



Westword

<http://twhs.topekapublicschools.net>

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TOPEKA WEST HIGH SCHOOL CHARGER NEWS

From the Desk of Dustin Dick, Principal



NEW SCHOOL YEAR

NEW INITIATIVES

We have had another great start to the school year this year. Our enrollment is up, close to 1100 students, which is a pretty good increase from where we have been in the past few years.

We have started a couple of new initiatives this school year and they are going well so far. The first is the use of YONDR pouches for cell phones in classrooms. The expectation is that any student that has a cell phone puts that cell phone in a YONDR pouch as they enter the classroom. If a student does not place a cell phone in a pouch and later has one out at any point during the class period that student has violated the cell phone policy and one of the administrators will come and get the students phone from them. This has gone really well to start the year, teachers are reporting that students are much more attentive and that they have to plan more in their lesson because they are covering more material than they use to. Students are also having more in class discussions about topics which is enhancing their learning.

The other new initiative that we have started this year is 5-STAR students. This replaces our old positive incentive point system where we used Charger Bucks for students to purchase. This electronic system allows teachers and administrators to awards points to students for various things including being on time to class, being involved in school, and attending school events. Students can put the 5-STAR Student App on their phone or access it through their Chromebook to track the points they have earned. They can then spend their points throughout the year on various things including free admittance to home games at Topeka West. Students access the app by using their student ID and last name.

As always please feel free to reach out to any administrator if you or your students have any needs.

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Topeka West Mission Statement

Working toward career and college readiness, Engaging students in quality learning, Sustaining a culture of respect and a Tradition of excellence

SEPTEMBER, 2018 TWHS EVENTS CALENDAR

Mon., September 3	LABOR DAY, NO SCHOOL (STUDENTS & STAFF)
Wed., September 5	POPS Concert Auditions - 3PM - 5PM, Auditorium
Fri., September 7	LINK CREW Tailgate, 6PM - 7PM, Hummer Sports Park
Sat., September 8 - NATIONAL ACT TESTING DAY - 8AM - 12PM, B-Building	
Mon., September 10 - ASVAB Test Day	
Tues., September 11	9/11 Ceremony, 8:40AM - 9:10AM - Circle Drive (A-Building)
Wed., September 12	Vision and Hearing Screenings - All Day
Wed., September 12	Fall Play Auditions, 3PM - 6PM, Auditorium
Sat., September 15	Varsity Volleyball Round Robin Tournament - 9AM, Russell, KS
Kay Club Blood Drive - All Day, LET Building	
Fri. & Sat. Sept. 21-22	Annual Performing Arts Showcase and Talent Show - POPS Concert, 7PM - Auditorium
Tues., September 25	Jostens Ring Assembly - (Sophomores) 10:30AM - 11AM, Auditorium
Fri & Sat. Sept. 27-28	Grace Med Dental Clinic - A105
Fri., September 28	Class Ring Orders - Jostens, 10:15AM - 12:45PM
Fri. & Sat. Sept. 28-29	Race Against Breast Cancer - 3PM - 9PM (Friday), 7AM - 2PM (Saturday), TWHS
Sat., September 29	Charger Band Pancake Feed, 7AM-12PM - Cafeteria
LOOKING AHEAD TO OCTOBER, 2018 - MARK YOUR CALENDARS!	
Tues., October 2	District ACT Test - 8 am - 12 Noon - TWHS
Thurs., October 11	TWHS Sports Hall of Fame Induction Ceremony - 6 pm - TWHS Auditorium (A-Building)
Fri., October 12	HOMECOMING - Varsity Football - Manhattan - 7 pm - Hummer Sports Park
Sun. October 14	TWHS Graduate Hall of Fame Induction Ceremony - 1 pm - TWHS Auditorium (A-Building)
2018-2019 TWHS CALENDAR ALSO AVAILABLE ONLINE: https://sites.google.com/a/tps501.org/topeka-west-high-school-google/ <i>NOTE: CALENDAR DATES MAY BE SUBJECT TO CHANGE.</i>	



Join us September 28 & 29, 2018 for our 27th Annual

5K run/walk

For information to register, visit RABCTopeka.org

WEST SIDE BANK

Kleen Car Koin Kraze!!

Starting August 30—September 14

Students are to clean out the coins they have from the summer in their cars, jars, or whatever. Deposit them into their West Side Bank account and they will be entered into a drawing for a free car wash from

LifeTouch[®]
SCHOOL
PORTRAITS

TUESDAY,
OCTOBER 2ND

RETIKES SCHEDULED

Jostens[®]



SOPHOMORES!

ORDER: FRIDAY, September 28th

10:15 am - 12:45 pm

America's
CLASS RING[®]
SINCE 1897
LIFE IS SHORT. BE BOLD.



Saturday, September 6

Color guard for Ducks Fundraiser
Ramada Downtown, Topeka, KS



Saturday September 8

Color guard for Ducks Fundraiser
Harley Davidson Store, Topeka, KS

Saturday, September 15

Raider Meet - Ozark, MO

Saturday, September 22

Raider Meet - Des Moines, IA

Monday, September 24

KAY Club Blood Drive - LET Center, TWHS

Saturday, September 29

Raider Meet - Smith Cotton Sedalia, MO

SHAWNEE COUNTY SUICIDE PREVENTION COALITION



6TH ANNUAL 5K WALK/RUN

09.15.18

Registration: 7:30am-8:30am

Race Start: 8:30am

\$25 Early/\$30 Late
REGISTRATION

LOCATION:

Crestview Shelter
4901 SW Shunga Drive
Topeka, KS 66614

TWHS FOOTBALL SCHEDULE - GO CHARGERS!

