

Respiratory Care Emergency Preparedness For Mass Casualty Events

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This Presentation is Approved for
2 CRCE Credit Hours

Learning Objectives

- Identify infections capable of causing mass casualties & describe their etiologies, manifestations, diagnosis, management & prevention
- Describe strategies & devices to prevent communication of infections to caregivers, patients & the environment
- Identify chemical agents capable of causing mass casualties & describe their likely sources, effects, manifestations & management of chemically contaminated patients
- Identify the sources of mass casualty radiation events & describe the effects, manifestations & management of radiation injuries
- Identify sources of blast injuries & describe the types of injuries, their manifestations & their management

Learning Objectives

- Describe major types of natural disasters, their associated types of injuries, their manifestations & management
- Discuss problems associated with healthcare delivery in natural disasters, including those associated with transportation & destruction of physical facilities
- Distinguish among conventional, contingency, crisis modes within a healthcare facility with respect to space, staffing, equipment & supplies
- Describe preparations & response strategies for mass casualty situations with respect to respiratory care equipment & supplies, including oxygen & mechanical ventilators

Mass Casualty Events

Disaster

- Definition: a sudden calamitous event bringing great damage, loss, or destruction (Merriam-Webster)
- Types
 - ❖ Natural disasters, e.g. pandemics, hurricanes, earthquakes, etc.
 - ❖ Man-made
 - Accidental, e.g. industrial explosions
 - Terrorism, which intends to injure & to provoke maximum fear

Medicine in Mass Casualty Incidents

- Conventional medicine: do the greatest good for the individual patient
- Disaster medicine: do the greatest good for the greatest number of patients
 - ❖ Triage of victims
 - ❖ Economizing resources
 - ❖ Reliance on available assets
 - ❖ Mass evacuation

Possible Mass Casualty Scenarios

- Pandemic infections (febrile respiratory illnesses)
- Bioterrorism
- Chemical injuries
- Radiation injuries
- Natural disasters
- Explosions

Febrile Respiratory Illnesses (FRI) & Bioterrorism

Infections Capable of Mass Casualties

- Naturally-occurring
 - ❖ Influenza, e.g. swine influenza A (H1N1)
 - ❖ Severe acute respiratory syndrome (SARS) - coronavirus infection
 - ❖ Avian (bird) flu

Infections Capable of Mass Casualties

- Bioterrorist threats
 - ❖ Pulmonary anthrax
 - ❖ Smallpox
 - ❖ Plague
 - ❖ Tularemia
 - ❖ Viral hemorrhagic fever, e.g. Ebola, Marburg

Influenza

- Causative agent: viruses
- Communication routes
 - ❖ Airborne
 - ❖ Contact
- Manifestations
 - ❖ Fever
 - ❖ Headache
 - ❖ Muscle pain
 - ❖ Malaise
 - ❖ Pneumonia - may progress to ARDS

Influenza

- Diagnosis
 - ❖ Index of suspicion: clinical signs, multiple cases
 - ❖ Oral swab for viral ID
 - ❖ Clinical signs for mass victims
- Problem: many people may be exposed before diagnosis is made
 - ❖ Masks for patients in ER waiting rooms?

Influenza

- > Management
 - ❖ Home care, if possible & safe
 - ❖ Supportive care, e.g. hydration
 - ❖ Oxygen
 - ❖ Ventilation with low TV
 - ❖ Antiviral agents
 - Amantidines
 - Neuraminidase inhibitors

Influenza

- > Prevention
 - ❖ Vaccination
 - ❖ Antiviral agents
 - Amantidine
 - Neuraminidase inhibitors
 - ❖ Airborne isolation of patients

Influenza

- > Prevention
 - ❖ Vaccination
 - ❖ Antiviral agents
 - Amantidine
 - Neuraminidase inhibitors
 - ❖ Airborne isolation of patients
 - ❖ Personal protection equipment (PPE)
 - N95 mask
 - Respirator for high-risk procedures
 - ❖ Minimize high-risk procedures

Pulmonary Anthrax

- > Pulmonary form likely due to bioterrorism
- > Causative agent: bacillus anthracis
 - ❖ Spore forming
 - ❖ Gram positive rod
- > Communication route
 - ❖ Inhalation of spores
 - ❖ No person-to-person transfer

Pulmonary Anthrax

- > Manifestations
 - ❖ 3-5 day incubation period
 - ❖ Fever, chills
 - ❖ Dyspnea, chest pain
 - ❖ Cough
 - ❖ Headache
 - ❖ Nausea & vomiting
 - ❖ Hypoxemia
 - ❖ Stridor
 - ❖ Widened mediastinum on radiograph

Pulmonary Anthrax

- > Diagnosis
 - ❖ Index of suspicion: exposure risk
 - Occupation
 - Location
 - ❖ Pathognomonic (distinct signature)
 - Previously healthy adult
 - Overwhelming flu-like signs
 - Widened mediastinum

