



INDOOR TRACK & FIELD RECORDS



MEN

Active/Championship Events

Event	Time/Mark	Record Holder	Date
60-Meter Dash	6.58	Waseem Williams	2/28/2020
200-Meter Dash	20.27	Cameron Miller	2/28/205
400-Meter Dash	45.87	Brian Faust	2/27/2021
800-Meter Run	1:48.70	Darrin Wilcoxson	2/6/1993
1-Mile Run	4:01.92	Brody Smith	1/17/2020
3,000-Meter Run	7:57.69	Curt Eckstein	2/12/2022
5,000-Meter Run	13:43.14	Jaret Carpenter	2/8/2019
60-Meter hurdles	7.61	Rod Woodson	1987
4x400-Meter Relay	3:04.95	Cameron Miller, Connor Czajkowski Brett Otterbacher, Antoine Spencer	3/1/2025
Distance Medley Relay	9:42.80	Jurjuan Walker, Ryan Weaver John Lockard, Chris Cozort	2/7/1997
High Jump	2.26m/7-05.00	Shaun Guice Geoff Davis	3/10/2001 2/16/2013
Pole Vault	5.55m/18-02.50	Randy Miller	3/13/1998
Long Jump	7.91m/25-11.50	Jeff Bolin	2/2/1974
Triple Jump	16.35m/53-07.00	Michael Turner	3/5/1999
Shot Put	19.95m/65-05.50	Chukwuebuka Enekwechi	3/12/2016
Weight Throw	24.39m/80-00.25	Chukwuebuka Enekwechi	2/13/2015
Heptathlon	5,631 points	Isaiah Martin	2/28-29/2020

Retired/Non-Championship Events

Event	Time/Mark	Record Holder	Date
55-Meter Dash	6.14	Larry Burton	2/4/1972
300-Meter Dash	32.43	Cameron Miller	12/13/2024
500-Meter Dash	1:01.70	Brian Faust	12/7/2018
600-Meter Run	1:17.20	Brian Faust	2/7/2020
1,000-Meter Run	2:21.29	Roland Parrish	1/22/1975
1,500-Meter Run	3:49.54	Tim Smith	3/4/1978
55-Meter hurdles	7.11	Rod Woodson	2/20/1987
4x800-Meter Relay	7:29.18	Joe Menzyk, Bruce Banter Ken Sumbry, Tim Smith	1979
Pentathlon	3,898 points	Jon Pergande	2/26/1994



INDOOR TRACK & FIELD RECORDS



WOMEN

Active/Championship Events

Event	Time/Mark	Record Holder	Date
60-Meter Dash	7.26	Devynne Charlton	2/25/2017
200-Meter Dash	23.46	Carmiesha Cox	2/10/2018
400-Meter Dash	51.56	Brionna Thomas	3/10/2018
800-Meter Run	2:05.21	Vanessa McLeod	2/23/2013
1-Mile Run	4:36.53	Katie Hoevet	2/6/2016
3,000-Meter Run	9:15.22	Andrea Everett-Paolillo	3/7/1987
5,000-Meter Run	16:09.68	Emma Benner	2/10/2007
60-Meter Hurdles	7.93	Devynne Charlton	3/11/2017
4x400-Meter Relay	3:28.82	Chloe Abbott, Brionna Thomas Carmiesha Cox, Jahneya Mitchell	3/10/2018
Distance Medley Relay	11:06.40	Kiara McIntosh, Symone Black Vanessa McLeod, Katie Hoevet	2/20/2016
High Jump	1.91m/6-03.25	Corissa Yasen	2/24/1996
Pole Vault	4.25m/13-11.25	Ebbie Metzinger Brianna Neumann	2/2/2002 2/20/2010
Long Jump	6.48m/21-03.25	Savannah Carson	3/10/2017
Triple Jump	13.00m/42-08.00	Cierra Brown	2/15/2014
Shot Put	17.19m/56-04.75	Dani Bunch	1/31/2014
Weight Throw	22.35m/73-04.00	Dani Bunch	1/18/2014
Pentathlon	4,233 points	Jalen Elrod	3/14/2025

Retired/Non-Championship Events

Event	Time/Mark	Record Holder	Date
55-Meter Dash	6.89	Sybil Perry	2/5/1983
500-Meter Dash	1:10.95	Samara Miller	12/7/2018
600-Meter Run	1:26.65	Jahneya Mitchell	2/24/2018
1,000-Meter Run	2:45.35	Becky Cotta	1/28/1984
55-Meter Hurdles	7.71	Alicia Bass	3/9/1985
4x200-Meter Relay	1:39.01	Ericka King, Shonda Robinson Angela Craft, Khadijah Conda	1/15/1999



