Renfrew Park
Recreation Guide

Winter 2027

- Community Centre
- Swimming Pool
- Fitness Centre

Winter 2027 Registration Dates

Community Centre
Online/In Person — Sun Nov 29, 9:00am
Phone In — Sun Nov 29, 10:00am

Swimming Pool
Online/In Person/Phone In — Tue Dec 22 7:00pm



Lion Dancers // Photos by David Ng

www.renfrewcc.com | 604 257-8388
2929 East 22nd Avenue, Vancouver BC, V5M 2Y3
Jointly operated by the Vancouver Board of Parks and Recreation and the Renfrew Park Community Association

Centre Information

Centre Hours of Operation

Centre Office — January 4-March 28

Monday-Friday	9:00am-9:30pm
Saturday-Sunday	9:00am-4:45pm

Community Centre — January 4-March 28

Monday-Friday	9:00am-10:00pm
Saturday-Sunday	9:00am-5:00pm

Community Centre Holiday and Special Hours

Monday February 15	Closed
Friday March 26	Closed
Monday March 29	Closed

Please see **page 30** for Pool and Fitness Holiday and Special Hours



Contact Information

Address

2929 East 22nd Avenue, Vancouver BC, V5M 2Y3

Phone

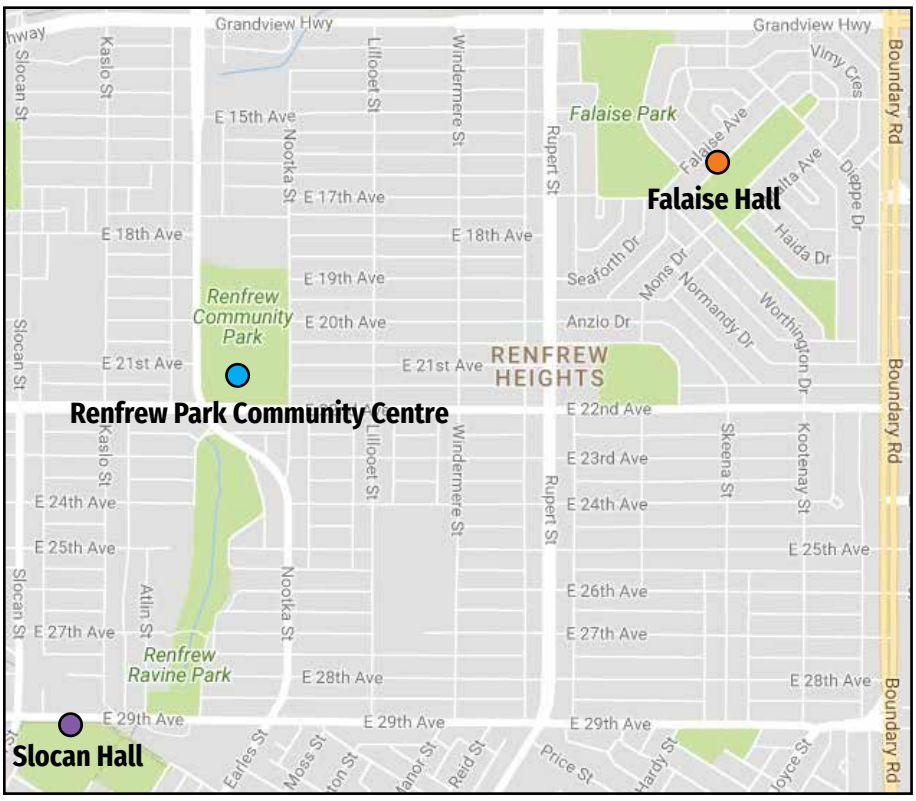
Centre Office	(604) 257-8388 ext 1
Fax	(604) 257-8392

Email

Centre Email	renfrewcc@vancouver.ca
Rental Inquiries	renfrew.rentals@vancouver.ca
Birthday Party Inquiries	renfrewparkbirthday@vancouver.ca
Swimming Pool Aquatic Leaders	renfrew.al@vancouver.ca

Staff

Andy Teoh	Community Recreation Supervisor
Nick Fong	Recreation Programmer- Centre
Ivan Dragelj	Recreation Programmer - Pool
Patrick Wong	Recreation Programmer - Fitness Centre
TBA	Community Youth Worker
TJ Elias	Program Assistant III - Seniors
Marni McMullen, Kieran Sherestan	Program Assistant III
Monica Kochhar	Recreation Facility Clerk
Elizabeth Casaclang	Child Care Manager
Angela Lee	Community Association Adminstrator



- Renfrew Park Community Centre — 2929 East 22nd Avenue
- Falaise Community Hall — 3434 Falaise Avenue
- Slocan Community Hall — 2750 East 29th Avenue

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3 Easy Ways to Register...

Online
Starts **Sunday, November 29 at 9:00am**

Register online at http://vanrec.ca
Pay by Visa, MasterCard or American Express.

In Person
Starts **Sunday, November 29 at 9:00am**

Registration in person continues during office hours. You can pay by cash, credit card or debit card. Please bring your OneCard to speed up registration.

By Phone
Starts **Sunday, November 29 at 10:00am**

(604) 257-8388 ext 1
Phone during office hours. Due to the volume of business you may experience some delays. Have credit card and activity number(s) ready.

Payment Methods

Online/Phone In

In Person

Cheques made payable to **City of Vancouver**
Please note $35 charge for NSF cheques.

Personal Information Protection

In the course of providing programs and services, the Renfrew Park Community Association collects personal information of our members and other individuals participating in classes, workshops, projects, events, or renting the facility. This information may be used for communication purposes regarding current or upcoming events, processing payments, statistical or human resource purposes, or for the provision of programs or services. For information on our privacy policies and practices or to contact our Privacy Officer, at (604) 257-8388 or contact the Front Desk.

...connect with us on Social Media!
facebook.com/renfrewparkcc
twitter.com/renfrewparkcc
instagram.com/renfrewparkcc

Renfrew Park Community Centre acknowledges the financial assistance of the Province of British Columbia

Registration Policy

- Registrations are non-transferable to another program or person.
- NSF cheques will have a $35 fee.
- Programs that do not reach minimum enrollment may be cancelled.

Cancellation, Transfers and Refunds

- Requests must be made through the Renfrew Park Community Centre office during our hours of operation.
- Please see page 2 for centre hours of operation.
- If paid by credit card, it can be credited back to the original credit card.
- If paid by debit card, you will be required to bring in your debit card to receive your refund.
- If paid by cash or cheque, refund can be issued back by cheque.
- Alternatively, a pro-rated credit for the remaining class(es) may be transferred to your registration account for future program registration use.
- All refunds are subject to an administration fee (fees vary based on program, see below).
  For medical reasons:
- Please inform the office as soon as possible and a one time exception may be possible. Dated medical notes may also be required.

Programs

Notice given prior to the program start date
- A $5 administration fee, per person, per program will be charged

Notice given on or after the program start date and prior to third class
- A $5 administration fee, per person, per program will be charged
- A pro-rated refund will be given as of the date of notification, regardless of class start time.
- Withdraw/refund requests must be made no later than 2 days prior to the third class. After this time, withdraw/refund requests will not be accepted.

1 to 3 Session Activities/Workshops/Badminton Court Rentals

- A $5 administration fee, per person, per program will be charged
- Withdraw/refund requests must be made no later than 14 days prior to the start of the activity. After this time, withdraw/refund requests will not be accepted.

Weekly Camp & Licensed Preschool Camp Programs

- All requests are subject to $15 administration fee per person, per week.
- Withdraw/refund requests must be made no later than 14 days prior to the start date of each camp. After this time, withdraw/refund requests will not be accepted.

Bus Trips/Special Luncheons

- A $5 administration fee, per person, per program will be charged
- Withdraw/refund requests must be made no later than 14 business days prior to the start date. After this time, withdraw/refund requests will not be accepted.

Special Events/Community Lunch Program

- Withdraw/refund requests made at least 3 days prior to the date of the event will be eligible for a 50% refund.
- After this time, withdraw/refund requests will not be accepted.

Birthday Parties

- Notice given 3 weeks prior to party date: $25 administration fee applied.
- Notice given less than 3 weeks prior to the party date: $50 administration fee applied.
- Notice given less than 1 week prior to party date: no refund will be provided.

Room Rentals and Licensed Child Care

- Please contact the Renfrew Park Community Centre office or online for details.

Renfrew Park Community Association (RPCA)



President's Message

Happy New Year, neighbours!

As we start 2027, the board of the Renfrew Park Community Association is grateful to begin another year with such a generous and engaged community. Winter is a season for staying close to the people around us, and our centre is ready to be a warm place to gather.

Thank you to everyone who came to our Annual General Meeting on November 21st. We're pleased to welcome our newly elected directors, Benny Mah and Thomas Tsang. Your participation keeps this association grounded in what our neighbourhood needs. [remove this part if brochure is being published before November 21st]

This winter brings plenty of reasons to come together. Our Lunar New Year Celebration on Sat Jan 30, Family Fun activities during Family Day Event on Mon Feb 15, Spring Equinox Banquet on Wed Mar 17, and our children's Easter Event on Sat Mar 27 are just a few of the ways to connect with friends old and new. Experience new

If you've been thinking about getting more involved, there's no better time. Our volunteers make so much of what we do possible, and we'd love to have you. association@renfrewcc.com

A reminder that RPCA memberships are free and valid through August 31, 2027. Just stop by the front desk to load your membership onto your OneCard.

On behalf of the entire association, thank you for being part of this community. We look forward to seeing you this winter.

Warmest regards,

Anthony Mehnert, Renfrew Park Community Association President
board@renfrewcc.com

Renfrew Park Community Centre is jointly operated by the Vancouver Board of Parks & Recreation and the Renfrew Park Community Association. If you would like to become more involved in the direction of the centre, email: board@renfrewcc.com

...did you know

The RPCA is a not-for-profit group that applies for grant funding that helps to offer programming at low costs!

RPCA Board of Directors

2025-2026

President	Anthony Mehnert
1st Vice President	Paul Cheng
2nd Vice President	Sari Lundberg
Treasurer	Chris Bayliss
Secretary	Judy Egerton
Past President	Albert Lee
Members at Large	Barbara Leung, Henry Lee, Julianne Liang, Fay Lin, David Ng, Emily Tsang, Kepler Rotheisler, Gayle Uthoff

RPCA Memberships

September 1, 2026-August 31, 2027

The Renfrew Park Community Association (RPCA) is vital to the operation of the facilities and programs at Renfrew Park Community Centre.
Benefits of Association Membership:

- Contributing to our ability to offer affordable recreation programming.
- Ability to influence the implementation of programs and services provided by RPCA.
- Have voting rights at our Annual General Meeting.
- Memberships improve and simplify the registration process.

Memberships are available for FREE, please come in to the Community Centre to load your membership onto your OneCard.
If you do not want to become a member of Renfrew Park Community Association, please notify our staff at the time of registration.
For games room, piano practice and sports equipment rental, please register for the Equipment Rental Fee (info **p.19**).

RPCA Affiliated Groups

Aikido Club	Wolfgang vancouveraikikai.com
Happy Corner Preschool	Nikki happycorner.ca
Judo Club	Frank nakashimadojo.blogspot.com
Still Moon Arts	Carmen https://stillmoonarts.ca/

VOLUNTEER WITH THE BOARD

Powered by committed volunteers, the RPCA is the non-profit working in partnership with the Vancouver Parks Board to make this centre amazing!

Build skills & community connections while contributing by:

- Joining one of our committees
- Participating in organizing & executing of one our stellar events
- **Running for a position on the Board of Directors**

For more info email us at board@renfrewcc.com

Be a part of the good in your neighbourhood! Join the RPCA

FREE RPCA Membership

- Ability to influence the implementation of programs and services provided by RPCA.
- Contributing to our ability to offer affordable recreation programming.
- Have voting rights at our Annual General Meeting.
- Memberships improve and simplify the registration process.



Mission Statement

We aim to assist in developing and fostering community spirit and involvement and to work closely with the other groups in the Renfrew-Collingwood Neighbourhood. We aim to provide cultural, intellectual, and physical activities through affordable recreation and leisure.

Communicable Disease Health & Safety Practices

NOTE: The nature of the activities are such that you may interact with other people who are considered to be in good health, continuous physical distance between other people cannot be guaranteed, and, by participating in the activity, you are at risk of being infected by a pathogen, including but not limited to SARS-COV2, which causes the disease COVID-19

Communicable Disease Health & Safety Practices

- Participants are required to comply with the current orders of the Provincial Health Officer. For more information, please cut and paste into your web browser: https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions
- Participants should assess themselves daily for symptoms of the Common Cold, Influenza, COVID-19, or other infectious respiratory disease before attending the facility.
- Participants who are ill, including participants of essential service providers, should not attend a program or access the community centre. If you are unsure, you should self-isolate and contact 8-1-1 or the local public health unit.
- They can also be advised to contact a family physician or nurse practitioner to be assessed for COVID-19 and other respiratory diseases.
- All **par**ticip**p**ants are encouraged to practice proper hand hygiene and respiratory etiquette by covering coughs or sneezes.