See link below to view chest radiograph of pulmonary anthrax

Pulmonary Anthrax

- ❖ Diagnosis
 - ❖ Sputum exams are NOT useful
 - ❖ Standard blood culture - growth in 6-24 H

Pulmonary Anthrax

- Management
 - ❖ Supportive: ventilation, O₂
 - ❖ Antibiotics
 - Doxycycline
 - Ciproflaxin
 - Amoxicillin

Pulmonary Anthrax

- Prevention
 - ❖ Universal precautions for patient care - no special barriers
 - ❖ Antibiotics for suspected exposure (60 D)
 - ❖ Human live attenuated vaccine
 - Three injections, two weeks apart
 - Three injections at 6, 12, 18 months

Smallpox

- Causative agents
 - ❖ Variola minor virus (less virulent)
 - ❖ Variola major virus
- Communication route
 - ❖ Inhaled droplets, aerosols
 - ❖ Very contagious

Smallpox

- Manifestations
 - ❖ Incubation: 10-14 days
 - ❖ Pre-eruptive phase (lasts 2-4 D)
 - High fever
 - Severe headache
 - Malaise
 - ❖ Eruptive phase
 - Centrifugal rash, starting on face
 - Evolves to pustular rash

Smallpox Rash



Smallpox

- Manifestations
 - ❖ Toxemia
 - ❖ Encephalitis
 - ❖ Mortality (20-30%) - 5th or 6th day after onset of rash

Smallpox

- Diagnosis - one suspected case represents an international health emergency
 - ❖ Characteristic rash
 - Centrifugal distribution
 - Same stage of development at each location
 - Palmar & plantar location (rare with chickenpox)
 - Confirmed by laboratory analysis

Smallpox

- Management
 - ❖ Strict isolation for hospitalized patients
 - ❖ Home care recommended
 - ❖ Supportive care
 - ❖ Antibiotics for secondary bacterial infection
 - ❖ Antiviral agents
 - Currently, none are approved
 - Agents for HIV have potential

Smallpox

- Prevention - post-exposure control
 - ❖ All face-to-face contacts with victim
 - Vaccinated
 - Surveillance for fever, rash
 - ❖ Vaccination of healthcare workers, police, transit workers, etc.

Smallpox

- Prevention - hospital infection control
 - ❖ Rooms - negative pressure with HEPA
 - ❖ Vaccination of employees, patients
 - ❖ Laundry & waste - biohazards

Plague

- Causative agent
 - ❖ Yersinia pestis
 - ❖ Gram negative rod
- Communication route(s)
 - ❖ Bite from infected flea
 - ❖ Droplets, aerosol (bioterrorism)
 - ❖ Contact (person-to-person)

Plague

- Forms
 - ❖ Bubonic (flea bites)
 - ❖ Septicemic
 - ❖ Pneumonic (bioterrorist aerosols)

Plague (Pneumonic)

- Manifestations (pneumonic)
 - ❖ Incubation: hours to days
 - ❖ Malaise
 - ❖ High fever, chills
 - ❖ Hemoptysis
 - ❖ Leukocytemia
 - ❖ Rapidly progressive pneumonia
 - ❖ Hypoxemia
 - ❖ Mortality: 100% if untreated

Plague (Pneumonic)

- Diagnosis
 - ❖ Index of suspicion: sudden outbreak of severe pneumonia & sepsis
 - ❖ Gram stain: sputum or blood, gram negative bipolar rod



Plague (Pneumonic)

- Management
 - ❖ Supportive: ventilation, oxygen
 - ❖ Antibiotics - initiate STAT
 - Streptomycin - drug of choice
 - Gentamycin
 - Doxycycline

Plague (Pneumonic)

- Prevention
 - ❖ Post-exposure antibiotics: seven days post-exposure
 - Doxycycline
 - Tetracycline
 - TMP-SMT (Bactrim™)

Plague (Pneumonic)

- Respiratory isolation
 - ❖ Patient for first 48 hours
 - ❖ Close contacts who refuse chemoprophylaxis
- Vaccine - no longer available
- Decontamination - usual measures

Tularemia

- Causative agent
 - ❖ *Francisella tularensis*
 - ❖ Gram negative bacterium
 - ❖ Zoonotic organism (rabbit fever)
- Communication route(s)
 - ❖ Contact with infected animals
 - ❖ Vectors, e.g. ticks, flies
 - ❖ Inhalation (bioterrorism)
 - ❖ No person-to-person transfer

Tularemia

- Manifestations (ulceroglandular form)
 - ❖ Cutaneous ulcer
 - ❖ Lymph gland enlargement
 - ❖ Fever, chills
 - ❖ Headache, malaise
 - ❖ May progress to pneumonia

See link below to view tularemia cutaneous ulcer (rabbit bite)