September VARSITY FOOTBALL SCHEDULE

DATE	OPPONENT	PLACE	TIME
Aug. 31	Hayden	Hayden	7 p.m.
Sept. 7	Emporia	Hummer Sports Park	7 p.m.
Sept. 13	Junction City	Hummer Sports Park	7 p.m.
Sept. 21	Highland Park	Hummer Sports Park	7 p.m.
Sept. 28	Washburn Rural	Washburn Rural	7 p.m.

September JV FOOTBALL SCHEDULE

DATE	OPPONENT	PLACE	TIME
Sept. 3	Hayden	Topeka West	6 p.m.
Sept. 10	Emporia	Emporia	6 p.m.
Sept. 17	Junction City High School	Junction City High School	6 p.m.
Sept. 24	Highland Park	Hummer Sports Park	6 p.m.

September 9th GRADE FOOTBALL SCHEDULE

DATE	OPPONENT	PLACE	TIME
Sept. 3	Hayden	Topeka West	4:30p.m.
Sept. 10	Emporia	Emporia	4:30p.m.
Sept. 17	Junction City High School	Junction City High School	4:30p.m.
Sept. 24	Highland Park	Hummer Sports Park	4:30p.m.

WE ARE TRYING TO GET MORE PEOPLE INVOLVED WITH FACEBOOK AND TWITTER ACCOUNTS ASSOCIATED WITH TOPEKA WEST HIGH SCHOOL. THERE IS A LOT OF PERINENT INFORMATION POSTED TO BOTH ACCOUNTS. "LIKE" OUR FACEBOOK PAGE FOR UP TO DATE INFORMATION ON EVENTS AND HAPPENINGS HERE AT TOPEKA WEST HIGH SCHOOL. WE ALSO HAVE A SPORTS CHANNEL (NFHS NETWORK)

FACEBOOK

www.facebook.com/TopekaWest501 is the schools official Facebook page

www.facebook.com/pages/Westside-Pride-Topeka-West-Booster-Club

Is the Westside Pride Official Facebook page

TWITTER

@TPSTwest is the official twitter account for Topeka West High School

@TopekaWestAthle is the official twitter account for the athletic department

@TWWestsidePride is the official twitter account for the Westside Pride Booster Club

TWHS MORNING ANNOUNCEMENTS!

GO TO: www.youtube.com

SEARCH: Topeka West Television Vid

SELECT CHANNEL BOX: TWTV (Purple and Gray)

SELECT VIDEO: Labeled Announcements (today's date identified)



TOPEKA WEST FOOTBALL FRIDAY TAILGATE

FRIDAY, SEPTEMBER 7th
5:00 p.m.



HUMMER SPORTSPARK WEST
PARKING LOT

- Topeka West Fans are the Best!
- Friday night football games are the one school event where we can all come together to support Topeka West and show our pride for the entire school.
- Have your own tailgate party or bring something to share & join another one.
- WEAR PURPLE !
- BIGGEST TAILGATE PARTY EVER!
- Link Crew/Freshman Tailgate this Friday too!
- **COME TO THE WESTSIDE PRIDE TAILGATE TO PURCHASE APPAREL!**
- Fill the stands against Emporia.
- Go Chargers!



GOT PRIDE?

The Topeka West parent organization - **Westside PRIDE Booster Club** supporting all Topeka West activities - welcomes you to participate and show your **PRIDE**. Joining the **Westside PRIDE Booster Club** is fun and fulfilling and provides a level of participation to meet everyone's needs. The next page details the various ways Westside **PRIDE** supports Topeka West students, teachers and staff through sponsorship and activities. Be a part of the **PRIDE**.

Please join us in supporting Topeka West High School and check your level of participation:

\$150 Super Charger PRIDE Membership – Charger Yard Sign, name is published, coupon for Purple Pride merchandise, Activity Punch Card for entrance to 10 Topeka West events & your membership dollars support school activities.

\$50 Family Charger PRIDE Membership – Charger Yard Sign, name is published, coupon for Purple Pride merchandise & your membership dollars support school activities.

\$20 Individual Charger PRIDE Membership – Charger water bottle, name is published & your membership dollars support school activities.

Volunteer Charger PRIDE Membership – Donate time and participate in activities sponsored by Westside Pride.

Names will appear in the Activities Programs produced during the year.

Please provide your contact information:

Name (as you want printed in publications) _____

Address _____

Daytime Phone _____ Evening or Cell Phone _____

Student(s) & Grade _____

Email address (used only for Westside Pride notices) _____

**** Pay Dues with Credit Card or Check ****

OR Return form and payment to "Westside Pride Booster Club". Return to Westside Pride mailbox in A Office or mail to Douglas T. Shima, 3559 SW Summerwood Rd., Topeka, KS 66614 – Contact shimad@kscourts.org





Westside PRIDE Booster Club

The Topoka West High School Parent Organization

WHAT does Westside **PRIDE** do for the Students, Teachers and Staff at Topoka West?

