

Alpha Hart Lewis
5801 Arbor Pointe
Parkway
Columbia, MO 65202
Phone: 573-214-3200

Husky Herald

Alpha Hart Lewis Elementary

November 2017

Letter from the Principal

Upcoming Dates:

NO SCHOOL Nov. 22-
Nov. 24

Culver's Night Nov.
28

Last Saturday
School Dec. 2

Math Night Dec. 14

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Thank you for joining us at parent teacher conferences. We value your support in participating in your child's education. If you missed your parent teacher conference please make sure to contact your child's teacher to reschedule. Our goal for 100% participation with this process. This says to our students that the partnership between home and school is strong. At home please find some time to talk to your child about his/her recent report card grades and praise him/her for working hard along with supporting him/her with any challenges he/she may have faced during the first grading period. Studies have shown that students with parents who are involved in their school tend to have fewer behavioral problems and better academic performance, and are more likely to complete high school than students whose parents are not involved in their school.

With the holiday season coming up it is a perfect time to think about all we are grateful for. I am grateful to be at Alpha Hart Lewis Elementary School surrounded by: a staff that is dedicated to each and every AHL School student, students that are Kind, curious, and eager to learn, and parents/families that are supportive and ready and willing to help our school. AHL School is a wonderful place to be!

There will be no school on November 22, 23, 24th for the Thanksgiving break holiday. I wish everyone a wonderful Thanksgiving with their families and loved ones.

Sincerely,
Michelle Holz

Watch DOGS' Dispatch

As we proceed through Thanksgiving, taking a moment to give thanks is important. For Watch D.O.G.S., we also would like to give thanks:

THANKS for having a program like Watch D.O.G.S. (aka Dads of Great Students), where us male role models in the family can volunteer in a meaningful way at the school.

THANKS to the AHL administration and office staff for their support of the program.

THANKS to the AHL teachers and staff who work tirelessly to lead our kids in their education and growth, while keeping them safe.

and especially, THANKS to you, the D.O.G.S. that have volunteered already or who are planning to volunteer. Remember, not only is it the opportunity for your family member, but also the numerous other students you will interact with during your time.

As of parent/teacher conferences, Watch D.O.G.S. have volunteered approximately 32 hours. Don't forget to sign the volunteer log so the school gets credit for the hours, and please review your schedules and consider volunteering a day. To volunteer, please call the office and let them know when you are able to volunteer. If you have questions about the program and the benefits of participating, please either visit the program's website (www.fathers.com/watchdogs/) or contact this year's Top Dog volunteers.

Sincerely,

Jason Mooney; mooneyjason@yahoo.com, 573-268-7932

Phil Sarff; pmsarff42@gmail.com, 573-999-7542



Counselor's Corner

Being a parent is the hardest job you'll ever have, but it can also be the most awesome, rewarding job ever! As educators, we consider you to be your child's first teacher and a valuable partner in his/her education. As parents ourselves (many of us), we also know that it's a busy time of year. Here at AHL teachers and staff have been meeting with parents during Parent/Teacher conferences. If you haven't had a chance to visit with your child's teacher, we would encourage you to email, call or stop by for a visit. We would love the opportunity to visit with you about your child. Studies show over and over that children do better in school when their parents are involved in their education. There is so much parenting information out there that sometimes it's hard to know what to do to be involved. So let's keep it simple....here are five things you can do that are guaranteed to make a difference in your child's school experience:

1. **READ-** Read to your child, read with your child, take your child to the library and let them choose books that interest them (and you!)
2. **Routine-** Have a routine at home that encourages study time, have an appropriate bedtime and try to have meals together as much as possible.
3. **Screens-** Limit them - especially through the school week. Whether it is a TV, a video game, a computer or a phone, limit the amount of time your child spends staring at that screen, and encourage other activities.
4. **Talk-** Ask your child questions about his/her day and set goals together. Have high expectations of your child and talk with your child about those goals and how things are going in school.
5. **Partner-** Stay in communication with your child's teacher. Let the teacher know of changes at home that might affect learning and let your child know that you and the teacher are working as a team to provide the best learning environment for your child.

And lastly, did you know that there are 9 minutes of the day that can make all the difference in your child's life?

- The first 3 minutes after children wake up and see you.
- The first 3 minutes after coming home for the day.
- The last 3 minutes of the day before they go to bed.

Turn those minutes into warm, happy moments for your child!

As the counselor at AHL, I will be available if you have any questions about your child and how you can be more involved. Call 573-214-3200 if you would like to schedule a time to talk with me, or feel free to drop by my office to say hello!

