



HCS_ECHS



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**HCS Early College
High School
@HCSECHS**

Website:

EC.HORRYCOUNTYSCHOOLS.NET

Week of October 22-26

From Principal Fleming:

We had an awesome week honoring and remembering Breast Cancer Survivors and does who have lost the battle. On Friday, we wore [#BLUEUP to STOMP OUT BULLYING](#). Please remind your students, it is never okay to bullying someone or to observe bullying and not take a stand or notify someone of the incident. We strive to make sure everyone has a BULLY Free Learning Environment at [ECHS](#).

Next week we kick off [RED RIBBON WEEK](#). We will have activities for each day of the week from 10/23 - 10/31. Please remind your student to participate each day to take a stand against drugs.

We are the interim mark for grades. If you do not have your PowerSchool parent login, please contact the school so we can help you get logged in. It is so important for parents to be aware of grades and ask the students about low grades/missing assignments and to praise students who are doing well.

I hope everyone has a great weekend.

Ms. Fleming

Calendar

- Oct 23 - Step Squad interest meeting
- Oct 24 - 31 - Red Ribbon Week
- Oct 24 - PSAT
- Oct 25 - SwampFest Sign-up Deadline
- Oct 26 - Military Opt-Out Paperwork due
- Oct 29 - Junior Ring Ceremony @ 6 p.m
- Oct 31 - Mu Alpha Application Due Date
- Nov 3 - SwampFest

Upcoming Events

- Nov 9 - Picture Day /Senior Make-up Pictures
- Nov 9 - Veterans Day Recognition
- Nov 16 - Last day for Salvation Army Food Drive

"We are Early College, being the best we can be."



Share A Smile Club

Congratulations to our 2018-2019 Share A Smile Club Members!

*Adam McGarity
Alana Earl
Alondra Sandoval
Amari Calloway
Anyiah Ross
Austin Blodgett
Brett Kennedy
Brianna Davis
Brianna Locklear
Carolyne Vazquez
Christian Rabon
Dajjah Smalls
Damian Webster
Destiny Ford
Edith Flores
Emerson Cicala*

*Imonai Singleton
Iysis Rutledge
Jaeden Higgins
Jessica Figueroa-Perez
Joselyn Reyes-Alvarez
Julia Gonzalez
Karen Pimentel
KayLee Gasque
Kelly Bui
Kelly Collins
Kelsey McCrackin
Kristian Rector
Kyai Ward
Lapashun Whittington
Lilah Barczak
Makayla Gibson*

*Makayla Merolle
Mar'Teona Singleton
Marisol Quintana
Mary Rodriguez
Melissa Estremera
Michael Guariglia
Naila Hernandez
Savannah Cook
Sergio Maya-Alonso
Skye Ramirez
Steve Campbell
Sydney Heilig
Tamia Bethea
Tearah Walker
Yoselin Hernandez*

We know you will each represent ECHS wonderfully in our community events!

Library/Technology Corner

"We are Early College, being the best we can be."

These days, Google Classroom is used by almost every high school teacher in the district. For those who haven't looked at your child's Google Classroom, it is a space where teachers can post assignments (and grades for those), post class announcements and make resources readily available for students. There was a little update over the summer so it may look a little different from last year. We also use a school Google Classroom for school announcements!

As a parent, you can request access to some of your child's Google Classroom information. We can invite you as a parent then you can get *daily or weekly summaries* from your child's Google Classrooms. This will show what assignments were completed and what is due soon. (So you will not be able to scroll through each class but the summaries will give you an idea of what your child is working on in school and possibly for homework.)

If you would like to be connected to your child's Google Classroom account, send an email listing your child's name to Ms. Ritchie at MRitchie@g.horrycountyschools.net. I will then send you an invite and you will have to accept it (image below).
It is that simple!



Meredith Keeter
horrycountyschools.net

ACCEPT

I'M NOT THE GUARDIAN

"We are Early College, being the best we can be."

