

Family Resource Centers

Schedule of Workshops and Events

**Updated
February 17, 2020**



Tucson Unified *Family Resource Centers*

Catalina Family Resource Center	Palo Verde Family Resource Center	Southwest Family Resource Center	Wakefield Family Resource Center
3645 E. Pima Street 520.232.8684	1302 S. Avenida Vega 520.584.7455	6855 S. Mark Road 520.908.3980	101 W. 44 th Street 520.225.3800
Hours of Operation * M, T, W, F 8:00 AM-4:00 PM Thursday 12:00 PM-8:00 PM	Hours of Operation * T, W, Th, F 8:00 AM-4:00 PM Monday 12:00 PM-8:00 PM	Hours of Operation * M, T, Th, F 8:00 AM-4:00 PM Wednesday 12:00 PM-8:00 PM	Hours of Operation * M, W, Th, F 8:00 AM-4:00 PM Tuesday 12:00 PM-8:00 PM



Like us on Facebook!
Tucson Unified School District
Family Resource Centers

For more information, go to tusd1.org
and look for this button.



*Special center hours and closings on page two.

**Schedule updated monthly. Go to tusd1.org for
the most current version.

In the TUSD Family Resource Centers, our mission is to promote family engagement through a one-stop center to learn about and access community resources. We are committed to developing family support to enhance students' social and academic achievement.

Family Resource Centers

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Special Hours and Closings

2019

July 1-5	All centers closed
July 31	All Centers open 8:00 AM-4:00 PM
August 1	All Centers open 9:00 AM-4:00 PM
August 23	All centers open 8:00 AM-12:00 PM
August 31	All centers open 8:00 AM-12:00 PM
September 2	All centers closed for Labor Day
October 3	All centers open 8:00 AM-4:00 PM
October 4-11	All centers closed during Fall Break
October 25	All centers open 8:00 AM-12:00 PM
October 31	All centers open 8:00 AM-4:00 PM
November 8	All centers open 8:00 AM-12:00 PM
November 11	All centers closed for Veterans Day
November 27	All centers open 8:00 AM-12:00 PM
November 28-29	All centers closed for Thanksgiving Break
December 13	All centers open 8:00 AM-12:00 PM
December 19	All centers open 8:00 AM-4:00 PM
December 20-31	All centers closed for Winter Break

2020

January 1-3	All centers closed for Winter Break
January 17	All centers open 8:00 AM-12:00 PM
January 20	All centers closed for Martin Luther King, Jr. Day
February 19	All centers open 8:00 AM-12:00 PM
February 20-21	All centers closed for Rodeo Break
February 28	All centers open 8:00 AM-12:00 PM
March 12	All centers open 8:00 AM-4:00 PM
March 13-20	All centers closed for Spring Break
April 9	All centers open 8:00 AM-12:00 PM
April 10	All centers closed for Spring Holiday
April 24	All centers open 8:00 AM-12:00 PM
May 21	All centers open 8:00 AM-4:00 PM
May 22-29	All centers closed

Family Resource Center services are available to TUSD students and their families, free of charge.

Please call the center to register for classes.

Childcare is available to TUSD students and siblings for most classes. Please inform staff of the need for childcare when you register. Include the number of children, ages, and any special needs.

Interpreter services are available. Please inform staff of the need for an interpreter when you register. Please register at least two weeks in advance if interpreter services are needed.

Other services include:

- Open computer lab
- Clothing bank
- Food pantry
- Help with Open Enrollment Applications & other TUSD forms
- Information and referrals

Family Resource Center staff can answer all your TUSD questions. Call or visit any of the four centers for assistance.

Announcements

March 11, 10:00 a.m. - 11:00 a.m. - Tell Me More Resource Fair @ Catalina Family Resource Center

March 11, 6:00 p.m. - 8:00 p.m. - School Community Partnership Council Meeting @ Catalina HS

March 25, 5:30 p.m. - 7:00 p.m. - Mexican American Parent Advisory Council @ Wakefield Family Resource Center

No school March 13-20: Grading Day & Spring Break

Click on the link below for the District Calendar.

<http://www.tusd1.org/Calendar>

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Be SMART Gun Safety Education: Presented by Be Smart For Kids

The Be SMART program focuses on education and awareness about child gun deaths and responsible gun storage. The Be SMART (Secure-Model-Ask-Recognize-Tell) framework is designed to help parents and adults normalize conversations about gun safety and take responsible actions that can prevent child gun deaths and injuries. This class is for adults only.

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	12:00 PM-1:00 PM	3/9/2020	3/9/2020

Citizenship- Informational Workshop

Join us for an informational workshop on what is needed to apply for citizenship in the United States.

Southwest Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	9:30 AM-11:00 AM	3/9/2020	3/9/2020

College Night: Presented by TUSD Mexican American Student Services Dept.

Do you want money for college but do not know where to start? Knowledgeable staff will be on site to offer FREE assistance for families to complete the FAFSA, scholarship applications, personal statements, and college applications. Space is limited. For more information, call 232-8566.

