



2008 Men's and Women's Cross Country Schedule

Aug. 30	USF Invitational	at San Francisco, Calif.	9:00 a.m.
Sept. 13	Brooks Memphis Twilight Classic	at Memphis, Tenn.	6:10 p.m.
Sept. 27	Sanford Invitational	at Stanford, Calif.	4:00 p.m.
Oct. 10	San Francisco State Invitational	at San Francisco, Calif.	4:00 p.m.
Oct. 18	Santa Clara Bronco Invitational	at Sunnyvale, Calif.	9:00 a.m.
Nov. 1	WAC Championship	at Las Cruces, N.M.	8:00 a.m.
Nov. 15	NCAA West Regional	at Stanford, Calif.	9:00 a.m.
Nov. 24	NCAA Championship	at Terre Haute, Ind.	9:05 a.m.

Table of Contents

Coaching Staff	2
2008 Season Outlook	3
The Spartans	4-14
2007 Results	15-16
Record Book	17
All-WAC Honorees	18-19
City of San Jose	20
San Jose State University	21-22
Administration	23

Men's Roster

Name	Ht.	Wt.	Class	Exp.	Hometown/Last School
David Blausey	6-0	150	SO	1V	Anaheim, Calif./Canyon HS
Antonio Cantu	5-2	116	FR	HS	Visalia, Calif./Mt. Whitney HS
Sean Dundon	6-0	165	SR	3V	San Jose, Calif./Piedmont Hills HS
Cameron Duran	6-0	145	FR	HS	San Jose, Calif./Evergreen Valley HS
Alex Esparza	5-9	125	FR	HS	San Francisco, Calif./St. Ignatius Prep
Luke Galvan	5-9	150	SO	1V	Whittier, Calif./Whittier HS
Jonathan Gragert	5-10	138	JR	2V	San Jose, Calif./Evergreen Valley HS
David Haefele	6-0	148	JR	2V	Orange, Calif./Villa Park HS
Alan Shelton	5-10	150	SO	1V	Murrieta, Calif./Vista Murrieta HS
Gordie Throne	6-3	170	SR	3V	Pleasanton, Calif./Foothill HS
Devin Zimmerman	5-8	130	FR	HS	Chino Hills, Calif./Chino Hills HS

Head Coach: Augie Argabright

Assistant Coaches: Jeff Argabright, Angela Stearns

Women's Roster

Name	Ht.	Class	Exp.	Hometown/Last School
Megan Arias	5-3	FR	HS	Riverside, Calif./Riverside Poly HS
Amanda Carlucci	5-3	SO	1V	Mission Viejo, Calif./Mission Viejo HS
Lauren Dubay	5-6	SO	1V	Fremont, Calif./American HS
Jessica Gonzales	5-0	SO	1V	San Jose, Calif./Evergreen Valley HS
Talia Gragert	5-3	FR	HS	San Jose, Calif./Evergreen Valley HS
Morgan Hancock	5-8	SO	1V	Los Gatos, Calif./Leigh HS
Suzanne Hancock	5-6	JR	2V	Los Gatos, Calif./Leigh HS
Jenna Hicks	5-5	SR	3V	Bakersfield, Calif./Stockdale HS
Kate Lambdin	5-6	FR	HS	South Lake Tahoe, Nev./South Tahoe HS
Brooke Lawrence	5-1	SO	1V	Murphys, Calif./Bret Harte HS
Arley Marquez	5-2	SO	1V	San Jose, Calif./Yerba Buena HS
Sasha Martinez	5-2	FR	HS	San Francisco, Calif./St. Ignatius Prep
Mira Parfitt	5-6	JR	JC	Los Gatos, Calif./Santa Barbara CC
Jessica Ponce	5-2	FR	HS	San Jacinto, Calif./San Jacinto HS
Elizabeth Raymond	5-5	FR	HS	Hayward, Calif./Washington HS
Nisha Richardson	5-5	JR	2V	Anaheim Hills, Calif./Canyon HS
Annaliza Rizo	5-4	JR	2V	Vacaville, Calif./Vacaville HS
Victoria Smith	5-6	FR	HS	Westlake Village, Calif./Westlake HS
Rebecca Ulrich	5-7	SO	1V	Ben Lomond, Calif./San Lorenzo Valley HS
Meaghan Vinton	5-2	SO	1V	Sanger, Calif./Sanger HS
Lisa Worsham	5-10	SO	SQ	Cupertino, Calif./Monta Vista HS

Head Coach: Augie Argabright

Assistant Coaches: Jeff Argabright, Angela Stearns

Quick Facts

UNIVERSITY INFORMATION

School: San Jose State University
Location: San Jose, Calif.
Enrollment: 31,906
Founded: 1857
President: Jon Whitmore
Affiliation: NCAA Division I
Conference: Western Athletic Conference
Nickname: Spartans
Colors: Gold, White & Blue
Director of Athletics: Tom Bowen
Athletics Department Phone: (408) 924-1200

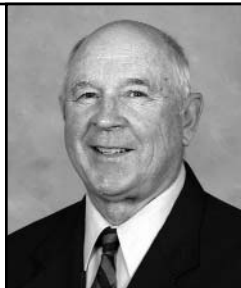
TEAM INFORMATION

Head Coach: Augie Argabright
 (San Jose State, '71), 15th season
Assistant Coaches: Jeff Argabright
 (Long Beach State, '98), 10th season
 Angela Stearns
 (Houston), 11th season
Cross Country Office Phone: (408) 924-1465
2007 Conference Finish: Women - 7th out of 9
 Men - 5th out of 7
Letterwinners Returning/Lost: Women - 11/5
 Men - 7/3

The 2008 San Jose State University cross country media guide is a publication of the school's information office. Photography by Terrell Lloyd, Ben Warden and Jeff Argabright. San Jose State University does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, marital status, pregnancy, age disability, disabled veterans or Vietnam status. This policy applies to all SJSU students, faculty, staff programs and activities. Questions regarding this policy should be directed to the Director of the Office of Equal Employment Opportunity/Affirmative Action, SJSU, San Jose, CA 95192, (408) 924-1115.

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Augie Argabright Head Coach



Augie Argabright embarks on his 15th season as the San Jose State University cross country head coach. The women's head coach since 1994, he added the duties as the men's head coach in 1997 when the program was reinstated.

His student-athletes have earned 14 All-Western Athletic Conference (WAC) honors, 73 Academic All-WAC accolades and two Cross Country Only national championships. In addition, two of his women's teams were honored for academic excellence by the Women's Intercollegiate Cross Country Coaches Association.

During his five-decade professional career, he has coached 12 high school cross country All-Americans, 10 U.S. cross country champions and seven high school state track and field champions.

A pioneer in women's cross country circles, he formed the San Jose Cindergals Amateur Athletic Union (AAU) team in 1967 and was its director and head coach until 1982. The Cindergals were recognized as one of the world's top teams under his direction and won nine AAU national championships.

"Augie is one of those very rarest of coaches who combines science and knowledge, with passion for what he does to help young people better themselves," said Brooks Johnson, former Stanford University and USA national team track and field coach.

Argabright coached five-time U.S. Olympian and 1992 Opening Ceremonies flag bearer Francie Larrieu and two-time U.S. Olympian Cyndy Poor. He was a three-time coach of the U.S. Track and Field team and a two-time coach of the U.S. National cross country team.

The 1971 San Jose State graduate established the cross country and track and field programs at West Valley College in 1977. West Valley won two state championships in cross country and two in track and field. He was named the 1980 California Community College Coach of the Year.

"This is a great place to run if you want to be successful in the classroom and on the course," said Argabright. "With our main schedule in the fall and our lighter schedule in the spring, you can take more classes or harder classes in the spring. If you want to run in college, academics must come first. Then, this is the best place to come."

Argabright and his wife, Kathy, reside in San Jose. They have two grown children, Jeff and Meg.

Jeff Argabright Assistant Coach



Jeff Argabright is in his 10th season as a San Jose State University cross country assistant coach. Argabright primarily works with the men's cross country team and handles the majority of evaluating and recruiting prospective student-athletes for both the men's and women's teams.

The 1998 graduate of California State University Long Beach majored in physical education with an emphasis in secondary education. Argabright was named to the President's Honor List in 1995, and to the Dean's Honor List in 1997 and 1998. As a senior, he was a recipient of a Long Beach State "Athletic Award of Excellence" for exemplary academic and athletic performance. He was a two-time track and field letterwinner for the 49ers as a high jumper. In 2000, he earned his single subject teaching credential at National University in San Jose.

Argabright and his wife, Allison, are the parents of one daughter, Shea Elisabeth, and reside in San Jose.

Angela Stearns Assistant Coach



Angela Stearns is in her 11th season at San Jose State as an assistant cross country coach. She works primarily with the women's team

Stearns attended the University of Houston and competed in cross country during the 1987, 1988 and 1989 seasons. She was the team captain for the 1988 and 1989 Cougar teams. Stearns set a course record for female freshmen at the 1987 Cal Poly Cross Country Invitational. She concluded her college career running her lifetime best time of 4:48 in the mile in the 1991 Penn Relays in Philadelphia.

In addition to coaching the Spartans, she works as a massage therapist and is continuing her college education.

Women's Team

After a seventh place finish at the Western Athletic Conference Cross Country Championship in 2007, the San Jose State University women's team looks to return to the top half of the WAC standings in 2008. The Spartans are led by 14 returners which include senior **Jenna Hicks** and sophomore **Arley Marquez** and a pair of newcomers **Beth Raymond** and **Kate Lambdin**.

"Our goal every year is to finish in the top three in the conference," said head coach **Augie Argabright**. "We are a young team, but the athletes we have returning now know what to expect from the competition at the collegiate level. The returning sophomores, junior and one senior have been very dedicated this summer; in fact they encouraged the 10 freshmen we've recruited to not take it easy over the summer."

Marquez, last season's Newcomer of the Year, scored in each of the six meets in which she ran and led the squad in three. "Arley will be even better than last year because she knows what the competition is like at this level. I expect her to be a top five runner all season," said Argabright.

Senior Jenna Hicks, the captain and last season's Most Improved Runner, recorded her career best finish, 7th place, at the USF Invitational and scored in all six of the meets in which she competed.

"Jenna has improved every year and has proven to be a very strong leader. She stayed in San Jose this summer and trained rather than going home; which showed our other athletes what it takes to be successful at this level," added Argabright.