Guidance



Corner



On Wednesday, October 24th, your student will have the opportunity to take the PSAT (Preliminary SAT) test at HCS Early College High School. This test is free of charge for all 10th grade students. The PSAT provides great practice for the SAT and your student will receive personalized feedback on his/her skills to help him/her improve in specific areas. In addition, your student will receive free college and career planning tools to help him/her begin the search process. If you have any questions regarding the PSAT, you may contact Ms. Adams at (843)349-3131.

Want to get up to the minute scholarship info?

Click [here](#) to join the Guidance  Classroom. The join code is 6rifnf9.



Accepted to College?

When you get college acceptance letters or scholarship awards, please bring the letters to guidance so that we can make a copy and recognize you for your accomplishments on Senior Awards Night.



Test Date	Registration Deadline
August 25	July 27
October 6	September 7
November 3	October 5
December 1	November 2
March 9	February 8
May 4	April 5
June 1	May 3



Test Date	Registration Deadline
September 8	August 10
October 27	September 28
December 8	November 2
February 9	January 11
April 13	March 8
June 8	May 3
July 13	June 14

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Yearbook/Pictures



Time to order yearbooks



November 9th - Underclassmen and Senior Make-Up Pictures

SPORTS

We encourage all students to participate in sports at the attendance area school. Our students are very involved. For the latest on the individual schools sports, please check that school's web page. We post these individual school announcements to our Google Announcement page. We will see you at the games!



<https://www.horrycountyschools.net/Page/13548>

Before going to a game at any HCS school, be sure you know about the clear bag policy. More info on the HCS webpage.

Tutoring

Math Tutoring – 2:30 – 4:15

Tuesday – Fall (229) and/or Thompson (209A)

Wednesday - Rautsaw (222)

Thursday – Hunt (210) and/or Thompson (209A)

S.S. Tutoring with Mr. Chappell – 7:00 a.m. – 7:30 a.m. – Tuesday and Thursday (223)

Spanish & Writing Tutoring – Wednesday – 3:00 – 4:00 – Mrs. Calos

"We are Early College, being the best we can be."

This year it is more important than ever to give to our local food banks. The Salvation Army food drive keeps the food local. Please encourage your student to bring in at least 1 food item. We would love to bring home the trophy again. More importantly, we would love to give back to our community and feed many families.

Fall Food Drive

Help us fight hunger and give hope to those in our community!

Please check those expiration dates!



Breakfast Items:

- Oatmeal
- Dry Cereal
- Powdered Milk
- Jelly
- Fruit cups/canned fruit
- Cereal bars/pop tarts
- Just add water pancake mixes & syrup

Lunch/Dinner Items:

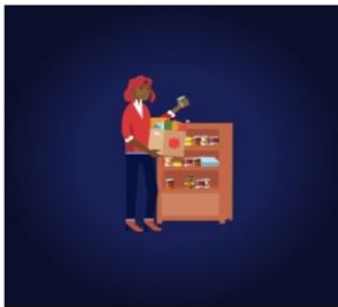
- Canned vegetables all varieties
- Dry beans
- Canned stews
- Hamburger helper
- Tuna Helper
- Canned meats (chicken, tuna, salmon)
- Pizza/taco dinner kits

Desserts:

- Cake/Brownie Mixes
- Applesauce
- Pie fillings
- Pudding/jello mixes
- Chocolate/strawberry syrup

Meals for the homeless Ideas:

- Vienna sausages
- Canned pasta with pop top
- Juice boxes
- Peanut butter
- Crackers
- Protein Bars



Extra Pantry Items (new/unopened):

- Plastic silverware /napkin sets
- Baby wipes
- Baby formula, food, juice and diapers
- Men's/Women's Socks
- Toothbrushes/travel size toothpaste

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Nurse's Corner



Fall season is upon us and so is the flu!

The following information has been copied directly from the CDC (Centers for Disease Control and Prevention) [website](#):

Flu can cause mild to severe illness, and at times can lead to death. Flu is different from a cold. Flu usually comes suddenly. People who have flu often feel some or all of these symptoms: *It's important to note that not everyone with flu will have a fever.

