

Renfrew Park

Recreation Guide

Summer 2026

Community Centre

Swimming Pool

Fitness Centre

Summer 2026 Registration Dates

Community Centre

Online/In Person

Sun May 24, 9:00am

Phone In

Sun May 24, 10:00am

Swimming Pool

Online/In Person/Phone In

Tue Jun 23, 7:00pm



Collingwood Park Playground and Spray Park Renovations Completed in Summer 2025



www.renfrewcc.com | 604 257-8388
2929 East 22nd Avenue, Vancouver BC, V5M 2Y3
Jointly operated by the Vancouver Board of Parks and Recreation
and the Renfrew Park Community Association



Centre Information

Centre Hours of Operation

Centre Office June 29-September 6

Monday-Friday 9:00am-9:30pm
 Saturday-Sunday 9:00am-4:45pm

Community Centre June 29-September 6

Monday-Friday 9:00am-10:00pm
 Saturday-Sunday 9:00am-5:00pm

Community Centre Holiday and Special Hours

Monday August 3 Closed
 Monday September 7 Closed

Please see **page 22** for Pool and Fitness Holiday and Special Hours

Contact Information

Address

2929 East 22nd Avenue, Vancouver BC, V5M 2Y3

Phone

Centre Office (604) 257-8388 ext 1
 Fax (604) 257-8392

Email

Centre Email renfrewcc@vancouver.ca
 Rental Inquiries renfrew.rentals@vancouver.ca
 Birthday Party Inquiries renfrewparkbirthday@vancouver.ca
 Swimming Pool Aquatic Leaders renfrew.al@vancouver.ca

Staff

Andy Teoh Community Recreation Supervisor
 Nick Fong Recreation Programmer
 Bradley Kuong Pool Programmer
 Starla Bayley Community Youth Worker
 TJ Elias Program Assistant III - Seniors
 Marni McMullen, Kieran Sherestan Program Assistant III
 Monica Kochhar Recreation Facility Clerk
 Nina Jones Head Cashier
 Elizabeth Casaclang Child Care Manager



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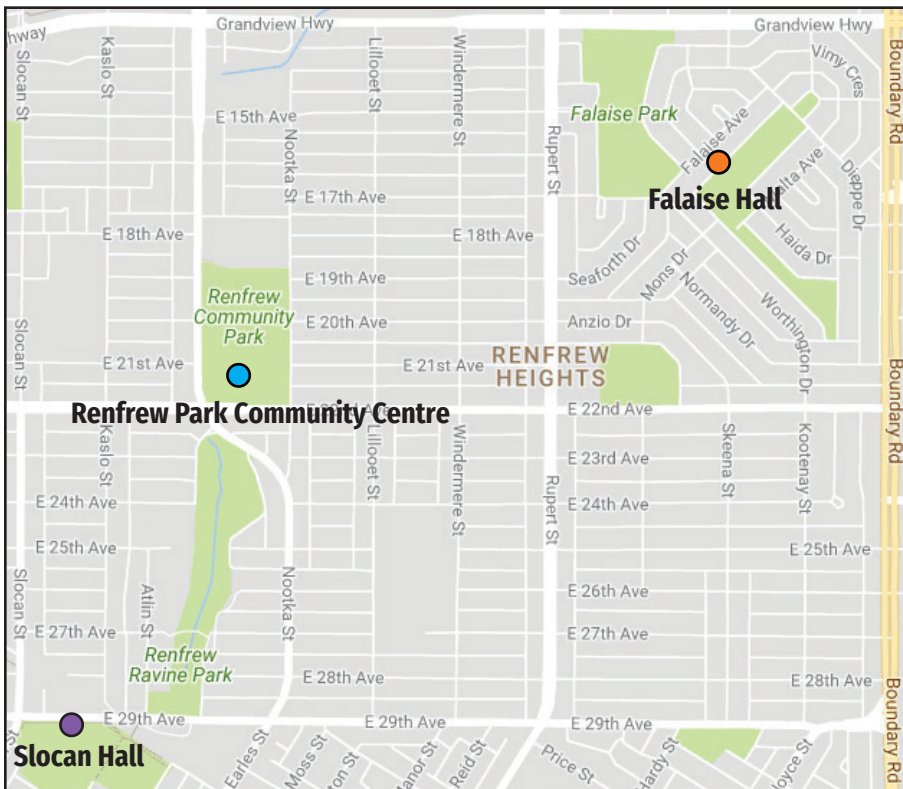
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- Renfrew Park Community Centre 2929 East 22nd Avenue
- Falaise Community Hall 3434 Falaise Avenue
- Slochan Community Hall 2750 East 29th Avenue

3 Easy Ways to Register...

Online

Starts **Sunday, May 24 at 9:00am**



Register online at <http://vanrec.ca>
Pay by Visa, MasterCard or American Express.

In Person

Starts **Sunday, May 24 at 9:00am**



Registration in person continues during office hours. You can pay by cash, credit card or debit card. Please bring your OneCard to speed up registration.

By Phone

Starts **Sunday, May 24 at 10:00am**



(604) 257-8388 ext 1

Phone during office hours. Due to the volume of business you may experience some delays. Have credit card and course number/s ready.

Payment Methods

Online/Phone In



In Person



Cheques made payable to **City of Vancouver**
Please note \$35 charge for NSF cheques.

Personal Information Protection

In the course of providing programs and services, the Renfrew Park Community Association collects personal information of our members and other individuals participating in classes, workshops, projects, events, or renting the facility. This information may be used for communication purposes regarding current or upcoming events, processing payments, statistical or human resource purposes, or for the provision of programs or services. For information on our privacy policies and practices or to contact our Privacy Officer, at (604) 257-8388 or contact the Front Desk.

...connect with us on Social Media!

[facebook.com/renfrewparkcc](https://www.facebook.com/renfrewparkcc)

twitter.com/renfrewparkcc

[instagram.com/renfrewparkcc](https://www.instagram.com/renfrewparkcc)



Renfrew Park Community Centre
acknowledges the financial assistance of
the Province of British Columbia

Registration Policy

- Registrations are non-transferable to another program or person.
- NSF cheques will have a \$35 fee.
- Programs that do not reach minimum enrollment may be cancelled.

Cancellation, Transfers and Refunds

- Requests must be made through the Renfrew Park Community Centre office during our hours of operation.
- Please see page 2 for centre hours of operation.
- If paid by credit card, it can be credited back to the original credit card.
- If paid by debit card, you will be required to bring in your debit card to receive your refund.
- If paid by cash or cheque, refund can be issued back by cheque.
- Alternatively, a pro-rated credit for the remaining class(es) may be transferred to your registration account for future program registration use.
- All refunds are subject to an administration fee (fees vary based on program, see below).
- *For medical reasons:*
- Please inform the office as soon as possible and a one time exception may be possible. Dated medical notes may also be required.

Programs

Notice given prior to the program start date

- A \$5 administration fee, per person, per program will be charged

Notice given on or after the program start date and prior to third class

- A \$5 administration fee, per person, per program will be charged
- A pro-rated refund will be given as of the date of notification, regardless of class start time.
- Withdraw/refund requests must be made no later than 2 days prior to the third class. After this time, withdraw/refund requests will not be accepted.

1 to 3 Session Activities/Workshops

- A \$5 administration fee, per person, per program will be charged
- Withdraw/refund requests must be made no later than 14 days prior to the start of the activity. After this time, withdraw/refund requests will not be accepted.
- Badminton Court Rental refunds see p. 28.

Weekly Camp & Licensed Preschool Camp Programs

- All requests are subject to \$15 administration fee per person, per week.
- Withdraw/refund requests must be made no later than 14 days prior to the start date of each camp. After this time, withdraw/refund requests will not be accepted.

Bus Trips/Special Luncheons

- A \$5 administration fee, per person, per program will be charged
- Withdraw/refund requests must be made no later than 14 business days prior to the start date. After this time, withdraw/refund requests will not be accepted.

Special Events/Community Lunch Program

- Withdraw/refund requests made at least 3 days prior to the date of the event will be eligible for a 50% refund.
- After this time, withdraw/refund requests will not be accepted.

Birthday Parties

- Notice given 3 weeks prior to party date: \$25 administration fee applied.
- Notice given less than 3 weeks prior to the party date: \$50 administration fee applied.
- Notice given less than 1 week prior to party date: no refund will be provided.

Room Rentals and Licensed Child Care

- Please contact the Renfrew Park Community Centre office or online for details.

Renfrew Park Community Association (RPCA)



President's Message

As we look ahead to the summer season, we're excited to once again open our doors, and our outdoor spaces, to a wide range of programs, events, and opportunities for connection.

Our community centre has always been more than just a place for activities; it's a space where people of all ages come together, build relationships, and create lasting memories. This summer, we're proud to continue that tradition with offerings that reflect the diversity and spirit of our neighbourhood.

From Music in the Park evenings that invite us to relax and enjoy local talent, summer fun with our wading pools and playgrounds at Renfrew Park, Slocan Park, and Collingwood park, to engaging summer camps for both preschool and school-aged children, as well as engaging youth camps, there is something for everyone. Our senior programs also remain a cornerstone of what we do, providing meaningful opportunities for connection, learning, and wellness.

What makes our community special is the way we bring people together across generations, where friendships form, experiences are shared, and a sense of belonging grows stronger. Whether you are new or have been coming for years, we hope you will find something that makes your summer a little brighter.

On behalf of the entire association, thank you for being part of our community. We look forward to seeing you this summer.

Warmest regards,

Anthony Mehnert, Renfrew Park Community Association President
board@renfrewcc.com

Renfrew Park Community Centre is jointly operated by the Vancouver Board of Parks & Recreation and the Renfrew Park Community Association. If you would like to become more involved in the direction of the centre, email: board@renfrewcc.com

...did you know

The RPCA is a not-for-profit group that applies for grant funding that helps to offer programming at low costs!

RPCA Board of Directors

2025-2026

President	Anthony Mehnert
1st Vice President	Paul Cheng
2nd Vice President	Sari Lundberg
Treasurer	Chris Bayliss
Secretary	Judy Egerton
Past President	Albert Lee
Members at Large	Barbara Leung, Henry Lee, Julianne Liang, Fay Lin, David Ng, Emily Tsang, Kepler Rotheisler, Gayle Uthoff

RPCA Memberships

September 1, 2025-August 31, 2026

The Renfrew Park Community Association (RPCA) is vital to the operation of the facilities and programs at Renfrew Park Community Centre.

Benefits of Association Membership:

- Contributing to our ability to offer affordable recreation programming.
- Ability to influence the implementation of programs and services provided by RPCA.
- Have voting rights at our Annual General Meeting.
- Memberships improve and simplify the registration process.

Memberships are available for FREE, please come in to the Community Centre to load your membership onto your OneCard.

If you do not want to become a member of Renfrew Park Community Association, please notify our staff at the time of registration.

For games room, piano practice and sports equipment rental, please register for the Equipment Rental Fee (info **p.15**).

RPCA Affiliated Groups

Aikido Club

Wolfgang
vancouveraikikai.com

Happy Corner Preschool

Nikki
happycorner.ca

Judo Club

Frank
nakashimadojo.blogspot.com

Still Moon Arts

Carmen
<https://stillmoonarts.ca/>

Renfrew Park Community Association (RPCA)

VOLUNTEER WITH THE BOARD

Powered by committed volunteers, the RPCA is the non-profit working in partnership with the Vancouver Parks Board to make this centre amazing!

