## **MENU**

### **TOAST** 8

Iggy's sourdough | Soy linseed | Gluten-free toast 2
\*Choice of: Peanut butter | Vegemite | Nutella |
Honey | Triple jam

### **EGGS YOUR WAY ON TOAST DF 14**

2 Poached, scrambled, or fried eggs **Add:** Your favourite sides

### **AVO SMASH** V VO 18

Avo, Danish feta, cherry tomatoes, watermelon radish, pomegranate, roasted sesame seeds, pomegranate dressing, toast **Add:** 2 poached eggs 5

#### **MUSHROOM LOVER V 20.9**

Scrambled egg, grilled mushroom, truffle oil served w freshly baked croissant, enoki crisp

#### **BONDI BENNY V GF 24.9**

Soft poached eggs, crispy potato rostis, spinach hollandaise, micro herbs
\*Choice of: smoked bacon | smoked ham | spinach | smoked salmon 2 | spicy pork sausage 3
Add: 1 slice toast 2

### **ASIAN ZUCCHINI OMELETTE V 24.9**

Egg omelette, zucchini ribbon, danish feta, caramelised onion, house smoked tomato chutney, crispy shallot, micro herb w toast

Add: smashed avo 3 | spicy pork sausage 4

## **BONDIE'S BREKKIE V VO 25.5**

Field mushroom, smashed avo, soft poached egg, danish feta, roasted tomato, micro herbs, house dukkha, watermelon radish, beetroot hummus, balsamic glaze on toast **Add:** Halloumi 3.5

### **BONDI BOWL DF V 25.5**

Poached egg, beetroot hummus, rice, smashed avo, broccolini, sesame dressing, Homemade pickles \*Choice of: smoked salmon / grilled chicken / tofu

## **SALMON POKE BOWL** DF V0 GF 27.5

Tasmanian salmon, edamame, Rice Quinoa, poached egg, smashed avo, cucumber, pickled ginger, seaweed, GF mayo, chilli oil sesame dressing **VO:** Halloumi or Tofu

## **CORN FRITTERS DF V GF 25.5**

Sweet corn, pumpkin & sweet potato fritters, smashed avo, cherry tomatoes, hazelnut dukkha \*Choice of: double smoked bacon | spinach | broccolini | smoked ham | smoked salmon 2.5 Add: 2 poached eggs 5

### **BREAKFAST PAN 29.5**

Soft poached egg, crispy potato rosti, smashed avo, broccolini, roasted tomato, toast \*Choice of: double smoked bacon | grilled halloumi | smoked Ham | spicy pork sausage 3.5

### **CORNER ROLL** 14.9

Double smoked bacon, fried egg, spinach, milk bun **Add:** Double Up Egg 3 | Halloumi 3.5 | Cheese 1.5 | smashed avo 3 | rosti 4.5

### **VEGGIE ROLL** V 16.9

Grilled halloumi, grilled veggie, lettuce, tomato, smashed avo, spinach, hummus, milk bun Add: Field mushroom 4.5 | corn fritter 4 | Cheese 1.5

#### **COCONUT PORRIDGE** DF V VO 18.9

Organic rolled oat, coconut milk, mixed quinoa, seasonal fresh berries, roasted caramel pistachio, caramelized banana, honey

#### **GRANOLA BOWL** 19.9

House baked crunchy granola, greek yogurt, roasted pistachio, banana, seasonal fresh berries, roasted coconut, honey **Add:** peanut butter 3

### **ACAI BOWL DF 19.9**

Acai berry puree, House baked granola, banana, seasonal fresh berries, coconut flake **Add:** peanut butter 3

#### **BELGIUM WAFFLES** 19.9

Banana, seasonal fresh berries, coconut nut flake, roasted pistachio, maple syrup, vanilla ice cream **Add:** Smoked bacon 4.5 | fried egg 3

#### **BONDIE HOTCAKE 25.5**

Hotcake, signature pandan custard sauce, fresh berries, roasted coconut, ice cream

## **ADD ONS**

Fresh or Roasted tomatoes | corn fritter 5 spinach | cooked kale | potato rosti 5 broccolini | fleld mushroom | sliced avocado 5

Grilled chicken | grilled ham | grilled halloumi | Spicy pork sausage | Double smoked bacon | Scrambled egg 6

Smoked salmon 8 | Grilled baramundi 12.9

Ricotta | Feta Cheddar cheese | beetroot hummus Hollandaise sauce | Tomato chutney | Greek yogurt 4