- fever*
- cough
- sore throat
- runny or stuffy nose
- body aches
- headache
- chills
- fatigue
- sometimes diarrhea and vomiting

What should I do if I get sick? Most people with the flu have mild illness and do not need medical care or antiviral drugs. If you get sick with flu symptoms, in most cases, you should stay home and avoid contact with other people except to get medical care. If, however, you have symptoms of flu and are in a high risk group, or are very sick or worried about your illness, contact your health care provider (doctor, physician assistant, etc.). Certain people are at high risk of serious [flu-related complications](#) (including young children, people 65 and older, pregnant women and people with certain medical conditions). This is true both for seasonal flu and novel flu virus infections. (For a full list of people at high risk of flu-related complications, see [People at High Risk of Developing Flu-Related Complications](#)). If you are in a high risk group and develop flu symptoms, it's best for you to contact your doctor early in your illness. Remind them about your high risk status for flu. CDC recommends that people at high risk for complications should get antiviral treatment as early as possible, because benefit is greatest if treatment is started within 2 days after illness onset.

Do I need to go the emergency room if I am only a little sick? No. The emergency room should be used for people who are very sick. You should not go to the emergency room if you are only mildly ill. If you have the emergency warning signs of flu sickness, you should go to the emergency room. If you get sick with flu symptoms and are at high risk of flu complications or you are concerned about your illness, call your health care provider for advice. If you go to the emergency room and you are not sick with the flu, you may catch it from people who do have it.

Are there medicines to treat the flu? Yes. There are drugs your doctor may prescribe for treating the flu called "antivirals." These drugs can make you better faster and may also prevent serious complications. See [Treatment – Antiviral Drugs](#) for more information.

What are the emergency warning signs of flu sickness?

In children

- Fast breathing or trouble breathing
- Bluish skin color
- Not drinking enough fluids
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough

· Fever with a rash
In addition to the signs above, get medical help right away for any infant who has any of these signs:

- Being unable to eat
 - Has trouble breathing
 - Has no tears when crying
 - Significantly fewer wet diapers than normal
- In Adults

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting
- Flu-like symptoms that improve but then return with fever and worse cough

How long should I stay home if I'm sick? CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or other necessities. Your fever should be gone without the need to use a fever-reducing medicine, such as Tylenol®. Until then, you should stay home from work, school, travel, shopping, social events, and public gatherings. CDC also recommends that children and teenagers (anyone aged 18 years and younger) who have flu or are suspected to have flu should not be given Aspirin (acetylsalicylic acid) or any salicylate containing products (e.g. Pepto Bismol); this can cause a rare, very serious complication called Reye's syndrome. More information about Reye's syndrome can be found [here](#).

What should I do while I'm sick? Stay away from others as much as possible to keep from infecting them. If you must leave home, for example to get medical care, wear a facemask if you have one, or cover coughs and sneezes with a tissue. Wash your hands often to keep from spreading flu to others. **If your child is diagnosed with the Flu, kindly notify the school at 843-349-3131.** [Healthy children learn better!](#) Lynn Bethle, RN School Nurse

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Lunch
Menu
Oct 22nd –
Oct 26th



If you are full pay, reduced pay, or no cost, the choice of the meal is yours.



Monday – 1. Mandarin chicken 2. Breaded chicken chef salad 3. Ham and cheese wrap all served with broccoli and Rice



Tuesday – 1. Hard and soft shell taco 2. Fresh fruit plate 3. Turkey and cheese wrap all served with pinto beans and shredded lettuce and cheese



Wednesday 1. Popcorn Chicken 2. Breaded chicken wrap 3. Country steak sandwich all comes with corn and Carrots



Thursday – 1. Fried Chicken 2 Turkey and cheese sub sandwich 3. Pb&J all served with green beans and Mashed potato w/ gravy



Friday – 1. Big daddy pizza 2. chicken sandwich 3. breaded chicken wrap all served with French fries and garden salad

Served everyday - various fresh fruits, milk, and juice.