Raymond, who ran an 11:05 for two miles, is the fastest runner that coach Argabright has ever recruited and Lambdin, from South Lake Tahoe, Nev., finished third at the Nevada 4A cross country championship last year. Both are expected to compete for top-five positions on the team.

Nisha Richardson, who scored four times in 2007, **Lauren Dubay**, who had a top-25 finish at the Santa Clara Open, **Jessica Gonzales** and **Annaliza Rizo** return and should all compete for top five positions according to Argabright.

Other returnees that are expected to contribute include **Amanda Carlucci**, sisters **Morgan** and **Suzanne Hancock**, **Brooke Lawrence**, **Mira Parfitt**, **Meaghan Vinton**, **Lisa Worsham** and **Rebecca Ulrich**.

Rounding out the freshmen class are **Megan Arias**, **Talia Gragert**, **Sasha Martinez**, **Jessica Ponce**, **Alexa Richter**, and **Victoria Smith**.

"I think that we have the makings of a really good team," said Argabright. "We are mostly made up of underclassmen and during the season will grow into a very competitive team."



Senior Jenna Hicks leads the Spartans in 2008.

Men's Team

The San Jose State University men's team is looking to

move into the top half of the WAC standings in 2008.

Assistant coach **Jeff Argabright** has six returning letter winners led by a pair of seniors, **Gordie Throne**, who ran his best time of the year, 26:42, at the WAC Championship and **Sean Dundon**, who had a 13th place finish at the USF Invitational and scored in five meets.

"Gordie is our captain, a senior and the undisputed team leader," stated Argabright. "He leads by example, showing the younger guys how to be a student-athlete and train at the collegiate level."

"Sean is in his last year of eligibility and has worked really hard this summer to make his senior year very successful. He is probably our fastest runner and hopes to reach his goals of being number one on the squad and making the all-conference team."

Expected to compete with Dundon for the top spot on the squad will be **Luke Galvan**, a sophomore, and junior **David Haefele**. Galvan, the Spartans' Newcomer of the Year in 2007, had two top-25 finishes in 2007; 7th at the USF Invitational and 25th at the WAC Championship, while scoring in five of the six meets in which he competed. Haefele also had two top-25 finishes; 22nd in the USF Invitational and 23rd at the WAC Championship.

"As a freshman, Luke got worn down toward the end of last season, but I think that he has the talent to make the all-conference team this year and challenge for the number one spot on the team."

"David was one of our most consistent runners last year. He is also motivated to make the all-conference squad and with his endurance over the longer distances he will definitely be in the top three on our team."

Sophomores **David Blausey** and **Alan Shelton** are a year older and have the experience needed to consistently score for the team.

"The transition from high school to college is difficult," said Argabright. "The guys are nearly doubling their weekly mileage and the races are longer, so it generally takes a year to adjust. I think David and Alan could have big years for us."

The Spartans have four freshmen and all are expected to contribute to the overall success. **Devin Zimmerman** of Chino Hills (Calif.) High School could challenge for a top five spot and score for the team right away. Expected to crack the top seven are former St. Ignatius (San Francisco, Calif.) High School product **Alex Esparza** and Mt. Whitney (Visalia, Calif.) High School's **Antonio Cantu**. Local product **Cameron Duran** (Evergreen High School) should also figure prominently in the Spartans success this season.

"I really like our team," added Argabright. "I think that most people would slot us in fifth place in the WAC this year because we have a very young team. However, if we can avoid the growing pains that a young squad usually goes through, we could sneak up on some people. Our goal every year is to win the conference, but I feel that we can achieve a top-three spot this season and we will see what happens from there."



Senior Sean Dundon is the Spartans top returner in 2008.

MEGAN ARIAS
5-3, FR, HS
Riverside, Calif.
Major - Undeclared



AT SJSU: First season at San Jose State.

HIGH SCHOOL: Lettered in cross country and track (Coaches Ray Saucedo and Alfonso Ibarra) at Riverside Polytechnic High School in Riverside, Calif....Was Ivy League champion in the 800 meters...First-team Ivy League and second-team All-County...Named team captain in each sport.

PERSONAL: Has not declared a major...Megan was born in West Covina, Calif. on December 1, 1989.

DAVID BLAUSEY
6-0, SO, 1V
Anaheim, Calif.
Computer Science Major



AT SJSU: In his second season at San Jose State.

2007: Competed in five meets...Scored for San Jose State at the Stanford Invitational...Top finish was 45th at the USF Invitational...Best 8K time of 27:08.39 came in his final meet at the WAC Championship.



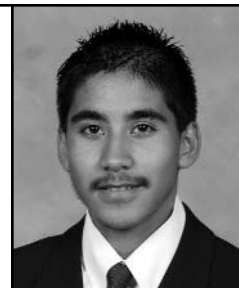
HIGH SCHOOL: Lettered in cross country and track at Canyon High in Anaheim, Calif...Posted a 15:22 for three miles in cross country...Was a first-team All-Century League choice in cross country as a senior...Has bests of 2:03 in the 800m, 4:26 in the 1500m and 9:52 in the 3000m on the track.

PERSONAL: Majoring in computer science...A native of Stockton, Calif., David Blausey was born on June 24, 1984.

CAREER FINISHES

2007		
USF Invitational (8K)	28:41.10	45th
Pepperdine Invitational (8K)	30:06.68	86th
Stanford Invitational (8K)	28:34.00	283rd
Santa Clara Invitational (8K)	28:19.00	142nd
WAC Championship (8K)	27:08.39	50th

ANTONIO CANTU
5-2, FR, HS
Visalia, Calif.
Major - Undeclared



AT SJSU: First season at San Jose State.

HIGH SCHOOL: Lettered in cross country and track (Coach Doug Rudolph) at Mt. Whitney High School in Visalia, Calif....Was named all-league in 2006...Best 5K time was 16:47.

PERSONAL: Has not declared a major...Enjoys playing guitar and hanging out with his friends...Antonio Cantu was born in Visalia, Calif. on September 9, 1990.

AMANDA CARLUCCI
5-3, SO, 1V
Mission Viejo, Calif.
Child Development Major



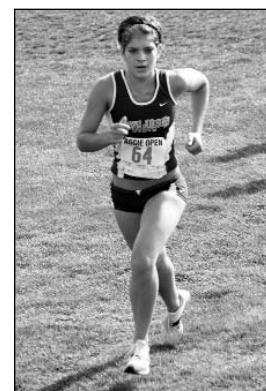
AT SJSU: Second season at San Jose State.

2007: Redshirted the 2007 season.

2006: Competed in four meets during her first season with the Spartans: USF, Aggie, Gator and Bronco Invitationals ...Best individual finish was 13th place at the 6K Gator Invitational...Best 5K time and finish was a 19:30.40 and 32nd place at USF Invitational.

HIGH SCHOOL: Lettered in cross country (Coach Stacy Roberson) all four years and track and field for three years at Mission Viejo High...Two-time All-South Coast League selection.

PERSONAL: Majoring in child development...Wants to become a special education teacher...A native of Santa Ana, Calif., Amanda Carlucci was born on January 5, 1989.



CAREER FINISHES

2006		
USF Invitational (5K)	19:30.40	32nd
Aggie Invitational (5K)	20:12.50	33rd
Gator Invitational (6K)	23:52.00	13th
Bronco Invitational (5K)	19:41.00	86th

LAUREN DUBAY
5-6, SO, 1V
Fremont, Calif.
Art and Design Major



AT SJSU: Second season at San Jose State...2007 academic All-WAC selection.

2007: Competed in five meets...Finished a season best 22nd place at the Santa Clara Open...Best time for 5K was 18:54.44 at the WAC Championship...Scored at the Santa Clara Open.

HIGH SCHOOL: Lettered in cross country, track and soccer at American High in Fremont, Calif...Served as team captain of her cross country and soccer teams...Named Most Valuable Runner in both cross country and track...An all-league cross country and track selection...Has best times of 5:13 in the 1,600 and 11:20 in the 3,200 meters.



PERSONAL: An Art & Design major...Lauren Dubay was born on June 27, 1989 in Fremont, Calif.

CAREER FINISHES

2007		
USF Invitational (5K)	19:39.90	32nd
Pepperdine Invitational (6K)	22:50.56	54th
Notre Dame Invitational (5K)	20:44.00	80th
Santa Clara Open (5K)	22:12.00	22nd
WAC Championship (5K)	18:54.44	48th

SEAN DUNDON
6-0, SR, 3V
San Jose, Calif.
Justice Studies Major



AT SJSU: Fourth season at San Jose State...Has competed in every meet during the past three seasons.

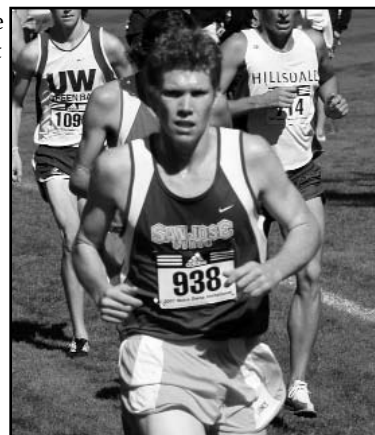
2007: Competed in six meets...Scored for San Jose State in five meets...Had his career best finish, 13th, at the USF Invitational...Established a personal best 8K time of 25:17.27 at the WAC Championship.

2006: Raced and scored in five meets...Top finish was 16th at USF Invitational...Best 8K time of 26:17.00 at Bronco Invitational.

2005: Entered in six meets...Scored in five...Top finish was 34th at the WAC Championship...8K best time was 26:54.53.

HIGH SCHOOL: Lettered in cross country and track at Piedmont Hills High in San Jose...School's 2004 Senior Scholar Athlete...Earned Coach's Award in cross country.

PERSONAL: Majoring in justice studies...Sean Dundon was born in San Jose, Calif., on November 29, 1985.



CAREER FINISHES

2007		
USF Invitational (8K)	26:40.00	13th
Pepperdine Invitational (8K)	26:50.02	48th
Notre Dame Invitational (5 miles)	26:51:00	112th
Santa Clara Invitational (8K)	26:23.00	78th
WAC Championship (8K)	25:17.27	29th
NCAA Regional Championship (10K)	34:49.90	160th
2006		
USF Invitational (8K)	27:25.40	16th
UC Davis Invitational (8K)	27:39.40	36th
Notre Dame Invitational (5 miles)	26:51.00	132nd
Bronco Invitational (8K)	26:17.00	49th
NCAA Regional Championships (10K)	34:27.19	140th
2005		
USF Invitational (8K)	29:17.10	58th
UC Davis Invitational (8K)	29:20.00	65th
Stanford Invitational (4K)	13:39.00	58th
UC Riverside Invitational (8K)	29:21.90	91st
Santa Clara Invitational (8K)	26:54.53	35th
WAC Championship (8K)	28:23.30	34th



CAMERON DURAN
6-0, FR, HS
San Jose, Calif.
Electrical Engineering
Major



AT SJSU: First season at San Jose State.

