

San José State University *2015 Women's* *Gymnastics*



2015 Senior Class
Cami Guyer, Gabrielle Kambur, Kiley Field, Alyssa Montalban



SJSUGymnastics



SJSUGymnastics



SJSUGymnastics

www.SJSUSpartans.com

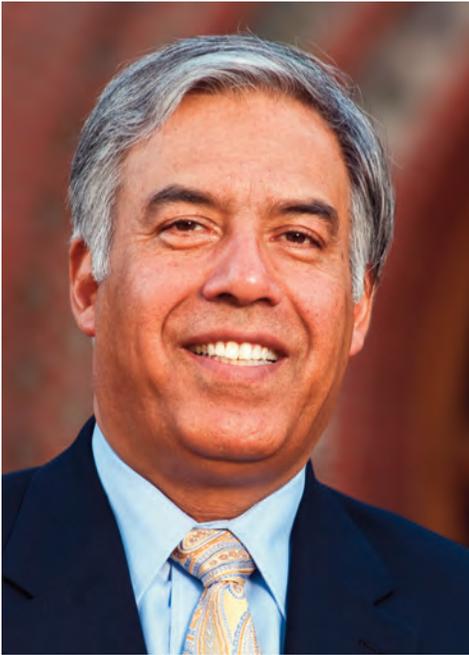
San José State University



Annually ranked among the top-ten masters-level public universities in the West by *U.S. News & World Report's* survey of "America's Best Colleges".



2 • 2015 San José State University Women's Gymnastics



**President
Mohammed Qayoumi**

More than 130 bachelor's
and master's degree programs.



**Athletics Director
Gene Bleymaier**

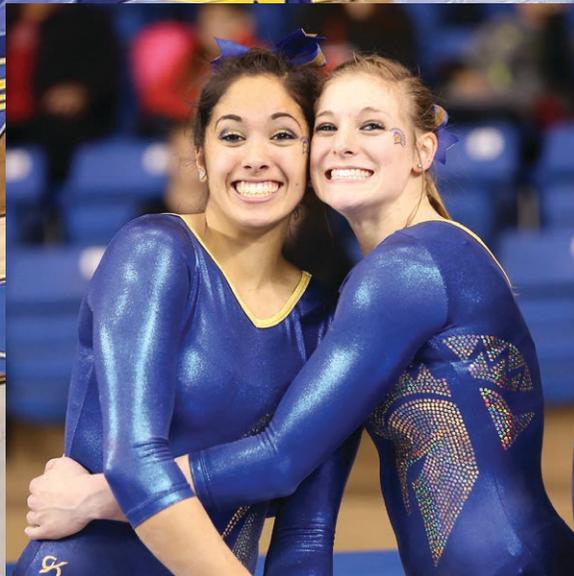


San Jose State is the number one
supplier of education, engineering,
computer science, and business
graduates to Silicon Valley, the
world's high-tech capital.



Meet Night...

At Th



San José State University Women's Gymnastics

Table of Contents

San José State University.....	2-3
Meet Day At The Event Center.....	4-5
2015 Schedule.....	6
2015 Roster.....	7
Spartan Coaching Staff.....	10-15
2015 Spartan Gymnasts.....	16-63
2014 Review.....	64-69
Record Book.....	70-105
Letterwinners.....	72
Coaching Records.....	73
Top Team Scores.....	74-75
Top Team Vault Scores.....	76-77
Top Team Bars Scores.....	78-79
Top Team Beam Scores.....	80-81
Top Team Floor Scores.....	82-83
Top All-Around Scores.....	84-85
Top Floor Scores.....	86-87
Top Bars Scores.....	88-89
Top Beam Scores.....	90-91
Top Floor Scores.....	92-93
Regional Teams.....	94-95
Postseason Results.....	96-97
NCAA Championships.....	98
NCAA Regional Honors.....	99
Conference Meet Results.....	100-102
All-Conference Honors.....	103
Academic Honors.....	104-105

Media Information

All media requests for credentials, interviews, etc., should go through the San Jose State Athletics Media Relations Office and Amy Villa, Associate SID. Please contact her at (408) 924-1216 or by email at amy.villa@sjsu.edu. No interviews will be granted on meet days prior to the event. Post-meet interviews will be conducted approximately 10 minutes after the final results have been announced. Copies of the final results will be provided to all media in attendance after the meet.

San Jose State Athletics Web Site

Visit the official home page, <http://www.sjsuspartans.com>, of Spartan Athletics and the San José State women's gymnastics team on the Internet. You can see results, statistics and video as well as live scoring video at all home meets.

Twitter

Follow Spartan Athletics on Twitter @SJSUathletics. Throughout the season, look for tweets about what is going on with the program and scoring updates at all away meets.

2015 SAN JOSE STATE UNIVERSITY WOMEN'S GYMNASTICS SCHEDULE

Sun.	Jan. 4	NorCal Classic - UC Davis, Sacramento State, California, Stanford	Davis, Calif.	2:00 p.m.
FRI.	JAN. 9	STANFORD	THE EVENT CENTER	7:00 p.m.
FRI.	JAN. 16	CALIFORNIA, UW-LA CROSSE	THE EVENT CENTER	7:00 p.m.
Sun.	Jan. 25	California, Arizona State, Denver	Berkeley, Calif.	2:00 p.m.
Sun.	Feb. 1	Texas Woman's, Centenary, Towson	Dallas, Texas	1:00 p.m.
Fri.	Feb. 6	Southern Utah	Cedar City, Utah	7:00 p.m.
Fri.	Feb. 13	Sacramento State	Sacramento, Calif.	7:00 p.m.
FRI.	FEB. 20	UC DAVIS	THE EVENT CENTER	7:00 p.m.
Sun.	March 1	Master's Classic - Nebraska, Illinois	Lincoln, Neb.	2:00 p.m.
FRI.	MARCH 6	SACRAMENTO STATE, UTAH STATE, SEATTLE PACIFIC	THE EVENT CENTER	7:00 p.m.
Sat.	March 14	Oregon State, Lindenwood, Seattle Pacific	Corvallis, Ore.	7:00 p.m.
Sat.	March 21	MPSF Championships	Anchorage, Alaska	6:00 p.m.
Sat.	April 4	NCAA Regionals	TBA	TBA
Th.-S	April 17-19	NCAA Championships	Fort Worth, Texas	

Times are local to site.

2015 San José State Women's Gymnastics Roster

Name	Events	Ht.	Class	Hometown/Last School/Gym Club
Allison Bellingham	V, UB, BB	5-4	JR	Irvine, Calif./Woodbridge HS/South Coast Gymnastics
Amy Bellingham	V, UB, BB	5-6	JR	Irvine, Calif./Woodbridge HS/South Coast Gymnastics
Alisa Bogdan	AA	5-5	FR	Henderson, Nev./Foothill HS/Gymcats
Mackenzie Douglas	AA	5-5	FR	Queen Creek, Ariz./Queen Creek HS/Arizona Olympians Gymnastics
Kiley Field	BB, FX	5-3	SR	San Jose, Calif./Independence HS/Gold Coast Gymnastics
Hannah Gilbert	V	5-4	JR	Torrance, Calif./Torrance HS/Josephson Academy of Gymnastics
Cami Guyer	AA	5-5	SR	Fall City, Wash./Mount Si HS/Gymnastics East
Rachel Heintl	AA	5-4	SO	Mesa, Ariz./Red Mountain HS/Arizona Dynamics
Maddie Herr	AA	5-3	JR	Lititz, Penn./The Ohio State University/Vasi's International Gymnastics
Jasmine Holmes	V, FX	5-3	JR	Valencia, Calif./Hart HS/Waller's GymJam
Gabrielle Kambur	BB, FX	5-4	SR	Novato, Calif./St. Vincent de Paul HS/Novato Gymnastics
Alyssa Kaschak	AA	4-11	JR	Allen, Texas/EdOptions Online Academy/Metroplex Gymnastics
Adrienne Manseau	V, BB	5-0	JR	Fremont, Calif./Washington HS/Pacific West Gymnastics
Erica Matos	V, UB, FX	5-3	SO	San Jose, Calif./Pioneer HS/Airborne Gymnastics
McElle McCartney	UB, BB	5-6	FR	Vancouver, Wash./CAM Academy/Multnomah Athletic Club
Alyssa Montalban	V, BB, FX	5-0	SR	Stockton, Calif./St. Mary's HS/Byers Gymnastics
Eri Tamada	UB, BB, FX	5-3	FR	Torrance, Calif./West Torrance HS/Flight School Gymnastics
Marissa Unpingco	UB, BB, FX	5-6	JR	Martinez, Calif./California Virtual Academy/Edge Gymnastics
Kaitlin Won	AA	5-1	FR	Mesa, Ariz./Mesquite HS/Arizona Dynamics
Brooke Young	UB, BB, FX	5-0	FR	San Diego, Calif./University City HS/SCEGA

Head Coach: Wayne Wright

Associate Head Coach: Shella Martinez

Assistant Coach: Alise Blackwell

Director of Operations: Julia Greer

Pronunciations

Cami GUYER: GUY-er

Rachel HEINL: HIGH-null

Gabrielle KAMBUR: CAM-burr

Alyssa KASCHAK: CASH-ack

Adrienne MANSEAU: Man-SO

Erica MATOS: MATT-ohss

Alyssa MONTALBAN: MOHN-tall-bahn

Marissa UNPINGCO: Un-PING-koh

Credits: The 2015 San José State Women's Gymnastics Guide is a product of the San José State University Athletic Media Relations Office. Writing, layout and editing by Amy Villa. Portraits: Terrell Lloyd. Photos & Candid: Terrell Lloyd. Action Photos: Terrell Lloyd, Ron Fried. All names, nicknames, logos and other indicia referring to San José State University are trademarked and protected by the university. Any unauthorized use is prohibited.

San José State University does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, marital status, pregnancy, age disability, disabled veterans or Vietnam status. This policy applies to all SJSU students, faculty and staff programs and activities. Questions regarding this policy should be directed to the Director of the Office of Equal Employment Opportunity/ Affirmative Action, SJSU, San Jose, CA 95192, (408) 924-1115.









