

10 things you can do to prepare for returning back to school

1 Practice Hand Hygiene often throughout the day. Teach them to sing their ABCs or have them count for at least 20 seconds ensuring they wash front, back, & in-between their fingers.



6 Update Immunization. Current immunizations are required to enroll for the school year. Contact your child's pediatrician for an appointment. Immunizations can also be obtained at the Health Dept.



2 Practice Putting Mask On/Off. Your child will be required to wear a mask on the bus, upon entering school, & within the hallways. Teach them to not touch the inside of their mask when taking it off.



7 Change Aerosolized Medication. Inhalers with a chamber will be preferred over nebulizers. Speak with your child's pediatrician to obtain the proper equipment & to update the Asthma Action Plan.



3 Practice 6ft of Distance. Measure the distance on the floor. Consider temporarily laying pieces of paper down for a visual.



8 Purchase Reusable Water Bottle. We encourage all staff and students to use refillable water bottles throughout the school day.



4 Purchase a Thermometer Check your child's temperature every morning, along with daily home monitoring of COVID-19 related symptoms. If your child's temperature is 100.4 or higher, they must stay home and follow return to school criteria



9 Verify/Update Emergency Contacts. If your child presents with COVID-like symptoms, they will be placed in isolation and will need to be picked up immediately. Please ensure a contact can be reached at any given time.



5 Make/Purchase Extra Masks. When possible, masks should only be used one time. Consider making or buying multiple masks to give you proper time to wash them between uses.



10 Stay Informed. Educate yourself from reliable sources such as the CDC, Pima County Health Department, and the MUSD website and social media.