HIGH SCHOOL: Lettered in cross country and track (Coach Jonathon Hubbs) at Evergreen Valley High School in San Jose, Calif....Was team MVP his senior year...Three-time Athlete of the Year.

PERSONAL: Majoring in electrical engineering...Cameron Duran was born in Redwood City, Calif. on October 19, 1990.

ALEX ESPARZA
5-9, FR, HS
San Francisco, Calif.
Mechanical Engineering
Major



AT SJSU: First season at San Jose State.

HIGH SCHOOL: Earned three letters in cross country and two in track (Coach Chad Evans) at St. Ignatius Prep in San Francisco, Calif....Was named an All-West Catholic Athletic League cross country performer as a junior.

PERSONAL: Majoring in mechanical engineering...Enjoys playing guitar...A native of San Francisco, Calif., Alex Esparza was born on September 24, 1990.

LUKE GALVAN
5-9, SO, 1V
Whittier, Calif.
Marketing Major



AT SJSU: Second season at San Jose State...Was honored as the 2007 San Jose State cross country Newcomer of the Year.

2007: Competed in six meets...Placed seventh in his first race, the USF Invitational...Led San Jose State at the USF Invitational, and scored in five of the six meets in which he competed...Best 8K time was 25:09.74 at the WAC Championship.

HIGH SCHOOL: Lettered in cross country (Coach Dan Whittington) and track at Whitter (Calif.) High...Two-time all-league selection in each sport...Was the 2007 Del Rio League champion in the 800 meters...Team Most Valuable Player in cross country his senior season...Posted best times of 1:58.1 in the 800 and 4:26 in the mile on the track...Ran a 15:29 in cross country.



PERSONAL: Majoring in marketing...Enjoys wakeboarding and snowboarding...A native of Whittier, Calif., Luke Galvan was born on September 18, 1989.

CAREER FINISHES

2007		
USF Invitational (8K)	26:28.30	7th
Pepperdine Invitational (8K)	26:57.60	50th
Notre Dame Invitational (5 miles)	27:14.00	135th
Santa Clara Invitational (8K)	26:21.00	76th
WAC Championship (8K)	25:09.74	25th
NCAA Regional Championship (10K)	34:56.35	164th

JESSICA GONZALES
5-0, SO, 1V
San Jose, Calif.
Major - Undeclared



AT SJSU: Second season at San Jose State.

2007: Raced in five meets...Finished a season best 26th at the USF Invitational...Best 5K time was 19:09.00 at the Santa Clara Invitational.

HIGH SCHOOL: Lettered in cross country (Coaches Jonathan Hubbs and Michelle Sunseri) and track at Evergreen Valley High in San Jose...Set school records for 1600 meters at 5:13 and 3200 at 11:31...Third at the 2006 CCS Championships with a 19:01...Placed 62nd at the 2006 state meet in cross country...Top-five's in the 2005 and 2006 league cross country championships.

PERSONAL: Has not declared a major...a native of San Jose, Calif., Jessica Gonzales was born on December 13, 1988.

CAREER FINISHES

2007		
USF Invitational (5K)	19:29.80	26th
Pepperdine Invitational (6K)	22:30.40	45th
Notre Dame Invitational (5K)	19:22.00	101st
Santa Clara Invitational (5K)	19:09.00	84th
WAC Championship (5K)	19:22.97	53rd

JONATHAN GRAGERT
5-10, JR, 2V
San Jose, Calif.
Kinesiology Major



AT SJSU: Third season at San Jose State.

2007: Raced in five meets...Scored for San Jose State at the Pepperdine Invitational...Best 8K time was 26:20.28 at the Pepperdine Invitational, where he finished in a season best 37th place.

2006: Competed in six meets and scored for San Jose State in all six...Led San Jose State at the USF Invitational and the Aggie Invitational...Best individual finish was 11th place at USF Invitational...Top 8K time was 26:05.00 at Bronco Invitational.



HIGH SCHOOL: Lettered in cross country (Coaches Frank Slaton and Jonathan Hubbs) and track at Evergreen Valley High...Best times were 4:30 at one mile, 9:40 in the 3,200 at the Central Coast Section Championships and 15:47 in the 5K.

PERSONAL: Majoring in kinesiology...Enjoys fixing cars with his dad...His younger sister, Talia, is a freshman on the San Jose State women's cross country squad...Jonathan Gragert was born in San Jose, Calif., on November 18, 1988.

CAREER FINISHES

2007		
USF Invitational (8K)	29:07.70	49th
Pepperdine Invitational (8K)	26:20.28	37th
Notre Dame Invitational (5 miles)	28:31.00	183rd
Santa Clara Invitational (8K)	26:56.00	103rd
WAC Championship 26:23.92 (8K)	26:23.92	43rd
2006		
USF Invitational (8K)	27:00.30	11th
Aggie Invitational (8K)	26:56.10	22nd
Notre Dame Invitational (5 miles)	26:56.10	147th
Bronco Invitational (8K)	26:05.00	41st
WAC Championship (8K)	26:59.00	30th
NCAA Regional Championships (10K)	35:25.79	156th

TALIA GRAGERT
5-3, FR, HS
San Jose, Calif.
Kinesiology Major

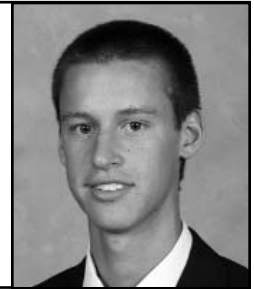


AT SJSU: First season at San Jose State.

HIGH SCHOOL: Lettered four years in cross country and three years in track (Coaches Frank Slaton and Jonathan Hubbs) at Evergreen Valley High School in San Jose, Calif...cross country PR of 22:27.00 at Woodward Park in Fresno, Calif.

PERSONAL: Majoring in kinesiology...Wants to be a physical therapist upon graduation...Older brother, Jonathan, is a junior on the SJSU men's cross country team...A native of San Jose, Calif., Talia Gragert was born on May 29, 1990.

DAVID HAEFELE
6-0, JR, 2V
Orange, Calif.
English Major



AT SJSU: Third season at San Jose State.

2007: Ran in six meets...Scored for San Jose State in four meets...Established a personal best 8K time of 25:03.39 at the WAC Championship...Also had his best individual finish at the WAC Championship placing 22nd.

2006: Competed in all six meets...Scored for San Jose State in five meets...Best individual finish was 15th place at USF Invitational...Best 8K time was 26:17.00 at Bronco Invitational.

HIGH SCHOOL: Lettered in track and cross country (Coach David White) at Villa Park (Calif.) High School...Two-time All-Century League pick in cross country...Best times were 4:32 at one mile, 9:50 at two miles, and 15:42 at three miles.



PERSONAL: Majoring in English...Enjoys skateboarding, snowboarding and skinboarding...A native of Orange, Calif., David Haeefele was born on July 9, 1988.

CAREER FINISHES

2007		
USF Invitational (8K)	27:06.40	22nd
Pepperdine Invitational (8K)	26:31.18	40th
Notre Dame Invitational (5 miles)	29:57.00	205th
Santa Clara Invitational (8K)	26:27.00	81st
WAC Championship (8K)	25:03.39	23rd
NCAA Regional Championship (10K)	34:37.65	156th
2006		
USF Invitational (8K)	27:22.40	15th
Aggie Invitational (8K)	27:09.60	25th
Notre Dame Invitational (5 miles)	26:40.00	108th
Bronco Invitational (8K)	26:17.00	45th
WAC Championship (8K)	27:52.00	37th
NCAA Regional Championships (10K)	35:18.39	155th

MORGAN HANCOCK
5-8, SO, 1V
Los Gatos, Calif.
Business Marketing
Major



AT SJSU: Second season at San Jose State...2007 academic All-WAC selection.

2007: Competed in four meets... best finish was 37th place at the Santa Clara Open...Best 5K finish was 21:13.40 set at the season opening USF Invitational.

HIGH SCHOOL: Lettered in cross country (Coach Mike White), track and soccer at Leigh High School...Posted best times of 5:35 in the mile and 12:21 for two miles on the track...First-team all-league selection in soccer her senior season.

PERSONAL: Majoring in business marketing...Younger sister of San Jose State cross country runner Suzanne Hancock...Older brother, Ben Hancock, was a member of the Cal Poly soccer team...A native of San Jose, Calif., Morgan Hancock was born on November 22, 1989.



CAREER FINISHES

2007		
USF Invitational (5K)	21:13.40	55th
Pepperdine Invitational (6K)	24:58.81	94th
Stanford Invitational (4K)	17:05.00	63rd
Santa Clara Open (5K)	21:29.00	37th

SUZANNE HANCOCK
5-6, JR, 2V
Los Gatos, Calif.
Business Accounting
Major



AT SJSU: In her third season at San Jose State...2006 & 2007 Academic All-WAC selection.

2007: Ran in four meets ...Best finish was a 40th place at the Santa Clara Open...Best 5K time of 20:50.20 occurred at the USF Invitational...Finished with a career best time of 17:33.00 in the 4K at the Stanford Invitational.

2006: Competed in five meets during freshman season: USF, Aggie, Stanford, Gator and Bronco Invitionals...Scored for San Jose State at the Stanford Invitational...Best individual finish was 30th place (21:55.00) at Stanford Invitational...Best 5K time was 19:55.80 at Bronco Invitational.



HIGH SCHOOL: Lettered in cross country (Coach Mike White) her four years at Leigh High School...All-league first team cross country...Lettered in softball one year...2004 first team all-league softball...2003 second team all-league softball.

PERSONAL: Majoring in business accounting...Younger sister, Morgan Hancock, is a sophomore on the 2008 San Jose State women's cross country team...A native of San Jose, Calif., Suzanne Hancock was born on January 12, 1988.