2015
Spartans

Coaching Staff



Wayne Wright Head Coach

Wayne Wright is in his 14th season in 2015 as the head coach of the San José State women's gymnastics team.

The Spartan program has made significant strides during Wright's tenure, breaking school records, winning conference championships and receiving team invitations to the NCAA West Regional. Since 2003, the Spartans have competed as a team at seven NCAA Regionals. In the years not competing at a team, at least two gymnasts have advanced to regionals. The team's best finish has been fourth in 2006 and 2011. Two gymnasts have Regional Championships: Thomasina Wallace on bars in 2009 and Katie Valleau on floor in 2011.

Wright has also coached three gymnasts at the NCAA Championships. In 2011, Valleau was the first Spartan to compete at the championships as an individual specialist after she tied for first on the floor at the regionals with a 9.900. Veronica Porte and Wallace advanced to the 2009 NCAA Championships in the all-around as the top-two qualifiers from the West Region.

In 2012, Wright was named the NCAA West Regional Coach of the Year after the team earned the WAC regular season title and recorded its second-highest team score in school history. He also coached Thomasina Wallace to the WAC Freshman of the Year title in 2009 and in 2012, the WAC Gymnast of the Year title after she won the conference's All-Around title.

The Spartans have broken every team school record since 2004 including the beam record in 2011 and the vault record in 2009. Every individual record has also been tied or broken over the past 11 years. In 2012, two records were tied (beam and floor).

Outside the gym, Wright believes firmly in the importance of academics and athletics in a college education. The 2011 team posted the highest grade-point average among all 16 San Jose State intercollegiate teams. In his 12 seasons, 44 gymnastics have received 78 Academic All-Conference Awards, while 24 gymnasts received 45 NACGC/W Scholastic All-America recognition.

Wright's teams are also one of the top Spartan teams in giving back to the community. In the fall of 2011, the team participated in the 5th Annual SJSU Day of Service as they tagged books for a local, categorizing them by



Coaching Staff



reading level and the quiz number and how many points the students earn in accelerated reading. The team participates in various activities throughout the season and participates in “Think Pink” month in February as all teams raise the awareness of breast cancer research.

As an assistant coach, Wright was at Stanford from 1996- 2001 and at San Jose State from 1987-1996. While at Stanford, Wright helped coach the team to its first Pac-10 title in 1998 and an NCAA West Regional championship. During his first stint at San Jose State he coached Tara Law, the 1996 Big West floor champion, to the NCAA West Regional. Showing his success at the collegiate level, Wright has coached gymnasts to all three Bay Area schools’ halls of fame: Kristen Smyth at California, Larissa Fontaine at Stanford, and Dani Albright at San Jose State.

Before he began coaching at the collegiate level, Wright served as program director and head coach of the Kokokahi Gymnastics Center in Kailua, Hawaii, developing Class I National Junior Olympics gymnasts. He also worked with U.S.A. Gymnastics at the 1996 Olympic Games in Atlanta and was on the floor when the team won the gold medal.

Active in the community, Wright served on the local organizing committee for the 2007 VISA U.S.A. Women’s Gymnastics Championships

held at the HP Pavilion in San Jose. He helped to insure that the meet was run smoothly for all participants and spectators.

Wright has an extensive background in nursing and physical education. He graduated from the Academy of Health Sciences in

Wright’s Coaching Record

2002	12-9
2003	12-9
2004	16-9
2005	17-5
2006	15-17
2007	10-14
2008	19-11
2009	11-13
2010	11-13
2011	17-10
2012	13-9
2013	13-11
2014	10-19
Total - 13 years	176-149

Texas with a degree in nursing. He also studied physical education and recreation at the University of Hawai’i. Wright served three years in the U.S. Army as a nurse attached to Tripler Army Medical Center in Honolulu, Hawaii. He is a certified Phlebotomy technician and a candidate for a California Nurse’s License.



Coaching Staff



Shella Martinez Associate Head Coach

Shella Martinez enters her 11th season as a member of the San Jose State women's gymnastics coaching staff in 2015. She brings over 19 years of coaching experience to the Spartans.

Martinez is the beam coach, recruiting coordinator and handles all choreography for the Spartans. Alongside her work at San José State, she choreographs routines for numerous club teams in the Bay Area.

During her time on the Spartans' coaching staff, Martinez has coached the only team to win a conference championship in program history (2004 MPSF Champion Spartans), five of six San José State teams that qualified for the NCAA postseason, Thomasina Wallace and Veronica Porte at NCAA Nationals in 2009, and 2013 Western Athletic Conference (WAC) beam champion Cami Guyer.

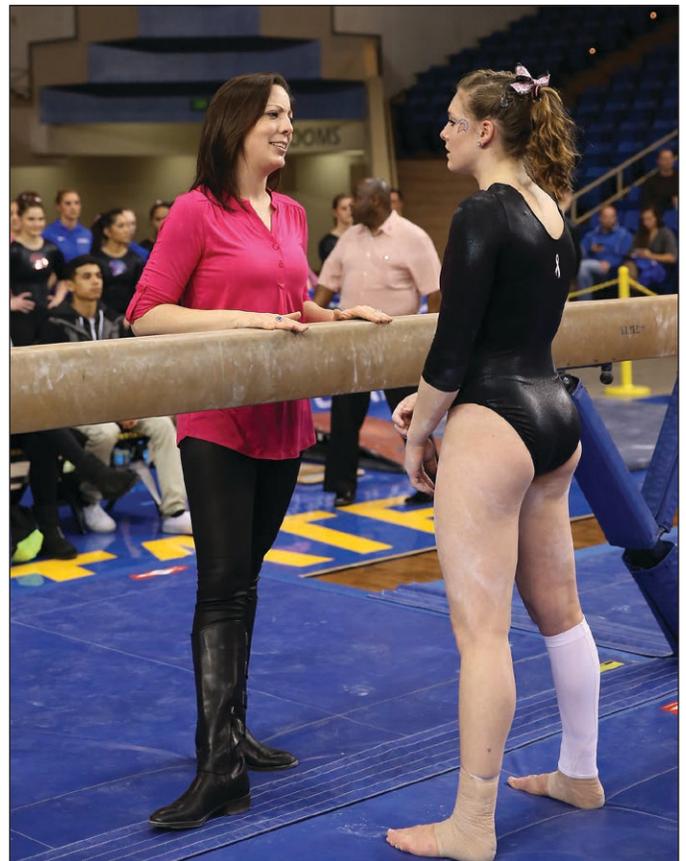
From 2005 through 2012, she owned Gold Coast Gymnastics, coaching current Spartan Kiley Field.

Before coming to San José State, from 2002 through 2004, Martinez was the head team coach at Pegasus Gymnastics Academy in Milpitas, Calif.

For three years, from 1995 through 1998, Martinez worked at Funtastics Gymnastics in Coeur d'Alene, Idaho where she developed and implemented programs to aid in the teaching of fundamental gymnastics.

As a gymnast, Martinez competed for the Gold Cup Gymnastics Academy in Albuquerque, N.M. As a Level 9 gymnast in 1990, she qualified for Regionals and western nationals. After becoming a Level 10 gymnast in 1991, she qualified for Regionals, and qualified for Regionals and Nationals in 1992.

Shella and her husband Mike Reiswig were married in 2009, and have a daughter, Charleese Mikella, who was born on September 4, 2014.



Coaching Staff



**Alise
Blackwell
Assistant
Coach**

Former Spartan gymnast Alise Blackwell begins her first season as a member of the San José State University women's gymnastics coaching staff for 2014-15.

Blackwell competed at San Jose State from 2006-09, primarily on vault, bars and beam, but did compete in the all-around her sophomore year. She advanced to the 2007 NCAA West Regional as an individual competitor and placed 14th in the all-around. Blackwell earned second team All-Western Athletic Conference honors on the bars her senior year.

Blackwell spent five years (2009-14) at Bay Aerials Gymnastics as a team director.

A 2010 graduate of San José State, Blackwell received a bachelor's degree in health science.



**Julia Greer
Director of
Operations**

Former Spartan gymnast Julia Greer begins her first season as a member of the San José State University women's gymnastics staff as the director of operations.

Greer was a four-year letterwinner for the Spartans from 2011-14. She was the 2014 Mountain Pacific Sports Federation Gymnast of the Year and the 2011 Western Athletic Conference Freshman of the Year.

A vault, beam and floor specialist, Greer was All-MPSF on beam and floor in 2014, and second team All-WAC on floor in 2013. She is tied for the school record on beam at 9.900.

In the classroom, Greer was a four-time academic all-conference honoree and NACGC/W Scholastic All-American.

A 2014 graduate of San José State, Greer received a bachelor's degree in child and adolescent development.

SENIORS



SENIORS





Kiley Field

Beam, Floor

5-3, Senior

San Jose, Calif./

Independence HS

Gold Coast Gymnastics

SJSU: In her fourth season as a member of the Spartan women's gymnastics team in 2014...three-time academic all-conference honoree.

2014: Competed in seven meets on the floor and four on the beam...season-best 9.775 on floor at the UC Davis Quad... earned a 9.725 on floor at 25 Arizona State and at Washington...posted a 9.700 on floor at the NCAA Minneapolis Regional...scored a 9.675 on floor at the MPSF Championships...scored a 9.650 on beam at the NorCal meet, her highest score since 2012...earned a 9.500 on beam at Arizona State.

2013: Competed on beam in three meets and floor in eight meets for San José State...recorded a 9.625 on beam at the NorCal Quad...earned a career-high 9.825 on floor against Boise State, UC Davis and Seattle Pacific...scored a 9.700 or higher on floor in five meets.

2012: Competed on the bars in 11 meets and on the beam in six meets...Scored a 9.650 on bars at the Nor-Cal Quad and a 9.525 at the WAC Championships...on beam, had a 9.725 versus Seattle Pacific and a 9.700 at UCLA.

CLUB: Competed for Gold Coast Gymnastics and current associate head coach Shella Martinez...finished third in the all-around at the 2010 Level 10 state championships and was second on the beam and fourth on the floor...at the 2010 Level 10 Regional, was seventh on the floor and 15th in the all-around.

HIGH SCHOOL: Graduated from San Jose's Independence High School in 2011.