Build skills & community connections while contributing by:



- Joining one of our committees
- Participating in organizing & executing of one our stellar events
- **Running for a position on the Board of Directors**

For more info email us at board@renfrewcc.com

Be a part of the good
in your neighbourhood!

Join the RPCA



FREE RPCA Membership

- Ability to influence the implementation of programs and services provided by RPCA.
- Contributing to our ability to offer affordable recreation programming.
- Have voting rights at our Annual General Meeting.
- Memberships improve and simplify the registration process.



Mission Statement

We aim to assist in developing and fostering community spirit and involvement and to work closely with the other groups in the Renfrew-Collingwood Neighbourhood. We aim to provide cultural, intellectual, and physical activities through affordable recreation and leisure.

Communicable Disease Health & Safety Practices

NOTE: The nature of the activities are such that you may interact with other people who are considered to be in good health, continuous physical distance between other people cannot be guaranteed, and, by participating in the activity, you are at risk of being infected by a pathogen, including but not limited to SARS-COV2, which causes the disease COVID-19

Communicable Disease Health & Safety Practices

- Participants are required to comply with the current orders of the Provincial Health Officer. For more information, please cut and paste into your web browser: <https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions>
- Participants should assess themselves daily for symptoms of the Common Cold, Influenza, COVID-19, or other infectious respiratory disease before attending the facility.
- Participants who are ill, including participants of essential service providers, should not attend a program or access the community centre. If you are unsure, you should self-isolate and contact 8-1-1 or the local public health unit.
- They can also be advised to contact a family physician or nurse practitioner to be assessed for COVID-19 and other respiratory diseases.
- All participants are encouraged to practice proper hand hygiene and respiratory etiquette by covering coughs or sneezes.



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RENFREW
LIBRARY**

Renfrew Branch
Phone 604.257.8705

Discover more
at VPL.ca

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Programs Highlights

Seniors Special Activities

Bus Trip CBC Newsroom Tour



Wed Jul 15
Activity #623285
9:00am - 2:00pm
\$10 - Transit, coffee and snack included

Ever wondered what goes into making a news broadcast? Join us as we venture downtown by bus and skytrain to get a behind the scenes look at CBC News on a Newsroom Tour!

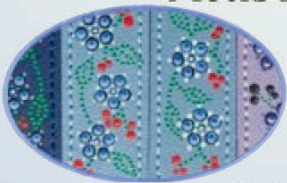
Chair Yoga for Mobility

Sat Jul 11
Activity #623599
10:30am - 11:30am
Free



Participants will learn about the yoga poses, breathing exercises, and how that connects to your mobility, supported by scientific research. The session will be followed by a short Q and A session

Métis Dot Art Workshop



Sat Aug 22
Activity #623725
11:00am - 1:00 pm
\$20 - All materials included

Join us near the Renfrew Ravine to learn about Métis Dot Art. A contemporary form of art inspired by Métis Beadwork. Kelly Poitras provides an opportunity for learning the Métis Culture and Traditions while teaching grounding techniques and confidence in a safe space.

Games Social

Wed Jul 8 - Aug 5
Activity #622700
12:30pm - 2:30pm
Free



Join our group on Wednesdays and enjoy playing games such as Bridge, Mah Jong and more. Games played to be decided by who is in attendance. Come, play, and meet new friends!

COLLINGWOOD

DAYS 2026

SAVE THE DATE!

Events & activities throughout the community July 10-17

Festival Day - July 18
10:30am to 3pm
Gaston Park

Music in the Park

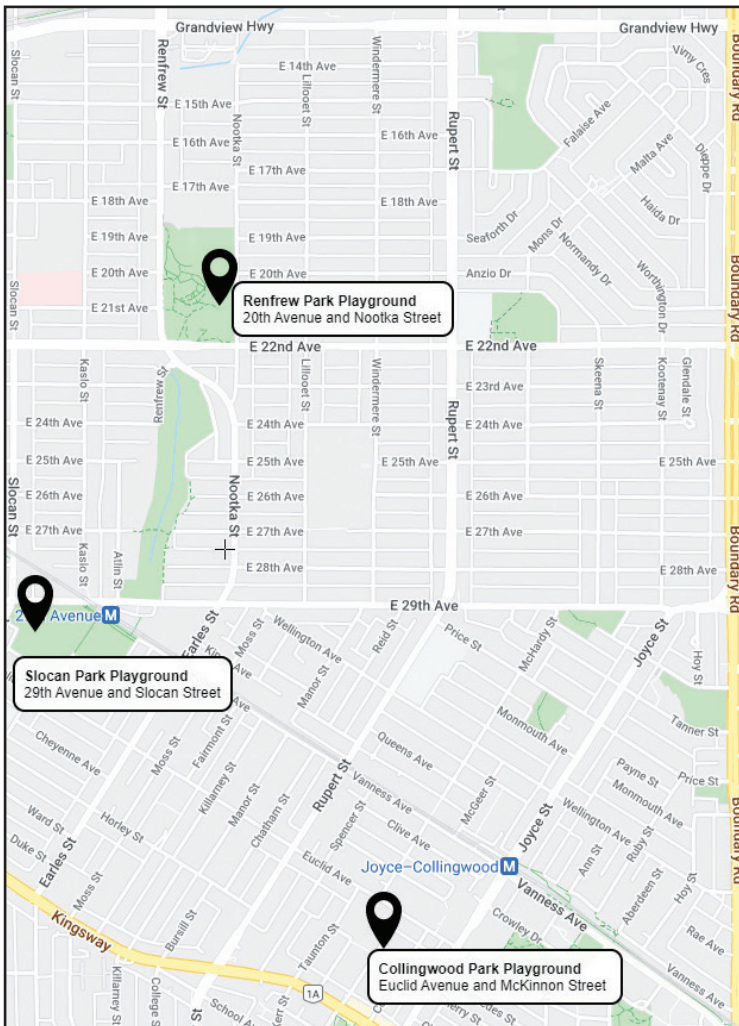
Come soak up the sun and good vibes with us! We'll have music playing, fun activities, and tasty bites available at our cash-only concession. Just bring a towel, your love for sunshine, and your favorite people—everything else is covered.

Thursday July 9th 2026, 6pm-7pm - Jeff Bryant
Thursday July 16th 2026, 6pm-7pm - Rock N' Beau

@Renfrew Park Playground

Playgrounds and Wading Pools

Looking for a cooling off spot or even just something fun to do?
Join us at any of the below parks for an afternoon of fun in the wading pools, games and crafts.



	Renfrew Park Jun 30-Sep 6	Collingwood Park Jun 29-Sep 7	Slocan Park Jun 27-Sep 7
Sunday	11:00am-5:00pm	11:00am-6:00pm	11:00am-6:30pm
Monday		11:00am-6:00pm	11:00am-6:30pm
Tuesday	11:00am-5:30pm	11:00am-6:00pm	
Wednesday		11:00am-6:00pm	11:00am-6:30pm
Thursday	11:00am-5:30pm	11:00am-6:00pm	
Friday		11:00am-6:00pm	11:00am-6:30pm
Saturday	11:00am-5:00pm	11:00am-6:00pm	11:00am-6:30pm

Wading pools may be open 30 minutes after playgrounds open.
Wading pools will begin draining 30-60 minutes before closing and will be closed once the water is drained.
Programs may be cancelled on poor weather day
Stat Holidays are dependant on staffing



BIRTHDAY PARTIES

RECOMMENDED FOR CHILDREN AGED 0-7
BASIC PARTY PACKAGE (2 LEADERS) - \$200

PARTY ADD ONS:
ENTERTAINER - \$90
BOUNCY CASTLE - \$95

FULL PACKAGE COMBO - \$365



SATURDAY OR SUNDAY
2:00PM-4:00PM
REGISTRATION:
ONLINE (WWW.VANREC.CA)
OR IN PERSON

TECHNICAL SAFETY BC LICENSE NUMBER: LAM0207577

Licensed Child Care Programs

Licensed Preschool (3-5yrs)

- Play-based learning: stories, crafts, physical play
- Supports Social, emotional, and early academic development
- Choose from 2 days, 3 days or 5 days per week

Licensed Out of School Care (K-7)

- Supervised afterschool care for children attending Nootka Elementary School
- Walking school bus; light snack included
- Activities include outdoor play, games and quiet time
- To be put on our waitlist, please register in activity #517787

Programs operate September-June
Programs are enrolled in the Government's Child Care Fee Reduction Initiative
More information and fees: www.renfrewcc.com

Preschool

Preschool Camp

Licensed Preschool Camp

3-5yrs

Alice Shiu

Come join us for some summer fun in the sun for preschoolers. Learn and play through a variety of activities including arts and crafts, music, storytime, outdoor play and more. Please bring the following to each day of class: sunscreen, hat, healthy lunch (nut free environment) and re-usable water bottle. **Existing Renfrew Park Preschool students have priority registration for Summer 2026 Camp Programs from May 11-19.**

Parents/Guardians will receive an email of the Parent Communication/Policy manual and forms prior to camp. Please complete and return original waiver forms prior to the start of the program.

Note: This program is not suitable for students in kindergarten.

Mon, Tue, Thu, Fri 608198	Jun 29-Jul 3 9:30am-1:30pm	No session Jul 1 \$86.60/4 day week
Mon-Fri 608199	Jul 6-10 9:30am-1:30pm	\$108.25/5 day week
Mon-Fri 608200	Jul 13-17 9:30am-1:30pm	\$108.25/5 day week
Mon-Fri 608201	Jul 20-24 9:30am-1:30pm	\$108.25/5 day week
Mon-Fri 608202	Jul 27-31 9:30am-1:30pm	\$108.25/5 day week
Tue-Fri 608203	Aug 4-7 9:30am-1:30pm	\$86.60/4 day week
Mon-Fri 608204	Aug 10-14 9:30am-1:30pm	\$108.25/5 day week
Mon-Fri 608205	Aug 17-21 9:30am-1:30pm	\$108.25/5 day week

Education

123, ABCs - Phonics & Math

4-6yrs

Olivia Lee

Ready, set, go! Get ready for school with this introductory class to basic phonics and math. We will learn how to print, recognize and sound letters and numbers in an interactive and fun environment. Recommended for Preschool and Kindergarten students.

Sat 623166	Jul 4-Aug 29 9:15am-10:00am	No session Aug 1 \$48/8 sess
Sat 623167	Jul 4-Aug 29 10:00am-10:45am	No session Aug 1 \$48/8 sess
Sat 623168	Jul 4-Aug 29 10:45am-11:30am	No session Aug 1 \$48/8 sess

Licensed Child Care

see p. 7

Specialty Camps

Kids on Wheels: Toddler & Parent Balance Bike Camp

2-3yrs

Introduce your child to the joy of cycling with our balance bike summer camp! Designed for beginners and intermediate riders, this camp focuses on building confidence, improving risk management, and developing essential skills like stopping, turning, gliding, and balancing. Children will get comfortable using balance bikes and helmets (provided or bring your own) through fun games, bike-themed books, and songs. Parents and caregivers actively participate, learning tips to support their child's safe riding journey and ensuring a collaborative, enriching experience. Balance bikes and helmets are provided, though participants are welcome to bring their own gear. **Parent/Caregiver participation required**

Mon-Fri 623851	Aug 31-Sep 4 10:00am-11:00am	\$165/5 day week
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Kids on Wheels: Preschool Balance Bike Camp

3-5yrs

HUB Cycling

Embark on an exciting journey with our dynamic balance bike camp, packed with fun on-bike and off-bike activities! Each day, children will navigate an interactive riding course, practice essential skills like stopping, gliding, balancing, and turning, and learn about road signs and safety rules. Off the bike, kids will enjoy building their own biking maps, reading books, coloring, singing, and engaging in creative crafts. Designed for intermediate and advanced riders, this camp boosts confidence, enhances risk management, and prepares children for a smooth transition to pedal bikes, no training wheels needed! Balance bikes and helmets are provided, though participants are welcome to bring their own gear. As a drop-off program, parents and caregivers can relax while children thrive in a supportive, independent environment.

