## HICKMAN ANNOUNCEMENTS FRIDAY, APRIL 17, 2020

Hickman faculty and staff really miss our Kewpies and their families and we hope you are doing well.

### WORDS CAN GO WHERE ARMS AND HUGS AND HEARTS CAN'T!

Here are some fun daily quarantine questions you can ask yourself:

- 1. What am I grateful for today?
- 2. Who am I checking in on and interacting with today?
- 3. What beauty or art am I creating or appreciating today?
- 4. How am I moving my body today for exercise?
- 5. Have I been outside in nature yet today?
- 6. What expectations of normal am I letting go of today, and what am I doing instead?

### **CONGRATULATIONS!**

Jason Stephen

He is a 2020 Scholastic Art & Writing Awards National Medalists!

Hickman High School has four new doctors on staff:
Dr. Tony Gragnani, Principal
Dr. Atah Knighten, Dean of Students A-K
Dr. Susan Matthews, Director of Counseling
Dr. Andrew McCarthy, Assistant Principal, Student Services
Please congratulate them on their hard work in defending their dissertations.



If you are interested in trying out to be a **Hickman Cheerleader**, please fill out the following Google Form (link below) by Friday, 4/17/2020 @ 5:00 pm. Due to COVID-19, our tryout process will be completely online. Once we receive your application, we will send more information to you regarding the process and due dates. Please email Coach Molly Lyman with questions. mlyman@cpsk12.org

If you are interested in trying out to be a **Hickman Dancer** for the 2020-2021 school year, please fill out the following Google Form (link below) by Friday, 4/17/2020 @ 5:00 pm. Due to COVID-19, our tryout process will be completely online. Once we receive your application, we will send more information to you regarding the process and due dates. Please email Coach Sammy Weise with questions. <a href="mailto:kewpiedance@gmail.com">kewpiedance@gmail.com</a>



https://forms.gle/2fK7wxBPFt4ANd1p6

# CLUBS AND SPORTS CAN ZOOM MEET WITH THEIR SPONSORS/COACHES ON FRIDAYS!

HOPE Club plans to have a Zoom meeting every Friday at 1pm for some fun, community updates, and more. Email Ms. Hogan (<a href="mailto:rhogan@cpsk12.org">rhogan@cpsk12.org</a>) or Ms. McMahon (<a href="mailto:rhogan@cpsk12.org">mmcmahon@cpsk12.org</a>) for more information. Be on the lookout for more information about our new Instagram account! Everyone be safe and healthy!

**Zombie Defense League** Members: Please join the ZDL Schoology Group. We are trying to organize some virtual ZDL meetings. We also need to talk about officer elections for next year.

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And the people stayed home, and read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still. And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And people began to think differently.

And people healed. And, in the absence of people living in ignorant dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed. ---Kitty O'Meara

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#### **News from the LMC**

- Author Virtual Festivals and Instagram Q&As SO MANY AUTHORS!!
- Listen to our First Chapter Friday book!
- Who will win the next Guessing Jar?
- All sorts of ideas to do from home...we miss you!

• Self-paced American Sign Language course available in Schoology – take it for fun! For more news from the LMC, go to <a href="https://www.smore.com/nhc8y">https://www.smore.com/nhc8y</a>

### **TEAM LMC**

**Hickman High School** 

The following link is invaluable in letting you know what is happening as we go forward with no school. The site is full of information that you may find useful.

The Hickman COVID link found on the front page of the <u>Hickman website</u> will be your greatest source of information.