PERSONAL: Nutritional science major with an emphasis in sports nutrition...wants to be a team nutritionist...three-time academic all-conference honoree...NACGC/W Scholastic All-American...San José State Dean's Scholar...enjoys riding ATVs, wakeboarding, and going to the beach...older brother, Matt, is a professional driver in Formula Drift...Kiley Diane Field was born on July 19, 1993, in San Jose, Calif.

Season Highs					
Year	V	UB	BB	FX	AA
2012	--	9.650	9.725	--	--
2013	--	--	9.625	9.825	--
2014	--	--	9.650	9.775	--

Career Highs					
Bars	9.650	at NorCal Quad, January 15, 2012			
Beam	9.725	Seattle Pacific, January 20, 2012			
Floor	9.825	Boise State, UC Davis, Seattle Pacific, March 8, 2013			





Cami Guyer

All-Around

5-4, Senior

Fall City, Wash./

Mount Si HS

Gymnastics East

SJSU: In her fourth season as a member of the Spartan women's gymnastics team.

2014: All-MPSF on every individual event and in the all-around...competed in the all-around in every meet... MPSF Gymnast of the Week for January 13-19 after finishing second in the all-around with a 39.150 at Washington...placed in the top-3 in the all-around at the first four meets: second at Washington and third at the NorCal Meet, at Arizona State and the UC Davis Quad...won a share of the bars title versus UC Davis with a 9.750...matched career-highs on vault (9.800) and floor (9.850) against Sacramento State...against Southern Utah, tied for second in the all-around with a career-best 39.225 and won the bars with a career-high 9.875... tied her career-high on vault (9.800) at Washington...earned a career-best 9.825 on floor and a season-best 9.775 on beam against Southern Utah.

2013: First team All-WAC on beam after winning a share of the title at the WAC Championships with a career-high 9.850...first Spartan to win a share of the beam title at a conference championship since 2003... competed in all 12 meets on bars, nine meets on beam, four meets on vault and three on floor and the all-around...on beam, had a 9.800 at UC Davis, a 9.775 against UC Davis, Boise State and Seattle Pacific...on bars, earned a season-high 9.800 four times...scored a 9.600 or higher in 10 meets...on vault, earned a career-best 9.800 at the NorCal Quad...recorded a season-best 38.675 in the all-around at the Arizona Quad.

2012: Competed in 10 meets...scored a 9.775 on vault at Sacramento State in her Spartan debut...competed in nine meets on the beam with a 9.775 against Sacramento State/UC Davis, a 9.750 at the UC Davis Quad and a 9.700 against Cal/Maryland and at Washington/ Central Michigan.

CLUB: Competed for Gymnastics East in Bellevue, Wash., for coaches Kim Thomson and Remus Dragon...qualified three times for the Junior Olympics and placed 22nd in the all-around in 2010... finished second on the floor at the 2011 Region 2 Championships... second in the all-around at the 2010 Level 10 State and Regional championships.

HIGH SCHOOL: Graduated from Mount Si High School in Snoqualmie, Wash., in 2011.

PERSONAL: Three-time academic all-conference honoree...justice studies major...would like to work with the Seattle Police Department after graduation... NACGC/W Scholastic All-American...likes shopping, hiking, and listening to music...Cami Rose Guyer was born on May 25, 1993, in Bellevue, Wash.

Season Highs					
Year	V	UB	BB	FX	AA
2012	9.775	9.100	9.775	--	--
2013	9.800	9.800	9.850	9.675	38.675
2014	9.800	9.875	9.775	9.825	39.225

Career Highs		
Vault	9.800	at Arizona Quad, January 12, 2013 at Washington, January 18, 2014 Sacramento State, March 14, 2014
Bars	9.875	Southern Utah, February 28, 2014
Beam	9.850	at WAC Championships, March 23, 2013
Floor	9.850	Sacramento State, March 14, 2014
All-Around	39.225	Southern Utah, February 28, 2014





Gabrielle Kambur

Beam, Floor

5-4, Senior

Novato, Calif./

St. Vincent de Paul HS

Novato Gymnastics

SJSU: Fourth year as a member of the Spartan women's gymnastics team.

2014: Did not compete for the Spartans.

2013: Competed in one meet for the Spartans on beam with a 9.025 at Seattle Pacific.

2012: Did not compete for the Spartans.

CLUB: Competed for Novato Gymnastics and coaches Perry Siu, Hillary Anderson, and Kerry Proctor...competed at the 2011 USA Gymnastics Western Championships...placed fifth on the beam at the 2011 Region 1 Level 9 Championships...was fourth on the beam and tied for fifth on the vault at the 2011 NorCal Championships.

HIGH SCHOOL: Graduated from St. Vincent de Paul High School in Petaluma, Calif., in 2011.

PERSONAL: Business administration major with a concentration in international business with a minor in economics...hopes study in Spain and attend graduate school...NACGC/W Scholastic All-American... San José State Dean's Scholar...likes going to the beach, Greek dancing, and hiking...cousin, Nico Molino, played three years for the Cal Poly football team...member of Fellowship of Christian Athletes...Gabrielle Ariana Asfour Kambur was born on June 19, 1993, in Santa Rosa, Calif.

Season Highs					
Year	V	UB	BB	FX	AA
2013	—	—	9.025	—	—

Career Highs	
Beam	9.025 Seattle Pacific, February 8, 2013





Alyssa Montalban

Vault, Beam, Floor

5-0, Senior

Stockton, Calif./

St. Mary's HS

Byers Gymnastics

SJSU: In her fourth year as a member of the Spartan women's gymnastics team.

2014: Competed in nine meets each on vault and floor...earned at least a 9.650 on vault in six meets and a 9.650 in seven meets...matched a career-best 9.775 on vault at the UC Davis Quad...also finished third and tied her career-high on floor against UC Davis with a 9.825...added a 9.750 on vault in the UC Davis meet and at Sacramento State...scored 9.725 on vault and floor at Boise State...recorded a 9.700 on floor at Sacramento State, which she matched against Southern Utah...scored a 9.650 on floor at No. 25 Arizona State.

2013: Did not compete in a meet for the Spartans.

2012: Competed on the vault and floor in 13 meets...on vault, she scored a season-high 9.775 at Sacramento State and at the WAC Championships...on floor, scored a season-best 9.825 three times: at the WAC Championships, against Sacramento State/UC Davis and at Sacramento State.

CLUB: Competed for Byers Gymnastics in Elk Grove, Calif., for coaches Eli and Debbie Rodriguez, Ronald Howard and Mas Watanabe...won 2011 Level 10 NorCal Vault Championship and competed at the 2011 Region 1 Championships where she placed 11th on vault...in 2010, was the Level 9 regional co-champion on vault and placed second the all-around...was third on the vault and all-around at the 2010 Western Championships.

HIGH SCHOOL: Graduated from St. Mary's High School in Stockton, Calif., in 2011.

PERSONAL: 2014 Academic All-MPSF honoree...majoring in kinesiology and hopes to get her master's degree in occupational therapy...likes singing and dancing...member of the San José State University Gospel Choir and Fellowship of Christian Athletes...Alyssa Janelle Montalban was born on July 1, 1993, in Stockton, Calif.

Season Highs					
Year	V	UB	BB	FX	AA
2012	9.775	--	--	9.825	--
2014	9.775	--	--	9.825	--

Career Highs	
Vault	9.775 at Sacramento State, January 27, 2012 WAC Championships, March 24, 2012 at UC Davis Quad, January 26, 2014
Floor	9.825 at Sacramento State, January 27, 2012 Sacramento State, UC Davis, March 16, 2012 WAC Championships, March 24, 2012 UC Davis, February 7, 2014



JUNI



ORS





Allison Bellingham

Vault, Bars, Beam

5-4, Junior

Irvine, Calif./

Woodbridge HS

South Coast Gymnastics

SJSU: Begins her third year as a Spartan.

2014: Did not compete in a meet for the Spartans.

2013: Did not compete in a meet for San Jose State.

CLUB: Competed for South Coast Gymnastics in Irvine, Calif., for coaches Xiaoping Li and Jia Wen, the same club that produced former Spartans Shanice Howard and Katie Merritt...at the 2012 SoCal State Championships, placed fourth in the vault and fifth in the beam and all-around categories...tied for third in the beam at the 2012 Heart of a Champion Invitational...placed fourth in the beam at the 2011 SoCal State Championships and at the 2011 Malibu Coast Challenge, earned third place in the beam and fourth place in the vault and all-around categories.

HIGH SCHOOL: Graduated from Woodbridge High School in 2012.

PERSONAL: Business accounting major...enjoys reading and is involved with San José State's Christians on Campus... NACGC/W Scholastic All-American...San José State Dean's Scholar...Allison and twin sister Amy are first set of twins to compete for San José State women's gymnastics in program history Allison Marie Bellingham was born on June 17, 1994 in Columbia, S.C.





Amy Bellingham

Vault, Bars, Beam

5-6, Junior

Irvine, Calif./

Woodbridge HS

South Coast Gymnastics

SJSU: Third year as a member of the Spartan women's gymnastics team.

2014: Competed in one meet on beam...earned a 9.625 at No. 25 Arizona State.

2013: Academic All-WAC honoree...competed on beam in two meets and vault in 10 meets for San José State...earned a career-high 9.725 on vault at the WAC Championships...scored a 9.600 or higher in seven meets...on beam, earned a 9.700 at the Denver Quad and a 9.650 against Sacramento State.

CLUB: Competed for South Coast Gymnastics in Irvine, Calif., for coaches Xiaoping Li and Jia Wen, the same club that produced former Spartans Shanice Howard and Katie Merritt...at the 2012 SCEGA California Classic, placed third on beam...earned fifth place on bars and beam at the 2012 Heart of a Champion Invitational and at the 2011 All-Olympia Invitational, placed fourth on beam.

HIGH SCHOOL: Graduated from Woodbridge High School in Irvine, Calif., in 2012.

PERSONAL: Childhood and adolescent development major who plans to attend graduate school...involved with Christians on Campus... San José State Dean's Scholar...enjoys crafts, writing and drawing in her spare time...Amy and twin sister Allison are first set of twins to compete for San José State women's gymnastics in program history...Amy Elizabeth Bellingham was born on June 17, 1994 in Columbia, S.C.

