



# Westword

2001 SW Fairlawn Rd.  
Topeka, KS 66604  
785-438-4000  
785-271-3497 (fax)

<https://sites.google.com/a/tps501.org/topeka-west-high-school-google/home>

**REFUEL TOPEKA**  
food fun friends

**FREE MEALS**  
ALL SUMMER LONG!

**AVAILABLE TO**  
ALL KIDS 18 & UNDER

**FIND YOUR ROUTE!**  
KIDS RIDE FREE!



TOPEKA METRO

VISIT  
→ [WWW.REFUELTOPEKA.COM](http://WWW.REFUELTOPEKA.COM) ←  
TO FIND PARTICIPATING LOCATIONS!

Instagram Facebook Twitter @refueltopeka



## 501 SUMMER FOOD PROGRAM

SEE PAGE 7  
FOR  
LOCATIONS,  
DATES,  
AND TIMES

**KIDS RIDE FREE!**

**GET ON BOARD!**  
MAY 15 - AUGUST 15  
\*18 AND UNDER ONLY

TOPEKA METRO

Find out more at [topekametro.org](http://topekametro.org)!

**Topeka West Mission Statement**

Topeka West is...  
**Working** toward career and college readiness,  
**Engaging** students in quality learning,  
**Sustaining** a culture of respect and a  
**Tradition** of excellence

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<b><u>ONLINE REGISTRATION</u></b>	
If you are registering a student for the 2019-2020 school year for any grade level other than preschool or kindergarten please wait until open <b>online registration</b> from July 1 until July 24 Thank you!	
<b><u>TWHS CAMPUS REGISTRATION</u></b>	
Thursday, July 25	
7:30 am until 7:00 pm	
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# **2019-2020 TOPEKA WEST HIGH SCHOOL “HOME OF THE CHARGERS”**

## **MAIN OFFICE A BUILDING**

**Dustin Dick, Principal**

**Dani Allen, Administrative Assistant to the Lead Principal/Financial Office**

**Richard Mariani, Athletic Director**

**Marco Hunter, Administrative Assistant/Athletics Office**

**Leigh Camper, Administrative Assistant/Attendance Office**

## **DIVISION 1 (A-K) E BUILDING**

**Colin Cathey, Associate Principal**

**Andrea York, Administrative Intern**

**Jackie Van Petten, Counselor (A-E)**

**Brooke Mulford, Counselor (F-K)**

**Casey Brewster, Administrative Assistant**

## **DIVISION 2 (L-Z) B BUILDING**

**Beau Caryl, Division Principal**

**Laura Nichols, Division Principal**

**LaShawna Harris, Counselor (L-Q)**

**Megan Sturm, Counselor (P-Z)**

**Kellie Bartow, Administrative Assistant**



# JUNE-JULY, 2019 TWS EVENTS CALENDAR

Sat. June 8	ACT Test Day - B Building 8:00 AM - 12:00 PM
Wed. - Fri. June 19-21	JCLC - Pre Camp, LET Center, 8:00 AM - 3:00 PM
Sun. - Sat. June 23-29	JCLC - Camp - Salina, KS
Wed. June 26	Shawnee County Sports Awards - Ramada Inn, 6:00 PM - 8:00 PM
<b>LOOKING AHEAD TO AUGUST, 2019 - MARK YOUR CALENDARS!</b>	
Mon. - Wed. July 1-24	Online Enrollment Opens
Sat. July 13	ACT Test Day - B Building 8:00 AM - 12:00 PM
Mon. - Fri. July 15-19	Bloomquist Basketball Youth Camp, Both Gyms, 9:00 AM - 3:00 PM
Mon. - Fri. July 22-26	Flint Hills Debate Camp - Media Center & E Building, 8:00 AM - 4:00 PM
Thurs. July 25	On Campus Enrollment - 7:30 AM - 7:00 PM
Mon. - Fri. July 29-Aug 2	JROTC Drill Camp, Both Gyms - 8:00 AM - 12:00 PM, JROTC Raider Camp, 12:00 PM - 4:00 PM
Thurs., Aug 15	Fall Sports Parent Meeting, Auditorium, 7:00 PM
Mon., Aug 19	First Day for Fall Sports

## 2019-2020 TWS CALENDAR ALSO AVAILABLE ONLINE:

<https://sites.google.com/a/tps501.org/topeka-west-high-school-google/>

***NOTE: CALENDAR DATES MAY BE SUBJECT TO CHANGE.***

The Topeka Public Schools, Unified School District No. 501 is committed to affirmative action and equal opportunity. No person shall, on the basis of age, race, color, creed, religion, sex, sexual orientation, gender, gender identity or expression, disability, national origin or ancestry be denied lawful access to any appropriate educational service, program or activity provided by the school district. The Title VI and Title IX compliance coordinator is the Assistant Superintendent for Teaching/Learning/Administration. The Section 504/Title II compliance coordinator is the Coordinator of College and Career Ready Services. For employment, the EEO/AA officer is the General Director of Human Resources. All compliance coordinators may be contacted at 624 SW 24th Street, Topeka, KS 66611-1294, (785) 295-3000. The clerk of the Board of Education has been designated to receive and redirect or handle inquiries regarding nondiscrimination policies, regulations and procedures. The clerk may be contacted by calling (785) 295-3045 or by writing to 624 SW 24th Street, Topeka, KS 66611-1294.



