



# MOUNTAIN VIEW HIGH SCHOOL

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Dear Parent/Guardian,

This year Mountain View will participate in two surveys; the *Arizona Youth Survey*, a statewide prevention needs assessment for 10th and 12th grade students conducted by the Arizona Criminal Justice Commission and the *High School Health and Wellness* program survey from the Arizona Governor's Office of Youth, Faith and Family. The survey results will be used to inform existing and future substance use and delinquency prevention programs in our community.

### ***Arizona Youth Survey***

The *Arizona Youth Survey* is given statewide to 10<sup>th</sup> and 12<sup>th</sup> grade students. Questions in the survey cover youth substance use, teen sexual activity, and other problematic behaviors, and the risk and protective factors related to those behaviors.

#### Facts about the Survey:

1. It is anonymous. Students will be explicitly instructed to not put their names on the survey questionnaire. No one will be able to connect any individual student with his or her responses. School staff will not see any students' responses.
2. Participation in the survey is voluntary. Your student may decline to participate at any time or skip any question they do not wish to answer.
3. The survey will occur during Summit class.
4. We believe there to be minimal risk involved in your student taking this survey. Some students may feel anxious, stressed, or embarrassed when asked questions about problematic behaviors, but in the majority of these situations this does not create any risk of serious harm to the youth.

### ***High School Health and Wellness Survey***

Mountain View High School has been funded by the Arizona Governor's Office of Youth, Faith and Family to implement a *High School Health and Wellness* program. The intent of the program is to provide services and programs for high school students, that prevent the onset of alcohol, marijuana, and drug use by youth, and to foster the development of social and physical environments that promote healthy and drug-free lifestyles. In order to evaluate the impact of this program on high school students, your teen will be asked to take a survey to gather information on their opinions on underage drinking and use of other illegal drugs.

#### Facts about the Survey

1. There should not be any risks, either physical or mental, to your teen by taking part in this project. Your teen will be asked to share his or her thoughts on underage drinking and use of other illegal drugs.
2. There is no payment for your teen's participation in this project.
3. All information that a teen reports will remain confidential, as allowed by law. The teen's name will not be used in any reports, and survey names will remain confidential. The Project Evaluator is the only person who will have access to the program data. This data is collected to better understand teen opinions on underage drinking and/or use of other illegal drugs, and to improve our ability to develop

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meaningful prevention messages and activities to reduce underage drinking and the use of other illegal drugs.

4. A teen may choose to stop taking the survey at any time. The teen is not required to answer any question that they do not wish to answer. Non responses will not affect a student's standing in the program.

These surveys will provide valuable information to help us create and refine our school programs that are designed to prevent and combat the problem of alcohol and drug use by youth in our community.

- The materials used in the *Arizona Youth Survey* are available for inspection by parents by contacting our Prevention Coach, Karina Duarte. They can also be viewed at <http://azcjc.gov/content/arizona-youth-survey> . If you have any questions regarding the survey or your student's participation, please contact our Prevention Coach, Karina Duarte at 579-4400 or at [k.m.duarte@maranausd.org](mailto:k.m.duarte@maranausd.org) , or the staff of the Arizona Criminal Justice Commission, who are responsible for the statewide administration of the survey. If you have any questions about your student's rights as a subject/participant in this research, or if you feel your student has been placed at risk, you can contact the Chair of the Human Subjects Institutional Review Board, through the ASU Office of Research Integrity and Assurance, at (480) 965-6788.
- The materials used in the *High School Health and Wellness Survey* are also available for inspection by parents by contacting Karina Duarte. They will also be available for viewing during Mountain Lion Days.

If for any reason, you do not want your child to participate in these surveys, please contact the Prevention Coach, Karina Duarte at 579-4400 or at [k.m.duarte@maranausd.org](mailto:k.m.duarte@maranausd.org)

Thank you in advance for your cooperation.

Sincerely,

Todd Garelick  
Principal

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*Delia McCraley, Associate Principal*  
*Matthew Tidwell, Associate Principal*

*Robin Meece, Associate Principal*  
*Nathan Orelup, Dean of Students/AD*

## High School Health and Wellness Parent Information

### INFORMATION - PARENTS

#### BACKGROUND AND PURPOSE OF THE HIGH SCHOOL HEALTH & WELLNESS PROJECT

Mountain View High School has been funded by the Arizona Governor's Office of Youth, Faith and Family to implement a High School Health and Wellness program. The intent of the program is to provide services and programs for high school students, that prevent the onset of alcohol, marijuana, and drug use by youth, and to foster the development of social and physical environments that promote healthy and drug-free lifestyles.

This year, we are offering the *Too Good for Drugs (TGD)* curriculum. If your student is a freshman, he/she will likely be offered an opportunity to participate in this curriculum. All 10-12<sup>th</sup> grade students are also welcome to participate, and we will offer the program to any student who demonstrates risk factors. The TGD curriculum will be available for viewing during Mountain Lion Days. Parents and Guardians may also view the materials by contacting our Prevention Coach, Karina Duarte at 579-4400 or at [k.m.duarte@maranausd.org](mailto:k.m.duarte@maranausd.org)

Research on the *TGD* program has shown that students who participate in the program's lessons increase their resistance skills, have more unfavorable attitudes toward underage drinking and drug use, and communicate more frequently with parents on these topics.

In order to evaluate the impact of this program on high school students, your teen will be asked to take a survey to gather information on their opinions on underage drinking and use of other illegal drugs. Information regarding this survey is contained in the *AYS and HSHW Parent Survey* letter included in this packet.

If for any reason, you do not want your child to participate in the *Health and Wellness Prevention Program*, the *Too Good for Drugs* classes or the corresponding survey, please contact Prevention Coach, Karina Duarte at 579-4400 or at [k.m.duarte@maranausd.org](mailto:k.m.duarte@maranausd.org)

Principal  
Todd Garelick