CAREER FINISHES

2007		
USF Invitational (5K)	20:50.20	50th
Pepperdine Invitational (6K)	25:05.87	96th
Stanford Invitational (4K)	17:33.00	74th
Santa Clara Open (5K)	21:37.00	40th
2006		
USF Invitational (5K)	20:02.40	43rd
Aggie Invitational (5K)	20:27.10	40th
Stanford Invitational (5K)	21:55.00	30th
Gator Invitational (6K)	25:13.00	48th
Bronco Invitational (5K)	19:55.80	96th

JENNA HICKS
5-5, SR, 3V
Bakersfield, Calif.
Nursing Major



AT SJSU: Fourth season at San Jose State...Two-time Academic All-WAC selection and San Jose State Scholar-Athlete...One career top-20 finish at the major college level.

2007: Ran in six meets and scored for San Jose State in each ...Placed a career high seventh at the USF Invitational... Established a career best 5K time of 18:18.04 at the WAC Championship...Completed the Pepperdine Invitational 6K in a career best time of 21:50.21.

2006: Competed in five regular-season meets, the WAC Championship and NCAA Regional Championships...Scored in two meets for San Jose State...Led San Jose State at the Stanford Invitational...Best time was at USF Invitational with 19:23.50...Also ran 19:23.60 at Bronco Invitational...Best finish (12th) of year came at Stanford Invitational with a 19:53.00.

2005: Competed in four meets...Scored for San Jose State at the Stanford Invitational...5K times ranged from 19:39.81 to 20:42...Best finish was 42nd at the Stanford Invitational.



HIGH SCHOOL: Lettered in cross country (Coach Bree Tape), track (Coach Dave Lonsinger) and soccer at Stockdale High in Bakersfield, Calif...All-Southwest Yosemite League pick in cross country and an honorable mention all-league selection in track ...best times were 18:53 at three miles, 11:53 at two miles and 5:30 at one mile.

PERSONAL: Majoring in nursing...Would like to be a nurse practitioner...Enjoys cooking, reading and shopping...Jenna Hicks was born December 22, 1986, in Bakersfield, Calif.

CAREER FINISHES

2007		
USF Invitational (5K)	18:39.60	7th
Pepperdine Invitational (6K)	21:50.21	29th
Notre Dame Invitational (5K)	19:06.00	78th
Santa Clara Invitational (5K)	18:33.00	55th

WAC Championship (5K)	18:18.04	34th
NCAA Regional (6K)	23:03.00	146th

2006

USF Invitational (5K)	19:23.50	43rd
Aggie Invitational (5K)	20:30.80	41st
Stanford Invitational (5K)	19:53.00	12th
Gator Invitational (6K)	24:29.00	32nd
Bronco Invitational (5K)	19:23.60	76th
WAC Championship (5K)	19:36.60	43rd
NCAA Regional Championships (6K)	25:21.80	172nd

2005

USF Invitational (5K)	20:09.20	54th
UC Davis Invitational (5K)	20:34.90	52nd
Stanford Invitational (5K)	20:42.00	42nd
Santa Clara Invitational (5K)	19:39.81	46th

KATE LAMBDIN
5-6, FR, HS
South Lake Tahoe, Nev.
Major - Undeclared



AT SJSU: First season at San Jose State.

HIGH SCHOOL: Lettered four years in cross country and track (Coach Dan Wilvers) at South Tahoe (Nev.) High School...Earned cross country First Team All-Region honors four times and All-State honors three times...Named South Tahoe HS Athlete of the Year...won the 2008 3200 meter Nevada Regional Championship ...A three year nordic skiing letter winner.

PERSONAL: Has not declared a major...Enjoys dancing, skiing and cycling...A native of Delano, Calif., Kate Lambdin was born on April 12, 1990.

BROOKE LAWRENCE
5-1, SO, 1V
Murphys, Calif.
Business Major



AT SJSU: In her second season at San Jose State...2007 academic All-WAC selection.

2007: Competed in four meets as a freshman...Scored for San Jose State at the Stanford Invitational...Best individual finish was 27th place at the Santa Clara Open...Fastest 5K time, 20:32.00, came at the USF Invitational.

HIGH SCHOOL: Lettered in cross country (Coach Keith Maurer) and track at Bret Harte High in Angels Camp, Calif...Two-time all-league selection in cross country...20th at the 2006 California Interscholastic Federation Division IV Cross Country Championships with a 19:24 clocking helping her team finish third...18th at the 2004 California Interscholastic Federation Division IV Cross Country Championships ...Received all-league honors in track four times.



PERSONAL: Majoring in business...Was the student body vice-president her senior year...Also participated on the yearbook staff and on the cheer squad...Enjoys reading...Brooke Lawrence was born on June 12, 1989, in South Lake Tahoe, Nev.

CAREER FINISHES

2007		
USF Invitational (5K)	20:32.00	43rd
Pepperdine Invitational (6K)	23:50.69	78th
Stanford Invitational (4K)	16:36.00	54th
Santa Clara Open (5K)	20:37.00	27th

ARELY MARQUEZ
5-2, SO, 1V
San Jose, Calif.
Mathematics Major



AT SJSU: Second season at San Jose State... 2007 academic All-WAC selection...Named women's cross country Newcomer of the Year in 2007.

2007: Competed in six meets...Led San Jose State in three meets (Notre Dame Invitational, Santa Clara Invitational and WAC Championship), and scored in all six meets in which she competed...Had her best finish, 15th place, at the USF Invitational ...Clocked her fastest 5K at the WAC Championship, finishing with a time of 18:01.71 and 27th place.



HIGH SCHOOL: Lettered in cross country (Coach Richard Ponce), track and soccer at Yerba

Buena High in San Jose, Calif...Was her team's Most Valuable Player in cross country and track her freshman through senior seasons...Named her team's Most Improved Player in soccer her senior season...Finished second at the 2006 Blossom Valley Athletic League cross country championships...Second in the 1600 meters at the 2007 Central Coast Section Championships with a lifetime best of 5:04.72 ...Competed at the 2007 state track and field championship meet in the 1600 meters...Also has a best time of 11:12 in the 3200 meters.

PERSONAL: Majoring in mathematics...Would like to become a teacher...A native of Sinaloa, Mexico, Arelly Marquez was born on July 3, 1988.

CAREER FINISHES

2007		
USF Invitational (5K)	18:58.20	15th
Pepperdine Invitational (6K)	21:37.83	23rd
Notre Dame Invitational (5K)	18:30.00	25th
Santa Clara Invitational (5K)	18:11.00	32nd
WAC Championship (5K)	18:01.71	27th
NCAA Regional (6K)	22:40.60	122nd

SASHA MARTINEZ
5-2, FR, HS
San Francisco, Calif.
Political Science Major



AT SJSU: First season at San Jose State.

HIGH SCHOOL: Lettered four years each in cross country and track (Coaches Elizabeth Regalia, Kate Couch and Jerilynn Caskey) at St. Ignatius Prep in San Francisco...Best 5K time was 20:37.00.

PERSONAL: Majoring in political science...Plans to pursue a career as an attorney...a native of Chicago, Ill., Sasha Martinez was born on April 7, 1990.

MIRA PARFITT
5-3, JR, JC
Los Gatos, Calif.
Health Science Major



AT SJSU: First season at San Jose State.

SANTA BARBARA CITY COLLEGE: Ran track (Coach Keith Kephart) at Santa Barbara (Calif.) City College... achieved a PR of 6:04.00 for 1500 meters.

HIGH SCHOOL: Lettered three years in track (Coach Brandon Vance) at Los Gatos (Calif.) High School.

PERSONAL: Majoring in health science...Plans to pursue a career in nursing and join Doctors Without Borders after graduation...A native of Los Gatos, Calif., Mira Parfitt was born on October 16, 1990.

JESSICA PONCE
5-2, FR, HS
San Jacinto, Calif.
Kinesiology Major



AT SJSU: First season at San Jose State.

HIGH SCHOOL: A four year letter winner in cross country and track (Coach Ryan Chatfield) at San Jacinto (Calif.) High School ...Was a Mountain Pass All-League honoree her senior year.

PERSONAL: Majoring in kinesiology...Intends to pursue a career as a doctor of sports medicine...Enjoys movies and dancing...A native of Los Angeles, Calif., Jessica Ponce was born on June 24, 1990.

ELIZABETH RAYMOND
5-5, FR, HS
Hayward, Calif.
Kinesiology Major



AT SJSU: First season at San Jose State.

HIGH SCHOOL: Lettered all four years in cross country and track (Coach Robert Raymond) at Washington High School in Fremont, Calif...Four time recipient of All-Mission Valley Athletic League honors...Earned All-NCS first team honors in 2007 and All-NCS third team in 2006.

PERSONAL: Majoring in kinesiology...Wants to be a physical therapist after graduation...A native of Fremont, Calif., Elizabeth Raymond was born on October 25, 1990.

NISHA RICHARDSON
5-5, JR, 2V
Anaheim Hills, Calif.
Business Marketing
Major

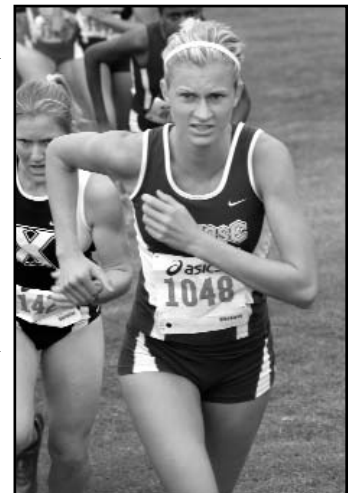


AT SJSU: In her third season at San Jose State...2006 and 2007 Academic All-WAC honoree...Three top-20 finishes at the major college level.

2007: Competed in six meets...Scored for San Jose State in four meets...Had career best times in the 5K (18:23.44), at the WAC Championship and 6K (22:02.14), at the Pepperdine Invitational...Finished 19th at the USF Invitational (19:05.60), which marked her best finish of the season.

2006: Competed in five regular season meets and WAC Championship...Scored in three meets for San Jose State...Led San Jose State at the Gator Invitational...Best individual finish was eighth at the 6K Gator Invitational...Best 5K time was 18:46.60 at USF Invitational (13th place)...Finished 46th at WAC Championship with 19:43.80.

HIGH SCHOOL: Lettered in cross country (Coach Patrick Bendzick) and track and field all four years at Canyon High...Three-time All-Century League cross country selection...All-Century League pick in track and field...Posted best times of 5:01 in the 1600 meters at the 2006 C.I.F. Championships and 11:16 in the 3200 meters at the Orange County Championships.



PERSONAL: Majoring in business marketing...Nisha Richardson was born in Maryland on March 3, 1988.