# COUNSELOR'S CORNER

## CONCURRENT CREDIT AT TOPEKA WEST 2019-2020:

College course (concurrent credit) offerings at Topeka West through Washburn University for the 2019-2020 school year will include AP English, Senior Composition, World Literature, AP Biology, AP U.S. History, AP Physics, Physics, College Public Speaking, Spanish, Probability and Statistics, College Algebra and Leadership Studies. Juniors and seniors with a cumulative 3.00 g.p.a. and above (students eligible to enroll in these classes for both high school and college credit). In addition, students must have an ACT Math Sub-Score of 22 and above to enroll in College Algebra. Please contact Jackie Van Petten, Counselor, at 438-4017, for more information. Actual one-step enrollment for these fall courses will be offered on Thursday, Aug. 1 at 5:30 p.m. in the Topeka West Leadership Center, located on SE corner of campus.

## THE 2019-2020 SCHOOL YEAR TOPEKA WEST WILL OFFER AN ACT PREP CLASS.

The course is designed for seniors in the fall semester and juniors in the spring semester. As part of the course, students will be given the opportunity to take the ACT free of charge. Please contact your student's counselor if you are interested in having your student enrolled in this course.

## 2019-2020 ACT TESTING INFORMATION

TEST DATE	REGISTRATION DEADLINE	(LATE FEE REQUIRED)
July 13, 2019	June 14, 2019	June 24, 2019

Register online at [www.act.org](http://www.act.org)

**LOCATION: Topeka West High School - B Building**

REPORT BY 7:45 a.m.

If testing location questions - please call Laura Nichols, Counselor 438-4013

Topeka West High School Code: 172-928

TWHS CENTER CODE: 176190

Students must bring photo I.D., calculator, #2 pencils, and their admission ticket.

Two weeks prior to test. Students must upload their photo to ACT.org

PSAT/NMSQT: Wednesday, October 16, 2019

**SAT: Saturday, August 24, 2019 ([www.collegeboard.com](http://www.collegeboard.com))**

# SCHOLARSHIP NEWS

## Over the Summer

### Freshman

---Volunteer or get a job in areas that interest you.

---Try something new.

### Sophomores

----If you are planning to take the PSAT(the qualifying exam for the National Merit Scholars Program) in October, it has been redesigned to find practice tests go to: <https://collegereadiness.collegeboard.org/sat-suite-assessments/practice/practice-tests>

----If you know of colleges or universities that you are interested in go on tours, if you don't know start looking.

---Volunteer or get a job in areas/fields that interest you.

---If you are interested in a military academy begin studying for the ACT, you will want to take it in the fall of your junior year for the first time.

### Juniors

---Prepare to take the ACT see Mr. Schnacker about his test prep classes. Or look at at Ms. Steinkuehler's webpage for more information, <https://sites.google.com/a/tps501.org/twhs--gifted-education/class-2>

--- Sign up for the ACT, dates are available at <http://www.actstudent.org/regist/dates.html>

---Go on college tours, try to narrow the colleges you are interested in to less than 5.

---Volunteer or get a job in areas/fields that interest you.

--Work on your resume and apply for scholarships on fastweb.com or zinch.com or see the TWest Scholarship Book ,<https://docs.google.com/a/tps501.org/viewer?a=v&pid=sites&srcid=dHBzNTAxLm9yZ3x0d2hzLS1naWZ0ZWQtZWR1Y2F0aW9ufGd4OjRjZTM2YTBhZTdmOWRjNTY> .

### Everyone

Read, Relax and Recharge. Come back ready to have a great year!

