2007 San José State Women's Gymnastics



2007 San Jose State University Women's Gymnastics Ouick Facts

Women's Gymnastics Quick Facts
School:San Jose State University
Location:
Enrollment:
Nickname:Spartans
Colors:Gold, White, and Blue
President:
Athletics Director:
Senior Associate AD:Kellie Elliott
Conference:Western Athletic
Home Arena:Spartan Gym (1,200)
Associate SID/Gymnastics Contact:
Phone:
Fax:
Email:eberhard@email.sjsu.edu
Web Site:
Head Coach:Wayne Wright (6th season)
Career Record:
School Record:
Assistant Coaches: Amber Giorgianni (Arizona State, 2005)
Shella Martinez (San Jose State)
2006 Record:
2006 Conference Finish:5th at WAC Championships
2006 Regional Finish:4th/Stanford Regional
2006 NČAA Finish:
Letterwinners Returning/Lost:
All-Americans Returning/Lost:
Top Returning Gymnasts:Michelle Minotti, AA, Jr.
Veronica Porte, AA, So.

Table of Contents

Quick Facts/Media Information.12007 Roster.22007 Outlook.3About Women's Gymnastics.4What Skills to Look For in 2007.5
Spartan Coaching Staff
2007 Gymnast Biographies8-23
2006 Results
2006 Scores
Letterwinners
Coaching Records27
Team Scores
Top Individual Scores
Post Season History
2006 WAC Championships
San Jose State University
Martin Luther King, Jr., Library36
Campus Village
Athletics Administration
Spartan Gym/Koret Center
Athletic Facilities



Media Information

All media requests for credentials, interviews, etc., should go through the San Jose State Sports Information Office and Amy Villa, Associate SID. Please contact her at (408) 924-1216 or by email at eberhard@email.sjsu.edu. No interviews will be granted on meet days prior to the event. Post-meet interviews will be conducted approximately 10 minutes after the final results have been announced.

Copies of the final results will be provided to all media in attendance after the meet. Fax service is available with prior notice.

Directions To Spartan Gym

From I-280: Take the Seventh Street exit. Head north on Seventh Street three blocks to San Salvador. Park in the Seventh Street Garage and walk one block north to Paseo de San Carlos. Walk west on Paseo de San Carlos until you run into Spartan Gym, which is located on the corner of Fourth and San Carlos.

San Jose State Athletics Web Site

Visit the official home page of Spartan athletics and the San José State women's gymnastics team on the Internet. You can see results, statistics and notes on the site. The address is: http://www.sjsuspartans.com.



Amy Villa, Associate SID San José State University One Washington Square San Jose, CA 95192-0062 (408) 924-1216 - Office (408) 924-1291 - FAX E-mail: eberhard@email.sjsu.edu

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2007 San Jose State Women's Gymnastics Roster

Name	Events	Ht.	Class	Hometown/Last School/Gym Club
Bailey Baker	AA	4-11	FR	Las Vegas, Nev./Del Sol HS/Browns Gymnastics
Leah Bigelow	BB, FX	5-5	JR	Trabuco Hills, Calif./Trabuco Hills HS/National Gymnastics Training Center
Alise Blackwell	AA	5-6	SO	San Jose, Calif./Archbishop Mitty HS/Airborne Gymnastics
Raylyn Cardeno	V, BB, FX	4-11	SR	Bakersfield, Calif./Liberty HS/Stars Gymnastics
Shina Cardeno	V, FX	5-0	JR	Bakersfield, Calif./Liberty HS/Stars Gymnastics
Kelli Fournier	AA	5-2	FR	Bellevue, Wash./Bellevue Christian HS/Gymnastics East
Casey Jay	V, FX	5-2	JR	Campbell, Calif./Leigh HS/West Valley Gymnastics
Danielle Johnson	V	5-9	SR	Canyon Lake, Calif./Temescal Canyon HS/S.C.E. Gymnastics Academy
Jessica Khoshnood	AA	5-3	FR	Bellevue, Wash./Newport HS/Gymnastics East
Greta Leach	AA	5-4	SR	Santa Rosa, Calif./Montgomery HS/Rohnert Park Gymnastics
Tiffany Louie	AA	5-3	FR	Millbrae, Calif./Carlmont HS/San Mateo Gymnastics
Shelby MacDonald	UB, BB, FX	5-3	FR	Santa Barbara, Calif./Santa Barbara HS/Spirals Gymnastics
Liz Major	UB, BB	5-5	SR	Greeley, Colo./Greeley West HS/Windsor Gymnastics Academy
Michelle Minotti	AA	5-8	JR	Rohnert Park, Calif./Rancho Cotate HS/Rohnert Park Gymnastics
Renae Moneymaker	AA	5-7	SO	Santa Rosa, Calif./Montgomery HS/Rohnert Park Gymnastics
Jennifer Pizano	UB, BB, FX	5-6	SO	Waterford, Calif./Waterford HS/GymStars-Stockton
Veronica Porte	AA	5-3	SO	Martinez, Calif./Alhambra HS/Golden Gate Gymnastics
Chantel Spurgeon	UB, BB	5-6	FR	Boca Grande, Fla./Lemon Bay HS/Coast Elite
Gabrielle Targosz	UB, BB, FX	5-3	FR	Phoenix, Ariz./Shadow Mountain HS/Arizona Sunrays

Head Coach: Wayne Wright Assistant Coaches: Amber Giorgianni, Shella Martinez

By Class Freshmen (7) Bailey Baker Kelli Fournier Jessica Khoshnood Tiffany Louie Shelby MacDonald Chantel Spurgeon Gabrielle Targosz

SAN JOSE STATE

Sophomore (4) Alise Blackwell Renae Moneymaker Jennifer Pizano Veronica Porte

Junior (4)

San Jose State Women's Gymnastics

Leah Bigelow Shina Cardeno Casey Jay Michelle Minotti

Senior (4) Raylyn Cardeno Danielle Johnson Greta Leach Liz Major **By State Arizona (1)** Gabrielle Targosz

California (13) Alise Blackwell Leah Bigelow Raylyn Cardeno Shina Cardeno Casey Jay Danielle Johnson Greta Leach Tiffany Louie Shelby MacDonald Michelle Minotti Renae Moneymaker Jennifer Pizano Veronica Porte

Colorado (1) Liz Major

Florida (1) Chantel Spurgeon

Nevada (1) Bailey Baker



Washington (2) Kelli Fournier Jessica Khoshnood

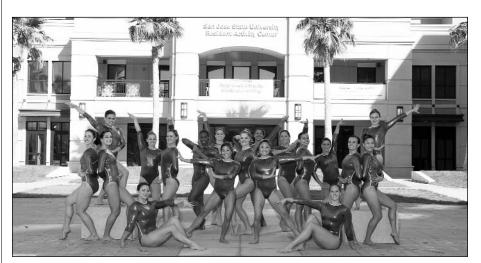
Pronunciation Guide

Alise Blackwell	uh-LEES
Leah Bigelow	LEE-uh BIG-uh-low
Raylyn Cardeno	car-DEE-no
Shina Cardeno	.SHEE-nuh car-DEE-no
Kellie Fournier	forn-NAY
Amber Giorgianni	jee-or-JOHN-ee
Michelle Minotti	Mih-NOT-ee

2007 Outlook



Spartans feature another strong team



The 2007 Spartans have their sights set on a WAC Championship and another top-notch showing in NCAA Championship action.

2006 NCAA Regional Championships, averaged 9.613 while Shina averaged 9.621 in the vault. Jay's best in the event is a 9.750 at the 2005 Mountain Pacific Sports Federation Championships.

Leah Bigelow, the team's top performer in the balance beam, returns for her senior season. Alise Blackwell, whose 9.623 was the top average for the Spartans in the floor exercise, also is back for San Jose State.

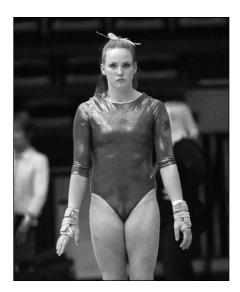
Seven promising newcomers figure prominently in Wright's plans this season. Four of them participated in the 2006 USA Junior National Championships.



Michelle Minotti was the Spartans' top allaround performer in 2006.

Coming off of one of its best seasons in school history, the San Jose State University women's gymnastics team has set lofty goals for the 2007 season. With a strong and capable nucleus of returning gymnasts and a talented group of newcomers, the Spartans are primed to vault their way back into conference and national prominence.

Head coach **Wayne Wright**, now in his sixth season leading the Spartans, has 10 returning letterwinners. The vast majority of them have competed in NCAA Regional Championship action either individually or as part of the San Jose State team that finished with a



Renae Moneymaker was a 2006 first team All-WAC selection on the vault.

school-record best fourth place at the 2006 NCAA Regional hosted by Stanford.

All-WAC selections **Renae Moneymaker** and **Veronica Porte** are entering their second season as Spartans. **Michelle Minotti** and **Greta Leach**, a pair of juniors who are two-time NCAA Regional Championship competitors, give San Jose State strength in the all-around. Leach hopes to return to top-notch form after a redshirt season in 2006.

Raylyn and **Shina Cardeno** and **Casey Jay** are three experienced vaulters capable of posting high scores for the Spartans in dual meet and championship action. Raylyn, who scored a 9.800 at the



Veronica Porte was a 2006 second team All-WAC selection in the all-around.





About Women's Gymnastics

TEAM SCORING

Each team can field up to six competitors on each event, but only the top five scores will count toward the team score. Collegiate competition requires at least two judges evaluate each athlete's performance. The average of the two scores is the final mark. A perfect team score would be 200, and the top college teams score in the 194-197 range.

SCORING

With the exception of vault (which has a predetermined start value for each vault), routines are judged on a 9.5 point scale, with an additional .5 bonus available for meeting special requirements. Judges use the following criteria:

Value parts (difficulty^)
Special requirements
<i>Execution, combination and artistry (bb/fx)</i>
Additional value
Total
* <i>Skills are classified by difficulty (A, B, C, D, E) with E being the most difficult.</i>

SCORING DEDUCTIONS

Fall from apparatus or on floor0.5
Heavy brush of feet or hand touch on floor
Intermediate swing on bars0.3
Presentation to judges omitted before or after
Stepping out of bounds on floor0.1
Other deductions up to 0.2 and taken for form broaks such as bout a

Other deductions up to 0.3 are taken for form breaks such as bent arms and legs or leg separations. There is also a team deduction of 0.3 for competing out of order in the lineup.

VAULT

The vault in gymnastics could best be compared to the dive in aquatics. Scores are awarded on the basis of difficulty and execution. A vault consists of two principle elements pre-flight (the approach to the horse) and post-flight. The faster the approach and the higher the vault, the better the score.

UNEVEN BARS

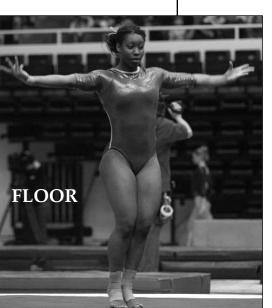
A routine requires at least 10 moves including the dismount. The key to a good score on bars is continuous movement; breaks or pauses in the routine result in point deductions. The gymnast must move from one bar to the other with a series of swings, twists, somersaults and handstands. The dismount is the most dramatic movement.

BALANCE BEAM

Despite the 4-foot height and 4-inch width of the beam, the gymnast is expected to do what amounts to a floor-exercise routine. The key word is balance, as the judges deduct points for stumbles and falls. The routine includes dance movements (leaps, turns and jumps), acrobatic and tumbling movements and maximum use of the entire beam. The routine lasts 90 seconds.

FLOOR EXERCISE

The favorite of most gymnasts and fans, the floor exercise lends itself to personal expression. The only music-accompanied event, the floor exercise routine contains tumbling movements, dance movements and a maximum use of the floor area. There must be at least three tumbling passes in the routine (passes from one spot of the floor to the other). The routine lasts a minimum of 70 seconds and a maximum of 90 seconds.









What Skills To Look For This Season



	VAULT	BARS	BEAM	FLOOR			
Bailey BakerYurchenko layout with a half twist		Jaeger; clear hip pac salto; Double tuck dismount	Front tuck mount; Back handspring layout	Double pike; front hand- spring front lay front lay; Double back			
Leah Bigelow			Back handspring layout; Gainer layout step out				
Alise Blackwell	Yurchenko tuck with a full twist	Blind full tkachev; Blind full Double tuck dismount	Back handspring layout; Standing layout wolf jump	Layout two and half twist punch front; Front lay front lay; Front full front tuck			
Raylyn Cardeno	Yurchenko layout with a full twist			Double tuck; Front lay front lay; Front tuck step out through to a double twist			
Shina Cardeno	Yurchenko with half twist to front layout			Double tuck; Front lay front lay; Front full front tuck			
Kelli Fournier	Yurchenko tuck with a full twist	Blind half, Jaeger; toe front dismount	Back handspring back layout	Double tuck; Front lay front lay; Front full front tuck			
Dani Johnson	Handspring double twist						
Jessica Khoshnood	Yurchenko layout with a full twist	Tkachev; Blind full double tuck dismount	Round off, layout step out layout full dismount	Double tuck; Front full front tuck; Layout full and a half twist front tuck			
Greta Leach	Yurchenko layout	Healey to straddle back Double pike dismount	Front Aerial walkover, back handspring, back handspring				
Tiffany Louie Handspri front pik		Blind full, blind half; Full twisting double tuck dismount	Round off back tuck; Gainer layout step out	Double tuck front punch;			
Liz Major		Blind full tkachev; Double tuck dismount					
Michelle Minotti	Yurchenko tuck with a full twist	Blind full tkachev; Toe front layout half dismount	Back handspring, back handspring, back layout	Front double twist; Back two and a half twist; Front full front tuck			
<i>Jennifer Pizano</i> Yurchenko layout		Blind half, Jaeger; Toe front dismount		Double twist; Layout full and a half twist; Front full, front tuck			
Veronica Porte	Yurchenko tuck with a full twist	Blind full tkachev; Double pike dismount	Back handspring, back layout back handspring	Double pike; Front lay, front lay Double tuck			
Gabrielle Targosz			Back handspring, back tuck; side aerial	Double tuck; full & a 1/2 layout to a double full; Front full front tuck			

SAN JOSE STATE

Spartan Coaching Staff



Wayne Wright Head Coach Academy of Health Sciences, 1984 6th Season

Wayne Wright is in his sixth season as the head coach of the San Jose State women's gymnastics team. The Spartan program

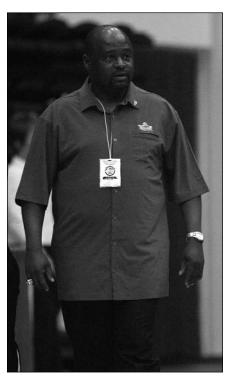
has made significant strides during Wright's tenure, breaking school records, winning conference championships and receiving team invitations to the NCAA West Regional.

Wright helped lead the 2006 Spartan team to its second team appearance at the NCAA West Regional. San Jose State finished fourth, the best in program history The Spartans broke the school vault team and individual records during the year. Wright also helped the Spartans transition to competing in the Western Athletic Conference. Three gymnasts received All-WAC honors -Renae Moneymaker, Veronica Porte and Kelsey Spellacy.

