



KCare

User Manual

Folding Walking Frame

LIGHTWEIGHT SUPPORT

KCare

Healthcare Solutions

Users **MUST** read and follow the user manual to ensure all instructions are followed and not compromised. It is recommended that this user manual be kept in an easily accessible place for quick reference.

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Folding Walking Frame

KA356

Product Specifications

Description

This lightweight, portable walking frame provides stable support for individuals with limited mobility, including seniors and those recovering from surgery. It features an easy-fold design for convenient transport and storage, adjustable height for comfort, non-slip rubber tips for added safety, and locking mechanisms in both open and folded positions for safe use and secure handling.

Features

- Lightweight aluminium frame
- Adjustable height
- Slip-Resistant Rubber Tips
- Comfortable handle grips
- Easy folding frame
- Folds flat for storage and transportation
- Lock in open and folded positions

Intended Use

This product is designed as a mobility aid to assist an infirm user in walking by providing a means of support in indoor settings.

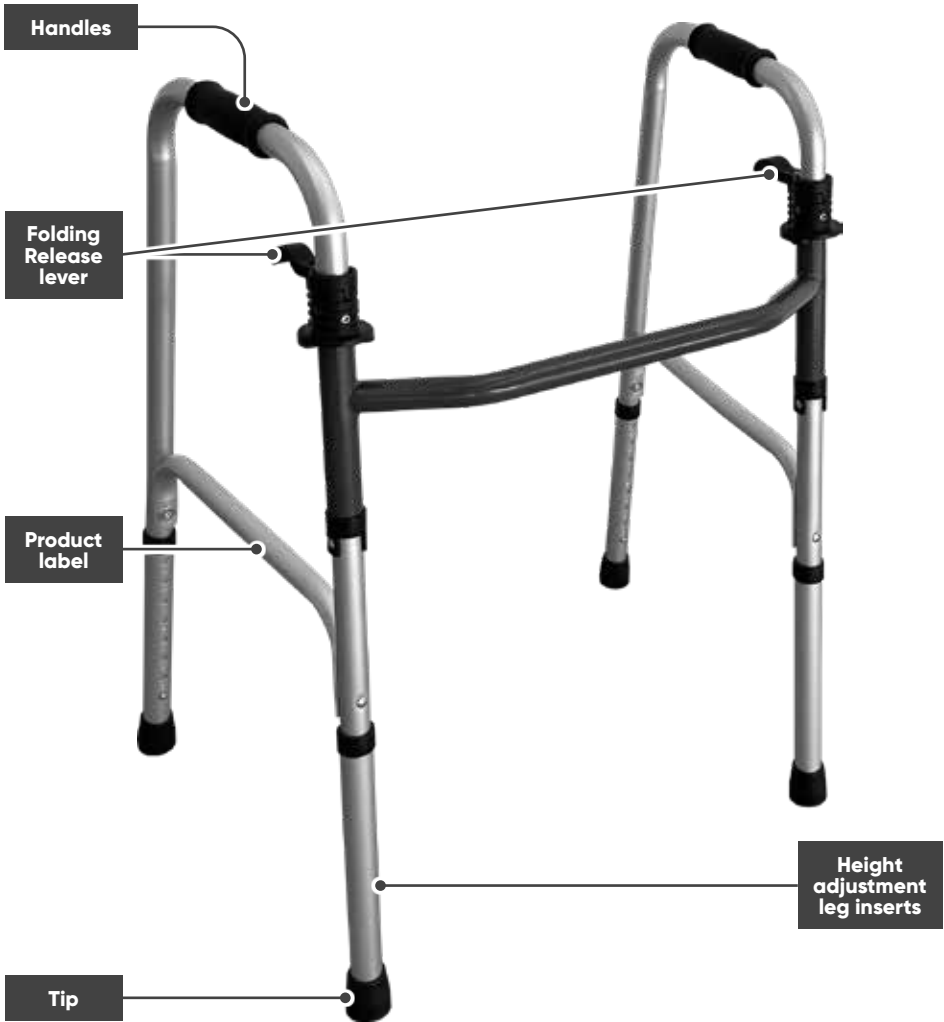
Product Specifications

	KA356
Product net Weight	2.2kg
Minimum Handle height	770mm
Maximum Handle height	945mm
Overall Width	615mm
Overall Depth	470mm
Grip Span (centre of two handles)	490mm
Folded Dimension	H790 x W550 x D100mm
Leg Adjustment	25mm increments
Max User Weight	136kg

Material

Aluminium anodised side frame and leg. Mild steel front cross bar. Rubber tips.

Components



Safety Precautions

Safe Use Environment

- This product has been designed for indoor use ONLY.
- This product is not intended for use in muddy or wet and slippery areas such as pools or in showers.

