

To: ADL Students and Families

Athletics will look a lot different this year at ADL. Soccer, field hockey, and cross country's season will also be somewhat of a moving target. Decisions made today could possibly change tomorrow depending on state, district, and school guidelines for the best way to move forward. This means that information written below such as sign-up dates, practice schedules, and games schedules could change as we get new guidance. We are asking for everyone to be patient with this process, and to know that our goal is exactly the same as yours. We want our students to continue to have the opportunity to be involved in sports. The current plans for the fall season are as follows:

Signups

- Will take place the week of 9/8
- This will take place during Phys Ed classes.
- Fully Remote learning students may sign up for athletics by email:kbarber@ewsd.org

Athlete Requirements

- The interscholastic permission form
 - Can be found online, <https://www.ewsd.org/Page/4344>
 - Will be given to students at sign ups
- Well Exam form
 - This requirement has moved from every 2 years to every three years
 - All athletes that were in compliance with this requirement last year will automatically be in compliance with this requirement this year
 - This form can be found online, <https://www.ewsd.org/Page/4345> or can be given to students at sign up

Practice

- Will begin 9/14 Will run from 3:30-5:00
- Athletes in the Monday/Tuesday cohort will practice on Monday/Tuesday only
- Athletes in the Thursday/Friday cohort will practice on Thursday/Friday only
- There will be no practice on Wednesday
- Athletes will not have access to locker rooms
- Changing for practice will be in designated core team bathrooms in school.
- We are working on the procedure for access to school bathrooms if needed during practice to support health and safety guidelines.
- Athletes will not have access to building after 3:45
- Athletes will leave directly after practice by walking around the school

Teams

- Any student (6th-8th grade) wanting to participate in fall athletics will be able to participate on their cohort days throughout the season.
- Fully remote learners will attend either Monday/Tuesday or Thursday/Friday practice days.
 - This will be assigned by ADL Coaches will select athletes to play in the interscholastic games.
- 8th grade students will make these teams up.
- If there are not enough 8th grade students to form a team, 7th grade students will be selected.
- Boys' soccer, girls' soccer and field hockey will have 1 team with 20 players
- Cross country will race with no more than 15 girls and 15 boys

Games/Meets

- Games and meets will be on the following Saturdays 10/3, 10/10, 10/17, 10/24. See schedules below.
- **There will be no access to the school on game days at this time.**

Transportation

- Students will ride to games on buses
- District protocols will be followed for travel
- Athletes may ride home with parent/guardian
- Athletes should not ride home with other families

Spectators

- At the current time events may have no more than 150 people in attendance
- Each athlete may have two spectators at each game, and we ask that these spectators are immediate family members only.

***This is an important requirement. If we have more than 150 people at an event, we will need to shut the event down, and may need to stop the season. This is not something we want to do, so we are asking for your help with this.**

- Spectators are required to stand 6 feet away from any non-household members.

- **Safety Protocols**
- Athletics Daily Health Screenings: ALL student athletes will be required to complete the daily health questionnaire AND have their temperature checked. For most, the questionnaire and temperature check will take place before they attend in-person schooling.
- The nurse, administrators and I are working out the details of temperature checks for students learning remotely and Saturdays.
- Any person with positive symptoms reported and/or a temperature of 100.4 degrees Fahrenheit shall not be allowed to take part in team activities and must be sent home immediately (parent/guardian will be contacted to transport). Symptomatic persons must self-isolate at home and contact their primary care provider or other appropriate health care professional. If the symptomatic person later tests positive, contact tracing will be done with anyone who has been within 6 feet of that person for 15 minutes or longer. Those people then have to quarantine for 7-14 days.
- Facial coverings are required to be worn by all players, coaches, officials, staff and spectators at all times, including during active play. An exception is provided for participants in cross country running - both practice sessions and interscholastic meets - so long as physical distancing is maintained between individuals.

Thank you for reading. We are looking forward to having our athletes back on the fields.

Sincerely,

Kevin Barber

ADL Athletic Director

SCHEDULE

BOYS SOCCER

Date	Opponent	Location	Time	
10/3	EMS	@EMS	10:00	
10/10	Tuttle	@ADL	10:00	
10/17	Colchester	@Colchester	10:00	
10/24	EMS	@ADL	10:00	

GIRLS SOCCER

Date	Opponent	Location	Time	
10/3	EMS	@ADL	10:00	
10/10	Tuttle	@Tuttle	10:00	
10/17	Colchester	@ADL	10:00	
10/24	EMS	@EMS	10:00	

FIELD HOCKEY

Date	Opponent	Location	Time	
10/3	EMS	@EMS	10:00	
10/10	Tuttle	@ADL	10:00	

10/17	Colchester	@Colchester	10:00	
10/24	EMS	@ADL	10:00	

CROSS COUNTRY

Date	Opponent	Location	Time	
10/3	EMS	@ADL	10:00	
10/10	EMS	@EMS	10:00	
10/17	EMS	@ADL	10:00	
10/24	EMS	@EMS	10:00	