CAREER FINISHES

Year	Event	Time	Rank
2007	USF Invitational (5K)	19:05.60	19th
	Pepperdine Invitational (6K)	22:02.14	37th
	Notre Dame Invitational (5K)	19:32.00	113th
	Santa Clara Invitational (5K)	19:01.00	76th
	WAC Championship (5K)	18:23.44	37th
	NCAA Regional (6K)	24:12.75	185th
2006	USF Invitational (5K)	18:46.60	13th
	Aggie Invitational (5K)	19:19.90	20th
	Notre Dame Invitational (5K)	19:52.00	113th
	Gator Invitational (6K)	23:46.00	8th
	Bronco Invitational (5K)	19:05.00	64th

ALEXA RICHTER
5-8, FR, HS
Riverside, Calif.
Kinesiology Major



AT SJSU: First season at San Jose State.

HIGH SCHOOL: Lettered two years in cross country and three years in track (Coaches Alfonzo Ibara & Ray Saucedo) at Poly High School in Riverside, Calif....Was a cross country All-League honoree in 2007.

PERSONAL: Majoring in kinesiology...Would like to pursue a career as a physical therapist after graduation...A native of Riverside, Calif., Alexa Richter was born on October 3, 1990.

ANNALIZA RIZO
5-4, JR, 2V
Vacaville, Calif.
Biology Major



AT SJSU: In her third season at San Jose State...four top-20 finishes as a Spartan.

2007: Competed in six meets including the WAC Championship and NCAA Regional Championship...Had her career best finish, 4th place, and her best time (19:02.00) at the Santa Clara Invitational...Recorded her career best 6K time (23:37.00) at the NCAA Regionals.

2006: Competed in five regular season meets, the WAC Championship and NCAA Regional Championship...Has three top-20 finishes...Best time of the year was at USF Invitational with 19:02.70 (20th place)...Best finish (13th) of the year came at the 6K Gator Invitational with a 23:52.00.

HIGH SCHOOL: Lettered four years in track and field and three years in cross country (Coach Raymond Hausler) at Vacaville (Calif.) High School...Three-time All-Monticello Empire



League selection in cross country...Two-time all-state selection in cross country...Was clocked in 10:27 in the 3,000 meters at the 2006 Stanford Invitational.

PERSONAL: Majoring in biology...A native of Sacramento, Calif., Annaliza Rizo was born on March 21, 1988.

CAREER FINISHES

2007		
USF Invitational(5K)	19:25.50	24th
Pepperdine Invitational(6K)	23:49.73	76th
Stanford Invitational (4K)	16:07.00	39th
Santa Clara Open (5K)	19:02.00	4th
WAC Championship (5K)	19:06.20	50th
NCAA Regional Championships (6K)	23:37.00	171th
2006		
USF Invitational (5K)	19:02.70	20th
Aggie Invitational (5K)	19:19.70	19th
Notre Dame Invitational (5K)	19:52.00	114th
Gator Invitational (6K)	23:52.00	13th
Bronco Invitational (5K)	19:36.20	81st
WAC Championship (5K)	19:35.40	41st
NCAA Regional Championships (6K)	25:15.62	169th

ALAN SHELTON
5-10, SO, 1V
Murrieta, Calif.
Computer Science Major

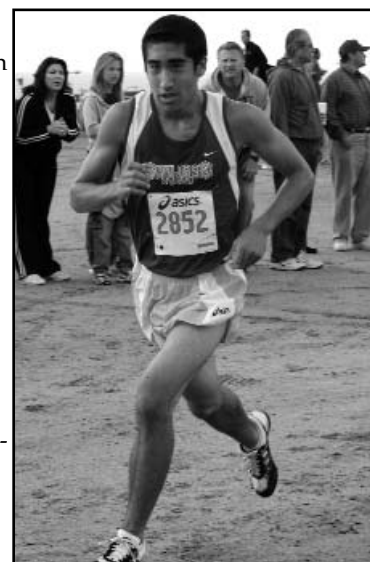


AT SJSU: Second season at San Jose State...2007 Academic All-WAC honoree

2007: Ran in three meets...Led San Jose State at the Stanford Invitational (27:30.00)...Ran a personal best 8K time of 27:01.44 at the Pepperdine Invitational...Placed a season best 37th at the USF Invitational.

HIGH SCHOOL: Lettered in cross country and track (Coach Karen Candaele) at Vista Murrieta High in Murrieta, Calif...Finished eighth at the 2006 C.I.F. Southern Section Division I Prelims...All-Southwestern League first-team selection in cross country... Second-team all-league pick in track...Best times were 4:29 in the mile, and 9:53 for two miles on the track.

PERSONAL: Majoring in computer science...A native of Walnut Creek, Calif., Alan Shelton was born on February 7, 1989.



CAREER FINISHES

2007		
USF Invitational (8K)	28:08.40	37th
Pepperdine Invitational (8K)	27:01.44	53rd
Stanford Invitational (8K)	27:30.00	242nd

VICTORIA SMITH
5-6, FR, HS
Westlake Village, Calif.
Nursing Major

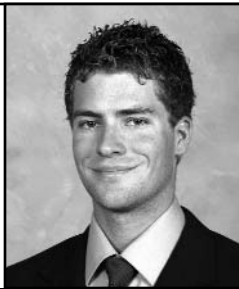


AT SJSU: First season at San Jose State.

HIGH SCHOOL: Lettered in cross country and track (Coach Joe Snyder) at Westlake High School in Westlake Village, Calif...Named a cross country All-League performer four times and an All-State honoree twice.

PERSONAL: Majoring in nursing...Enjoys horseback riding...A native of Westlake Village, Calif., Victoria Smith was born on June 19, 1990.

GORDIE THRONE
6-3, SR, 3V
Pleasanton, Calif.
Art and Design Major



AT SJSU: Fourth season at San Jose State...2008 men's team captain...Represents the team on the San Jose State Student-Athlete Advisory Council.

2007: Ran in five meets...Scored for San Jose State at the Stanford Invitational...Had career best 8K time of 26:42.36 at the WAC Championship...Top finish came at the USF Invitational where he placed 27th.

2006: Competed in four regular-season meets and the WAC Championship...Scored for San Jose State in two meets...Best finish was 34th place for 4K at the Stanford Invitational...Best 8K finish was 41st at WAC Championship...Best 8K time was



26:56.00 at Bronco Invitational...8K times ranged from 26:56.00 to 29:25.10.

2005: Competed in all six of the team's meets...Scored for San Jose State in five meets...Best finishes were 41st at the Santa Clara Invitational and the WAC Championship...8K times ranged from 27:38.29 to 29:32.84.

HIGH SCHOOL: Lettered in cross country (Coach Mike Spencer), track and baseball at Foothill High School in Pleasanton, Calif...2004 first-team all-league cross country pick.

PERSONAL: Majoring in art and design...Would like to be an architect after graduation...Likes to watch college football with his dad...a native of Santa Maria, Calif., Gordie Throne was born on March 20, 1987.

CAREER FINISHES

2007		
USF Invitational (8K)	27:24.70	27th
Pepperdine Invitational (8K)	27:42.51	70th
Stanford Invitational (8K)	28:34.00	282nd
Santa Clara Invitational (8K)	28:09.00	139th
WAC Championship (8K)	26:42.36	49th

2006		
Aggie Invitational (8K)	29:25.10	56th
Stanford Invitational (4K)	13:47.00	34th
Gator Invitational (8K)	27:39.00	42nd
Bronco Invitational (8K)	26:56.00	54th
WAC Championship (8K)	28:03.00	41st

2005		
USF Invitational (8K)	27:57.00	48th
UC Davis Invitational (8K)	28:48.90	58th
Stanford Invitational (4K)	14:04.00	67th
UC Riverside Invitational (8K)	29:14.60	90th
Santa Clara Invitational (8K)	27:38.29	41st
WAC Championship (8K)	29:32.84	41st

REBECCA ULRICH
5-7, SO, 1V
Ben Lomond, Calif.
Nursing Major



AT SJSU: Third season at San Jose State...2007 Academic All-WAC honoree.

2007: Competed in three meets...Had her best 5K time of 22:57.00 at the Santa Clara Open and placed 50th.

2006: Redshirted the 2006 season.

HIGH SCHOOL: Lettered in cross country (Coach Rob Collins), track, volleyball and soccer at San Lorenzo Valley High School in Felton, Calif.



The Spartans

PERSONAL: Majoring in nursing...Would like to become a nurse practitioner upon graduation...A native of Santa Cruz, Calif., Rebecca Ulrich was born on August 16, 1988.

CAREER FINISHES

2007		
USF Invitational (5K)	22:58.10	71st
Stanford Invitational (4K)	18:12.00	82nd
Santa Clara Open (5K)	22:57.00	50th

MEAGHAN VINTON
5-2, SO, 1V
Sanger, Calif.
Major - Undeclared



AT SJSU: Second season at San Jose State.

2007: Competed in four meets...Scored for San Jose State at the Santa Clara Open with a career best 5K time of 19:36.00 and placed 15th. Finished 65th with a time of 23:21.39 in the Pepperdine Invitational.

HIGH SCHOOL: Lettered in cross country (Coach Dave Dodson), track and basketball at Sanger (Calif.) High...Was an all-league pick in cross country and track each of her four years...Ran 21:48 at the 2005 C.I.F. cross country state championships ...Has best times of 11:48 for two miles and 5:34 for a mile on the track.

PERSONAL: Has not declared a major...Wants to own a physical therapy clinic...A native of Sanger, Calif., Meaghan Vinton was born on June 27, 1989.



CAREER FINISHES

2007		
USF Invitational (5K)	20:14.50	36th
Pepperdine Invitational (6K)	23:21.39	65th
Notre Dame Invitational (5K)	20:28.00	170th
Santa Clara Open (5K)	19:36.00	15th

LISA WORSHAM
5-10, SO, RS
Cupertino, Calif.
Kinesiology Major



AT SJSU: Second season at San Jose State.

2007: Redshirted the 2007 season.

HIGH SCHOOL: Lettered in cross country (Coaches Jeff Payne and Mike Morris) and track at Monta Vista High in Cupertino, Calif...All-league selection as a junior and senior...10th at the 2006 De Anza League cross country championships...11th individually with a 19:26 time and helped her team finish third at the 2006 Central Coast Section Championships...Received one of her team's senior awards in 2006...Has best times of 5:17 in the 1600 meters and 11:19 in the 3200 meters.

PERSONAL: Majoring in kinesiology...Intends on pursuing a career as a physical therapist after graduation...Enjoys biking, swimming and hiking...A native of Mountain View, Calif., Lisa Worsham was born on April 27, 1989.

