



Panther Points

(Week of February 11, 2019)

@GoQLMS

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General Announcements

This week students will be on the following class schedule:

Monday (B) Tuesday (A Day) / Wednesday (B Day) / Thursday (A Day) / Friday (B Day)

Registration Night...It is hard to believe, but schools are already starting the process of registering students for the upcoming school year! It is for that reason that we are inviting parents to attend our upcoming **Parent Registration Night**. The rising 6th grade session (for parents of current 5th graders) will be held in the QLMS cafeteria on Tuesday, February 12 from 6:00 – 6:45 p.m. and the rising 7th and 8th session (for parents of current 6th and 7th graders) will also take place in the cafeteria on the same evening and is scheduled from 7:00 – 7:45 p.m.

Nurse's News...Help prevent sickness. As we move into cold and flu season, here are a few simple steps to help stop the spread of germs:

- Cover your mouth/nose with a tissue when you cough or sneeze.
- Put used tissue in the waste basket.
- No tissue? Cough or sneeze into your sleeve or elbow – NOT YOUR HANDS!!
- Wash your hands OFTEN with soap and water for 20 seconds. Dry thoroughly.
- No soap and water? Use alcohol-based hand rub.

Fun Fact - Some germs can last on hands and surfaces (such as table tops, door knobs, computer keys, phones) for two hours.

Food Pantry...Are you interested in supporting our food pantry? If so, please see the information below. Contributions can be brought to the main office throughout the school day and if you need additional help, please contact the guidance office at (757) 220-4099.

- 1) Click this link to see our Sign-Ups on SignUp.com: <http://signup.com/go/fELMuLa>
- 2) Review the Sign-Ups listed and choose the one(s) you like.
- 3) Sign up! It's Easy - you will NOT need to register an account or keep a password on SignUp.com.

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact me and I can sign you up manually.

PTA News

Board Members...We are in need of PTA board members for the next school year. All positions are available: President, President Elect, Vice President, Treasurer, and Secretary. If you are interested, please click on the link below to visit the PTA website.

WATCH D.O.G.S...The sign-up for the WATCH D.O.G.S. program is now online. That's right, QLMS dads, stepdads, uncles, grandpas, and other positive male role models, now you can register, order, and pay for your official WATCH DOGS t-shirt and sign up to volunteer – all online! So far, **45** father figures are registered WATCH DOGS at QLMS and **8** have volunteered. We need **YOU** to join our Heroes of the Hallway. You can either spend a full day **OR** just a few hours in the morning, during lunch, or in the afternoon. Thanks for volunteering as a WATCH DOG and making QLMS a place where the whole family can take ownership! Click [HERE](#) to Get Involved!

Athletics

Attention Athletes...Softball tryouts will begin on Wednesday, February 20 after school from 3:00-5:00 p.m. Volleyball will be holding open gyms at QL on Tuesdays and Fridays starting Tuesday, March 12 5:45-7:45p.m. Queens Lake's Football team will begin conditioning on Wednesday, February 13. Conditioning will be every Wednesday after school from 3:00 - 4:00 p.m. The after school bus will be available for anyone needing a ride home. As a reminder, all athletes must have a completed VHSL physical on file for the current school year in order to participate in any tryouts, open gyms or conditioning practices. Copies of the form can be found in the main office or [online](#).

Upcoming Events

Date	Event	Time	Location
02/11/19	PTA Reflections Awards Ceremony	6:00 p.m.	Library
	PTA Meeting (following ceremony)		
02/12/19	Registration Night	Cafeteria	6:00 – 8:00 p.m.
	Rising 6 th Grade Registration Meeting		6:00 – 6:45 p.m.
	Rising 7/8 th Grade Registration Meeting		7:00 – 7:45 p.m.

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