YOUR RENFREW LIBRARY

Renfrew Branch
Phone 604.257.8705

Discover more at VPL.ca

VPL VANCOUVER PUBLIC LIBRARY

Programs Highlights









Bus Trip BC Sports Hall of Fame

Travel with us to the BC Sports Hall of Fame for an enjoyable day of history, culture, and inspiration. Discover iconic moments in BC sports, explore interactive exhibits, and spend time with fellow community members on this memorable outing. Afterwards we will return to Renfrew Park Community Centre.

Wed Mar 3
9:00am-1:00pm
$20.00/person
55+ yrs
Activity #652000

Metis Medicine Workshop
Dot Art
By Kelly Poitras

In this workshop, participants will learn about the cultural medicine of an art form inspired by the Métis beadwork. Our ancestors are well known for and recognized as "The Flower People." Kelly Poitras creates a safe and welcoming space to learn about Métis culture and traditions while exploring grounding techniques and building confidence. This project also offers a form of sensory experience as the raised dots provide a sense of grounding and comfort.

Sat Feb 6
11:00am-12:30pm
$20.00/person
19+ yrs
Activity #654986

Spring Equinox Banquet

Celebrate the arrival of spring at our Spring Equinox Banquet, featuring a delicious meal and engaging conversations. Along with a wonderful banquet, guests will explore the traditions and significance of the spring equinox and enjoy an interactive evening celebrating growth, balance, and new beginnings.

Wed Mar 17
3:00pm-5:30pm
$15.00/person
55+ yrs
Activity #655808

Kahkwa

MAPLE SYRUP, CORNBREAD, AND THE SUGAR MOON

Inspired by the Kanienkehaka (commonly referred to as Mohawk) word, **Kakhwí:io** (Gak-wee-yo), meaning good food, this program will help us learn to cook while inviting us to think about how we are connecting to the environment we live in.

Come celebrate the Spring Equinox, or the coming of the Sugar Moon. Together we will celebrate the long-standing traditional Sunday dish from Kahnawake (On the Rapids) of Steak and Cornbread – **Kanataron:konwe** (Original Bread) – paired with maple syrup and savory bacon drippings.

MARCH 17 · 12:00pm – 2:00pm
#652835 · $15.00/person

RENFREW PARK PRESCHOOL

OPEN HOUSE

APRIL 19, 2027 2:30PM TO 7:00PM
RENFREW PARK COMMUNITY CENTRE
2929 EAST 22ND AVENUE, VANCOUVER, BC
ROOMS 011 AND 010

- Licensed Preschool, Play Based Curriculum
- Come visit our classrooms
- Meet our teachers
- Bring your child and your questions
- Activities will be set up for children
- For children born in 2024 and 2023
- Registration info for Sep 2027 to June 2028 School Year.

FOR MORE INFORMATION, PLEASE CONTACT ELIZABETH AT CHILDCAREMANAGER@RENFREWCC.COM, 604-654-0793

Preschool

Sports

Rhythmic Gymnastics — 4-6yrs

Olympia Rhythmic Gymnastics

Come and join our Rhythmic Gymnastics program in a fun recreational format! Rhythmic Gymnastics is a beautiful combination of Gymnastics and Ballet, along with the self expression and rhythm of dance by using hand apparatus such as rope, hoop, ball, clubs or ribbon. Please note participants are to bring their own yoga mat for use during program. Other equipment may be available for participants to purchase.

Sat 654396	Jan 9-Mar 13 9:15am-10:00am	 $105/10 sess

Indoor Soccer — 4-6yrs

TBA Instructor

An introduction to the game of soccer, and individual skill development, for both new and experienced players ages 4 to 6 years

Tue 655770	Jan 5-Mar 9 4:00pm-4:45pm	 $130/10 sess
Sat 655773	Jan 9-Mar 13 1:30pm-2:30pm	 $130/10 sess

Education

123, ABCs - Phonics & Math — 4-6yrs

Olivia Lee

Ready, set, go! Get ready for school with this introductory class to basic phonics and math. We will learn how to print, recognize and sound letters and numbers in an interactive and fun environment. Recommended for Preschool and Kindergarten students.

Sat 655516	Jan 9-Mar 13 9:15am-10:00am	*No session Jan 30, Feb 13* $48/8 sess
Sat 655517	Jan 9-Mar 13 10:00am-10:45am	*No session Jan 30, Feb 13* $48/8 sess
Sat 655518	Jan 9-Mar 13 10:45am-11:30am	*No session Jan 30, Feb 13* $48/8 sess

Giggle and Grow Cantonese Adventures — 3-5yrs

Kathy Leung

Embark on a captivating linguistic journey with Giggle & Grow Cantonese Adventures! Our program is designed to guide children through the enchanting world of Cantonese language acquisition, skillfully blending play and education at every turn. Led by experienced educators, we venture beyond conventional methods, offering enchanting storytelling and game sessions that spark young imaginations. With hands-on crafting and traditional Chinese writing activities reinforcing language concepts, our curriculum ensures a positive and enjoyable learning experience for your little ones! Please note that materials fees are non-refundable after the child's first class.

Sun 654923	Jan 10-Mar 14 10:00am-11:00am	*No session Feb 14* $190/9 sess
Sun 654924	Jan 10-Mar 14 11:15am-12:15pm	*No session Feb 14* $190/9 sess

Music

Kelly Kirby - Preschool Piano — 4.5-5yrs

Cindy Leung

Using the Kelly Kirby Method, the Musical Family is introduced. Maximum 4 children/group class. Private lessons for 1 child and their caregiver. Kelly Kirby workbook is $25 and payable at registration. Parent participation is required. Children and their caregivers should be able to complete focused tasks and simple details related to music reading. Modified workbooks are ineligible for refund.

Kelly Kirby I		
Sun 654930	Jan 10-Mar 7 1:45pm-2:30pm	*No session Feb 14* $97/8 sess
Kelly Kirby II		*Pre-Req: Kelly Kirby I*
Sun 654929	Jan 10-Mar 7 1:00pm-1:45pm	*No session Feb 14* $97/8 sess
Sun 654931	Jan 10-Mar 7 2:30pm-3:00pm	*No session Feb 14* $97/8 sess
Preschool Piano V		*Pre-Req: Preschool Piano IV*
Sun 654932	Jan 10-Mar 7 3:15pm-3:45pm	*No session Feb 14* $97/8 sess
Kelly Kirby Private Lessons		
Sun 654933	Jan 10-Mar 7 3:45pm-4:05pm	*No session Feb 14* $113/8 sess
Sun 654934	Jan 10-Mar 7 4:05pm-4:25pm	*No session Feb 14* $113/8 sess
Sun 654935	Jan 10-Mar 7 4:25pm-4:45pm	*No session Feb 14* $113/8 sess



Dance

1st Jazz and Dance Sing Musical Theatre
3-5yrs

Illuma Studios

Learn the technical and artistic aspects of a musical theatre performance, including singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. Learn teamwork while supporting classmates, have fun, and rise to a new challenge. Learned skills showcasing will be announced throughout the course.

Mon	Jan 11-Mar 8	*No session Feb 15*
655370	9:30am-10:15am	$124/8 sess

1st Ballet Time
3-5yrs

Illuma Studios

Come learn proper breathing, strengthening, stretching and all the fundamentals of ballet. Students will enjoy a better understanding of their body and develop muscle memory. All genders preferred dress code: ballet attire (bodysuit, white leggings / black tights, ballet flats); hair: short, ballet bun or ponytail. Otherwise, comfortable tight top and bottom (legging / tights / yoga shorts) to allow for posture correction; and socks.

Mon	Jan 11-Mar 8	*No session Feb 15*
655369	10:15am-11:00am	$124/8 sess

1st Tumble, Flex and Dance
3-5yrs

Illuma Studios

Through proper tumbling and stretching, students will have a better understanding of their bodies and develop proper muscle memory. Having learned the proper techniques, our goal is for the student to have better physical awareness, stronger core muscles, have fun tumbling, increase flexibility and stand tall with confidence. Learned skills will be arranged into a dance routine so that students case showcase their acro skills!

Mon	Jan 11-Mar 8	*No session Feb 15*
655371	11:00am-11:45am	$124/8 sess
Sun	Jan 10-Mar 7	
655381	2:00pm-2:45pm	$139.50/9 sess

1st Urban Dance Hip Hop
3-5yrs

Illuma Studios

Learn Hip Hop, Locking, Popping, Street Dance and more! Students will broaden their dance knowledge and refine their technique of these variety dance styles throughout the season. Embrace teamwork while supporting classmates, have fun, and rise to a new challenge! Beginners welcome; content is accessible and adapted to the learner's level. Learned skills showcasing will be announced throughout the course.

Mon	Jan 11-Mar 8	*No session Feb 15*
655372	11:45am-12:30pm	$124/8 sess

1st Hip Hop / KPOP / Jazz Funk Dance Sampler
3-5yrs

Illuma Studios

Learn Hip Hop, Locking, Popping, Street Dance and more! Students will broaden their dance knowledge and refine their technique of these variety dance styles throughout the season. Embrace teamwork while supporting classmates, have fun, and rise to a new challenge!

Sun	Jan 10-Mar 7	
655376	1:15pm-2:00pm	$139.50/9 sess

Mini Hip Hop
3-4yrs

Vancouver Performing Stars

Get ready to wiggle, jump, and dance! This fun and energetic hip hop class introduces little movers to basic dance steps and groovy moves set to their favorite songs. Through playful choreography and creative movement activities, young dancers will build confidence, coordination, and a love of dance. Each class is packed with energy and smiles! For more details, visit www.performingstars.ca.

Sun	Jan 10-Mar 14	*No session Feb 14*
650740	10:30am-11:15am	$153/9 sess

Mini Ballet
3-4yrs

Vancouver Performing Stars

VPS Ballet Classes lay the foundation for graceful movement for young dancers while sparking their imagination! Dancers will work on developing coordination, rhythm, and musical expression. Through playful exercises and creative movement, dancers learn ballet fundamentals in an encouraging environment. Students gain confidence and independence as they attend class on their own. Ballet shoes and attire required. Visit performingstars.ca for more information.

Sun	Jan 10-Mar 14	*No session Feb 14*
650738	11:15am-12:00pm	$153/9 sess



Specialty Camps

Stop Motion Animation
6-12yrs

Tomorrow's Playground

In this hands-on camp, students will learn the art of stop motion animation using LEGO® bricks and minifigures.

Mon-Fri	Mar 22-25	
655762	10:00am-12:00pm	$148/4 day week

WEDO 1 Robotics Camp
6-12yrs

Tomorrow's Playground

Using LEGO elements, and experimentation, and incorporates activities across science, engineering, and technology with STEM education.

Mon-Fri	Mar 22-25	
655764	12:30pm-2:30pm	$148/4 day week

EV3 MINDSTORMS Robotics Camp
6-12yrs

Tomorrow's Playground

The LEGO Education WEDO 2.0 system and Ev3. these robotic systems provides an exciting experience into the world of Robotics!

Mon-Fri	Mar 22-25	
655763	3:00pm-5:00pm	$148/4 day week

Youth and Children's Camps
see p.12

BIRTHDAY PARTIES

RECCOMENDED FOR CHILDREN AGED 0-7

BASIC PARTY PACKAGE (2 LEADERS) - $210

PARTY ADD ONS:

ENTERTAINER - $90

BOUNCY CASTLE - $100

FULL PACKAGE COMBO - $375





SATURDAY OR SUNDAY

2:00PM-4:00PM

REGISTRATION:

ONLINE (WWW.VANREC.CA)

OR IN PERSON

TECHNICAL SAFETY BC LICENSE NUMBER: LAM0207577

Licensed Preschool 2026-2027







Our program fosters independence, self-help skills, cooperation, and positive social interactions. Each day is a learning experience, with structured and non-structured activities to prepare children for elementary school.

Activities include free play (sand and water play, playdough, dress-up, puzzles, manipulatives), arts & crafts, circle/story time, and physical activities (neighborhood walks, trail walks, playground time).

We provide an environment for optimal social, emotional, physical, and intellectual development for children aged 3-5 years. Children must be toilet trained and of age during the registration month.

Visit www.renfrewcc.com for more information

Program Details: The following prices are for September 2026-June 2027.