Tularemia

- Manifestations (bioterrorist forms)
 - ❖ Incubation: 2-10 days
 - ❖ Typhoidal form
 - Fever
 - Cough
 - Chest pain
 - Shortness of breath
 - Mortality: 35%

Tularemia

- Manifestations (bioterrorist forms)
 - ❖ Pneumonic form: severe atypical pneumonia
 - ARDS → respiratory failure
 - Mortality unknown - no opportunity for study

Tularemia

- Diagnosis
 - ❖ May be missed on sputum exam
 - ❖ Histology: intracellular organisms
 - ❖ Serology
- Management
 - ❖ Support: ventilation, oxygen
 - ❖ Antibiotics
 - Streptomycin - drug of choice
 - Gentamycin, amikacin
 - Chloramphenicol (meningitis)

Tularemia

- Prevention
 - ❖ Antibiotics for suspected exposure
 - ❖ Universal precautions for victims

Viral Hemorrhagic Fevers

- > Causative agents
 - ❖ Marburg virus (Angola, 2005)
 - ❖ Ebola virus (4 species)
- > Communication routes
 - ❖ Contact with non-human primates
 - ❖ Droplet particles
 - Infected persons
 - Bioterrorism

FYI see link below to view trailer of "Outbreak" movie

Viral Hemorrhagic Fevers

- > Manifestations
 - ❖ Incubation period: 4-5 days
 - ❖ Fever, chills, headache
 - ❖ Nausea, vomiting, diarrhea, abdominal pain

FYI see link below to download article on viral hemorrhagic fevers

Viral Hemorrhagic Fevers

- > Manifestations (cont'd)
 - ❖ Prostration, stupor, shock
 - ❖ Bleeding: conjunctival, soft tissue, skin (rash), gastrointestinal, alveolar
 - ❖ Mortality
 - Marburg: about 25%
 - Ebola: 50-90% (depends on strain)

Viral Hemorrhagic Fevers

- > Diagnosis
 - ❖ History of exposure
 - ❖ Clinical findings
- > Management
 - ❖ Strict isolation
 - ❖ Supportive
 - Shock
 - Ventilatory failure (ARDS is likely)

Viral Hemorrhagic Fevers

- > Prevention
 - ❖ Strict isolation of victims, exposures
 - ❖ Personal protective equipment, including airborne precautions

High-Risk Procedures

- > Endotracheal intubation
- > Noninvasive positive pressure ventilation
- > Bag-mask ventilation
- > Bronchoscopy

High-Risk Procedures

- Exhaled aerosols - all nebulizers
- Nonrebreathing mask without expiratory filter

See link below for video showing exhaled aerosols

Flow of Patient Care

- Patient presents with FRI
 - ❖ Placed in droplet or airborne isolation
 - ❖ Caregivers use personal protective equipment (PPE)
 - ❖ Diagnosis initiated

FYI see flowchart in: Sandrock CE. Severe febrile respiratory illnesses as a cause of mass critical care. Respir. Care 2008 Jan;53(1):40-53

Flow of Patient Care

- If the etiology is NOT an emergency critical care agent
 - ❖ Isolation removed or maintained, as indicated
 - ❖ PPE for high-risk procedures
 - ❖ Specific treatment undertaken

Flow of Patient Care

- If the etiology is an emergency critical care agent
 - ❖ Public health agencies notified
 - ❖ Isolation maintained, as indicated
 - ❖ PPE for high-risk procedures

Flow of Patient Care

- Presence of cases associated with ARDS
 - ❖ Low TV ventilation
 - ❖ Surge capacity plan activated with ventilator stockpile
 - ❖ Aggressive PPE for caregivers
 - ❖ Vaccination or antiviral therapy for caregivers

Personal Protective Equipment

- Level A: self-contained breathing apparatus & encapsulating chemical-protective (TECP) suit
- Level B: self-contained breathing apparatus or supplied-air respirator & nonencapsulated chemical-resistant garments, gloves, & boots

Personal Protection

- > Level C: air-purifying respirator & non-encapsulated chemical-resistant clothing, gloves, & boots
- > Level D: universal precautions

See link below for personal protective equipment requirements (you will need to scroll down the page)

Environmental Controls

- > Mass infection with airborne agent will overwhelm conventional isolation capabilities
- > Options
 - ❖ Cohorting patients
 - ❖ Industrial exhaust fans
 - ❖ High-capacity portable HEPA units
- > Masks for infected patients

Summary & Review

- > Types of disasters
- > Medicine in mass casualty events
- > Febrile respiratory illnesses
 - ❖ Pandemic influenza
 - ❖ Pulmonary anthrax
 - ❖ Smallpox
 - ❖ Plague
 - ❖ Tularemia
 - ❖ Viral hemorrhagic fever

Summary & Review

- > High risk procedures
- > Optimal flow of patient care
- > Personal protective equipment
- > Environmental controls