Mon-Fri 623852	Aug 31-Sep 4 11:15am-12:35pm	\$245/5 day week
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Sports

Rhythmic Gymnastics

4-6yrs

Olympia Rhythmic Gymnastics

Come and join our Rhythmic Gymnastics program in a fun recreational format! Rhythmic Gymnastics is a beautiful combination of Gymnastics and Ballet, along with the self expression and rhythm of dance by using hand apparatus such as rope, hoop, ball, clubs or ribbon. Please note participants are to bring their own yoga mat for use during program. Other equipment may be available for participants to purchase.

Sat 623161	Jul 4-Aug 22 9:15am-10:00am	No session Aug 1 \$73.50/7 sess
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Indoor Soccer

4-6yrs

Mohsen Hatamian

An introduction to the game of soccer, and individual skill development, for both new and experienced players ages 4 to 6 years. All sessions are run by an experienced professional coach, Mohsen Hatamian, with an emphasis on fun, fitness, ball mastery skills, and teamwork.

Wed 623271	Jul 8-Aug 26 4:00pm-4:45pm	\$104/8 sess
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Sat 623274	Jul 4-Aug 29 1:40pm-2:25pm	No session Aug 1 \$104/8 sess
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Dance

1st Jazz and Dance Sing Musical Theatre 3-5yrs

Illuma Studios

Learn the technical and artistic aspects of a musical theatre performance, including singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals. Learn teamwork while supporting classmates, have fun, and rise to a new challenge. Learned skills showcasing will be announced throughout the course.

Mon	Jul 6-Aug 24	No session Aug 3
623297	9:30am-10:15am	\$108.50/7 sess

1st Ballet Time 3-5yrs

Illuma Studios

Come learn proper breathing, strengthening, stretching and all the fundamentals of ballet. Students will enjoy a better understanding of their body and develop muscle memory. All genders preferred dress code: ballet attire (bodysuit, white leggings / black tights, ballet flats); hair: short, ballet bun or ponytail. Otherwise, comfortable tight top and bottom (legging / tights / yoga shorts) to allow for posture correction; and socks.

Mon	Jul 6-Aug 24	No session Aug 3
623294	10:15am-11:00am	\$108.50/7 sess

1st Tumble, Flex and Dance 3-5yrs

Illuma Studios

Through proper tumbling and stretching, students will have a better understanding of their bodies and develop proper muscle memory. Having learned the proper techniques, our goal is for the student to have better physical awareness, stronger core muscles, have fun tumbling, increase flexibility and stand tall with confidence. Learned skills will be arranged into a dance routine so that students can showcase their acro skills!

Mon	Jul 6-Aug 24	No session Aug 3
623295	11:00am-11:45am	\$108.50/7 sess

Sun	Jul 5-Aug 23	
623300	2:00pm-2:45pm	\$124/8 sess

1st Urban Dance Hip Hop 3-5yrs

Illuma Studios

Learn Hip Hop, Locking, Popping, Street Dance and more! Students will broaden their dance knowledge and refine their technique of these variety dance styles throughout the season. Embrace teamwork while supporting classmates, have fun, and rise to a new challenge! Beginners welcome; content is accessible and adapted to the learner's level. Learned skills showcasing will be announced throughout the course.

Mon	Jul 6-Aug 24	No session Aug 3
623296	11:45am-12:30pm	\$108.50/7 sess

1st Hip Hop / KPOP / Jazz Funk Dance Sampler 3-5yrs

Illuma Studios

Learn Hip Hop, Locking, Popping, Street Dance and more! Students will broaden their dance knowledge and refine their technique in these variety dance styles throughout the season. Embrace teamwork while supporting classmates, have fun, and rise to a new challenge!

Sun	Jul 5-Aug 23	
623304	1:15pm-2pm	\$124/8 sess

Dance

1-Active Ballet Time with Strength and Stretch 6-14yrs

Illuma Studios

Learn the technical and artistic aspects of a musical theatre performance, including singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals.

6-8yrs		
Sun	Jul 5-Aug 23	
623299	2:00pm-3:00pm	\$134/8 sess

8-13yrs		
Sun	Jul 5-Aug 23	
623301	3:00pm-4:00pm	\$134/8 sess

1-Active Dance Sing Musical Theatre 6-12yrs

Illuma Studios

Learn the technical and artistic aspects of a musical theatre performance, including singing, acting and dancing. Students will learn choreographed routines set to the music of famous musicals.

Fri	Jul 3-Aug 28	
623290	4:45pm-5:45pm	\$150.75/9 sess

Sun	Jul 5-Aug 23	
623298	1:00pm-2:00pm	\$134/8 sess

1-Active Tumble, Flex and Dance 6-12yrs

Illuma Studios

Through proper tumbling and stretching, students will have a better understanding of their bodies and develop proper muscle memory. Having learned the proper techniques, our goal is for the student to have better physical awareness, stronger core muscles, have fun tumbling, increase flexibility and stand tall with confidence.

6-9yrs		
Sun	Jul 5-Aug 23	
623302	3:00pm-4:00pm	\$134/8 sess

10-14yrs		
Sun	Jul 5-Aug 23	
623303	4:00pm-5:00pm	\$134/8 sess

Dance Samplers 6-17yrs

Illuma Studio

Sampling from Afrobeats, Jazz Funk, Street and Korean Pop (KPOP) dance styles through cardio warm ups, strengthening, footwork, isolations, and stretches, and learn the importance of breathing.

Asian Pop/KPOP/Jazz Funk/Hip Hop

6-9yrs		
Fri	Jul 3-Aug 28	
623291	5:45pm-6:45pm	\$150.75/9 sess

10-17yrs		
Fri	Jul 3-Aug 28	
623292	6:45pm-7:45pm	\$150.75/9 sess

Afrobeats/KPOP/Jazz Funk/Hip Hop

6-12yrs		
Sun	Jul 5-Aug 23	
623312	4:00pm-5:00pm	\$134/8 sess

Children

Children's Day Camps

Day Camp Reminders!

- Please hand in completed original waiver forms before the program begins.
- Ensure your child has a backpack with a nut-free lunch and snacks, water bottle, sunscreen, and other appropriate clothing.

Refund Policy

- All requests are subject to \$15 administration fee, per person, per week.
- Withdraw/refund requests must be made no later than 14 days prior to the start date of each camp. After this time, withdraw/refund requests will not be accepted

Children's Day Camps

- Renfrew Summer Adventures Day Camp is located at Renfrew Park Community Centre (2929 East 22nd Avenue)
- Falaise Fun Finders Day Camp is located at Falaise Hall (3434 Falaise Avenue)

Enjoy summer at Renfrew Park Community Centre! There will be out trips and other fun events and activities throughout the summer. Activities will include sports, cooperative games, arts & crafts, theatre, dance parties, entertainers and special guests! Children must have completed kindergarten and be eligible for grade 1 in order to register for camp.

Parents/Guardians will receive an email of the Parent Communication/Policy manual and forms prior to camp.

Please complete and return original waiver forms prior to the start of the program.
Forms will also be available on our website: www.renfrewcc.com

					Renfrew Summer Adventures Day Camp (6-12yrs)	Falaise Fun Finders Day Camp (6-12yrs)
Week 1	Jun 29-Jul 3	Mon, Tue, Thu, Fri	9am-3pm	\$120/4 day week	604599	604616
Week 2	Jul 6-10	Mon-Fri	9am-3pm	\$150/5 day week	604600	604617
Week 3	Jul 13-17	Mon-Fri	9am-3pm	\$150/5 day week	604601	604618
Week 4	Jul 20-24	Mon-Fri	9am-3pm	\$150/5 day week	604602	604619
Week 5	Jul 27-31	Mon-Fri	9am-3pm	\$150/5 day week	604603	604620
Week 6	Aug 4-7	Tue-Fri	9am-3pm	\$120/4 day week	604604	604621
Week 7	Aug 10-14	Mon-Fri	9am-3pm	\$150/5 day week	604605	604622
Week 8	Aug 17-21	Mon-Fri	9am-3pm	\$150/5 day week	604606	604623
Week 9	Aug 24-28	Mon-Fri	9am-3pm	\$150/5 day week	605880	n/a

Please note that programs are subject to change

Sports Camps (1-2hrs/day)

Ace Academy - Badminton Camps

Gabriel Ip

Beginner

7-12yrs

Participants will learn and build the fundamental skills needed to play badminton with confidence. The program will focus on improving footwork, coordination, clearing, net drop shots, and serving techniques, with an introduction to smashing. Basic gameplay concepts will also be introduced and adapted to each participant's experience level.

Mon-Fri 622027	Aug 17-21 9:15am-10:10am	\$125/5 day week
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Mon-Fri 622029	Aug 24-28 9:15am-10:10am	\$125/5 day week
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Intermediate

8-16yrs

This class is designed to help participants elevate their game to the next level. Students will develop advanced skills, refine their footwork, and strengthen their strategies and competitive mindset for both singles and doubles play.

Mon-Fri 622028	Aug 17-21 10:30am-11:25am	\$125/5 day week
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Mon-Fri 622030	Aug 24-28 10:30am-11:25am	\$125/5 day week
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Finish Strong Basketball Grassroots Camps

9-12yrs

David Knight

Welcome to Finish Strong Basketball where we believe "It's not how you start, it's how you FINISH!" "Grassroots" Skill development program is dedicated to promoting a healthy environment where players can grow on and off the court. Our programs skills focus on improving youth's basketball skills in dribbling, shooting, passing, and defence as well in other areas of the game, while increasing their self-esteem and self-confidence. We hope to see you on the court! Please note basketballs can be provided, but it is recommended that participants bring their own basketballs. T-Shirt is included.

Boys Grassroots

Mon-Fri 622020	Aug 10-14 9:30am-11:30am	\$150/5 day week
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Girls Grassroots

Tue-Fri 622019	Aug 4-7 9:30am-11:30am	\$120/4 day week
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...Programs fill up quickly!
Register early to avoid disappointment

Sports

prices do not include tax if applicable

Ace Academy - Badminton Lessons

Gabriel Ip

Beginner

7-12yrs

Participants will learn and build the fundamental skills needed to play badminton with confidence. The program will focus on improving footwork, coordination, clearing, net drop shots, and serving techniques, with an introduction to smashing. Basic gameplay concepts will also be introduced and adapted to each participant's experience level.

Sun 622035	Jul 5-Aug 9 9:30am-10:25am	No session Jul 26 \$85/5 sess
Sun 622036	Jul 5-Aug 9 10:30am-11:25am	No session Jul 26 \$85/5 sess
Tue 622032	Jul 7-Aug 11 4:00pm-4:55pm	No session Jul 28 \$85/5 sess
Tue 622033	Jul 7-Aug 11 5:00pm-5:55pm	No session Jul 28 \$85/5 sess

Intermediate

8-16yrs

This class is designed to help participants elevate their game to the next level. Students will develop advanced skills, refine their footwork, and strengthen their strategies and competitive mindset for both singles and doubles play.