# days	Days of the Week	Time	Monthly Fee
2 days	Tue/Thu	8:30am-11:00am	$84.40/month
2 days	Tue/Thu	12:00pm-2:30pm	$84.40/month
3 days	Mon/Wed/Fri	8:30am-11:00am	$126.60/month
3 days	Mon/Wed/Fri	12:00pm-2:30pm	$126.60/month
5 days	Mon-Fri	8:30am-11:00am	$211.00/month
5 days	Mon-Fri	12:00pm-2:30pm	$211.00/month

**Monthly fees are subject to change;*
Pricing is made possible by Government of BC's Child Care Fee Reduction initiative

To be put on our waitlist: please register in activity #578808
or contact: childcaremanager@renfrewcc.com

For more information:
Phone: 604-257-8391, or **Email: renfrew.preschool@vancouver.ca**

Licensed Out of School Care 2026-2027

Renfrew Park Community Association is excited to offer a Licensed Out of School Care program. Our Licensed Out of School Care program offers After School Care for children 5 to 12 years old for children attending Nootka Elementary School.

- Children are picked up from Nootka Elementary School at 3pm
- Children will be walked via a walking school bus from Nootka Elementary School to Renfrew Park Community Centre (rooms 011 and 010).
- Hours are Mon to Fri, from 3pm to 6pm
- Operates September 2026 to June 2027
- Monthly fees:
  - $354.65 (Grade 1-7)
  - $252.15 (Kindergarten)

**Monthly Fees are subject to change;*
Pricing is made possible by Government of BC's Child Care Fee Reduction Initiative

Visit www.renfrewcc.com for more information



Our program offers a variety of activities, including:

- Outdoor play and nature walks
- Free play, exploration, and structured activities
- Individual and small group activities
- Active and quiet time

For more information:
Phone: 604-257-8391, or
Email: outofschoolcare@renfrewcc.com

Our Program is currently FULL.
Priority registration is given to siblings enrolled in Out of School Care as well as to children enrolled in our Preschool.
As spaces become available, we will contact families on our waitlist

To be put on the waitlist, please visit www.vanrec.ca,
register in activity #517787
or contact: childcaremanager@renfrewcc.com

Children

Day Camp

Spring Break Day Camp — 6-12yrs

Day Camp Staff

Activities will include sports, cooperative games, arts & crafts, theatre, dance parties, entertainers and special guests!

Mon-Fri 655528	Mar 15-19 9:00am-3:00pm	$150/5 day week
Mon-Thu 655529	Mar 22-25 9:00am-3:00pm	$120/4 day week

Day Camp Reminders!

- Submit completed original waiver forms before the program begins.
- Please have children please keep electronic devices at home, or in their bags unless it is an emergency.
- Ensure your child has a backpack with lunch, snacks, water bottle, sunscreen, and other appropriate clothing

Refund Policy

- Withdraw/refund requests must be made no later than 14 open business days prior to the start of the course.
- All requests are subject to $15 administration fee per person, per weekly program.

Youth Camps

My First Job - Workplace Preparation — 14-17yrs

Day Camp Staff/Community Youth Worker

Camp is held at **Sunrise Hall,** 1950 Windermere Street

This intensive week will help to prepare those that are looking for their first job or those that are just starting to build their working career. Learn about your rights under the Employment Standards Act and Worksafe BC. Work on your interview skills and have hands on practice. Gain access to valuable training for your foodsafe and first aid certificates. Some days may be longer than posted - as some training requires 8 hours vs. the 6 hours posted. A working email address will be required and some work from home will need to be completed prior to camp starting.
For more information: please email renfrewcc@vancouver.ca

Mon-Fri 651649	Mar 15-19 9:00am-3:00pm	$150/5 day week

Environmental Leadership RENFREW — 9-13yrs

Day Camp Staff/Community Youth Worker

Welcome to this fun week of learning and leadership. Join the leaders on outdoor adventures and environmental learning. Go for hikes, swimming and relevant workshops to help you gain a better understanding of how you interact with the world around you.
Be prepared to be outdoors most days - inside activities will be limited to poor weather days and specific workshops.

Mon-Thu 651650	Mar 22-25 9:00am-3:00pm	$120/4 day week

Specialty Camps

VPS Dance Camp: K-Pop — 6-10yrs

Vancouver Performing Stars

Dancers dive into high-energy K-Pop choreography and idol performance style. Inspired by global pop sensations, campers build strength, musicality, and stage presence as they work together to create an end-of-week performance. For more information, visit www.performingstars.ca

Mon-Fri 650757	Mar 15-19 9:30am-3:30pm	$360/5 day week

Finish Strong Basketball Grassroots Camps — 9-12yrs

David Knight

Welcome to Finish Strong Basketball where we believe "It's not how you start, it's how you FINISH!" "Grassroots" Skill development program is dedicated to promoting a healthy environment where players can grow on and off the court. Our programs skills focus on improving youth's basketball skills in dribbling, shooting, passing, and defence as well in other areas of the game, while increasing their self-esteem and self-confidence. We hope to see you on the court! Please note basketballs can be provided, but it is recommended that participants bring their own basketballs. T-Shirt is included.

Boys Grassroots

Mon-Fri 651992	Mar 22-25 9:30am-11:00am	$130/4 day week

Girls Grassroots

Mon-Fri 651991	Mar 22-25 11:15am-12:45pm	$130/4 day week

Ace Academy - Badminton Camp

Gabriel Ip

Beginner — 7-12yrs

Participants will learn and build the fundamental skills needed to play badminton with confidence. The program will focus on improving footwork, coordination, clearing, net drop shots, and serving techniques, with an introduction to smashing. Basic gameplay concepts will also be introduced and adapted to each participant's experience level.

Mon-Fri 652016	Mar 15-19 9:15am-10:10am	$125/5 day week

Intermediate — 8-16yrs

This class is designed to help participants elevate their game to the next level. Students will develop advanced skills, refine their footwork, and strengthen their strategies and competitive mindset for both singles and doubles play.

Mon-Fri 652017	Mar 15-19 10:30am-11:25am	$125/5 day week

Youth and Children's Camps
see p.10

Education

Little Bookworms - Reading and Writing
6-7yrs

Olivia Lee

We will practice writing letters and words, expand vocabularies and construct basic sentences. Recommended for Grade 1 students.

Sat	Jan 9-Mar 13	*No session Jan 30, Feb 13*
655519	12:00pm-1:00pm	$52/8 sess

Mini Mathletes
6-7yrs

Olivia Lee

Learn the fundamentals of mathematics in this class. We will focus on counting, simple addition, subtraction and other math concepts to begin your mathlete's training in the world of numbers. Recommended for Kindergarten and Grade 1 students.

Sat	Jan 9-Mar 13	*No session Jan 30, Feb 13*
655520	1:00pm-2:00pm	$52/8 sess

Mathventures - Math
8-10yrs

Olivia Lee

Explore the wonderful world of math through games, puzzles, hands-on activities and group work. We will learn addition, subtraction, division and fractions in this fun atmosphere. Recommended for Grades 3-5 students.

Sat	Jan 9-Mar 13	*No session Jan 30, Feb 13*
655521	2:00pm-3:00pm	$52/8 sess

Chess Lessons
6-12yrs

Enrichmind Academy

Students will learn the basics of the chessboard, the different pieces, and the rules to play a complete game. By the end of the course, they will also be able to checkmate in simple game positions.

Level 1: Fun Chess

For those without any Chess experience

Wed	Jan 13-Mar 10	
655524	4:00pm-5:00pm	$81/9 sess

Level 2: Pre-foundation

For children who have completed Fun Chess/experience playing chess.

Wed	Jan 13-Mar 10	
655525	5:15pm-6:15pm	$134.10/9 sess

Mandarin Lessons - Go Chinese
6-12yrs

Vicky Hsu

The immersive teaching methods improve children's Mandarin speaking skills based on a serious book called "Go Chinese".
Your children will thrive with us because our students will:
- have plenty of time to practice speaking Mandarin
-Teach in small classes and receive more personalized care from teachers
-Have fun learning in groups and pairs with peers
-Have the opportunity to interact with classmates to build friendships and practice Mandarin.

Please note: There is a small fee for supplies for this program. If you are a returning student and have your materials from a previous session, the instructor can authorize your supplies fee to be refunded to you. Modified workbooks that cannot be re-used are non-refundable.

Go Chinese Book 1

Thu	Jan 14-Mar 11	
655475	3:40pm-4:40pm	$136/9 sess

Go Chinese Book 2/3

For returning students with Vicky.

Thu	Jan 14-Mar 11	
655476	4:45pm-5:45pm	$136/9 sess

Red Cross Babysitting Training
11-17yrs

First Aid Hero

Babysitting with First Aid Hero emphasizes learning through real life scenarios. Covered in this course: Exploring the Business of Babysitting; Creating Safe Environments; Safely Caring for ages 0-12; First Aid Skills. Please bring a bag lunch (no nuts please), yoga mat, medium sized doll or stuffed animal, plenty of water and snacks.

Sun	Mar 21	
650371	9:15am-4:45pm	$80/person

Music

Piano - Private Lessons

6+yrs

Private classes are tailored to the student's needs. Participants may be required to purchase piano books based on instructor recommendation.

Fiona Wen			
Fri	Jan 8-Mar 12		$200/10 sess
655703	4:00pm-4:30pm	655708	6:30pm-7:00pm
655704	4:30pm-5:00pm	655709	7:00pm-7:30pm
655705	5:00pm-5:30pm	655710	7:30pm-8:00pm
655706	5:30pm-6:00pm	655711	8:00pm-8:30pm
655707	6:00pm-6:30pm	655712	8:30pm-9:00pm

Jacqueline Li			
Sat	Jan 9-Mar 23		$200/10 sess
655713	9:15am-9:45am	655720	1:15pm-1:45pm
655714	9:45am-10:15am	655721	1:45pm-2:15pm
655715	10:15am-10:45am	655722	2:15pm-2:45pm
655716	10:45am-11:15am	655723	2:45pm-3:15pm
655717	11:15am-11:45am	655724	3:15pm-3:45pm
655718	11:45am-12:15pm	655725	3:45pm-4:15pm
655719	12:45pm-1:15pm	655726	4:15pm-4:45pm

Joey Wu			
Sun	Jan 10-Mar 14		$200/10 sess
655727	9:15am-9:45am	655734	1:15pm-1:45pm
655728	9:45am-10:15am	655735	1:45pm-2:15pm
655729	10:15am-10:45am	655736	2:15pm-2:45pm
655730	10:45am-11:15am	655737	2:45pm-3:15pm
655731	11:15am-11:45am	655738	3:15pm-3:45pm
655732	11:45am-12:15pm	655739	3:45pm-4:15pm
655733	12:45pm-1:15pm	655740	4:15pm-4:45pm

Singing - Private Lessons

9+yrs

Gina Morel

Learn to Sing! Enjoy private singing lessons in a safe and supportive environment. No experience is necessary and all levels are welcome. Learn how to use your voice with healthy vocal techniques and express yourself through singing a wide variety of musical styles including Pop, Classical, Musical Theatre and Opera. RCM examination preparation available.

Tue	Jan 5-Mar 9		$310/10 sess
655741	5:00pm-5:30pm	655745	7:10pm-7:40pm
655761	5:30pm-6:00pm	655746	7:40pm-8:10pm
655743	6:00pm-6:30pm	655747	8:10pm-7:40pm
655744	6:30pm-7:00pm	655748	8:40pm-9:10pm

Guitar - Private Lessons

7+yrs

Eden Nerada

Learn and fine tune your guitar skills at your own pace. Students will be guided through a series of lessons to develop their skills. Guitars are provided for lessons or bring your own guitar. Participants may also be required to purchase guitar books based on instructor recommendation

Thu	Jan 7-Mar 11		$225/10 sess
655693	3:30pm-4:00pm	655698	6:30pm-7:00pm
655694	4:00pm-4:30pm	655699	7:00pm-7:30pm
655695	4:30pm-5:00pm	655700	7:30pm-8:00pm
655696	5:00pm-5:30pm	655701	8:00pm-8:30pm
655697	5:30pm-6:00pm	655702	8:30pm-9:00pm

Violin - Private Lessons

7+yrs

Shamel Zraik

Instruments will be available for lessons or bring your own instrument. Lesson material will be provided or, participants may also be required to purchase violin books based on instructor recommendation.

Mon	Jan 4-Mar 8		*No session Feb 15* $180/9 sess
655749	5:30pm-6:00pm	655753	7:30pm-8:00pm
655750	6:00pm-6:30pm	655754	8:00pm-8:30pm
655751	6:30pm-7:00pm	655755	8:30pm-9:00pm
655752	7:00pm-7:30pm	655756	9:00pm-9:30pm

Drum - Private Lessons

6+yrs

Samuel Alexis George Delgado

Lesson material will be provided, or, participants may also be required to purchase drum books based on instructor recommendation. Lessons are 30 minutes in long.