The 2005 team had a 17-5 overall record and placed second at the Mountain Pacific Sports Federation Championships. Three gymnasts - Jennifer Greene, Greta Leach and Michelle Minotti, qualified for the NCAA West Regionals in the all-around.

The 2004 season was a successful year as the Spartans recorded a 16-9 record and won the MPSF Championship held at Spartan Gym. Three individuals won MPSF titles - Shirla Choy, bars; Amberly Klein, beam; and Jennifer Greene, floor. The first 10.0 score was posted by a Spartan gymnast as Greene was perfect on the floor at the MPSF meet.

For the 2003 season, Wright posted an overall record of 12-9. The team broke every event record in Spartan history under his instruction. For the first time in school history, the Spartans qual-

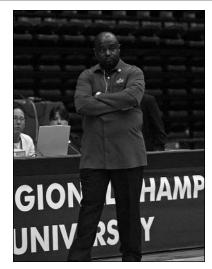


ified as a team for the NCAA West Regional competition. The team placed second at the MPSF Championships, and Wright was named the MPSF "Coach of the Year."

In 2002, the Spartans were 12-9-0. Wright coached four individuals at the NCAA West Regional meet, the most in school history. The team broke the school floor record and placed third at the MPSF Championships.

Wright believes firmly in the importance of academics and athletics in a college education. Five teams, 2001, 2002, 2003, 2004 and 2005, had the highest grade point average among San Jose State's 16 intercollegiate athletic teams. Six gymnasts were named 2005 Scholastic All-Americans by the National Association of Collegiate Gymnastics Coaches, and five were named to the Academic All-WAC team. In the past four years, 23 gymnasts have received "Scholastic All-America" honors.

As an assistant coach, Wright was at Stanford from 1996- 2001 and at San Jose State from 1987-1996.



While at Stanford, Wright helped coach the team to its first Pac-10 title in 1998 and an NCAA West Regional championship. During his first stint at San Jose State he coached Tara Law, the 1996 Big West floor champion, to the NCAA West Regional.

Before he began collegiate coaching, Wright served as program director and head coach of the Kokokahi Gymnastics Center in Kailua, Hawaii, developing Class I National Junior Olympics gymnasts. He also worked with U.S.A. Gymnastics at the 1996 Olympic Games in Atlanta and was on the floor when the team won the gold medal.

Wright has an extensive background in nursing and physical education. He graduated from the Academy of Health Sciences in Texas with a degree in nursing. He also studied physical education and recreation at the University of Hawai'i.

Wright served three years in the U.S. Army as a nurse attached to Tripler Army Medical Center in Honolulu, Hawaii. He is a certified phlebotomy technician and a candidate for a California Nurse's License.



W	RIGHT'S C	COACHING RECORD
	OVERALL	CONFERENCE FINISH
2002	12-9	3rd MPSF
2003	12-9	2nd MPSF
2004	16-9	1st MPSF
2005	17-5	2nd MPSF
2006	15-17	4th WAC
5 years	72-49	

6 • 2007 Women's Gymnastics Guide

Spartan Coaching Staff





Amber Giorgianni Assistant Coach First Season

Amber Giorgianni begins her first season as an assistant coach on the San Jose State women's gymnastics staff. She brings experience at the collegiate and club levels to the Spartan program. Giorgianni is primarily responsible for the bars, vault and floor teams.

Giorgianni was a four-year letterwinner at Arizona State from 2001-04. She competed on the vault, bars and beam during her collegiate career. A team co-captain her senior year, Giorgianni was a beam specialist, tying her career best that season with a 9.950 against Eastern Michigan. At the 2004 NCAA Championships, she scored a 9.725 on beam during the preliminary session. Her sophomore season, she scored a career best 9.925 on the beam at Utah State and spent her junior season competing primarily on the bars and beam. Giorgianni scored a 9.775 on the beam at the 2003 NCAA Championships preliminary session. She scored a career-high 9.875 on the bars against Kentucky and competed on the vault in one meet.

Her freshman season was cut short after suffering a knee injury in warm-ups before a meet against Auburn. That season, Giorgianni competed on the vault and beam.

A native of San Jose, Giorgianni graduated from Santa Teresa High School and competed and coached at Airborne Gymnastics.



Shella Martinez Assistant Coach Fourth Season

Shella Martinez is in her fourth season as a member of the San Jose State women's gymnastics coaching staff. She brings over 11 years of coaching experience to the Spartans. Martinez is the beam coach and handles all choreography for the Spartans.

Prior to coming to San Jose State, Martinez spent five seasons as the Developmental Program Director and head coach for Pegasus Gymnastics Academy in Milpitas, Calif. During Martinez's career as a head coach she trained a Level 10 national competitor, Level 10 regional qualifiers, and Level 5, 6 and 7 state championship teams.

From 1995 to 1998, Martinez worked at Funtastics Gymnastics, in Coeur d'Alene, Idaho where she developed and implemented programs to aid in the teaching of fundamental gymnastics.

Martinez competed for the Gold Cup Gymnastics Academy in Albuquerque, N.M. Her personal achievements as a gymnast include competing at Nationals as a Level 10 gymnast and at Regionals as a Level 9 and 10 gymnast. In 1989, Martinez won the Level 8 New Mexico state championships.

Currently, Martinez attends San Jose State University and is working toward a bachelor's degree in biology.

Giorgianni received a Bachelor of Arts Degree in sociology in 2005 from Arizona State. Her father. Peter, was a member of the Spartan men's swimming team, while her mother, Patty, did modern dance at San Jose State.









Leah Bigelow BB, FX 5-5, Junior Trabuco Hills, Calif./Trabuco Hills HS National Gymnastics Training Center

SJSU: Leah is in her third season with the San Jose State women's gymnastics team.

2006: Leah was the team's top performer on beam...won the beam at Sacramento State with a career-best 9.825...scored a 9.775 at Seattle Pacific and a 9.750 at Stanford and at California...tied for first with a 9.725 against Seattle Pacific and Illinois-Chicago and scored

a 9.725 at UCLA...scored a 9.700 or better in seven meets.

2005; Leah competed in nine meets exclusively on the beam for the Spartans...scored a season-high 9.750 at Boise State... recorded two other scores of 9.700 or better – 9.725 at Seattle Pacific and 9.700 at Sacramento State.

CLUB: Leah competed at the National Gymnastics Training Center in Aliso Viejo, Calif...was a Level 10 State and Regionals competitor in 2003 and 2004 and placed fourth in the state on the beam in 2004...also a Level 9 State competitor in 2000, 2001 and 2002.

HIGH SCHOOL: Bigelow is a 2004 graduate from Trabuco Hills High School in Mission Viejo, Calif.

PERSONAL: Leah is majoring in journalism with an emphasis in magazine writing...after college, plans to write for a teen or fashion magazine...a two-time San Jose State "Scholar Athlete," an Academic All-WAC honoree and a 2005 NACGC/W Scholastic All-America Team selection...enjoys dancing, shopping, reading and watching movies in her free time...Leah turned 20-years-old prior to the 2007 gymnastics season and was born in Fountain Valley, Calif.



Favorites
Favorite Type of Food:Chinese
Favorite meal made at home:tacos
Two words to describe me:caring & organized
My favorite place I have visited out-of-town:Paris, France
Place I would like to visit:New York
Favorite sport to watch other than my sport:hockey & football
Best non-athletic talent:painting
Favorite movie:10 Things I Hate About You
My biggest pet peeve:bad drivers
Thing I wish I was better at:telling stories

Season Highs							
Year	V	UB	BB	FX	AA		
2005	—	—	9.750		_		
2006		_	9.825		_		
Beam	Career Highs						

8 • 2007 Women's Gymnastics Guide



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Alise Blackwell All-Around 5-6, Sophomore San Jose, Calif./Archbishop Mitty HS Airborne Gymnastics

SJSU: Alise is in her second season competing for the San Jose State women's gymnastics team.

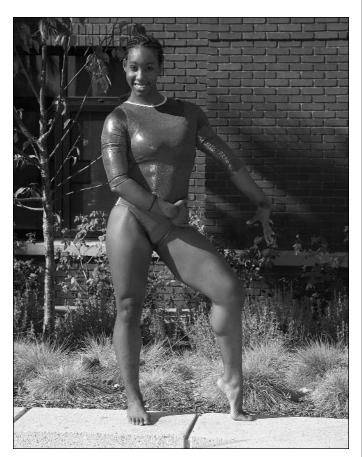
2006: Alise competed on the bars in every meet, the floor in 11 meets and the vault in one meet...on the bars, scored a 9.800 against CS Fullerton and a 9.750 against UC Davis...on

the floor, scored a season-best 9.825 at Sacramento State and achieved a 9.700 or higher in four meets...competed on the vault at Seattle Pacific and scored a 9.575.

CLUB: Blackwell competed for Airborne Gymnastics where she was coached by San Jose State gymnastics alumni Justin Howell and Melanie Ruggiero...was a Level 10 gymnast and qualified for the 2002 USAG Junior Olympic Nationals...was the 2002 and 2004 state bar champion and 2002 state floor champion.

HIGH SCHOOL: Blackwell graduated from Archbishop Mitty High School in 2005.

PERSONAL: Alise is undecided on her major but is looking into majoring in biology...would like to be a pediatrician or a sports doctor...a San Jose State "Scholar Athlete" and an Academic All-WAC selection...enjoys shopping and spending time with her family...Alise will turn 20-years-old during the 2007 season and was born in Sacramento, Calif.



Favorites						
Favorite meal made at home:tacos						
Favorite TV show:Bernie Mac						
My favorite place I have visited out-of-town:Bahamas			Seaso	n Higł	าร	
Place I would like to visit:Africa	Year	V	UB	BB	FX	AA
My biggest fear, period:flying & spiders	2006	9.575	9.800	—	9.825	—
Best non-athletic talent:dancing						
Person whose shoes I would like to fill for a day:Beyonce				r High		
Favorite pro sports team:Miami Heat			at Seattle			
Most impressive person I know:my grandma, Alice Moss			CS Fulle			
The most famous person to attend my high school:Kerri Walsh	Floor	9.825	at Sacrar	nento S	tate, Feb.	. 17, 2006





Raylyn Cardeno V, BB, FX 4-11, Senior Bakersfield, Calif./Liberty HS Stars Gymnastics

SJSU: Raylyn begins her third season with the San Jose State women's gymnastics team.

2006: Raylyn scored a 9.700 or better on the vault in 10 meets...scored a career best 9.850 against UC Davis which tied for the third-best vault score in school history...also had a 9.825 at CS Fullerton and added a 9.800 at the NCAA West Regional, Master's Classic and

at California...also competed on the floor and scored a 9.600 or better three times including a career-best 9.650 at Sacramento State...had a 9.625 against Sacramento State and at Seattle Pacific.

2005: Raylyn competed on the vault and floor for the Spartans...a member of the vault team in all 11 matches and competed on the floor in the first four meets...on the vault, scored a season-high 9.675 at the MPSF Championships and a 9.575 in four different meets...season high on the floor was a 9.450 against CS Fullerton.

CLUB: Raylyn competed at Stars Gymnastics in San Marcos, Calif...was the Level 9 state vault champion in 2002...from 1998-2002, was a Level 8 & 9 state and regional qualifier...in 2003, was a Level 10 state qualifier.

HIGH SCHOOL: Cardeno is a 2003 graduate of Liberty High School in Bakersfield, Calif.

PERSONAL: Raylyn is majoring in health science and would like to be a nurse after graduation...enjoys spending time with friends and family...she and her sister, Shina, are the only set of sisters to compete together for the San Jose State women's gymnastics program...Raylyn turned 21-years-old prior to the school year and was born in Oxnard, Calif.



Favorites	
My teammates call me:	RayRay
Favorite Type of Food:	
Favorite TV show:	Saved By The Bell
My favorite place I have visited out-of-town:	
Favorite sport to watch other than my sport:	cheerleading
My pre-game ritual or superstition:	listening to music
Favorite movie:	Love & Basketball
Favorite pro sports team:	Los Angeles Lakers
Team I would like to add to the schedule:	Florida
Thing I wish I was better at:	.not procrastinating

. .							
hi ell	Season Highs						
aii	Year	V	UB	BB	FX	AA	
	2005	9.675	—	—	9.450	—	
ng	2006	9.850	—	8.700	9.650	_	
sic							
all			Care	eer Hig	hs		
ers	Vault	9.850	UC D	avis, Feb	. 24, 200	6	
da	Floor	9.650	at Sac	ramento	State, Fe	eb. 17, 2006	
ng							
2							





Shina Cardeno V, FX 5-0, Junior Bakersfield, Calif./Liberty JS Stars Gymnastics

SJSU: Shina is in her third season with the San Jose State gymnastics team.

2006: Shina was a vault specialist as she set the school record with a 9.925 against UC Davis on February 24...named the WAC Gymnast of the Week for February 27, after she broke the five-year-old vault record...scored a 9.725 or better in seven of the last nine meets

and had a 9.825 at Sacramento State and a 9.800 at California.

2005: Shina competed exclusively on the vault in all 11 meets for San Jose State...scored a season-high 9.700 against UC Davis and Seattle Pacific and scored a 9.650 at the MPSF Championships.

CLUB: Cardeno competed at Stars Gymnastics in San Marcos, Calif...was the Level 9 state champion on beam in 2002 and was a Level 10 state and regional qualifier in 2003-04.

HIGH SCHOOL: Shina attended Liberty High School in Bakersfield, Calif.

PERSONAL: Shina is a business management major at San Jose State...enjoys going to the movies and hanging out with friends...she and her sister, Raylyn, are the only set of sisters to compete for the San Jose State women's gymnastics program...Shina turned 20-years-old just before the start of the 2006-07 school year and was born in Oxnard, Calif.



Favorites
Favorite TV show:So You Think You Can Dance
Place I would like to visit:Paris, France
My biggest fear, period:spiders
Favorite sport to watch other than my sport:ice skating
Favorite musical artist:Christina Aguilera
Person whose shoes I would like to fill for a day:Oprah Winfrey
Favorite movie:Liar Liar
One possession I would keep if I lost all the others:my phone
Favorite place in San Jose:Valley Fair Mall
The highlight of your sports career:breaking the SJSU vault record

Season Highs							
Year	V	UB	BB	FX	AA		
2005	9.700			—			
2006	9.925						
		Care	er High	าร			
Vault	9.925	UC Day	vis, Feb.	24, 2006			
	2005 2006	2005 9.700 2006 9.925	Year V UB 2005 9.700 2006 9.925	Year V UB BB 2005 9.700 — — 2006 9.925 — — Career High	Year V UB BB FX 2005 9.700 2006 9.925 Career Highs		





Casey Jay V, FX 5-2, Junior Campbell, Calif./Leigh HS West Valley Gymnastics

SJSU: Casey enters her third season with the San Jose State women's gymnastics team.

2006: Jay did not compete for the Spartans during the season.