- Provide grants for classroom and other student needs (Last Year's Grants 2017-2018)

Amount	Department	Purpose
\$3,000.00	Theater	Theater Musical Rights, Royalties and Rental
\$2,000.00	Administration	Concurrent Credit Scholarships
\$2,000.00	Library and Media Center	Residence Writer's Workshop
\$2,000.00	Music/Band	Band Transportation to Musical Festivals
\$2,000.00	Students	Post Prom
\$1,600.00	Athletics	Westsider Camp (\$100 per dancer)
\$1,000.00	Special Education	Washer and Dryer for Special Education Classroom
\$500.00	Athletics	Women's bball camp at Denver University
\$500.00	Special Education	Flat Screen TV for Special Education Classroom
\$450.00	Honor Society	National Honor Society
\$300.00	Business	FBLA State (registration costs)
\$ 15,450.00	TOTAL	SCHOOL SPIRIT AND PRIDE

- Host teacher and staff appreciation lunches
- Help keep the campus looking beautiful
- Sell spirit wear to promote school pride
- Support the academic recognition of students
- Run home event concessions to raise funds for activities and sponsorships
- Generate support and spirit for athletic teams and school events
- Provide representatives for the District Citizens Advisory Council (DCAC)
- FREE Back To School Picnic, Tuesday, August 14th, 5:30 p.m.
- And much, much more including ideas you might have to support Topoka West

WHEN does Westside **PRIDE** meet?

First meeting of 2018 will be held Monday, August 20th in the TWHS library/media center

After August, meetings will be the 2nd Monday of each month.

All meetings begin at 6 pm and are held at the TWHS library media center.

Don't let your PRIDE go unnoticed join now!

NEW FROM WESTSIDE PRIDE:

SPIRIT WEAR CAN NOW BE ORDERED ONLINE!

T-SHIRTS, BOTH LONG AND SHORT SLEEVE, HOODIES, SWEATSHIRTS AND 1/4 ZIPS ARE AVAILABLE. SEVEN DIFFERENT LOGOS TO CHOOSE FROM. YOUTH SIZES INCLUDE SMALL, MEDIUM AND LARGE. ADULT SIZES ALL THE WAY UP TO 4X. LOTS OF CHOICES AND YOU CAN ADD A NAME AND/OR A NUMBER TO THE BACK OF ANY ITEM!

PURCHASE AT

[HTTP://FIRST-EDITION.COM/EVENT/TOPEKA=WEST-CHARGERS](http://first-edition.com/event/topeka=west-chargers)

ORDERS WILL BE DELIVERED TO THE TOPEKA WEST BANK FOR PICK-UP.

100% OF ALL SPIRIT WEAR PROCEEDS ARE RETURNED TO TOPEKA WEST HIGH SCHOOL IN THE FORM OF WESTSIDE PRIDE GRANTS AND FINANCIAL SUPPORT OF SCHOOL EVENTS.

MATH TUTORING

TUESDAYS &
THURSDAYS

3:15-5:00 P.M.
MIC ROOM

COUNSELOR'S CORNER

Students may find information regarding the Counseling Department by going to the Topeka West High School website and click on the Guidance tab.

<http://www.topekapublicschools.net/twhs>

COLLEGE VISITATIONS: Start now having your juniors and seniors attend college representative visits on our campus. We can help your students answer their questions!

SENIOR INTERVIEWS: The Counseling Department will be meeting with seniors beginning the week of Sept. 3 to do senior credit checks, second semester schedules, and post secondary plans.

SENIOR STUDENTS AND PARENTS: Washburn University will be hosting a Financial Aid Night on Oct. 3 in the KBI Building on the Washburn Campus from 6-8 p.m. This is a great way to get assistance in filling out the Free Application for Free Federal Aid (FAFSA).



2018-2019 ACT TESTING INFORMATION

TEST DATE	REGISTRATION DEADLINE	(LATE FEE REQUIRED)
September 8, 2018	August 10, 2018	August 26, 2018
October 27, 2018	September 28, 2018	October 14, 2018
December 8, 2018	November 2, 2018	November 19, 2018
February 9, 2019	January 11, 2019	January 18, 2019
April 13, 2019	March 8, 2019	March 25, 2019
June 8, 2019	May 3, 2019	May 20, 2019
July 13, 2019	June 14, 2019	June 24, 2019

(Registration materials are available in the Counseling Center, or students may register online at www.act.org)

LOCATION: Topeka West High School - B Building

REPORT BY 7:45 a.m.

If testing location questions - please call Roxana Peraza, Counselor 438-4036

Topeka West High School Code: 172-928

TWHS CENTER CODE: 176190

Students must bring photo I.D., calculator, #2 pencils, and their admission ticket.

Two weeks prior to test. Students must upload their photo to ACT.org

PSAT/NMSQT: Wednesday, October 10, 2018

SAT: Saturday, March 9, 2019 (www.collegeboard.com)

September College & Career Events

- 9/4 – Washburn University visits TWHS during C/T (Library)
- 9/6 – John Carlos field Trip at Washburn University
- 9/8 – ACT at TWHS (Deadline to sign up has passed)
- 9/11 – Wichita State visits TWHS during C/T (Library)
- 9/13 – District field trip to KU (seniors/juniors priority)
- 9/21 – Credit/No Credit Deadline
- 9/25 – KDOT Construction Fair
- 9/27 – KU visits TWHS during C/T (Library)
- 9/27 – District Field Trip to K-State (Seniors/Juniors priority)
- 9/28 – Deadline to sign up for October 27 ACT



Washburn Tech Rep will be available to meet with students every Thursday during C/T in library:

9/6, 9/13, 9/20, 9/27

SCHOLARSHIP NEWS

Welcome back! This is Ms. Steinkuehler, I do scholarships at West. My office is in the north alcove of the cafeteria, feel welcome to stop by any time before or after school or during 1st or 2nd lunch or email me to set up an appointment. My webpage is at <https://sites.google.com/a/tps501.org/twhs--gifted-education/>.

