



What is a Telehealth visit?

- A video visit with your provider available on your phone, computer or iPad/tablet...anything that has a camera, microphone and internet!
- Your therapist will send you a web link via email and/or cell phone to join them on a video call so you will be able to see your therapist and they will be able to see you.

What can I do in a Physical Therapy Telehealth visit?

- We are able to do most of your therapy visit in this environment with the exception of manual therapy/hands on but can assist in educating you on ways you can do some of these things on yourself, via an exercise or positioning or help to train someone in your household.

Does my insurance cover Telehealth Physical Therapy?

- We will bill your insurance as a physical therapy visit and your current benefits will apply to each visit
 - o If claim is denied, we will send you a statement for the same amount as what you would be paying within the clinic
- Some insurance does not cover Telehealth visits; Medicare is an example. If you would like to receive a telehealth visit and your insurance does not cover the service, you are able to have a visit under our cash rate of \$75.00 per follow up visit or \$120.00 per initial evaluation.
- Established Medicare patients also have the option to request an “E-visit” which is covered by their physical therapy benefits and includes a phone call consultation and introduction to a patient portal for home exercise program and secure messaging
- **Payment resources**
 - o Go to www.movementforlife.com/payments and enter your payment
 - o Call the clinic and pay by credit card over the phone
 - o Statement will be sent in the mail and can be paid once received
- Any questions? Let us know and we can have a physical therapist answer your questions regarding your specific case and how telehealth can encourage progress toward your goals.