



PARENT UNIVERSITY

SUPPORTING ANXIETY IN YOUR CHILD

Tuesday, March 1st at 5:30 pm
via WebEx

PRESENTED BY THE STUDENT SERVICES DEPARTMENT AND RUTGERS UNIVERSITY

**TO REGISTER PLEASE VISIT:
[HTTPS://TINYURL.COM/3WYJZ3A3](https://tinyurl.com/3WYJZ3A3)**



In this workshop, parents/guardians will gain a better understanding of adolescent anxiety and depression and learn how to help your child cope with anxiety at school and at home.

