



HCS_ECHS



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HCS Early College
High School
@HCSECHS

Website:

EC.HORRYCOUNTYSCHOOLS.NET

Spring Break Week of April 15th - 22th

The Principal's Desk



Happy Spring Break - April 15th - 22nd for Horry County High School students. HGTC Classes will be in session. Students should have already signed up for the bus transportation for the week. If you or your students should need anything while we are on Spring Break, please email [Ms. Fleming](mailto:Ms.Fleming).

The last few days of April, we will have College Signing Day, Senior Graduation Supply Delivery (4/25), and much more.

As we head into May, the final full month of school, we will not slow down. Online registration will open up on May 1st, HGTC Classes will have exams May 6th - 10th, HGTC Graduation is on May 14th, ECHS Capping/Recognition Ceremony is May 21st, Advisory Celebrations are May 24, and Monday, May 27th is Memorial Day, with schools closed. So many opportunities for your students to take advantage of. Our ECHS Graduation will be held at Carolina Forest High School Gym. Graduation will be held on June 6th at 6:00 p.m.

I wish each of you a relaxing, family-filled Spring Break.

As always, please feel free to call or email me.

-Kandi Fleming, ECHS Principal

Calendar

April 15-22- Spring Break for ECHS

HGTC Classes are still in session

April 25 - Graduation Supply Delivery

April 24th & 25th - College Signing Day

Upcoming Dates

May 14th - HGTC Graduation

May 21st - Capping & Recognition Ceremony at 6:00 p.m. in the B & C

May 24th - Advisory Celebrations

May 27th - Memorial Day - Schools Closed

June 6th - ECHS Graduation at CFHS



"We are Early College, being the best we can be."

Tutoring

Math Tutoring – 2:30 – 4:15

Tuesday – Fall (229) and/or Thompson (209A)

Wednesday - Rautsaw (222)

Thursday – Hunt (210) and/or Thompson (209A)

S.S. Tutoring with Mr. Chappell – 7:00 a.m. – 7:30 a.m. – Tuesday and Thursday (223)

Spanish & Writing Tutoring – Wednesday – 3:00 – 4:00 – Mrs. Calos

Guidance



Corner



Accepted

to College?

When you get college acceptance letters or scholarship awards, please bring the letters to guidance so that we can make a copy and recognize you for your accomplishments on Senior Awards Night.



Test Date	Registration Deadline
August 25	July 27
October 6	September 7
November 3	October 5
December 1	November 2
March 9	February 8
May 4	April 5
June 1	May 3



Test Date	Registration Deadline
September 8	August 10
October 27	September 28
December 8	November 2
February 9	January 11
April 13	March 8
June 8	May 3
July 13	June 14

\$40

2018-2019
Yearbooks available through MyPaymentsPlus or you can bring cash/check/credit card to the front office to pay in person.

A YEARBOOK is one OF THE MOST IMPORTANT BOOKS YOU WILL EVER OWN

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Message from **Recycle Club:**

The 2nd Thursday of each month, the recycle club is open to the entire school. The LAST open meeting is May 9th **from 2:30-4:15**. This is an opportunity to get community service on campus.



TRAILBLAZER <i>DAILY LUNCH SPECIALS</i>		
		MONDAY 4/22 <i>No school</i>
Tuesday 4/23 <i>Buffalo chicken bites</i> <i>Chicken chunks</i> <i>Cheeseburger</i>		
	Wednesday 4/24 <i>Chicken bog</i> <i>Chef salad</i> <i>Chicken wrap</i>	
Thursday 4/25 <i>Beef Nachos</i> <i>Turkey wrap</i> <i>Pb & j uncrustable</i>		
	Friday 4/26 <i>Pizza</i> <i>Chicken sandwich</i> <i>Ham and cheese sandwich</i>	

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Sealants...Are You Covered?

With the completion of the 9th grade health screenings, I thought I would take the next several weeks to provide information on the categories that I screen for: Dental, Vision, Blood Pressure and Body Mass Index (BMI). This week's topic is on Dental Sealants.

According to the CDC, there's a quick and easy way to prevent 80% of cavities, but only 60% of kids who need them, get them –they are dental sealants.

The CDC says that 20% of kids and teenagers have untreated dental decay by the time they are 19. Kids with constant toothaches cannot eat properly and have trouble paying attention at school.

Sealants are plastic-based coatings that get into the nooks and crannies of molars (back teeth), stopping food and bacteria from starting the chemical reaction that leads to cavities.



Studies show that sealants are safe, and stop tooth decay, even when they are layered over existing pre-cavities.

One worry that parents may have is about BPA, a chemical found in the sealants that is increasingly linked with health risks. The American Dental Association (ADA) says the benefits of sealants far outweigh any perceived risk.

"The potential amount of BPA patients could be exposed to when receiving sealants is minuscule, and it's less than the amount a person receives from breathing air or handling a receipt," the ADA says.



The ADA also says many people don't know that dental insurance often pays for them. Dental sealants are one-third the cost of a filling, so their use can save you money in the long run.

Here's to Happy Teeth!
Miss Lynn, RN

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