During the school year I send out regular emails with scholarship information, in the fall when there are not many state and local scholarships emails are less frequent but expect to get them once a week during spring semester. If you are getting this email and you are not interested and do not want to receive future emails, please email me back and I will take you off the list. If you know of someone who would like to be on the list and is not, please contact me as well with their information. I am working on the Scholarship book, and hope to have it available by October. When it is available I will send out a google form for you to order one and have it delivered to your seminar.

Right now there are not a lot of state/local scholarships to apply for. There are nationals, which can be found online here are a list of some of the search engines:

<http://scholarships4students.com/>

<http://www.free-4u.com/>

<http://www.scholarshipexperts.com/>

<http://www.fastweb.com/>

<https://niche.com/>

Are you considering athletics? If so have you looked at the NCAA Eligibility site? <https://web3.ncaa.org/ecwr3/> Also, you should look at the Wendy's Heisman <https://www.wendyshighschoolheisman.com/>

Are you satisfied with your ACT score? Do you know where you want to go? Your biggest and the ones that are most likely to be renewable (you get every year for 4 years as long as you continue to meet the grades criteria) scholarships come from the college/university that you go to and are based on your ACT score and GPA. Here is more information about studying, how to sign up and study for the ACT. <https://sites.google.com/a/tps501.org/twhs--gifted-education/class-2>

Another thing to be working on is your resume. Most local scholarships require one. Here is a link to a common resume template <https://docs.google.com/a/tps501.org/viewer?a=v&pid=sites&srcid=dHBzNTAxLm9yZ3x0d2hzLS1naWZ0ZWQtZWRR1Y2F0aW9ufGd4OjZkMzE2Y2NhMjVIZTIzOWY>.

You can also make an appt. and work on this with me in the north alcove. Once you are done writing your resume, most local/state scholarships will require 2 to 3 reference letters, take your resume and ask several teachers and someone in the community (who is not a relative) and asked them to write a reference letter for you.

"The power of imagination makes us infinite." John Muir

\$2,000 "No Essay" College Scholarship

https://colleges.niche.com/scholarship/apply.aspx?source=Scholarships360&utm_source=Scholarships360&utm_medium=Scholarships360&utm_campaign=Scholarships360NES

--\$2,000 award given away monthly, you may re-apply every month

--Must be planning on enrolling within 12 months

--Random monthly drawing

--Deadline August 31

University of Kansas—Raise Me UP!

<https://www.raise.me/join/ku>

--Students beginning freshman year can earn up to \$1,000 in scholarship money to the University of Kansas by getting good grades, perfect attendance, playing sports and other activities.

--This cannot be used in conjunction with other scholarships from KU

--ACT score of 21

Gates Scholarship

<https://www.thegatesscholarship.org/scholarship>

--Deadline Sept. 18

--Full scholarship (tuition, books, room and board)

--Must be Pell-eligible, minority, U.S. citizen

--3.3 or greater GPA

Odenza Marketing Group Scholarship

http://www.odenzascholarships.com/awards/9/application_odenza_marketing_group_scholarship.php

- \$500
- Deadline Sept. 30
- Students ages 16-25 are eligible
- 2.5 minimum GPA
- 500 word essay

US Bank Internet Scholarship

<https://www.usbank.com/community/financial-education/scholarship.html>

- 40 \$1,000 scholarships
- Random drawing
- Deadline October 26

Quest Bridge

<http://www.questbridge.org/>

- ACT, Two letters of recommendation, transcript
- Selection criteria is based on academic achievement, financial qualification and personal circumstances
- Full tuition to a number of upper tier schools including Dartmouth, Columbia, Carleton, Caltech and others.
- Deadline September 2

Shout It Out Scholarship!

<https://www.unigo.com/scholarships/our-scholarships/shout-it-out-scholarship#/fromscholarshipexperts>

- Award amount \$1,500
- Complete application required with contact information, demographic, academic details at:
- All students ages 13 and up
- Be **thirteen** (13) years of age or older at the time of application.
- Be currently enrolled (or enroll no later than the fall of 2018) in an accredited post-secondary institution of higher education.
- Submit an online short written response (250 words or less) for the scholarship topic: "If you could say one thing to the entire world at once, what would it be and why?"
- Deadline September 30

Siemens Westinghouse Science and Technology Competition

http://www.siemens-foundation.org/en/merit_scholarship.htm

- May enter as part of a team or as an individual.
- All high school students (from grades 9-12) are eligible to enter projects as part of a two or three member team.
- Awards between \$1,000 and \$100,000.
- High school students willing to challenge themselves in scientific research
- The application due now, you should research now, but the research is due later.
- Deadline September 16

September 30th, December 31, March 31 and June 30—Illustrators of the Future Contest

<http://www.writersofthefuture.com/illustrator-contest/>

- Contest is open to anyone who has not been professionally published
- Submit three illustrations, mixed-media, computer-generated art, and photography
- Each illustration must represent a different story.
- There are three winners each quarter who receive \$500 cash, quarterly winners will be eligible for \$5,000 annual Grand Prize.