2005: Jay competed on the vault and floor in every meet for the Spartans during the season...scored a 9.750 on the vault at the MPSF Championships and added a 9.725 against Stanford and Cal...season-high 9.825 on floor at UC Davis...also scored a 9.800 against CS Fullerton and against Stanford and Cal...also competed on bars in the first meet of the year against CS Fullerton where she scored a 9.275.

CLUB: Jay competed at the West Valley Gymnastics School in San Jose, Calif...accomplishments included being the 2002 Level 9 regional vault champion, 2004 national qualifier and member of the first place Level 10 team and 2003 Level 10 first place state team.

HIGH SCHOOL: Casey is a 2004 graduate of Leigh High School in San Jose, Calif.

PERSONAL: Casey is majoring in journalism with a concentration in magazine writing...would like to write for a news magazine after graduation...hobbies include shopping and reading...a two-time San Jose State "Scholar Athlete"...Casey turned 20years-old prior to the 2007 season and was born in Mountain View, Calif.



Favorites
Favorite TV show:The Price is Right & The OC
Two words to describe me:hilarious & loud
My biggest fear, period:spiders & drowning
Favorite sport to watch other than my sport:football
Favorite musical artist:Kelly Clarkson
Person whose shoes I would like to fill for a day:Jennifer Lopez
Favorite movie:Liar Liar
Favorite pro sports team:San Francisco 49ers
One possession I would keep if I lost all the others:camera
Thing I wish I was better at:singing

	Season Highs							
Year	V	UB	BB	FX	AA			
2005	9.750	9.275	—	9.825	—			
	Career Highs							
Vault	9.75	io at M	PSF Cł	hamp., Ma	ar. 26, 2005			
Bars	9.275 vs. CS Fullerton, Jan. 14, 2005							
Floor	9.82	25 at U	C Davi	s, Feb. 27,	2005			





Danielle Johnson Vault 5-9, Senior Canyon Lake, Calif./Temescal Canyon HS S.C.E. Gymnastics Academy

SJSU: Danielle is in her fourth season with the San Jose State women's gymnastics team.

2006: Dani did not compete on the vault for the Spartans.

2005: Johnson did not compete on any events during the season for San Jose State.

2004: Danielle did not compete on any events during the 2004 season.

CLUB: Johnson competed for S.C.E.G.A...coached by Tim Garrison, Kathy Strate and Meredith Paulicivic...was a Level 10 2003 state and regional qualifier...in 2002, competed at Level 9 nationals and placed sixth on the bars and nine in the allaround.

HIGH SCHOOL: Johnson graduated from Temescal Canyon High School in Lake Elsinore, Calif., in 2003.

PERSONAL: Danielle is majoring in child development and would like to be a teacher or counselor after graduation...hobbies include going to the beach and people watching...Danielle will turn 22-years-old just after the 2007 season and was born in Lindsay, Calif.



Favorites
My teammates call me:Dani
Favorite meal made at home:Taco Night
Favorite TV show:Entourage
My favorite place I have visited out-of-town:Hawaii
Place I would like to visit:Europe
My biggest fear, period:sharks
Person whose shoes I would like to fill for a day:Nicole Richie
Favorite movie:Never Been Kissed
My biggest pet peeve:people not listening
One possession I would keep if I lost all the others:pictures





Greta Leach All-Around 5-4, Senior Santa Rosa, Calif./Montgomery HS Rohnert Park Gymnastics

SJSU: Greta begins her fourth season with the San Jose State women's gymnastics team.

2006: Greta did not compete for the Spartans due to injuries.

2005: For the second consecutive season, Leach qualified as an individual in the all-around for the NCAA West Regionals...competed in the all-around in all 11 meets...won four straight weeks for the Spartans and was honored as the MPSF Gymnast of the Week after winning the all-around at Seattle Pacific (Feb. 10) with a 38.725...on

the vault, scored a season-high 9.725 against Stanford and California...on the bars, scored a 9.875 against Air Force and at UC Davis... on the beam, received a 9.875 against Stanford and California...on the floor, scored a 9.825 at CS Fullerton and a 9.800 vs. Stanford and California.

2004: Leach qualified as an individual in the all-around for the NCAA West Regionals...scored a 38.775 in the all-around including a 9.800 on the beam...finished third at the MPSF Championships in the all-around with a season-high 39.175... at that meet, also scored a season-best 9.825 on the bars and a career-best 9.925 on the floor...competed in the all-around in 10 of the 11 meets...on the vault, scored a 9.725 at Alaska-Anchorage...on the beam, scored a 9.800 or higher in five meets including a 9.850 against Texas Woman's.

CLUB: Leach competed for Rohnert Park Gymnastics...USAG Nationals first alternate in 2000 and 2002...four-time Level 10 Regional competitor...third in the all-around at the 2003 State Championships...2001 Level 10 bronze medalist on bars.

HIGH SCHOOL: Leach graduated from Montgomery High School in Santa Rosa, Calif., in 2003.

PERSONAL: Greta is a business management major...a threetime San Jose State "Scholar Athlete"...favorite activities include listening to music...Greta will turn 22-years-old during the 2007 season and was born in Santa Rosa, Calif.

Favorites

My teammates call me:	G or Gret
Favorite meal made at home:	teriyaki sticks
Favorite class at San Jose State:	Meteorology
Favorite TV show:	Friends, Lost
Two words to describe me:	random & dedicated
Favorite sport to watch other than my sp	ort:hockey
Favorite musical artist:	Red Hot Chili Peppers
Favorite movie:	Garden State
Favorite pro sports team:	San Jose Sharks
Thing I wish I was better at:	drawing



	Season Highs							
Year	V	UB	BB	FX	AA			
2004	9.725	9.825	9.850	9.925	39.175			
2005	9.725	9.875	9.875	9.825	38.900			
		Care	er Hig	hs				
Vault	Vault 9.725 Two meets							
Bars	9.87	75 Two	meets					
Beam	9.87	75 vs. S	stanford,	Cal, Ma	ar. 19, 2005			
Floor	Floor 9.925 MPSF Champ., Mar. 20, 2004							
All-Ar	ound 3	9.175 N	/IPSF Ch	amp., M	1ar. 20, 2004			





Liz Major UB, BB 5-5, Senior Greeley, Colo./Greeley West HS Windsor Gymnastics Academy

SJSU: Liz begins her fourth season with the San Jose State women's gymnastics team.

2006: Liz did not compete on any events for the Spartans.

2005: After recovering from a dislocated knee injury that happened in preseason workouts, she competed in the final two meets on the bars for San Jose State...scored a 9.650 against Stanford and California and a 9.450 at the MPSF Championships.

2004: Major competed in every meet for the Spartans...competed in the all-around in five meets...scored a 38.650 at California...on the vault, had a 9.800 at California...bars high of 9.875 came at the MPSF Championships and against Sacramento State...on the beam, scored a 9.800 at the MPSF Championships, while on the floor had a 9.825 in the same meet.

CLUB: Major competed for Windsor Gymnastics Academy in Greeley, Colo...a five-time Level 10 Regional qualifier and a two-time Level 10 National competitor.

HIGH SCHOOL: Major graduated from Greeley West High School in Greeley, Colo., in 2003.

PERSONAL: Liz is majoring in psychology with a minor in biology...would like to go to veterinary school or get her master's degree in marine biology after graduation...a three-time San Jose State "Scholar Athlete"...hobbies include camping, fishing and going to the beach...Liz turned 20-years old prior to the 2006-07 school year and was born in San Antonio, Texas.



Favorites
Favorite Type of Food:Sushi
Favorite TV show:Friends
Two words to describe me:fun & dependable
My favorite place I have visited out-of-town:Cabo San Lucas
Place I would like to visit:Venice
Favorite sport to watch other than my sport:football
Best non-athletic talent:crossword puzzles
Favorite musical artist:Keith Urban
Favorite pro sports team:Denver Broncos
Thing I wish I was better at:not procrastinating & patience

Season Highs						
Year	V	UB	BB	FX	AA	
2004	9.800	9.875	9.800	9.825	38.650	
2005		9.650	—	—	—	
		Care	er Hig	hs		
Vault	9.80	0 at Ca	alifornia	, Jan. 23,	2004	
Bars	9.87	75 Two	meets			
Beam	9.80	0 MPS	F Cham	p., Mar.	20, 2004	
Floor	9.82	25 MPS	F Cham	p., Mar.	20, 2004	
All-Arc	ound	38.650	at Cali	fornia, Ja	an. 23, 2004	

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Michelle Minotti All-Around 5-8, Junior Rohnert Park, Calif./Rancho Cotate HS **Rohnert Park Gymnastics**

SISU: Michelle is in her third season with the San Jose State women's gymnastics team. **2006:** Michelle competed in the all-around in 13 of the 14 meets...only competed on bars and beam at Seattle Pacific...won the all-round against Seattle Pacific and Illinois-Chicago with a season best 39.050...also won at Sacramento State and against CS Fullerton with a 38.875 in both meets...season bests included a 9.825 in the vault against Seattle Pacific and

Illinois-Chicago and at California, 9.800 on the bars against CS Fullerton, 9.750 on beam against UC Davis and 9.800 on floor against Seattle Pacific and Illinois-Chicago...scored a 9.700 or better nine times on the vault, three times on the bars, four times on the beam and six times on the floor... honored twice as the WAC Gymnast of the Week (Jan. 30 and Feb. 6) after back-to-back wins in the all-around against CS Fullerton (Jan. 27) and Seattle Pacific and Illinois-Chicago (Feb. 3). 2005: In her first season with the Spartans, Minotti qualified as an individual in the all-around at the NCAA West Regional meet...scored a season-high 39.150 in the all-around against Stanford and California...scored a 9.850 on the beam at the NCAA Regional and a 9.825 against Stanford and California... on the floor, had a 9.825 at UC Davis and scored a 9.800 versus Air Force and Stanford and California...on the vault, scored a 9.800 against Stanford and California...on the bars, her 9.750 came against Air Force.

CLUB: Minotti competed for Rohnert Park Gymnastics in Rohnert Park, Calif...a four-time Level 10 regional qualifier and a 2002 national qualifier.

HIGH SCHOOL: Michelle is a 2004 graduate of Rancho Cotate High School in Rohnert Park, Calif.

PERSONAL: Minotti is majoring in business management at San Jose State ... would like to own her own business after graduation ... a two-time San Jose State "Scholar Athlete," an Academic All-WAC honoree and a 2005 NACGC/W Scholastic All-America Team selection ... enjoys wakeboarding and scrapbooking...Michelle will turn 21-years-old at the end of the 2007 season and was born in Hershey, Pa.



Favorite Type of Food:French Fries
Favorite meal made at home:anything mom makes
My favorite place I have visited out-of-town:Mexico
Place I would like to visit:Greece
My biggest fear, period:flying
Favorite sport to watch other than my sport:hockey
Best non-athletic talent:hula hooping
Person whose shoes I would like to fill for a dayDonald Trump
Favorite pro sports team:San Francisco Giants

Favorite place in San Jose:anywhere with friends

Favorites

Season Highs								
Year	V	UB	BB	FX	AA			
2005	9.800	9.750	9.850	9.825	39.150			
2006	9.825	9.800	9.750	9.800	39.050			
		Care	er Hig	hs				
Vault 9.825 Seattle Pacific, UIC, Feb. 3, 2006								
Bars	9.800	CS Fullerton, Jan. 27, 2006						
Beam 9.850 NCAA West Regional, April 9, 2005								
Floor	9.825	at UC Da	at UC Davis, February 27, 2005					
All-Ar	ound	39.150	vs. Stanf	ord, Cal,	,			

TT:

Mar. 19, 2005

16 • 2007 Women's Gymnastics Guide





Renae Moneymaker All-Around 5-7, Sophomore Santa Rosa, Calif./Montgomery HS Rohnert Park Gymnastics

SJSU: Renae is in her second season competing for the San Jose State women's gymnastics team.

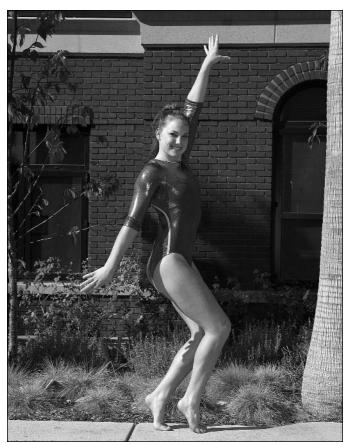
2006: Renae was a first-team All-WAC selection on the vault...competed in the all-around in every meet but the first one of the season...won the all-around at Seattle Pacific with a

season-best 38.800...scored a 38.650 against UC Davis and a 38.600 at California...scored a 9.700 or better on six vaults including a season-best 9.825 at the WAC Championships... added a 9.800 against Sacramento State and a 9.775 against Seattle Pacific and Illinois-Chicago...scored a 9.775 on bars against UC Davis and a 9.750 at UCLA and at California... scored a 9.750 on the beam at Seattle Pacific...on the floor, received a 9.800 at Seattle Pacific and against Sacramento State...scored a 9.725 at the WAC Championships and against UC Davis and a 9.700 versus Seattle Pacific and Illinois-Chicago.

CLUB: Moneymaker competed for Rohnert Park Gymnastics at USAG Level 10...a three-time state, regional and national qualifier...placed second on the bars and fourth on the beam at the 2002 regionals.

HIGH SCHOOL: Moneymaker graduated from Montgomery High School in Santa Rosa, Calif., in 2005.

PERSONAL: Renae is undecided on her major but is considering majoring in nutrition...would like to work as a dental hygientist after graduation...a San Jose State "Scholar Athlete" and an Academic All-WAC honoree...older sister, Heidi, was an All-American gymnast at UCLA (1997-2000) and currently works as a stuntwoman....brother, Sean, is a member of the Marine Corps and has served two tours of duty in Iraq...Renae turns 20-years-old at the beginning of the 2007 season and was born in Santa Rosa, Calif.



Favorites								
My teammates call me:Money or Nae			Seas	on Hig	hs			
Favorite Type of Food:Mexican		V	UB	BB	FX	AA		
Favorite meal made at home:spaghetti	2006	9.825	9.775	9.750	9.800	38.800		
Two words to describe me:weird & outgoing			Care	or Hig	he			
Place I would like to visit:Hawaii	\$7.10	Career Highsault9.825WAC Championships, Mar. 25, 2006ars9.775UC Davis, Feb. 24, 2006						
My biggest fear, period:sharks	Vault	9.825	WAC Ch	ampion	ships, M	lar. 25, 2006		
Favorite sport to watch other than my sport:football & ice skating	Beam	9.750	at Seattle	e Pacific,	Feb. 10	, 2006		
Favorite musical artist:Eminem	Floor	9.800	at Seattle	e Pacific,	Feb. 10	, 2006		
Favorite movie:Zoolander			Sacrame					
Thing I wish I was better at:baking	All-A	round 3	8.800 at	Seattle F	Pacific, F	eb. 10, 2006		





Jennifer Pizano UB, BB, FX 5-6, Sophomore Waterford, Calif./Waterford HS GymStars-Stockton

SJSU: Jennifer is in her second season competing with the San Jose State women's gymnastics team.

2006: Jennifer competed on the bars in three meets. Her best score came at the Stanford meet with a 9.125.