Sun 622037	Jul 5-Aug 9 11:30am-12:25pm	No session Jul 26 \$85/5 sess
Tue 622034	Jul 7-Aug 11 6:00pm-6:55pm	No session Jul 28 \$85/5 sess

Martial Arts

prices do not include tax if applicable

Karate - Children and Teen

6-18yrs

Alan Chan Karate BC

We stress the importance of three basic elements: Mind, Technique and Body, the importance of basic techniques, and paying attention to detail. They will gain confidence, and improve both physically and mentally through Karate in a friendly, supportive and safe environment. Additional fees are required for uniform/equipment and Karate BC Membership.

Tue Thu 623480	Jun 30-Aug 27 6:30pm-7:30pm	\$162/18 sess
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Baking and Cooking

Little Chefs

6-12yrs

Alison Chau

Learn how to make delicious and healthy snacks and lunches in our kitchen and eat your creations.

6-8yrs		
Sat 623853	Jul 4-Aug 29 9:30am-10:45am	No session Aug 1, 15 \$84/7 sess
9-12yrs		
Sat 623855	Jul 4-Aug 29 11:00am-12:15pm	No session Aug 1, 15 \$84/7 sess

Rhythmic Gymnastics

6-16yrs

Olympia Rhythmic Gymnastics

Rhythmic Gymnastics is a beautiful combination of gymnastics and ballet, along with the self expression and rhythm of dance by using hand apparatus such as rope, hoop, ball, clubs or ribbon. Please note participants are to bring their own yoga mat for use during program. Other equipment may be available for participants to purchase.

6-8yrs		
Sat 623162	Jul 4-Aug 22 10:00am-11:00am	No session Aug 1 \$84/7 sess
8-16yrs		
Sat 623163	Jul 4-Aug 22 11:00am-12:00pm	No session Aug 1 \$84/7 sess

Indoor Soccer

6-12yrs

Mohsen Hatamian

An introduction to the game of soccer, and individual skill development. All sessions are run by an experienced professional coach, Mohsen Hatamian, with an emphasis on fun, fitness, ball mastery skills, and teamwork.

6-8yrs		
Wed 623272	Jul 8-Aug 26 4:50pm-5:50pm	\$120/8 sess
Sat 623275	Jul 4-Aug 29 2:30pm-3:30pm	No session Aug 1 \$120/8 sess
9-12yrs		
Wed 623273	Jul 8-Aug 26 5:55pm-6:55pm	\$120/8 sess
Sat 623276	Jul 4-Aug 29 3:35pm-4:35pm	No session Aug 1 \$120/8 sess

Art

Basic Drawing

6-12yrs

Lynn Huang

6-8yrs		
Sat 623856	Jul 4-Aug 29 1:00pm-2:00pm	No session Aug 1 \$96/8 sess
9-12yrs		
Sat 623857	Jul 4-Aug 29 2:00pm-3:00pm	No session Aug 1 \$96/8 sess

Cartooning, Anime and Manga

9-12yrs

Lynn Huang

Sat 623858	Jul 4-Aug 29 3:00pm-4:00pm	No session Aug 1 \$96/8 sess
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Origami - Summer

8-12yrs

Aiko Matsushiba

Sun 623175	Aug 2 10:30am-11:30am	\$15/person
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Music

Piano - Private Lessons

6+yrs

Private classes are tailored to the student's needs. Participants may be required to purchase piano books based on instructor recommendation.

Fiona Wen		6+yrs	
Fri	Jul 3-Aug 28	\$171/9 sess	
623342	4:00pm-4:30pm	623347	6:30pm-7:00pm
623343	4:30pm-5:00pm	623348	7:00pm-7:30pm
623344	5:00pm-5:30pm	623349	7:30pm-8:00pm
623345	5:30pm-6:00pm	623350	8:00pm-8:30pm
623346	6:00pm-6:30pm	623351	8:30pm-9:00pm
Jacqueline Li		6+yrs	
Sat	Jul 4-Aug 29	\$171/9 sess	
623352	9:15am-9:45am	623359	1:15pm-1:45pm
623353	9:45am-10:15am	623360	1:45pm-2:15pm
623354	10:15am-10:45am	623361	2:15pm-2:45pm
623355	10:45am-11:15am	623362	2:45pm-3:15pm
623356	11:15am-11:45am	623363	3:15pm-3:45pm
623357	11:45am-12:15pm	623364	3:45pm-4:15pm
623358	12:45pm-1:15pm	623365	4:15pm-4:45pm
Dale Capistrano		6+yrs	
Sun	Jul 5-Aug 30	\$171/9 sess	
623366	9:15am-9:45am	623373	1:15pm-1:45pm
623367	9:45am-10:15am	623374	1:45pm-2:15pm
623368	10:15am-10:45am	623375	2:15pm-2:45pm
623369	10:45am-11:15am	623376	2:45pm-3:15pm
623370	11:15am-11:45am	623377	3:15pm-3:45pm
623371	11:45am-12:15pm	623378	3:45pm-4:15pm
623372	12:45pm-1:15pm	623379	4:15pm-4:45pm

Singing - Private Lessons

9+yrs

Gina Morel

Learn to Sing! Enjoy private singing lessons in a safe and supportive environment. No experience is necessary and all levels are welcome. Learn how to use your voice with healthy vocal techniques and express yourself through singing a wide variety of musical styles including Pop, Classical, Musical Theatre and Opera. RCM examination preparation available.

Tue	Jul 7-28	\$120/4 sess	
623380	4:00pm-4:30pm	623384	6:10pm-6:40pm
623381	4:30pm-5:00pm	623385	6:40pm-7:10pm
623382	5:00pm-5:30pm	623386	7:10pm-7:40pm
623383	5:30pm-6:00pm	623387	7:40pm-8:10pm

Guitar - Private Lessons

7-16yrs

Eden Nerada

Learn and fine tune your guitar skills at your own pace. Students will be guided through a series of lessons to develop their skills. Guitars are provided for lessons or bring your own guitar. Participants may also be required to purchase guitar books based on instructor recommendation

Thu	Jul 2-Aug 27	\$193.50/9 sess	
623332	3:30pm-4:00pm	623337	6:30pm-7:00pm
623333	4:00pm-4:30pm	623338	7:00pm-7:30pm
623334	4:30pm-5:00pm	623339	7:30pm-8:00pm
623335	5:00pm-5:30pm	623340	8:00pm-8:30pm
623336	5:30pm-6:00pm	623341	8:30pm-9:00pm

Violin - Private Lessons

7+yrs

Shamel Zraik

Instruments will be available for lessons or bring your own instrument. Lesson material will be provided or, participants may also be required to purchase violin books based on instructor recommendation.

Mon	Jul 6-Aug 31	No session Aug 3 \$152/8 sess	
623388	5:30pm-6:00pm	623392	7:30pm-8:00pm
623389	6:00pm-6:30pm	623393	8:00pm-8:30pm
623390	6:30pm-7:00pm	623394	8:30pm-9:00pm
623391	7:00pm-7:30pm	623395	9:00pm-9:30pm

Drum - Private Lessons

6+yrs

Samuel Alexis George Delgado

Lesson material will be provided, or, participants may also be required to purchase drum books based on instructor recommendation. Lessons are 30 minutes in long.

Wed	Jul 8-Jul 29	\$64/4 sess	
623322	6:00pm-6:30pm	623325	7:35pm-8:05pm
623323	6:30pm-7:00pm	623326	8:10pm-8:40pm
623324	7:00pm-7:30pm		
Wed	Aug 5-Aug 26	\$64/4 sess	
623327	6:00pm-6:30pm	623330	7:35pm-8:05pm
623328	6:30pm-7:00pm	623331	8:10pm-8:40pm
623329	7:00pm-7:30pm		

Education

Little Bookworms - Reading and Writing

6-7yrs

Olivia Lee

Recommended for Grade 1 students.

Sat 623169	Jul 4-Aug 29 12:00pm-1:00pm	No session Aug 1 \$52/8 sess
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Mini Mathletes

6-7yrs

Olivia Lee

Recommended for Kindergarten and Grade 1 students.

Sat 623171	Jul 4-Aug 29 1:00pm-2:00pm	No session Aug 1 \$52/8 sess
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Mathventures - Math

8-10yrs

Olivia Lee

Recommended for Grades 3-5 students.

Sat 623170	Jul 4-Aug 29 2:00pm-3:00pm	No session Aug 1 \$52/8 sess
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Chess Lessons

6-12yrs

Enrichmind Academy

Students will learn the basics of the chessboard, the different pieces, and the rules to play a complete game. By the end of the course, they will also be able to checkmate in simple game positions.

Level 1: Fun Chess

For those without any Chess experience

Wed 623498	Jul 8-Aug 26 4:00pm-5:00pm	\$72/8 sess
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Level 2: Pre-foundation

For children who have completed Fun Chess/experience playing chess.

Wed 623499	Jul 8-Aug 26 5:15pm-6:15pm	\$119.2/8 sess
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Math Enrichment

Grades 6, 7, 8

Lynn Huang

Through engaging challenges, problem-solving and guidance, this activity aims to help build confidence and foster a love for learning among young math enthusiasts, and encourage them to think critically and grow!

Grade 6

Sun 623859	Jul 5-Aug 16 1:30pm-2:30pm	No session Aug 2 \$66/6 sess
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Grade 7

Sun 623860	Jul 5-Aug 16 2:30pm-3:30pm	No session Aug 2 \$66/6 sess
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Grade 8

Sun 623861	Jul 5-Aug 16 3:30pm-4:30pm	No session Aug 2 \$66/6 sess
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Rubik's Cube Classes

Diedre Sportak - Cubing BC

Private Lessons

7-12yrs

Over the 2 50-minute sessions, you will learn the beginner's method for solving a Rubik's cube. Resources are included to help you practice at home and then show off your skills!

Sat 624308	Jul 4-11 10:00am-10:50am	\$110/2 sess +\$50 for a semi-private
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Sat 624309	Jul 18-25 10:00am-10:50am	\$110/2 sess +\$50 for a semi-private
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Social Club

8-12yrs

Hone your cubing skills and connect with new friends! The Rubik's Cube Kids Social Club is designed for kids aged 8-12 who love all things cubing. Participants must already know how to solve a 3x3 Rubik's Cube, and bring their own cube.

Sat 624310	Jul 4-25 11:00am-12:00pm	\$48/4 sess
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Pre-Teen/Youth

Red Cross Babysitting Training

11-17yrs

First Aid Hero

Babysitting with First Aid Hero emphasizes learning through real life scenarios. Covered in this course: Exploring the Business of Babysitting; Creating Safe Environments; Safely Caring for ages 0-12; First Aid Skills. Please bring a bag lunch (no nuts please), yoga mat, medium sized doll or stuffed animal, plenty of water and snacks.

Sun 613593	Aug 23 9:15am-4:45pm	\$80/person
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Sports

Open Gym

11-17yrs

You will need to check in with a OneCard scanner at the Youth Workers desk in the Computer Lab and receive a wristband before heading into the gym.