1 Slice toast 2.5

V vegetarian / VE vegan / DF Dairy free / GF gluten free

### LUNCH

#### **GARDEN SALAD V GF DF 20.9**

Seasonal fresh salad, baby coz lettuce, cucumber, cherry tomato, avo, edamame, carrot, beetroot, pomegranate seed, radish, seasonal dressing **Add:** salmon 6.5 | grilled chicken 6 | grilled halloumi 6 | poached egg 3.5

### **SUPERFOOD SALAD V GF 22.9**

House hummus, quinoa, grilled seasonal veggies, avo, chickpea, sweet corn, house dressing **Add:** grilled halloumi 6 | grilled chicken 6 | salmon 6.5 | poached egg 3.5

#### **CLASSIC TUNA NICOISE 24**

Tuna, boiled egg, parmesan cheese, baby cos lettuce, olive, cherry tomato, radish & carrot pickles

Add: toast 2 | avocado 4

\*Dressing option: Mayo or Dijon mustard

### **CLASSIC WAGYU BEEF BURGER 24.9**

Wagyu beef patty, baby coz lettuce, tomato, pickled radish, cheese, caramelised onion, smoked BBQ sauce and chips

Add: double smoked bacon 6 | rosti 3.5 | fried egg 3.5

### **CRISPY FISH BURGER** 26.9

Crumbled Barramundi burger with homemade Coleslaw and Tartar sauce served w chips **Add:** smashed avo 3 | fried egg 3.5

### **STIR FRIED BEEF WITH BASIL DF 22.9**

Stir fried wagyu beef, basil, garlic, onion, chilli, jasmine rice, fried egg

### **GRILLED BARRAMUNDI CURRY DF 28.9**

Grilled barramundi, rice, broccolini, crispy shallot, house pickles, signature Thai curry **Add:** boiled egg 3.5

### TOM YUM PRAWN PASTA 29.9 - WEEKDAY ONLY

Spaghetti pasta cooked w Thai spicy hot & sour tom yum paste, prawn w chilli jam, roasted tomato, mushroom, sesame rice cracker, poached egg **Add:** spicy pork sausage 4

#### **CLASSIC FRIES** 8 **SWEET POTATO FRIES** 10

### **KID**

## Kid egg on toast 8

Scrambled, poached, fried Add: avocado 5

Fish and Chip 14.9

#### **Toasties**

Ham & cheese | cheese & tomato 9

#### **HOT DRINKS**

Short black 4 Long black 4/4.5 White 4.5 / 5.5

Matcha latte, Turmeric latte 6 Chai latte 5 - Dirty +0.5 / Sticky chai brew 6

English breakfast, Peppermint, Lemongrass & ginger, Green tea, Earl grey tea 5

Iced Black 6 | Iced latte 6 | Iced coffee 8 | Affogato 7 | Iced Mocha, Iced chocolate, Iced chai 8 | Iced Matcha 9

Iced Black Fresh Orange | Iced Black Coconut 9.9

Cold brew 7.5 | Oat Cold brew 8 | Coco Cold brew 8.5 Thai milk Tea 8.9 | Thai Iced Coffee, Lemon Iced tea 9.9

Soy | Almond | Oat | Coconut | Macadamia | Lactose Free 0.5

Orange, carrot,

**ORANGE** 9.5

# FRESHLY SQUEEZED JUICE/SMOOTHIES

### **BREKKIE GREEN JUICE 9.9**

Kale, celery, apple, cucumber, lemon, ginger

**REBOOT JUICE** 9.9 **GOOD ENERGY** 9.9

Beetroot, carrot, apple

apple apple, lemon

HAPPY CELLS 9.9 FRESH APPLE 9.5

Watermelon, orange, carrot, mint

**CREATE YOUR OWN JUICE** 10.9

#### **CRUNCHY SMOOTHIES DF** 13.9

Peanut butter, banana, cinnamon, cacao, chia seed almond milk whey protein tooped w house baked granola

### **PASSIONFRUIT SMOOTHIES DF** 11.5

Passion fruit, coconut milk, mango, banana

### **THE HULK SMOOTHIES DF** 11.5

Coconut milk, spinach, banana, avocado

**BANANA SMOOTHIES** 10.5

ACAI SMOOTHIE DF 11.50 + Coconut water 1

**MILKSHAKE** 9 Chocolate, vanilla, caramel, strawberry

**CRUSHED** 12.9 Watermelon & mint | Lychee & mint

**THAI COCONUT FRAPPE 13.9** 

FRESH COCONUT WATER 7.5

**FRESH LEMONADE** 7.5

**SPARKLING WATER 0.75L 5** 