September 30, December 31, March 31 and June 30—Writers of the Future Contest

<http://www.writersofthefuture.com/>

- Open to amateur writers
- May enter quarterly, eligible works are stories up to 17,000 words in length.
- \$1,000 first prize, \$750 second prize and \$500 third prize, these quarterly winners are eligible for the annual Gold Award for \$5,000

Hall Family Foundation Scholarship

The student's parent who must be employed by Hallmark must inquire and get a log in from their place of business.

VFW "Voice of Democracy"

<http://www.vfw.org/VOD/>

- Deadline: October 31st
- Open to students in grades 9-12
- Awards range from \$1,000 to \$30,000
- Essay on "My Vision for America"

POPS

CONCERT

September 21 & 22 7:00 pm

Annual Performing Arts Showcase and Talent Show

Join the Topeka West Choirs, Orchestras, Jazz Band, Drumline, Players, and talented Charger students for our annual Performing Arts Showcase and Talent Show, Pops Concert!

This is the only chance to see all these groups in the same place for a night of entertainment you will not forget.

Tickets are \$5.00 at the door with cash and check or \$5.00 plus a credit card charge at <http://topekawest.booktix.com/>

All proceeds benefits the Topeka West Performing Arts.

TOPEKA WEST CHARGER BAND

TOPEKA WEST
CHARGER BAND



26th Annual Pancake Feed!

All-You-Can-Eat

Perkins Pancakes
plus sausage and beverage

If you want to support the bands trip to the Outback Bowl over this years winter break.

Proceeds will support the award-winning
Topeka West Charger Band.

Saturday, September, 22, 2018

7 a.m. – Noon Topeka West HS Cafeteria

2001 S.W. Fairlawn Road

Tickets: \$5 in advance from band members
\$6 at the door

CRIME PREVENTION AND SAFETY TIPS

KEEPING YOUR VALUABLES SAFE

To elevate problems we've had from prior years with items being stolen from several locations on our campus "KEEP YOUR VALUABLES SAFE". Some hot spots of activity include gym locker rooms, gyms, and parking lots.

PLEASE DO NOT LEAVE VALUABLE ITEMS

Locked in locker room lockers, unattended on benches inside the locker room, or, bleachers inside the gyms. We ask you utilize your hall lockers for valuables during PE classes. Please lock your vehicle making sure all valuable items are out of view.

Please take a moment to "KEEP YOUR VALUABLES SAFE", or they may not be there!

SEXTING

There is school discipline for sexting and also possibly criminal charges for students who possess or distribute images that are considered child pornography (Sexting). What is Sexting?

Sexting is the practice of sending or posting sexually suggestive text messages and images, including nude or semi-nude photographs via cellular phones or over the internet. According to a report on Teens and Sexting, issued on pewinternet.org, sexting by teens occurs most often in one of three scenarios;

- .Pictures are exchanged by romantic partners;
- .Pictures exchanged by romantic partners are shared outside the relationship; or
- .Pictures are exchanged by people not yet in a relationship, but where one of the individuals hopes to start a relationship with the other.

Students who possess the images could be prosecuted for possessing or distributing child pornography and may be required to register as sex offenders. Sexting may also have tragic consequences. Often sexting begins as a photo intended for one person, but when the relationship goes awry the photo is widely disseminated.



TPS Sergeant Donnie Kennedy (785.438.4002)

TPS Officer Jack Reynolds (785.438.4058)



MyPaymentsPlus & TOPEKA PUBLIC SCHOOLS

Making Life a Whole Lot Easier

With MyPaymentsPlus.com, you can:

- View your child's account balance online, anytime
- Quickly make payments toward your student's meals (auto-pay also available)
- See what your child is purchasing in the cafeteria
- Set up automatic e-mail reminders to notify you when the balance is low

MyPaymentsPlus has many other benefits:

- Speeds up serving lines in the cafeteria, providing more time for students to eat their meals
- Eliminates the worry of lost or forgotten lunch money
- Ensures that your student will receive a nutritious meal

Parents are encouraged to create
a FREE account at:
www.MyPaymentsPlus.com

Signing up is FREE and easy!

- Visit www.MyPaymentsPlus.com
- Click "Register a FREE account" and follow the simple onscreen instructions
- Add your student by using their Student ID number



MyPaymentsPlus™
K-12 Online Payment System

Once you complete your free registration, enter your login information below.

Username:

Password:

www.MyPaymentsPlus.com

 **MyPaymentsPlusSM**
K-12 Online Payment System



High School Meal Prices
 Breakfast
 Reduced 30¢ / \$5.70
 Full \$1.70 / \$32.30

Lunch
 Reduced 40¢ / \$7.60
 Full \$2.70 / \$51.30



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

No School 3

Menu Subject to Change

*= Pork

Donut or New Breakfast Burrito 10

Taco Burger
 Meatball Sub
 Cheeseburger w/Fries
 Cheese Stuffed Crust Pizza w/Dip
 Veggie Burger w/Fries

Fresh Donut or Apple Cinn Toast 17

Enchiladas w/Rice
 Chicken Drumstick w/Rolls
 Cheeseburger w/Fries
 Cheese Stuffed Crust Pizza w/Sauce
 Veggie Burger w/Fries

Fresh Donut or *Pancake Porfy 24

Krisp N Krunchy Chicken Wrap
 Walking Taco
 Cheeseburger w/Fries
 Omelet, Tortilla, & Graham
 Hummus, Naked Pita Chip & Goldfish



Tuesday

Mini French Toast or Yogurt Parfait 4
 Celebrating Sept Birthdays w/ Treat!