Fri 623277	Jul 3-Aug 28 4:05pm-9:45pm	Free with OneCard
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Flip the Script

14-18yrs

Oreofueluwa Adeyonu

Note: Program is held at Slocan Hall, 2750 East 29th Avenue

"Girls Flip the Script" is a research based interactive education program designed to give self-identified female youth (14-18)

knowledge, skills, and confidence to help them effectively resist sexual assault in a way that does not limit their personal freedom/choices or hold them responsible for sexual assault. The program teaches girls to recognize and acknowledge risk for sexual assault, particularly from acquaintances, to overcome the emotional barriers to resisting guys we know and may really like, to build a toolbox of effective verbal and physical self-defense strategies, and gives them an opportunity to explore their own sexual and relationship values and desires, all while building their confidence to trust themselves. Lunch, snacks and relatable peer facilitator included.

Wed-Thu 622646	Aug 12-13 10:00am-5:00pm	Free
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Pre-Teen/Youth

Leadership Day Camp / Camp

Renfrew Rangers - Outdoor Leadership

10.5-14yrs

Day Camp Staff

We will be going on a different adventures everyday of the week. This camp is designed for those who like to have variety and new experiences. In each week we will have teachable moments regarding many aspects of being a leader and leadership skills. All camp activities will happen outdoors-in extreme weather scenarios we have a small indoor space. Participants will be required to dress for the weather and to wear proper footwear as we will be walking and hiking daily.

Waiver forms are required before the start of the program and are available on our website: www.renfrewcc.com

Mon, Tue, Thu Fri 616225	Jun 29-Jul 3 9:30am-3:30pm	\$120/4 day week
Mon-Fri 616246	Jul 6-10 9:30am-3:30pm	\$150/5 day week
Mon-Fri 616254	Jul 13-17 9:30am-3:30pm	\$150/5 day week
Mon-Fri 616255	Jul 20-24 9:30am-3:30pm	\$150/5 day week
Mon-Fri 616256	Jul 27-31 9:30am-3:30pm	\$150/5 day week
Tue-Fri 616257	Aug 4-7 9:30am-3:30pm	\$120/4 day week
Mon-Fri 616258	Aug 10-14 9:30am-3:30pm	\$150/5 day week
Mon-Fri 616259	Aug 17-21 9:30am-3:30pm	\$150/5 day week

Post Secondary Tours Renfrew

16-19yrs

Starla Bayley

Ever wonder what it would feel like to be a student in college or university but just can't quite see yourself there? Come join us and visit several well known colleges and universities in the lower mainland. Learn where the student union building is, the library or student support services. Get a quick run down of the specialized programs and how to apply. Start planning now! This camp is for grade 10/11 students

For more information please email: starla.bayley@vancover.ca

Mon-Fri 616260	Aug 17-21 9:00am-3:00pm	\$150/person
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Sasamat Outdoor Camp - LEADERSHIP

13-18yrs

Join the Community Youth Worker, two afternoons a week, over the summer to complete various leadership activities from workshops to volunteering. The standard meeting schedule will be 4:00-5:30 Tuesdays and Thursdays with the exceptions of July 9 and July 16 where they will be setting up, running and cleaning up the concession for Music in the Park from 4:00pm-8:00pm (youth will be fed dinner this evening).

At the end of the summer - we will be going away to Sasamat Outdoor Camp for a wilderness adventure! Explore local trails, learn and enjoy outdoor activities such as kayaking, ropes course, and archery, and have fun while meeting new friends! ***Only youth who have not participated in Camp Sasamat before will be approved for the program.**

Camp Sasamat will be Sep 1 to Sep 3, 2026

For more information, please contact

Community Youth Worker: starla.bayley@vancover.ca

621196 Tu Th	Jul 7-Aug 27 4:00pm-5:30pm	No session Jul 29, 30, Aug 4 \$150/person
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Social

Games Room

10-18yrs

Harshita Unnikrishnan

Games room is just for youth on FRIDAYS! You will have access to the internet with our computers, you can play pool, foosball, ping-pong, and more. Onecard scan in will be required with the Youth Worker in the Computer Lab. If you have any questions about the program, please email: starla.bayley@vancover.ca

Fri 623278	Jul 3-Aug 28 3:00pm-9:30pm	Free with OneCard
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Teen Time

13-18rs

Harshita Unnikrishnan

Come out Friday nights to do something social with the games room staff. Each Friday will be different from cooking and baking to games, crafts and maybe even a swim night. Show up for the first Friday and help plan out the following Fridays.

Fri 623308	Jul 3-Aug 21 7:00pm-9:30pm	Free with OneCard
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Baking and Cooking

The Pressure Drop

10-15yrs

Andy Woolverton

Designed for youth, this hands-on cooking class lets you explore the exciting world of pressure cooking while whipping up a meal to take home. By the end of the session, you'll not only have a flavorful meal ready to go but also newfound culinary skills and confidence. **NOTE: July 15th will be a planning session only and will be a shorter session. A snack will be provided for participants, but no meal will be prepared to take home.**

For more information and to register, please contact

Starla Bayley: starla.bayley@vancover.ca

Wed 621666	Jul 15-29 3:30pm-6:00pm	Please contact Starla Bayley
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The Social

9-14yrs

Jesse Woolverton & Emily Nguyen

Bring friends or make friends and enjoy different activities every week. Be ready to go ice-skating, swimming, the movies and more. All activities will be planned in advance and shared with parents on the first day of the program. Consent forms will be required. When traveling we will be walking or taking public transit when necessary.

Fri 621194	Jul 3-Aug 28 5:30pm-9:30pm	No session Jul 31 \$120/8 sess
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Games Area and Table Tennis

prices do not include tax

Equipment Rental Fee

All Ages

Valid for:

- Use of Games Room Equipment: Billiards, Foosball, (table tennis excluded)
- Sports equipment for Renfrew Programs
- Drop-in fee is available: \$1.50/each

\$2.38/person/year

\$5.71/family/year

Valid Sep 1, 2025-Aug 31, 2026

Games Area

6+yrs

Come and play Foosball or Billiards. All times are public and shared on a rotational basis of 15 minutes when there are people waiting to play. Please see centre office for detailed drop-in times. An annual community centre Equipment Rental Pass required for all participants who wish to use the games area. Please bring your "Equipment Rental Fee" pass with you. *No session on Stat Holidays*

Mon-Thu	3:30pm-9:55pm
Sat	12:00pm-4:55pm
Sun	12:00pm-4:55pm

Jul 2-Aug 27
Jul 4-Aug 29
Jul 5-Aug 30

Private Table Tennis Bookings

All Ages

All bookings are to be made on the SAME DAY, on a first come first served basis, in person or by phone (604 257-8388, ext 1) after **10:30am**. One 30 minute booking per pass with a maximum of 4 persons each booking. Bookings are subject to room/equipment availability (Room 108/010 only) Valid for one month from date of purchase. Please note equipment is not supplied. *No session on Stat Holidays*.

Mon-Thu Jun 29-Sep 3

623397	Room 108 6:00pm-9:30pm	\$11.43/month pass
	Room 010 6:00pm-9:30pm	\$3.81/30 minutes drop-in

Table Tennis for Seniors

55+yrs

Kathy Jang

Come and play Table Tennis. We will have a maximum of 10 players registered for these morning sessions. This is a non-instructional program. No drop-ins permitted. Please bring your "Equipment Rental Pass" with you. **Registration is limited to one day per week per person unless space available on the first day of session.**

Mon	Jun 29-Aug 31	<i>No session Aug 3</i>
621590	9:00am-11:45am	Free with Equipment Rental Pass

Wed	Jul 8-Aug 26	
621591	9:00am-11:45am	Free with Equipment Rental Pass

Fri	Jul 3-Aug 28	
621589	9:00am-11:45am	Free with Equipment Rental Pass

prices do not include tax

Adult and Senior

Community Kitchens

Community Kitchen for 2SLGBTQIA+ Adults

19+yrs

Community Kitchen for Two Spirit, Lesbian, Gay, Bisexual, Transgender, Questioning/Queer, Intersex, and Asexual Adults. Meet folks from the community, share recipes, and learn new cooking skills in a safer space at Renfrew Park's Community Kitchen for 2SLGBTQIA+ adults! For support with registration, and any other information, please contact Marni McMullen at marni.mcmullen@vancouver.ca or call (604) 257-8389.

Wed	Aug 12
621664	12:30pm-2:30pm

Free

Renfrew's Community Kitchen

All Ages

Are you looking to cook and eat with other families? Are you excited about sharing culture and learning new skills? Then Renfrew's Community Kitchen is the right program for you! These are child friendly events, but there is no formal childcare provided. This program prioritizes community members and families who are enrolled in the Leisure Access Program. Enrollment is done through email or over the phone. Please contact marni.mcmullen@vancouver.ca or call (604) 257-8389.

Wed	Aug 5
621665	5:30pm-8:00pm

Free

Community Lunch Program

All Ages

Andy Woolverton

- Meals include a hot entree, salad or side dish, dessert, coffee or tea. Lunches will be served on a first come first served basis.
- Lunch can be bought in person with cash/credit card or online with credit card, limit of 4 per person.
- Last lunches are sold at 12:30pm. Registered meals are not guaranteed past this time.
- Limited number of lunches available, left overs may be sold at a discounted price.
- Vegetarian meals are available, but must be reserved at least 24 hours prior (please call 604-257-8390 to confirm).



Registration for Community Lunch Program open on the first Friday of the month for up to and including the following month.

Fri	Jul 3-Aug 21		
0-18yrs:	\$6.19+tax		
19+yrs:	\$7.62+tax		12:00pm-1:00pm
621522	Jul 3	621526	Jul 31
621523	Jul 10	621527	Aug 7
621524	Jul 17	621528	Aug 14
621525	Jul 24	621529	Aug 21

Note: see page 3 for Refund Policy

Dance

Day-time Dance Classes

For more information on the following programs visit www.vanrec.ca

Monday Line Dance Group 55+yrs
 Mon Jun 29-Aug 24 *No session Aug 3, 17*
 623134 11:00am-12:30pm \$15.75/7 sess
 \$2.62+tax/drop-in, if space

Line Dance ABC 19+yrs
 Tue Jul 7-Aug 25
 623132 1:30pm-3:30pm \$24/8 sess
 \$3.57+tax/drop-in, if space

Chinese Classical Dance 55+yrs
 Wed Jul 8-Aug 26
 623875 12:45pm-2:45pm \$24/8 sess

Traditional Chinese Folk Dance 55+yrs
 Wed Jul 8-Aug 26
 623160 12:30pm-2:30pm \$24/8 sess
 \$3.57+tax/drop-in, if space

Line Dance Fitness 55+yrs
 Thu Jul 2-Aug 27
 624097 1:30pm-3:00pm \$20.25/9 sess
 \$2.62+tax/drop-in, if space

Hula for Fun and Health 55+yrs
 Thu Jul 2-Aug 20
 623270 2:00pm-3:00pm \$16/8 sess

Line Dancing for Health and Wellness 55+yrs
 Sun Jul 5-Aug 23
 623138 10:00am-12:00pm \$24/8 sess
 \$3.57+tax/drop-in, if space

Ballroom Dance Social 55+yrs
 Mon Jul 6-Aug 24 *No session Aug 3*
 623871 12:45pm-2:45pm \$8.68/7 sess
 \$1.90+tax/drop-in, if space
 Thu Jul 2-Aug 27
 623872 11:15am-1:15pm \$11.16/9 sess
 \$1.90+tax/drop-in, if space

Asian Pop / KPOP / Jazz Funk / Hip Hop Dance Sampler 19+yrs

Illuma Studio

Come experience a variety of exciting dance styles including KPOP, Jazz Funk, Hip Hop and other Urban Dance styles! Students will broaden their dance knowledge and refine their technique of these variety dance styles throughout the season. Meet friends, have fun, and rise to a new challenge! No previous experience required.