# CONGRATULATIONS 2019 GRADUATES!

## TWHS CHARGER STUDENTS

### WHO RECEIVED LOCAL SCHOLARSHIPS AND AWARDS

**Congratulations to the following students who have received**

#### **Local Scholarships and Awards**

**\$2,774,280 Total Scholarships Offered**

Kansas Governor's Scholars: Angel Gonzalez, Joshua Rohr, Gideon Hockenbarger

Dale Dennis Student of Excellence Award: Ariel Johnson

KSHSAA Citizenship Award: Kiora Brooks, Joe Jacobson

Kansas Scholars Curriculum Completers: Zu'mere Beard, Kiora Brooks, Elijah Clanton, Kevin Corona-Maciel, Cameron Cropper, Courtney Diec, Dawson Essary, Zach Forshee, Mara Gilbreath, Neva Gonzales, Angel Gonzalez, Breanna Guy, Alexis Harrison, Dawson Heymans, Gideon Hockenbarger, Brooke Hoover, Sierra Jackson, Joseph Jacobson, Caleb Jennings, Ariel Johnson, Korbin Kido, Dakota McLaughlin, Maya Miller, Kimberly Morrow, Hannah Nystrom, Luke Ottman, Melissa Paz, Taylor Province, Jocely Raygoza, Trevin Reinert, Gabriella Rivera, Julianne Roberts, Joshua Rohr, Ethan Sims, Graham Teter, Bryantt Venegas

Kansas ACT Scholars: Cameron Cropper, Angel Gonzalez, Gideon Hockenbarger, Caleb Eddy, Adam Crawford

Kansas Honor Scholars: Kiora Brooks, Corbin Cool, Cameron Cropper, Courtney Diec, John Eddy, Dawson Essary, Zach Forshee, Mara Gilbreath, Neva Gonzalez, Angel Gonzalez, Alexis Harrison, Dawson Heymans, Gideon Hockenbarger, Caleb Jennings, Maya Miller, Hannah Nystrom, Taylor Province, Gabriella Rivera, Joshua Rohr, Zoe Tippetts, Alanna Walker, Erin Watts, Shawna Wilson, Elizabeth Winkleman, Riley Zook

Kansas Board of Regents Designated State Scholars: Cameron Cropper, Angel Gonzalez, Dawson Heymanns, Gideon Hockenbarger, Joshua Rohr

Pepsi Cola Scholarship: Erin Watts, Taylor Province

Marge and Tom Murphy Perseverance Award: Erin Watts

Topeka Community Foundation Scholarships: Mara Gilbreath, Aubrey Wilson, Courtney Diec

Dr. Manuel E. Pusitz Scholarships: Kiora Brooks, Maya Miller, Cameron Cropper, Caleb Eddy, Hannah Nystrom

Dr. Martin Luther King Jr. Living the Dream Scholarship: Angel Gonzalez, Kiora Brooks, Aubrey Wilson

Joe Schrag Family Spirit Award: Joe Jacobson

Claire Elise Fisher Inspiration Award: Kiora Brooks

Horace Mann Companies Scholarship: Kiora Brooks

Shelter Insurance Foundation Scholarship: Gabriella Rivera

Topeka Chapter of The Links, Incorporated Scholarship for High School Graduating Seniors: Eboni Green Clanton

Haney Family Instrumental Music Award: Olivia Lopez

Haney Family Mass Communications Award: Hannah Nystrom

Ramona Riederer Scholar Athlete Memorial Scholarship: Riley Zook

The Ellis Foundation Scholarships: Caleb Eddy, Sierra Jackson, Gideon Hockenbarger, Riley Zook, Angel Gonzalez