CLUB: Pizano competed for GymStars in Stockton, Calif...the 2004 Level 9 regional champion and placed second at the 2004 Level 9 state competition.

HIGH SCHOOL: Pizano graduated from Waterford (Calif.) High School in 2005.

PERSONAL: Jennifer is majoring in mathematics and would like to teach high school math after graduation...a San Jose State "Scholar Athlete"...enjoys horseback riding and watching movies in her free time...Jennifer turns 20-years-old after the 2007 season and was born in Palo Alto, Calif.



Favorites	
Favorite TV show:The Closer	
Two words to describe me:talkative & supportive	
My favorite place I have visited out-of-town:Disneyland	
Place I would like to visit:England & France	
My biggest fear, period:failing or giving up	
Favorite sport to watch other than my sport:football & swimming	Year
Best non-athletic talent:cooking	2006
Favorite musical artist:Faith Hill	
Favorite movie:Miracle, Rudy & Dreamer	
One possession I would keep if I lost all the others:cell phone	Bars

Season Highs											
Year	V	UB	BB	FX	AA						
2006	—	9.125	—	_	—						
		Caree	r High	ıs							
Bars	9.	125 at St	0		2006						
			/	, -,							





Veronica Porte All-Around 5-3, Sophomore Martinez, Calif./Alhambra HS Golden Gate Gymnastics

SJSU: Veronica is in her second season competing for the San Jose State women's gymnastics team.

2006: Veronica competed in the all-around in all 14 meets and was a second team All-WAC selection in the all-around...had her best all-around meet of the year at the WAC

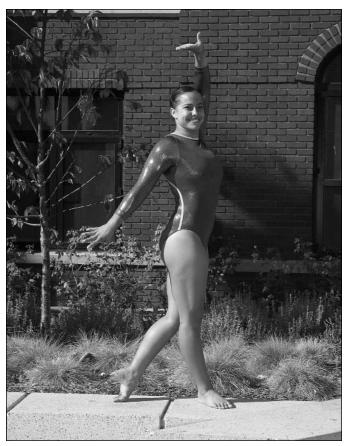
Championships with season-bests of 38.825 in the all-around and 9.700 on the beam...in the all-around, scored a 38.800 against Sacramento State at home and received a 38.675 in three consecutive meets...on the vault, scored a 9.700 or better

in four meets including a 9.750 against Seattle Pacific and Illinois-Chicago, a 9.725 against Sacramento State and at the WAC Championships and a 9.700 at Sacramento State...scored her season-best on the bars with a 9.800 three times – against Seattle Pacific and Illinois-Chicago, at Sacramento State and at home against Sacramento State...on the beam, scored a 9.700 at the WAC Championships, a 9.675 against UC Davis and a 9.600 at Seattle Pacific...scored a season best 9.850 on the floor at Sacramento State and scored a 9.700 or better in six meets.

CLUB: Porte competed for Golden Gate Gymnastics in Concord, Calif., and was coached by 1988 Olympian Tracee Talavera...the 2000 and 2002 regional vault champion and a 2003 alternate for the Junior Olympics...a 2005 national qualifier and was a six-time Level 10 state and regional qualifier.

HIGH SCHOOL: Porte graduated from Alhambra High School in 2005.

PERSONAL: Veronica is undecided on her major but would like to be an elementary school teacher after graduation...a San Jose State "Scholar Athlete" and Academic All-WAC honoree... hobbies include shopping and hanging out...Veronica turned 19-years-old at the beginning of the 2006-07 school year and was born in Wilmington, Calif.



Favorites	Season Highs							
Favorite meal made at home:Dad's BBQ	Year	V	UB	BB	FX	AA		
Two words to describe me:outgoing & caring	2006	9.750	9.800	9.700	9.750	38.825		
My favorite place I have visited out-of-town:Europe			-					
Place I would like to visit:	Career Highs							
Favorite sport to watch other than my sport: baseball & football	Vault	ault 9.750 Seattle Pacific, UIC, Feb. 3, 2006						
Favorite musical artist:	Bars	Bars 9.800 Sacramento State, March 10, 2006 9.800 at Sacramento State, Feb. 17, 2006 9.800 Seattle Pacific, UIC, Feb. 3, 2006						
Favorite movie:								
Favorite pro sports team:Oakland Athletics	Beam			,	,	lar. 25, 2006		
Team I would like to add to the schedule:Georgia			at Texas					
Thing I wish I was better at:communicating								





Bailey Baker All-Around 4-11, Freshman Las Vegas, Nev./ Del Sol HS Browns Gymnastics

SJSU: Bailey begins her first

year with the San Jose State women's gymnastics team.

CLUB: Baker competed for Browns Gymnastics in Las Vegas and was coached by Dayna Issacs-Waroe ... the 2006 Level 10 vault champion, placed second in the all-around in the state championships and was the region one floor champion and the all-around runnerup...qualified for the 2006 Junior Olympic National Championships where she placed 15th in the all-around...in 2005, was the Level 10 state champion in the all-around, vault and beam ... placed eighth in the all-around at the regional and was an alternate for the national competition.



HIGH SCHOOL: Baker graduated from Del Sol High School in Las Vegas, Nev., in 2006.

PERSONAL: Bailey is majoring in nutrition and hopes to be a nutritionist after graduation...enjoys shopping and spending time with her family...Bailey turned 18-years-old before the school year and was born in Las Vegas, Nev.

Favorites

T WY OTHERS
Favorite Type of Food:Mexican
Favorite meal made at home:chicken
Favorite TV show:Project Runway
Two words to describe me:energetic & small
Place I would like to visit:
Favorite website:itunes
Favorite musical artist:Nickleback
Person whose shoes I would like to fill for a day:Bill Gates
My biggest pet peeve:when people lie
Thing I wish I was better at:singing



season at San Jose State.

Kelli Fournier All-Around 5-2, Freshman Bellevue, Wash./ Bellevue Christian HS Gymnastics East

SJSU: Kelli is in her first

CLUB: Fournier competed for Gymnastics East in Bellevue, Wash., for coaches John and Tammy Carney...in 2006, was a Level 10 Junior Olympic National Championship qualifier...the 2005 Washington state vault champion and the regional vault, bars and all-around champion... was a 2005 national qualifier... placed second at the 2004 Western National Championships.

> **HIGH SCHOOL:** Fournier graduated from Bellevue Christian High School in 2006.

PERSONAL: Kelli has not decided on a major...enjoys rock climbing, hiking and camping...Kelli will turn 19years-old during the season and was born in Bellevue, Wash.

Favorites

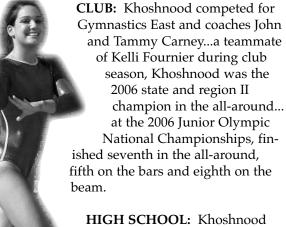
Favorite meal made at home:chicken & pesto pasta
Favorite TV show: Everybody Loves Raymond
Two words to describe me:honest & sincere
Place I would like to visit:Europe
Favorite musical artist:Rascal Flatts
Person whose shoes I would like to fill for a day: Oprah
Favorite movie:Remember the Titans
Favorite pro sports team:Seattle Seahawks
One possession I would keep if I lost all the others:pictures
Thing I wish I was better at:public speaking





Jessica Khoshnood All-Around 5-3, Freshman Bellevue, Wash./ Newport HS Gymnastics East

SJSU: Jessica is in her first year with the San Jose State women's gymnastics team.



HIGH SCHOOL: Khoshnood graduated from Newport High School in 2006.

PERSONAL: Jessica is a business accounting major and would like to be an accountant and go to graduate school after graduation...hobbies include listening to music...Jessica

turned 18-years-old just prior to the 2006-07 school year and was born in Bellevue, Wash.



Tiffany Louie All-Around 5-3, Freshman Millbrae, Calif./ Carlmont HS San Mateo Gymnastics

SJSU: Tiffany begins her first season as a member of the San Jose State women's gymnastics team.

CLUB: Louie competed at San Mateo Gymnastics for coach Erica Meitz...in 2006, placed fifth in the all-around at the state championships, sixth at regionals and 17th at the USA Gymnastics Junior Olympic National Championships.

HIGH SCHOOL: Louie graduated from Carlmont High School in 2006.

PERSONAL: Tiffany is majoring in occupational therapy and hopes to be a physical therapist specializing in sports injuries after graduation...enjoys shopping...Tiffany turned 18-yearsold at the beginning of the school year and was born in San Mateo, Calif.

Favorites

Favorite meal made at home:BBQ chicken
Favorite TV show:
My favorite place I have visited out-of-town:Chicago
Place I would like to visit:Middle East/Iran
My biggest fear, period:spiders
Favorite sport to watch other than my sport:
Favorite website:myspace.com
Favorite movie:
Favorite pro sports team:Seattle Seahawks
Thing I wish I was better at:public speaking

Favorites

Favorite Type of Food:Japanese
Favorite meal made at home:pasta
Favorite TV show:Will & Grace
Two words to describe me:outgoing & funny
Best non-athletic talent:making people laugh
Favorite musical artist:The Fray
Favorite movie:Legally Blonde
My biggest pet peeve:when people act fake
Favorite pro sports team:Oakland Raiders
My first impression of my coach was:competitive

www.sjsuspartans.com



Shelby MacDonald UB, BB, FX 5-3, Freshman Santa Barbara, Calif./ Santa Barbara HS Spirals Gymnastics

SJSU: Shelby is in her first

season with the San Jose State women's gymnastics program.

> **CLUB:** MacDonald competed for Spirals Gymnastics and coach Constantin Petrescu... was a regional and state qualifier and placed on the beam and floor during these competitions.

HIGH SCHOOL: MacDonald graduated from Santa Barbara High School in 2006.

PERSONAL: Shelby is a kinesiology major and would like to be a physical therapist after graduation...enjoys drawing and going to the beach...Shelby turned 19-years-old just prior to the 2007 season and was born in Santa Barbara, Calif.



Chantel Spurgeon UB, BB 5-6, Freshman Boca Grande, Fla./ Lemon Bay HS Coast Elite

SJSU: Chantel begins her

first season with the San Jose State gymnastics program.

CLUB: Spurgeon competed for Coast Elite and Dave Zwiflehoffer...in 2006, finished sixth at the regionals and was a Level 9 qualifier for the national competition... won the "Outstanding Achievement Award" for floor and beam from her gym.

HIGH SCHOOL: Spurgeon graduated from Lemon Bay High School in Englewood, Fla., in 2006.

PERSONAL: Chantel is majoring in business management at San Jose State...enjoys surfing and skating...Chantel turned 19years-old prior to the 2006-07 school year.



Favorites

Favorite meal made at home:mashed potatoes Favorite TV show:Boy Meets World & Fresh Prince Place I would like to visit:Costa Rica My biggest fear, period:the dark Best non-athletic talent:drawing Favorite movie:Remember the Titans My biggest pet peeve:people snoring Favorite pro sports team:Buffalo Bills Thing I wish I was better at:staying focused Most famous person to attend my high school:Randall Cunningham

Favorites

Favorite Type of Food:	sushi
Favorite meal made at home:le	mon chicken
Favorite TV show:L	aguna Beach
Place I would like to visit:	Fiji
My biggest fear, period:	alligators
Favorite sport to watch other than my sport:	\ldots .surfing
Favorite musical artist:	Blindside
Favorite pro sports team:Dal	las Cowboys
One possession I would keep if I lost all the other	s: surf board
Thing I wish I was better at:sl	kateboarding





Gabrielle Targosz UB, BB, FX 5-3, Freshman Phoenix, Ariz./ Shadow Mountain HS Arizona Sunrays

SJSU: Gabrielle is in her

first season with the San Jose State women's gymnastics team.

CLUB: Targosz competed for Arizona Sunrays and Dan Whitenstien...finished second in the all-around at the 2006 Region 1 Championships and tied for second in the all-around at the 2006 Level 9 Western Gymnastic National Championships.

HIGH SCHOOL: Targosz graduated from Shadow Mountain High School in Phoenix, Ariz., in 2006... was a member of the school's cheerleading squad for one season (2004) and the team placed second at nationals.

PERSONAL: Gabrielle is undecided on her major but is considering becoming a high school math teacher...

enjoys being with her family and friends...Gabrielle turned 19-years-old at the beginning of the 2006-07 school year.







Favorites





2006 Results

Date	Opponents	Vault	Bars	Beam	Floor	Total
1/8/06	North Carolina State	48.725	47.425	45.025	47.400	188.575
1.2	San Jose State	48.525	47.325	45.500	47.200	188.450
	at CS Fullerton	47.250	48.000	46.450	46.275	187.975
	Utah State	48.300	46.575	46.450	46.600	187.925
1/15/06	at Stanford	48.975	49.250	48.825	47.300	194.350
, . ,	Sacramento State	47.675	48.050	48.100	47.700	191.525
	San Jose State	48.250	47.525	48.075	46.725	190.575
	UC Davis	47.350	47.250	46.200	46.075	186.875
1/21/06	New Hampshire	48.800	48.400	48.450	48.750	194.400
1/21/00	at Texas Woman's	47.850	48.100	47.250	47.700	190.900
	San Jose State	48.100	47.175	47.100	47.925	190.300
	Wisconsin-Eau Claire	45.950	41.925	46.475	46.950	190.300
1/27/06	SAN JOSE STATE	43.930	48.750	48.250	48.225	193.125
1/2//06	CS FULLERTON	47.900	47.900	48.250	48.225	193.125
alalac						And a second second
2/3/06	SAN JOSE STATE	48.875	47.550	48.200	48.325	192.950
- E	SEATTLE PACIFIC	47.425	46.725	47.675	48.400	190.225
aladar	ILLINOIS-CHICAGO	48.275	46.000	47.575	47.825	189.675
2/10/06	San Jose State	48.400	47.725	47.750	48.575	192.450
- / /	at Seattle Pacific	47.750	47.075	47.900	47.475	190.200
2/17/06	at Sacramento State	48.725	48.350	47.925	48.925	193.925
1 A	San Jose State	48.625	47.525	48.625	48.850	193.625
2/24/06	SAN JOSE STATE	48.950	47.275	48.550	48.500	193.275
	UC DAVIS	48.450	46.925	46.675	46.875	188.925
2/26/06	at Nebraska	49.000	49.100	48.200	48.950	195.250
	San Jose State	48.525	48.375	48.000	47.925	192.825
	Central Michigan	48.100	47.000	48.575	48.125	191.800
	Northern Illinois	47.750	47.725	48.075	48.075	191.625
3/5/06	Stanford	49.075	49.200	48.600	49.075	195.950
	at UCLA	49.175	49.200	47.525	49.250	195.150
	San Jose State	48.575	48.100	48.275	48.275	193.225
3/10/06	SAN JOSE STATE	28.225	48.675	48.125	48.525	193.550
	SACRAMENTO STATE	48.575	47.475	48.400	48.900	193.350
3/17/06	at California	48.225	49.000	48.450	48.600	194.275
0,11,00	San Jose State	48.850	48.275	48.425	47.800	193.350
3/25/06	WAC Championships - Log			20,120	11000	190.000
27 207 00	Sacramento State	48.625	48.375	48.175	48.775	193.950
	Boise State	49.000	48.050	48.675	48.050	193.930
	Southern Utah	49.000	48.750	48.100	48.625	193.600
	Utah State	48.125 48.800		48.025	48.825	193.000
			48.450			
	San Jose State	48.250	48.475	47.825	48.250	192.800
1/0/06	CS Fullerton	48.425	48.125	47.725	48.325	192.600
4/8/06	NCAA West Regional - Sta		10.150	10.050	10.0==	104
	Alabama	49.100	49.150	49.350	48.875	196.475
	Oregon State	48.975	48.925	48.875	49.025	195.800
	Stanford	49.050	49.375	48.125	48.725	195.275
	San Jose State	48.325	48.025	48.250	47.775	192.375
	Sacramento State	48.225	47.525	48.525	47.775	192.050
	Boise State	48.000	47.000	47.850	47.000	189.850
	San Jose State Highs	48.950	48.750	48.625	48.850	193.625
	San Jose State Highs					

