



HOME CARE REGIMEN

Sluggish Skin Relief

DESCRIPTION:

Sometimes our skin can get a little sluggish resulting in textured skin and acne. Slough away the layers of dead skin to leave it re-energized! Keep your skin detoxified and oxygenated for that smooth and luminous look.



MORNING REGIMEN

1. Cleanse skin with Sal-X Exfoliating Cleanser. Dispense cleanser to palms and emulsify with water to create foam. Massage for 1-2 minutes, avoiding eye area, rinse with warm water. Do not use on open papules or pustules.
2. Treat and maintain skin with Amino Acid Treatment Serum with PC10. Dispense 1-2 pumps of serum to palms and apply to face, neck and décolleté.
3. Balance and moisturize with Oxygen Treatment Cream. Dispense to palms and apply to face, neck and décolleté.
4. Protect from UV rays and free radical damage with Photo-Age Environmental Protection Gel 30+. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays. Reapply every two hours as needed for maximum protection.



EVENING REGIMEN

1. Cleanse skin with Sal-X Purifying Cleanser. Dispense cleanser to palms and emulsify with water to create foam. Massage for 1-2 minutes, avoiding eye area, rinse with warm water.
2. Treat and maintain skin with Amino Acid Treatment Serum with PC10. Dispense 1-2 pumps of serum to palms and apply to face, neck and décolleté.
3. Balance and moisturize with Oxygen Treatment Cream. Dispense to palms and apply to face, neck and décolleté.



2-3 TIMES A WEEK

In the evening, after cleansing the skin, apply Skin Bliss Oil Control Masque. Leave on skin for 10 minutes. Rinse with tepid water. Finish with remaining steps.