Safety Warnings

- DO NOT exceed weight capacity.
- DO NOT use this product outdoors.
- DO NOT use this product on uneven surfaces.
- DO NOT use this product on stairs, escalators or moving sidewalks.
- DO NOT hang bags from the handles or any other part of product.
- Ensure the frame is fully open and locked into place before use.
- Ensure that the walking frame is adjusted to the correct height for the user.
- Ensure the push pins on the legs are locked into place.
- Ensure that all four legs are touching the ground.
- Always apply equal pressure to both handles while using the walking frame.
- Surface temperatures can increase when exposed to external sources of heat.

Failure to follow these instructions can lead to serious injury or result in death.
Misuse of the walker may void warranty.

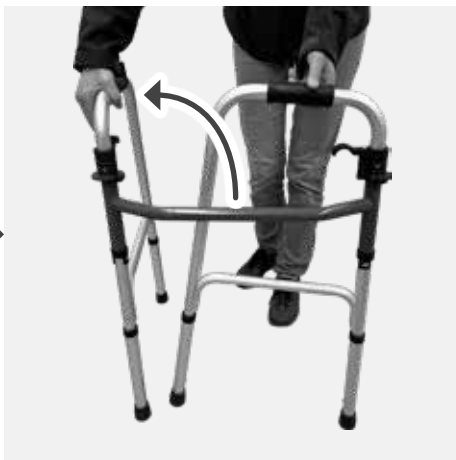
Setup Instructions

The product does not require assembly before use. Carefully remove the walker from the plastic bag and remove all protective pieces. Unfold the walker as instructed below:

1. Stand the walker up and allow it to rest on the foot tips.



2. Squeeze the release lever on one side and open the frame until a click is heard, which means the frame is locked into position. Do the same on the other side. The product requires the side frames to be locked into position prior to use.



- 3. Rest the walker on all four tips.
Ensure they are all touching the floor.

Warning: The side frames must be opened until you hear it click into place.

- 4. Test the side frames by gently pulling them together to determine if it is being held in place as required.



- 5. The walking frame is now ready for use.

Operating Instructions

How to Fold the Walker

1. Squeeze the release lever on one side and close the frame until a click is heard, which means the frame is locked into closed position.



2. Do the same on the other side.



How to Adjust the Height

The walking frame has four legs that can be adjusted to raise or lower the overall height of product.

Follow steps below to adjust the legs:

1. Push in the press pin and slide the leg in or out to reach desired height, then relocate the push pin through the hole to maintain leg position.



2. Repeat this on all four legs.
3. Once all four legs have been adjusted, check to ensure the walking frame is horizontal and the product is stable with all four legs level on the floor.

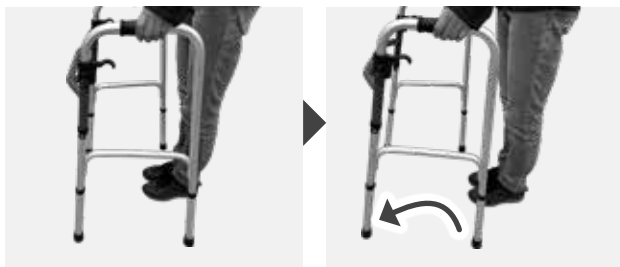


Warning: Check that all safety pins are engaged, failure to do so may result in serious injury.

How to Walk with the Walker

1. Position the Frame

- Stand upright inside the frame. Hands on both handles.
- Lift the walking frame slightly and place it one step length ahead of you.
- Set all four legs of the frame firmly and evenly on the ground before moving.



2. Step Forward

- If you have a weaker or injured leg, step forward with that leg first, placing it inside the frame.
- Bring the stronger leg forward to join the weaker leg inside the frame.



3. Repeat the Process

Once both feet are inside the frame and you're balanced, lift the frame forward again and repeat the steps.

Warning:

- Never step past the front of the frame. Always keep your feet inside the frame before moving it again.
- Always keep both hands on the frame while walking.
- Do not push the frame too far ahead. It should stay within arm's reach.

Maintenance Instructions

Routine Inspections

- Ensure the frame is fully open and locked into place before each use.
- Periodically check push pins on the legs to make sure they are engaged.
- Periodically check rubber tip for damage or cracks. Stop using product if and damages are observed.

Cleaning

- All surfaces may be cleaned with a damp cloth and mild soap.
- DO NOT use harsh chemicals on any of the walker's surfaces.

Servicing and repairs

- If you find that your product needs servicing or repair, please contact your dealer for further instructions.
- K Care recommends a 6-month preventative maintenance service. Please contact your local dealer to arrange a service programme. Always provide the information from the Product Label to your dealer when requesting service or repairs.



Disposal Instruction

Please dispose of thoughtfully according to local government regulations.

Spare Parts

- Foot tips

Tested Against Standards

The product has been tested to:

ISO 11199-1:1999 (R2016) Walking aids manipulated by both arms - Requirements and test methods - Part 1: Walking frames

Warranty Information

Warranty for this product falls within K Care standard warranty services.

Please see www.kcare.com.au for further warranty information. Any modifications made to the walker voids the testing standard and warranty.

Improving your life everyday™

At Your Service

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and general enquiries

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All information is considered to be true and correct at the date of publication. Changes in circumstances after the time of publication may impact on the accuracy of the information.