Results by Apparatus



Vault Scores													
<u>Name</u>	<u>1/8</u>	<u>1/15</u>	<u>1/21</u>	<u>1/27</u>	<u>2/3</u>	<u>2/10</u>	<u>2/17</u>	<u>2/24</u>	<u>2/26</u>	<u>3/5</u>	<u>3/10</u>	<u>3/17</u>	<u>3/25</u>
Alise Blackwell						9.575							
Raylyn Cardeno	9.825	9.700	9.775	9.250	9.750	9.700	9.150	9.850	9.800	9.775	9.300	9.800	9.100
Shina Cardeno	9.575	9.675	9.600	9.175	9.775	9.775	9.825	9.925	9.750	9.725	9.300	9.800	9.175
Michelle Minotti	9.800	9.675	9.625	9.675	9.825		9.775	9.725	9.725	9.675	9.775	9.825	9.775
Renae Moneymake	er 9.600	9.575	9.500	9.700	9.775	9.675	9.650	9.650	9.675	9.700	9.800	9.750	9.825
Veronica Porte	9.675	9.625	9.600	9.600	9.750	9.675	9.700	9.575	9.575	9.600	9.725	9.650	9.725
Alley Zezoney	9.625	9.500	9.250	9.675	9.600	9.475	9.675	9.800	9.550	9.700	9.625	9.675	9.750
						Scor							
<u>Name</u>	<u>1/8</u>	<u>1/15</u>	<u>1/21</u>	<u>1/27</u>	<u>2/3</u>	<u>2/10</u>	<u>2/17</u>	<u>2/24</u>	<u>2/26</u>	<u>3/5</u>	<u>3/10</u>	<u>3/17</u>	<u>3/25</u>
Alise Blackwell	9.500	9.600	8.850	9.800	9.650	9.350	9.650	9.750	9.125	9.575	9.650	9.675	9.700
Tracie Kavalec	9.525	8.650	9.550	9.475	9.275	9.475	9.425	9.300	9.575	9.250	9.500	9.500	9.525
Michelle Minotti	9.575	9.625	9.700	9.800	9.700	9.500	9.650	8.900	9.678	9.675	9.750	9.600	8.900
Renae Moneymake		9.475	9.600	9.600	9.125	9.575	9.000	9.775	9.650	9.750	9.675	9.750	9.725
Jennifer Pizano	9.075	9.125	7.675										
Veronica Porte	9.650	9.700	9.475	9.775	9.800	9.675	9.800	9.150	9.725	9.525	9.800	9.450	9.725
Kelsey Spellacy								9.300	9.750	9.575	9.800	9.750	9.800
Nancy Ann VanEck	K			9.775	8.625	9.500	8.900						
					Bean	n Scoi	es						
<u>Name</u>	<u>1/8</u>	<u>1/15</u>	<u>1/21</u>	<u>1/27</u>	<u>2/3</u>	<u>2/10</u>	<u>2/17</u>	<u>2/24</u>	<u>2/26</u>	<u>3/5</u>	<u>3/10</u>	3/17	3/25
Leah Bigelow	9.525	9.750	9.675	9.625	9.725	9.775	9.825	9.700	9.100	9.725	9.625	9.750	9.600
Raylyn Cardeno	8.700												
Amberly Klein	9.200	9.675	9.475	9.700	9.650	8.775	9.725	9.675	9.700	9.700	9.650	9.825	9.025
Adriane Mertens	9.375	9.450	9.125	9.750	9.550	8.975	9.700	9.750	9.800	9.700	9.625	9.050	9.725
Michelle Minotti	8.500	9.625	9.325	9.625	9.700	9.650	9.700	9.750	9.625	9.625	9.650	9.725	9.700
Renae Moneymake	er	9.575	9.325	9.350	9.550	9.750	9.675	9.500	9.500	9.150	9.000	9.550	9.100
Veronica Porte	8.700	8.650	9.300	9.550	9.425	9.600	9.325	9.675	9.375	9.525	9.575	9.575	9.700
	Floor Scores												
<u>Name</u>	<u>1/8</u>	<u>1/15</u>	<u>1/21</u>	<u>1/27</u>	<u>2/3</u>	<u>2/10</u>	<u>2/17</u>	<u>2/24</u>	<u>2/26</u>	<u>3/5</u>	<u>3/10</u>	<u>3/17</u>	<u>3/25</u>
Alise Blackwell				9.575	9.575	9.750	9.825	9.725	9.650	9.600	9.700	9.525	9.625
Raylyn Cardeno	9.525	9.150	9.575	9.525	9.475	9.625	9.625		9.525	9.550	9.625		9.575
Michelle de Groof	9.250	9.425	9.575			8.850		9.425					

Amberly Klein 9.500 9.100 9.525 9.600 9.550 9.675 9.750 9.725 9.425 9.600 9.700 9.550 9.650 Adriane Mertens 8.825 Michelle Minotti 9.500 9.025 9.500 9.775 9.800 9.750 9.400 9.725 9.100 9.625 9.575 9.775 Renae Moneymaker 9.425 9.425 9.000 9.625 9.700 9.800 9.675 9.725 9.625 9.675 9.800 9.550 9.725 9.550 Veronica Porte 8.200 9.625 9.750 9.700 9.850 9.700 9.675 9.700 9.550 9.675 9.650 9.725

				Α	ll-Aro	ound S	Scores						
<u>Name</u>	<u>1/8</u>	<u>1/15</u>	<u>1/21</u>	<u>1/27</u>	<u>2/3</u>	<u>2/10</u>	<u>2/17</u>	<u>2/24</u>	<u>2/26</u>	<u>3/5</u>	<u>3/10</u>	<u>3/17</u>	<u>3/25</u>
Michelle Minotti	37.375	37.950	38.150	38.875	39.050		38.875	38.150	38.425	38.700	38.275	38.775	37.950
Renae Moneymak	er	38.050	37.425	38.275	38.150	38.800	38.000	38.650	38.450	38.275	38.275	38.600	38.375
Veronica Porte	36.225	37.600	38.125	38.575	38.675	38.675	38.675	37.950	38.375	38.325	38.800	38.225	38.825



Albright, Dani	
Almstedt, Hawley	
Banholzer, Cami	
Berry, Katie	
Bigelow, Leah	
Blackwell, Alise	
Burke, Katy	
Byrd, Tanika	
Cardeno, Raylyn	
Cardeno, Shina	
Carter, Kasey	
Cheshier, Tracy (Kautz)2000-01	
Choy, Shirla	
Cianci, Kimmy	
Coates, Bridgett	
Cole, Courtenay	
Cook, Jana	
De Groof, Michelle	
Gordon, Julie	
Greene, Jennifer	
Hawkins, Nikki	
Heald, Cristin	
Hifai, Samila	
Jay, Casey	
Jones, Colleen	
Kavalec, Tracie	
Kellejian, Anne	

Letterwinners

Klein, Amberly
Knudsen, Carla
Koep, Nicki
Law, Tara
Leach, Greta
Maciel, Desiree
Major, Liz
Mariani, Carrie
Martin, Stacy
McClelland, Marcee
McCoy, Kelli
Medeiros, Carissa
Mertens, Adriane
Miller, Kriss
Minotti, Michelle
Molasky, Sarah
Moneymaker, Renae
Nakaji, Mayumi
Newcomer, Cyndi
Ojog, Ioana
Parent, Barbara
Peterson, Brittney
Porte, Veronica
Reiley, Kim
Ronzio, Rebecca
Sanwo, Cheryl
Scheele, Melisa

Shipman, Jennifer
Solod, Jodi
Spellacy, Kelsey
Starr, Hope
Talbot, Tasya
Taylor, Ann-Marie
Thomas, Erin
Tily, Liz
Ulrich, Katie
Wasko, Danielle
Weispfenning, Melanie
Wheaton, Anne
Wicklund, Staci
Zezoney, Allison





Amberly Klein was the 2003 & 2004 MPSF balance beam champion. She also competed as an individual on the beam at the 2004 NCAA West Regional.



Four Spartans qualified for the 2002 NCAA West Regional competition. Dani Albright (right) finished tied for 12th in the all-around, while Shirla Choy (middle) was 20th in the all-around. Kim Cianci (second from left) participated on the floor, while Casey Carter (far left) tied for 31st on the beam.

The 2004 team won the MPSF Championship as the Spartans won the conference meet in Spartan Gym. Jennifer Greene scored the program's first 10.0 with a perfect floor routine.



26 • 2007 Women's Gymnastics Guide

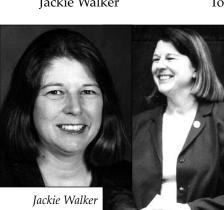
Coaching Records



1969-70	0-0-0	Betty R. Barnard	1988-89	12-12-0	Jackie Walker
1970-71	2-0-0	Betty R. Barnard	1989-90	7-6-0	Jackie Walker
1971-72	0-2-0	Jim Turpin	1990-91	5-14-0	Jackie Walker
1972-73	1-1-0	Betty R. Barnard	1991-92	0-14-0	Jackie Walker
1973-74	1-2-0	Jan Flanery	1992-93	4-9-0	Jackie Walker
1974-75	6-0-0	Jan Flanery	1993-94	3-16-0	Jackie Walker
1975-76	4-5-0	Jan Flanery	1994-95	6-6-0	Jackie Walker
1976-77	5-7-0	Carolyn Cross	1995-96	9-8-0	Jackie Walker
1977-78	17-2-0	Carolyn Cross	1996-97	9-9-0	Jackie Walker
1978-79	19-0-0	Carolyn Cross	1997-98	3-12-1	Jackie Walker
1979-80	10-8-0	Carolyn Cross	1998-99	11-11	Jackie Walker
1980-81	1-9-0	Carolyn Cross	1999-2000	4-13	Jackie Walker
1981-82	1-10-0	Carolyn Cross	2000-01	10-7	Jackie Walker
1982-83	4-10-0	Carolyn Cross	2001-02	12-9	Wayne Wright
1983-84	9-8-0	Carolyn Cross	2002-03	12-9	Wayne Wright
1984-85	9-7-0	Jackie Walker	2003-04	16-9	Wayne Wright
1985-86	12-8-0	Jackie Walker	2004-05	17-5	Wayne Wright
1986-87	11-7-0	Jackie Walker	2005-06	15-17	Wayne Wright
1987-88	12-3-1	Jackie Walker	Totals	279-275-2	



Carolyn Cross









SAN JOSE STATE

Team Records

Team R	ecords		
Event	Score	Opponent	Date
Total	195.925	MPSF Championships March	20, 2004
Vault	48.950	UC Davis February	24, 2006
Bars	49.325	MPSF Championships March	20, 2004
Beam	49.050	MPSF Championships March	29, 2003
Floor	49.550	MPSF Championships March	20, 2004
Тор-50	Team Tot	als	
Score	Oppon	ients	Date
195.925	MPSF (Championships March	20, 2004
195.100		visFebruar	
194.900	Seattle	PacificMarc	h 9, 2001
194.575		Davis	
194.500		Championships March	
194.325		rd, CaliforniaMarch	
194.300		ramento/UC DavisFebruary	
194.275		tern Independent Championships	
		March	
194.250		DavisMarc	
194.175		PacificFebruary	
194.100		ka-AnchorageMarch	
194.050		Fullerton, Sacramento State .Marc	
193.975		StateFebruary	
193.925		ramento, UC DavisFebruary	20, 2004
193.925		Noman's University,	
		lampshire	y 6, 2004
193.875		Force, TWU, Utah State,	
		au ClaireJanuary	
193.875		fornia, Arizona St., Utah StJan.	
193.825		visMarc	n 8, 1996
193.775		fornia, Sacramento State,	1 (0000
100 (07		StateMarch	
193.625		amento State	
193.600	at Alas	ka-AnchorageMarch	13, 2004

193.550	CaliforniaMarch 16, 2001
193.550	at Arizona StateMarch 14, 2003
193.550	Sacramento StateMarch 10, 2006
193.550	at CS SacramentoFebruary 16, 2003
193.475	at CS SacramentoFebruary 27, 2004
193.450	at Boise State, Penn State,
	Seattle PacificMarch 11, 2005
193.425	Seattle Pacific
193.425	Seattle Pacific, Stanford,
	Oregon State January 31, 2003
193.375	at MPSF Championships March 23, 2002
193.350	at California
193.325	CS Fullerton, Sacramento StateMarch 8, 2002
193.300	Air Force
193.275	at Arizona, Washington January 24, 2003
193.275	UC Davis
193.225	Stanford
193.225	at UCLA, StanfordMarch 5, 2006
193.125	CS FullertonJanuary 27, 2006
193.050	Boise State, Seattle Pacific February 8, 2002
193.025	at CS Fullerton, SUNY Cortland,
	Bowling GreenMarch 6, 2005
193.000	at CS Fullerton
193.000	at UC Davis, Alaska Anchorage Feb. 27, 2005
192.975	at Western Independent Championships
	March 27, 1999
192.950	Seattle Pacific, Illinois-Chicago .February 3, 2006
192.925	CaliforniaMarch 21, 2003
192.875	NCAA West RegionalApril 12, 2003
192.825	at Nebraska, Central Michigan,
	Northern IllinoisFebruary 26, 2006
192.800	California
192.800	at WAC ChampionshipsMarch 26, 2006
192.775	CS FullertonJanuary 27, 2001

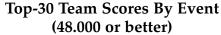


The 2003 team was the first team in school history to qualify for NCAA Regional competition. The Spartans finished tied for fifth with a 192.875 at the West Regionals.



The 2006 team finished fourth at the 2006 NCAA West Regional hosted by Stanford. The Spartans scored a 192.375 for the school's best team finish at a regional.