Chemical Injuries

Categories of Chemical Agents

- > Lung damaging agents
- > Blood agents
- > Blistering agents
- > Nerve agents

Categories of Chemical Agents

- Initial management for all agents
 - ❖ Rescuer personal protection
 - ❖ Removal of victim from source
 - ❖ Life support interventions
 - ❖ Decontamination

Lung Damaging Agents

- Types of events
 - ❖ Chemical warfare
 - ❖ Terrorism
 - ❖ Industrial accidents - most likely scenario

FYI see links below for information on Montana chlorine spill & video on SC chlorine spill (3 min)

Lung Damaging Agents

- Agents
 - ❖ Chlorine: manufacture of paper, textiles
 - ❖ Ammonia: manufacture of fertilizer
 - ❖ Methyl isocyanate (MIC): manufacture of pesticides, e.g. Sevin (Bhopal)
 - ❖ Phosgene
 - WW I chemical warfare
 - Manufacturing: pesticides, dyes, pharmaceuticals

Lung Damaging Agents

- Effects
 - ❖ Copious secretions
 - ❖ Cough
 - ❖ Stridor
 - ❖ Laryngeal obstruction
 - ❖ Bronchospasm
 - ❖ Noncardiogenic pulmonary edema (ARDS)
 - ❖ Severe ocular burning (methyl isocyanate)

Lung Damaging Agents

- Treatment
 - ❖ Intubation, ventilation for severe exposure
 - ❖ Humidified air or O₂ (mild exposure)
 - ❖ Bronchodilators
 - ❖ Inhaled NaHCO₃ for chlorine
 - ❖ Removal of contact lenses

Blood Agents

- Agents
 - ❖ Hydrogen cyanide
 - ❖ Cyanogen chloride
- Sources
 - ❖ Manufacturing
 - ❖ Mining
 - ❖ Metalworking
 - ❖ Byproduct of combustion - fires
 - ❖ Chemical warfare

Blood Agents

- > Pathophysiology: block cytochrome, inhibiting cellular O₂ uptake (histotoxic hypoxia)
- > Effects
 - ❖ Bitter almond smell reported by victim
 - ❖ Bright red venous blood
 - ❖ Tachypnea
 - ❖ Metabolic acidemia

Blood Agents

- > Treatment
 - ❖ Antidotes to displace & excrete cyanide
 - Amyl nitrite
 - Sodium nitrite
 - Sodium thiosulfate
 - ❖ Oxygen
 - ❖ Hyperventilation
 - ❖ NaHCO₃

Blister Agents

- > Agents
 - ❖ Mustard
 - ❖ Lewisite
 - ❖ Phosgene oxime
- > Sources
 - ❖ Chemical warfare
 - ❖ Hot dog overdose (mustard)

Up next: video on blistering agents

Blister Agents

- > Effects (mustard has delayed effects)
 - ❖ Skin blisters
 - ❖ Burning eyes
 - ❖ Injury to all airways
 - Upper airway obstruction
 - Peripheral airway obstruction
 - ❖ Pulmonary edema
 - ❖ Gastrointestinal damage: vomiting, diarrhea

See link below for picture of blistering agent effects

Blister Agents

- > Treatment
 - ❖ There are no antidotes
 - ❖ Supportive
 - Oxygen, intubation, ventilation
 - Bronchodilators
 - Medications for vomiting, diarrhea

Nerve Agents

- > Agents: organophosphates
 - ❖ GA (Tabun): genocide
 - ❖ GB (Sarin): genocide (Japan, 1994)
 - ❖ GD (Soman): genocide
 - ❖ GF
 - ❖ VX

Nerve Agents

- Agents: organophosphates
 - ❖ Pesticides
 - Sevin
 - Diazinon
 - Malathione

Nerve Agents

- Action: inhibit cholinesterase, which causes accumulation of acetylcholine at nerve synapses
- Skeletal muscle (nicotinic) effects
 - ❖ Twitching
 - ❖ Weakness
 - ❖ Paralysis, including diaphragm
- Muscarinic effects - cholinergic crisis

Nerve Agents

- Cholinergic crisis (see neuro lesson)
 - ❖ Salivation
 - ❖ Lacrimation
 - ❖ Urination
 - ❖ Diaphoresis
 - ❖ GI distress (diarrhea, vomiting)
 - ❖ Emesis
 - ❖ Bronchospasm

See link below for video on nerve agents (1.5 min)

Nerve Agents

- Treatment
 - ❖ Rescuer & caregiver personal protection - caregivers in Japan sickened from Sarin
 - ❖ Decontamination of victims
 - Water
 - Calcium hypochlorite
 - Charcoal & absorptive resins (military)

Nerve Agents

- Treatment: antidotes
 - ❖ Atropine: blocks nicotinic & muscarinic effects of acetylcholine (massive dosages)
 - ❖ Pralidoxime (2-PAM-Cl): removes organophosphoryl molecule

