

Dear KHA Family,

We know that staying mentally healthy is critical to engage in learning.

According to the [National Center for Education Statistics](#): 70% of public schools say more students are seeking mental health services.

This school year, we're proud to offer all students with **access to online therapy and counseling services**, through our partnership with Hazel Health. Services are 100% safe and confidential.

Your student can speak 1-on-1 with a licensed therapist from the convenience of school or home, with your consent. Hazel Health provides high-quality care for all students.

Hazel Health's licensed therapists can help students navigate a wide range of issues, including:

- Mood/behavior changes, motivation, grief/loss
- Separation anxiety, worry, fear
- Social skills, bullying, peer & family relationships
- Academic stress

Hazel's short-term online therapy program has been proven to reduce symptoms of common mental health concerns — and gives kids tools to cope with challenges they face at school and beyond. Thank you!

Regards,

Wendy Gariglio



School Social Worker
Kingston Hill Academy

Marcella Terranova Clark



Chief Administrator
Kingston Hill Academy

Drew Virbila



Principal
Kingston Hill Academy

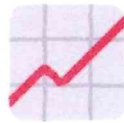
Online therapy for *every* student

Did you know our school offers all students access to Hazel Health's online therapy program? **Match with a licensed therapist** that specializes in kids and teens.



Expert support

1-on-1 counseling from a professional therapist.



Proven to work

90% of students improve after 6 therapy sessions.



Fast and easy

No long waiting lists.
No doctor referral needed.

POWERED BY  Hazel Health



Get started today!

Sign up for our online therapy program today by scanning the QR code or calling 888-541-7063.