Team Records



Vault

Vaul	t
Score	Opponents Date
48.950	UC DavisFebruary 24, 2006
48.875	Seattle Pacific, Illinois-Chicago
48.850	at CaliforniaMarch 17, 2006
48.725	CaliforniaMarch 21, 2003
48.700	StanfordMarch 7, 2003
48.675	at MSPF Championships
	March 26, 2005
48.625	at Sacramento StateFeb. 17, 2006
48.600	Alaska Anchorage .March 14, 1997
48.575	Alaska Anchorage .March 14, 1997 at UCLA, StanfordMarch 5, 2006
48.525	at Nebraska, Central Michigan,
40.525	
10 505	Northern IllinoisFeb. 26, 2006
48.525	at CS Fullerton, North Carolina St.,
	Utah State January 8, 2006
48.525	at MPSF Championships
48.500	CS Fullerton, Sacramento State
10.000	March 8, 2002
48.500	March 8, 2002 Sacramento State, UC Davis
40.500	Enhancement 1(2001
10 -00	February 16, 2001
48.500	UC Davis
48.450	at CaliforniaJanuary 23, 2004
48.425	at California, Boise State,
	Sacramento State March 16, 2002
48.400	at Seattle Pacific .February 10, 2006
48.400	at Arizona StateMarch 14, 2003
48.400	Seattle PacificMarch 9, 2001
48.375	Stanford, California March 19, 2005
48.375	at Stanford, Oregon State,
	Seattle Pacific January 31, 2003
48.375	CaliforniaMarch 16, 2001
48.375	at CS FullertonFebruary 23, 2001
48.350	at UC Davis March 2, 2003
48.350	UC Santa Barbara, California,
10.000	Sacramento State March 8, 1997
48.325	
40.525	at NCAA West Regional
	April 8, 2006
48.325	at Boise State, Penn State,
	Seattle PacificMarch 11, 2005
48.325	at Sacramento StateFeb. 29, 2004
48.325	Air Force, Seattle Pacific
48.325	at Western Independent
10.020	ChampionshipsMarch 24, 2001
48.325	
40.525	at Western Independent
	Championships March 18, 2000
Bars	
Score	Opponents Date
49.325	MPSF Championships
H 7.525	March 20, 2004
10 075	
49.275	UC DavisFebruary 7, 2003
49.150	C . C . TIC D
	Sacramento State, UC Davis
	Sacramento State, UC Davis
48.850	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005
48.850 48.825	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005
48.825	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005 Seattle PacificMarch 9, 2001
48.825 48.775	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005 Seattle PacificMarch 9, 2001 at Alaska Anchorage .Mar. 13, 2004
48.825 48.775 48.750	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005 Seattle PacificMarch 9, 2001 at Alaska Anchorage .Mar. 13, 2004 CS FullertonJanuary 27, 2006
48.825 48.775 48.750 48.675	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005 Seattle PacificMarch 9, 2001 at Alaska Anchorage .Mar. 13, 2004 CS FullertonJanuary 27, 2006 Sacramento StateMarch 10, 2006
48.825 48.775 48.750	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005 Seattle PacificMarch 9, 2001 at Alaska Anchorage .Mar. 13, 2004 CS FullertonJanuary 27, 2006 Sacramento StateMarch 10, 2006 Texas-Woman's,
48.825 48.775 48.750 48.675 48.675	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005 Seattle PacificMarch 9, 2001 at Alaska Anchorage .Mar. 13, 2004 CS FullertonJanuary 27, 2006 Sacramento StateMarch 10, 2006 Texas-Woman's, New Hampshire .February 6, 2004
48.825 48.775 48.750 48.675	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005 Seattle PacificMarch 9, 2001 at Alaska Anchorage .Mar. 13, 2004 CS FullertonJanuary 27, 2006 Sacramento StateMarch 10, 2006 Texas-Woman's, New Hampshire .February 6, 2004 at Western Independent
48.825 48.775 48.750 48.675 48.675	Sacramento State, UC Davis February 20, 2004 Air ForceFebruary 11, 2005 Seattle PacificMarch 9, 2001 at Alaska Anchorage .Mar. 13, 2004 CS FullertonJanuary 27, 2006 Sacramento StateMarch 10, 2006 Texas-Woman's, New Hampshire .February 6, 2004

48.650	at Alaska Anchorage .Mar. 12, 2004	
48.600	at Utah State February 26, 2001	
48.575	at Stanford, Oregon State,	
	Seattle Pacific January 31, 2003	
48.550	at CaliforniaJanuary 23, 2004	
48.525	at Sacramento StateFeb. 16, 2003	
48.525	at California, Boise State,	
	Sacramento State March 16, 2002	
48.525	Seattle Pacific March 22, 1996	
48.500	StanfordMarch 7, 2003	
48.475	at WAC Championships	
48.450	Western Independent ChampionshipsMarch 27, 1999	
48.425	at Boise State, Penn State,	
	Seattle PacificMarch 11, 2005	
48.425	at UC DavisMarch 6, 2004	
48.400	at CS Fullerton, Sacramento State . March 9, 2003	
48.400	Sacramento State, UC Davis	
48.375	at Nebraska, Central Michigan,	
	Northern IllinoisFeb. 26, 2006	
48.375	at Sacramento StateFeb. 29, 2004	
48.375	at UC Davis	
48.375	CS FullertonJanuary 27, 2001	
48.350	at Air Force, TX-Woman's, WI-Eau Claire, Utah St. Jan. 17, 2004	
48.325	Wisconsin-Whitewater Feb. 9, 2001	
Beam	1	
		1
Score	Opponents Date	
Score 49.050	at MPSF Championships	
49.050	at MPSF Championships March 29, 2003	
49.050 49.025	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005	
49.050	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent	
49.050 49.025 49.025	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999	
49.05049.02549.02549.000	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003	
 49.050 49.025 49.025 49.000 48.950 	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004	
49.05049.02549.02549.000	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004 MPSF Championships	
49.050 49.025 49.025 49.000 48.950 48.900	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004 MPSF Championships March 20, 2004	
 49.050 49.025 49.025 49.000 48.950 48.900 48.875 	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004 MPSF Championships March 20, 2004 CS FullertonJanuary 27, 2001	
 49.050 49.025 49.025 49.000 48.950 48.875 48.850 	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004 MPSF Championships March 20, 2004 CS FullertonJanuary 27, 2001 Seattle PacificFebruary 3, 2001	
 49.050 49.025 49.025 49.000 48.950 48.900 48.875 	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004 MPSF Championships March 20, 2004 CS FullertonJanuary 27, 2001 Seattle PacificFebruary 3, 2001 at Air Force, TX-Woman's,	
49.050 49.025 49.025 49.000 48.950 48.900 48.875 48.850 48.800	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004 MPSF Championships March 20, 2004 CS FullertonJanuary 27, 2001 Seattle PacificFebruary 3, 2001 at Air Force, TX-Woman's, WI-Eau Claire, Utah St. Jan. 17, 2004	
 49.050 49.025 49.025 49.000 48.950 48.800 48.875 48.800 48.725 	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004 MPSF Championships March 20, 2004 CS FullertonJanuary 27, 2001 Seattle PacificFebruary 3, 2001 at Air Force, TX-Woman's, WI-Eau Claire, Utah St. Jan. 17, 2004 Seattle PacificFebruary 14, 2004	
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49.050 49.025 49.025 49.000 48.950 48.900 48.875 48.800 48.875 48.800 48.725 48.700 48.700 48.700	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004 MPSF Championships March 20, 2004 CS FullertonJanuary 27, 2001 Seattle PacificFebruary 3, 2001 at Air Force, TX-Woman's, WI-Eau Claire, Utah St. Jan. 17, 2004 Seattle PacificFebruary 14, 2004 at Alaska Anchorage .Mar. 12, 2004 at Sacramento StateFeb. 29, 2004 at UC DavisMarch 2, 2003 Seattle PacificMarch 2, 2001 at Claifornia, CS Fullerton,	
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49.050 49.025 49.025 49.025 49.000 48.950 48.900 48.900 48.875 48.800 48.870 48.700 48.700 48.700 48.700 48.650 48.625 48.625	at MPSF Championships March 29, 2003 Stanford, California .Mar. 19, 2005 Western Independent ChampionshipsMarch 27, 1999 at Arizona StateMarch 14, 2003 at UC DavisMarch 6, 2004 MPSF Championships March 20, 2004 CS FullertonJanuary 27, 2001 Seattle PacificFebruary 3, 2001 at Air Force, TX-Woman's, WI-Eau Claire, Utah St. Jan. 17, 2004 Seattle PacificFebruary 14, 2004 at Alaska Anchorage .Mar. 12, 2004 at Sacramento StateFeb. 29, 2004 at UC DavisMarch 2, 2003 Seattle PacificMarch 2, 2003 Seattle PacificMarch 3, 2000 at Alaska Anchorage .Mar. 13, 2004 at Sacramento StateFeb. 17, 2006 CaliforniaMarch 16, 2001 Sacramento State, UC Davis 	
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48.425 Sacramento State, UC Davis

.....February 20, 2004







Individual Records

Top-5	0 All-Around Scores	Indi
Score	Name Date	Vau
39.400	Shirla Choy March 29, 2003	9.925
39.375	Dani Albright	9.875
39.375	Dani AlbrightMarch 2, 2002	9.850
39.375	Dani AlbrightMarch 29, 2003	9.850
39.325	Dani AlbrightMarch 9, 2001	9.850
39.300	Dani Albright	9.850
39.275	Dani AlbrightMarch 7, 2003	9.850
39.275	Shirla Choy March 21, 2003	9.850
39.250	Dani AlbrightMarch 10, 2002	9.850
39.225	Dani Albright March 16, 2001	9.825
39.225	Shirla Choy	9.825
39.225	Dani AlbrightMarch 9, 2003	9.825
39.200	Dani AlbrightFebruary 8, 2002	9.825
39.200	Shirla Choy March 20, 2004	9.825
39.175	Dani Albright Feb. 27, 2001	9.825
39.175	Shirla ChoyMarch 9, 2001	9.825
39.175	Dani Albright	9.825
39.175	Jennifer GreeneFeb. 7, 2003	9.825
39.175	Greta LeachMarch 20, 2004	9.825
39.150	Shirla Choy March 16, 2001	9.800
39.150	Shirla Choy March 24, 2001	9.800
39.150	Dani Albright April 6, 2002	9.800
39.150	Jennifer GreeneMarch 13, 2004	9.800
39.150	Jennifer GreeneMarch 20, 2004	9.800
39.150	Michelle Minotti March 19, 2005	9.800
39.125	Shirla Choy	9.800
39.125	Shirla Choy	9.800
39.125	Jennifer Greene March 2, 2003	9.800
39.125	Jennifer GreeneFeb. 20, 2004	9.800
39.100	Kimmy CianciFeb. 16, 2001	9.800
39.100	Shirla ChoyJan. 24, 2003	9.800
39.100	Shirla ChoyMarch 12, 2004	9.800
39.075	Hawley Almstedt .March 14, 1997	9.800
39.075	Shirla Choy	9.800
39.075	Jennifer GreeneMarch 12, 2004	9.800
39.050	Michelle MinottiFeb. 3, 2006	9.800
39.025	Dani AlbrightJan. 27, 2001	9.800
39.025	Dani Albright Feb. 16, 2003	9.800
39.000	Dani Albright Feb. 23, 2001	9.800
39.000	Shirla ChoyMarch 23, 2002	9.800
39.000	Jennifer GreeneJan. 23, 2004	9.800
38.975	Hawley AlmstedtFeb. 28, 1997	9.800
38.975	Shirla Choy	9.800
38.975	Shirla Choy	9.800
38.975	Shirla ChoyJan. 17, 2004	
38.950	Hawley AlmstedtMarch 8, 1996	
38.950	Shirla Choy	
38.950	Greta Leach March 19, 2005	
38.925	Kimmy Cianci March 16, 2002	
38.925	Greta Leach	
38.925	Jennifer GreeneMarch 6, 2004	

Individual Records				
Vault				
9.925	Shina CardenoFeb. 24, 2006			
9.875	Dani AlbrightFeb. 16, 2001			
9.850	Dani Albright			
9.850	Dani AlbrightMarch 8, 2002			
9.850	Dani AlbrightMarch 16, 2002			
9.850	Dani Albright Jan. 31, 2003			
9.850	Dani AlbrightMarch 14, 2003			
9.850	Shirla ChoyMarch 21, 2003			
9.850	Raylyn Cardeno Feb. 24, 2006			
9.825	Tara LawMarch 14, 1997			
9.825	Bridgett Coates April 12, 1997			
9.825	Dani Albright March 21, 2003			
9.825	Dani Albright April 12, 2003			
9.825	Jennifer Greene March 25, 2005			
9.825	Raylyn Cardeno Jan. 8, 2006			
9.825	Michelle Minotti Feb. 3, 2006			

Rayiyii Calucitoi cb. 24, 2000
Tara LawMarch 14, 1997
Bridgett Coates April 12, 1997
Dani Albright March 21, 2003
Dani Albright April 12, 2003
Jennifer GreeneMarch 25, 2005
Raylyn Cardeno Jan. 8, 2006
Michelle MinottiFeb. 3, 2006
Shina CardenoFeb. 17, 2006
Michelle Minotti March 17, 2006
Renae MoneymakerMar. 25, 2006
Tracy CheshierMarch 18, 2000
Kimmy CianciMarch 18, 2000
Dani Albright Feb. 23, 2001
Dani Albright March 9, 2001
Dani AlbrightMarch 16, 2001
Dani AlbrightJan. 22, 2002
Dani Albright Feb. 23, 2002
Dani Albright March 2, 2002
Dani AlbrightMarch 23, 2002
Dani AlbrightJan. 25, 2003
Shirla Choy
Dani Albright Feb. 16, 2003
Dani AlbrightMarch 2, 2003
Dani AlbrightMarch 7, 2003
Shirla Choy March 7, 2003
Dani AlbrightMarch 9, 2003
Liz MajorJan. 23, 2004
Michelle Minotti March 19, 2005
Michelle MinottiJan. 8, 2006
Alley Zezoney Feb. 24, 2006
Raylyn CardenoFeb. 26, 2006
Renae MoneymakerMar. 10, 2006
Raylyn Cardeno .March 17, 2006
Shina CardenoMarch 17, 2006
Raylyn CardenoApril 8, 2006

Turnin I.
E

Bars	
9.950	Shirla Choy
9.950	Shirla Choy March 20, 2004
9.925	Shirla ChoyJan. 24, 2003
9.925	Shirla ChoyJan. 31, 2003
9.925	Kelsey Spellacy Feb. 14, 2003
9.925	Shirla Choy March 21, 2003
9.925	Shirla Choy
9.900	Shirla Choy March 9, 2001
9.900	Dani Albright
9.900	Shirla Choy March 7, 2003
9.900	Shirla Choy March 14, 2003
9.900	Shirla Choy March 29, 2003
9.900	Shirla ChoyJan. 17, 2004
9.875	Shirla Choy
9.875	Shirla Choy
9.875	Dani Albright March 16, 2001
9.875	Shirla ChoyJan. 23, 2004
9.875	Shirla ChoyFeb. 14, 2004
9.875	Liz MajorFeb. 20, 2004
9.875	Brittney Peterson Feb. 20, 2004
9.875	Liz MajorMarch 20, 2004
9.875	Brittney Peterson .March 20, 2004
9.875	Greta LeachFeb. 11, 2005
9.875	Greta LeachFeb. 27, 2005
9.850	Colleen Jones Jan. 30, 1993
9.850	Bridgett CoatesMarch 22, 1996
9.850	Annie Snellgrove .March 27, 1999
9.850	Stacy MartinJan. 27, 2001
9.850	Dani AlbrightFeb. 16, 2001
9.850	Annie SnellgroveMarch 9, 2001
9.850	Dani AlbrightMarch 24, 2001
9.850	Shirla Choy
9.850	Dani Albright March 2, 2002
9.850	Shirla Choy March 2, 2002
9.850	Dani Albright March 10, 2002
9.850	Shirla Choy March 10, 2002
9.850	Shirla Choy March 16, 2002
9.850	Shirla Choy Feb. 16, 2003
9.850	Brittney Peterson Jan 17, 2004 Shirle Chau
9.850 9.850	Shirla ChoyFeb. 6, 2004 Shirla ChoyMarch 13, 2004
9.000	Shina ChoyMarch 13, 2004
STATISTICS.	