Rachel Renee Chan Memorial Scholarship: Kristen Wishcropp

Katie Rush Memorial Scholarship: Madison Stratman

Nancy Scrinopskie Epoch Vocal Music Scholarship: Tate Donahue

Doug Goheen and Mike Callaway Theatre Scholarship: Braden Chaffin

Class of 1962: Dakota McLaughlin, Mara Gilbreath, Ariel Johnson

Bernice and Larry Robbins Scholarship: Aubrey Miller

Outstanding Student in Math and Science: Angel Gonzalez

The Gates Scholarship: Angel Gonzalez

# SUMMER FOOD PROGRAM

**KIDS &  
Eat FREE**



**Teens  
this Summer**

## Open Summer Food Sites for 2019 USD 501.

<b>Shaner</b> 1600 SW 34 <sup>th</sup> St	6/3-8/2	Breakfast 8:30 – 9:30 Lunch 12:00 – 12:30
<b>Central Park Comm Ctr.</b> 1534 SW Clay	6/3-7/19	Breakfast 8:45 – 9:45 Lunch 11:30 – 12:30
<b>Chase Middle School</b> 2250 NE State Street	6/4-7/19	Breakfast 7:30-8:30 Lunch 11:30-12:30
<b>Highland Park High</b> 2424 SE California	6/3-8/2	Breakfast 7:30 – 8:30 Lunch 11:45 – 12:45
<b>Hillcrest Comm. Ctr.</b> 1800 SE 21 <sup>st</sup>	6/3-7/19	Lunch 11:30 – 12:30
<b>Meadows Elementary</b> 201 SW Clay Street	6/3-8/2	Breakfast 8:00 – 9:00 Lunch 11:30-12:30
<b>Oakland Comm. Center</b> 801 NE Poplar	6/3-7/19	Snack 9:00 – 9:30 Snack 3:30 – 4:00
<b>Quincy Elementary</b> 1500 NE Quincy Ave.	6/3-7/19	Breakfast 7:45 – 8:45 Lunch 11:30 – 12:30
<b>Ross Elementary</b> 401 SE Market	6/3-7/12	Breakfast 8:00 – 9:00 Lunch 11:30 – 12:30
<b>St David's</b> 3916 SW 17 <sup>th</sup> Street	6/3-7/19	Lunch 11:00-12:00
<b>First Church of Naz. (Bridge)</b> 1001 SW Buchanan St	6/3 7/5	Lunch 11:30 – 12:30
<b>Topeka High School</b> 800 SW 10 <sup>th</sup>	6/3-6/29	Breakfast 7:30 – 8:30 Lunch 11:30-12:30
<b>Westminster Church</b> 1275 SW Boswell	6/3-7/19	Lunch 12:00 – 1:00
<b>YMCA Southwest</b> 3635 SW Chelsea Dr.	6/3-7/19	Lunch 11:30 – 12:30
<b>Capital City/TCALC</b> 2731 SW East Circle Dr S	6/3-6/28	Breakfast 7:30 – 8:30 Lunch 11:30-12:30
<b>Forest Park</b> 3158 SE 10th St.	6/10-6/21	Breakfast 8:00 – 9:00 Lunch 11:30-12:30

Adults are not allowed to eat any food served to a child. **NO EXCEPTIONS!!** [Eating food served to a child could result in the meal site being closed. Adult meals can be purchase for \$3.75 (lunch) and \$2.25(breakfast) at the meal site.

The Summer Food Service Program, also known as the Summer Meals Program, was established to ensure that children continue to receive nutritious meals when school is not in session. When school is out, SFS<sup>P</sup> provides free meals to kids and teens in low-income areas.

**This institution is an equal opportunity provider**



## Low-Cost Sports Physicals

For Topeka 501 school district student athletes

**Dates:** Tuesday, Aug. 13, 2019, and Wednesday, Aug. 14, 2019  
**Time:** 5:30-8 p.m.

**Location:** Sports Medicine Clinic  
801 SW Fairlawn Road, Topeka, KS 66606

**Cost:** \$20 per person

The University of Kansas Health System St. Francis Campus is offering convenient, low-cost sports physicals for all USD 501 middle school and high school athletes. No appointment is necessary. Parent/guardian does not have to be present, but must complete and sign required forms. This exam meets the annual state requirement.

*Per Kansas State High School Activities Association (kshaa.org), the annual history and the physical examination shall not be taken earlier than May 1 preceding the school year for which it is applicable; therefore, all physicals dated May 1, 2019, or after will be acceptable for the 2019-2020 school year.*

For more information call 785-270-7454.



## REQUIRED FORMS

2019-2020

## SPORTS PARTICIPATION

The link for the physical form is:

<https://drive.google.com/a/tps501.org/file/d/0B5UqcFuWLw7pckc3djRaYIR6Mlk/view>

The link for the concussion form is:

<https://drive.google.com/a/tps501.org/file/d/0B5UqcFuWLw7peHFWNnNhdmVtbU0/view>



**ALL PHYSICALS MUST BE DATED AFTER  
MAY 1, 2019 TO BE LEGAL FOR THE  
2019-2020 SCHOOL YEAR.**

## Low-Cost Sports Physicals

For Topeka 501 school district student athletes

**Date:** Thursday, Aug. 15, 2019  
**Time:** 5:30-7 p.m.

**Location:** Highland Park High School  
2424 SE California Ave., Topeka, KS 66605

**Cost:** \$20 per person

The University of Kansas Health System St. Francis Campus is offering convenient, low-cost sports physicals for all USD 501 middle school and high school athletes. No appointment is necessary. Parent/guardian does not have to be present, but must complete and sign required forms. This exam meets the annual state requirement.

*Per Kansas State High School Activities Association (kshaa.org), the annual history and the physical examination shall not be taken earlier than May 1 preceding the school year for which it is applicable; therefore, all physicals dated May 1, 2019, or after will be acceptable for the 2019-2020 school year.*

For more information call 785-270-7454.







**CAMP COURAGE**  
*Fire Camp for Girls*



**JUNE 24-28, 2019**

**9AM - 3PM Daily**

**Open to High School  
Freshman - Senior**

**324 SE Jefferson St.**



**Training provided by  
women in fire service**

**Go to [www.topeka.org/tfd](http://www.topeka.org/tfd) for  
more information and application**

# Immunization Requirements for the 2019 - 2020 School Year

K.A.R. 281-20 defines Immunizations required for any individual who attends school or a childcare program operated by a school. Below are the requirements for the indicated school year. Please carefully review the requirements. The usual number of doses required are listed; however there are exceptional circumstances that could alter the number of doses a child needs. If you have questions about your child's immunization status, contact your child's primary care provider or local health department.

