How To Test Your Student for COVID-19 as They Return from Break

Help slow the spread of COVID-19. Test your student as they return to school from a break. Follow these steps:

Step 1: GET your testing materials (from your school or district)

- A box of at-home COVID-19 Rapid Antigen Tests (1 box may contain 1 or 2 tests);
- And, if possible, a device with internet access for sharing the results with your local health department.

Step 2: PLAN your test days

- You might receive specific instructions on which days to use your tests. If you can, test the day before returning to school from a break. **If your student is back from break already, test now!** Repeat a test in 3 days.
- If your student gets sick with symptoms (like cough and fever), STAY HOME and use your tests to see if it is COVID-19.
- If your student is exposed to someone with COVID-19, follow current quarantine recommendations.

Step 3: SHARE your test results

- If your student is very sick: call 911, visit an emergency room, or call your doctor.
- SHARE test results via the Primary.Health link sent by your school, or (if you did not receive a school link) via the Primary.Health website at https://my.primary.health/l/caschools, or by scanning the QR code below with your smartphone.

Step 4: UNDERSTAND your test results

NEGATIVE TEST?

- If your student feels well and has no COVID-19 symptoms, return to school.
- If your student has SYMPTOMS or has been in contact with someone with COVID-19, please call your school before they return – even if the test is negative. More testing may be needed.

POSITIVE TEST? Keep your student home from school and contact your doctor and your school right away. Follow current isolation and quarantine guidelines.

UNCLEAR TEST RESULTS? Retest at school or at a local testing site.

ANY SYMPTOMS? KNOWN EXPOSURE? If your student has ANY COVID-19 symptoms and/or you know they were exposed, CALL THE SCHOOL before they return.

SCAN the QR code to share the results with your local health department.