



RESPECT | INSPIRE | SUPPORT | EMPOWER

An Ongoing Workshop on Sexual Trauma for Men

Meets every Tuesday 5:30 - 7 pm

TOPICS INCLUDE: Science of trauma
Managing emotions
Conflict resolution
Healthy relationships

FIRST GROUP | Tuesday, September 5

LOCATION | RISE Office, 51 Zaca Lane #100, San Luis Obispo

This is a closed group facilitated by Jake Yermine and Michael Mazzella, MFT Trainees.
MFT trainee supervision by Theresa A. Mortilla, LMFT #39645, 805-226-5400 ext. 207, tmortilla@RISEslo.org.

Please call Theresa at 805-226-5400 ext. 207 for additional info and to register for the group.

Individual Counseling for Men

Individual counseling is provided in one-on-one, 50-minute sessions, usually weekly, with a focus on healing and finding safety, support, and empowerment.

Male and female therapists are available on request.

Call 805-226-5400 Monday - Friday, 9 am - 5 pm, to get started.

All counseling services are free or by donation.

TOLL-FREE 24-HOUR CRISIS LINE:

Línea telefónica para crisis, gratis y disponible 24 horas al día

855-886-RISE (7473)

RISEslo.org

LOCATIONS | OFICINAS

51 Zaca Lane #100
San Luis Obispo
CA 93401

1030 Vine Street
Paso Robles
CA 93446