Anita Ellis
aellis@cpskl2.org

Terry Baker
thbaker@cpskl2.org

Music Notes

Another month has come and gone! Kindergarten has been exploring sounds that are high and sounds that are low by using classroom glockenspiels and raising and lowering their hands according to what they hear. First grade has begun playing accompaniments on the classroom instruments while other classmates sing. Second grade has begun focusing on how to move around to different lines and spaces of the staff. Third grade just experienced an orchestra concert and learned about the four instrument families. Fourth grade has begun moving into multi-part instrumentation and implementing it into performances in the classroom. Fifth grade has begun taking steps into the world of the Recorder. So much has been going on! I am encouraged and looking forward to continue this musical adventure! Also, Husky Harmony will have our big winter concert on December 7, 2017! Keep your eyes peeled for more information soon to come! Sing on!

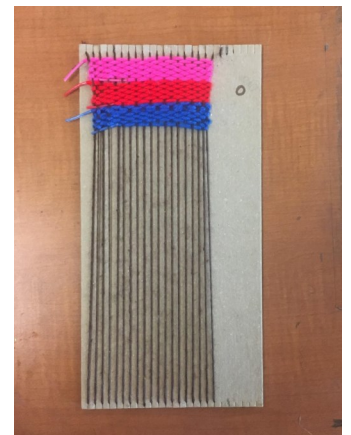
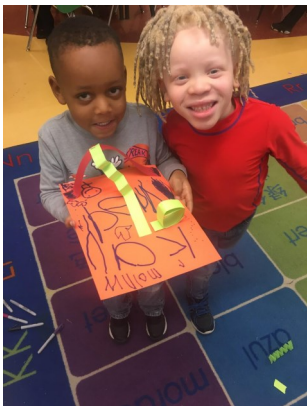


Updates from Art

Hello from the Art Room!

We've been working hard on our weaving-based projects for November! Our second through fifth grade students are studying the weaving patterns and traditions of the Navajo people. They've been using paper and yarn to create patterns, focusing on symmetry and weaving techniques. Our kinders and first graders have been using paper to create landscapes, and making portraits of people they are thankful for. Art club is in its second rotation of students and we are having a blast weaving with yarn and working on our drawing skills. It's been a fun month so far! We are excited to continue making work for the rest of the semester. Come on by if you're ever at Alpha and want to create with us!

Pictured below: LaJourneis Straughter and Kayden Brown from kindergarten Team Hardy holding their paper landscape; a paper landscape by Ka'Lajon Peal and Kyler Tobin in Mrs. Jeffries' first grade class, symmetrical paper "blankets" by Kaedon Johnson, Jakobi Laboy, and Donovan Hayes in Mrs. Wright's third grade class, and a weaving project from Mrs. Phillips' 4th grade class.



Hello, and greetings from Coach Shoemaker!

The month of November was our month for gymnastics in P.E. Kindergarten 1st, and 2nd grade learned and practiced the five different types of moves taught in gymnastics. These five moves are rolls, balances, animal walks, cartwheels, and stunts. Grades 3, 4, and 5 reviewed the moves within these five categories and then students were able to create their own free flowing routine. The routine just had to include one move from each of the five categories. It was great to see students using creativity and team work in the construction of their routines.

Next month, students in grades K, 1, and 2 will begin striking with body parts and implements. Students will start with easier objects like balloons then move forward to objects that move quicker. Grades 3, 4, and 5 will begin their volleyball unit. They will practice striking with volleyball specific skills.

A reminder that AHL Running club started November 2, 2017. Running club is on Tuesdays and Thursdays at 7:30 a.m. in the gym. Students with a signed permission slip are welcome to participate. If you are still interested in signing up, stop by the gym for a permission slip. The final day of running club for this season will be December 14.

Stay active!

Coach Shoemaker

PTA Page

Happy Fall to all our Husky families. Trunk n Treat/Chili Supper was a huge success. It was amazing to see all the families that got out in the cold to participate in our Trunk n Treat/Chili Supper. PTA was also busy during conferences providing meals to the teachers. This allows teachers to not worry about preparing meals to have during their short breaks between conferences. PTA was able to show our support for our teachers by providing a meal from Como Smoke & Fire and chili and hotdogs. Thanks to all the families that were able to attend conferences. This is a outstanding way to show the school, teacher, and your child that you support the great things going on at AHL.

Our next fundraiser starts Friday, January 5th through Friday, January 19th. This will be our Little Caesars Pizza Kit Fundraiser. Your child will have the opportunity to sell yummy pizza kits. More information to come about this next month.

Next PTA meeting is Tuesday, January 9th at 6:00 pm in the Media Center. A meal and child-care will be provided for families that attend. We need your help in making decisions. Hope to see you there.

