



# East Brunswick Public Schools

RETURNING TO IN PERSON LEARNING

2 0 2 1 G U I D E L I N E S ; I L L N E S S A N D T R A V E L

January 1<sup>st</sup> 2021

## Memo from the DOH medical director:

In the context of an ongoing state-wide second wave, New Jersey continues to experience COVID-19 transmission among school-aged children. In children, signs/symptoms are often mild, and it may not be possible to clinically distinguish COVID-19 from other illnesses. For this reason, **the New Jersey Department of Health (NJDOH) recommends that any child with COVID-19 compatible symptoms should not return to school until they have either received a negative viral test (molecular or antigen) for SARS-CoV-2 or they have completed an isolation period of at least 10 days since symptom onset and at least 24 hours after resolution of fever without fever-reducing medications with symptom improvement.** A purely clinical alternative diagnosis is no longer acceptable

### As a district East Brunswick continues to follow the recommendations set forth by the NJ department of health.

- In accordance with the published memorandum on January 1<sup>st</sup> 2021 by the DOH, East Brunswick Public Schools will require any student with COVID-19 compatible symptoms to:
  - o Complete an isolation period of at least 10 days since symptom onset.
  - OR
  - o Documentation of a negative PCR COVID test and a doctor's note clearing your child to return to in person learning
- If you are unsure about your child's symptoms, **please err on the side of caution. Consult your school nurse or child's physician prior to sending your child to school.**
- Symptoms include but are not limited to fever, chills, cough, shortness of breath or difficulty breathing, fatigue, muscle aches, body aches, headache, loss of taste or smell, sore throat, congestion, runny nose, nausea or vomiting, and diarrhea.

### In Person Learning Checklist

Should my child go to school today?

- Does my child have a fever of 100.4 or greater?
- Does my child have any symptoms of COVID-19 (sore throat, vomiting, diarrhea, fatigue, new onset of headache, congestion, loss of taste/smell, etc.)?
- Has my child recently been in close contact with a confirmed positive COVID-19 case?
- Has my child traveled anywhere outside the tri-state in the past 14 days?

**\*\*\* If you answer YES to any of the above questions your child must stay home and please call your child's school nurse.**

**\*\*\* THE SCHOOL NURSE IS RESPONSIBLE FOR DETERMINING WHETHER OR NOT A STUDENT MAY REMAIN IN SCHOOL. PLEASE RESPECT THIS DECISION AND KNOW THAT IT IS MADE IN THE BEST INTEREST OF ENTIRE SCHOOL COMMUNITY**

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## TRAVEL RESTRICTIONS

East Brunswick follows the NJ Travel Restriction

Guidelines: <https://covid19.nj.gov/>

*Whole family travel: all persons in the family must quarantine for 14 days*

*One family member travel: ONLY the individual who traveled is required to quarantine for 14 days,*