**Proof of receiving the required immunizations must be provided to the school prior to the student attending the first day of school.**



## Early Childhood Program Operated by a School Ages 4 Years and Under

Vaccine	Requirement
DTaP/DT (diphtheria, tetanus, pertussis)	4 doses
IPV (polio)	3 doses
MMR (measles, mumps, rubella)	1 dose
Varicella (chickenpox)	1 dose*
Hepatitis A	2 doses
Hepatitis B	3 doses
Hib (Haemophilus influenzae type B)	4 doses**
Prennar (Streptococcus conjugate)	4 doses**

## KDG and Grade 1 - New Requirement!

Vaccine	Requirement
DTaP/DT (diphtheria, tetanus, pertussis)	5 doses
IPV (polio)	4 doses***
MMR (measles, mumps, rubella)	2 doses
Varicella (chickenpox)	2 doses*
Hepatitis A - New Requirement!	2 doses
Hepatitis B	3 doses

## Grades 2 - 6

Vaccine	Requirement
DTaP/DT (diphtheria, tetanus, pertussis)	5 doses
IPV (polio)	4 doses***
MMR (measles, mumps, rubella)	2 doses
Varicella (chickenpox)	2 doses*
Hepatitis B	3 doses

## Grade 7 - New Requirement!

Vaccine	Requirement
Tdap (tetanus, diphtheria, pertussis)	1 dose**
IPV (polio)	4 doses***
MMR (measles, mumps, rubella)	2 doses
Varicella (chickenpox)	2 doses*
Hepatitis B	3 doses
<b>NEW Requirement!</b> Meningococcal (serogroup A, C, W, Y)	1 dose

## ADDITIONAL ACIP RECOMMENDED Vaccines

Not Required for School Entry

- **Influenza (Flu):** Annual vaccine recommended for everyone 6 months of age and older.
- **HPV (Human Papillomavirus) Vaccine:**  
2 doses recommended at age 11 years  
2 doses needed if started at 11-14 years  
3 doses needed if started at 15 years or older

## Grades 8, 9, 10 and 12

Vaccine	Requirement
Tdap (tetanus, diphtheria, pertussis)	1 dose**
IPV (polio)	4 doses***
MMR (measles, mumps, rubella)	2 doses
Varicella (chickenpox)	2 doses*
Hepatitis B	3 doses

## Grade 11 - New Requirement!

In addition to above vaccines for Grades 8, 9, 10 & 12:

Meningococcal (serogroup A, C, W, Y)	1 dose
--------------------------------------	--------

## Notes

\* Varicella (chickenpox) vaccine is not required if child has had chickenpox disease and disease is documented by a physician signature. Without physician signature, vaccine is still required even if you believe your child has had chickenpox disease.

\*\* Total doses needed are dependent on vaccine type and age the doses were administered.

\*\*\* All Students in grades K-6, all new students and students currently completing the polio series must have 6 months between the last 2 doses of polio vaccine, and one dose must be after the 4th birthday.

\*\* All students in grades 7-12 must have one dose of Tdap regardless of the interval since the last dose of DTaP or Td.



# TOPEKA WEST

## FRESHMEN

# Orientation

### WHEN

August 13, 2019 7:55-3:00

### WHAT

The purpose of this orientation is to make the transition from middle school to high school a positive one.

Sophomores, juniors and seniors will be serving as leaders and mentors to the freshmen. Large and small group activities are designed to address students' needs and concerns in an enjoyable manner. Wear comfortable clothing and don't bring all of your stuff.....pack light!

### WHERE

ORIENTATION KICKS OFF IN THE QUADRANGLE IN FRONT OF THE BIG GYM.

### FRESHMEN EVENT

### LUNCH:

Students can purchase school lunch or bring a sack lunch.

### DROP OFF

19<sup>TH</sup> & FAIRLAWN

### PICK UP

19<sup>TH</sup> & FAIRLAWN

### QUESTIONS?

Contact your student's team office

Division 1 (A-K)

785-438-4005

Division 2 (L-Z)

785-438-4004

Main Office

785-438-4006





## T-WEST CHARGERS

# BACK TO SCHOOL PICNIC & OPEN HOUSE

TUESDAY, August 13<sup>th</sup> – 5:30 pm  
In the Center of Campus ("The Quad")  
Open House starts at 6:30 pm

**\*\* FREE FOOD & ICE CREAM TREATS \*\***

**Activities, Booths, Music – Don't miss it!**

Sponsored by the **Westside PRIDE Booster Club**

*The Topeka West High School Parent Organization*

Westside PRIDE Booster Club works to build strong working relationships among parents, teachers and schools, in support of all students and activities at Topeka West. All Topeka West parents are encouraged and welcome to become part of Westside PRIDE. Join today to make West the Best! *Like Us on Facebook: Westside Pride Topeka West Booster Club*



### **BASKETBALL (BOYS)**

Monday, June 3 through Thursday, July 11, Monday – Thursday  
Main Gym 9:30 p.m. - 12:00 p.m. (June 10-13, June 17-20, July 8-11)  
Weight Room 12:00 p.m. - 1:30 p.m.  
Main Gym 4:00 p.m. – 6:30 p.m. (June 3-6, June 24-27, July 8-11)

### **BASKETBALL (GIRLS)**

Beginning Tuesday May 28  
Tuesdays and Thursdays  
Main Gym 10:30 a.m. - 12:30 p.m.

