



Wednesday, October 11 at 9 AM  
Northpark Centercourt

### REGISTRATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

City & Zip \_\_\_\_\_

Email \_\_\_\_\_

Cell Number \_\_\_\_\_ Age \_\_\_\_\_

Shirt Size    S            M            L            XL            XXL

In consideration of your acceptance of the race entry, I, for myself, my heirs, and executors, forever release, and/all rights, demands, claims, for damage and causes of suite action known or unknown that I may have against Ridgeland Recreation & Parks, and all participation in said walk, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expenses and that I am physically fit and sufficiently trained to participate in the walk. If I have a heart condition or high blood pressure, I certify that I have my physicians approval to participate in this event, with obligation or signature.

Signature \_\_\_\_\_

T-shirts are guaranteed to the first 150 registrants. Pre-register by mail, postmarked no later than Friday, September 29. Registrations should be mailed to: Ridgeland Recreation & Parks, P.O. Box 217, Ridgeland, MS, 39158 or you may drop your registration form to Ridgeland City Hall (Recreation & Parks Office) or Ridgeland Recreational Center.

GET DRESS UP TO 30% OFF

Ridgeland Senior Adult Programs  
769.235.9579  
neeley.jones@ridgelandms.org