Season Highs					
Year	V	UB	BB	FX	AA
2013	9.725	--	9.700	--	--
2014			9.625		

Career Highs					
Vault	9.725	WAC Championships,	March 23,	2013	
Beam	9.700	at Denver Quad,	February 2,	2013	





Hannah Gilbert

Vault

5-4, Junior

Torrance, Calif./

Torrance HS

Josephson Academy of Gymnastics

SJSU: In her third season with the Spartans...two-time academic all-conference honoree.

2014: Competed on vault in five meets...fifth at the MPSF Championships on vault, scoring a career-high 9.850...scored a 9.750 against Sacramento State and a 9.725 at Arizona State...earned a 9.675 on vault at the NorCal Meet...added a 9.650 on vault against UC Davis.

2013: Competed in every meet for the Spartans on vault...earned a 9.600 or higher in 11 meets...scored a season-high 9.800 at UC Davis...added a 9.750 at California with Brown...earned a 9.700 twice: at the NorCal Quad and Denver Quad.

CLUB: Competed at the Josephson Academy of Gymnastics in Culver City, Calif...two-time Level 10 Region 1 qualifier...placed second on the beam and all-around, and third on floor at the Malibu Coast Challenge...at the 2011 L.A. Classic, won the beam, placed second on vault, bars, floor and all-around, and placed third on the bars.

HIGH SCHOOL: Graduated from Riverside High School in Riverside, Calif. in 2012.

PERSONAL: 2013 and 2014 academic all-conference honoree...Majoring in kinesiology...would like to get into the physical therapy field after graduation...enjoys watching scary movies and going to the beach...member of the San José State Student-Athlete Advisory Committee...two brothers...brother, Trent, was drafted by the Oakland Athletics in the 15th round of the 2014 Draft...Hannah Nicole Gilbert was born on Sept. 12, 1994 in Torrance, Calif.

Season Highs					
Year	V	UB	BB	FX	AA
2013	9.800	--	--	--	--
2014	9.850	--	--	--	--

Career Highs					
Vault	9.850	MPSF Championships, March 22, 2014			





Maddie Herr

All-Around

5-3, Junior

Lititz, Penn./

The Ohio State University

Vasi's International

Gymnastics

SJSU: First year at San José State.

THE OHIO STATE UNIVERSITY: Competed in 12 meets in 2013...season-bests of 9.875 on bars and 9.825 on beam (twice)...competed on bars in all 12 meets, scoring a 9.700 or better all 12 times...competed on beam in seven meets, receiving a 9.800 or higher in four meets...competed on floor in one meet with a 9.575...OSU Scholar-Athlete...NACGC/W Scholastic All-American.

CLUB: Competed for Vasi's International for coach Vasi Cioana...competed at the 2012 Junior Olympic National Invitational Tournament...won the beam (9.500) and finished seventh on the floor (9.325) and in the all-around (36.900)...at the 2012 Region 6 Championships, was third on the floor (9.300) and sixth on the vault (9.250)...won the beam, floor and all-around at the 2011 Connecticut state championships...also trained at Prestige Gymnastics.

HIGH SCHOOL: Graduated from Pomperaug High School in Southbury, Conn., in 2012.

PERSONAL: Business-entrepreneurship major with a minor in creative writing...would like to do event planning after graduation and eventually open her own business...loves to bake desserts and learn new tricks on the flying trapeze...Maddie Sue Herr was born on July 26, 1994, in Lancaster, Penn.





Jasmine Holmes

Vault, Floor

5-3, Junior

Valencia, Calif./

Hart HS

Waller's GymJam

SJSU: In her third season for the Spartans...two-time academic all-conference honoree.

2014: Performed eight floor routines for the Spartans...scored a career-best 9.900 on floor against Sacramento State...added a 9.800 at the MPSF Championships...earned a 9.775 against Southern Utah and a 9.725 at Sacramento State...added a 9.650 at Boise State.

2013: Competed in 10 meets on vault and seven meets on floor for San José State...on vault, career-high 9.825 earned at the WAC Championships...earned a 9.775 in four meets...scored a 9.750 against Utah State and Brown...on floor, season-best 9.775 came against Utah State and Brown...earned a 9.750 at the WAC Championships.

CLUB: Competed at Waller's GymJam in Santa Clarita, Calif., for coach Chris Waller...at the 2012 SoCal Level 10 State Championship, placed first in the vault and floor, second in the all-around and third on the balance beam...at the 2012 J.O. National Invitational Tournament, placed third on the vault and in the all-around.

HIGH SCHOOL: Graduated in 2012 from Hart High School in Newhall, Calif.

PERSONAL: 2014 Academic All-MPSF honoree...majoring in health science with a minor in child and adolescent development...would like to be a dental hygienist after graduation...NACGC/W Scholastic All-American...San José State Dean's Scholar...enjoys shopping...Jasmine Leanna Holmes was born on January 24, 1994, in Lancaster, Calif.

Season Highs					
Year	V	UB	BB	FX	AA
2013	9.825	--	--	9.775	--
2014	--	--	--	9900	--

Career Highs		
Vault	9.825	WAC Championships, March 23, 2013
Floor	9.900	Sacramento State, March 14, 2014





Alyssa Kaschak

All-Around

4-11, Sophomore

Allen, Texas/Ed Options

Online Academy

Metroplex Gymnastics

SJSU: In her third year with San José State in 2014.

2014: Performed on bars and beam in every meet for San José State...earned a 9.600-or-higher on both bars and beam in eight meets...scored a career-high 9.825 on bars at Sacramento State, which she matched against Southern Utah...career-high 9.775 on beam at Boise State and at the MPSF Championships...at the NorCal Meet, scored a 9.750 on beam...recorded a 9.700 on bars against Sacramento State...earned a 9.650 on beam at Sacramento State...recorded a 9.550 on bars and a 9.675 on beam at the UC Davis Quad.

2013: Competed in all 12 meets on bars for the Spartans...earned a 9.575 or higher in nine meets...scored a season-high 9.775 at UC Davis...added a 9.750 in two meets and a 9.700 against UC Davis, Boise State and Seattle Pacific.

CLUB: Competed for Metroplex Gymnastics in Allen, Texas, for coaches Marnie Futch and Gina Quinlan... finished ninth in the Level 10 all-around at the 2011 Junior Olympics National Invitational Tournament...in 2011-12, placed in the top-10 in the all-around at every meet in which she participated.

HIGH SCHOOL: Graduated in 2012 from Ed Options Online, based in Bloomington, Minn.

PERSONAL: Earned academic all-conference honors in 2013 and 2014...majoring in kinesiology with an emphasis in movement science...NACGC/W Scholastic All-American...San José State Dean's Scholar...enjoys baking and hanging out with friends and family...team representative to the San José State Student-Athlete Advisory Committee... volunteers with Special Olympics...member of Fellowship of Christian Athletes... Alyssa Nicole Kaschak was born on February 15, 1994 in Plano, Texas.

		Season Highs			
Year	V	UB	BB	FX	AA
2013	--	9.775	--	--	--
2014	--	9.825	9.775	--	--

		Career Highs	
Bars	9.825	at Sacramento State, California, February 14, 2014 Southern Utah, February 28, 2014	
Beam	9.775	at Boise State, February 21, 2014 at MPSF Championships, March 22, 2014	





Adrienne Manseau

Vault, Beam

5-0, Junior

Fremont, Calif./

Washington HS

Pacific West Gymnastics

SJSU: In her third season with the Spartans.

2014: Did not compete in a meet for the Spartans.

2013: Did not compete in a meet for San Jose State.

CLUB: Competed for Pacific West Gymnastics in Union City, Calif., for coaches Liviu Mazilu and Maria Traggio Rivera...at the 2012 NorCal State Championships, placed second on the bars and beam...won the vault, beam and all-around in her division at the 2012 Byers Invitational and tied for second in the all-around at the 2012 Long Beach Open.

HIGH SCHOOL: Graduated from Washington High School in Fremont, Calif., in 2012.

PERSONAL: Communication studies major with a journalism minor...would like to be a new broadcaster after graduation...was a reporter on her high school's newspaper, The Hatchet...NACGC/W Scholastic All-American...San José State Dean's Scholar...enjoys baking and doing Pinterest DIY projects...favorite movie is Finding Nemo...Adrienne Michele Manseau was born on Oct. 25, 1994 in Fremont, Calif.





Marissa Unpingco

All-Around

5-6, Junior

Martinez, Calif./

California Virtual Academy

Edge Gymnastics

SJSU: Beginning her third season for the Spartans...All-MPSF selection on bars.

2014: All-MPSF honoree on bars...competed in every meet for the Spartans on the apparatus and 10 meets on beam...scored a 9.700-or-higher on bars in 10 meets...earned at least a 9.650 on beam in seven meets... won the bars against Sacramento State with a career-best 9.875...second on bars at Sacramento State with a 9.850...earned a career-best 9.875 on beam at the UC Davis Quad...9.825 on bars at Boise State and against Southern Utah...Scored a 9.800, at the NorCal Quad (1/5), the team's best score on bars...placed third on bars at Arizona State with a 9.800...at Boise State, went 9.750 on beam...recorded a 9.700 on bars and beam against UC Davis...also earned a 9.700 on bars at the MPSF Championships.

2013: Competed in 12 meets on bars and 11 meets on beam for San José State...on bars, scored a season-high 9.800 at the Arizona Quad...added a 9.775 at the WAC Championships and a 9.750 three times... scored a 9.600 or higher eight times...on beam, earned a season-best 9.800 against Utah State and Brown... scored a 9.775 against UC Davis, Boise State and Seattle Pacific...performed 9.725 routines four times.

CLUB: Competed for Edge Gymnastics in Dublin, Calif., for coaches Kristin Shawler and Cari DuBois Wright... finished ninth in the all-around and third on the beam at the 2011 Region 1 Level 10 Championships...won the bars at the 2011 Level 10 state championships and finished sixth in the all-around, eighth on the beam and ninth on vault at the meet...in 2010, placed second on the uneven bars and third in the all-around at the state championships.

HIGH SCHOOL: Graduated in 2010 from the California Virtual Academy, based in Sonoma, Calif.

