

MON		TUE		WED		THU		FRI		OCTOBER 2025	
										<h1>BROWN & GLOVER</h1> <h2>MENU</h2>	
A VEGETARIAN SUBSTITUTE IS AVAILABLE FOR ALL MAIN ENTREES		1		2		3		4		<div><h3>DAILY Beverage Offerings</h3><p>1% Milk Chocolate Milk</p></div> <div>ASSORTED FRUIT OFFERED DAILY</div> <div><p>We aim to offer more scratch-cooked, locally sourced and cleaner menu items to provide nutrient dense options for our community.</p><p>Thank you,</p><p>John Costantino Food Service Director costantino.john@marbleheadschoools.org</p></div>	
6		7		8		9		10			
Mac & Cheese Roasted Broccoli		Beef Nachos Black Bean & Corn Salsa		Burger Sliders Baked Beans		BBQ Chicken Mashed potato & Coleslaw		PZA Cheese or Pepperoni Pizza Cucumber Coins			
Italian Sub		Hummus Bento Box		Tuna Salad Sandwich		Veggie Hummus Wrap		Turkey & Cheese Sandwich			
13		14		15		16		17			
No School ! Indigenous Peoples' Day		Hot Dogs Chips & Carrot Sticks		Chicken Broccoli Ziti Garlic Bread		B4L French Toast Stick, Sausage, Tots & Pear Bread		PZA CHEESE OR PEPPERONI PIZZA BLT Pasta Salad			
		Chicken Salad Bento Box		Ham, Apple & Spinach Wrap		BLT		Ham & Cheese Sandwich			
						Harvest of the month					
20		21		22		23		24			
Red's Best Fish Sticks Coleslaw & Tar Tar		Chicken & Cheese Empanada Chickpea Salad		EARLY RELEASE BAG LUNCH AVAILABLE		Chicken Nuggets Fries & Corn		PZA Cheese or Pepperoni Pizza Tossed Salad			
Veggie Hummus Wrap		Protein Bento Box				Egg Salad Sandwich		Yogurt Bento			
27		28		29		30		31			
Mini Breaded Ravioli Glazed Carrots		Chicken Pesto Pasta Peas		Grilled Cheese W/ Chicken Noodle Soup		B4L Mini Pancakes, Sausage, Sweet Potato Tots Apple Sauce		PZA Cheese or Pepperoni Pizza “EEK Treat”			
Tuna Salad Bento Box		Italian Sub		Ham & Cheese Sandwich		Chicken Caesar Wrap		Yogurt Bento <i>Happy Halloween</i>			