Responsible Decision Making

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CASEL Framework

CASEL is the Collaborative for Academic, Social, and Emotional Learning





What Is Responsible Decision Making?

Responsible decision making: The ability to make caring and constructive choices about personal behavior and social interactions across diverse situations.

This includes considering whether a choice will show care or cause harm to yourself, another person, an animal or a thing; and considering the broader impact of the decision.

Video: Responsible Decision Making





Tips to Support Responsible Decision Making

- 1. Look for opportunities to offer choices
- 2. Help your child develop a healthy self-image through inner self-talk
- 3. Give your child space to reflect and think things through
- 4. Make problem solving a family affair
- 5. Understanding consequences
- 6. Engage your child with characters and stories they can learn from and relate to



Discussion

- Did you discover that you were doing some of these strategies already?
- What do you want to try out that will be new to you and your family?



QUESTIONS





References

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THANK YOU!

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