Cheesy Ravioli w/Garlic Bread
 Boneless Chicken Bites w/BBQ
 Spicy Chicken Strips w/Onion Rings
 Fiesta Bowl w/Chips
 Apple Slices w/PB w/tortilla & Graham

Sausage & Cheese Bagel 11

Spicy Chicken Alfredo
 Fish & Cheese Sandwich
 Rodeo Grilled Chicken w/Fries
 Veggie Stuffed Crust Pizza
 Veggie Burger w/Fries

Breakfast Pizza or Yogurt Parfait 18

Crispitos w/Cheesesauce
 Boneless Buffalo Chicken Bites w/Roll
 Spicy Chicken Strips w/Onion Rings
 Fiesta Bowl
 Apple Slices w/PB, Cheez Its, Graham

Pancakes w/*Saus. Or Yogurt Parfait 25

Chicken Rings w/ Chortles & Roll
 BBQ Rib Sandwich
 Rodeo Grilled Chicken w/Fries
 Veggie Stuffed Crust Pizza
 Veggie Burger w/Fries

Daily Breakfast Options may include
 Cereal, Cereal Bars, Fresh Fruit,
 Juice, Dried Fruit, Graham,
 and Milk

Wednesday

*BYO Breakfast Bowl 5

All Beef Hot Dog
 *BBQ Sandwich w/Pickles
 Big Daddy's Pizza w/Fries
 Cheese Omelet on a Biscuit
 Black Bean Salsa w/Chips

*BYO Breakfast Burrito 12

Fiesta Pizza
 Spicy Chicken Sandwich
 KrispN Krunchy Chicken Strips
 Yogurt w/String Ch, Cheez Its, Graham
 Pintos N Pico w/Tortilla Chips

*BYO Breakfast Bowl 19

Manwich
 Fajita Chicken Hoagie
 Big Daddy's Pizza w/Fries
 Omelet Biscuit Sandwich
 Black Bean Salsa w/Tortilla Chips

*BYO Breakfast Burrito 26

Pizza Dipper, String Cheese, Sauce
 B. Potato w/chili & cheese, & Rolls
 Krisp N Krunchy Chicken Strips
 Yogurt w/String Ch, Cheez Its, Graham
 Pintos N Pico w/Tortilla Chips

Thursday

Cinn. Roll or Breakfast Pizza 6

Chicken Nuggets w/Rolls
 Fiesta Pizza
 Country Steak Sandwich w/Fries
 Mac N Cheese w/Roll
 Hummus w/Graham & Pita Chips

Cinn. Roll or *Pancake Porfy 13

Burrito w/Chips & Queso
 BBQ Rib Sandwich w/Ginger Cookies
 Pizza Burger w/Fries
 Egg Salad Sandwich
 Black Beans w/Quinoa & Graham

Cinn. Roll or Fr. Toast w/Sausage 20

*Jalapeno Crust Pepperoni Pizza
 Boneless Crispy Chicken Bites w/Rolls
 Country Fried Steak Sandwich w/Fries
 Mac N Cheese with a Roll
 Hummus w/Naked Pita Chip & Graham

Cinn. Roll or Chicken N Waffle 27

Baked Spaghetti w/Garlic Bread
 Oriental Chicken w/Rice & Eggroll
 Pizza Burger w/Fries
 Egg Salad Sandwich
 Black Beans w/Quinoa & Graham

Friday

Fresh Donut or as a *Sandwich 7

Taco Salad w/Salsa
 *Pizza Hut Pizza
 Spicy Chicken Sandwich w/Fries
 Pizza Hut Pizza Cheese or Veggie
 Black Bean Burger w/Fries

Fresh Donut or as a *Sandwich 14

New Chicken Soft Taco
 *Pizza Hut Pizza
 Corndog w/Fries
 Pizza Hut Pizza Cheese or Veggie
 Black Bean Burger w/Fries

Fresh Donut or as a *Sandwich 21

Corn Dog
 *Pizza Hut Pizza
 Spicy Chicken Sandwich w/Fries
 Pizza Hut Cheese or Veggie Pizza
 Black Bean Burger w/Fries

Fresh Donut or as a *Sandwich 28

Hamburger Sliders w/Cookie
 *Pizza Hut Pizza w/Cookie
 Corndog w/Fries
 Pizza Hug Cheese or Veggie Pizza
 Black Bean Burger w/Fries



ATTENTION PARENTS/GUARDIANS

If you have not filled out a new meal application for the 2018-19 school year online; you must fill one out before September 25, 2018. Begin by going to: www.topekepublicschools.net

Select the headline Departments, then select Food and Nutrition. Located on the left is the Meal Application. Follow the prompts. It only takes a few minutes.