Wed	Jan 6-Mar 10		$180/10 sess
655683	3:30pm-4:00pm	655688	6:30pm-7:00pm
655684	4:00pm-4:30pm	655689	7:00pm-7:30pm
655685	4:30pm-5:00pm	655690	7:30pm-8:00pm
655686	5:00pm-5:30pm	655691	8:00pm-8:30pm
655687	6:00pm-6:30pm	655692	8:30pm-9:00pm

Dance

Junior Ballet
5-7yrs

Vancouver Performing Stars

In this ballet class, dancers will learn essential ballet techniques every performer should know. Along with learning choreography, dancers will be encouraged to explore their own creative expression and learn how to dance with a fluid movement quality, while strengthening their flexibility and coordination skills. Previous dance experience is welcome, but not required. Appropriate ballet shoes and attire must be worn. Visit www.performingstars.ca for more information.

Sun	Jan 10-Mar 14	*No session Feb 14*
650737	9:45pm-10:30am	$153.00/9 sess
Sun	Jan 10-Mar 14	*No session Feb 14*
650739	12:00pm-12:45pm	$153.00/9 sess

1-Active Ballet Time with Strength and Stretch
6-14yrs

Illuma Studios

Learn the technical and artistic aspects of a musical theatre performance, including singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. No previous experience required.

6-9yrs		
Sun	Jan 10-Mar 7	
655377	2:00pm-3:00pm	$150.75/9 sess
10-14yrs		
Sun	Jan 10-Mar 7	
655378	3:00pm-4:00pm	$150.75/9 sess

1-Active Dance Sing Musical Theatre
6-12yrs

Illuma Studios

Learn the technical and artistic aspects of a musical theatre performance, including singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. No previous experience required.

Sun	Jan 10-Mar 7	
655380	1:00pm-2:00pm	$150.75/9 sess
Fri	Jan 8-Mar 12	
655363	4:45pm-5:45pm	$167.50/10 sess

1-Active Tumble, Flex and Dance
6-14yrs

Illuma Studios

Through proper tumbling and stretching, students will have a better understanding of their bodies and develop proper muscle memory. Having learned the proper techniques, our goal is for the student to have better physical awareness, stronger core muscles, have fun tumbling, increase flexibility and stand tall with confidence. No previous experience required.

6-9yrs		
Sun	Jan 10-Mar 7	
655382	3:00pm-4:00pm	$150.75/9 sess
10-14yrs		
Sun	Jan 10-Mar 7	
655383	4:00pm-5:00pm	$150.75/9 sess

Asian Pop/KPOP/Jazz Funk/Hip Hop Sampler
6-17yrs

Illuma Studio

Sampling from Jazz Funk, Street and Korean Pop (KPOP) dance styles through cardio warm ups, strengthening, footwork, isolations, and stretches, and learn the importance of breathing. No previous experience required. Class curriculum will be different between same-subject sessions throughout the year; we welcome repeat students at our classes!

6-9yrs		
Fri	Jan 8-Mar 12	
655364	5:45pm-6:45pm	$167.50/10 sess
10-17yrs		
Fri	Jan 8-Mar 12	
655365	6:45pm-7:45pm	$167.50/10 sess

Afrobeats / KPOP / Jazz Funk / Hip Hop Dance Sampler
6-12yrs

Illuma Studio

Come sample different dance styles including Afrobeats, Jazz Funk, Hip Hop and Korean Pop (KPOP) through cardio warm ups, strengthening, footwork, isolations, and stretches, and learn the importance of breathing. Embrace teamwork while supporting classmates, have fun, and rise to a new challenge!

Sun	Jan 10-Mar 7	
655379	4:00pm-5:00pm	$150.75/9 sess

Rubik's Cube Classes
8-12yrs

Diedre Sportak - Cubing BC

Private Lessons

Over the 2 50-minute sessions, you will learn the beginner's method for solving a Rubik's cube. Resources are included to help you practice at home and then show off your skills!

Sat	Jan 9-16	$110/2 sess
655359	10:00am-10:50am	+$50 for a semi-private
Sat	Jan 9-16	$110/2 sess
655361	11:00am-11:50am	+$50 for a semi-private
Sat	Feb 6-13	$110/2 sess
655360	10:00am-10:50am	+$50 for a semi-private
Sat	Feb 6-13	$110/2 sess
655362	11:00am-11:50am	+$50 for a semi-private

Children

Sports

prices do not include tax if applicable

Ace Academy - Badminton Lessons

Gabriel Ip

Beginner **7-12yrs**

Participants will learn and build the fundamental skills needed to play badminton with confidence. The program will focus on improving footwork, coordination, clearing, net drop shots, and serving techniques, with an introduction to smashing. Basic gameplay concepts will also be introduced and adapted to each participant's experience level.

Sun 652003	Jan 10-Feb 7 9:30am-10:25am	$95/5 sess
Wed 652001	Jan 6-Feb 3 3:45pm-4:40pm	$95/5 sess
Wed 652002	Jan 6-Feb 3 4:45pm-5:40pm	$95/5 sess
Sun 652009	Feb 21-Mar 14 9:30am-10:25am	$76/4 sess
Wed 652007	Feb 10-Mar 10 3:45pm-4:40pm	$95/5 sess
Wed 652008	Feb 10-Mar 10 4:45pm-5:40pm	$95/5 sess

Intermediate **8-16yrs**

This class is designed to help participants elevate their game to the next level. Students will develop advanced skills, refine their footwork, and strengthen their strategies and competitive mindset for both singles and doubles play.

Sun 652004	Jan 10-Feb 7 10:30am-11:25am	$95/5 sess
Sun 652006	Jan 10-Feb 7 11:30am-12:25pm	$95/5 sess
Wed 652005	Jan 6-Feb 3 5:45pm-6:40pm	$95/5 sess
Sun 652010	Feb 21-Mar 14 10:30am-11:25am	$76/4 sess
Sun 652012	Feb 21-Mar 14 11:30am-12:25pm	$76/4 sess
Wed 652011	Feb 10-Mar 10 5:45pm-6:40pm	$95/5 sess

Rhythmic Gymnastics **6-16yrs**

Olympia Rhythmic Gymnastics

Rhythmic Gymnastics is a beautiful combination of gymnastics and ballet, along with the self expression and rhythm of dance by using hand apparatus such as rope, hoop, ball, clubs or ribbon. Please note participants are to bring their own yoga mat for use during program. Other equipment may be available for participants to purchase.

6-8yrs		
Sat 654397	Jan 9-Mar 13 10:00am-11:00am	$120/10 sess
8-16yrs		
Sat 654398	Jan 9-Mar 13 11:00am-12:00pm	$120/10 sess

Indoor Soccer **6-12yrs**

TBA Instructor

An introduction to the game of soccer, and individual skill development.

6-8yrs		
Tue 655771	Jan 5-Mar 9 4:50pm-5:50pm	$150/10 sess
Sat 655774	Jan 9-Mar 13 2:20pm-3:20pm	$150/10 sess
9-12yrs		
Tue 655772	Jan 5-Mar 9 5:55pm-6:55pm	$150/10 sess
Sat 655775	Jan 9-Mar 13 3:25pm-4:25pm	$150/10 sess

Martial Arts

prices do not include tax if applicable

Karate - Children and Teen **7-18yrs**

Alan Chan Karate BC

We stress the importance of three basic elements: Mind, Technique and Body, the importance of basic techniques, and paying attention to detail. They will gain confidence, and improve both physically and mentally through Karate in a friendly, supportive and safe environment. **Additional fees are required for uniform/equipment and Karate BC Membership.**

Tue Thu 655779	Jan 5-Mar 18 6:30pm-7:30pm	$198/22 sess

Renfrew acknowledges the generous contributions of Kids Up Front Canada



Sports

prices do not include tax if applicable

Finish Strong Basketball - Grassroots

9-12yrs

David Knight

"Grassroots" Skill development program is dedicated to promoting a healthy environment where players can grow on and off the court. Our programs skills focus on improving youth's basketball skills in dribbling, shooting, passing, and defence as well in other areas of the game, while increasing their self-esteem and self-confidence.

Boys

Grassroots		9-11yrs
Thu	Jan 7-Feb 25	
651985	4:15pm-5:15pm	$100/8 sess

Girls

Grassroots		9-11yrs
Mon	Jan 11-Mar 8	*No session Feb 15*
651983	4:15pm-5:15pm	$100/8 sess

Finish Strong Basketball - Level Up

12-16yrs

David Knight

"It's not how you start, it's how you FINISH!" "LEVEL UP" This program will be for teens age 12 and up Level up will be the next step after coming out of our grassroots programs. This program is targeted for players with moderate experience to elite players to help raise their basketball skill level and IQ as well to improve their overall game.

Boys

Level Up		12-16yrs
Thu	Jan 7-Feb 25	
651986	5:15pm-6:15pm	$100/8 sess

Girls

Level Up		12-16yrs
Mon	Jan 11-Mar 8	*No session Feb 15*
651984	5:15pm-6:15pm	$100/8 sess



Professional Day

Finish Strong Basketball

9-12yrs

David Knight

Turn your child's day off from school into an action-packed day of basketball! Our Finish Strong Basketball Pro-D Day program is designed for youth players of all skill levels to improve their game, build confidence, and stay active in a safe, fun, and highly competitive environment.

What We Offer:

- Skill Development: Focused instruction on shooting, ball handling, passing, and footwork.
- Live Game Play: Small-sided games (2v2, 3v3, and 5v5) and competitions to apply new skills in real-game situations.
- Experienced Coaching: Instruction from experienced coaches who foster teamwork, sportsmanship, and a love for the sport

Fri	Feb 12	
651987	10:15am-12:45pm	$65/person

Baking and Cooking

Little Chefs

6-12yrs

Olivia Lee

Learn how to make delicious and healthy snacks and lunches in our kitchen and eat your creations.

6-8yrs

Sun	Jan 10-Mar 14	*No session Feb 14, 21*
655522	9:30am-10:45am	$96/8 sess

9-12yrs

Sun	Jan 10-Mar 14	*No session Feb 14, 21*
655523	11:00am-12:15pm	$96/8 sess

Art

Basic Drawing

6-12yrs

TBA Instructor

The instructor will teach the fundamentals of drawing using both graphite and charcoal. The lessons taught in these sessions aim to give your child's artistic expression a solid foundation to build off of, to further grow and improve as an artist through creative, engaging exercises!

6-8yrs

Sat	Jan 16-Mar 13	*No session Feb 13*
654954	1:00pm-2:00pm	$96/8 sess

9-12yrs

Sat	Jan 16-Mar 13	*No session Feb 13*
654955	2:00pm-3:00pm	$96/8 sess

Origami

8-12yrs

Aiko Matsushiba

Learn how to make beautiful themed origami models! Origami is one of the traditional Japanese folk arts. Over the centuries it was spread from person to person and has become on important of Japanese culture. Origami is mentally stimulating activity for all ages.

Valentines Day

Sun	Feb 14	
655492	10:00am-11:00am	$15/person

Pre-Teen/Youth

Youth Council

Note: No program on all VSB School Breaks (Winter and Spring) Reference letters for mini schools will only be provided to those who have attended a minimum of one full year of Junior Youth Council in previous years. If you have any questions about the program, please email: renfrewcc@vancouver.ca

Junior Youth Council — 10-12yrs

Jesse Woolverton

Join the Community Youth Worker and learn how to use your skills to be a leader in your community. You will be tasked with helping to organize your own event, assist with community centre events, and asked to support a philanthropic organization over the school year. On top of all this, we will have several workshops and special presentations to provide a well-rounded experience.

Thu	Jan 7-Mar 11	*No session Feb 11*
651636	4:00pm-5:15pm	Free

Senior Youth Council — 13-17yrs

Jesse Woolverton

Join the Community Youth Worker and learn how to use your skills to be a leader in your community. You will be tasked with helping to organize your own event, assist with community centre events, and asked to support a philanthropic organization over the school year. On top of all this, we will have several workshops and special presentations to provide a well-rounded experience.

Thu	Jan 7-Mar 11	*No session Mar 11*
651635	5:30pm-7:00pm	Free

Sports

Open Gym — 10-19yrs

Come hang out in our gym Friday afternoons and evenings. You will need to scan your Onecard and receive a wristband to gain entry into the gym. For more information: please email renfrewcc@vancouver.ca

Fri	Jan 8-Mar 19	
651637	4:10pm-9:40pm	Free with OneCard

Baking and Cooking

The Pressure Drop — 10-15yrs

Andy Woolverton

Designed for youth, this hands-on cooking class lets you explore the exciting world of pressure cooking while whipping up a meal to take home. While your meal cooks, enjoy a snack with your friends. By the end of the session, you'll not only have a flavorful meal ready to go but also newfound culinary skills and confidence. Bring your appetite and creativity—let's get cooking! NOTE: February 24th will be a planning session only and will be a shorter session. A snack will be provided for participants, but no meal will be prepared to take home. For more information: please email renfrewcc@vancouver.ca

Wed	Feb 24-Mar 10	
652842	3:30pm-6:00pm	

Education

Home Alone Training — 10-13yrs

The Home Alone Program is designed to provide children 10 years of age and older with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied.