Fri Jul 3-Aug 28
 623293 7:45pm-9:00pm \$189/9 sess

Belly Dance for Beginners 19+yrs

Adalat Dance Company

This low-impact introductory course promises to be fun while developing coordination, rhythm and muscle tone with percussive and fluid movements set to ethnic music. This class is suited for everybody and every body type. Comfortable clothes or workout wear recommended. The dance movements in this workshop will involve the following: arms moving in a circular and wavy motion. Hips moving in a circular motion and there will be limited back and forth leg and feet movement.

Mon Jul 6-27
 623866 4:00pm-5:00pm
 Adult - \$40/4 sess
 Senior - \$32/4 sess
 \$12+tax/adult, \$9.75+tax/senior drop-in, if space

Social

Games Social 55+yrs

Robert Wang

Wed Jul 8-Aug 5
 622700 12:30pm-2:30pm Pre-registration required

Tuesday Social 55+yrs

Cecilia Vulama

Tue Jun 30-Aug 25
 622202 11:00am-12:00pm Pre-registration required
 Free with OneCard

Chinese Social Group in Cantonese 55+yrs

Albert Lee

Fri Sep 5-Aug 28
 577636 2:00pm-3:30pm \$8.57/Yearly

Music and Singing

Piano - Private Lessons 55+yrs

Jennifer Lee

These 25-minute basic private lessons are meant for seniors who want to start or refresh their skills with the piano. Participants may be required to purchase piano books based on instructor recommendation.

Thu	Jul 2-Aug 20		\$120/8 sess
622705	9:15am-9:40am	622708	10:45am-11:10am
622706	9:45am-10:10am	622709	11:15am-11:40m
622707	10:15am-10:40am	622710	11:45am-12:10pm

Karaoke 55+yrs

Sing and have fun! If you have some Karaoke music please bring it along.

In Chinese: *Siu Lau (Sue Chee) Chong*
 Fri Jul 3-Aug 28
 621582 12:15pm-2:45pm \$4.50/9 sess

Aerobics

Hi-Lo Aerobics

19+yrs

Sharon Chan

Participants are encouraged to work at their own pace. Hi-Lo is an all level class including warm-up, 35 minute cardio, 15 minute abdominal floor work, and stretch and relaxation.

Tue	9:05am-10:00am	\$6/Adult, \$3.75/Senior for drop-in, if space
621576	Jun 30-Jul 28	Adult - \$25/5 sess Senior - \$16.25/5 sess
Thu	9:05am-10:00am	\$6/Adult, \$3.75/Senior for drop-in, if space
621579	Jul 2-Jul 23	Adult - \$20/4 sess Senior - \$13/4 sess

Total Body Conditioning Aerobics

19+yrs

Denisse Hernandez

Participants are encouraged to work at their own pace. "Total Body Conditioning" is a total body workout integrating both strength and cardio. This class mixes plyometrics, circuit training, weights and bands.

Thu	6:45pm-7:40pm	\$6/Adult, \$3.75/Senior for drop-in, if space
621592	Jul 2-9	Adult - \$10/2 sess Senior - \$6.50/2 sess
621593	Aug 6-27	Adult - \$20/4 sess Senior - \$13/4 sess

Total Fitness Aerobics

40+yrs

Sharon Chan

Participants are encouraged to work at their own pace. Total Fitness is a mild to moderate class for people starting fitness activities and seniors. It has warm-up, aerobic, cool down, stretch and strength components.

Fri	9:05am-10:00am	\$6/Adult, \$3.75/Senior for drop-in, if space
621595	Jul 3-24	Adult - \$20/4 sess Senior - \$13/4 sess

Education

Fun Japanese - Beginner

19+yrs

Machie Matsuno

This is a fun, beginner-level Japanese class for anyone interested in Japanese language and culture. Through games, songs, and interactive activities, participants will learn basic Japanese words, phrases, and expressions used in daily life. No prior experience is necessary.

Tue	Jul 7-Aug 18	
624621	7:00pm-8:00pm	\$70/7 sess
Wed	Jul 8-Aug 19	
624322	7:00pm-8:00pm	\$70/7 sess

Zumba

Zumba

19+yrs

Roslyn Bauyon

Participants are encouraged to work at their own pace. Zumba is a fusion of Latin and International music dance themes creating a dynamic, effective fitness system! It features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. The easy-to-follow steps are designed for any fitness level.

Mon	7:00pm-7:55pm	\$7.00/Adult, \$4.50/Senior for drop-in, if space
621604	Jun 29-Jul 27	Adult - \$28.75/5 sess Senior - \$18.75/5 sess
621608	Aug 10-24	Adult - \$17.25/3 sess Senior - \$11.25/3 sess
Wed	9:05am-10:00am	\$7.00/Adult, \$4.50/Senior for drop-in, if space
621606	Jul 8-29	Adult - \$23/4 sess Senior - \$15/4 sess
Wed	7:00pm-7:55pm	\$7.00/Adult, \$4.50/Senior for drop-in, if space
621607	Jul 8-29	Adult - \$23/4 sess Senior - \$15/4 sess
621612	Aug 5-26	Adult - \$23/4 sess Senior - \$15/4 sess

Zumba Toning

19+yrs

Roslyn Bauyon

Participants are encouraged to work at their own pace. Lightweight maraca-like Toning Sticks (or light weights) enhance sense of rhythm and coordination, while toning target zones, including arms, core & lower body.

Mon	6:00pm-6:55pm	\$7.00/Adult, \$4.50/Senior for drop-in, if space
621614	Jun 29-Jul 27	Adult - \$28.75/5 sess Senior - \$18.75/5 sess
621615	Aug 10-31	Adult - \$23/4 sess Senior - \$15/4 sess

Summer 55+yrs Free Workshops

Pre-registration is required for free workshops

Intro to Seniors First BC

622791 Fri Jul 3 10:00am-12:00pm

Managing Finances in Retirement

622797 Fri Jul 10 10:00am-12:00pm

Extreme Heat and Smoke Awareness

624168 Fri Jul 17 10:00am-12:00pm

Bone Health 101 - Osteoporosis

622793 Fri Jul 24 10:00am-12:00pm

Advance Planning

622792 Fri Aug 14 10:00am-12:00pm

Health & Wellness

Osteofit

Berdjjs Bahrami

This class focuses on improving strength, posture, balance and agility through the use of functional exercises, agility activities, resistance training and appropriate stretches.

55+yrs

Tue	Jun 30-Jul 28		
621583	10:00am-10:55am	\$28.75/5 sess	\$6.67/drop-in if space

Tue	Aug 4-25		
621584	10:00am-10:55am	\$23/4 sess	\$6.67/drop-in if space

Foot Care Clinic

Nancy KF Lee

55+yrs

Note: Registration must be done at least one day prior to appointment date

Have your toe nails cleaned and cut safely by a registered and certified foot care nurse. Please bring a large towel and request a tax deductible receipt from the foot care nurse.

Sat	Jul 18		\$47/30 min sess
623139	12:45pm-1:15pm	623143	2:45pm-3:15pm
623140	1:15pm-1:45pm	623144	3:15pm-3:45pm
623141	1:45pm-2:15pm	623145	3:45pm-4:15pm
623142	2:15pm-2:45pm	623146	4:15pm-4:45pm

Sat	Aug 22		\$47/30 min sess
623147	12:45pm-1:15pm	623151	2:45pm-3:15pm
623148	1:15pm-1:45pm	623152	3:15pm-3:45pm
623149	1:45pm-2:15pm	623153	3:45pm-4:15pm
623150	2:15pm-2:45pm	623154	4:15pm-4:45pm

Mobility and Stretching for Seniors

Chin Ho Yeh

This class is taught in Mandarin or Cantonese. Immerse yourself in the graceful movements of these ancient martial arts, promoting balance of mind and body. Participants will have improved flexibility, reduced stress, and enhanced well-being.

55+yrs

Wed	Jul 8-Aug 26		
623828	9:30am-11:00am	\$24/8 sess	\$3.57+tax/drop-in if space

Cooking and Baking

Cooking with Souvik - Brunch Edition

Souvik Ray

Join us for a hands-on cooking class where we'll whip up cozy classics and fresh favourites. Expect tasty bites, easy techniques, and plenty of "ooh, I'm making this again" moments. Perfect for lazy mornings, happy gatherings, and anyone who believes brunch is the best meal of the day.

19+yrs

Sun	Jul 19-26		
622906	10:30am-12:30pm	\$42.50/2 sess	

Martial Arts

Tai Chi Health and Exercise Group

Eddie K.K. Tang, Benny Lai

This program will be led in Cantonese and English. This time is dedicated for practice only, no instruction is provided. **Program times: 7:45am-9:00am (Tue/Fri), 7:30am-9:00am (Mon/Wed/Thu).**

55+yrs

Mon-Fri	Jun 29-Aug 28	No session Jul 1, Aug 3
623202	7:30am-9:00am	\$19.35/43 sess

Tai Chi - Yang Style

Arsenio Chua

Explore Tai Chi Yang Style in our beginner program, emphasizing fundamental hand and foot techniques for improved balance, flexibility and inner calm.

19+yrs

Wed	Jul 8-Aug 26	No session Aug 5
621560	6:00pm-7:30pm	\$70/7 sess \$12+tax/drop-in if space

Karate - Adult

Alan Chan Karate BC

19+yrs

Tue Thu	Jun 30-Aug 27	
623479	7:30pm-9:00pm	\$180/18 sess

Tai Chi and Health Qigong

Lai Chun Cheung

19+yrs

Mon	Jul 6-Aug 24	No session Aug 3
624337	9:05am-10:05am	\$49/7 sess \$7+tax/drop-in if space

Cooking and Baking

Kahkwa with Kanatiio

Inspired by the Kanienkehaka (commonly referred to as Mohawk) word, Kakhwi:io (Gak-wee-yo), meaning good food, this program will help us learn to cook and think about how we are connecting to the land.

Pizza

Kanatiio

We will utilise fresh, seasonal ingredients to make simple, nourishing food. In this session, fragrant basil and pungent tomatoes come together with hand made dough and mozzarella to build a pizza to share, as well as sauce and dough to bring home.

19+yrs

Wed	Aug 19	
622910	1:00pm-3:00pm	\$15/person

Blackberries

Kanatiio

We will utilise fresh, seasonal ingredients to make simple, nourishing food. In this session we turn often invasive blackberries into compote, cobbler, and flaky cut biscuits. **NOTE: This session includes some local foraging for berries.** If you do not want to join for the walk, but for the cooking, please contact Marni at marni.mcmullen@vancouver.ca, or (604) 257-8389 to make arrangements.

19+yrs

Wed	Aug 26	
622919	11:45am-3:00pm	\$15/person

Yoga and Pilates

Vinyasa Yoga

19+yrs

Kate Nguyen / Thuy Ha Vu

Sat 623314	Jul 4-Aug 29 3:30pm-4:30pm	No session Aug 1 \$48/8 sess \$7.25+tax/drop-in if space
Sun 623315	Jul 5-Aug 30 9:30am-10:30am	No session Aug 2 \$48/8 sess \$7.25+tax/drop-in if space
Sun 623316	Jul 5-Aug 30 11:00am-12:00pm	No session Aug 2 \$48/8 sess \$7.25+tax/drop-in if space

Yoga for Brain Health

19+yrs

Kiran Rampuri

Participants will activate and balance brain's energy, reduce stress, and improve focus & concentration to prevent brain related health issues. Each session will focus on techniques to boost neuroplasticity, enhance memory and support emotional wellbeing. All levels are welcome!