Any questions contact: Susie Wells, TWHS Cafeteria Manager 785-438-4009

FINANCIAL OFFICE INFORMATION

THE FIRST INSTALLMENT OF CONTRACTED STUDENT FEES ARE DUE SEPT. 6

BALANCES ARE DUE IN FULL NO LATER THAN OCTOBER 3, 2018

FINANCIAL OFFICE HOURS ARE 8:00 AM - 5:00PM, Monday-Friday (Cash or Check Only)

If you have any questions, please contact Danielle Allen at 785-438-4007

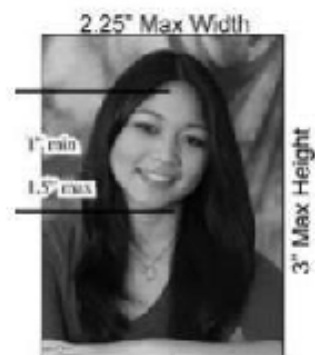
Topeka West High School Yearbook

2018-2019 Senior Portrait Requirements

It is not required to have a professional take the portrait that will appear in the senior section of the Topeka West yearbook. Lifetouch photos will be taken at school. All students are required to have their photo taken by Lifetouch. If students do not submit a senior photo, or the photo submitted does not meet the requirements outlined below, the Lifetouch photo will be used. The Topeka West yearbook is a publication that reflects the school, the student body, and the community; therefore the following specifications are required in order for submitted photos to be included in the senior portrait pages.

Senior Photo Specifications:

- *Only VERTICAL—not horizontal—images will be accepted.
- *Only head and shoulders should appear in the photo. No props, hats, hoods, pets, etc.
- *Attire worn in the photo must adhere to school dress code.
- *No “selfies” or photos deemed inappropriate for a professional publication will be accepted.
- *Photos must be submitted electronically through email or media on a disc or jump drive.
- *An indoor photo with a solid color background is suggested.
- *Do not cut the head/hairline at the top of the photo. Leave enough space around the subject in order for some cropping to occur.
- *Head size from the top of the hair to the bottom of the chin in the photo should be a minimum of 1” and a maximum of 1.25”.
- *The photo itself should be a maximum width of 2.25” and a maximum height of 3”.



The TWHS Yearbook reserves the right to refuse a photo not meeting these specifications. Lifetouch photos will be used in place of photos not meeting these requirements or no photograph at all if a Lifetouch photograph is unavailable.

Submission Process and Digital File Format:

- *300 DPI (minimum)
- *JPEG or JPG
- *Do NOT submit as Power Point, Word, Works, Photoshop, tiff, gif, or PDF
- *Submitting images that you have scanned lose quite a bit of quality, so we do not encourage this.

Please take this form to your photography session. It will help your photographer if he or she is submitting the photo on your behalf. You or your photographer may email your photo and student's name to Jennifer Miller, Yearbook Adviser, at jmiller3@tps501.org.

Don't hesitate to contact us by phone at 438-4134 or by email at jmiller3@tps501.org if you have any questions or concerns related to senior portraits. Our goal is to produce a quality publication that accurately reflects the memories made at TWHS this year.

Senior photos are due by Dec. 21, 2018.
No exceptions will be made to the deadline.



Consent for In-School Dental Care

Preventive services: GraceMed Health Clinic is providing in-school dental care including dental exams, x-rays as needed, cleanings, sealants, silver diamine fluoride and fluoride varnish. All children are invited to participate in the program, but the program has a special focus on those children not receiving services elsewhere. No child will be denied services based on insurance status or ability to pay. However, insurance (if available) will be billed.

Restorative services (fillings & extractions of infected baby teeth): Not same day of preventive services. There is no out-of-pocket cost if you have KanCare/Medicaid or private insurance. All claims will be filed with your insurance. If uninsured, you must qualify for the free/reduced lunch program and an upfront cost of \$60 per filling/extraction will apply on day of service.

Opt-in Opt-out

If your child already sees a dentist regularly & you do not wish to switch, do not complete this form

Patient (Student) Information:

Name: Gender: Male Female
Date of Birth: Age: Phone #: SSN #
Address: City: Zip Code:
School Name: Grade 2018-2019 school year:
Race/Ethnicity: Asian, American Indian/Alaska Native, Black/African American, Native Hawaiian, Other Pacific, Caucasian/White, More Than One Race, Hispanic/Latino, Not Hispanic/Latino

When did your child last visit the dentist? In the past 6 months In the past year More than a year Never

Does your child qualify for free/reduced lunch program at school? Yes No
KanCare # 001 No Insurance
Private Dental Insurance Carrier Policy # Group #
Policy Holder Name Policy Holder DOB Policy Holder SSN

List any known allergies:

Medical Conditions (check all that apply)

Artificial Heart Valve Heart Murmur Congenital Heart Disorder Autism
Heart Trouble/Disease Artificial Joint Hepatitis ADHD
Asthma Diabetes Seizure Disorder

Other Medical conditions or special health care needs:

Please list all current medications:

Does your child require by a physician to take a pre-medication (antibiotics) prior to dental treatment? No Yes

If yes, for what condition?

I am the parent or legal guardian/custodian and give my consent for above named child to receive any dental treatment considered necessary by the dentist or hygienist for the prevention and treatment of dental disease. This includes exams, x-rays, cleanings, fluoride varnish application, dental sealants, fillings, extraction of baby teeth and numbing of the mouth and teeth. This consent includes future dental visits, as some dental care requires multiple visits throughout the year. GraceMed will treat all patient information as protected health information under HIPAA regulations, exchanging the PHI only with personnel employed by them and the facility/school that are responsible for medical treatment and/or record review. The above information is true to the best of my knowledge. If any change occurs during the year, I will contact GraceMed. This consent is in effect for one calendar year from the date of your signature.