Sat	Feb 6	
651647	10:00am-2:00pm	$40/person

Social

Brick Club — 10-13yrs

This is a small social program for those who love to build. Bins of lego will be provided and unstructured building will occur. Each week ideas will be presented for building and/or problem solving. Structures will be disassembled each week.

Sat	Jan 9-30	
651645	10:00am-12:00pm	Free, registration required
Sat	Feb 20-Mar 6	
651646	10:00am-12:00pm	Free, registration required

The Social — 9-14yrs

Jesse Woolverton and Emily Nguyen

Bring friends or make friends and enjoy different activities every week. Be ready to go ice-skating, swimming, the movies and more. All activities will be planned in advance and shared with parents on the first day of the program. Consent forms will be required. When traveling we will be walking or taking public transit when necessary.

Fri	Jan 8-Mar 12	*No session Feb 12*
651640	5:30pm-9:30pm	$117/9 sess

Teen Time — 13-18rs

Harshitaa Unnikrishnan

Come out Friday nights to do something social with the games room staff. Each Friday will be different from cooking and baking to games, crafts and maybe even a swim night. Show up for the first Friday and help plan out the following Fridays.

Fri	Jan 8-Mar 19	*No session Feb 12*
651639	7:00pm-9:30pm	Free with OneCard

Games Room — 10-19yrs

Harshitaa Unnikrishnan

Games room is just for youth on FRIDAYS! You will have access to the internet with our computers, you can play pool, foosball, ping-pong, and more. Onecard scan in will be required with the Youth Worker in the Computer Lab.

For more information: please email renfrewcc@vancouver.ca

Fri	Jan 8-Mar 19	
651638	3:00pm-9:30pm	Free with OneCard

...Youth Spring Break Camps
see **p. 12**

Games Area and Table Tennis





Equipment Rental Fee

All Ages

Valid for:
Use of Games Room Equipment: Billiards, Foosball, (table tennis excluded)
Sports equipment for Renfrew Programs

$4.76/person/year	$11.43/family/year

Valid Sep 1, 2026-Aug 31, 2027

Games Area

6+yrs

Come and play Foosball or Billiards. All times are public and shared on a rotational basis of 15 minutes when there are people waiting to play. Please see centre office for detailed drop-in times. An annual community centre Equipment Rental Pass required for all participants who wish to use the games area. Please bring your "Equipment Rental Fee" pass with you. *No session on Stat Holidays*

Mon-Thu	3:30pm-9:55pm	Jan 4-Mar 25
Sat	12:00pm-4:55pm	Jan 9-Mar 27
Sun	12:00pm-4:55pm	Jan 10-Mar 28

Private Table Tennis Bookings

All Ages

All bookings are to be made on the SAME DAY, on a first come first served basis, in person or by phone (604 257-8388, ext 1) after **10:30am**. One 30 minute booking per pass with a maximum of 4 persons each booking. Bookings are subject to room/equipment availability (Room 108/010 only) Valid for one month from date of purchase. Please note equipment is not supplied. *No session on Stat Holidays.*

Mon-Thu	Jan 4-Mar 25	
637123	Room 108 6:00pm-9:30pm	$11.43/month pass
	Room 010 7:15pm-9:45pm	$4.29/30 minutes drop-in

Table Tennis for Seniors

55+yrs

Kathy Jang

Come and play Table Tennis. We will have a maximum of 10 players registered for these morning sessions. This is a non-instructional program. No drop-ins permitted. Please bring your "Equipment Rental Pass" with you. **Registration is limited to one day per week per person unless space avaiable on the first day of session.**

Mon	Jan 4-Mar 22	*No session Feb 15*
649644	9:00am-11:45am	Free with Equipment Rental Pass
Wed	Jan 6-Mar 24	
649646	9:00am-11:45am	Free with Equipment Rental Pass
Fri	Jan 8-Mar 19	
649647	9:00am-11:45am	Free with Equipment Rental Pass

...Renfrew has rooms available for rent!

email renfrew.rentals@vancouver.ca for more information



Room 110, 2640sq ft, starting at $48/hr



Gymnasium, 6000sq ft, starting at $53/hr

Dance

Line Dance ABC

19+yrs

Lisa (Baby) Blair

Join for an exciting dance session that blends fun, fitness, and great music! Enjoy Line Dance and Modern Dance to the lively beats of Latin, Disco, and Country music, including styles like Cha Cha, Waltz, Samba, Tango, Jive, and Rumba. Lessons are available in English, Mandarin, and Cantonese.

Tue	Jan 5-Mar 9	
655680	1:30pm-3:30pm	$35/10 sess
		$4.20+tax/drop-in, if space

Belly Dance for Beginners

19+yrs

Adalat Dance Company

This low-impact introductory course promises to be fun while developing coordination, rhythm and muscle tone with percussive and fluid movements set to ethnic music. This class is suited for everybody and every body type. Comfortable clothes or workout wear recommended. The dance movements in this workshop will involve the following: arms moving in a circular and wavy motion. Hips moving in a circular motion and there will be limited back and forth leg and feet movement.

Mon	Jan 11-Mar 8	*No session Feb 15*
655674	4:00pm-5:00pm	Adult - $80/8 sess
		Senior - $64/8 sess
		$12+tax/adult , $9.75+tax/senior drop-in, if space

Line Dancing for Health and Wellness

55+yrs

Louisa Ho Pang

Line Dancing is a great way to exercise your body and mind while meeting new friends. This program is for intermediate level dancers. Class instruction is in Cantonese.

Sun	Jan 10-Mar 28	
655495	10:00am-12:00pm	$42/12 sess
		$4.20+tax/drop-in, if space

Monday Line Dance Group

55+yrs

Judy Chuk Yee Ng

This group dances to a variety of songs. Come join us for this fun filled program, while having a good workout and meeting new people! Program is taught in Cantonese. English translation may be available.

Mon	Jan 4-Mar 22	*No session Feb 15*
655493	11:00am-12:30pm	$29.15 sess
		$3.20+tax/drop-in, if space

Line Dance Fitness

55+yrs

Linda Dee

Come join us for this fun filled, physical, mental and emotional wellness exercise. Dance your way to a healthy lifestyle. Program is taught in English.

Thu	Jan 4-Mar 25	*No session Feb 25, Mar 4, 11*
655677	1:30pm-3:00pm	$23.85/9 sess
		$3.20+tax/drop-in, if space

Traditional Chinese Folk Dance

55+yrs

Pei Chun (Helen) Lin

This group dances to primarily Chinese music. Class is taught in Chinese.

Wed	Jan 6-Mar 24	*No session Mar 17*
655494	12:30pm-2:30pm	$38.50/11 sess
		$4.20+tax/drop-in, if space

Ballroom Dance Social

55+yrs

Siu Lau (Sue Chee) Chong

Have fun, meet new friends and dance. This is a non instructional program. Singles welcome.

Mon	Jan 4-Mar 22	*No session Feb 15*
655678	12:45pm-2:45pm	$13.64/11 sess
		$1.90+tax/drop-in, if space
Thu	Jan 7-Mar 25	
655679	11:15am-1:15pm	$14.88/12 sess
		$1.90+tax/drop-in, if space

Sequence Dance

19+yrs

May A. M. Wong

Sequence Dancing is a type of dancing in which couples dance around the floor in a fixed sequence of steps and movements simultaneously. Some dance experience is required and if possible participants should come with a partner (but not required). Classes taught in English and Cantonese.

Thu	Jan 7-Mar 25	
655681	9:10am-11:10am	$42/12 sess
		$4.20+tax/drop-in, if space

Hula Along for Health

55+yrs

Ingrid Guo

The exercises and gentle moves of the Hula Dance can improve strength, flexibility, balance and coordination, even when seated. Exercise both the mind and the body!

Thu	Jan 7-Mar 11	
655491	2:00pm-3:00pm	$20/10 sess

Asian Pop / KPOP / Jazz Funk / Hip Hop Dance Sampler

Illuma Studio

19+yrs

Come experience a variety of exciting dance styles including KPOP, Jazz Funk, Hip Hop and other Urban Dance styles! Students will broaden their dance knowledge and refine their technique of these variety dance styles throughout the season.

Trial Class		
Fri	Jan 8	
655367	7:45pm-9:00pm	$5/person
Fri	Jan 15-Mar 12	*No session Sep 25*
655366	7:45pm-9:00pm	$168/9 sess

Cooking up Culture

What's for Dinner with Chef Shelley — 19+yrs

Shelly Bach

Pierogis

Everybody loves pierogies, but making them is almost as satisfying as eating them! You'll learn how to make pierogies from scratch, discover how to adapt the recipe for a variety of delicious fillings, and take home a bag of your own handmade creations. Come ready to roll, fill, fold, and enjoy!

Wed	Jan 6	
652816	4:30pm-6:30pm	$21.25/person

Cabbage Rolls

Tender cabbage, rice, ground pork (optional), and savory tomato sauce come together in this classic comfort food. Learn tips and techniques as you assemble your own cabbage rolls to take home and enjoy!

Wed	Jan 13	
652837	4:30pm-6:30pm	$21.25/person

Dumplings, Three Ways: Family Pod — 12+yrs

Abraham Wong

Celebrate the year of the Fire-Goat and Family Day with Hong Kong-born, CBC Vancouver-featured chef Abraham Wong. In this special session, families register together in pods for a shared, hands-on learning experience, making 3 styles of dumplings, pork & chive, shrimp/fish & corn, and vegetable & mushroom. Everyone tastes all three, boiled fresh, then boxes the rest to take home. No experience needed. Your $65 registration includes one adult and one child. To register an additional child for an additional $35 fee, please call the Front Desk at 604 257 8388.

Wed	Feb 10	
652836	6:00pm-8:00pm	$65/pod, $35/extra child

Kahkwa: Maple Syrup, Cornbread, and the Sugar Moon — 19+yrs

Kanatiio

Come celebrate the Spring Equinox, or the coming of the Sugar Moon. Together we will celebrate the long-standing traditional Sunday dish of Steak and Cornbread from Kahnawake (On the Rapids). We will make traditional cornbread, Kanataron:konwe (Original Bread), paired with maple syrup and savory bacon drippings (optional). We will also share other interesting uses for these traditional, yet versatile ingredients

Wed	Mar 17	
652835	12:00pm-2:00pm	$15/person

Seniors Spring Equinox Banquet
see p. 7

Cooking with Souvik Ray

Noodles — 19+yrs

Experience the buzz of a Burmese night market as we make a delicious noodle dish, khao suey. Served with a spicy creamy broth with plethora of toppings!

Sun	Feb 21	
652832	10:30am-12:30pm	$21.25/person

Indian Street Food — 19+yrs

Let's honour the Hindu festival of colours, Holi and savour delicious street food that is enjoyed on this auspicious occasion across the country. We will make snacks like Papri Chaat, Jhaal Muri and Vada Pav.

Sun	Mar 21	
652833	10:30am-12:30pm	$21.25/person

Community Kitchens

Renfrew's Community Kitchen — All Ages

Are you looking to cook and eat with other families? Are you excited about sharing culture and learning new skills? Then Renfrew's Community Kitchen is the right program for you! These are child friendly events, but there is no formal childcare provided. This program prioritizes community members and families who are enrolled in the Leisure Access Program. Enrollment is done through email or over the phone. Please contact marni.mcmullen@vancouver.ca or call (604) 257-8389.

Wed	Mar 24	
652838	5:30pm-8:00pm	Free

Community Kitchen for 2SLGBTQIA+ Adults — All Ages

Souvik Ray

Meet folks from the community, share recipes, and learn new cooking skills in a safer space at Renfrew Park's Community Kitchen for Two Spirit, Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, or Asexual + Adults! Grab your whisk join Souvik Ray for a Valentines Brunch and Social. Expect tasty bites, easy techniques, and plenty of "ooh, I'm making this again" moments. For support with registration, and any other information, please contact Marni McMullen at marni.mcmullen@vancouver.ca or call (604) 257-8389.

Sun	Feb 14	
652817	10:30am-12:30pm	Free

Food Skills for Seniors and Families
see p. 23

Adult and Senior

prices do not include tax

Art

Chinese Calligraphy — 55+yrs

Guoxin Lin

Learn the ancient art of Chinese Calligraphy through step-by-step instructions on writing Chinese characters. Program is taught in Cantonese and Mandarin. English translation will be available.

Advanced - For returning students

Mon	Jan 4-Mar 22	*No session Feb 1, 8, 15*
655166	10:00am-12:00pm	$99/9 sess
Wed	Jan 6-Mar 24	*No session Feb 3, 10*
655165	10:00am-12:00pm	$110/11 sess

All Levels

Fri	Jan 8-Mar 19	*No session Feb 5, 12*
655167	10:00am-12:00pm	$99/9 sess

Renfrew Art Group — 19+yrs

Yoko Tomita

Learn acrylic painting at your own pace. Together we will discover your artistic style in a fun, supportive and non-judgmental environment. Release your hidden passion for painting in this inclusive group.