DEVIN ZIMMERMAN
5-8, FR, HS
Chino Hills, Calif.
Major - Undeclared



AT SJSU: First season at San Jose State.

HIGH SCHOOL: A three year letterwinner in cross country and track (Coach Jim Bergmann) at Chino Hills (Calif.) High School ...Was a three-time All-Sierra League selection (2005-07)...Best 5K time was 15:55.00.

PERSONAL: Has not declared a major...Brother, Kenny, plays volleyball at UC Irvine...Devin Zimmerman, a native of West Covina, Calif., was born on June 13, 1990.



Women's Team Results

USF Invitational, Golden Gate Park, San Francisco, Calif. (5K)
September 1 49 Points 3rd of 8

Pepperdine Invitational, Alumni Park, Malibu, Calif. (6K)
September 22 126 Points 6th of 12

Notre Dame Invitational, Notre Dame G. C., Notre Dame, Ind. (5 Miles)
September 28 325 Points 11th of 27

Stanford Invitational, Stanford, Calif. (4K)
September 29 82:32.00 6th of 10

Santa Clara Bronco Invitational, Baylands Park, Sunnyvale, Calif. (5K)
October 13 286 Points 11th of 16

Santa Clara Bronco Open, Baylands Park, Sunnyvale, Calif. (5K)
October 13 56 Points 3rd of 6

WAC Championships, American West Heritage Center, Logan, Utah (5K)
October 27 168 Points 7th of 8

NCAA West Regional, Springfield C.C., Eugene, Oregon (6K)
November 10 694 Points 25th of 31

Jessica Gonzales

USF Invitational	19:29.80	26th	5K
Pepperdine Invitational	22:30.40	45th	6K
Notre Dame Invitational	19:22.00	101st	5K
Santa Clara Invitational	19:09.00	84th	5K
WAC Championship	19:22.97	53rd	5K

Morgan Hancock

USF Invitational	21:13.40	55th	5K
Pepperdine Invitational	24:58.81	94th	6K
Stanford Invitational	17:05.00	63rd	4K
Santa Clara Open	21:29.00	37th	5K

Suzanne Hancock

USF Invitational	20:50.20	50th	5K
Pepperdine Invitational	25:05.87	96th	6K
Stanford Invitational	17:33.00	74th	4K
Santa Clara Open	21:37.00	40th	5K

Jenna Hicks

USF Invitational	18:39.60	7th	5K
Pepperdine Invitational	21:50.21	29th	6K
Notre Dame Invitational	19:06.00	78th	5K
Santa Clara Invitational	18:33.00	55th	5K
WAC Championship	18:18.04	34th	5K
NCAA West Regional	23:03.00	146th	6K

Brooke Lawrence

USF Invitational	20:32.00	43rd	5K
Pepperdine Invitational	23:50.69	78th	6K
Stanford Invitational	16:36.00	54th	4K
Santa Clara Open	20:37.00	27th	5K

2007 Women's Individual Results

Lindsay Bryant

USF Invitational	20:50.90	51st	5K
Pepperdine Invitational	24:44.72	94th	6K
Stanford Invitational	16:35.00	53rd	4K
Santa Clara Open	20:28.00	26th	5K

Vanessa Diaz

USF Invitational	20:42.80	46th	5K
Stanford Invitational	16:56.00	60th	4K
Santa Clara Open	20:23.00	24th	5K

Lauren Dubay

USF Invitational	19:39.90	32nd	5K
Pepperdine Invitational	22:50.56	54th	6K
Notre Dame Invitational	20:44.00	180th	5K
Santa Clara Open	20:12.00	22nd	5K
WAC Championship	18:54.44	48th	5K

Marlene Elizalde

USF Invitational	18:33.80	6th	5K
Pepperdine Invitational	21:50.21	28th	6K
Notre Dame Invitational	19:10.00	86th	5K
Santa Clara Invitational	19:06.00	81st	5K
WAC Championship	18:31.30	40th	5K
NCAA West Regional	23:25.70	165th	6K

Arely Marquez

USF Invitational	18:58.20	15th	5K
Pepperdine Invitational	21:37.83	23rd	6K
Notre Dame Invitational	18:30.00	25th	5K
Santa Clara Invitational	18:11.00	32nd	5K
WAC Championship	18:01.71	27th	5K
NCAA West Regional	22:40.60	122nd	6K

Nisha Richardson

USF Invitational	19:05.60	19th	5K
Pepperdine Invitational	22:02.14	37th	6K
Notre Dame Invitational	19:32.00	113th	5K
Santa Clara Invitational	19:01.00	76th	5K
WAC Championship	18:23.44	37th	5K
NCAA West Regional	24:12.75	185th	6K

Annalizza Rizo

SF Invitational	19:25.50	24th	5K
Pepperdine Invitational	23:49.73	76th	6K
Stanford Invitational	16:07.00	39th	4K
Santa Clara Open	19:02.00	4th	5K
WAC Championship	19:06.20	50th	5K
NCAA West Regional	23:37.00	171st	6K



2007 Results

	<u>Erica Sahli</u>		
USF Invitational	18:15.40	3rd	5K
Pepperdine Invitational	21:05.24	9th	6K
Notre Dame Invitational	18:40.00	39th	5K
Santa Clara Invitational	18:20.00	45th	5K
WAC Championship	18:30.40	32nd	5K
NCAA West Regional	22:27.25	105th	6K

	<u>Jacqueline Turner</u>		
USF Invitational	20:17.90	38th	5K
Pepperdine Invitational	23:52.86	81st	6K
Stanford Invitational	16:18.00	47th	4K
Santa Clara Open	19:49.00	17th	5K
WAC Championship	19:11.69	52nd	5K

	<u>Rebecca Ulrich</u>		
USF Invitational	22:58.10	71st	5K
Stanford Invitational	18:12.00	82nd	4K
Santa Clara Open	22:57.00	50th	5K

	<u>Meaghan Vinton</u>		
SF Invitational	20:14.50	36th	5K
Pepperdine Invitational	23:21.39	65th	6K
Notre Dame Invitational	20:28.00	170th	5K
Santa Clara Open	19:36.00	15th	5K

Men's Team Results

USF Invitational, Golden Gate Park, San Francisco, Calif. (8K)
September 1 69 Points 3rd of 5

Pepperdine Invitational, Alumni Park, Malibu, Calif. (8K)
September 22 163 Points 6th of 10

Notre Dame Invitational, Notre Dame G.C., Notre Dame, Ind. (5 Miles)
September 28 613 Points 22nd of 25

Stanford Invitational, Stanford, Calif. (8K)
September 29 N/A N/A

Santa Clara Bronco Invitational, Baylands Park, Sunnyvale, Calif. (8K)
October 13 329 Points 13th of 17

WAC Championship, American West Heritage Center, Logan, Utah (8K)
October 27 116 Points 5th of 7

NCAA West Regional, Springfield C.C., Eugene, Oregon (10K)
November 10 721 Points 24th of 24

Men's Individual Results

	<u>David Blausey</u>		
USF Invitational	28:41.10	45th	8K
Pepperdine Invitational	30:06.68	86th	8K
Stanford Invitational	28:34.00	283rd	8K
Santa Clara Invitational	28:19.00	142nd	8K
WAC Championship	27:08.39	50th	8K

	<u>Sean Dundon</u>		
USF Invitational	26:40.00	13th	8K
Pepperdine Invitational	26:50.02	48th	8K
Notre Dame Invitational	26:51.00	112th	5M

Santa Clara Invitational	26:23.00	78th	8K
WAC Championship	25:17.27	29th	8K
NCAA West Regional	34:49.90	160th	10K

	<u>Luke Galvan</u>		
USF Invitational	26:28.30	7th	8K
Pepperdine Invitational	26:57.60	50th	8K
Notre Dame Invitational	27:14.00	135th	5M
Santa Clara Invitational	26:21.00	76th	8K
WAC Championship	25:09.74	25th	8K
NCAA West Regional	34:56.35	164st	10K

	<u>Jonathan Gragert</u>		
USF Invitational	29:07.70	49th	8K
Pepperdine Invitational	26:20.28	37th	8K
Notre Dame Invitational	28:31.00	183rd	5M
Santa Clara Invitational	26:56.00	103rd	8K
WAC Championship	26:23.92	43rd	8K

	<u>David Haeefe</u>		
USF Invitational	27:06.40	22nd	8K
Pepperdine Invitational	26:31.18	40th	8K
Notre Dame Invitational	29:57.00	205th	5M
Santa Clara Invitational	26:27.00	81st	8K
WAC Championship	25:03.39	23rd	8K
NCAA West Regional	34:37.65	156th	10K

	<u>Chris Hart</u>		
USF Invitational	26:45.00	14th	8K
Pepperdine Invitational	26:07.36	29th	8K
Notre Dame Invitational	27:53.00	168th	5M
Santa Clara Invitational	26:14.00	65th	8K
WAC Championship	24:43.97	18th	8K
NCAA West Regional	33:37.10	134th	10K

	<u>Alan Shelton</u>		
USF Invitational	28:08.40	37th	8K
Pepperdine Invitational	27:01.44	53rd	8K
Stanford Invitational	27:30.00	242nd	8K

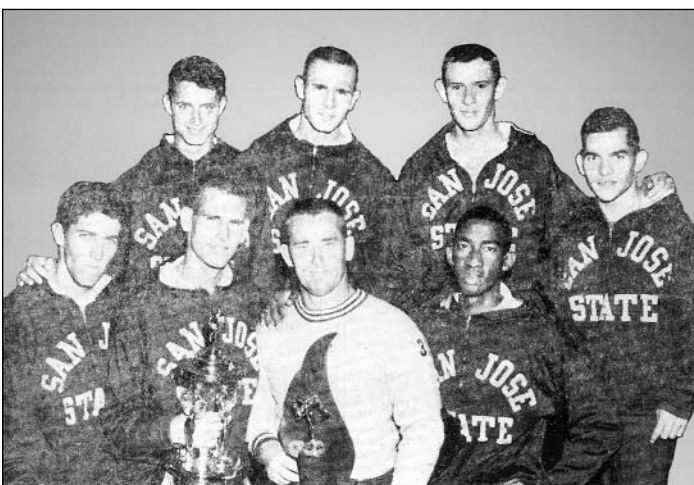
	<u>Gordie Throne</u>		
USF Invitational	27:24.70	27th	8K
Pepperdine Invitational	27:42.51	70th	8K
Stanford Invitational	28:34.00	282nd	8K
Santa Clara Invitational	28:09.00	139th	8K
WAC Championship	26:42.36	49th	8K

	<u>Rigoberto Vasquez</u>		
USF Invitational	26:56.70	19th	8K
Pepperdine Invitational	26:37.12	42nd	8K
Notre Dame Invitational	27:42.00	158th	5M
Santa Clara Invitational	27:15.00	118th	8K
WAC Championship	25:40.98	35th	8K
NCAA West Regional	39:35.45	166th	10K

	<u>Sam Wambugu</u>		
USF Invitational	26:49.20	16th	8K
Pepperdine Invitational	26:00.12	26th	8K
Notre Dame Invitational	26:50.00	109th	5M
Santa Clara Invitational	26:32.00	89th	8K
WAC Championship	25:22.80	30th	8K
NCAA West Regional	34:20.55	150th	10K



San Jose State's 1962 Men's Cross Country
NCAA Championship team



San Jose State's 1963 Men's Cross Country
NCAA Championship team



1962 & 1963 Cross Country - l to r - Gene Gurule, Tom Tuite, Ron Davis, Ben Tucker, Jeff Fishback.