Fri 621598	Jul 3-31 10:30am-11:45am	\$50/5 sess \$12+tax/drop-in if space.
Fri 621599	Aug 7-28 10:30am-11:45am	\$40/4 sess \$12+tax/drop-in if space.
Mon 621601	Jul 6-27 5:30pm-6:45pm	\$40/4 sess \$12+tax/drop-in if space.
Mon 621602	Aug 10-31 5:30pm-6:45pm	\$40/4 sess \$12+tax/drop-in if space.

Seniors Yoga for Flexibility and Strength

55+yrs

Bill Mercer

The class is designed specifically for seniors seeking improved mobility, balance, and muscle tone. Our gentle yoga routines focus on enhancing flexibility and building strength at a comfortable pace.

Mon 623403	Jul 6-Aug 24 10:00am-11:15am	No session Aug 3 \$52.50/7 sess \$9+tax/drop-in if space
Thu 623404	Jul 9-Aug 27 10:00am-11:15am	\$60/8 sess \$9+tax/drop-in if space

Colour Energy Yoga

19+yrs

Li Na Chow

Colour Energy Yoga class consists of breathing, meditation, stretching and lifeline massages. This class is taught in Cantonese.

Wed 623478	Jul 8-Aug 26 10:30am-11:30am	\$48/8 sess \$7.25+tax/drop-in if space
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Hatha Yoga

19+yrs

Hisae McMichael

Sat 623826	Jul 4-25 9:15am-10:45am	Adult - \$42/4 sess Senior - \$39/4 sess
Sat 623827	Aug 8-29 9:15am-10:45am	Adult - \$42/4 sess Senior - \$39/4 sess

Pilates

19+yrs

Tracey Clark

Mon 623405	Jul 6-27 7:15pm-8:15pm	\$48/4 sess \$14.29+tax/drop-in if space.
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Art

Renfrew Art Group

19+yrs

Yoko Tomita

Wed 623165	Jul 8-29 10:00am-12:00pm	\$28/4 sess \$7.75+tax/drop-in if space
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Basic Drawing, Sketching, Watercolour

19+yrs

Yoko Tomita

Thu 623164	Jul 9-30 10:00am-12:00pm	\$36/4 sess \$11+tax/drop-in if space
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Chinese Calligraphy

55+yrs

Guoxin Lin

Program is taught in Cantonese and Mandarin. English translation will be available.

Advanced - For returning students		
Mon 623501	Jul 6-Aug 24 10:00am-12:00pm	No session Aug 3 \$73.50/7 sess
Wed 623500	Jul 8-Aug 26 10:00am-12:00pm	\$84/8 sess
All Levels		
Fri 623502	Jul 10-Aug 28 10:00am-12:00pm	\$84/8 sess

Japanese Flower Arranging

55+yrs

Aggie Chan

Thu 623398	Jul 16-23 10:00am-12:00pm	\$20/2 sess
Thu 623399	Aug 13-20 10:00am-12:00pm	\$20/2 sess

Sports

Drop-in Sports Procedures

- Programs are cancelled on stat holidays and for Special Events.
- Minimum of 4 (Badminton, Pickleball, Foamball) and 2 (Basketball) drop-in spaces will be available 30 minutes before the start of the program on a first come, first serve basis.
- Drop-ins must register in person no earlier than 15 minutes prior to the start of the program. No phone or online drop-ins.
- Registered participants have up to 10 minutes to arrive for their programs. After that time, spots may be sold to drop-in participants.
- All times include setup and take down of equipment.
- Please, no spectators in sports programs. (This ensures the safety of instructors and participants)
- Some equipment may be available for borrow. Equipment Rental Pass is required

Badminton

19+yrs

Enjoy recreational badminton.

Mon 621852	Jun 29-Aug 24 1:00pm-2:55pm	<i>No session Aug 3</i> Adult - \$36/8 sess Senior - \$28/8 sess \$5.40/Adult, \$4.20/Senior +tax/drop-in if space
Tue 621570	Jun 30-Aug 25 8:00pm-9:55pm	Adult - \$40.50/9 sess Senior - \$31.50/9 sess \$5.40/Adult, \$4.20/Senior +tax/drop-in if space
Wed 621853	Jul 8-Aug 26 1:00pm-2:55pm	Adult - \$36/8 sess Senior - \$28/8 sess \$5.40/Adult, \$4.20/Senior +tax/drop-in if space

Pickleball

19+yrs

Played with a paddle and a plastic ball with holes on a badminton-sized court.

19+yrs		
Mon 621585	Jun 29-Aug 24 8:00pm-9:55pm	<i>No session Aug 3</i> Adult - \$36/8 sess Senior - \$28/8 sess \$5.40/Adult, \$4.20/Senior +tax/drop-in if space
55+yrs		
Tue 621586	Jun 30-Aug 25 1:00pm-2:55pm	\$31.50/9 sess \$4.20+tax/drop-in if space
Thu 621587	Jul 2-Jul 30 10:45am-12:40pm	\$17.50/5 sess \$4.20+tax/drop-in if space
Thu 621588	Jul 2-Aug 27 1:00pm-2:55pm	\$31.50/9 sess \$4.20+tax/drop-in if space

Badminton Court Rentals

All Ages

- Each court rental is for 55 minutes
- At least 1 adult must be present at each booking
- Booking court for instructional purposes is not permitted
- Please be respectful to players before and after your booking
- Maximum 8 people/court
- Partial refund given for cancellations with more than two business days notice at the RPCC office. No refunds thereafter.
- Players set-up and take-down nets

Thu	8:00pm-9:55pm	Jul 2-Aug 27 \$13.33/court
Sun	12:30pm-2:30pm	Jul 5-Aug 30 \$13.33/court

Basketball

19+yrs

Enjoy recreational basketball.

Sun 621645	Jul 5-Aug 30 3:00pm-4:55pm	\$40.50/9 sess \$5.40+tax/drop-in if space
Wed 621572	Jul 8-Aug 26 8:00pm-9:55pm	\$36/8 sess \$5.40+tax/drop-in if space

Foamball Tennis

55+yrs

A fun, indoor game based on tennis. A good workout with minimal joint strain.

Fri 621575	Jul 3-Aug 28 1:00pm-2:55pm	\$18/9 sess \$2.40+tax/drop-in if space
Tue 621574	Jun 30-Jul 28 10:45am-12:40pm	\$10/5 sess \$2.40+tax/drop-in if space

Carpet Bowling Club

55+yrs

Come learn and enjoy a game of Carpet Bowling. A game in which wooden balls are pitched toward a white ball (the jack). Tea is served.

Tue 581529	Sep 9-Aug 25 11:00am-1:00pm	\$7.61/year
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Sports

Beginners Jumpstart Tennis Program

19-64yrs

Metro Vancouver Tennis

Note: Programs are held at Slocan Park Tennis Courts

Metro Van Tennis proudly presents its Jumpstart: Beginners Intro to Tennis Program, designed to provide a strong foundation in tennis for those new to the sport. Hosted by experienced and passionate instructors, this program is perfect for individuals who want to learn the fundamentals of tennis in a fun, supportive, and inclusive safe learning environment.

Tue Thu 623483	Jul 7-30 6:00pm-7:05pm	\$256/8 sess
Tue Thu 623484	Jul 7-30 7:15pm-8:20pm	\$256/8 sess
Tue Thu 623485	Aug 4-27 6:00pm-7:05pm	\$256/8 sess
Tue Thu 623486	Aug 4-27 7:15pm-8:20pm	\$256/8 sess

Fitness Centre Hours of Operation

June 29 - September 7

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30am-9:30pm	6:30am-9:30pm	6:30am-9:30pm	6:30am-9:30pm	6:30am-9:30pm	9:00am-5:00pm	9:00am-5:00pm

Note: Fitness admissions are available until 15 minutes prior to the Fitness Centre closing. See [page 22](#) for special hours of operation

General Information



When visiting the fitness centre, please bring your own lock, towel and water bottle. Proper footwear is required at all times. Wristbands are required upon entry to the fitness centre. Please ensure that you obtain your wristband from the cashier upon admission

Note: The minimum age to use the Fitness Centre is 13 years old.

Fitness Centre Consultations

13+yrs

Take advantage of our fitness consultations!

With the price of admission or included in your membership pass, our Fitness Centre staff will show you in the initial session how to use equipment, create a personalized fitness program, and you will receive a card to track your progress. At the next session, our staff will monitor your exercise technique and answer any questions about your fitness program. Book a third session if you need additional support, motivation or a change in your program! Call ahead 604-257-8388 or visit in person to schedule an appointment for your fitness consultation. **NOTE:** Par Q+ and consent & release forms required (available at the front desk).

Note: Par Q+ and consent & release forms required (available at the front desk).

Flexipass Membership & Admission Fees

13+yrs

Enjoy flexible and affordable recreation with our no contract all access pass. Purchase a monthly Flexi-pass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools and 8 ice rinks. For more information and locations, visit vancouverparks.ca

Admission Fees	Adult	Youth/Senior
Drop-in	\$7.93	\$5.55
10-visit pass	\$71.37	\$49.95
Monthly Flexipass	Adult	Youth/Senior
1 Month	\$64.15	\$44.91
3 Month	\$173.21	\$121.25
12 Month	\$554.26	\$387.98

All fees above subject to change without notice

Prices do not include tax

Fitness Centre Equipment

- Life Fitness Treadmills (4)
- Life Fitness Upright Bike (1)
- Life Fitness Recumbent Bike (2)
- Life Fitness Cross Trainers (4)
- Matrix Stair Climber (1)
- Keiser Bike (1)
- Various Benches
- Various Free Weights (Dumbbells, Barbells)
- Leg Press
- Seated Leg Curl
- Pec Fly/Rear Deltoid
- Assisted Dip Chin
- Lat Pulldown
- Chest Press
- Row/Rear Deltoid
- Dual Adjustable Pulley (2)
- Smith Machine (1)
- Half Rack (1)

Fitness Programs

Knowledgeable Fitness Centre staff will guide participants through a four week program covering all components of a complete fitness program. Feel more confident in any fitness centre. Connect with other likeminded members in your community.

Note: NOTE: completed Par-Q and Consent & Release are required (available at front desk). Maximum 3 registered. Program structure subject to change

Fitness for Women

Admission fee required

Tue Jul 7-28
623279 2:00pm-3:00pm

Tue Aug 4-25
626283 2:00pm-3:00pm

Fitness for Older Adults

Admission fee required

Wed Jul 8-29
623282 3:00pm-4:00pm

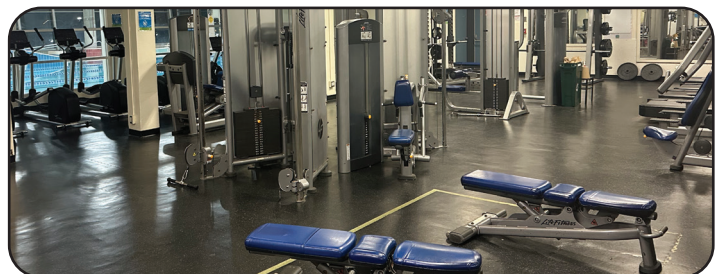
Wed Aug 5-26
623284 3:00pm-4:00pm

Fitness for Youth

Admission fee required

Sun Jul 5-26
623280 11:00am-12:00pm

Sun Aug 2-23
623281 11:00am-12:00pm



Swimming Pool

Pool and Fitness Hours of Operation

Pool and Fitness admissions are available until 15 minutes prior to the Pool and Fitness Centre closing.