Parent/Guardian Signature Date

ATTENTION PARENTS:

If you would like your student to participate in the services of GraceMed on September 27 & 28 please fill out the proper form and return it to the school nurse by September 20.

School Nurse: Christa Cutshall - 785-438-4008



Consentimiento Para Recibir Cuidado Dental en la Escuela

Servicios Preventivos: La Clínica de Salud GraceMed proveerá cuidado dental en la escuela que incluye: exámenes dentales, rayos-x (sin son necesarios), limpiezas, sellantes dentales, fluoruro diamino de plata, y barniz de flúor. Todos los niños son invitados a participar en este programa, pero el programa tiene un profundo enfoque para niños quienes no reciben cuidado dental en cualquier otro lugar. A ningún niño se le negara servicio por tener o no tener seguro dental o su habilidad de pagar. Sin embargo, si el niño tiene seguro dental, se le facturara.

Servicios de Restauración (empastes & extracción de dientes de leche infectados): Estos servicios no serán proveídos el mismo día que los servicios preventivos. No hay ningún costo de su propio bolsillo si su niño tiene KanCare/Medicaid o un seguro dental privado. Todas las reclamaciones serán presentadas al seguro dental del niño. Si su niño no tiene seguro dental, debe calificar para el programa del almuerzo gratis o reducido y un cobro anticipado de \$60 por empaste/extracción se aplicará el día del servicio.

¿Gusta Participar? Sí No

****Si Su niño va visita un dentista regularmente y no quiere cambiar de dentista, por favor de no llenar esta Forma ****

Información del Paciente (el estudiante):

Nombre: _____ Sexo: Masculino Femenino
Fecha de nacimiento: _____ Edad: _____ Teléfono: _____ SSN #: _____
Domicilio: _____ Ciudad: _____ Código postal: _____
Nombre de la Escuela: _____ Grado Escolar durante el año 2018-2019: _____
Raza/Etnia: Asiática Indio Americano o Nativo Alaska Negra/Afro Americano Nativo/a Hawaiano/a
 Otra Isleña del Pacifico Caucásica/Blanca más de una raza
 Hispano/a/Latino/a No Hispano/a Latino/a

¿Cuándo fue la última vez que su niño vio a un dentista? En los últimos 6 meses En el último año Hace más de un año Nunca

¿Su niño califica para el programa del almuerzo gratis o reducido? Sí No
 KanCare # 001 _____ No tiene Seguro Dental
 Nombre de la compañía privada de Seguro dental _____ Póliza# _____ Grupo # _____
El nombre del titular de la póliza _____ Fecha de Nacimiento del titular _____ SSN del titular _____

Liste cualquier alergia conocida:

Condiciones Médicas (Marque todas las que apliquen)

Válvula Cardíaca Artificial Soplo del Corazón Enfermedad Cardíaca Congénita Autismo
 Problemas del corazón/Enfermedades Articulaciones Artificial Hepatitis ADHD
 Asma Diabetes Trastorno Convulsivo

Otra condiciones médicas o necesidades especiales: _____

Por favor liste todos los medicamentos que esté tomando al momento: _____

¿Necesita su niño, por orden de un doctor, tomar cualquier antibiótico antes de recibir tratamiento dental? No Sí

¿Si es así, cual es la condición? _____

Yo soy el padre o tutor legal y doy mi consentimiento para que el niño antes mencionado reciba todo el tratamiento que sea considerado necesario por el dentista o higienista para la prevención o tratamiento de enfermedades dentales. Esto incluye exámenes, rayos x, limpiezas, aplicación de barniz de flúor, sellantes dentales, empastes, extracción de dientes de leche, y adormecimiento de la boca y dientes. Este consentimiento incluye visitas en el futuro porque algunos tratamientos dentales requieren visitas múltiples durante el año. GraceMed tratara toda la información del paciente como información médica protegida bajo los reglamentos de la ley HIPAA y nada más intercambiara información del paciente con personas empleadas por GraceMed y con la escuela que sea responsable por el tratamiento o revisión del historial médico. La información antes mencionada es verídica ante mi conocimiento. Si hay cualquier cambio con la información durante el año yo contactare a GraceMed. Este consentimiento tendrá vigencia por un año de la fecha de firma.

Padre/tutor legal _____ fecha _____

ATTENTION PARENTS:

If you would like your student to participate in the services of GraceMed on September 27 & 28 please fill out the proper form and return it to the school nurse by September 20.

School Nurse: Christa Cutshall – 785-438-4008

Topeka West Letterman Jacket

"THE LETTER JACKET MAN" WILL BE HERE WEDNESDAY,

SEPT. 12th, FROM 4:00 - 7:00 IN THE

Gym LOBBY TO TAKE ORDERS FOR LETTER JACKETS.

IF YOU HAVE YOUR LETTER, BRING IT WITH YOU.

THANK YOU,

"THE LETTER JACKET MAN" (JIM FROWNFELTER)

3327 SW DUKERIES

TOPEKA KS 66614

785-478-3480 h

785-969-4405 c

JFROWN@NETWORKSPLUS.NET



Jackets can be ordered ANYTIME by individual appointment.



