstow@nsd.org](mailto:sbarstow@nsd.org) [jabraham@nsd.org](mailto:jabraham@nsd.org)

Click on the [Arrowhead PE Schedule](#) and find your PE days.

*Remember to wear your activewear shoes on PE days.*

## **PTA Corner**

[ptaarrowhead.org](http://ptaarrowhead.org)

We made it through another unusual year together! A GIANT thank you to the amazing teachers and staff at Arrowhead, and all of the parents and volunteers that have given so much to our community this year. Our PTA programming included art and clay docent programs, Watch DAWGS, 20+ SEC grants, meetings and speakers, and a return to in-person events.

### **Member Survey**

**We want to hear from you!** What would you like to see from your PTA next school year? We are looking for your feedback/preferences for meetings, events, extra-curricular programming and more. Seven minutes or less. [Click here.](#)

### **Arrowhead Carnival: June 10th**

The Arrowhead Carnival Is Back! After three long years we are very excited to bring back all your favorites on Friday night, June 10th!

Planned activities include a cake walk, face painting, food trucks, games and prizes!

Just as in years past, this is an all-hands-on-deck event. Parent volunteers, as well as older siblings, neighbors and friends are welcome to participate and volunteer. We are also in need of store-bought cakes, pies and cookies for the cake walk. [Sign up here.](#)

### **Summer Events:**

Kindergarten Playdates - to be held at the Arrowhead Elementary playground

- Saturday, July 30 (10am-12pm)



- Wednesday, August 10 (10am-12pm)
- Saturday, August 20 (10am-12pm)

Community Serve Day: August 21<sup>st</sup>

- More info to come, 9am - 1pm.

## Volunteer Opportunities for 2022-23

We are actively recruiting for Event and Activity Chairs for next year! [Check out our list of positions](#) and [reach out](#) to let us know how you'd like to get involved. There is something for everybody 😊

### PTA Hot Links:

Online Program Options: <https://www.ptaarrowhead.org/activities/>

PTA chairs and open positions: <https://www.ptaarrowhead.org/officerschairs/>

SEC program summaries: <https://www.ptaarrowhead.org/sec/>

**Highlights newsletter:** Want to receive our newsletter? Sign up via our website [here](#). Current distribution is 2-3 times per month.

**Not a member, yet?** Visit our webpage to join: [ptaarrowhead.org](http://ptaarrowhead.org)

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## Staff News

### Retirees

Mrs. Pearl Stokes, Paraeducator

I've been here at Arrowhead for about 20 years.

I don't want to get mushy but I will really miss the staff I've had the privilege of working with over the many years. I had amazing and supportive SPED teachers who have helped me grow as a paraeducator. They've been the best! The program has changed over the years and now I work outside of our room more. This has afforded me more interaction with our wonderful teachers (mostly in primary classes). The non-teaching staff are also so wonderful. I think anyone who gets to work at Arrowhead is really lucky...it is a very special place.

As for the future, I've been looking forward to retirement. I don't have immediate plans but I hope to unwind, catch up on some projects, visit with family more, dabble in watercolor and maybe toss in some travel.

It has been an adventure in education and I'm grateful to everyone who has helped me grow over the years.

I miss you already!

---

Mrs. Chris Carey, Paraeducator

Leaving Arrowhead is so bittersweet for me! I started being a "regular" here in 1994, when my daughter Kelsey started Kindergarten. Then came son Nick to Kindergarten in 1997 and later I was on the PTA board for years. In 2001, right after 9-11, I started working here as the math LAP. With the exception of 1 ½ years at Kenmore Junior High in Special Ed, when the math LAP program went away at AH, I've been here - I count 20 years.

It's hard to say what I will miss most - I love the work with these amazing students, the fact that no two days are the same and definitely working with wonderful staff. Arrowhead feels like home to me.

In retirement I want to volunteer at the Woodland Park Zoo and maybe right here at AH! My family and I have plans to travel to Ireland and Scotland this summer and my travel bucket list includes: Spain, Greece, Italy again for sure. I guess I have no excuses not to learn to golf...been putting that off for too long. Time to enjoy family and friends and see where the next adventure takes me.

**Staff Not Returning**

Mrs. Bejdo, Kindergarten

This is my second-year teaching kindergarten at Arrowhead. What I will miss most about Arrowhead is working with awesome friends that I made here and watching my students grow. I look forward to finishing my doctorate and seeing where my journey of advocating for multilingual students will take me. I am also looking forward to building community at Kokanee.

Mr. Byers, PE Specialist

It's been a great 3 years at Arrowhead and in this community. I wish everyone the best this summer and in the future.

Mrs. Knapp, 3rd Grade

I have been at Arrowhead for 5 years. Things I will miss most about Arrowhead are the funny, bright, and kind students, working with an inspiring group of educators, and working with the JEDI club.

My next adventure is teaching first grade at Challenger Elementary in Mukilteo and I look forward to joining that team and being close to home.

Ingrid Walerius, K-1 Mid-Level Blended

It's been an incredible 2 years at Arrowhead. What I will miss most is the feeling of being part of a family. I look forward to meeting new students at Cottage Lake.

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Mrs. Hajra Azhar, Paraeducator

It's been 4 amazing years at Arrowhead. I will surely miss everything about AH. From all those chats with staff while working in the workroom to listening and watching all the beautiful kids in the playground. It has been terrific to have such a wonderful team member to work with every day. I look forward to a new adventures in Education as a student while working in the Northshore School District.



**Thank you Volunteers!**

Kindness Connects Us

**Thank you from the bottom of our hearts to PTA and all of our incredible volunteers who have helped our students grow and enriched our classrooms in so many ways this year. We love you.**

**Art Docent Volunteers**

We are thrilled to have Art Docents back in our classrooms teaching our students the principles of art and encouraging their creativity with wonderful projects!

**Library Weekly Volunteers**

Our amazing Library volunteers keep the Library humming, checking books in and out, and helping students find their just right book.

**Field Trip Chaperones**

Field Trips would not be possible without the time and patience of our wonderful field trip chaperones.

**WATCH D.O.G.S.**

Thank you for sharing your time and providing a positive and safe environment for our students.

***We are so grateful to PTA and this amazing community for their continued generosity, partnership, and support lifting us all!***

### School Start and Dismissal Times Announced for 2022-2023 School Year

Adjustments have been announced to the start and dismissal times for 14 schools in the fall. To the impacted schools, the changes will be a 5- or 10-minute shift to allow all schools to align with the Northshore School Board resolution that no school begins before 8:00 a.m. or ends after 4:00 p.m. These changes are a final step to accomplish that goal.

**[View the Start & Dismissal Times web page](#)** for a full list of school hours.

Arrowhead Hawks Soar by being  
Safe, Kind, and Responsible



Arrowhead Elementary  
6725 NE Arrowhead Drive  
Kenmore, WA 98028

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Website: [arrowhead.nsd.org](http://arrowhead.nsd.org)