PERSONAL: 2013 and 2014 academic all-conference honoree... majoring in recreation therapy with a minor in kinesiology...hopes to attend chiropractic school...enjoys drawing, singing, and going to church...leader at the Fellowship of Christian Athletes...Marissa Lee Unpingco was born in Walnut Creek, Calif., on Nov. 28, 1992.

Season Highs					
Year	V	UB	BB	FX	AA
2013	--	9.800	9.800	--	--
2014	--	9.875	9.875	--	--

Career Highs					
Bars	9.875	Sacramento State, March 14, 2014			
Beam	9.875	at UC Davis Quad, January 26, 2014			



S
O
P
H
O
M
O
R
E
S





S
O
P
H
O
M
O
R
E
S



Rachel Heinl

All-Around

5-4, Sophomore

Mesa, Ariz./

Red Mountain HS

Arizona Dynamics

SJSU: In her second year as a member of the Spartan women's gymnastics team.

2014: Competed in 12 meets on the bars...tied for third on bars against Southern Utah with a career-best 9.850...earned a 9.775 at Washington and a 9.750 at Sacramento State...recorded a 9.725 against UC Davis... Scored a 9.700 against Sacramento State.

CLUB: Competed at Arizona Dynamics for coaches...at the 2012 Southern California State Championships, finished third in the all-around with a 36.600, and second on floor with a score of 9.325...finished second on bars with a 9.325, and fourth in the all-around with a 37.000, at the 2012 Region One Championships, qualifying her for the Level 10 Junior Olympic National Championships, where she placed ninth on bars.

HIGH SCHOOL: 2013 graduate of Red Mountain High School in Mesa, Ariz.

PERSONAL: Has not declared a major...would like to work in the occupational therapy field after graduation...enjoys dancing...Rachel Christine Marie Heinl was born on February 16, 1995, in Mission Viejo, Calif.

Season Highs					
Year	V	UB	BB	FX	AA
2014	--	9.850	--	--	--

Career Highs					
Bars	9.850	Southern Utah, February 28, 2014			





Erica Matos

Vault, Bars, Floor

5-3, Sophomore

San Jose, Calif./

Pioneer HS

Airborne Gymnastics

SJSU: Second season with the Spartan women's gymnastics team.

2014: Did not compete in a meet for the Spartans.

CLUB: Competed for Airborne Gymnastics and coach Tonya Piacente...placed third on floor at the 2012 Region 1 Championships, qualifying her for the 2013 Junior Olympic National Championships...finished second on floor and third on vault at the 2013 NorCal State Championships...placed in the top-10 on the uneven bars and on the balance beam at every NorCal State Championship when competing as a Level 10 gymnast.

HIGH SCHOOL: 2013 graduate of Pioneer High School in San Jose, Calif.

PERSONAL: Kinesiology major with an emphasis in teaching...wants to be a physical education teacher...

Erica Paige Matos was born on March 3, 1995 in San Jose, Calif.



FRESHMEN







Alisa Bogdan

All-Around

5-5, Freshman

Henderson, Nev./

Foothill HS

Gymcats

SJSU: First season at San Jose State.

CLUB: Competed for Gymcats and coaches Cassie Rice, Jill Preston and Kim Snape...competed at the 2013 Level 10 Junior Olympic Nationals, placing 15th on the bars (9.400)...placed third on vault (9.600) and fourth in the all-around (37.750) at the 2013 Region 1 Championships...second on beam (9.350) and fourth on the floor (9.300) at the 2014 Nevada state championships.

HIGH SCHOOL: Graduated in 2014 from Foothill High School in Henderson, Nev.

PERSONAL: Undecided on her major but leaning towards biomedical engineering...like baking and arts and crafts...Alice Michelle Bogdan was born on November 8, 1995, in Salt Lake City, Utah.





Mackenzie Douglas

All-Around

5-5, Freshman

Queen Creek, Ariz./

Queen Creek HS

Arizona Olympians

Gymnastics

SJSU: First season at San Jose State.

CLUB: Competed for Arizona Olympians Gymnastics for coach Lindsay Abney...competed at the 2014 Junior Olympic National Invitational Tournament where she was second on floor, fourth on bars, fifth in the all-around and sixth on vault...placed fifth on floor (9.45) and ninth in the all-around (37.300) at 2014 Region 1 Championships...finished eighth in the all-around at the 2014 Arizona State Championships...also trained at Arizona Dynamics Gymnastics.

HIGH SCHOOL: Graduated in 2014 from Queen Creek High School.

PERSONAL: Majoring in anthropology with minors in political science and business...Mackenzie Rae Douglas was born on January 22, 1996, in Reno, Nev.





McElle McCartney
Bars, Beam
5-6, Freshman
Vancouver, Wash./
CAM Academy
Multnomah Athletic Club

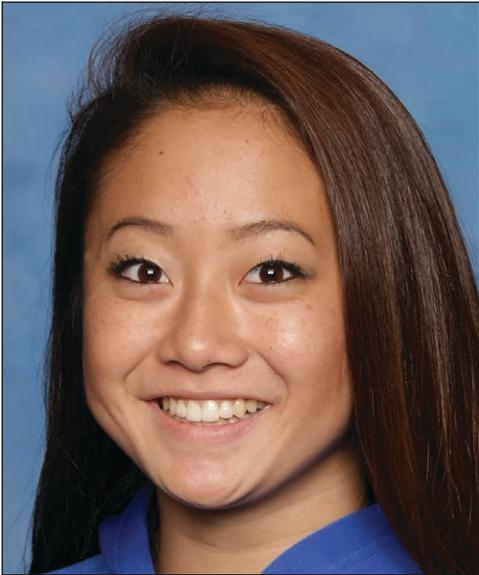
SJSU: First season at San Jose State.

CLUB: Competed for Multnomah Athletic Club...won the bars at the 2014 state championships, the 2012 Western Nationals and at the 2013 MAC Open...won the beam at the 2014 MAC Open.

HIGH SCHOOL: Graduated from CAM Academy in Battle Grand, Wash., in 2014.

PERSONAL: Majoring in advertising...likes dancing, swimming, hiking and going on adventures with friends...one of five children...older sister, Kalliah, is an all-around competitor for Sacramento State...McElle McCartney was born on February 29, 1996, in Portland, Ore.





Eri Tamada
Bars, Beam, Floor
5-3, Senior
Torrance, Calif./
West Torrance HS
Flight School Gymnastics

SJSU: First season at San Jose State.

CLUB: Competed for Flight School Gymnastics and coach Chris Thompson...fourth in the all-around at the 2012 state championships...won the bars, beam and floor at the 2013 Gymnastics World Invitational.

HIGH SCHOOL: Graduated in 2014 from West Torrance High School.

PERSONAL: Majoring in psychology...would like to be either a sports psychologist or a neonatal nurse...

likes shopping and watching movies...Eri Tamada was born on September 26, 1996, in Melbourne, Australia.





Kaitlin Won **All-Around** **5-1, Freshman** **Mesa, Ariz./** **Mesquite HS** **Arizona Dynamics**

SJSU: First year at San Jose State.

CLUB: Competed for the Arizona Dynamics...comes from same gym as current Spartans Rachel Heint and Mackenzie Douglas...won the beam (9.650) and all-around (38.125) titles at the 2013 Region 1 Level 10 Championships...qualified for the 2013 Level 10 Junior Olympic National Championships...at the national meet, finished fourth on bars (9.525), 14th on floor (9.500) and 21st in all-around (36.925)...competed in the latter half of the 2014 schedule after an injury...finished fourth on beam and fifth on floor at the state championships.

HIGH SCHOOL: Graduated in 2014 from Mesquite High School in Gilbert, Ariz.

PERSONAL: Majoring in kinesiology with a pre professional emphasis...would like to go to physical therapy school after graduation...enjoys reading, dancing and shopping in her free time...Kaitlin Marie Won was born on July 26, 1996, in Chandler, Ariz.





Brooke Young
Bars, Beam, Floor
5-0, Freshman
San Diego, Calif./
University City HS
SCEGA

SJSU: First season at San José State.

CLUB: Competed for SCEGA and coaches Kathy Strate and Meredith Paulivic...competed at the 2014 Junior Olympic National Invitational Tournament where she was fourth on beam (9.400), fifth in the all-around (36.975) and sixth on the floor (9.325)...won the bars at the 2014 SoCal State Championships and finished second in the all-around...finished 13th in the all-around at the 2014 Regionals.

HIGH SCHOOL: Graduated from University City High School in San Diego in 2014.

PERSONAL: Majoring in kinesiology...would like to go to physical therapy school after graduation...enjoys hiking and shopping...Brooke Lee Young was born on June 13, 1996, in San Diego, Calif.





