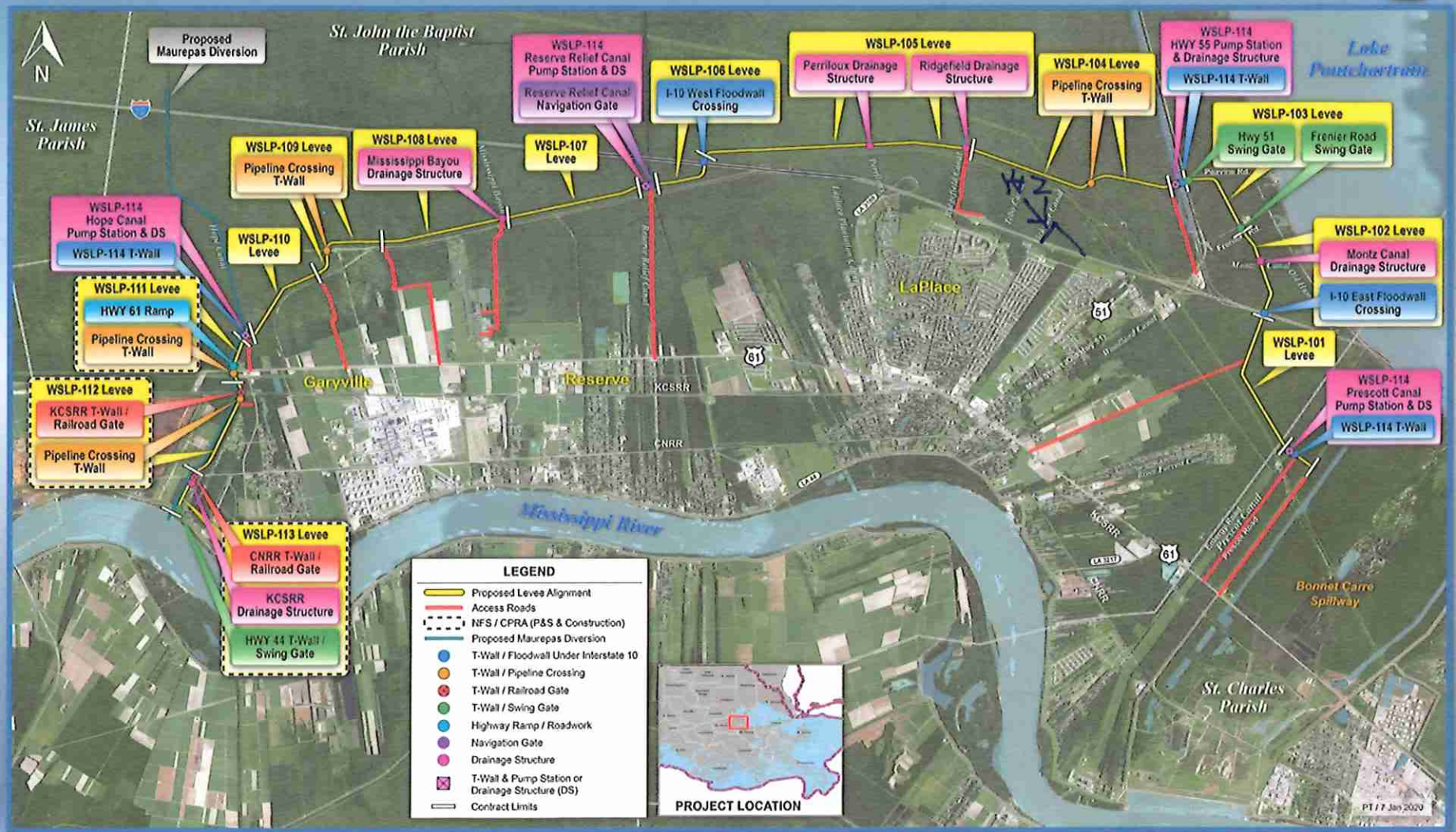West Shore Lake Pontchartrain