Nerve Agents

- Supportive treatment
 - ❖ Endotracheal intubation
 - ❖ Ventilation
 - ❖ Bronchodilators: albuterol & ipratropium
 - ❖ Tracheal suctioning
 - ❖ Benzodiazepine for seizures

Chemical Agents

- Additional causes of surge of patients to institution will include frightened people who think they were exposed - it will be hard to sort them out

Summary & Review

- Chemical injuries are likely due to industrial accidents
- Lung damaging agents, e.g. chlorine
- Blood agents, e.g. cyanide
- Blistering agents, e.g. mustard
- Nerve agents, e.g. Sarin

Radiation Injuries

Radiation Injuries

- Causes (mass casualties)
 - ❖ Accidents, e.g. nuclear reactor meltdown
 - Three Mile Island (Pa.)?
 - Chernobyl (Ukraine, 1986)
 - ❖ Nuclear warfare

FYI see links below to view nuclear explosion (1.5 min) & video about Chernobyl (3 min)

Radiation Injuries

- Causes
 - ❖ Terrorism
 - Radiation dispersion device, AKA "dirty bomb"
 - Non-explosive radiation dispersal, e.g. radioactive material left in public place

Injuries With Nuclear Explosion

- Blast injuries: multiple types of trauma
- Thermal injuries
 - ❖ Flash burns
 - ❖ Flame burns
- Ionizing radiation injury

Ionizing Radiation Types

- Alpha particles: stopped by sheet of paper
- Beta particles: stopped by clothing
- Gamma rays: stopped by inches of concrete or inch of lead
- X-rays: concrete or inch of lead
- Neutrons: concrete or inch of lead
- Cell phones: nothing stops their annoying effects

Ionizing Radiation Types

- External radiation: exposure to source
- Contamination
 - ❖ External (skin, hair): exposure to radioactive debris (fallout), which can be transmitted to rescuers & caregivers

Ionizing Radiation Exposure

- External radiation: exposure to source
- Contamination
 - ❖ External (skin, hair): exposure to radioactive debris (fallout), which can be transmitted to rescuers & caregivers
 - ❖ Internal: entry of fallout via
 - Inhalation
 - Ingestion
 - Open wounds → decreased survival

Radiation Injuries

- Severe radiation → cell death
- Less severe radiation → cell injury
 - ❖ Repaired → scarring
 - ❖ Altered genetic information
 - Carcinoma
 - Teratogenesis (birth defects)

FYI see link below to view Chernobyl birth defect

Radiation Injuries

- Severity of injury depends on dose received, which is function of
 - ❖ Exposure time
 - ❖ Radiation dosage

Radiation Sickness

- High dose manifestations
 - ❖ Nausea
 - ❖ Vomiting
 - ❖ Diarrhea
 - ❖ Fatigue
 - ❖ Mental status changes
 - ❖ Fever
 - ❖ Respiratory distress

Radiation Sickness

- Delayed manifestations
 - ❖ Decreased WBC, platelet production
 - ❖ Severe gastrointestinal damage
 - ❖ Severe CNS damage
 - ❖ Teratogenesis - birth defects
 - ❖ Carcinoma

Treatment

- Wound closure
- Medical treatment may not be indicated for first few hours
- Supportive treatment
- Potassium iodide (SSKI): protects only the thyroid from radioactive iodine

Summary & Review

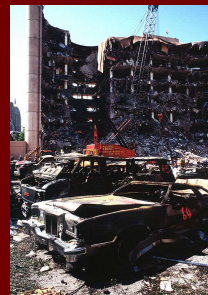
- Causes of mass casualty radiation injuries, e.g. meltdowns, terrorism
- Nuclear explosion injury types, e.g. radiation injury
- Radiation exposures: external, contamination
- Manifestations of radiation sickness
- Radiation sickness treatment

Explosions Blast Injuries

Sources of Blast Injuries

- Industrial accidents
- Natural disasters, e.g. earthquakes & natural gas lines
- Warfare
- Terrorism: blast injuries are the most common result
 - ❖ Mumbai, India, 2006
 - ❖ London, 2005
 - ❖ New York City, 2001
 - ❖ Oklahoma City, 1995

Oklahoma City Murrah Building, 1995



Categories of Blast Injuries

- Primary blast injuries
- Secondary blast injuries
- Tertiary blast injuries
- Quaternary blast injuries

Primary Blast Injuries

- Caused by high-energy explosions that produce a pressure wave
- Pressure wave can cause severe damage without overt signs of trauma
- Pressure wave primarily affects gasfilled structures
 - ❖ Abdominal hemorrhage, perforation
 - ❖ Cerebral concussion
 - ❖ Blast lung: bilateral lung contusion
 - ❖ Tympanic membrane: red flag