Wed	Jan 13-Mar 10	
654978	10:00am-12:00pm	$72/9 sess $9.50+tax/drop-in if space

Basic Drawing, Sketching, Watercolour — 19+yrs

Yoko Tomita

Learn fundamental drawing techniques, sketching skills, and watercolor painting basics. Perfect for beginners, this hands-on course nurtures creativity and builds confidence in a relaxed, supportive environment. Participants should bring their own sketchbook, HB pencil, 3H pencil, 3B pencil, 6B pencil and eraser.

Thu	Jan 14-Mar 11	
654977	10:00am-12:00pm	$81/9 sess $11+tax/drop-in if space

Japanese Flower Arranging — 55+yrs

Aggie Chan

Aggie will teach you how to do silk or fresh flower arranging. You will make one intersting and fashionable arrangement each session. Materials are provided.

Thu	Mar 4-11	
654972	2:00pm-4:00pm	$20/2 sess
Thu	Mar 18-25	
654973	2:00pm-4:00pm	$20/2 sess

Education and Technology

Conversational English Class for Older Adults — 55+yrs

NEW!

Cameron Wood

Build confidence in speaking English through interactive conversation, guided discussion, and practical communication activities. This welcoming and supportive class is designed for adult learners who would like to improve their conversational English skills while connecting with others in the community. Learning materials will be provided.

Tue	Jan 12-Mar 16	
651977	12:30pm-2:00pm	$100/10 sess

Intro to Japanese: Learn to Speak Japanese — 19+yrs

Machie Matsuno

Whether you're preparing for a trip to Japan, exploring Japanese culture, or simply interested in learning a new language, this beginner-friendly program is a great place to start! Designed for those with little to no previous experience, participants will learn essential Japanese greetings, everyday vocabulary, common expressions, and basic conversational skills. No previous experience is required.

Wed	Jan 13-Mar 24	
655526	6:45pm-7:45pm	$132/11 sess

Intro to Japanese: Learn to Read and Write Japanese — 19+yrs

Machie Matsuno

This beginner-friendly program introduces participants to the fundamentals of Japanese writing, including Hiragana, Katakana, and basic Japanese characters. Through guided instruction and hands-on writing exercises, participants will learn to recognize, read, and write basic Japanese characters while developing an understanding of the Japanese writing system. No previous Japanese language experience is required.

Wed	Jan 13-Mar 24	
655527	7:45pm-8:45pm	$132/11 sess

Mandarin Lessons - Let's Learn Mandarin — 19+yrs

Vicky Hsu

We have developed Mandarin learning materials for adult learners with minimal proficiency from different fields. The content of the materials incorporates basic daily conversation for adults. This lesson is also designed for TOCFL Level Novice. **Please note:** There is a small fee for supplies for this program. If you are a returning student and have your materials from a previous session, the instructor can authorize your supplies fee to be refunded to you. Modified workbooks that cannot be re-used are non-refundable.

Thu	Jan 14-Mar 11	
655474	6:00pm-7:00pm	$118/9 sess

One Day Art Workshops

Metis Medicine Workshop, Watercolour Workshop-Valentines Day Card, Acrylic Workshop - Vancouver in the Rain

see p. 6, 7

Community Lunch Program

All Ages

Andy Woolverton

- Meals include a hot entree, soup or salad, dessert, coffee or tea. Lunches will be served on a first come first served basis.
- Lunch can be bought in person with cash/credit card or online with credit card, limit of 4 per person.
- Last lunches are sold at 12:30pm. Registered meals are not guaranteed past this time.
- Limited number of lunches available, left overs may be sold at a discounted price.
- Vegetarian meals are available, but must be reserved at least 24 hours prior (please call 604-257-8390 to confirm).

Registration for Community Lunch Program open on the first Friday of the month for up to and including the following month.

Fri Sep 11-Dec 11
0-18yrs: $6.67+tax
19+yrs: $8.10+tax 12:00pm-1:00pm

652818	Jan 8	652824	Feb 19
652819	Jan 15	652825	Feb 26
652820	Jan 22	652826	Mar 5
652821	Jan 29	652827	Mar 12
652822	Feb 5	652828	Mar 19
652823	Feb 12		

Education and Technology

Seniors Technology Classes

55+yrs

Mary Leung

Introduction to Mobile Technology 55+yrs

Get an overview of the fundamentals behind different operating systems and software and their operation. Such as system settings, home screen, wallpaper, language, keyboard and system storage, etc. Participants may borrow an android tablet to learn with.

Classes taught in Cantonese/Mandarin

Sat	Jan 30	
655838	9:30am-11:00am	$6/person

Classes taught in English

Sat	Jan 30	
655839	11:15am-12:45pm	$6/person

Photo Basics

Learn the basics of the camera and gallery app. Basic functions like zoom, flash, macro, wide angle can be discussed. Please bring your own device.

Android

Classes taught in Cantonese/Mandarin

Sat	Feb 20, 27	
655842	9:30am-11:00am	$12/person

Classes taught in English

Sat	Feb 20, 27	
655843	11:15am-12:45pm	$12/person

Apple

Classes taught in Cantonese/Mandarin

Sat	Mar 6, 13	
655841	9:30am-11:00am	$12/person

Classes taught in English

Sat	Mar 6, 13	
655840	11:15am-12:45pm	$12/person

Food Skills with Andy

Come join Food Skills programs, sponsored by the BCCDC in partnership with Renfrew Park Community Association, in a healthy eating program offered to participants who want to share and learn more about food and connect with others. These programs aim to teach and encourage healthy cooking in a fun relaxed atmosphere while building confidence, skills, and healthy habits. It combines discussions for group knowledge sharing and hands-on cooking in the kitchen.

Note: Registration is limited to one Food Skills Session per person.

Food Skills for Families

19-54+yrs

Andy Woolverton

This particular curriculum focuses on creating balanced meals for families living with children in the house. Lessons include tips for increasing daily intake of fruits and vegetables, as well as recipes for meals, snacks, and of course, treats! Children 10+ years are welcome to join their guardians to this session, please email marni.mcmullen@vancouver.ca if you wish for your child to accompany you.

652834	Wed	Jan 20-Feb 3	5:30pm-7:30pm	Free

Food Skills for Active Seniors

55+yrs

Andy Woolverton

This particular curriculum focuses on creating balanced meals for 55+ adults. Lessons include tips for increasing daily intake of fibre and healthy fats as well as meal planning for 1 or 2.

652841	Wed	Feb 24-Mar 10	12:00pm-3:00pm	Free

Martial Arts

Tai Chi Health and Exercise Group

55+yrs

Eddie K.K. Tang, Benny Lai

This program will be led in Cantonese and English. This time is dedicated for practice only, no instruction is provided. **Program times: 7:45am-9:00am (Tue/Fri), 7:30am-9:00am (Mon/Wed/Thu).**

Mon-Fri	Jan 4-Mar 25	*No session Feb 15*
654975	7:30am-9:00am	$26.10/58 sess

Tai Chi Yang Style

19+yrs

Arsenio Chua

Tai Chi (Yang style 24 steps) Lesson covers the primary teaching Tai Chi. Basic fundamental hand form and foot form for proper balance. Lesson will cover at least 11 steps in order for participants to learn thoroughly and memorized and 2nd half will be on in the following program. $12+tax/drop-in if space.

Wed	Jan 13-Mar 10	*No session Feb 10*
654974	6:30pm-7:30pm	$90/9 sess
		$12+tax/drop-in if space

Karate - Adult

19+yrs

Alan Chan Karate BC

We follow the path of traditional Karate. We stress the importance of three basic elements: Mind, Technique and Body, the importance of basic techniques, and paying attention to detail. We also focus on the application of techniques in real life self-defense situations. Additional fees are required for Uniform/Equipment and Karate BC Membership.

Tue Thu	Jan 5-Mar 18	
655778	7:30pm-9:00pm	$220/22 sess

Health & Wellness

Osteofit

55+yrs

Berdjis Bahrami

This class focuses on improving strength, posture, balance and agility through the use of functional exercises, agility activities, resistance training and appropriate stretches.

Tue 649642	Jan 5-Feb 9 10:00am-10:55am	$34.50/6 sess $6.67/drop-in if space
Tue 649643	Feb 16-Mar 23 10:00am-10:55am	$34.50/6 sess $6.67/drop-in if space

Mobility and Stretching for Seniors

55+yrs

Chin Ho Yeh

This class is taught in Mandarin or Cantonese.
Immerse yourself in the graceful movements of these ancient martial arts, promoting balance of mind and body. Participants will have improved flexibility, reduced stress, and enhanced well-being.

Wed 655760	Jan 13-Mar 10 9:30am-11:00am	$27/9 sess $3.57+tax/drop-in if space

Social

Games Social

55+yrs

Robert Wang

Join our group on Wednesdays and enjoy playing games such as Bridge and Mah Jong. Games played to be decided by who is in attendance. Bring your friends! All levels and new players are welcome. Bridge and other games have been shown to improve mood and cognition. Come, play, and meet new friends!

Wed 649648	Jan 6-Feb 17 12:30pm-2:30pm	Free, Pre-registration required

Tuesday Social

55+yrs

Cecilia Vulama

Join us in this free social.

Tue 649649	Jan 5-Mar 23 11:00am-12:00pm	Free with OneCard, Pre-registration required

Renfrew Book Club
Enrollment is currently full.
Please contact the front desk and put your name on the waitlist.

Foot Care Clinic

55+yrs

Nancy KF Lee

Note: Registration must be done no later than one day prior to appointment date

Have your toe nails cleaned and cut safely by a registered and certified foot care nurse. Please bring a large towel and request a tax deductible receipt from the foot care nurse.

Sat	Jan 16		$47/30 min sess
653832	12:00pm-12:30pm	653836	2:00pm-2:30pm
653833	12:30pm-1:00pm	653837	2:30pm-3:00pm
653834	1:00pm-1:30pm	653838	3:00pm-3:30pm
653835	1:30pm-2:00pm	653839	3:30pm-4:00pm

Sat	Feb 20		$47/30 min sess
653840	12:00pm-12:30pm	653844	2:00pm-2:30pm
653841	12:30pm-1:00pm	653845	2:30pm-3:00pm
653842	1:00pm-1:30pm	653846	3:00pm-3:30pm
653843	1:30pm-2:00pm	653847	3:30pm-4:00pm

Sat	Mar 20		$47/30 min sess
653848	12:00pm-12:30pm	653852	2:00pm-2:30pm
653849	12:30pm-1:00pm	653853	2:30pm-3:00pm
653850	1:00pm-1:30pm	653854	3:00pm-3:30pm
653851	1:30pm-2:00pm	653855	3:30pm-4:00pm

Social

Chinese Social Group in Cantonese

55+yrs

Albert Lee

Join us for talks, workshops, parties and other interesting activities. Cantonese and Mandarin speaking seniors are welcome. No session on stat holidays or during facility closures. Non refundable annual fee. Dates and activities are subject to change.

Fri 633410	Sep 11-Aug 27 2:00pm-3:30pm	$9.52/Yearly



Aerobics

Hi-Lo Aerobics

19+yrs

Sharon Chan

Participants are encouraged to work at their own pace. Hi-Lo is an all level class including warm-up, 35 minute cardio, 15 minute abdominal floor work, and stretch and relaxation.

Tue	9:05am-10:00am	$6/Adult, $3.75/Senior for drop-in, if space
649437	Jan 5-26	Adult - $20/4 sess Senior - $13/4 sess
649438	Feb 2-23	Adult - $20/4 sess Senior - $13/4 sess
649440	Mar 2-9	Adult - $10/2 sess Senior - $6.50/2 sess
Thu	9:05am-10:00am	$6/Adult, $3.75/Senior for drop-in, if space
649442	Jan 7-28	Adult - $15/3 sess Senior - $9.75/3 sess
649443	Feb 4-25	Adult - $20/4 sess Senior - $13/4 sess
649444	Mar 4-11	Adult - $10/2 sess Senior - $6.50/2 sess

Total Fitness Aerobics

40+yrs

Sharon Chan

Participants are encouraged to work at their own pace. Total Fitness is a mild to moderate class for people starting fitness activities and seniors. It has warm-up, aerobic, cool down, stretch and strength components.

Fri	9:05am-10:00am	$6/Adult, $3.75/Senior for drop-in, if space
649622	Jan 8-29	Adult - $20/4 sess Senior - $13/4 sess
649623	Feb 5-26	Adult - $20/4 sess Senior - $13/4 sess
649624	Mar 5-12	Adult - $10/2 sess Senior - $6.50/2 sess

Total Body Conditioning Aerobics

19+yrs

Denisse Hernandez

Participants are encouraged to work at their own pace. “Total Body Conditioning” is a total body workout integrating both strength and cardio. This class mixes plyometrics, circuit training, weights and bands.

