

## 7 Activities

Cocktail making, tribute night, DJ to dance the night away perhaps? A spa hen weekend doesn't just have to be about treatments, relaxation, swimming/sauna and afternoon tea - our hen party breaks can combine a relaxing spa break with a great night out! Take a look at [tinyurl.com/hen-tribute](http://tinyurl.com/hen-tribute) for inspiration.



## 9 Accessorise!

Now the important part is done have some fun looking at hen party games, bags, t-shirts, bride-to-be accessories and decorations for her room... Delegate tasks to others in the group too.



# Hen do planner

Guide to the Ultimate Hen Weekend



## 8 Keeping in touch

Set up a group on WhatsApp or a closed Facebook group to help things go smoothly. If you book through Spabreaks.com, everyone can pay individually, taking the stress away from you! A fortnight beforehand, send out a plan confirming dates, location and details with all the guests. If you're going overseas you'll have your flight booked, but consider how you will all get to the airport or to your chosen location. See [www.traveline.info](http://www.traveline.info) to plan your journey.



## 10 Take a break

After all that hard work, you deserve to treat *yourself* to a spa day or break. Take a look at [www.spabreaks.com](http://www.spabreaks.com) to find offers at fantastic spas in your area.



Here are our top tips for planning the hen weekend she'll remember for a lifetime

## 1 The bride knows best!

Find out the things the bride would definitely like to do and to avoid - if she's not an adrenaline junkie perhaps avoid a skydive and head to the spa! There are so many reasons to choose a spa break for a hen weekend - see [tinyurl.com/hen-spa](http://tinyurl.com/hen-spa). You can always plan a little surprise for her too - book her a treatment or some added extras for her room like a luxury spa hamper.

## 2 Local, city or sunny shores

Find out how far she wants to travel. Luckily we have over 900 spas right across the UK and in sunnier climates across Europe and even distant shores - take a look at [www.spabreaks.com/hen-nights](http://www.spabreaks.com/hen-nights) to whet your appetite and get inspired.



## 3 Consider the budget

The bride is going to have a good idea what budget she and her hens are going to need to work to. At Spabreaks.com we have great offers, flexible payment options and low deposits to make the ultimate spa hen weekend affordable for everyone.



## 4 When's her ideal date?

Not too near the wedding date - a month prior is usually good. Why not consider a spa break hen weekend and add in some treatments to have her feeling relaxed and wedding-ready?

## 5 Honing the guest list

You'll need to consider bridesmaids, friends, sisters, her mum, sisters-in-law, mother-in-law to be... There's often a pregnant guest on the list too so if you're planning a spa break for the hen, take a look at our advice for those who are expecting: [tinyurl.com/pregnant-spa](http://tinyurl.com/pregnant-spa).



## 6 One night or two?

The duration of the hen weekend you plan will come down to budget and location. Consider options for those who can't be there for the whole thing. If you choose a spa break, include a spa day or afternoon tea option so those who just want to join in for part of the hen weekend can enjoy the celebrations too.