**BAND CAMP** See Information Page 18

### **CHEER CAMP**

NCA Summer Camp - Great Wolf Lodge June 10-13  
Fall Practices begin August 1

### **DANCE CAMP**

Saturday, August 3 through Monday August 5  
Saturday-Sunday Aug. 3-4 7:00 a.m. - 4:00 p.m.  
Monday, Aug. 5 7:00 a.m. - 11:00 a.m., 12:00 p.m. - 4:00 p.m.

**FOOTBALL** See Calendar/Information Page 19

**TENNIS** See Pages 20-21 for Camp Fee/Registration/Information

### **VOLLEYBALL**

Monday-Thursday, starting Tuesday May 28  
Practices:  
7:45 a.m. - 8:30 a.m. (Individuals)  
8:30 a.m. - 10:30 a.m. (Team)  
10:30 - 11:30 a.m. (Weights)

**GIRLS & BOYS SOCCER** SEE INFORMATION PAGES 22-23

**JROTC** SEE INFORMATION PAGE 24

**BOWLING** SEE INFORMATION PAGE 25

**GIRLS GOLF** SEE INFORMATION PAGE 26

**CROSS COUNTRY** SEE INFORMATION PAGE 27

If interested, Contact Coach Palmer at [dpalmer@tps501.org](mailto:dpalmer@tps501.org) or 785-554-9034  
Check the website: <http://twhscrosscountry.weebly.com/>

# TOPEKA WEST CHARGER BAND

Attention all Topeka West Charger Band members and incoming new members. Here are the important dates for May and this coming Summer

June 5, 2019. Full Band Rehearsal 1 pm - 3:30 pm.-Band Room- Required for the full band except Color Guard.

June 19, 2019. Full Band Rehearsal 1 pm - 3:30 pm- Band Room- Required for the full band except Color Guard.

July 10, 2019. Full Band Rehearsal 1 pm - 3:30 pm- Band Room- Required for the full band except Color Guard.

Every Monday and Wednesday thru the summer- Percussion Rehearsals: 1 pm -3 pm

Every Thursday thru the summer- Color Guard Rehearsal: 5:30 pm - 7:30 pm

July 29 – Aug 9 Band Camp Starts for two weeks. Percussionist on July 29 from 8 am – 5 pm Then the full band starts from July 30- August 2, 8 am – 5 pm. We will then have night rehearsals the following week on August 5 – 9, from 6 pm – 9:30 pm. All are required rehearsals.


If you want to find out more about band or the camps, you can visit us on the web at: [www.twcb.org](http://www.twcb.org). This website is continually updated to keep you up to date on our continuing activities. Also “Like” us on Facebook to keep updated on band activities. If you have any questions, please don’t hesitate to call me at Topeka West, 438-4045 or on my cell- 785-633-8922. We do all of our communication thru email, Facebook and text. So please make sure we have the correct email and cell number for you and your family. If you don’t hear from me by May 20, please contact me to make sure we have everything correct.


We will be outside during the mornings and inside during the afternoons. Bring sunscreen, and water jugs for all morning and evening rehearsals. Wear cool, comfortable clothes and students MUST wear tennis shoes for marching.

For questions or if you have a potential conflict, please contact Mr. Evans at 785-438-4045 or email him at [bevans@tps501.org](mailto:bevans@tps501.org).



# Topeka West Football Summer Calendar

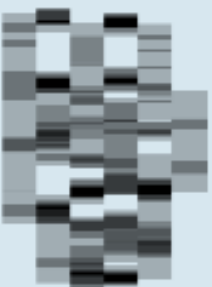
JUNE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Golf Tournament Players Report 8am Cypress Ridge 
2	3 Summer #1 8-10am	4 Summer #2 8-10am	5 Summer #3 8-10am	6 Summer #4 8-10am	7 Summer #5 8-10am	8
	Charger Football Camp - 6-8:30pm Monday-Friday @ TWHS (To include fun activities last 30 minutes each night)					
STAFF MEET 6pm	\$20 Camp Fee	\$25 New Campers	No new campers			
9	10 Summer #6 8-10am  BC Campers 7-9pm Walk thru/Exercises	11 Camp Breakfast 8am	12	13	14 Summer #7 8-10am	15
STAFF MEET 6pm		Benedictine College Contact Camp		Return 3pm		
16 FATHER'S DAY	17 Monday Maniacs #1 6-7:30pm	18 Summer #8 8-11am	19 Summer #9 8-11am	20 Summer #10 8-11am	21	22
23	24 Monday Maniacs #2 6-7:30pm Battle of the Rigs - SWS	25 Summer #11 8-11am	26 Summer #12 8-11am	27 Summer #13 8-11am **earn 50 points for turning in ALL FB Paperwork**	28	29
30						

