

The Lisa G. Teichner Speaker Series Presents:

The Secret Life of Tweens and Teens

2 part webinar series

Presented by Jon Mattleman, MS

Part 1: Secrets, Communication, & 8 Things for You to Know

Thursday, October 15th 7 - 8PM [**Register here**](#)

Part 2: Teen/Tween Brain, Risky Behavior and Tips for Parents and Caregivers

Thursday, October 22nd 7 - 8PM [**Register here**](#)

Join us for one or both sessions in this 2 part series to explore what teens and tweens want and need from those who care most about them. Adolescence is a time of rapid development. What's going on in their brains? And how can we support mental health and prevent risky behaviors? We'll talk about all this and much MORE. In addition to sharing his knowledge, experience, and parenting tips, presenter Jon Mattleman will be answering YOUR questions!



Jon Mattleman, MS, brings warmth, understanding, and patience...plus a healthy dose of humor! In his over 35 years of experience as a therapist and presenter, clients have felt comforted by his ability to acknowledge that the challenges they face are complex – and often downright exhausting! In acknowledgment of this, his

work is grounded in delivering tools that can be implemented in real time. Jon served as Director of the Stoughton, MA Youth Commission from 1983 to 1993, and as Director of Needham, MA Youth Services from 1993 to June 2017. Since 1993, alongside his full-time work, Jon has operated his practice to offer presentations, consultations, and consulting services. He is now the Clinical Director of Minding Your Mind's Massachusetts office.



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