2014 R



Review

2014 Results

Date	Opponent	Vault	Bars	Beam	Floor	Total
January 5	No. 9 Stanford	48.875	49.050	48.700	48.200	194.82
	No. 22 California	48.775	48.675	48.750	48.450	194.650
	at Sacramento State	48.675	48.150	49.050	48.325	194.400
	UC Davis	48.100	48.425	48.300	48.625	193.450
	San José State	48.300	48.650	48.250	48.125	193.325
January 11	San José State	48.575	48.300	48.600	48.725	194.200
	at No. 25 Arizona State	49.050	48.800	48.000	47.775	193.625
	Sacramento State	48.875	47.325	48.050	47.975	192.225
January 18	Arizona State	49.050	48.800	48.875	49.175	195.900
	at Washington	48.075	49.050	48.725	48.975	194.825
	San José State	48.900	48.775	48.150	48.800	194.625
	UC Davis	48.475	47.975	47.325	48.075	191.850
January 26	No. 12 Stanford	49.275	49.375	49.600	49.025	197.275
	at UC Davis	49.050	48.950	48.925	48.950	195.875
	San José State	48.850	48.550	48.975	49.025	195.400
	Utah State	49.275	48.775	48.025	48.325	194.400
February 7	San José State	48.650	48.600	48.725	48.975	194.950
	UC Davis	48.800	47.825	48.800	48.800	194.225
February 14	California	49.300	49.275	48.850	49.300	196.725
	San José State	48.950	49.100	48.650	49.025	195.725
	Sacramento State	48.725	48.450	48.650	49.075	194.900
February 21	Boise State	48.925	49.350	48.775	49.150	196.200
	San José State	48.750	48.900	48.925	48.975	195.550
February 28	Southern Utah	48.700	49.200	48.925	49.100	195.925
	San José State	48.600	49.200	48.775	49.200	195.775
March 7	Utah State	48.875	48.675	48.800	49.175	195.525
	San José State	48.575	48.675	48.875	48.975	195.100
March 14	San José State	48.725	48.800	48.925	49.350	195.800
	Sacramento State	48.775	48.675	47.375	48.650	193.475
March 22	Sacramento State	49.150	48.525	49.050	48.925	195.650
	UC Davis	48.775	48.650	48.750	48.700	194.875
	San José State	48.950	47.900	48.825	48.875	194.550
	Seattle Pacific	48.575	48.250	48.475	48.775	194.075
	Air Force	48.675	48.550	48.225	48.200	193.650
	Alaska Anchorage	48.350	48.400	47.325	48.125	192.200
April 5	Oklahoma	49.700	49.175	49.400	49.450	197.725
	Illinois	49.025	49.400	49.150	49.025	196.600
	Minnesota	49.225	48.700	49.125	49.300	196.350
	California	49.125	49.200	48.550	48.825	195.700
	Southern Utah	49.175	48.650	48.875	48.450	195.150
	San José State	48.475	48.400	48.200	48.875	193.950
Season Average		48.692	48.654	48.632	48.910	194.913
Season High		48.950	49.200	48.975	49.350	195.800
RQS		48.835	48.850	48.850	49.040	195.510

2014 Scores

Vault Scores

Name	1/5	1/11	1/18	1/26	2/7	2/14	2/21	2/28	3/7	3/14	3/22	4/5
Hannah Gilbert	9.675	9.725			9.650					9.750	9.850	9.700
Bekah Gher	9.675	9.725	9.900	9.850	9.850	9.825	9.825	9.800	9.800	9.825	9.850	8.900
Kiana Gordon		9.750	9.825	9.750		9.800	9.750	9.675	9.650	9.600	9.150	
Julia Greer	9.550	9.625	9.700	9.575	9.650	9.725	9.625	9.650	9.700	9.650	9.775	9.675
Cami Guyer	9.725	9.550	9.800	9.750	9.675	9.700	9.700	9.750	9.800	9.800	9.675	9.775
Cassandra Harrison	9.700	9.750	9.575	9.725	9.725	9.850	9.750	9.725	9.725	9.700	9.800	9.725
Alyssa Montalban	9.525		9.675	9.775	9.750	9.750	9.725	9.550	9.650			9.600

Bars Scores

Name	1/5	1/11	1/18	1/26	2/7	2/14	2/21	2/28	3/7	3/14	3/22	4/5
Bekah Gher	9.775	9.725	9.700	9.750	9.700	9.850	9.825	9.825	9.725	9.750	9.750	9.725
Cami Guyer	9.750	9.600	9.825	9.775	9.750	9.800	9.775	9.875	8.400	9.650	9.750	9.700
Cassandra Harrison	9.625	9.650	9.800	9.675	9.725	9.775	9.750	9.825	9.725	9.775	9.725	9.625
Rachel Heint	9.675	9.525	9.775	9.675	9.725	9.750	9.650	9.850	9.725	9.700	8.975	9.650
Alyssa Kaschak	9.650	9.425	9.625	9.550	9.650	9.825	9.725	9.825	9.725	9.700	8.900	9.525
Marissa Unpingco	9.800	9.800	9.675	9.675	9.700	9.850	9.825	9.825	9.775	9.875	9.700	9.700

Beam Scores

Name	1/5	1/11	1/18	1/26	2/7	2/14	2/21	2/28	3/7	3/14	3/22	4/5
Amy Bellingham		9.625										
Kylie Field	9.650	9.450	8.900	9.625								
Bekah Gher	9.300	9.750	9.725	9.775	9.850	9.800	9.775	9.750	9.800	9.800	9.700	9.775
Kiana Gordon	9.300											
Julia Greer	9.850	9.825	9.475	9.900	9.775	9.775	9.850	9.850	9.800	9.850	9.800	9.400
Cami Guyer	9.725	9.675	9.725	9.750	9.650	9.650	9.775	9.775	9.800	9.800	9.775	9.700
Cassandra Harrison					9.750	9.775	9.600	9.775	9.775	9.725	9.775	9.000
Alyssa Kaschak	9.750	9.725	9.550	9.675	9.650	9.650	9.775	9.100	9.575	9.075	9.775	9.675
Marissa Unpingco			9.675	9.875	9.700	9.550	9.750	9.625	9.700	9.750	9.200	9.650

Floor Scores

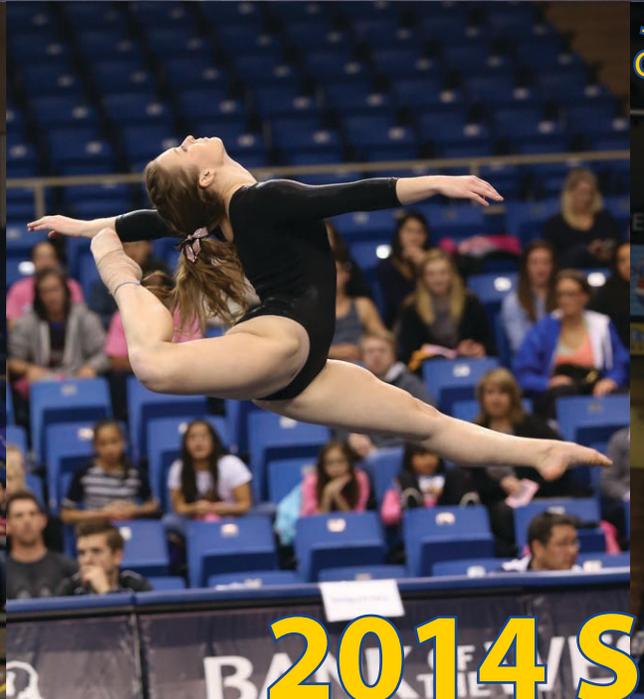
Name	1/5	1/11	1/18	1/26	2/7	2/14	2/21	2/28	3/7	3/14	3/22	4/5
Kylie Field	9.625	9.725	9.725	9.775						9.800	9.675	9.700
Bekah Gher	8.800	9.650	9.675	9.075	9.750	9.775	9.775	9.800	9.700	9.750	9.700	9.750
Julia Greer	9.850	9.850	9.850	9.875	9.850	9.825	9.825	9.900	9.850	9.925	9.850	9.850
Cami Guyer	9.675	9.750	9.800	9.775	9.800	9.800	9.800	9.825	9.800	9.850	9.700	9.725
Cassandra Harrison	9.650	9.750	9.125	9.850	9.750	9.900	9.850	9.900	9.825	9.875	9.825	9.850
Jasmine Holmes	9.275				8.850	9.725	9.650	9.775	9.800	9.900	9.800	
Alyssa Montalban		9.650	9.750	9.750	9.825	9.700	9.725	9.700	9.600			9.100

All-Around Scores

Name	1/5	1/11	1/18	1/26	2/7	2/14	2/21	2/28	3/7	3/14	3/22	4/5
Bekah Gher	37.550	38.850	39.000	38.450	39.150	39.250	39.200	39.175	39.025	39.125	39.000	38.150
Cami Guyer	38.875	38.575	39.150	39.050	38.875	38.950	39.050	39.225	37.700	39.100	38.900	38.900
Cassandra Harrison					38.950	39.300	38.950	39.225	39.050	39.075	39.125	38.200



Bekah Gher



2014 S





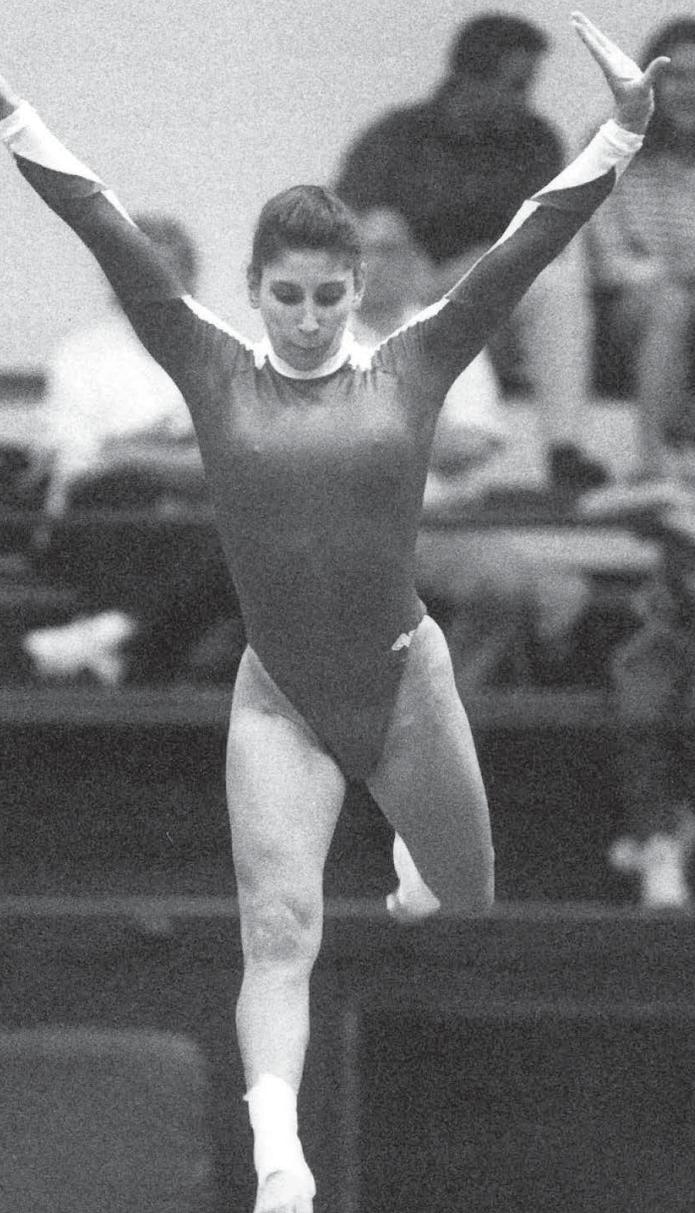
eniors



Julia Greer

Cassandra Harrison





Record Book

Letterwinners

Albright, Dani.....	2001-04
Almstedt, Hawley	1995-98
Banholzer, Cami	1994
Bellingham, Amy	2013
Berry, Katie.....	1992
Bigelow, Leah.....	2005-08
Blackwell, Alise	2006-09
Burke, Katy.....	1990-92
Byrd, Tanika.....	1998, 2000
Cardeno, Raylyn	2005-08
Cardeno, Shina	2005-06
Carter, Kasey.....	1999-2002
Cheshier, Tracy (Kautz).....	2000-01
Choy, Shirla	2001-04
Cianci, Kimmy	1999-2002
Coates, Bridgett.....	1996-97
Cole, Courtenay.....	1996
Cook, Jana.....	1990
De Groof, Michelle.....	2006
Field, Kiley	2012-14
Fournier, Kelli	2007-09
Gher, Bekah.....	2013-14
Gilbert, Hannah.....	2013-14
Gordon, Julie	2000, 2002
Gordon, Kiana.....	2014
Greene, Jennifer	2002-05
Greer, Julia.....	2011-14
Gregory, Dannon	2012
Guyer, Cami.....	2012-14