FYI see link below for article on blast injuries

Secondary Blast Injuries

- Caused by flying debris
- Penetrating & blunt force injuries to any body parts, e.g. open pneumothorax

See links below to view blast injuries

Tertiary Blast Injuries

- Caused by victims being propelled by wind from explosion
- Most common injuries
 - ❖ Fractures & traumatic amputations
 - ❖ Brain injury: open & closed

Quaternary Blast Injuries

- Injuries not caused by the explosion
 - ❖ Burns
 - ❖ Crush injuries from structure collapse
 - ❖ Exacerbations of asthma & COPD from inhalation of dust
 - ❖ Angina, MI

FYI see link below to download 1 hour course - scroll down to Bombings: Injury Patterns & Care Class Material

Respiratory Care

- Supplemental O₂
- Airway management - difficult airways are likely
- Ventilation for
 - ❖ Pulmonary contusions
 - ❖ Bronchopulmonary fistulae
 - ❖ Massive trauma: acute lung injury
 - ❖ Brain & spinal cord injuries

Summary & Review

- Sources of blast injuries: accidents, natural disasters, terrorism
- Categories of injuries
 - ❖ Primary
 - ❖ Secondary
 - ❖ Tertiary
 - ❖ Quaternary
- Management
 - ❖ Airway management
 - ❖ Ventilation

Natural Disasters

Types of Natural Disasters

- Floods: most common
- Hurricanes: wind, flooding, fires
- Tornadoes: wind
- Wild fires
- Avalanches, landslides, mudslides

FYI see link below for information on disaster death tolls

Types of Natural Disasters

- Heat waves
- Blizzards, extreme cold
- Earthquakes: collapses, explosions
- Tsunamis
- Volcanic eruptions

FYI see links below to view a natural disaster risk map & video of earthquakes

Injuries From Natural Disasters

- Near drowning: flooding
- Suffocation: structural collapse
- Crush injuries: structural collapse
- Blunt trauma: structural collapse, winds
- Penetrating trauma: structural collapse, winds
- Thermal injuries: wildfires, blizzards
- Inhalation injuries: fires, collapses
- Psychological trauma: all disasters

Additional Problems

- Services lost, impaired &/or overwhelmed
 - ❖ Water
 - ❖ Electricity
 - ❖ Sewer
 - ❖ Communications
 - ❖ Fire, EMS, police agencies

Additional Problems

- Transportation problems
 - ❖ Impassable roads
 - ❖ Loss of vehicles
 - ❖ Death, injury, or illness of transport personnel
- Destruction of healthcare facilities
- Impaired sanitation: increased risk for infectious diseases
- Criminal activities, e.g. looting

Mass Casualty Critical Care Demands

Surge Capacity

- **Definition:** Health Care system's ability to expand quickly to meet an increased demand for medical care in the event of a large scale public health emergency (AHRQ definition)
- **The same event can produce different stresses on different institutions, e.g. influx of trauma patients to non-trauma ER**

Surge Considerations

- **Critical care capabilities are essential to limiting mortality in a mass casualty event**
- **Facilities may not be able to divert or evacuate casualties**
- **Assistance from other agencies will take time**

Components of Surge Capacity

- **System**
- **Space**
- **Staff**
- **Stuff**

System

- **Command:** incident command system (ICS) for overall management
- **Control:** control of facility infrastructure, e.g. building access
- **Communication:** internal & external communications
- **Coordination:** coordination of facility response with other facilities & public agencies

Space Considerations

- Critical care beds are premium
- Facility must identify & plan for using alternate spaces to accommodate surge patients
- Facility should train personnel for alternate space utilization

Facility Space Categories

- Conventional space: available for daily operations
- Contingency space: areas in facility that can be used temporarily for patient services
- Crisis space: do not meet usual standards of care, but sufficient for disaster situation

Space Response

- Conventional space
 - ❖ Economize on critical care beds, moving patients to step-down units, general care floors
 - ❖ Cancel elective procedures
 - ❖ Discharge patients, as possible
 - ❖ Add beds to patient rooms - eliminate private rooms

Space Response

- Contingency spaces that can be used for patient care
 - ❖ Recovery rooms
 - ❖ Surgical waiting areas
 - ❖ Procedural areas, e.g. dialysis units

Space Response

- Crisis spaces that can be equipped for patient care
 - ❖ Hallways
 - ❖ Lobbies
 - ❖ Adjacent medical offices
 - ❖ Temporary structures, e.g. tents

Staff Considerations

- Personnel may be unable to travel to facility, because of roads, etc.
- Personnel may be unwilling to report, due to
 - ❖ Illness or injury from event (victims)
 - ❖ Fear of contracting illness
 - ❖ Concerns over care for family, pets
- Critical care personnel need to be enabled to focus on their primary patient care responsibilities

Staff Considerations

- Facility must have plan to mobilize its personnel in response to emergency
- Facility must have plan to use ad hoc staff effectively
- Facility must have mechanism for emergency credentials & privileges for ad hoc staff