Shirla Choy (above) holds two San Jose State school records. She has the top allaround score with a 39.400 during the 2003 season. Choy also has the top bars score, receiving a 9.950 twice in her career.

30 • 2007 Women's Gymnastics Guide

Individual Records

Beam

Беат		F100
9.900	Tanika ByrdMarch 3, 2000	10.000
9.900	Jennifer Greene March 2, 2003	9.975
9.900	Jennifer GreeneMarch 13, 2004	9.950
9.875	Carissa Medeiros .March 27, 1999	9.950
9.875	Dani AlbrightJan. 27, 2001	9.925
9.875	Tracy CheshierFeb. 3, 2001	9.925
9.875	Dani Albright	9.925
9.875	Kasey Carter	9.925
9.875	Dani Albright Feb. 26, 2001	9.925
9.875	Jennifer GreeneFeb. 7, 2003	9.925
9.875	Jennifer GreeneMarch 14, 2003	9.925
9.875	Amberly Klein March 29, 2003	9.900
9.875	Greta LeachMarch 19, 2005	9.900
9.850	Kasey CarterMarch 27, 1999	9.900
9.850	Tracy CheshierMarch 9, 2001	9.900
9.850	Dani AlbrightMarch 2, 2002	9.900
9.850	Shirla ChoyJan. 3, 2003	9.900
9.850	Dani AlbrightMarch 7, 2003	9.900
9.850	Dani AlbrightMarch 14, 2003	9.900
9.850	Amberly Klein Feb. 6, 2004	9.900
9.850	Greta Leach	9.900
9.850	Amberly Klein March 13, 2004	9.900
9.850	Amberly KleinMarch 20, 2004	9.900
9.825	Tara Law	9.900
9.825	Hawley Almstedt Feb. 23, 1996	9.900
9.825	Hawley AlmstedtMarch 8, 1996	9.900
9.825	Tasya Talbot	9.900
9.825	Dani Albright Jan. 19, 2001	9.875
9.825	Tracy CheshierFeb. 23, 2001	9.875
9.825	Shirla Choy	9.875
9.825	Shirla Choy March 16, 2001	9.875
9.825	Kasey CarterMarch 16, 2002	9.875
9.825	Kimmy Cianci Marc 16, 2002	9.875
9.825	Dani AlbrightMarch 29, 2003	9.875
9.825	Shirla Choy March 29, 2003	9.875
9.825	Jennifer GreeneMarch 29, 2003	9.875
9.825	Greta LeachJan. 17, 2004	9.875
9.825	Greta Leach	9.875
9.825	Greta Leach March 6, 2004	9.875
9.825	Greta LeachJan. 21, 2005	9.875
9.825	Greta Leach	9.875
9.825	Michelle Minotti March 19, 2005	9.875
9.825	Amberly Klein March 25, 2005	9.875
9.825	Leah Bigelow Feb. 17, 2006	9.875
9.825	Amberly Klein March 17, 2006	9.875
		9.875



Floor

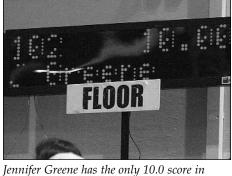
11001		
10.000	Jennifer Greene	
9.975	Dani Albright	March 29 <i>,</i> 2003
9.950	Dani Albright	
9.950	Shirla Choy	March 20, 2004
9.925	Kimmy Cianci .	March 24, 2001
9.925	Jennifer Greene	March 2, 2003
9.925	Dani Albright	March 7, 2003
9.925	Shirla Choy	March 29, 2003
9.925	Shirla Choy	Feb. 14, 2004
9.925	Jennifer Greene	
9.925	Greta Leach	
9.900	Tasya Talbot	Feb. 12, 2000
9.900	Tasya Talbot	Feb. 26, 2000
9.900	Kimmy Cianci .	Feb. 26, 2001
9.900	Kimmy Cianci .	March 2, 2001
9.900	Dani Álbright	March 9, 2001
9.900	Dani Albright	
9.900	Dani Albright	Feb. 23, 2002
9.900	Kimmy Cianci .	Feb. 23, 2002
9.900	Kimmy Cianci .	March 8, 2002
9.900	Shirla Choy	March 23, 2002
9.900	Dani Albright	April 6, 2002
9.900	Jennifer Greene	
9.900	Dani Albright	March 2, 2003
9.900	Jennifer Greene	Feb. 20, 2004
9.900	Jennifer Greene	March 12, 2004
9.900	Jennifer Greene .	Jan. 11, 2005
9.875	Tara Law	Feb. 14, 1997
9.875	Tara Law	
9.875	Tasya Talbot	March 12, 1999
9.875	Tasya Talbot	March 10, 2000
9.875	Tasya Talbot	March 18, 2000
9.875	Shirla Choy	March 24, 2001
9.875	Dani Albright	Jan. 26, 2002
9.875	Dani Albright	Feb. 8, 2002
9.875	Dani Albright	March 2, 2002
9.875	Shirla Choy	March 8, 2002
9.875	Dani Albright	March 10, 2002
9.875	Kimmy Cianci .	March 16, 2002
9.875	Shirla Choy	Feb. 14, 2003
9.875	Jennifer Greene	Feb. 16, 2003
9.875	Shirla Choy	
9.875	Jennifer Greene	March 29, 2003
9.875	Jennifer Greene .	Jan. 23, 2004
9.875	Shirla Choy	March 6, 2004
9.875	Shirla Choy	March 12, 2004
	-	



SAN JOSE STATE

Kelsey Spellacy is tied for the second-best score on the bars in school history. She scored a 9.925 during the 2003 season and was a 2006 first team All-WAC selection on the bars.





MPSF title.

Tanika Byrd shares the school record on the beam with Jennifer Greene. Byrd scored a 9.900 during the 2000 season.

31 • 2007 Women's Gymnastics Guide

Post Season History

NCAA Championships

All-Around Results

2001

SAN JOSE STATE

38. Dani All



bright	38.425	, 200
tor a		
Aler	5	199
A -	N.	199
		199
In 2001, Dani Albright becan	ne the first	199
San Jose State women's gymr		

for the NCAA Championships. At regionals, she finished fifth with an all-around score of 38.775. At the national championships, Albright scored a 38.425 and placed 38th in the all-around.

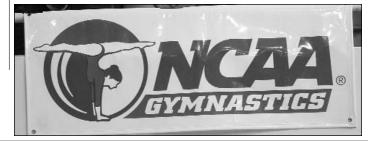
NCAA Western Regional Results **Team Results** 2006 NCAA West Regional at Stanford 1. Alabama 196.475 2. Oregon State 195.800 3. Stanford 195.275 4. San Jose State 192.375 5. Sacramento State 192.050 6. Boise State 189.850 2003 NCAA West Regional at Washington 1. Nebraska 196.650 2. LSU 195.700 3. Washington 195.675 4. Cal State Fullerton 193.175 5. San Jose State 192.875 **Boise State** 192.875 Individual Qualifier Results at the **NCAA West Regional All-Around Results** 2005 13. Jennifer Greene 19. Michelle Minotti 22. Greta Leach 2004 14. Greta Leach

16. Jennifer Greene

17. Shirla Choy

2002	T12. Dani Albright 20. Shirla Choy	39.150 37.900
2001	 Dani Albright Shirla Choy Kimmy Cianci 	38.775 38.775 38.475
1999	20. Annie Snellgrove	
1998	Annie Snellgrove	9.400*
1997	 9. Tara Law 13. Hawley Almstedt 23. Bridgett Coates 	38.750 38.350 37.075
1996	 Tara Law Bridgett Coates Hawley Almstedt 	38.325 38.075 37.925
1995	13. Tara Law	37.975
1994	15. Tara Law	37.500
1993	19. Jodi Solad	37.075
1992	19. Jodi Solad	37.675
1991	30. Staci Wicklund 33. Jodi Solad	36.850 36.400
1989	30. Cheryl Sanwo	34.750
1988.	Kriss Miller	17.250*
1987	 27. Liza Bettencourt 29. Sheila H. Tsarnas 31. Mayumi Nakaji 	35.450 35.150 34.850
1986	28. Sheila Hughes	35.100
Beam 2004	35. Amberly Klein	9.475
2002	T31. Kasey Carter	9.650
Floor 2002	39. Kimmy Cianci	9.625

* did not complete all-around due to injury



38.700

38.350

37.475

38.775

38.425

38.350



2006 WAC Championship Results

9.775 9.775

9.775 9.775

Te	am Results	
1.	Sacramento State	193.950
2.	Boise State	193.775
3.	Southern Utah	193.600
4.	Utah State	193.100
5.	San Jose State	192.800
6.	Cal State Fullerton	192.600
Va	ult	
1.	Shaniece Craft, Boise State	9.875
2.	Jessica Parenti, Utah State	9.850
3.	Brooke Morari, Sacramento State	9.825
3.	Katie Dinsmore, Boise State	9.825
3.	Renae Moneymaker, San Jose State	9.825
6.	Kristin Aldrich, Boise State	9.800
6.	Kea Cuaresma, Boise State	9.800
6.	Sheena Shaw, Southern Utah	9.800
9	Rachael Mandy Utah State	9 775

9.	Meagan Lewis, Utah State
9.	Trista Condren, Sacramento State
9	Alana Mouery, Cal State Fullerton

1.	mana modery, car state i unertoin
9.	Michelle Minotti, San Jose State

Bars

1. Jessica Parenti, Utah State	9.875
2. Taylor Jacob, Boise State	9.850
3. Alex Martin, Utah State	9.800
3. Leah Sakhitab, Southern Utah	9.800
3. Ashley Sharpe, Southern Utah	9.800
3. Kelsey Spellacy, San Jose State	9.800
7. Kea Cuaresma, Boise State	9.775
8. Tehani Keeno, Southern Utah	9.750
9. Alexis Tsurumoto, Sacramento State	9.725
9. Erin Morgan, Southern Utah	9.725
9. Brittany Hoffman, Cal State Fullerton	9.725
9. Renae Moneymaker, San Jose State	9.725
9. Veronica Porte, San Jose State	9.725
Beam	
Beam 1. Leah Sakhitab, Southern Utah	9.875
	9.875 9.825
1. Leah Sakhitab, Southern Utah	
 Leah Sakhitab, Southern Utah Taylor Jacob, Boise State 	9.825
 Leah Sakhitab, Southern Utah Taylor Jacob, Boise State Kristin Aldrich, Boise State 	9.825 9.825
 Leah Sakhitab, Southern Utah Taylor Jacob, Boise State Kristin Aldrich, Boise State Nicole Lim, Cal State Fullerton 	9.825 9.825 9.825
 Leah Sakhitab, Southern Utah Taylor Jacob, Boise State Kristin Aldrich, Boise State Nicole Lim, Cal State Fullerton Katie Dinsmore, Boise State 	9.825 9.825 9.825 9.800
 Leah Sakhitab, Southern Utah Taylor Jacob, Boise State Kristin Aldrich, Boise State Nicole Lim, Cal State Fullerton Katie Dinsmore, Boise State Melissa Genovese, Sacramento State 	9.825 9.825 9.825 9.800 9.775
 Leah Sakhitab, Southern Utah Taylor Jacob, Boise State Kristin Aldrich, Boise State Nicole Lim, Cal State Fullerton Katie Dinsmore, Boise State Melissa Genovese, Sacramento State Erica Ficarrotta, Cal State Fullerton 	9.825 9.825 9.825 9.800 9.775 9.775
 Leah Sakhitab, Southern Utah Taylor Jacob, Boise State Kristin Aldrich, Boise State Nicole Lim, Cal State Fullerton Katie Dinsmore, Boise State Melissa Genovese, Sacramento State Erica Ficarrotta, Cal State Fullerton Tiffany Bass, Sacramento State 	9.825 9.825 9.825 9.800 9.775 9.775 9.775
 Leah Sakhitab, Southern Utah Taylor Jacob, Boise State Kristin Aldrich, Boise State Nicole Lim, Cal State Fullerton Katie Dinsmore, Boise State Melissa Genovese, Sacramento State Erica Ficarrotta, Cal State Fullerton Tiffany Bass, Sacramento State Katie Griffis, Boise State 	9.825 9.825 9.800 9.775 9.775 9.750 9.750
 Leah Sakhitab, Southern Utah Taylor Jacob, Boise State Kristin Aldrich, Boise State Nicole Lim, Cal State Fullerton Katie Dinsmore, Boise State Melissa Genovese, Sacramento State Erica Ficarrotta, Cal State Fullerton Tiffany Bass, Sacramento State Katie Griffis, Boise State Meagan Lewis, Utah State 	9.825 9.825 9.825 9.800 9.775 9.775 9.750 9.750 9.725

Floor

Floor	
1. Marina Borisova, Sacramento State	9.825
2. Tiffany Bass, Sacramento State	9.800
2. Sheena Shaw, Southern Utah	9.800
4. Megan Tschida, Utah State	9.750
4. Carrie Kinghorn, Sacramento State	9.750
4. Lindsay Ward, Boise State	9.750
4. Katie Dinsmore, Boise State	9.750
4. Kea Cuaresma, Boise State	9.750
4. Nicole Lim, Cal State Fullerton	9.750
10. Jessica Parenti, Utah State	9.725
10. Rachel Tanner, Southern Utah	9.725
10. Renae Moneymaker, San Jose State	9.725
	_
All-Around	
1. Leah Sakhitab, Southern Utah	39.050
2. Jessica Parenti, Utah State	38.875
2. Marina Borisova, Sacramento State	38.875
4. Veronica Porte, San Jose State	38.825
5. Kea Cuaresma, Boise State	38.800
6. Jess Langley, Southern Utah	38.725
7. Erica Ficarrotta, Cal State Fullerton	38.600

- 7. Erica Ficarrotta, Cal State Fullerton 8. Sheena Shaw, Southern Utah 38.550
- 9. Taylor Jacob, Boise State
- 9. Renae Moneymaker, San Jose State



2006 All-WAC performers (clockwise from above left): Renae Moneymaker, first team on vault; Kelsey Spellacy, first team on bars; Veronica Porte, second team all-around.



38.375

38.375



SAN JOSE STATE



San José State University



Located at the core of Silicon Valley, San José State University is an exceptional place for hands-on learning, professional development and personal growth. Whether you are a graduate or a friend of the university, there are many reasons you can be proud of San José State. From an award-winning faculty and high-achieving students to cutting-edge programs and growing collaborations with the community and the corporate world, SJSU is on the move as it meets the challenges of the 21st century.