JULY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	STATE MANDATED DEAD WEEK - NO ACTIVITIES OR OBLIGATIONS					
						
7	8 OFF	9 Summer #14 8-11am Middle School Football Camp Hosted by TW Staff/Players 6-8:30pm	10 Summer #15 8-11am	11 Summer #16 8-11am Jeff West HS Camp 6pm	12	13
STAFF MEET 6pm						
14	15 "No Ball" Date State Mandated Monday Maniacs #3 6-7:30pm	16 Summer #17 8-10am	17 Summer #18 8-10am	18 Summer #19 8-10am **earn 30 points for turning in ALL FB Paperwork**	19	20
21	22 Monday Maniacs #4 6-7:30pm	23 Summer #20 8-10am	24 Summer #21 8-10am	25 Summer #22 8-10am	26	27
28	29 Monday Maniacs #5 6-7:30pm	30 Summer #23 8-10am	31 Summer #24 8-10am			

## INFORMATION

Progressive Tennis Camps is proud to feature seven sessions of tennis instruction geared toward developing the fundamentals of tennis. Each session will consist of four days of drills, instruction, games and events based on the student's ability level. Students may sign up for any or all of the seven sessions.

Kurt David is the head boys' and girls' tennis coach at Topeka West High School. Kurt was selected as 2000 SA Girls' Coach of the Year and 2003 and 2011 SA Boys' Coach of the Year.



Please call (785) 688-7016 for more information on camps and ISITA tournaments.

**Class sizes limited.....sign up now!!!**

**PROGRESSIVE TENNIS  
CAMPS**  
Progressive Tennis Camps  
3610 SW Twilight Dr  
Topeka KS 66614

## Progressive Tennis Camps

### 2019

*Developing fundamentals and a love of the game!*



Look for Special Pricing on the registration panel!!!

**Te (785) 244-7016**

## Progressive Tennis Camps

Progressive Tennis Camps will be held at the tennis courts at Opoka West High School (2001 Fairview).

Session information can be found on the following page. We primarily schedule our camps in anticipation of vacations and as occasional rainouts. In the event of a rainout, we will attempt to reschedule the missed class on the Friday of that week.



Committed to creating winners!

Please send your student with the appropriate camp equipment; racket, tennis shoes, water bottle.

**COME PREPARED TO WORK HARD  
AND HAVE FUN!!**

Racquet stringing service available!!!

Be sure to ask about summer tournament opportunities.

### Session Dates

**Session I:** May 28-May 31 (Tuesday-Friday)

**Session III:** June 10-13

**Session IIIb:** June 17-20

⇨ Watch for information regarding the Kossow Junior Open Tennis Tournament on June 27. (An event sanctioned by the USTA).

**Session IV:** June 24-27

⇨ Watch for information regarding the Junior Jayhawk Tennis Tournament on July 3. (An event in Lawrence sanctioned by the USTA).

**Session V:** July 8-11

⇨ Watch for information regarding the Sunflower State Games Tennis Tournament on July 12-14. (An event sanctioned by the USTA).

**Session VI:** July 15-18

**Session VII:** July 22-25

(High School Girls' season begins August 19)

### Session Times:

Beginner: 8:00 am- 9:00 am

Intermediate: 9:00 am- 10:00 am

Advanced: 10:00 am-11:00 pm

We understand the difficulty in scheduling pick-up/drop-off times and transportation. Please let us know if there are special circumstances that need to be considered. We will be happy to be flexible.

## Registration Form

Sign up for: \_\_\_\_\_ Time \_\_\_\_\_ Price per Session \_\_\_\_\_

Beginner \$300.00 \$30.00

Session(s) \_\_\_\_\_

Intermediate \$200.00 \$20.00

Session(s) \_\_\_\_\_

Advanced \$300.00 \$30.00

Session(s) \_\_\_\_\_

Total: \_\_\_\_\_

Take "advantage" of our multi-session prices:  
"Deuce" special: Pay for 3 FULL sessions, attend any 5  
"Ace" special: Pay for 4 FULL sessions, attend any 6  
"Champ" special: Pay for 5 FULL sessions, attend all 7

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

PROPERTY/STREET \_\_\_\_\_

Method of Payment

Check (mail: Opoka West High School)

Cash

## PROGRESSIVE TENNIS CAMPS

Progressive Tennis Camps  
3610 SW Twilight Dr  
Opoka KS 66614

Call: (785) 688 7016  
Email: lucavids@stglobal.net



## Summer soccer schedule

This summer I will offer several opportunities for individual or small group skills training on top of large group kick-around. Please contact me at [jkutter@tps501.org](mailto:jkutter@tps501.org) or (785)221-3530, my cell, if you would like to schedule a time for training sessions. If the times do not work, contact me and we can try to arrange times that work.

