PARENT SESSION 1: The Power of Parents

- Personalize the risks that your teen faces
- Describe what you can do to help your teen make healthy decisions
- Identify strategies for talking with your teen about relationships and sex
- Practice talking with your teen through role-play with other parents
- Prepare for talking with your teen

PARENT SESSION 2: Parenting Our Teens

- Reflect on your experience talking with your teen
- Identify strategies for monitoring your teen
- Review a list of health care providers to plan for your teen’s preventive health care
- Practice talking with your teen about challenging topics

Date: March 26, 2019  
Time: 5:30 pm – 7:00 pm  
Location: Wood MS rm. B1107

Call Ms. Morris at (210) 356-6261 to register for the class

Date: April 2, 2019  
Time: 5:30 pm – 7:00 pm  
Location: Wood MS rm. B1107

Call Ms. Morris at (210) 356-6261 to register for the class

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