Staffing Categories

- Conventional: staff within the facility who are credentialed & privileged at facility
- Contingency: staff within the facility who can assume additional duties or staff imported from other facilities
- Crisis: non-clinical staff assigned to basic patient care

Staffing Response

- Conventional
 - ❖ Departmental managers assume patient care
 - ❖ Surgeons assess, treat ER trauma patients

Staffing Response

- Contingency
 - ❖ Staff within the facility assume additional duties, under supervision
 - ❖ Staff imported from other facilities
 - ❖ Provider extenders, e.g. Project XTREME to cross train
 - Physicians, physician assistants
 - Nurses
 - Physical therapists

FYI see link below for information on Project XTREME

Staffing Response

- Crisis: staff likely to perform beyond their usual scope of practice
 - ❖ Non-critical care physicians assisting in critical care areas
 - ❖ Lay personnel assisting with patient hygiene & monitoring
 - ❖ Housekeeping providing bag-valve ventilation

FYI see link below for information the national stockpile

Staff Considerations

- Hospitals & suppliers avoid surplus of materials
- Medications & supplies stockpiled by CDC for delivery
- Transportation of supplies to facility may be crippled

Stuff Considerations

- Mass casualties will overwhelm critical care equipment & supplies on-hand
 - ❖ Mechanical ventilators
 - ❖ Mechanical ventilation supplies
 - ❖ Oxygen
 - ❖ Oxygen administration supplies
 - ❖ Monitors, e.g. pulse oximeters

Options for Short-Supply Situation

- Prepare (stockpile) before the event
- Substitute equivalent items
- Adapt, using items that are sufficient, though not ideal
- Conserve resources, e.g. oxygen
- Reuse items after disinfection
- Reallocate items or therapy to patient with greater benefit

Stuff

- Conventional supply: maximum supplies for usual facility operations
 - ❖ Critical care equipment & supplies should NEVER be in short-supply
 - ❖ Example: minimal inventory of ventilator circuits → trouble!
 - ❖ The inventory should ALWAYS include an excess of personal protective equipment

Stuff

- Contingency supply: conventional inventory exhausted; response examples
 - ❖ Adapt: pulse oximeters to monitor heart rate
 - ❖ Substitute: transport or anesthesia ventilators for ICU ventilators
 - ❖ Reuse: manual resuscitators

Stuff

- Crisis supply: overwhelming number of critical care patients
 - ❖ Bag-valve ventilation
 - ❖ Accept lower limits, e.g. SpO₂ to conserve oxygen
 - ❖ Reallocate therapeutics → ethical decisions

Respiratory Care Stuff

Oxygen

- Potential sources
 - ❖ Bulk liquid oxygen system
 - ❖ Cylinders
 - ❖ Oxygen concentrators
 - ❖ Mobile liquid oxygen systems

Bulk Liquid Oxygen System

- Failure possibilities
 - ❖ Structural damage: container, pipe system
 - ❖ Impaired delivery of oxygen, e.g. roads, lack of personnel or vehicles
 - ❖ Damage to gas separation plants
 - ❖ Overwhelming demand for oxygen

Oxygen Cylinders

- Mass casualty applications
 - ❖ Small cylinders
 - Transports
 - Temporary therapy
 - Built-in regulator most desirable
 - ❖ Large cylinders
 - Individual long-term therapy
 - Back-pressure feed units
 - Manifolds can create multiple-patient capabilities

See link below to view emergency oxygen manifold

Oxygen Cylinders

- Limitations
 - ❖ Facility storage capacity
 - ❖ Transport difficulties
- Infectious events demand disinfection of cylinders before transport

Oxygen Concentrators

- Mass casualty applications: large oxygen generators
 - ❖ Refill cylinders
 - ❖ Back pressure feed units for capability of 93% O₂ at 50 PSIG

See link below to view Medical Oxygen Generator Skid™

Oxygen Concentrators

- Mass casualty applications: large oxygen generators
 - ❖ Refill cylinders
 - ❖ Back pressure feed units for capability of 93% O₂ at 50 PSIG
- Limitations
 - ❖ Size: storage space
 - ❖ Require electricity
 - ❖ Expense

See link below for information on Oxair oxygen generator

Mobile Liquid Oxygen Systems

- Primarily used to refill aircraft oxygen systems
- Requires less space than cylinders
- Mass casualty application: refill mobile multiple-patient system

See link below to view multiple-patient LOX systems

Oxygen Conservation Methods

- Repair all leaking outlets - this should be an ongoing effort
- Turn flowmeters off when not in use
- Use minimum FiO_2 & liter flows necessary
- Use reservoir cannulae
- Use gas-sparing ventilators
- Use HMEs for humidification
- Target lower SpO_2