Harrison, Cassandra	2011-14
Hawkins, Nikki	1989-91
Heald, Cristin.....	1998
Heinl, Rachel.....	2014
Hifai, Samila	1994
Holmes, Jasmine	2013-14
Howard, Shanice.....	2008-11
Jay, Casey.....	2005, 2008
Johnson, Danielle	2007
Jones, Colleen.....	1993
Kaschak, Alyssa.....	2013-14
Kavalec, Tracie.....	2003-06
Kellejian, Anne.....	1990
Khoshnood, Jessica.....	2007-10
Klein, Amberly	2003-06
Knudsen, Carla.....	1993-94
Koep, Nicki	1997
Lark, Victoria.....	2013
Law, Tara	1994-97
Leach, Greta.....	2004-05, 07
Lee, Aubrey.....	2009-12
Louie, Tiffany	2007-10
Maciel, Desiree	2002
Major, Liz.....	2004, 2007
Mariani, Carrie.....	1999, 2001
Martin, Stacy	2000-02
McClelland, Marcee	1989-90
McCord, Casey	2010-12
McCoy, Kelli.....	2003
Medeiros, Carissa.....	1997, 99
Merritt, Katie.....	2008-11
Mertens, Adriane	2003-06
Miller, Kriss	1989-91
Minotti, Michelle.....	2005-08
Molasky, Sarah.....	2003
Money maker, Renae.....	2006, 2008-09
Montalban, Alyssa	2012, 2014
Nakaji, Mayumi.....	1989
Newcomer, Cyndi	1994
Ojog, Ioana.....	1995, 98
Parent, Barbara	1995
Partridge, Holly.....	2011
Peterson, Brittney.....	2004
Pizano, Jennifer	2007
Porte, Veronica.....	2006-09
Reiley, Kim.....	1994
Ronzio, Rebecca.....	2003-04
Sanwo, Cheryl.....	1989-91, 93
Scheele, Melisa	2002-04
Shearer, Tauny.....	2013



Gabrielle Targosz

Shipman, Jennifer	1993, 95
Snellgrove, Andrea.....	1998-99, 2001
Solod, Jodi.....	1990-93
Spellacy, Kelsey	2003, 05-06
Starr, Hope	1991
Stebbins, Emily	2008
Swann, Lily	2008-11
Talbot, Tasya	2000
Targosz, Gabrielle	2007-10
Taylor, Ann-Marie.....	1992, 94-95
Telles-Nolan, Alyssa	2010-13
Thomas, Erin.....	2003, 05
Tily, Liz	1995
Ulrich, Katie.....	1996
Unpingco, Marissa.....	2013-14
Valleau, Katie.....	2009-12
Wallace, Thomasina	2009-12
Wasko, Danielle	1996
Weispenning, Melanie.....	1990
Wheaton, Anne	1993-95
Wicklund, Staci.....	1991
Zezoney, Allison	2003, 06

Honorary Letterwinner

Kris Klepfer Buchanan..... 1999

Note: letters were first awarded in 1989



Leah Bigelow

Coaching Records

1969-70 0-0-0
 1970-71 2-0-0
Totals 2-0-0

1971-72 0-2-0

1972-73 1-1-0

1973-74 1-2-0

1974-75 6-0-0

1975-76 4-5-0

Totals 11-7-0

1976-77 5-7-0

1977-78 17-2-0

1978-79 19-0-0

1979-80 10-8-0

1980-81 1-9-0

1981-82 1-10-0

1982-83 4-10-0

1983-84 9-8-0

Totals 66-54-0

1984-85 9-7-0

1985-86 12-8-0

1986-87 11-7-0

1987-88 12-3-1

1988-89 12-12-0

1989-90 7-6-0

Betty R. Barnard
 Betty R. Barnard

Jim Turpin

Betty R. Barnard

Jan Flanery

Jan Flanery

Jan Flanery

Carolyn Cross

Jackie Walker

Jackie Walker

Jackie Walker

Jackie Walker

Jackie Walker

Jackie Walker

1990-91 5-14-0

1991-92 0-14-0

1992-93 4-9-0

1993-94 3-16-0

1994-95 6-6-0

1995-96 9-8-0

1996-97 9-9-0

1997-98 3-12-1

1998-99 11-11

1999-2000 4-13

2000-01 10-7

Totals 127-172-2

2001-02 12-9

2002-03 12-9

2003-04 16-9

2004-05 17-5

2005-06 15-17

2006-07 10-14

2007-08 19-11

2008-09 16-8-1

2009-10 11-13

2010-11 17-10

2011-12 13-9

2012-13 13-16

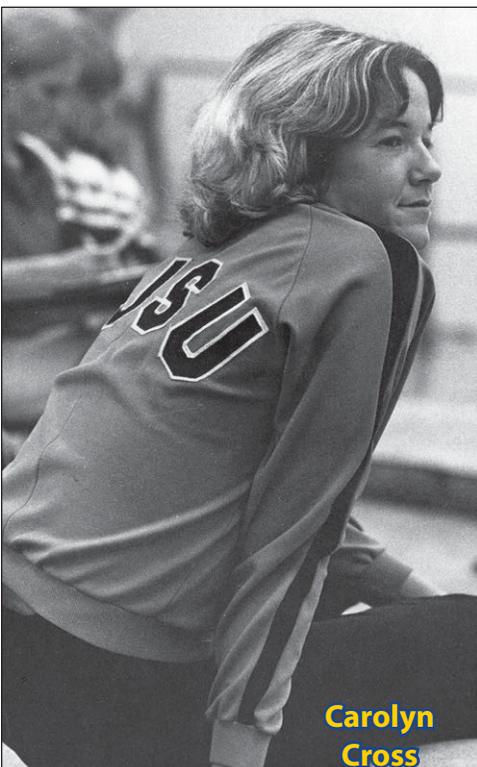
2013-14 10-19

Totals 181-140-1

School Totals 388-375-3

Jackie Walker

Wayne Wright



Carolyn Cross



Jackie Walker



Wayne Wright

Top Team Scores

Team Records

Event	Score	Opponent	Date
Total	195.925	MPSF Championships	March 20, 2004
Vault	49.100	at BYU Quadrangular	February 20, 2009
Bars	49.325	MPSF Championships	March 20, 2004
Beam	49.275	at Southern Utah	February 18, 2011
Floor	49.550	MPSF Championships	March 20, 2004

Top Team Scores

Score	Opponents	Date
195.925	MPSF Championships	March 20, 2004
195.850	Sacramento State, UC Davis	March 16, 2012
195.800	Sacramento State	March 14, 2014
195.775	Southern Utah	February 28, 2014
195.725	at Sacramento State, California	February 14, 2014
195.700	at UC Davis	March 1, 2013
195.575	Boise State, Seattle Pacific, UC Davis	March 8, 2013
195.550	Boise State, Seattle Pacific, UC Davis	February 11, 2011
195.550	at Boise State	February 21, 2014
195.425	at Southern Utah	February 18, 2011
195.400	at Seattle Pacific	January 31, 2009
195.400	at UC Davis, Stanford, Utah State	January 26, 2014
195.325	Southern Utah	February 16, 2008
195.300	at Sacramento State	March 18, 2007
195.250	at Southern Utah	March 6, 2009
195.100	UC Davis	February 7, 2003
195.100	at Utah State	March 7, 2014
195.075	Stanford, California	March 5, 2010
195.000	at California, Brown	February 18, 2013

Top Team Scores

194.950	at Utah State	February 10, 2012
194.950	UC Davis	February 7, 2014
194.900	Seattle Pacific	March 9, 2001
194.900	California, Maryland	February 24, 2012
194.875	at WAC Championships	March 21, 2009
194.875	Southern Utah	February 5, 2012
194.850	at Brigham Young, Boise State, Utah State	February 20, 2009
194.825	at California, Cal State Fullerton, UC Davis	March 16, 2008
194.800	at NCAA West Regional	April 4, 2009
194.800	at WAC Championships	March 24, 2012