Below are some important dates to remember:

PTA Meeting Dates: January 9th, March 13th, and May 8th. All meetings start at 6:00 in the Media Center.

January 5th-January 19th Little Caesar's Pizza Kit Fundraiser

April 27th Spring Carnival. More fun events and dates to come.

Media Center Minutes



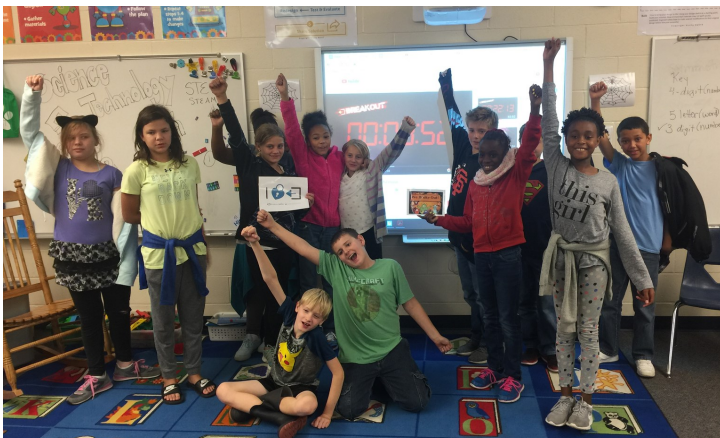
The Media Center has been rocking! We've done some rearranging and added some flexible, comfy seating. The kids are loving it! We recently completed our first book fair of the year, which was very successful! Thank you to everyone for your support. The book fair allows us to purchase new books throughout the year and other resources to support classrooms.

Media class has been typing away! Mrs. Martin has been

working hard with students on proper typing skills and hand placement on the keyboard.



The Make Tank has been busy "breaking out"! Breakouts are a game that will have your students thinking critically, problem-solving, troubleshooting, working collaboratively and having so much fun they won't even realize how much they are using their brains! Students use clues to find answers that unlock combination, word, and key locks to finally

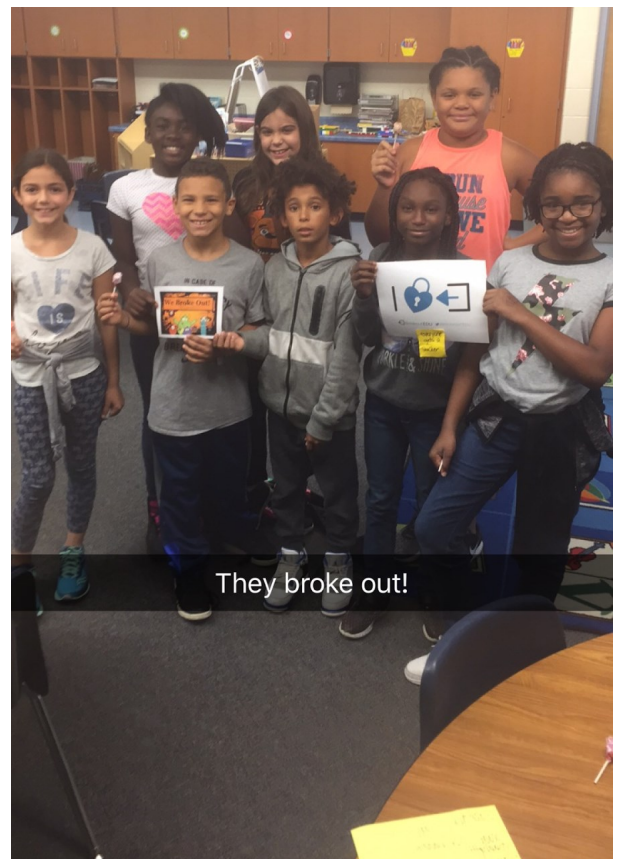


break out! This is all done in 45 minutes or less. The next book fair will be during parent/teacher

conferences in February.



Mrs. Sarff- Media Specialist
Mrs. Martin- Media class teacher
Mrs. Besaw- Library clerk



They broke out!

News from the Nurse

Flu season is around the corner! Protect yourself and your family this season with an annual flu vaccine for everyone in your family age 6 months and older. While the timing of flu season is unpredictable, seasonal flu activity can begin as early as October and last as late as May. The CDC recommends that people get vaccinated by the end of October, if possible. It takes about two weeks after vaccination for antibodies to develop in the body that protect against influenza virus infection. You have the power to protect your family against flu this season. Fight the flu. Contact the Health Dept. or your doctor to receive your flu shot.