June 4: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

June 5: 9AM-11AM individual / small group

June 6: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

June 11: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

June 12: 9AM-11AM individual / small group

June 13: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

June 18: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

June 19: 9AM-11AM individual / small group

June 20: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

June 25: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

June 26: 9AM-11AM individual / small group

June 27: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

**July 4<sup>th</sup> week OFF**

July 9: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

July 10: 9AM-11AM individual / small group

July 11: 8-9AM individual/ small group

9AM-11AM Kick-around for Topeka West students or future students. **Students not attending west may not join these kickarounds.**

11AM-12PM individual/ small group

July 16: 8-9AM conditioning meet at the soccer field.

July 17: 8-9AM conditioning meet at the soccer field.

July 18: 8-9AM conditioning meet at the soccer field.

July 23: 8-9AM conditioning meet at the soccer field.

July 24: 8-9AM conditioning meet at the soccer field.

July 25: 8-9AM conditioning meet at the soccer field.

**July 29-August 9 Senior/ Student led workouts.**

**August 12- 16 Team workouts No ball      4-6PM Meet at the soccer field**

**August 19 First Day of Practice**



Drill Team Pre-Camp

July 29—August 2

8:00 AM—11:00 AM

Topeka West High School



Raider Team Pre-Camp

July 29—August 2

1:00 PM - 3:00 PM

Topeka West High School





# Topeka West Girls Golf 2019

Come join the fun and excitement of the Girls Golf team, a team that has qualified for the State Golf Tournament 15 of the last 16 years. Freshman, sophomore, junior and senior girls are invited to become part of the Girls Golf Team at Topeka West. No prior golfing experience is needed. Coach Richard Mariani will be holding an organizational and parent meeting Thursday, August 15, 7:00 p.m., in the Auditorium. This meeting will be in conjunction with the Fall Sports Parent meeting.

Practice will begin Monday, August 19, 3:15 pm at Cypress Ridge Golf Course. For any additional information, please call Coach Mariani at school 438-4042.

**Get your physical and concussion form taken care of early. Don't wait until the last minute!**



## Topeka West Cross Country Summer Running Schedule 2019

Summer run locations will be Monday's Crestview Community Center Parking Lot, Tuesday's Governor's Mansion (meet in the parking lot just west of 6<sup>th</sup> and Fairlawn), Wednesday Gage Park (in the Zoo Parking lot), Thursday's Topeka West front parking lot, Friday's Washburn University Parking Lot at the Northeast corner of 19<sup>th</sup> and MacVicar Street.

All runs start at 7:30 am.

Weeks 1-2	Weeks 3-4	Weeks 5-6	Weeks 7-8
Mon: June 10 Crestview	Mon: June 24 Crestview	Mon: July 8 Crestview	Mon: July 22 CC Camp @ Lake Pomona
Tues: June 11 Gov Mansion	Tues: June 25 Gov Mansion	Tues: July 9 Gov Mansion	Tues: July 23 CC Camp Day 2
Wed: June 12 Gage Park	Wed: June 26 Gage Park	Wed: July 10 Gage Park	Wed: July 24 CC Camp Day 3
Thurs: June 13 TWHS	Thurs: June 27 TWHS	Thurs: July 11 TWHS	Thurs: July 25 Crestview
Fri: June 14 WU	Fri: June 28 WU	Fri: July 12 WU	Fri: July 26 Gage Park
Mon: June 17 Crestview	Mon: July 1 –DEAD Week Starts	Mon: July 15 Crestview	Mon: July 29 Crestview
Tues: June 18 Gov Mansion	Tues: July 2 –DEAD Week	Tues: July 16 Gov Mansion	Tues: July 30 Gov Mansion
Wed: June 19 Gage Park	Wed: July 3 –DEAD Week	Wed: July 17 Gage Park	Wed: July 31 Gage Park
Thurs: June 20 TWHS	Thurs: July 4---DEAD Week	Thurs: July 18 TWHS	Thurs: Aug 1 TWHS
Fri: June 21 WU	Fri: July 5 ---DEAD Week Ends	Fri: July 19 WU	Fri: Aug 2 WU

**Contact Information:**

Coach Donnie Palmer --- Cell 785-554-9034 email: [dpalmer@tps501.org](mailto:dpalmer@tps501.org)