Cross Country All-Americans

Charlie Clark	1961
Jeff Fishback	1961, 1962, 1963
Ron Davis	1961, 1962
Danny Murphy	1962, 1963, 1964
Ben Tucker	1963
Darold Dent	1967

NCAA Championships Top Finishers

1961	Jeff Fishback	4th
1961	Charlie Clark	6th
1961	Ron Davis	15th
1962	Danny Murphy	3rd
1962	Ron Davis	6th
1963	Jeff Fishback	3rd
1963	Danny Murphy	5th
1963	Ben Tucker	8th

Pacific Coast Athletic Association Men's Cross Country Championships Top Finishers (10K)

Gary Hanson	1970	5th	N/A
Maury Greer	1971	4th	30:45
Les DeVoe	1971	8th	31:05
Les DeVoe	1972	6th	29:46
Dan Gruber	1973	3rd	30:41
Robert Ebert	1973	5th	30:53
Marc Genet	1974	1st	29:43
Dan Gruber	1975	2nd	29:50
Marc Genet	1975	5th	30:16
Grover Power	1975	7th	30:39
Dan Gruber	1976	6th	31:47
Dan Harvey	1977	6th	31:20
Tim Gruger	1979	5th	32:10
Dan Harvey	1980	2nd	31:26
Simon Kilili	1981	4th	32:04
Glenn Lee	1982	4th	30:45
Danny Gonzalez	1984	2nd	30:36

WAC Championship History

	Women	Men
1996	13th out of 16	---
1997	14th out of 16	12th out of 13
1998	10th out of 16	13th out of 13
1999	3rd out of 8	7th out of 7
2000	7th out of 9	7th out of 7
2001	6th out of 10	8th out of 8
2002	9th out of 9	8th out of 8
2003	9th out of 9	7th out of 7
2004	7th out of 8	6th out of 6
2005	3rd out of 8	5th out of 6
2006	3rd out of 8	5th out of 7
2007	7th out of 9	5th out of 7

WAC Championships Top Finishers

Allison Kegley	1999	6th	Kim Nebeker	2001	9th
Ana Martinez	1999	8th	Tiffany Hall	2006	3rd
Ana Martinez	2000	7th	Erica Sahl	2006	9th
Ana Martinez	2001	5th			



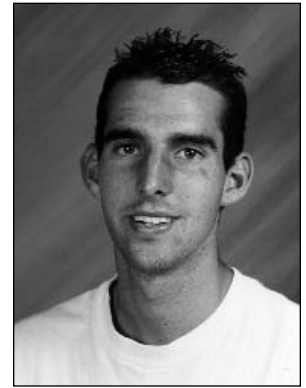
Allison Kegley
1999 First Team
All-WAC



Ana Martinez
1999 First Team
2000 First Team
All-WAC



Matthew Heard
2000 Second Team
All-WAC



Trevor Marca
2000 Second Team
All-WAC



Kim Nebeker
2001 Second Team
All-WAC



Ryan Rogers
2004 Second Team
All-WAC



Mobin Ghoury
2005 First Team
All-WAC



Tiffany Hall
2005 Second Team
2006 First Team
All-WAC



Erica Sahli
2005 Second Team
2006 Second Team
All-WAC



Marlene Elizalde
2006 Second Team
All-WAC



Sam Wambugu
2006 Second Team
All-WAC

Academic All-WAC Honors



Jessica Gonzales



Morgan Hancock



Suzanne Hancock



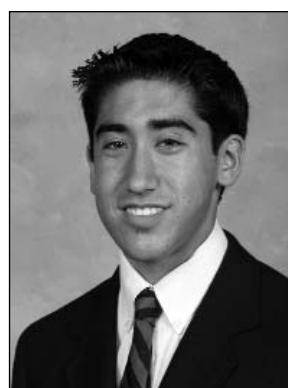
Jenna Hicks



Brooke Lawrence



Nisha Richardson



Alan Shelton



Rebecca Ulrich

Academic All-WAC

Women 1996-97

Lina Hoffman
Melissa Burns
Sara Illey
Andrea Moore

1997-98

Carol Burns
Melissa Burns
Lina Hofmann

1998-99

Janina Crain
Ana Martinez

1999-2000

Lauren Adams
Janina Crain
Ginny Greene

Rebekah Harmer
Christa Huffman
Ana Martinez
Marisa Rodriguez

2000-01

Janina Crain
Rebekah Harmer

2001-02

Janina Crain
Megan Stone

2002-03

Christa Huffman
Ashleigh Nebeker

2003-04

Judy DeLong
Ashleigh Nebeker

2004-05

Lindsay Bryant
Judy DeLong

Marlene Elizalde
Tabitha Guzman
Ashleigh Nebeker
Allison Stiller
Valerie Weilert

2005-06

Lindsay Bryant
Victoria Chavez
Judy DeLong
Marlene Elizalde
Tabitha Guzman
Jenna Hicks
Rebecca Palm
Erica Sahli
Allison Stiller
Valerie Weilert

2006-07

Lindsay Bryant
Victoria Chavez
Marlene Elizalde
Tabitha Guzman
Suzanne Hancock

Jenna Hicks
Nisha Richardson
Erica Sahli
Allison Stiller
Valerie Weilert

2007-08

Lindsay Bryant
Marlene Elizalde
Jessica Gonzales
Morgan Hancock
Suzanne Hancock
Jenna Hicks
Brooke Lawrence
Nisha Richardson
Erica Sahli
Rebecca Ulrich

Men 1997-98

Alan Jackson
Jason Yingling

1999-2000
Trevor Marca

2004-05

Justin Chaudoin
Chase Hartmann

2005-06

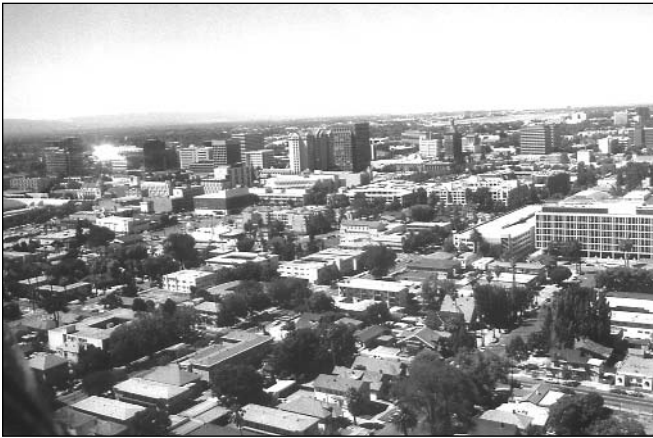
Andrew Cheng
Josh Courtney
Ismail Jorio

2006-07

Ismail Jorio
Sam Wambugu

2007-08

Alan Shelton
Sam Wambugu



The skyline of downtown San Jose.

Situated at the hub of Silicon Valley is San Jose - the third largest city in California and the 10th largest in the nation. San Jose, strategically located at the sunny, southern tip of the San Francisco Bay, is surrounded by rolling hills and striking mountains. San Jose's vibrant and growing downtown is the setting for San Jose State University and the focus for important financial, commercial and arts communities.

"San Jose is a confident and exciting city, full of optimism and opportunity. We treasure our past. We embrace our diversity. We nurture our future, in our children and through stewardship of our resources. People are proud to live here. Our city is committed to sustaining and improving the quality of life in every neighborhood, for every resident, now and in the future." --
www.sanjoseca.gov



San Jose offers a neighborhood feel in a metropolitan environment.

Regional growth and stability are complemented by an active cultural life. San Jose is the home of the Silicon Valley High Technology and the Children's Discovery museums, the San Jose Museum of Art, San Jose Symphony, the San Jose-Cleveland Ballet, numerous galleries and arts centers, Opera San Jose, the Winchester Mystery House and other respected professional and community theater groups.

Light rail and historic trolley lines, the 18,200-seat HP Pavilion at San Jose, convention facilities, shops and a diverse night scene add to the excitement. Reflecting the cultural richness of the community is a wide range of restaurants.

A reason the South Bay has grown so dramatically is its quality of life. The mild climate encourages an active and casual lifestyle. There are more than 100,000 acres of land for biking, rollerblading and other outdoor activities. Boasting nearly 300 days of sunshine and an average summer temperature of 74 degrees, San Jose

- 30 minutes from the Pacific Ocean
- Population - 945,000
- Average annual household income of \$84,857 according to *Money* magazine
- One of the top 25 "brainiest" cities in the country
- More college graduates per 100 residents than any other major U.S. city
- More home owners than any other large city in the country
- Worker productivity is twice the national average
- Best public safety record of any large metropolitan area in the United States the last 10 years
- International airports - San Jose, San Francisco and Oakland

symbolizes the best California has to offer. The region's 1.6 million residents enjoy recreational and entertainment opportunities year-round. Within a short drive are San Francisco, beaches from Santa Cruz to Carmel, the California coastal redwoods, Lake Tahoe and Yosemite National Park.