Thu	6:45pm-7:40pm	$6/Adult, $3.75/Senior for drop-in, if space
649651	Jan 7-28	Adult - $20/4 sess Senior - $13/4 sess
649652	Feb 4-25	Adult - $20/4 sess Senior - $13/4 sess
649653	Mar 4-11	Adult - $10/2 sess Senior - $6.50/2 sess

Zumba

Zumba

19+yrs

Roslyn Bauyon

Participants are encouraged to work at their own pace. Zumba is a fusion of Latin and International music--dance themes creating a dynamic, effective fitness system! It features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. The easy-to-follow steps are designed for any fitness level.

Mon	7:00pm-7:55pm	$7.62/Adult, $4.76/Senior for drop-in, if space
649628	Jan 4-25	Adult - $24/4 sess Senior - $15.20/4 sess
649629	Feb 1-22	*No session Feb 15* Adult - $18/3 sess Senior - $11.40/3 sess
649630	Mar 1-22	Adult - $24/4 sess Senior - $15.20/4 sess
Wed	9:05am-10:00am	$7.62/Adult, $4.76/Senior for drop-in, if space
649631	Jan 6-27	Adult - $24/4 sess Senior - $15.20/4 sess
649632	Feb 3-24	Adult - $24/4 sess Senior - $15.20/4 sess
649633	Mar 3-10	Adult - $12/2 sess Senior - $7.60/2 sess
Wed	7:00pm-7:55pm	$7.62/Adult, $4.76/Senior for drop-in, if space
649636	Jan 6-27	Adult - $24/4 sess Senior - $15.20/4 sess
649638	Feb 3-24	Adult - $24/4 sess Senior - $15.20/4 sess
649639	Mar 3-24	Adult - $24/4 sess Senior - $15.20/4 sess

Zumba Toning

19+yrs

Roslyn Bauyon

Participants are encouraged to work at their own pace. Lightweight maraca-like Toning Sticks (or light weights) enhance sense of rhythm and coordination, while toning target zones, including arms, core and lower body.

Mon	6:00pm-6:55pm	$7.62/Adult, $4.76/Senior for drop-in, if space
649625	Jan 4-25	Adult - $24/4 sess Senior - $15.20/4 sess
649626	Feb 1-22	Adult - $18/3 sess Senior - $11.40/3 sess
649627	Mar 1-22	Adult - $24/4 sess Senior - $15.20/4 sess

Yoga and Pilates

Yoga for Brain Health

19+yrs

Kiran Rampuri

Participants will activate and balance brain's energy, reduce stress, and improve focus & concentration to prevent brain related health issues. Each session will focus on techniques to boost neuroplasticity, enhance memory and support emotional wellbeing. All levels are welcome!

Mon 653465	Jan 4-Feb 8 3:30pm-4:30pm	$60/6 sess $12+tax/drop-in if space.
Mon 653466	Feb 22-Mar 22 3:30pm-4:30pm	$50/5 sess $12+tax/drop-in if space.

ChairFit

19+yrs

Sabrina Birkheuer

A fun and supportive fitness class designed to improve mobility, build strength, and boost overall well-being. Using a chair for stability and comfort, participants enjoy exercises that enhance flexibility, balance, and confidence while staying active.

Free Trial

Wed 655154	Jan 6 12:45pm-1:30pm	Free, pre-registration is required
Wed 655155	Jan 13-27 12:45pm-1:30pm	$18/3 sess
Wed 655156	Feb 3-24 12:45pm-1:30pm	$24/4 sess

Hatha Yoga

19+yrs

Hisae McMichael

We work on moderate to intermediate poses to relieve you from muscle pain and stiffness, to improve circulation and overall better health. Please note participants are recommended to bring their own yoga mats and other equipment.

Sat 654947	Jan 9-Feb 6 9:15am-10:45am	Adult - $52.50/5 sess Senior - $48.75/5 sess
Sat 654948	Feb 20-Mar 20 9:15am-10:45am	Adult - $52.50/5 sess Senior - $48.75/5 sess

Colour Energy Yoga

19+yrs

Li Na Chow

Colour Energy Yoga class consists of breathing, meditation, stretching and lifeline massages. It decreases tiredness and pressure while increasing blood circulation to get rid of toxins in the body. This class is taught in Cantonese. Please note participants are recommended to bring their own yoga mats and other equipment.

Wed 655675	Jan 6-Feb 10 10:30am-11:30am	$36/6 sess $7.25+tax/drop-in if space
Wed 655676	Feb 17-Mar 24 10:30am-11:30am	$36/6 sess $7.25+tax/drop-in if space

Pilates

19+yrs

Tracey Clark

This class begins with breath and stillness, to calm and balance the nervous system, softening the outer body in order to sense the inner body, our fluid center or core. We then progress into the structure of Pilates to train and strengthen the core so we move more fluidly from our center.

Mon 655198	Jan 4-Feb 8 7:15pm-8:15pm	$72/6 sess $14.29+tax/drop-in if space.
Mon 655199	Feb 22-Mar 22 7:15pm-8:15pm	$60/5 sess $14.29+tax/drop-in if space.

Wise Body Yoga

19+yrs

Tracey Clark

This class begins with breath and stillness, to calm and balance the nervous system, softening the outer body in order to sense the inner body, our fluid center or core. We then progress into the structure of Pilates to train and strengthen the core so we move more fluidly from our center.

Thu 655489	Jan 7-Feb 11 10:00am-11:00am	$54/6 sess $10.80+tax/drop-in if space.
Thu 655490	Feb 18-Mar 25 10:00am-11:00am	$54/6 sess $10.80+tax/drop-in if space.

Vinyasa Yoga

19+yrs

Kate Nguyen

Vinyasa is a yoga style with a non-stop flow, where you can always focus on your breath, gaze, and posture. The Vinyasa style includes warm-up poses; Sun Salutation; standing poses; balancing poses; back/forward bend poses/hip opening; inversion/core; cool down; Savasana.

Sat 655480	Jan 9-23 3:30pm-4:30pm	$18/3 sess $7.25+tax/drop-in if space
Sat 655481	Feb 20-Mar 27 3:30pm-4:30pm	$36/6 sess $7.25+tax/drop-in if space
Sun 655483	Jan 10-24 9:30am-10:30am	$18/3 sess $7.25+tax/drop-in if space
Sun 655484	Feb 21-Mar 28 9:30am-10:30am	$36/6 sess $7.25+tax/drop-in if space
Sun 655486	Jan 10-24 11:00am-12:00pm	$18/3 sess $7.25+tax/drop-in if space
Sun 655487	Feb 21-Mar 28 11:00am-12:00pm	$36/6 sess $7.25+tax/drop-in if space

...Programs fill up quickly!
Register early to avoid disappointment

Workshops

Pre-registration required for free workshops

Canadian Dental Care Plan Info Session — 55+yrs

Renfrew Family Dental

Learn about the Canadian Dental Care Plan (CDCP), including who qualifies, what dental services may be covered, and how to apply.

654017	Fri	Jan 22	10:00am-11:30am	Free

Guide to Hormonal Health for Senior Men — 55+yrs

Collingwood Physio - Keane Leung

An informative workshop exploring how age-related hormonal changes, sometimes referred to as andropause, may affect men's health, energy levels, physical function, and overall well-being as they age. This interactive session will introduce key exercises and practical tips you can incorporate into your daily routine to support your long-term health and well-being.

652200	Fri	Jan 29	10:00am-11:30am	Free

Nutrition & Arthritis — 55+yrs

OASIS (Vancouver Coastal Health)

During this session you will learn about the impact of diet on arthritis, nutrients that can help and strategies for healthy eating. This session is led by Vancouver Coastal Health Dietitian.

652138	Tue	Feb 2	10:00am-11:30am	Free

Travel Training and Resources with Translink — 55+yrs

Translink

Learn how to travel confidently on public transit in Metro Vancouver. The session will cover transit fares, Compass Cards, trip planning tools, accessibility features, and other services that can help make transit easier and more accessible.

652202	Fri	Feb 5	10:00am-11:30am	Free

Curious About Cannabis — 55+yrs

OASIS (Vancouver Coastal Health)

Learn from qualified medical professionals how and why cannabis can help with pain and how to access cannabis for medical purposes.

652139	Tue	Feb 9	10:00am-11:00am	Free

Importance of Staying Connected — 55+yrs

Seniors First BC

Join us and learn about "The Importance of Staying Connected: Preventing Social Isolation and Loneliness". It discusses issues of social isolation and loneliness including risk factors, the correlation between social isolation and decreased well-being, and how we can do our part to stay connected with loved ones in our lives.

654003	Fri	Feb 12	10:00am-12:00pm	Free

Introduction to Brain Health — 55+yrs

Alzheimer Society

Learn how to maintain or improve your brain health by exploring topics including natural aging changes, dementia, risk reduction, memory, brain training and more. Presented by Alzheimer BC.

652205	Fri	Feb 19	10:00am-11:30am	Free

Navigating the Dementia Journey — 55+yrs

Alzheimers Society

Explore the journey ahead with others who are going through similar experiences. Topics include: the brain and dementia, how to respond to the diagnosis, practical strategies to live well and how to access resources, so that people affected by dementia have the confidence to navigate the journey ahead. **This workshop is open to both caregivers and people living with dementia. To register, please contact the Alzheimer Society of BC and Yukon's First Link® Dementia Helpline at 1-800-936-6033 (Monday to Friday, 9 a.m. to 8 p.m.).**

653510	Tue	Mar 2	10:00am-11:30am	Free

Foot and Ankle Arthritis — 55+yrs

OASIS (Vancouver Coastal Health)

Learn management strategies for feet/ankles that are affected by arthritis on topics such as joint protection, exercise and pain management.

652140	Fri	Mar 12	10:00am-11:30am	Free

Music and Singing

You Can Ukulele — 19+yrs

NEW!

Joseph Young

Start on the road to an exciting lifetime of fun with the ukulele. Learn the basics, from a simple understanding of the instrument to chord formation, strumming, and singing. **Participants are asked to please bring their own Ukulele. Ukuleles are available to be borrowed from VPL, please inquire with VPL to learn more.**

Tue	Jan 12-Mar 16	
651993	6:00pm-7:00pm	$120/10 sessions

Piano - Private Lessons — 55+yrs

Jennifer Lee

These 25-minute basic private lessons are meant for seniors who want to start or refresh their skills with the piano. Participants may be required to purchase piano books based on instructor recommendations.

Thu	Jan 7-Mar 25		$180/12 sess
652177	9:15am-9:40am	652180	10:45am-11:10am
652178	9:45am-10:10am	652181	11:15am-11:40m
652179	10:15am-10:40am	652182	11:45am-12:10pm

Karaoke — 55+yrs

Sing and have fun! If you have some Karaoke music please bring it along.

In Chinese

Fri	Jan 8-Mar 12	
652608	12:15pm-2:45pm	$5/10 sess

In English

Mon	Jan 11-Mar 8	*No session Feb 15*
655177	12:30pm-3:00pm	$4/8 sess

Sports

Drop-in Sports Procedures

- Programs are cancelled on stat holidays and for Special Events.
- Minimum of 4 (Badminton, Pickleball, Foamball) and 2 (Basketball) drop-in spaces will be available 30 minutes before the start of the program on a first come, first serve basis.
- Drop-ins must register in person no earlier than 15 minutes prior to the start of the program. No phone or online drop-ins.
- Registered participants have up to 10 minutes to arrive for their programs. After that time, spots may be sold to drop-in participants.
- All times include setup and take down of equipment.
- Please, no spectators in sports programs. (This ensures the safety of instructors and participants)
- Some equipment may be available for borrow. Equipment Rental Pass is required

Badminton — 19+yrs

Enjoy recreational badminton.

Mon 647892	Jan 4-Mar 22 1:00pm-2:55pm	*No session Feb 15* Adult - $49.50/11 sess Senior - $38.50/11 sess $5.40/Adult, $4.20/Senior +tax/drop-in if space
Tue 647894	Jan 5-Mar 23 8:00pm-9:55pm	Adult - $54/12 sess Senior - $42/12 sess $5.40/Adult, $4.20/Senior +tax/drop-in if space
Wed 647896	Jan 6-Mar 24 1:00pm-2:55pm	Adult - $54/12 sess Senior - $42/12 sess $5.40/Adult, $4.20/Senior +tax/drop-in if space

Pickleball — 19+yrs

Played with a paddle and a plastic ball with holes on a badminton-sized court.

19+yrs

Mon 647876	Jan 4-Mar 22 8:00pm-9:55pm	*No session Feb 15* Adult - $49.50/11 sess Senior - $338.50/11 sess $5.40/Adult, $4.20/Senior +tax/drop-in if space

55+yrs

Tue 647878	Jan 5-Mar 23 1:00pm-2:55pm	$42/12 sess $4.20+tax/drop-in if space
Thu 647879	Jan 7-Mar 11 10:45am-12:40pm	$35/10 sess $4.20+tax/drop-in if space
Thu 647882	Jan 7-Mar 25 1:00pm-2:55pm	$42/12 sess $4.20+tax/drop-in if space

Basketball — 19+yrs

Enjoy recreational basketball.

