

IMMUNIZATIONS and PHYSICALS including HEIGHT, WEIGHT, VISION & HEARING (IF APPLICABLE)
NEED BE COMPLETED BEFORE STARTING SCHOOL

- **Take this form with you to your child's physical. Everything your child needs to start school is on this form.** Physicals & vision are **required** for Beginner grade, and out of state transfer students regardless of grade. Vision exams are recommended for 7th graders.
- **Request your child's updated immunization record. This report needs to be either faxed to the school or brought to the school.**
- Physical exams **must** include: **Height, Weight, Vision (Distant & Near Testing). A Hearing Screen is recommended.**
- If your child has Asthma, Allergies, Seizures or needs a food substitute.....**THIS IS THE TIME TO GET AN ACTION PLAN DONE!** Ask your Doctor to fill one out for you and don't forget to have them sign it.
- If your child takes medications or uses an inhaler....**Medication Permits** (www.plcschools.org) need to be signed by the parents or guardians in order for your child to be able to take those medications at school.
- If you as a parent **ARE NOT** planning on vaccinating your child....**there is a medical waiver that MUST be signed by a physician OR a religious wavier that MUST be notarized.** (www.plcschools.org)

REQUIREMENTS FOR IMMUNIZATIONS

Preschool:

- 4 doses of DTaP, DTP, or DT vaccine
- 3 doses of Polio vaccine
- 3 doses of HIB vaccine or 1 dose of HIB given at or after 15 months of age
(*HIB not required after child reaches 5 years of age*)
- 3 doses of pediatric Hepatitis B vaccine
- 1 dose of MMR or MMRV given on or after 12 months of age
- 1 dose varicella (chickenpox vaccine) or MMRV given on or after 12 months of age OR written documentation (including year) of varicella disease from the medical provider
- 4 doses of pneumococcal or 1 dose of pneumococcal given on or after 15 months of age
(*Pneumococcal not required after child reaches 5 years of age*)

Kindergarten through 12th grade including all transfer students from outside the State of NE and any foreign students:

- 3 doses of DTaP, DTP, DT, or Td vaccine, one given on or after the 4th birthday
- 3 doses Polio vaccine
- 3 doses pediatric Hepatitis B vaccine or 2 doses of adolescent vaccine if student is 11-15 years of age
- 2 doses of MMR or MMRV vaccine, given on or after 12 months of age and separated by at least one month
- 2 doses of varicella (chickenpox vaccine) or MMRV given on or after 12 months of age OR written documentation (including year) of varicella disease from the medical provider. If the child has had varicella disease, they do not need any varicella shots.

Additionally, for 7th grade only:

- 1 dose of Tdap (must contain Pertussis booster)