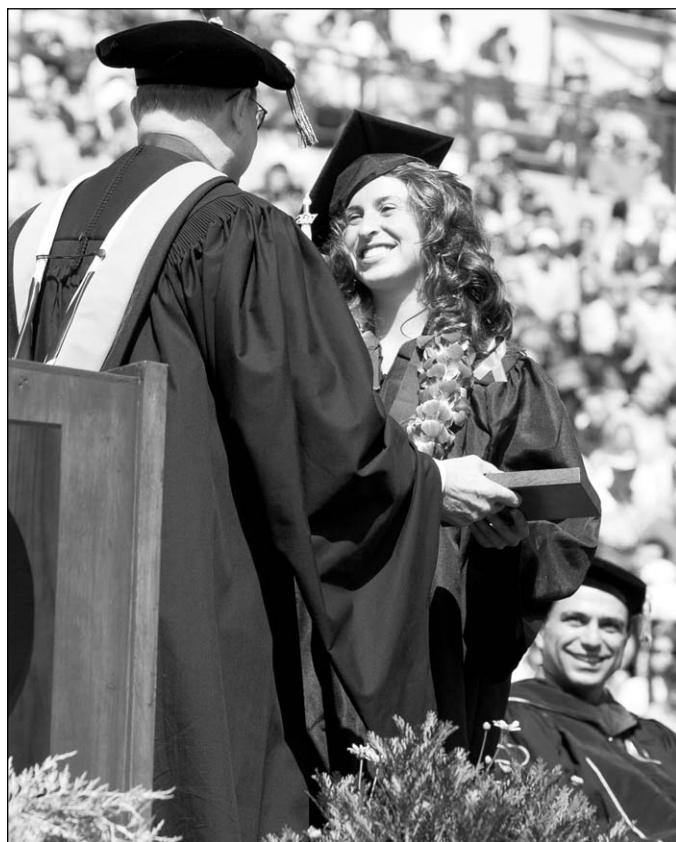


San Jose State University will host the 2010 NCAA Division I Men's Basketball Championship First & Second Round at the 18,200-seat HP Pavilion in downtown San Jose.



Located at the core of Silicon Valley, San José State University is an exceptional place for hands-on learning, professional development and personal growth. Whether you are a graduate or a friend of the university, there are many reasons you can be proud of San Jose State. From an award-winning faculty and high-achieving students to cutting-edge programs and growing collaborations with the community and the corporate world, SJSU is on the move as it meets the challenges of the 21st century.

Known for the high quality of its academic programs, its excellent faculty (87 percent hold doctorates or the highest degrees in their academic disciplines), and its diverse and committed student body, San Jose State successfully educates students to compete in today's complex, high-tech and global economy.



San Jose State has been ranked among the top-10 masters-level public universities in the West by *U.S. News & World Report's* survey of "America's Best Colleges." In the 2006 survey, the College of Engineering was ranked 14th among the nation's Best Undergraduate Engineering Programs (in addition, electrical engineering ranked 11th; civil engineering, 16th; mechanical engineering, 16th).

San Jose State is the number one supplier of education, engineering, computer science and business graduates to Silicon Valley, the world's high tech capital. The oldest and one of the largest universities in the 23-campus California State University (CSU) system, SJSU attracts students from throughout California, the United States and 100 countries of the world.



Located in the nation's 10th and California's third largest city, San Jose State had a fall 2006 enrollment of 29,604 students. Approximately 75 percent of the students were undergraduates; 25 percent were graduate students. Almost 59 percent of the student population had an ethnic affiliation. More than 100 different languages are spoken on campus.

Founded in 1857, SJSU is the oldest public institution of higher education on the West Coast. From its beginnings as a normal school to train teachers, the campus has matured into a comprehensive university offering 134 bachelors' and masters' degrees.

San Jose State is one of the largest public-sector employers in Silicon Valley, with about 2,500 full-time employees and an annual budget of \$472 million (2005-06).

More than 6,000 bachelors' and masters' degrees were awarded in 2006-07 — continuing to support the region by supplying Silicon Valley with more graduates at the baccalaureate and masters' levels than any other school in the nation.

Dr. Martin Luther King, Jr. Library



The Dr. Martin Luther King, Jr., Library, located on the main campus of San Jose State University, opened on August 16, 2003. A first-of-its-kind collaboration between a city and a university, the \$177-million, 475,000 square-foot library provides a center for life-long learning. Students, faculty and the community have access to the information they will need for educational and personal growth throughout their lives.

Among the features of the 10-acre, 10-floor Dr. Martin Luther King, Jr., Library on the northwest corner of the main campus are:

- 3,623 seats
- 4 computer instruction laboratories
- 1,800 seats wired for internet connections
- 37 group-project rooms
- 400 public computers
- 112 workstations available in the computer instruction labs
- 8 built-in projector screens
- 135 databases of information
- 4 pianos

The collaborative design of the new Dr. Martin Luther King, Jr., Library provides many opportunities for academic, cultural and community programs. Multilingual and special collections for San Jose's diverse ethnic groups are available. A special adaptive technology area in the library assures all people have ability to access the information and databases.

Campus Village

In the fall of 2005, San José State University opened the doors of Campus Village to more than 2,279 students, faculty and staff. Positioned on Tenth Street between San Carlos and San Salvador on the southeast corner of the main campus, Campus Village is a gateway to incredible academic resources and campus activities, the excitement of downtown San José, the opportunities of Silicon Valley, and some of the greatest recreational areas in the world.

Campus Village includes three buildings featuring apartment and suite-style living accommodations and a typical college dormitory experience. Campus Village includes recreational and study areas, a full-service computer lab, wireless internet access, an interactive gaming center, laundry facilities, meeting rooms, retail stores and underground parking for 700 vehicles. Fully-equipped nearby recreational facilities offer residents space to work out, swim, play basketball, volleyball, ping-pong or pool.

Hassle-free access to the main campus is another asset to Campus Village. Walking to the Student Union or the main entrance to The Event Center is five minutes or less. Residents can walk or bicycle to the Dr. Martin Luther King, Jr., Library without crossing any streets.





Jon Whitmore **University President**

Dr. Jon S. Whitmore was named President of San Jose State University in April 2008 with a start date in August 2008.

Dr. Whitmore, whose Ph.D. is from the University of California, Santa Barbara in theatre history, returns to

California after five years (2003-2008) as the Texas Tech University president and a professor of theatre.

His distinguished professional history in academia began in 1967 at Washington State University. Positions at Highline

Community College in Seattle and the University of California preceded an 11-year tenure (1974-1985) at West Virginia University where he gained full professorship and was Interim Dean of the College of Creative Arts. Dr. Whitmore spent five years (1985-1990) at the University of Iowa as the Dean, Faculty of Arts and Letters and a professor of theatre.

He was the Dean of the College of Fine Arts, the Effie Marie Cain Regents Chair and a professor of theatre at the University of Texas (1990-1996) and the Provost and a professor of theatre at the University of Iowa (1996-2003).

The native of Seattle, Wash., earned his bachelor's and master's degrees in speech from Washington State University. He and his wife, Jennifer, have a son, Ian, enrolled at the University of Iowa, and daughter, Amy, enrolled at Vanderbilt University.



Tom Bowen **Director of Athletics**

Tom Bowen was named San Jose State University's director of intercollegiate athletics on December 20, 2004. Under his leadership and with his vision for the department, San Jose State has established itself as a viable Division I-A intercollegiate athletics program with

proven athletic, academic and financial successes to his credit.

At the core of Bowen's mission for San Jose State University athletics is building a "Culture of Champions" academically, athletically and in the community. To that end, the Notre Dame alum has overhauled the department's infrastructure; invested resources both in external and internal operations; initiated an enhanced website presence; and expanded marketing, promotions and advertising opportunities locally, regionally and nationally with the creation of Spartan Sports Properties.

As an integral member of the University's presidential staff, he has created new short and long-term revenue streams for intercollegiate athletics and many other campus extra-curricular activities. His initiatives and leadership have created new energy department-wide and throughout the university. The university has benefitted from Athletics' increasing visibility, receiving record donations particularly in 2006-07.

In 2007-08, the Spartans sent their women's gymnastics team to NCAA post-season action and had individuals from the women's swimming and women's golf teams compete in NCAA Championships. Women's water polo was ranked seventh in the final national coaches poll. Men's basketball had its best win total since the 2001 season. San Jose State capped the school year with a budget surplus for an unprecedented third year in a row and was cited as one of 12 Division I universities cited for Overall Excellence in Diversity in a national study by Texas A&M University on behalf of the NCAA.

In 2006-07, football capped its finest season in nearly two decades, posting a 9-4 overall record and capturing the New Mexico Bowl championship. Women's cross country and women's water polo, ranked sixth nationally in the final coaches' poll, turned in their best record in years. The 2007 season marked the second year in a row a Spartan won the Western Athletic Conference women's golf individual title.

In 2005-06, San Jose State won the Western Athletic Conference women's golf championship, recorded its highest finish ever at a NCAA regional championship in women's gymnastics, produced seven teams out of 16 with its best conference

finish in years, and had WAC "Coaches of the Year" in women's golf and softball.

Bowen's vision for student-athlete success and excellence led to the creation of a Student Success Services component. Academic Progress Rate (APR) scores as measured by the NCAA have risen steadily under his watch.

Bowen came to San Jose State after serving three years as the Director of Community Affairs for the San Francisco 49ers of the National Football League. Also serving as the executive director of the 49ers Foundation, San Francisco was the first NFL franchise to implement an annual giving program.

His Division I experience at the collegiate level includes athletics administration positions at the University of California and Saint Mary's College in Moraga, Calif. At the University of California, Bowen was credited with developing the first comprehensive planned giving program for the Golden Bears.

At Saint Mary's College, he was the Director of Foundations and Corporate Relations before being appointed to an associate director of athletics position by the president of the college. His grant proposal acumen helped raise \$6.1-million in academic funding for the institution. For three years he managed the athletics department's budget, directed a corporate sponsorship program and interacted with the campus community on student-athlete issues.

His first professional leadership appointment in athletics was at De La Salle High School in Concord, Calif. From 1987 through 1995, he held the positions of assistant football coach and athletics director.

He is a Level 2 certified member of the College Athletic Business Management Association (CABMA), the National Association of Collegiate Directors of Athletics (NACDA) and the National Society of Fund Raising Executives.

The 1983 graduate of the University of Notre Dame played high school football at Moreau High in Hayward, Calif. He majored in theology/sociology and spent six years studying for the priesthood with the Holy Cross Fathers. Bowen went on to earn a master's degree in administration/education from the University of San Francisco in 1990.

He was named to the 2008 San Jose Mercury News' Top-25 Most Powerful Sports Figures in the Bay Area. Bowen is an adjunct professor at the University of San Francisco School of Sports Management and at San Jose State University's Department of Kinesiology where he teaches sports management classes.

The Denver, Colo., native and his wife, Mia, are the parents of three children: sons, Andrew and Peter, and, daughter, McKenna.