For those filling out the FAFSA, please bring:

1. Social Security Numbers
2. Driver's License or other state ID
3. 2018 tax information

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Thurs	5:30 PM-7:00 PM	5/7/2020	5/7/2020

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	5:30 PM-7:00 PM	3/11/2020	3/11/2020
Wed	5:30 PM-7:00 PM	4/8/2020	4/8/2020

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Computer Class

Expand your knowledge and computer skills! A TUSD teacher will be on-hand to help with:

- ParentVue
- Basic Computer Skills
- Resume Building
- Federal Meal Application
- School Choice Applications
- Navigating the TUSD Website
- College Prep & AZ Merit Exams And More!

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Thurs	5:00 PM-7:00 PM	9/19/2019	5/7/2020

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	5:00 PM-7:00 PM	9/16/2019	5/4/2020

Southwest Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	5:00 PM-7:00 PM	9/18/2019	5/6/2020

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Tues	5:30 PM-7:00 PM	2/4/2019	5/5/2020

Crochet

A workshop by TUSD moms. Make hats, scarves, blankets, or other items, and make connections with other TUSD parents.

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon/Wed	11:00 AM-1:00 PM	1/13/2020	5/30/2020

English for Adults

Learn English as a second language. Space is limited. No classes when centers are closed (see page 2).

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Tues/Fri	9:00 AM-10:30 AM	1/14/2020	5/8/2020

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Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	5:00 PM-7:00 PM	8/5/2019	Ongoing
Tues/Thurs	9:30 AM-11:00 AM	9/10/2019	5/14/2020

Southwest Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	6:00 PM-7:30 PM	12/4/2019	Ongoing

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon/Wed	9:30 AM-11:30 AM	1/13/2020	5/13/2020

Financial Literacy

Learn how to make the right financial choices for you and your family. Improve your credit score and open up new financial opportunities for your future.

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Fri	11:00 AM-12:30 PM	3/6/2020	3/6/2020

Finding Your Voice

Refugee students are invited to join a group designed to offer a strong network of support. Participants can share their stories in a safe and accepting environment.

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Thurs	3:30 PM-5:30 PM	1/9/2020	Ongoing

Food and Nutrition Education Program: Presented by the University of Arizona

Improve your health by learning about healthy food options, reading food labels, and proper food safety.

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Thurs	10:00 AM-12:00 PM	2/27/2020	3/12/2020

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GED Preparation Class: Provided by Literacy Connects

Prepare for your GED. Improve reading, writing, math, and thinking skills. Ages 21 and over.

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Tues/Thurs	11:15 AM-1:15 PM	9/10/2019	5/14/2020

Girl Scout Troop 7600

A free ongoing program for girls to work on badges around self-esteem, healthy relationships, STEM, women's issues, and service learning and community problem solving. This troop will meet once per month and is for girls ages 5-17 who have experienced living in foster care or with relatives other than parents. A guardian must be present.

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	5:30 PM-7:00 PM	8/19/2019	5/20/2020

Healthier Eating (Palo Verde HS Students Only)

Join a Nutrition Educator for steps to a healthier lifestyle. You will learn new recipes using the food from the food pantry and the produce that comes in weekly to Palo Verde High School. You will receive a certificate upon completion.

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	8:30 AM-12:00 PM	3/9/2020	4/13/2020

Homebuyer 101

Please join us for a class on the process of buying a home. Learn the home buying steps from start to finish and avoid unexpected surprises. This class is great for new homebuyers and those looking for a refresher.

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Tue	10:45 AM-11:45 AM	3/3/2020	3/3/2020

Kinship Support Group

Kinship Caregiver Support Group is a safe place for biological-family and family-friend caregivers to share resources and experiences in order to build connections. Dinner is provided for attendees and their families. This group will meet once per month.

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Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	5:30 PM-7:00 PM	8/19/2019	5/20/2020

Maintaining Hair Hygiene

This workshop, provided by a TUSD parent, will help you to learn how to keep your hair healthy and looking good. Learn basic techniques to cut and style your hair at home.

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	11:45 AM-1:30 PM	2/3/2020	TBD

Make Way for Books

A workshop to help children (birth to age 5) read and succeed. Families will also learn how to better prepare their children for school.

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	9:00 AM- 10:00 AM	1/29/2020	4/15/2020

MAMAS Program- Circle of Care

The Circle of Care workshop is for participants already enrolled in the MAMAS Program.

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Thurs	9:30 AM- 12:00 PM	3/26/2020	3/26/2020

Meta Salud Cánceres de la Mujer

Meta Salud Cánceres de la Mujer is a 16-week pilot educational program on the prevention of cancer in women. Health screenings will be done before and after for research. The program is presented in Spanish.

Southwest Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Tues	11:00 AM- 1:00 PM	1/14/2020	5/5/2020

Nutrition Program: Presented by the Community Food Bank

Discover new and easy recipes to cook healthy meals for your family using the items in the food boxes provided by the food pantry.

