



**KCare**

User Manual

**KA376  
Deluxe Seat  
Walker 6 inch**

**COMFORT  
AND STABILITY**

Users **MUST** read and follow the user manual to ensure all instructions are followed and not compromised. It is recommended that this user manual be kept in an easily accessible place for quick reference.

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# Deluxe Seat Walker 6 inch

KA376P

KA376

## Description

The Deluxe Seat Walker 6 inch offers everyday mobility with ease—indoors. With a compact foldable frame, padded seat and backrest, and a handy storage bag, it's ready when you are. Available in two sizes with adjustable handles for a tailored fit.

## Description/ Features

- Lightweight aluminium frame
- Height adjustable handlebars
- Ergonomically designed handle grips
- Easy fold padded backrest
- Easily foldable frame
- Comfortable padded seat
- Bag under seat for storage

## Intended Use

This product is designed as a mobility aid to assist an infirm user in walking by providing a means of support in indoor setting only.

Product Code	KA376P	KA376
<b>Description</b>	<b>Deluxe seat walker 6 inch petite</b>	<b>Deluxe seat walker 6 inch</b>
<b>Product net Weight</b>	6.5kg	6.9kg
<b>Handle Height</b>	683-771mm	778-866mm
<b>Overall Width</b>	600mm	600mm
<b>Overall Length</b>	582mm	620mm
<b>Handle width (centre lines)</b>	476mm	476mm
<b>Seat Size</b>	W345 x D325mm	W345 x D325mm
<b>Seat Height</b>	437mm	534mm
<b>Folded dimension</b>	W600 x D333 x H926mm	W600 x D387 x H1000mm
<b>Castors</b>	6"	6"
<b>Bag load capacity</b>	5kg	5kg
<b>Max User Weight</b>	136kg	136kg

## List of Components



# Safety Precautions

## Safe Use Environment

- This walker has been designed for indoor use only.
- The walker is not intended for use in muddy or wet and slippery areas such as pools or in showers.

## Safety Warnings

- DO NOT exceed weight capacity.
- DO NOT propel while seat is occupied.
- DO NOT use walker as a wheelchair for transportation.
- DO NOT use walker as a cart to move a heavy load.
- DO NOT stand on the seat.
- DO NOT sit on walker on an uneven surface.
- DO NOT use walker on stairs, escalators or moving sidewalks.
- DO NOT sit on walker whilst using public transport, like buses or trains.
- DO NOT use the walker to replace chairs such as dining room or lounge chairs. The seat has been designed as a temporary seating solution only.
- While seated, DO NOT lean forwards, backwards or sideways to reach items. This may change weight distribution and cause walker to tip.
- DO NOT push back on backrest with your whole-body weight while seated; it is not intended to support the weight of an entire user. Backrest must be always attached when walker is in use.
- DO NOT push down on backrest or use backrest to support standing or getting up. The backrest is not designed to bear downward load.
- DO NOT hang bags from the handles or any other part of walker not intended for holding bags.

- DO NOT store while the parking brake is engaged. This may damage the tires over extended periods of time.
- Ensure walker's folding connecting bar is fully open before use.
- Always engage both parking brakes before sitting.
- Always engage both parking brakes when using the walker to assist standing.
- Always engage both brakes at the same time.
- Always apply equal pressure to both handles while using walker.
- Surface temperatures can increase when exposed to external sources of heat.

**Warning:** Failure to follow these instructions can lead to serious injury or result in death. Misuse of the walker may void warranty.

# Assembly Instructions

## Unpack

1. Carefully remove the walker from the plastic bag and remove all protective cardboard pieces.



2. Remove the protective rubber cap.
3. Remove the height adjustment screws from the frame.



## Install handles

1. Cut the plastic ties from the handles.
2. Insert handles into the frame. Ensure the brake cables are not tangled and the handles are facing the correct direction, refer image.



## Unfold the walker

1. Stand the walker up and allow it to rest on the rear wheels.
2. Squeeze the brake handles and push forward so that the walker is resting on all four wheels.
3. Push down on the bottom of the bag until the folding connecting bars are fully engaged.
4. Close the seat pad.



Connecting bars fully open

### Handle adjustment

Adjust handles to your desired user height (refer to “Determine Correct Handle Height” in this manual).

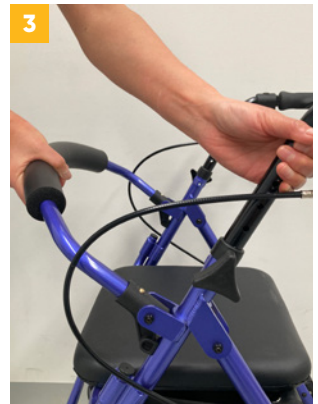
Once you have determined the correct height, insert the height adjustment screw into the receiving hole on the inside of the tube ensuring the head of the bolt fits fully into the recess provided. Hand tighten screw until it is secure.



### Attach backrest

This model is equipped with a flip up back design for quick and easy storage. The backrest never needs to be removed.

1. Insert the backrest into the black plastic swivel holders.
2. Push down on the brass pins and push inwards until the pins fully engage into the holder.
3. Test the backrest by pulling on it to make sure that the pins are fully engaged.



# Operating Instructions

## How to Open the Walker

1. Hold both handles and squeeze the hand brakes.
2. Hold the walker upright and rest it on the rear wheels.
3. Push down on both handles until all four wheels are touching the ground.
4. Push down on the bottom of the bag until the folding connecting bar is fully engaged.
5. Close the seat pad.