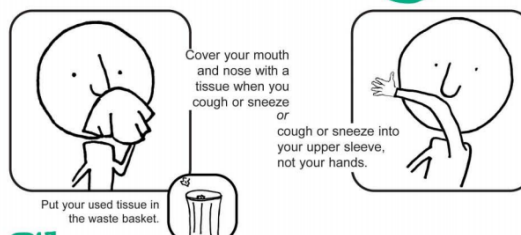


The following chart may be helpful in comparing the symptoms of the common cold and seasonal flu. This information is from the CDC and The Children's Hospital in Denver.

	<u>Influenza Symptoms</u>	<u>Cold Symptoms</u>
Onset	Sudden	Gradual
Fever	High	None to low grade
Fatigue	Severe	Mild
Cough	Severe	Mild to moderate
Throat	Sore	May be sore
Headache	Achy	None
Appetite	Decreased	May be decreased
Muscles	Achy	No aches
Chills	Yes	None
Stuffy, runny nose	Sometimes	Common
Complications	Bronchitis/ Pneumonia	Earache/Sinus infection
Prevention	Annual Vaccine	Good hygiene
Treatment	Anti-viral drug 24-48 hours	Symptomatic relief

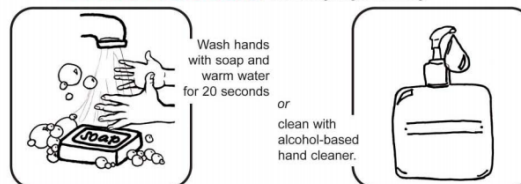
Stop the spread of germs that make you and others sick!

Cover your Cough

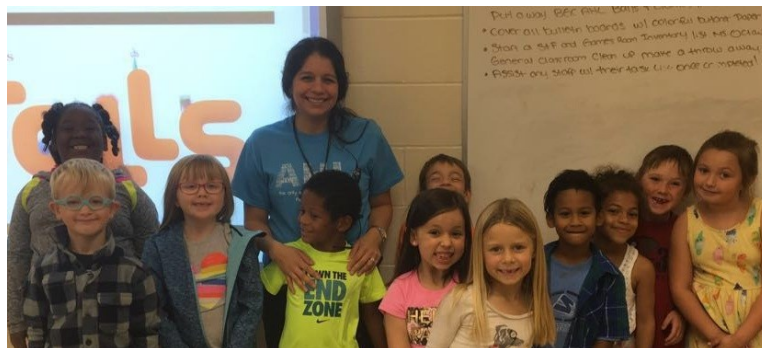


Clean your Hands

after coughing or sneezing.



October Games with



Games with the Principal participants are selected using our Awesome Alphas. Students are recognized throughout the month with these tickets by any adult in the building who sees the student meeting our school-wide expectations of being safe, respectful, responsible learners.