Known for the high quality of its academic programs, its excellent faculty (87 percent hold doctorates or the highest degrees in their academic disciplines), and its diverse and committed student body, San José State successfully educates students to compete in today's complex, high tech and global economy.

For the past six years, San José State has been ranked among the top ten masters-level public universities in the West by U.S. News & World Report's survey of "America's Best Colleges." In the 2006 survey, the College of Engineering is ranked 14th among the nation's Best Undergraduate Engineering Programs (in addition, electrical engineering ranks 11th; civil engineering, 16th; mechanical engineering, 16th).



San José State is the number one supplier of education, engineering, computer science and business graduates to Silicon Valley, the world's high tech capital. The oldest and one of the largest universities in the 23-campus California State University (CSU) system, SJSU attracts students from throughout California, the United States and 100 countries of the world.

Located in the nation's 10th and California's third largest city, San José State had a fall 2005 enrollment of 29,975 students. Approximately 75 percent of the students were undergraduates; 25 percent were graduate students. Almost 59 percent of the student population had an ethnic affiliation. More than 100 different languages are spoken on campus.

Founded in 1857, SJSU is the oldest public institution of higher education on the West Coast. From its beginnings as a normal school to train teachers, the campus has matured into a comprehensive university offering 134 bachelors' and masters' degrees.



San José State is one of the largest public-sector employers in Silicon Valley, with about 2,500 full-time employees and an annual budget of \$472 million (2005-06).

Some 7,862 bachelors' and masters' degrees were awarded in 2005-06 — continuing to support the region by supplying Silicon Valley with more graduates at the baccalaureate and masters' levels than any other school in the nation.

San José State University



Don W. Kassing President

Don W. Kassing was appointed president of San José State University, the oldest and one of the largest universities in the 23-campus California State University system, in May 2005.

Kassing has moved the university forward in several key areas. Under his leadership, the campus is engaged in university-wide strategic

planning, with the goal of making San José State University a university of choice by 2010. In February 2006, he accepted the largest single private donation to the university in its history, a \$10 million gift from alumni Donald and Sally Lucas, to create a new graduate school of business.

As president and in his former role as vice president for administration and finance, Kassing led the development, construction and successful opening of two major campus facilities: the award-winning Dr. Martin Luther King, Jr. Library, based on a first-of-its-kind and highly successful partnership with the city of San José; and Campus Village, a state-of-theart residence complex for students, faculty and staff, the largest such project in the California State University system, and the focus of a renewed sense of community on campus.

Before his appointment to the presidency, Kassing had served for more than a decade as vice president for administration and finance and as chief financial officer. As CFO, he had responsibility for all business and financial affairs of the university.

His previous 18 years of experience in higher education includes service as:

* Vice President for University Relations and Administrative Services - Murray State University (Kentucky)

* Vice President for Development and Public Affairs - Western State College of Colorado

From 1975 to 1986 he served at Belleville Area College, in Belleville, Illinois, where he taught management and marketing, served as department chair, and for two years was president of the Granite City Campus. Before that he worked for 11 years in private industry, including eight years in corporate finance and operations management for Brown Group Inc. and three years with General Motors Corporation.

Active in the community and the region, Kassing serves on the following boards:

- * San José Sports Authority
- * United Way Silicon Valley
- * San Jose Chamber of Commerce
- * Silicon Valley Leadership Group
- * Joint Venture Silicon Valley
- * Silicon Valley Higher Education Roundtable
- * Western Athletic Conference

Kassing holds a master's degree in business administration and a B.S. in economics from St. Louis University. He is married with three children and five grandchildren.



Some prominent SJSU alumni:

• Ben Nighthorse Campbell of Colorado, the first

Native American to serve in the U.S. Senate • Valerie Coleman-Morris, anchor for CNN Financial News

• Christopher Darden, attorney and member of the prosecution team in the O.J. Simpson trial

- Charles Gingold, vice president, Discovery Channel
- Fashion designer Jessica McClintock

• Actor Omar Benson Miller, seen in the film "8 Mile" and guest-star on TV's "West Wing"

- Jenny Ming, president, Old Navy and The Gap
- Gordon Moore, founder of Intel Corporation
- Tom and Dick Smothers, popular comedy duo
- Amy Tan, novelist, author of The Joy Luck Club, and 2003 winner of the Distinguished Alumnus Award from the American Association of State Colleges and Universities

 Dick Vermeil, former coach of the Philadelphia Eagles, the St. Louis Rams and the Kansas City Chiefs; the Eagles and the St. Louis Rams became Super Bowl champs under his leadership
 Bill Walch former head coach of the San Francisco

• Bill Walsh, former head coach of the San Francisco 49ers; Walsh led the team to three Super Bowls





Martin Luther King, Jr., Library



The new Dr. Martin Luther King, Jr., Library, located on the main campus of San Jose State University, opened on August 16, 2003. A first-of-its-kind collaboration between a city and a university, the \$177-million, 475,000 square-foot library provides a center for lifelong learning. Students, faculty and the community have access to the information they will need for educational and personal growth throughout their lives.

Among the features of the 10-acre, 10-floor Dr. Martin Luther King, Jr., Library on the northwest corner of the main campus are:

- 3,623 seats
- 4 computer instruction laboratories
- 1,800 seats wired for internet connections
- 37 group-project rooms
- 400 public computers
- 112 workstations available in the computer instruction labs
- 8 built-in projector screens
- 135 databases of information
- 4 pianos

The collaborative design of the new Dr. Martin Luther King, Jr., Library provides many opportunities for academic, cultural and community programs.

Multilingual and special collections for San Jose's diverse ethnic groups are available. A special adaptive technology area in the library assures all people have ability to access the information and databases available.

Campus Village

In the fall of 2005, San José State University opened the doors of Campus Village to more than 2,279 students, faculty and staff. Positioned on Tenth Street between San Carlos and San Salvador on the southeast corner of the main campus, the Campus Village is a gateway to incredible academic resources and campus activities, the excitement



of downtown San José, the opportunities of Silicon Valley, and some of the greatest recreational areas in the world.

The Campus Village includes three buildings featuring apartment and suite-style living accommodations and a typical college dormitory experience. Campus Village includes recreational and study areas, a full-service



computer lab, wireless internet access, an interactive gaming center, laundry facilities, meeting rooms, retail stores and underground parking for 700 vehicles. Fully equipped nearby recreational facilities offer residents space to work out, swim, play basketball, volleyball, ping-pong or pool.

Hassle-free access to the main campus is another asset to the Campus Village. Walking to the Student Union or the main entrance to The Event Center is five minutes or less. Residents can walk or bicycle to the Dr. Martin Luther King Jr. Library without crossing any streets.

Athletics Administration





Tom Bowen was named San Jose State University's director of intercollegiate athletics on December 20, 2004. Under his leadership, the Spartans have made significant and meaningful strides forward as a viable Division I-A intercollegiate athletics program.

As the director, Bowen has overhauled the department's infrastructure; invested resources both in external and internal

operations; initiated an enhanced website presence; and expanded marketing, promotions and advertising opportunities locally, regionally and nationally with the creation of Spartan Sports Properties. The Spartan Foundation, the department's fund-raising component, has enjoyed its most successful two-year period generating just over \$2.0million in personal and corporate contributions.

As an integral member of the University's presidential staff, he has created new short and long-term revenue streams for intercollegiate athletics and many other campus extra-curricular activities. His initiatives and leadership have created new energy department-wide and throughout the university.

His vision for student-athlete success and excellence led to the creation of a Student Success Services component. Academic Progress Rate (APR) scores as measured by the NCAA have risen dramatically under his watch. Above all, his goal for San Jose State University athletics is building a "Culture of Champions" academically, athletically and in the community.

He has appointed new head coaches in football, men's basketball, men's golf, women's golf and women's swimming and diving. In 2005-06, San Jose State won the Western Athletic Conference women's golf championship, recorded its highest finish ever at a NCAA regional championship in women's gymnastics, produced seven teams out of 16 with its best conference finish in years, and had WAC "Coaches of the Year" in women's golf and softball.

Bowen came to San Jose State after serving three years as the director of community affairs and the executive director of the 49ers Foundation for the San Francisco 49ers of the National Football League. He directed all of the team's fund-raising activities and was responsible for alumni and current player participation in the community. San Francisco was the first NFL franchise to implement an annual giving program.

His Division I experience at the college level includes athletic administration positions at the University of California and Saint Mary's College in Moraga, Calif.

As an assistant and associate director of athletics at the University of California from July 2000 through September 2002, he was responsible for all athletic fundraising. Bowen was credited with developing the first comprehensive planned giving program for the Golden Bears. At Saint Mary's College, he was the Director of Foundations and Corporate Relations from May 1995 to January 1997 before being appointed to an associate director of athletics position by the president of the college. His grant proposal acumen helped raise \$6.1-million in academic funding for the institution. From January 1997 through April 2000, he managed the athletics department's budget, directed a corporate sponsorship program and interacted with the academic senate, faculty and university personnel on student-athlete issues.

The 1983 graduate of the University of Notre Dame played high school football at Moreau High in Hayward, Calif. He majored in theology/sociology and spent six years studying for the priesthood with the Holy Cross Fathers. Bowen went on to earn a master's degree in administration/education from the University of San Francisco in 1990.

His first professional leadership appointment in athletics was at De La Salle High School in Concord, Calif. From 1987 through 1995, he held the positions of assistant football coach and athletics director.

He is a Level 2 certified member of the College Athletic Business Management Association (CABMA), the National Association of Collegiate Directors of Athletics (NACDA), the National Society of Fund Raising Executives and an associate member of the Indiana University School of Philanthropy.



Bowen currently is an adjunct professor at the University of San Francisco School of Sports Management. A senior faculty member of the Capital Campaign Institute based in Minneapolis, Minn., from 1996 through 2002, he has been a guest lecturer at several Bay Area university campuses. Bowen continues to speak before major corporations headquartered locally on the topics of leadership, management and motivation.

The Denver, Colo., native was born on May 27, 1961. He and his wife, Mia, are the parents of three children. In 2007, Andrew will be nine-years-old; Peter, five; and, daughter, McKenna, four.

Spartan Gym



Spartan Gym is the home of the San Jose State women's volleyball and women's gymnastics teams. Seating capacity of the gym varies from 1,000-1,500 people depending on the gym setup. The gym is located on the corner of Fourth and Paseo de San Carlos Streets. Also housed in the Spartan Gym complex are two training rooms, locker rooms and an uneven bar training room for gymnastics.

During the summer of 2005, Spartan Gym underwent extensive renovations to update the facility. New paint, new ceiling, new windows and new scoreboards highlight the many changes to the facility. The locker rooms also were redone.

Koret Athletic Training Center



The Koret Athletic Training Center, open since November 2001, is a state-of-the-art facility that encompasses over 10,000 square-feet of training space and is located adjacent to Spartan Stadium.

The Koret Athletic Training Center also contains a 1,000-

square foot rehabilitation and training room that services physical therapy and sportspecific rehabilita-

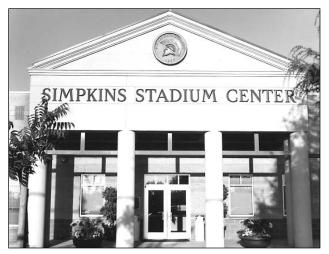


tion. The facility enables the sports medicine staff of athletic trainers, doctors, and physical therapists to provide the best possible care to help prevent and rehabilitate injuries.

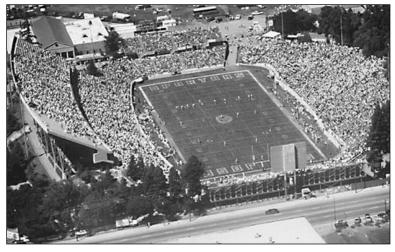
SAN JOSE STATE

Spartan Athletic Facilities





The football offices, team meeting rooms, Student Success Services personnel and Scott Gadway Academic Center are in the Simpkins Stadium Center, which is located between Spartan Stadium and the Koret Athletic Training Center.



Spartan Stadium is the home of the San Jose State University football team. It also serves as the home for the Spartan men's and women's soccer teams. The stadium has been the site of the NCAA Women's College Cup and Women's World Cup soccer.



The Event Center is home to the men's and women's basketball teams and hosts many concerts each year.



Muni Stadium (above) and Blethen Field are the two homes of the San Jose State baseball team. The facilities are across the street from one another and a short walk from Spartan Stadium.



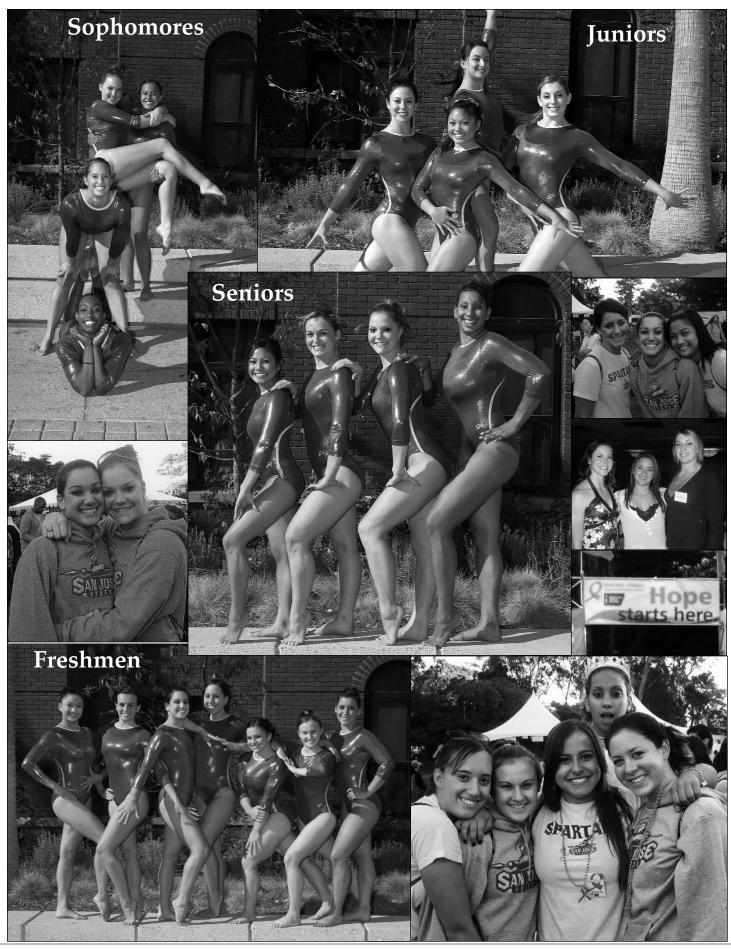
The Aquatics Center, across the street from The Event Center, is the home of the women's swimming and diving and water polo teams. There is plenty of pool area for recreational swimming.



The Division of Intercollegiate Athletics is housed in the Alan B. Simpkins Intercollegiate Athletics Administration Building. The street address is 1393 S. 7th Street, next to the corner of 7th and Alma.



Spartans in Pictures



 $40\, \bullet\, 2007$ Women's Gymnastics Guide