



Protocol

Back to Clear Skin

DESCRIPTION:

This deep cleansing back treatment helps to target breakouts, control excess oil and reduce bacteria caused by sweat and hormones. To ensure clean skin, instruct client to bring a clean t-shirt to wear after the treatment.

CLEANSE

1. Dispense 3 pumps of Gentle Facial Wash to palms and emulsify with water to create foam. Massage onto back for 2-3 minutes, focusing on areas of congestion, remove with warm towels.
2. Dispense 3 pumps of Sal X Purifying Cleanser to palms and emulsify with water to create foam. Massage on to back for 2-3 minutes, focusing on areas of congestion, remove with warm towels.

TREAT

3. Prepare skin for extractions. Dispense 2 tsp Oxygen Deep Pore Cleanser Or Anti-Aging Masque and apply evenly to skin. Apply steam to skin or hot towel and leave on skin for up to 10 minutes. Perform a hand and foot or scalp massage while masques sit. Remove bulk of foam with a wooden spatula, then remove with cool towels. Perform extractions
4. After extractions, apply Skin Astringent #2 or #5 to a cotton round and wipe down areas that were extracted. Cold globes maybe used to reduce inflammation.
5. Apply 2 tsp Sulfur Masque to entire back and allow to sit for 5-10 minutes. Remove with warm towels.
6. Diamond Bright Skin Lightener and Oxygen Treatment Cream. Dispense 2-3 pumps of serums to palms and apply to the entire back.
7. Spot treat areas of congestion with Skin Medication #5 or #10. Remember that benzoyl peroxide can lift color, so client should use a t-shirt that is white or not important.

BALANCE

8. Cocktail 1 tsp Derma Pigment Skin Brightener and 1 tsp Skin Restoring Fulvic Elixir and apply to the entire back.
9. Dispense 2 tsp of Comfort Cream or Arnica Cream. Apply to the entire back.

Recommended Treatment Time: 30-45 Minutes
Suggested Cost: \$60-\$100