**Note:** Refer images in Assembly Instruction.

## How to Fold the Walker

1. Lift the padded seat. Ensure the bag underneath is empty.
2. Pull the handle located at the bottom of the bag upward until the walker is fully collapsed.



### How to Determine Correct Handle Height

Stand inside the rollator with relaxed arms and have the top of the rollator handles in line with the crease of your wrist – this will be the correct height. Your elbows should be slightly bent. Refer to image.



### How to Walk With the Walker

1. Roll your walker slowly forward so that the rear wheels are a few inches ahead of your body.
2. Step forward and place one foot in line with the rear wheels.

Maintaining a steady roll forward, place your other foot in line with the rear wheels. Determine a pace that is comfortable and allows you to place each step in line with the rear wheels.

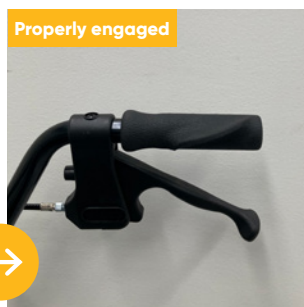


## How to Use Handbrake

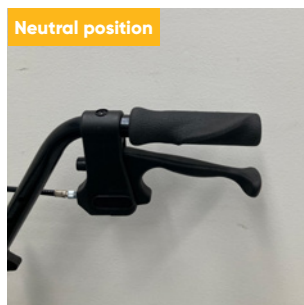
1. To engage the running brakes, pull both brake levers upwards until sufficient braking force is achieved. The brake levers will return to neutral position once hand is released. Always apply equal force to both brakes simultaneously.



2. To engage the parking brakes, push downwards on brake lever until a “click” is heard. The lever will lock into a downward position. The click indicates brake lever is properly engaged.



3. To disengage parking brakes, pull up on brake lever until brake lever “pops” back into a neutral position.



## How to Sit with a Walker

1. Lock the brakes by pushing down on the brake lever until it locks in the downward position.
2. Test the walker before sitting down to ensure that the brakes are engaged, and the walker will not roll.
3. Hold onto both handgrips, not the brake handles. Use the handles to stabilize your body as you turn around.
4. Before sitting, touch the back of your legs to the edge of the seat to ensure proper positioning.
5. Slowly lower your body onto the seat while maintaining constant grip of the handles.

### **Warning: To prevent tipping over when sitting**

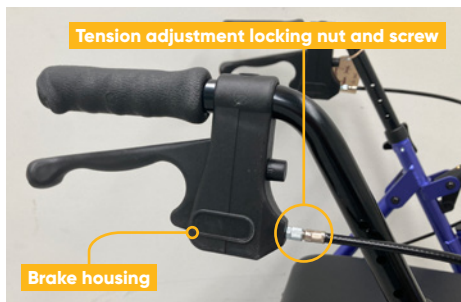
1. Distribute weight evenly on the seat.
2. DO NOT lean on one side of the walker.
3. Both feet should rest flat on the ground.

## How to Adjust Brake Tension

The braking system on your new walker has been pre-set from the factory. Adjust them by doing the following if you still have difficulty with your brakes:

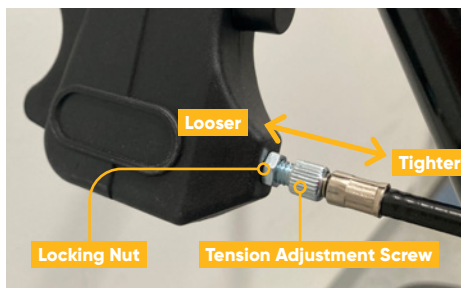
### 1. Hand Brake is too loose

Loosen the tension adjustment locking nut and turn the tension adjustment screw out as image indicated until desired brake tension reached. Turn the locking nut tight against the housing to prevent the screw from loosening.



### 2. Hand Brake is too tight

Loosen the tension adjustment locking nut and turn the tension adjustment screw in as image indicated until desired brake tension reached. Turn the locking nut tight against the housing to prevent the screw from loosening.



# Maintenance Instructions

## Routine Inspections

- Ensure height adjustment screws, castors, or any other moving objects are in good working order before operating.
- Periodically check the handle height adjustment screws to make sure they are secure.
- Periodically check push buttons on backrest to make sure they are engaged.
- Check the brakes are working correctly before each use.

## Cleaning


- All surfaces may be cleaned with a damp cloth and mild soap.
- DO NOT use harsh chemicals on any of the walker's surfaces.

## Servicing and repairs

If you find that your product needs servicing or repair, please contact your dealer for further instructions.

K Care recommends a 6-month preventative maintenance service. Please contact your local dealer to arrange a service programme. Always provide the information from the Product Label to your dealer when requesting service or repairs.

<b>Product Code</b>	
Name/Description	
[ BARCODE ]	
<b>Barcode Number</b>	
Serial No: xxxxxxxx	Max. Width: xxx mm
Manufactured: MM/YYYYY	<b>Designed for indoor use only</b>



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## Disposal Instruction

Please dispose of this walker thoughtfully according to local government regulations.

## Spare Parts

- Handle assembly
- Backrest
- Seat
- Bag
- Castors
- Brake cable

## Tested Against Standards

- Products have been tested to ISO 11199-2:2021 Assistive products for walking manipulated by both arms Part 2: Rollators.

## Warranty Information

Warranty for this product falls within K Care standard warranty services. Please see [www.kcare.com.au](http://www.kcare.com.au) for further warranty information. Any modifications made to the walker voids the testing standard and warranty.



# Improving your life everyday™

## At Your Service

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and general enquiries

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All information is considered to be true and correct at the date of publication. Changes in circumstances after the time of publication may impact on the accuracy of the information.

