Schizophrenia

Multiple Choice
Identify the choice that best completes the statement or answers the question.

1. Schizophrenia is a chronic, severe, and disabling brain disorder that has been recognized throughout recorded history. Each of the following is an accurate statement about schizophrenia EXCEPT:
   A. People with schizophrenia may hear voices other people don’t hear or they may believe that others are reading their minds, controlling their thoughts, or plotting to harm them
   B. Schizophrenics may sit for hours without moving or talking much, or may seem perfectly fine until they talk about what they are really thinking
   C. Schizophrenia affects about 3 percents of Americans
   D. Many people with schizophrenia have difficulty holding a job or caring for themselves, so the burden on their families and society is significant

2. Flat affect, lack of pleasure in everyday life, diminished ability to initiate and sustain planned activity, and speaking infrequently, even when forced to interact are example of the positive symptoms of schizophrenia.
   A. True
   B. False

3. Cognitive symptoms of schizophrenia may be difficult to recognize as part of the disorder but are the most disabling in terms of leading a normal life. Which of the following is NOT an example of a cognitive symptom?
   A. Unusual thought processes
   B. Poor ability to absorb and interpret information and make decisions based on that information
   C. Inability to sustain attention
   D. Inability to keep recently learned information in mind and use it right away

4. Which of the following is an accurate statement about the behaviors of people afflicted with schizophrenia?
   A. Psychotic symptoms (such as hallucinations and delusions) usually emerge in women in their late teens and early 20s and in men in their mid-20s to early 30s
   B. People with schizophrenia are not especially prone to violence and often prefer to be left alone
   C. People with schizophrenia attempt suicide much more often than people in the general population, and about 5 percent (especially young adult males) succeed
   D. Research has shown that schizophrenia affects men more than women, but occurs at similar rates in all ethnic groups around the world

5. While most researchers do not believe that substance abuse causes schizophrenia, people who have schizophrenia abuse alcohol and/or drugs more often than the general population, and substance abuse can reduce the effectiveness of treatment for schizophrenia.
   A. True
   B. False

6. Like many other illnesses, schizophrenia is believed to result from a combination of environmental and genetic factors. Each of the following is a true statement about how brain chemistry, genetic factors, and the environment may be involved in schizophrenia EXCEPT:
   A. It is likely that an imbalance in the complex, interrelated chemical reactions of the brain involving the neurotransmitters dopamine and glutamate
   B. Many environmental factors have been suggested as risk factors, such as exposure to viruses or malnutrition in the womb, problems during birth, and
(and possibly others) plays a role in schizophrenia. Psychosocial factors, like stressful environmental conditions, are also important.

B. One theory suggests that problems during brain development lead to faulty connections that lie dormant until puberty, and since the brain undergoes major changes during puberty, these changes could trigger psychotic symptoms.

D. Scientists have long known that schizophrenia runs in families, and while it occurs in 3 percent of the general population, it is seen in 15 percent of people with a first-degree relative.

7. Antipsychotic medications have been available since the mid-1950s and although they effectively alleviate the positive symptoms of schizophrenia and have greatly improved the lives of many patients, they do not cure schizophrenia.

A. True
B. False

8. Numerous studies have found that psychosocial treatments can help patients who are already stabilized on antipsychotic medication deal with certain aspects of schizophrenia. All of the following are accurate statements about important factors in treating schizophrenics EXCEPT:

A. People with schizophrenia can take an active role in managing their own illness, and once they learn basic facts about schizophrenia and the principles of schizophrenia treatment, they can make informed decisions about their care.

C. Patients with schizophrenia are often discharged from the hospital into the care of their families, so it is important that family members know as much as possible about the disease to prevent relapses.

B. Depression is the most common co-occurring disorder in people with schizophrenia, so treatment may include adding an antidepressant.

D. A positive relationship with a therapist or a case manager gives the patient a reliable source of information, sympathy, encouragement, and hope, all of which are essential in managing the disease.

9. A person with mental illness who does not want treatment may hide strange behavior or ideas from a professional, so family members and friends should ask to speak privately with the person conducting the patient’s examination and explain what has been happening at home.

A. True
B. False

10. When someone with schizophrenia makes statements that are strange or clearly false, it is important to go along with the delusions because these bizarre beliefs or hallucinations are real to the patient.

A. True
B. False

Matching

An Evaluation is Required for Each Course:

Please evaluate the course by choosing one of the responses below for each question. This data will help us to improve our program and meet certifying organization requirements. Thank you for allowing QUE to be your provider.

A. Excellent
B. Above Average
C. Average
D. Below Average
11. The extent to which this course met the objectives
12. The adequacy of the author’s mastery of the subject
13. Efficiency of course mechanics
14. The applicability or usability of the information for you
15. Website functionality and ease of use
16. Availability of staff member (does the website provide adequate direction on how to access assistance)

Short Answer

17. Please provide us with any additional comments or suggestions that would help us to improve the quality of our program:

18. How did you find out about QUE?