Hardy

Tyson Christopher
Brody Kuhn
LAJourneis Straughter

Jenkins

Mariah Malone
Kynzei Ashcraft
Emily Cecora

Mangnall

Destiny Sweet
A'mya Williams
Nehemiah Briggs

Souther

Angela Watkins
Layndin Phillippe
Makayla Adjokatcher

Bare

Tanija Hayes
Josh Schneider
Savannah McLeland

Schilb

James Richardson
Greenly Paver
Jordan McDow

Jeffries

Me'Aira Martin
Stephen Masasy
Jacob White

Lawrence

Hunter Weil
Liam Reeder
Violet Bedford

Caldwell

Ayden Hacker
Carlie Hicks
Malaki Enrhardt

Groves

Gavin Hinson
Jamarley Marteen
Zane Dennis

Halbrook

Temple
Aleah Horn
Layne Reeder
Jayden Bell

Stith

McKayla Singleton
Amora Stapleton
Olivia Christopher

Wegner

Becca Dinwiddie
Marissa Cruz
Kyra MCCarey

Wright

Dylan Caton
Alessa Lensor
Ebony Bell

Buxton

Jamariyee Harrell
Annabelle Enyart
Jamilah Marteen

Phillips

Eric Jackson
Reece Clifton
Luis Macias-Yanez

Yranicar

Maia Sweet
Ray Steele
Makaylee Newsom

Bausman

Piper Johnson
Kelsey Botkins
Noah Sill

Hamilton

Khayden Clark
Ashtyn Day
Catherine Sargent

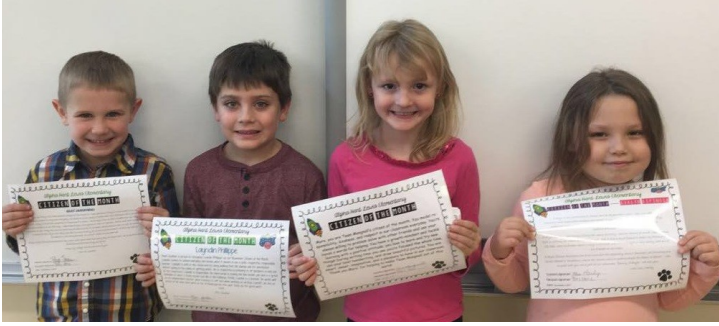
Romei

Rebecca Roop
Vershawn Chatman
Ella Tapia

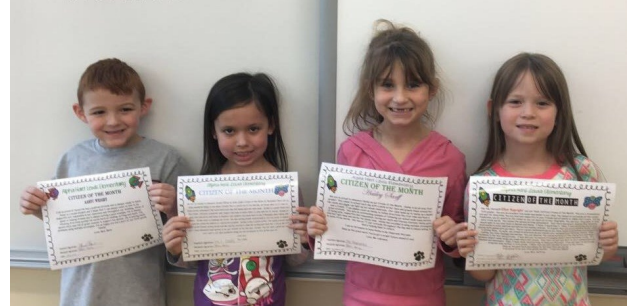
Geha

Aaniya Harris
Kaitlyn Stafford
Hannah Phillippe

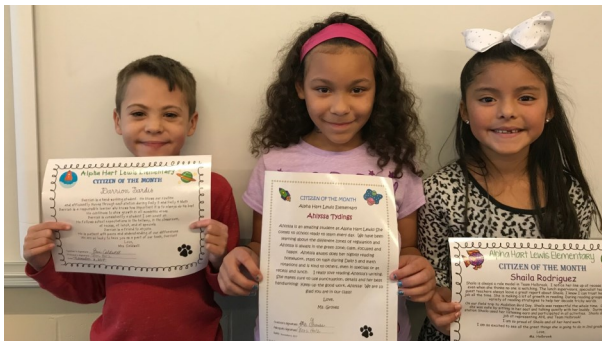
October Citizen of the Month



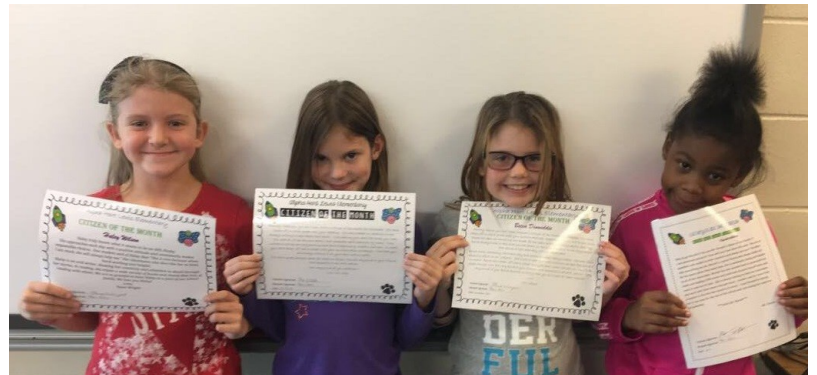
Riley Jasenowski, Layndin Phillippe, Myra Curry, Evalyn Espinosa
Kindergarten



Aaryc Wright, Jordan McDow, Hailey Sarff, Ellyn Rupright



Darrion Sardis, Ahlyssa Tydings, Shalia Rodriguez
Second Grade

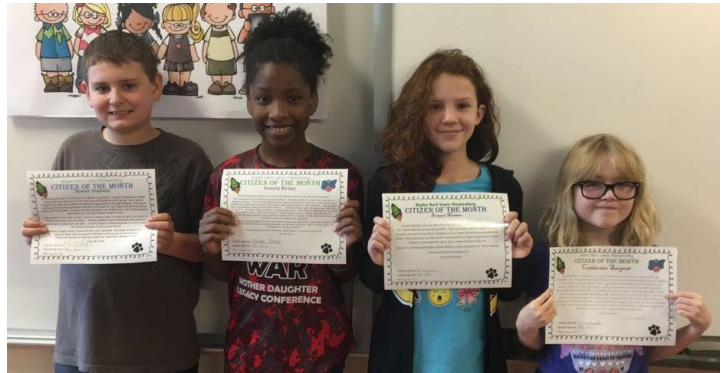


Haley Wilson, Addison Bond, Becca Dinwiddie, Myriah Williams

Third Grade



Jamilah Marteen, Kylie Carmona, Gianni LaBoy
Fourth Grade



Konrad Stephens, Ameesha Marteen, Browynn Martinez, Catherine Sargent

Fifth Grade