Swimming Pool	June 29-September 6
Monday-Friday.....	6:30am-9:30pm
Saturday-Sunday.....	9:00am-5:00pm

Fitness Centre	June 29-September 6
Monday-Friday.....	6:30am-9:30pm
Saturday-Sunday.....	9:00am-5:00pm

Pool and Fitness Holiday and Special Hours

Wednesday July 1.....	1:00pm-5:00pm
Monday August 3.....	1:00pm-5:00pm
Monday September 7.....	1:00pm-5:00pm

Note: Hours are subject to change

OneCard

OneCard is a single card that provides everyone with universal access to pools, rinks and fitness centres across the Park Board network of community centres and other recreational facilities. OneCard can be loaded with any of the Park Board's Flexipass options and 10 visit passes, and also includes the built-in 50 percent subsidy, for those who qualify, as a part of the Park Board's Leisure Access Program for those with financial barriers.

Leisure Access Policy

The Leisure Access Policy ensures residents of Vancouver access to Park Board sponsored programs and services regardless of ones ability to pay. For information contact your nearest Community Centre office.

Flexipass Information

Get unlimited admission to public sessions at Park Board Fitness Centres, indoor and outdoor pools and ice rinks with a monthly Flexipass.

Please note updated refund, suspension and expiry date policies as of Jan 1, 2026

1. Refund Eligibility

A refund shall be considered only where the Flexipass holder experiences a medical condition that renders them unable to utilize the Flexipass. Valid proof may be required.

The Flexipass must be active and unexpired at the time the refund request is submitted. Any approved refund shall be calculated effective the date on which the refund application is received, not retroactively.

2. Suspension (Account Freeze) for 12-Month Passes

Holders of a 12-month Flexipass are entitled to one (1) suspension period per Flexipass term, unless additional suspensions are expressly authorized by a Supervisor.

The suspension period shall be no less than two (2) consecutive weeks and no more than six (6) consecutive weeks, or for the duration of an extended planned facility closure, as applicable.

All suspension periods shall commence on the date the suspension request is submitted and must fall within the effective dates of the current membership term.

3. 10-Visit Pass Expiry

All 10-Visit Pass purchases will automatically expire after two (2) years

Flexipass Duration	Suspension (Account Freeze)	Refund
1 month	Not Permitted	Permitted (medical only)
3 month	Permitted (planned facility closure only)	Permitted (medical only)
12 month	Permitted - 1 per flexipass term	Permitted (contact the office for details)



Swimming Lesson Registration

Note: Swimming Lesson Registration begins on **Tuesday June 23 @ 7:00pm**

These guidelines try to provide equal opportunities for participation in our swim lesson programs.

- Please bring your current Lifesaving Society Swim for Life progress card or progress memo when registering
- If you are unsure of what level to register in, please come to a Public Swim session and ask at the Pool Front Desk to have a "Free" assessment prior to registering
- Class programming is based on demand, time constraints and pool space
- All program fees must be paid at the time of registration. In-person payment methods include: Cash, Amex, Visa, MasterCard, or Interac
- Proof of Leisure Access must be shown at time of registering if applicable

Vancouver Park Board Online Registration and Reservation System

How to Register Online:

- Go to vanrec.ca to update or create your account.

Do you currently have an online account and have forgotten your password? To reset your password:

- Click "Sign In", select "Forget your password?" and follow the steps to get your new password.
- Login with your email address and confirm your account information is correct.

Never registered online before?

- Click "Sign In" or "Create an Account" to set up your profile and password prior to registration start time.

Note: Call to inquire if there is space available or if more classes have been added.

Classes are subject to cancellation if minimum enrollment is not met

Swimming Lesson Refund Policy

Full refund will be given if cancellation notice is received five or more days before the start of the program. If cancellation notice is received one to four days before the start of the program, participant can either transfer to a future lesson set, if available, or refund amount will be the activity fee minus the cost of one class. If cancellation notice is received after the first program date (class/lesson), and five or more days before the second program date (class/lesson), refund amount will be the activity fee minus the cost of one class. If cancellation notice is received less than four days before the start of the second program date (class/lesson), refund amount will be the activity fee minus the cost of two classes. No refunds are issued for requests received after the second scheduled date of the program.

Fees for one or two-day programs (private lessons) are non-refundable.

Summer 2026 Swimming Lesson Information

Swimming Lesson Registration begins on: **Tuesday June 23 at 7:00pm**

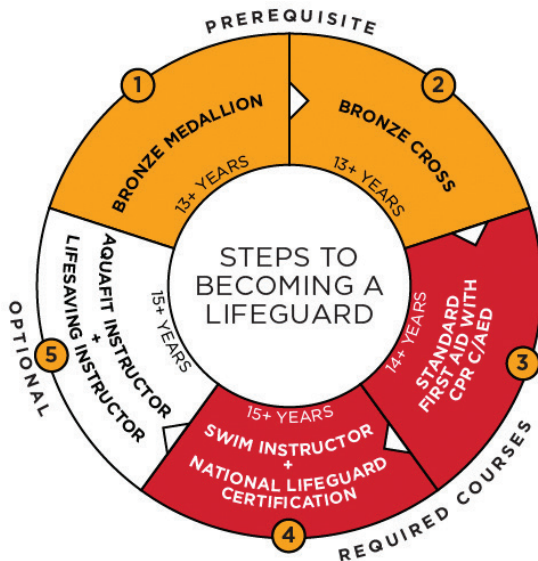
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Once Per Week Lessons	Set 1 Jun 29-Aug 17 7 lessons No lessons Aug 3	Jun 30-Aug 18 8 lessons	Jul 8-Aug 19 7 lessons	Jul 2-Aug 20 8 lessons	Jul 3-Aug 21 8 lessons	Jul 4-Aug 22 7 lessons No lesson Aug 1	Jul 5-Aug 23 7 lessons No lesson Aug 2
Twice Per Week Lessons	Monday/Wednesday			Tuesday/Thursday			
	Set 1	Jun 29-Jul 22 7 lessons No lessons Jul 1			Jun 30-Jul 23 8 lessons		
Set 2	Jul 27-Aug 19 7 lessons No lessons Aug 3			Jul 28-Aug 20 8 lessons			

Swim Lesson Pricing

# of Lessons	Parent & Tot/ Preschool (30 mins)	Swimmer 1 to 2 (30 mins)	Swimmer 3-6 (40 mins)	Swimmer 7-9 (55 mins)		Adults (40 mins)	
				Child	Youth	Youth/Senior	Adult
7	\$56.91	\$46.34	\$57.96	\$92.68	\$113.54	\$70.98	\$101.43
8	\$65.04	\$52.96	\$66.24	\$105.92	\$129.76	\$81.12	\$115.92

Note: All Lesson set fees posted before tax and will include a \$4.30 badge fee

Vancouver Aquatics Academy



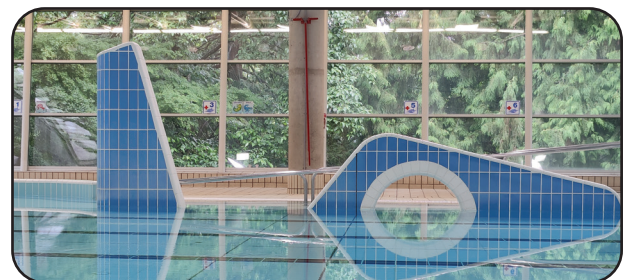
Private Lessons

All Ages

Private and Semi-Private Registration are now available online

Open to all ages and abilities. All lessons are 30 minutes. Pre-registration is required. Private lessons are for 1 person. Semi-private lessons are for 2 people minimum with similar swimming abilities. A third participant can be added upon request for additional fees. Please contact the Aquatic Programmer for more information - 604-257-8397

Under 14yrs	First person	\$40.60/lesson
	Semi-private add on	\$16.24/lesson
14yrs and older	First person	\$40.60+GST/lesson
	Semi-private add on	\$16.24+GST/lesson



Speciality Aquatics Courses

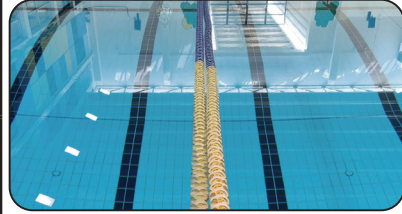
All Ages

Due to staffing challenges, Stroke Improvement, Junior Lifeguard Club, and Bronze courses will be put on hold during this time.

For inquiries about our Adapted lessons, please contact AdaptedAquatics@vancouver.ca

Swimming Pool Schedule

June 29 - August 23

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lengths 6:30am-10:00am	Lengths 6:30am-10:00am	Lengths 6:30am-10:00am	Lengths 6:30am-8:30am	Lengths 6:30am-10:00am	Please Note: Pool schedule is subject to change Stat Holidays hours on p.22	
			Aquafit (Shallow/Moderate) 8:45am-9:45am		Opens at 9am	Aquafit (Shallow/Moderate) 9:15am-10:15am
Public Swim 10:00am-3:30pm					Group Lessons 10:30am-2:30pm	
					Public Swim 2:30pm-5:00pm	
Group Lessons 4:00pm-8:00pm						
Public Swim 8:00pm-9:30pm						

Session Descriptions

Public Swim (1-2 lanes for lengths)	Recreational swim for all ages. 1-2 lanes available for lengths swim.
Lengths (2-3 lanes available)	Continuous lengths swim for all ages. Lanes (25m) are designated for specific speeds.
Group Lessons (1 lane available)	Main pool is reserved for School Board or internal lesson programs and can include external rental groups during these times. Only 1 lane available for public length swimming.
Aquafit (Shallow/Moderate)	Aquafit (Moderate intensity) is a pre-registered program. The majority of aquafit spaces will be pre-registered with some spaces held for drop-in. To avoid disappointment we encourage participants to pre-register. Pre-registration opens 3 days in advance and closes 30 minutes before the session starts. Drop-in starts 30 minutes prior to session start.



Pool Admission Fees

all fees subject to change without notice GST not included

	Drop In	10 Visit Pass	Flexi Passes		
			1 Month	3 Month	12 Month
Adult 19-64yrs	\$7.93	\$71.37	\$64.15	\$173.21	\$554.26
Senior 65+yrs	\$5.55	\$49.95	\$44.91	\$121.25	\$387.98
Youth 13-18yrs	\$5.55	\$49.95	\$44.91	\$121.25	\$387.98
Children 5-12yrs	\$3.97	\$35.73	\$32.08	\$86.61	\$277.13
Preschool (0-4yrs)	FREE				
Family	at child rate	Minimum 2 people: \$7.94. \$3.97/additional member. Valid for 1-2 adults of same household and their children (5-18 years). All family members must be present at the time of admission			
Admission Policy	Children under 8 years of age must be accompanied in the water and be within arms reach of a responsible person at least 16 years of age.				

Pool Temperature: 28 degrees
Pool Length: 25 metres
Lockers: Please bring your own padlock