Sun 647859	Jan 10-Mar 28 3:00pm-4:55pm	$54/12 sess $5.40+tax/drop-in if space
Wed 647857	Jan 6-Mar 24 8:00pm-9:55pm	$54/12 sess $5.40+tax/drop-in if space

Foamball Tennis — 55+yrs

A fun, indoor game based on tennis. A good workout with minimal joint strain.

Fri 653989	Jan 8-Mar 12 10:45am-12:40pm	$19.26/9 sess $2.62+tax/drop-in if space
Fri 646153	Jan 8-Mar 19 1:00pm-2:55pm	$23.54/11 sess $2.62+tax/drop-in if space
Tue 646152	Jan 5-Mar 9 10:45am-12:40pm	$21.40/10 sess $2.62+tax/drop-in if space

Carpet Bowling Club — 55+yrs

Come learn and enjoy a game of Carpet Bowling. A game in which wooden balls are pitched toward a white ball (the jack). Tea is served.

Tue 630681	Sep 8-Aug 31 11:00am-1:00pm	$9.05/year

Badminton Court Rentals — All Ages

- Each court rental is for 55 minutes
- At least 1 adult must be present at each booking
- Booking court for instructional purposes is not permitted
- Please be respectful to players before and after your booking
- Maximum 8 people/court
- For refund policy see page 3.
- Players set-up and take-down nets

Thu	8:00pm-9:55pm	Jan 7-Mar 25 $13.33/court
Sun	12:30pm-2:30pm	Jan 10-Mar 28 $13.33/court

Fitness Centre Hours of Operation

January 4-March 28

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30am-9:30pm	6:30am-9:30pm	6:30am-9:30pm	6:30am-9:30pm	6:30am-9:30pm	9:00am-5:00pm	9:00am-5:00pm

Note: Fitness admissions are available until 15 minutes prior to the Fitness Centre closing.
See **page 30** for special hours of operation

General Information



When visiting the fitness centre, please bring your own lock, towel and water bottle. Proper footwear is required at all times. Wristbands are required upon entry to the fitness centre. Please ensure that you obtain your wristband from the cashier upon admission.

Note: The minimum age to use the Fitness Centre is 13 years old.

Fitness Centre Get Started Consultations

30-min Get Started orientations are available by appointment only. Please see fitness centre staff for more details.

Note: Par Q+ and consent & release forms required (available at the front desk).

Flexipass Membership & Admission Fees 13+yrs

Enjoy flexible and affordable recreation with our no contract all access pass. Purchase a monthly Flexi-pass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools and 8 ice rinks. For more information and locations, visit vancouverparks.ca

Admission Fees	Adult	Youth/Senior
Drop-in	$7.93	$5.55
10-visit pass	$71.37	$49.95
Monthly Flexipass	**Adult**	**Youth/Senior**
1 Month	$64.15	$44.91
3 Month	$173.21	$121.25
12 Month	$554.26	$387.98

all fees subject to change without notice — Prices do not include tax



Fitness Centre Equipment

- Life Fitness Treadmills (4)
- Life FItness Upright Bike (1)
- Life FItness Recumbent Bike (2)
- Life FItness Cross Trainers (4)
- Matrix Stair Climber (1)
- Keiser Bike (1)
- Various Benches
- Various Free Weights (Dumbbells, Barbells)
- Leg Press
- Seated Leg Curl
- Pec Fly/Rear Deltoid
- Assisted Dip Chin
- Lat Pulldown
- Chest Press
- Row/Rear Deltoid
- Dual Adjudstable Pulley (2)
- Smith Machine (1)
- Half Rack (1)



Fitness Centre Workshops

Learn one piece of equipment or one exercise at a time through instruction, demonstration, and guided practice. Build confidence and expand your fitness routine safely. **Registration is required. Fitness Centre admission fee required on the day of the workshop**. Led by a Certified Fitness Centre Worker.

Kettlebell Skills

645977	Fri	Jan 8	2:00pm-2:30pm
645978	Fri	Feb 19	2:00pm-2:30pm
645979	Fri	Mar 19	2:00pm-2:30pm

Smith Rack Skills

645980	Fri	Jan 22	2:00pm-2:30pm
645981	Fri	Feb 5	2:00pm-2:30pm
645982	Fri	Mar 5	2:00pm-2:30pm

Swimming Pool

Pool and Fitness Hours of Operation

Pool and Fitness admissions are available until 15 minutes prior to the Pool and Fitness Centre closing.

Swimming Pool — January 4-March 14

Monday-Friday 6:30am-9:30pm
Saturday-Sunday 9:00am-5:00pm

Fitness Centre — January 4-March 28

Monday-Friday 6:30am-9:30pm
Saturday-Sunday 9:00am-5:00pm

Pool and Fitness Holiday and Special Hours

Monday February 15 ..... 1:00pm-5:00pm

Note: Hours are subject to change

Swimming Lesson Registration

Note: Swimming Lesson Registration begins on **Tuesday December 15 @ 7:00pm**

These guidelines try to provide equal opportunities for participation in our swim lesson programs.

- Please bring your current Lifesaving Society Swim for Life progress card or progress memo when registering
- If you are unsure of what level to register in, please come to a Public Swim session and ask at the Pool Front Desk to have a "Free" assessment prior to registering
- Class programming is based on demand, time constraints and pool space
- All program fees must be paid at the time of registration. In-person payment methods include: Cash, Amex, Visa, MasterCard, or Interac
- Proof of Leisure Access must be shown at time of registering if applicable

Vancouver Park Board Online Registration and Reservation System
How to Register Online:

- Go to vanrec.ca to update or create your account.

Do you currently have an online account and have forgotten your password? To reset your password:

- Click "Sign In", select "Forget your password?" and follow the steps to get your new password.
- Login with your email address and confirm your account information is correct.

Never registered online before?

- Click "Sign In" or "Create an Account" to set up your profile and password prior to registration start time.

Note: Call to inquire if there is space available or if more classes have been added.
Classes are subject to cancellation if minimum enrollment is not met

OneCard

OneCard is a single card that provides everyone with universal access to pools, rinks and fitness centres across the Park Board network of community centres and other recreational facilities. OneCard can be loaded with any of the Park Board's Flexipass options and 10 visit passes, and also includes the built-in 50 percent subsidy, for those who qualify, as a part of the Park Board's Leisure Access Program for those with financial barriers.

Leisure Access Policy

The Lesiure Access Policy ensures residents of Vancouver access to Park Board sponsored programs and services regardless of ones ability to pay. For information contact your nearest Community Centre office.

Flexipass Information

Get unlimited admission to public sessions at Park Board Fitness Centres, indoor and outdoor pools and ice rinks with a monthly Flexipass.

Please note updated refund, suspension and expiry date policies as of Jan 1, 2026

1. Refund Eligibility

A refund shall be considered only where the Flexipass holder experiences a medical condition that renders them unable to utilize the Flexipass. Valid proof may be required.
The Flexipass must be active and unexpired at the time the refund request is submitted. Any approved refund shall be calculated effective the date on which the refund application is received, not retroactively.

2. Suspension (Account Freeze) for 12-Month Passes

Holders of a 12-month Flexipass are entitled to two (2) suspension period per Flexipass term, unless additional suspensions are expressly authorized by a Supervisor.
The suspension period shall be no less than two (2) consecutive weeks and no more than six (6) consecutive weeks, or for the duration of an extended planned facility closure, as applicable.
All suspension periods shall commence on the date the suspension request is submitted and must fall within the effective dates of the current membership term.

3. 10-Visit Pass Expiry

All 10-Visit Pass purchases will automatically expire after two (2) years

Flexipass Duration	Suspension (Account Freeze)	Refund
1 month	Not Permitted	Permitted (medical only)
3 month	Permitted (planned faciility closure only)	Permitted (medical only)
12 month	Permitted - 1 per flexipass term (or 2 for a planned facility closure)	Permitted (contact the office for details)

Swimming Lesson Refund Policy

Full refund will be given if cancellation notice is received five or more days before the start of the program. If cancellation notice is received one to four days before the start of the program, participant can either transfer to a future lesson set, if available, or refund amount will be the activity fee minus the cost of one class. If cancellation notice is received after the first program date (class/lesson), and five or more days before the second program date (class/lesson), refund amount will be the activity fee minus the cost of one class. If cancellation notice is received less than four days before the start of the second program date (class/lesson), refund amount will be the activity fee minus the cost of two classes. No refunds are issued for requests received after the second scheduled date of the program.

Fees for one or two-day programs (private lessons) are non-refundable.

Winter 2027 Swimming Lesson Information

Swimming Lesson Registration begins on: **Tuesday December 15 at 7:00pm**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Set 1	Jan 4-Mar 8 *9 lessons* *No lessons Feb 15*	Jan 5-Mar 9 *10 lessons*	Jan 6-Mar 10 *10 lessons*	Jan 7-Mar 11 *10 lessons*	Jan 8-Mar 12 *10 lessons*	Jan 9-Mar 13 *10 lessons*	Jan 10-Mar 14 *10 lessons*

Swim Lesson Pricing — All fees based on 2026 pricing. Subject to change without notice

# of Lessons	Preschool (30 mins)	Swimmer 1 to 2 (30 mins)	Swimmer 3-6 (40 mins)	Swimmer 7-9 (55 mins)		Adults (40 mins)	
				Child	Youth	Youth/Senior	Adult
9	$73.17	$59.58	$74.52	$119.16	$145.98	$91.26	$130.41
10	$81.30	$66.20	$82.80	$132.40	$162.20	$101.40	$144.90

Note: All Lesson set fees posted before tax and will include a $4.30 badge fee

Vancouver Aquatics Academy

VANCOUVER Aquatics Academy



Private Lessons

All Ages

Private and Semi-Private Registration are now available online

Open to all ages and abilities. All lessons are 30 minutes. Pre-registration is required. Private lessons are for 1 person. Semi-private lessons are for 2 people minimum with similar swimming abilities A third participant can be added upon request for additional fees. Please contact the Aquatic Programmer for more information - 604-257-8397

Under 14yrs	First person	$40.60/lesson
	Semi-private add on	$16.24/lesson
14yrs and older	First person	$40.60+GST/lesson
	Semi-private add on	$16.24+GST/lesson



Speciality Aquatics Courses

All Ages

Due to staffing challenges, Stroke Improvement, Junior Lifeguard Club, and Bronze courses will be put on hold during this time.

For inquiries about our Adapted lessons, please contact AdaptedAquatics@vancouver.ca

Please visit **vanrec.ca** and, in the Parks and Recreation tab, locate 'Register for Swimming Lessons' for more information

Swimming Pool Schedule

January 4-March 14

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Length Swim *Swim Club/School Lessons* *1-2 Lanes available for Length Swim* 6:30am-1:30pm					**Please Note:** Pool schedule is subject to change Stat Holidays hours on **p.30**	
Public Swim *1-2 Lanes available for Length Swim* 1:30pm-4:00pm					**Length Swim** *2-3 Lanes available for Length Swim* 9:00am-10:15am	
Group Lessons *1 Lane available for Length Swim* 4:00pm-8:00pm					**Group Lessons** *1 Lane available for Length Swim* 10:30am-2:30pm	
Public Swim *1-2 Lanes available for Length Swim* 8:00pm-9:30pm					**Public Swim** *1-2 Lanes available for Length Swim* 2:30pm-5:00pm	
					Slide and 1 meter Diving Board available during Public Swim	

Session Descriptions

Public Swim *1-2 lanes for lengths*	Recreational swim for all ages. 1-2 lanes available for lengths swim.
Length Swim	Continuous lengths swim for all ages. Lanes (25m) are designated for specific speeds.
Group Lessons *1 lane available*	Main pool is reserved for School Board or internal lesson programs and can include external rental groups during these times. Only 1 lane available for public length swimming.



Pool Admission Fees

all fees subject to change without notice — GST not included

	Drop In	10 Visit Pass	Flexi Passes		
			1 Month	3 Month	12 Month
Adult 19-64yrs	$7.93	$71.37	$64.15	$173.21	$554.26
Senior 65+yrs	$5.55	$49.95	$44.91	$121.25	$387.98
Youth 13-18yrs	$5.55	$49.95	$44.91	$121.25	$387.98
Children 5-12yrs	$3.97	$35.73	$32.08	$86.61	$277.13
Preschool (0-4yrs)	FREE				
Family	at child rate	Minimum 2 people: $7.94. $3.97/additional member. Valid for 1-2 adults of same household and their children (5-18 years). All family members must be present at the time of admission			
Admission Policy	Children under 8 years of age must be accompanied in the water and be within arms reach of a responsible person at least 16 years of age.				

Pool Temperature: 28 degrees
Pool Length: 25 metres
Lockers: Please bring your own padlock