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DAY(S)	TIME	START DATE	END DATE
Wed	11:30 AM-12:00 PM	1/15/2020	5/13/2020

Pajama Block Party: Presented by United Way

Please join us for a free pajama party! There will be fun games, arts & crafts, food, and free dental screenings for children 0-5. We will also be giving away free books, information about parent education, and community resources.

Southwest Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	5:00 PM-7:30 PM	3/4/2020	3/4/2020

Positive Life Changes

Discover the secret to success by learning new techniques that can help you transform your life in a positive and realistic way.

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Thurs	11:00 PM-1:00 PM	9/19/2019	TBD

Produce Day

Free produce is available 2:00 PM-8:00 PM, while supplies last.

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Thurs	2:00 PM- 8:00 PM		Ongoing

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	2:00 PM- 8:00 PM		Ongoing

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	8:00 AM- 4:00 PM		Ongoing

Rights and Responsibilities of Citizenship: Presented by Pima Community College Adult Education

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This ten-week session provides educational support for individuals seeking United States citizenship, offering classes in civic engagement, history, and government.

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	11:15 AM-12:45 PM	10/16/2019	5/13/2020

Southwest Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	6:00 PM-7:30 PM	1/15/2020	6/17/2020

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Tue	5:30 PM-7:00 PM	1/14/2020	3/14/2020

Seeking my Safety: Presented by Casa de los Niños

Participants will learn a variety of skills to be able to assess different types of relationships.

Participants will also learn how to maintain and grow healthy relationships and improve feelings of self-worth.

Southwest Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Thu	11:15 AM-1:15 PM	2/6/2020	4/23/2020

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Fri	9:30 AM- 10:30 AM	2/7/2020	Ongoing

Talk It Out- Free Counseling Services for TUSD Students and Families

Free counseling services are now available for any enrolled TUSD student and their family- no insurance or income requirements. Contact your school counselor or stop by Catalina or Palo Verde Family Resource Centers to request counseling services.

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Thurs	12:00 PM-8:00 PM	4/4/2019	Ongoing

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Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	12:00 PM-8:00 PM	8/5/2019	Ongoing
Tue	2:00 PM-4:00 PM	2/4/2020	Ongoing
Fri	8:00 AM-4:00 PM	2/7/2020	Ongoing

Southwest Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	12:00 PM-8:00 PM	5/22/2019	Ongoing

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Tue	12:00 PM-8:00 PM	5/21/2019	Ongoing

Tell Me More Resource Fair

Come join us! Experience firsthand what your student learns in class. TUSD Programs and Departments will be hosting a Resource Fair to help you learn how you can better support your child's learning at home. All participants can enter a raffle to win prizes. Snacks and drinks will be provided. Hope to see you there!

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	10:00 AM-11:00 AM	3/11/2020	3/11/2020

There is Always Hope: Presented by Child and Family Support Services (CFSS)

If you, a family member, or someone you know struggles with emotional, relational, behavioral, or developmental concerns please join this presentation. CFSS Tucson will be sharing the many services and resources that are available to individuals and families. CFSS works with you and your family to live successfully at home and in the community. It does not matter how difficult your child's past or present struggles are, CFSS is there to help.

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Tue	10:45 AM-11:45 AM	3/24/2020	3/24/2020

Tutoring Center

For selected students enrolled in grades 9-12. Contact TUSD's Asian Pacific American & Refugee Services Department, 520-232-8614, for more information.

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Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Tues	3:30 PM-6:30 PM	8/13/2019	5/12/2020
Wed	2:30 PM-5:30 PM	8/13/2019	5/12/2020

Voter Registration

Registering to vote is an important civic duty and crucial to having your voice heard. If you are eligible to vote in the upcoming election, join us for this free event!

Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	10:00 AM-11:30 AM	3/11/2020	3/11/2020
Thurs	3:00 PM-5:30 PM	3/26/2020	3/26/2020

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	5:30 PM- 7:00 PM	3/11/2020	3/11/2020

What's Cooking?

Learn to prepare simple, tasty, and nutritious recipes.

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Wed	10:00 AM- 11:00 AM	8/7/2019	5/13/2020

Writing- A Life Skill: Presented by Author and Teacher Kit Mclroy

Writing is an important skill that can help us navigate communication. Writing can help us and our children have a deeper understanding of others and ourselves. If you would like to improve your writing skills, or if writing is an intimidating experience, join us for a class exploring what writing can do for you.

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Fri	9:30 AM-11:30 AM	3/27/2020	4/17/2020

ZUMBA!

Dance your way to fitness! *The Wednesday class at Palo Verde and Wakefield will take place every other week.

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Catalina Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	10:30 AM-11:30 AM	8/5/2019	Ongoing
Wed	9:00 AM-10:00 AM	9/4/2019	Ongoing

Palo Verde Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Fri	10:00 AM-11:00 AM	8/13/2019	Ongoing
*Wed	9:00 AM-10:00 AM	1/22/2019	Ongoing

Wakefield Family Resource Center

DAY(S)	TIME	START DATE	END DATE
Mon	8:30 AM-9:30 AM	10/14/2019	Ongoing
*Wed	8:00 AM-9:30 AM	2/5/2020	Ongoing