OUTDOOR TRACK & FIELD RECORDS



MEN

Active/Championship Events

Event	Time/Mark	Record Holder	Date
100-Meter Dash	10.04	Waseem Williams	6/8/2019
200-Meter Dash	20.12	Cameron Miller	5/16/2025
400-Meter Dash	45.71	Nicholas Parks	5/28/2016
800-Meter Run	1:47.50	Neil Carter	5/14/1983
1,500-Meter Run	3:45.61	Ian Hunter	5/14/2021
5,000-Meter Run	13:44.09	Jaret Carpenter	4/20/2018
10,000-Meter Run	28:51.46	Douglas Buckeridge	4/16/2025
110-Meter Hurdles	13.54	Rod Woodson	4/10/1987
400-Meter Hurdles	50.07	Obokhare Ikpefan	5/15/2016
3,000-Meter Steeplechase	8:40.44	Caleb Williams	4/16/2025
4x100-Meter Relay	38.75	Tamar Greene, Samson Colebrooke, Justin Becker, Waseem Williams	5/25/2019
4x400-Meter Relay	3:03.64	Jahn Riley, Cameron Miller, Brett Otterbacher, Antoine Spencer	4/19/2025
High Jump	2.25m/7-04.50	Dave Glassburn	4/11/1987
Pole Vault	5.61m/18-04.75	Randy Miller	5/17/1997
Long Jump	7.98m/26-02.25	Jeff Bolin	4/15/1972
Triple Jump	16.60m/54-05.50	Ike Olekaibe	5/21/2000
Shot Put	20.37m/66-10.00	Chukwuebuka Enekwechi	4/23/2016
Discus	62.91m/206-04	Ashmon Lucas	4/14/2018
Hammer Throw	72.77m/238-09	Chukwuebuka Enekwechi	5/15/2015
Javelin	69.75m/228-10	Bryan Francis	3/16/1996
Decathlon	7,708 points	Isaiah Martin	5/14-15/2021

Retired/Non-Championship Events

Event	Time/Mark	Record Holder	Date
4x200-Meter Relay	1:22.31	Kenneth Baxter, Jamar Green Jacques Reeves, Prentice Stovall	4/27/2003
4x800-Meter Relay	7:25.82	Chad Yeutter, John Lockard Eric Smoot, Kenny White	4/29/1978
Sprint Medley Relay	3:18.55	Alvin McNair, Neil Carter Troy Furnival, Regan Scruggs	4/24/1983
Shuttle Hurdle Relay	57.65	Keith Hopkins, Kern Woods Brian Kaluf, Rickey Pinkney	4/29/2005
Javelin (old)	69.88m/229-03	Jim Hartman	5/29/1982



OUTDOOR TRACK & FIELD RECORDS



WOMEN

Active/Championship Events

Event	Time/Mark	Record Holder	Date
100-Meter Dash	11.22	Devynne Charlton	5/13/2018
200-Meter Dash	22.99	Brionna Thomas	5/13/2018
400-Meter Dash	50.78	Brionna Thomas	6/9/2018
800-Meter Run	2:04.66	Kari Shoolbraid	4/19/2014
1,500-Meter Run	4:16.13	Sally Smith	6/4/1988
5,000-Meter Run	15:57.78	Payne Turney	3/28/2025
10,000-Meter Run	33:40.70	Andrea Everett	4/4/1986
100-Meter Hurdles	12.70	Devynne Charlton	4/7/2018
400-Meter Hurdles	56.01	Symone Black	5/14/2017
3,000-Meter Steeplechase	10:08.23	Blair Doney	4/26/2014
4x100-Meter Relay	43.66	Autumn Heath, Carmiesha Cox Savannah Roberson, Savannah Carson	4/2/2016
4x400-Meter Relay	3:26.71	Chloe Abbott, Brionna Thomas Symone Black, Jahneya Mitchell	5/26/2018
High Jump	1.92m/6-03.50	Corissa Yasen	4/20/1996
Pole Vault	4.26m/13-11.75	Jessica Harter	5/15/2016
Long Jump	6.66m/21-10.25	Savannah Carson	4/15/2017
Triple Jump	12.95m/42-06.00	Nkeiru Ugwoaba	5/16/2010
Shot Put	17.39m/57-00.75	Dani Bunch	5/31/2014
Discus	57.34m/188-01	Micaela Hazlewood	4/27/2018
Hammer Throw	62.27m/204-03	Sarah Loesch	5/10/2019
Javelin	61.56m/202-00	Kara Patterson	5/17/2008
Heptathlon	6,016	Jamie McNeair	6/13/1990

Retired/Non-Championship Events

Event	Time/Mark	Record Holder	Date
4x200-Meter Relays	1:32.24	Yakira Love, Chloe Abbott Brionna Thomas, Savannah Roberson	4/28/2018
4x800-Meter Relay	8:34.19	BreAnna Smith, Megan Plenus Kiara McIntosh, Kari Shoolbraid	4/25/2014
4x1,500-Meter Relay	18:23.02	Corrie Whisner, Laura Farley Brooke Woodruff, Kaleena Cappel	4/28/2006
Shuttle Hurdle Relay	53.85	Devynne Charlton, Savannah Roberson Symone Black, Shantyra Delaney	4/29/2017
Javelin (old)	51.88m/170-03	Charity Smead	6/10/1989