Endotracheal Intubation

- Caregivers are at risk for contagions & some chemical injuries
- Emergency intubations should be avoided
- Preparation for intubation is essential
- Patient must be sedated
- Performed in negative-pressure room
- All caregivers wear PPE

Ventilator Sources

- Conventional
 - ❖ On-hand intensive care ventilators
 - ❖ Rental ventilators - availability?
- Contingency situation
 - ❖ Transport ventilators
 - ❖ Borrowed - availability?
 - ❖ NPPV devices - NOT for mass casualties
 - ❖ Anesthesia ventilators
 - ❖ Negative pressure ventilators - no intubation required

Ventilator Sources

- Crisis situation
 - ❖ Pressure-cycled ventilators?
 - ❖ Single patient use ventilators?
 - ❖ Bag-valve ventilators
 - ❖ National stockpile ventilator kits
 - Impact Eagle Uni-Vent
 - Puritan-Bennett LP-10 (discontinued)
 - Carefusion LTV 1200

Mass Casualty Ventilator Requirements

- Approved for adult & pediatric patients
- Capability to operate without 50 PSIG source
- Battery life ≥ 4 hours
- Constant volume delivery
- CMV mode included
- Adjustable PEEP capability (5-15 $\text{cm H}_2\text{O}$)

Mass Casualty Ventilator Requirements

- Separate controls for rate & TV
- Monitors for airway pressure & TV
- Alarms
 - ❖ Circuit disconnect
 - ❖ High & low airway pressure
 - ❖ Loss of electrical power
 - ❖ Loss of high pressure gas source
- Ease of use

FYI see link below for article on mass casualty ventilation

Ventilators

- Intensive care ventilators
- Noninvasive positive pressure ventilators
- Transport ventilators
- Anesthesia ventilators
- Negative pressure cuirass ventilators
- Pressure-cycled, single use
- Bag-valve ventilators
- National stockpile ventilator kits

Ventilators

- Intensive care ventilators
 - ❖ May be too expensive to stock for surge requirements
 - ❖ Requires respiratory therapist to manage
 - ❖ Reserve for sickest patients, e.g. ARDS
 - ❖ Cradle-to-grave devices also may be applied to neonates & small infants

Ventilators

- Non-invasive positive pressure ventilators
 - ❖ Unsuitable for contagious conditions
 - ❖ Unsuitable for ARDS
 - ❖ Requires inordinate staff time

Ventilators

- Transport ventilators
 - ❖ Some have ICU ventilator capabilities
 - ❖ Less expensive than ICU ventilators
 - ❖ Some are oxygen & electrical power economical
 - ❖ Likely choice as ventilator to stock for surge

Ventilators

- Anesthesia ventilators
 - ❖ Some will be needed for emergency surgical procedures
 - ❖ Managed by
 - Anesthesia personnel - availability of time?
 - Respiratory therapists - require orientation to devices

Ventilators

- Negative pressure cuirass ventilators
 - ❖ No intubation required - less risk of infection for caregivers
 - ❖ Some casualties require airways
 - ❖ United Hayek MRTX™ has been tested as an option for application to patients by physicians at the scene
 - ❖ Not available in U.S.A.

FYI see link below for information Hayek MRTX

Ventilators

- Pressure-cycled, single-use ventilators
 - ❖ Non-constant volume delivery
 - ❖ No alarms
 - ❖ Not for unattended patients
 - ❖ Require 50 PSIG source
 - ❖ Use large amounts of gas

Ventilators

- Bag-valve ventilators
 - ❖ Short-term support
 - ❖ Effective ventilation without electrical power
 - ❖ Ventilation can be provided by ancillary staff, volunteers

FYI see link below for article on healthcare & Katrina

Ventilators

- National stockpile ventilator kits
 - ❖ Kit includes ventilators, ventilator supplies, instructional media
 - ❖ Airway management materials contained in 12 hour push packages
 - ❖ Takes hours to days for delivery

Organizational Preparation

- Maintain stocks of devices & supplies
- Plan for mass casualty events
- Rehearse mass casualty scenarios
- Prepare & train ALL personnel for mass casualty events

Individual Preparation

- Gain & maintain familiarity with hospital mass casualty plan
- Familiarize with likely surge equipment & supplies
 - ❖ SNS ventilators
 - ❖ Others acquired for mass casualty events
- Participate in planning, rehearsals & debriefings

Individual Preparation

- Personal preparations
 - ❖ Plan for disposition of family, pets, etc.
 - ❖ Assemble & store personal kit
 - Clothes, underwear
 - Toiletries
 - Medications
 - Eyeglasses, contact lenses

Summary & Review

- Surge capacity components
 - ❖ System
 - ❖ Space
 - ❖ Staff
 - ❖ Stuff
- Conventional, contingency, crisis modes

Summary & Review

- Respiratory care staff
 - ❖ Oxygen resources
 - ❖ Ventilator resources
- Organizational preparations
- Individual preparation

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