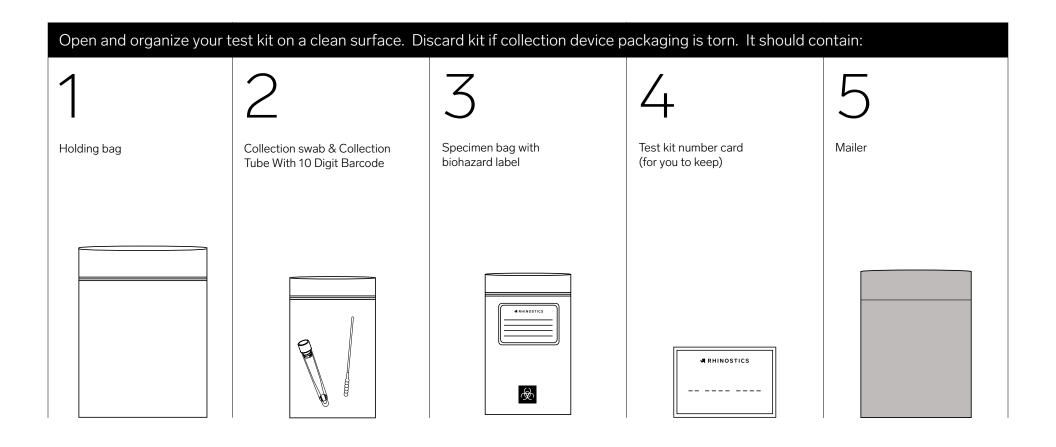
A RHINOSTICS

Information For Use

Rhinostic nasal swab

The Rhinostic Nasal Swab is used to collect a sample for COVID-19 by yourself at home. Your physicians or health care provider has requested you be tested for COVID. Use the Rhinostic Nasal Swab to collect your sample following the instructions below and send the swab in the addressed envelope provided and send your sample to the laboratory for testing. The lab will provide you on information for getting your results.



ARHINOSTICS Instructions for Use

STEP 1 Removal



- **1.** Carefully remove the swab portion for sample collection from the Tyvek package without touching the collection end of the swab.
- **2.** Remove the transport tube from the package so that after collection it is ready for the sample to be placed into the transport tube.

3. Hold the swab portion of the collection device on the shaft and the sample as follows:

- a. Insert the tip of the swab into one (1) nostril until pressure is felt in the nose. The swab should be placed just inside your nostril.
- Rotate the swab around the inside of the nostril three (3) times being sure you are making firm contact with the inside of your nose.
- c. Gently slide the swab up and down against the inside of the nose one time.
- d. Firmly hold the swab against the inside of the nostril for ten (10) seconds.

Repeat



4. Repeat collection steps (a-d) in the second nostril using the same swab.

Take Sample







STEP 4

Package & Seal









- **5.** Remove the cap from the tube but keep the cap safe for recapping. Place collection end of the swab in the tube. Bend the swab so that the tip snaps off, leaving the swab in the collection tube. Discard the shaft of the swab. Replace the cap into the collection device.
- **6.** Make sure cap is completely closed to ensure that the swab does not come out during transport.
- 7. Record the 10 digit identification number found on the side of the collection tube onto the card provided in the kit and retain for your records.
- **8.** Place the collection tube into the ziploc specimen bag and close carefully. Write the date, your name, and 10 digit identification number on the label of the specimen bag, and place it in the shipping envelope provided to mail to the laboratory for testing.
- **9.** The testing laboratory will provide you with instructions on how to receive your test result.