2004 Mountain Pacific Sports Federation Champions

Top Vault Team Scores

Score	Opponents	Date
49.100	at BYU, Boise State, Utah State	February 20, 2009
49.025	Southern Utah	February 16, 2008
48.950	UC Davis	February 24, 2006
48.950	at Sacramento State, California	February 14, 2014
48.950	MPSF Championships	March 22, 2014
48.925	at WAC Championships	March 29, 2008
48.925	at Southern Utah	March 6, 2009
48.900	Boise State, Seattle Pacific	January 23, 2009
48.900	at WAC Championships	March 21, 2009
48.900	at Washington, Arizona State, UC Davis	January 18, 2014
48.875	Seattle Pacific, Illinois-Chicago	February 3, 2006
48.850	at California,	March 17, 2006
48.850	Boise State, UC Davis, Seattle Pacific	February 11, 2011
48.850	at UC Davis, Stanford, Utah State	January 26, 2014
48.825	at Seattle Pacific	January 31, 2009
48.825	Sacramento State	January 28, 2011
48.825	California, Maryland	February 24, 2012
48.825	WAC Championships	March 24, 2012
48.825	at Denver, North Carolina State, Air Force	February 2, 2013
48.825	WAC Championships	March 23, 2013
48.800	at UC Davis, Stanford, Sacramento State	March 23, 2008
48.800	at Southern Utah	February 18, 2011
48.800	UC Davis	March 1, 2013
48.775	WAC Championships	March 19, 2011
48.750	at Sacramento State	March 18, 2007
48.750	UC Davis	February 22, 2008
48.750	Sacramento State	February 6, 2009
48.750	WAC Championships	March 27, 2010
48.750	at Boise State	February 21, 2014
48.725	California	March 21, 2003
48.725	at UC Davis, Stanford	February 27, 2009
48.725	NCAA West Regional	April 4, 2009
48.725	Sacramento State, UC Davis	February 26, 2010
48.725	at Boise State	March 19, 2010
48.725	Sacramento State	March 14, 2014
48.700	Stanford	March 7, 2003
48.700	at NCAA West Regional	April 12, 2008
48.700	at Utah State	February 10, 2012

Top Vault Team Scores

48.675	at MSPF Championships	March 26, 2005
48.675	at Sacramento State	February 15, 2009
48.650	at Stanford	February 5, 2011
48.650	at Cal State Fullerton	March 11, 2011
48.650	at Sacramento State	January 27, 2012
48.650	at UC Davis Quad	March 2, 2012
48.650	Sacramento State, UC Davis	March 16, 2012
48.650	at California, Brown	February 18, 2013
48.650	UC Davis	February 7, 2014
48.625	at Sacramento State	February 17, 2006
48.625	at California, Cal State Fullerton, UC Davis	March 16, 2008
48.625	at Utah State	March 12, 2010
48.625	NCAA Corvallis Regional	April 2, 2011
48.625	at Washington, CMU	March 9, 2012
48.625	at Seattle Pacific	February 8, 2013
48.600	Alaska Anchorage	March 14, 1997
48.600	BYU, UC Davis	January 16, 2009
48.600	Boise St, UC Davis, Seattle Pacific	March 8, 2013
48.600	at Southern Utah, Iowa, Ball State	March 15, 2013
48.600	Southern Utah	February 28, 2014
48.575	at UCLA, Stanford	March 5, 2006
48.575	at California, UC Davis	January 14, 2011
48.575	at Arizona State, Sacramento State	January 11, 2014
48.575	at Utah State	March 7, 2014
48.550	at UC Davis, California, Sacramento State	March 23, 2007
48.550	at WAC Championships	March 31, 2007
48.550	Utah State	March 8, 2009
48.550	Utah State, Wisconsin-Eau Claire	January 21, 2011
48.550	Southern Utah	February 5, 2012
48.550	Utah State, Brown	February 15, 2013
48.525	at MPSF Championships	March 29, 2003
48.525	at Cal State Fullerton, NC State, Utah State	January 8, 2006
48.525	at Nebraska, Central Mich., Northern Illinois	February 26, 2006
48.525	at Seattle Pacific	February 16, 2007
48.525	at Sacramento State	January 25, 2008
48.525	at Utah State	March 7, 2008
48.525	Stanford, California	March 5, 2010

Top Bars Team Scores

Score	Opponents	Date
49.325	MPSF Championships	March 20, 2004
49.275	UC Davis	February 7, 2003
49.200	Southern Utah	February 28, 2014
49.150	Sacramento State, UC Davis	February 20, 2004
49.100	Southern Utah	February 5, 2012
49.100	at Sacramento State, California	February 14, 2014
49.025	UC Davis	March 1, 2013
48.925	Southern Utah	February 16, 2008
48.925	Boise State, Seattle Pacific	January 23, 2009
48.925	at Utah State	February 10, 2012
48.900	at Sacramento State	March 18, 2007
48.900	at BYU, Boise State, Utah State	February 20, 2009
48.900	Boise State, UC Davis, Seattle Pacific	February 11, 2011
48.900	Sacramento State, UC Davis	March 16, 2012
48.900	at Boise State	February 21, 2014
48.875	NCAA West Regional	April 4, 2009
48.875	at Boise State	March 19, 2010
48.850	Air Force	February 11, 2005
48.850	Sacramento State, UC Davis	February 26, 2010
48.850	at California, UC Davis	January 14, 2011
48.850	Sacramento State	January 25, 2013
48.825	Seattle Pacific	March 9, 2001
48.825	at UC Davis, California, Sacramento State	March 23, 2007
48.825	at Southern Utah, Iowa, Ball State	March 15, 2013
48.800	at Arizona State, Stanford, Wis.-Oshkosh	February 29, 2008
48.800	at UC Davis, Stanford, Sacramento State	March 23, 2008
48.800	at UC Davis, Stanford	February 27, 2009
48.800	Utah State	March 8, 2009
48.800	at WAC Championships	March 21, 2009
48.800	Sacramento State	March 14, 2014
48.775	at Alaska Anchorage	March 13, 2004
48.775	at Southern Utah	March 6, 2009

Top Bars Team Scores

48.775	at Washington, Arizona State, UC Davis	January 18, 2014
48.750	Cal State Fullerton	January 27, 2006
48.750	Boise St, UC Davis, Seattle Pacific	March 8, 2013
48.725	at Southern Utah	March 9, 2007
48.725	California, Maryland	February 24, 2012
48.700	at Seattle Pacific	January 31, 2009
48.700	at Stanford	February 5, 2011
48.700	at Cal State Fullerton	March 11, 2011
48.675	Texas-Woman's, New Hampshire	February 6, 2004
48.675	Sacramento State	March 10, 2006
48.675	at Western Independent Championships	March 24, 2001
48.675	at Stanford, Washington, Sacramento State	February 7, 2010
48.675	at Seattle Pacific	February 8, 2013
48.675	at Utah State	March 7, 2014
48.650	at Alaska Anchorage	March 12, 2004
48.650	Utah State, Wisconsin-Eau Claire	January 21, 2011
48.650	WAC Championships	March 19, 2011
48.650	at NorCal Quad	January 15, 2012
48.650	WAC Championships	March 23, 2013
48.650	NorCal Meet	January 5, 2014
48.600	at Utah State	February 26, 2001
48.600	at Arizona Quad	January 12, 2013
48.600	UC Davis	February 7, 2014
48.575	at Stanford, Oregon State, Seattle Pacific	January 31, 2003
48.575	at WAC Championships	March 31, 2007
48.575	at WAC Championships	March 29, 2008
48.575	Sacramento State	February 6, 2009
48.550	at California	January 23, 2004
48.550	BYU, UC Davis	January 16, 2009
48.550	WAC Championships	March 24, 2012
48.550	at California, Brown	February 19, 2013
48.550	at UC Davis, Stanford, Utah State	January 26, 2014

Top Beam Team Scores

Score	Opponents	Date
49.275	at Southern Utah	February 18, 2011
49.075	Sacramento State, UC Davis	March 16, 2012
49.050	at MPSF Championships	March 29, 2003
49.025	Western Independent Championships	March 27, 1999
49.025	Stanford, California	March 19, 2005
49.000	at Arizona State	March 14, 2003
48.975	at UC Davis, Stanford, Utah State	January 26, 2014
48.950	at UC Davis	March 6, 2004
48.925	at Utah State	March 12, 2010
48.925	Boise State, UC Davis, Seattle Pacific	February 11, 2011
48.925	Utah State, Brown	February 15, 2013
48.925	Boise St, UC Davis, Seattle Pacific	March 8, 2013
48.925	at Boise State	February 21, 2014
48.925	Sacramento State	March 14, 2014
48.900	MPSF Championships	March 20, 2004
48.875	Cal State Fullerton	January 27, 2001
48.875	at Sacramento State	March 18, 2007
48.875	at Seattle Pacific	January 31, 2009
48.875	UC Davis	March 1, 2013
48.875	at Utah State	March 7, 2014
48.850	Seattle Pacific	February 3, 2001
48.850	at Utah State	February 10, 2012
48.850	at California, Brown	February 18, 2013
48.825	at UC Davis Quad	March 2, 2012
48.825	MPSF Championships	March 22, 2014

Top Beam Team Scores

48.800	at Air Force, TX-Woman's, WI-Eau Claire, Utah State	January 17, 2004
48.775	Southern Utah	February 28, 2014
48.775	at WAC Championships	March 31, 2007
48.775	at Southern Utah	March 6, 2009
48.775	Stanford, Cal	March 5, 2010
48.750	at UC Davis, California, Sacramento State	March 23, 2007
48.750	at Sacramento State	February 19, 2010
48.725	Seattle Pacific	February 14, 2004
48.725	at Stanford, Iowa, Oregon State	February 9, 2007
48.725	UC Davis	February 7, 2014
48.700	at California, Cal State Fullerton, Sacramento State	March 3, 2000
48.700	Seattle Pacific	March 9, 2001
48.700	at UC Davis	March 2, 2003
48.700	at Sacramento State	February 29, 2004
48.700	at Alaska Anchorage	March 12, 2004
48.675	at Denver, North Carolina State, Air Force	February 2, 2013
48.650	at Alaska Anchorage	March 13, 2004
48.650	at Seattle Pacific	February 16, 2007
48.650	at Sacramento State, California	February 14, 2014
48.625	Sacramento State, UC Davis	February 16, 2001
48.625	California	March 16, 2001
48.625	at Sacramento State	February 17, 2006
48.600	at Washington, CMU	March 9, 2012
48.600	at Arizona State, Sacramento State	January 11, 2014

Top Floor Team Scores

Score	Opponents	Date
49.550	MPSF Championships	March 20, 2004
49.375	at Cal State Fullerton, Sacramento State	February 9, 2003
49.350	at MPSF Championships	March 29, 2003
49.350	Sacramento State	March 14, 2014
49.300	Stanford, Cal	March 5, 2010
49.300	Boise St, UC Davis, Seattle Pacific	March 8, 2013
49.275	at WAC Championships	March 21, 2009
49.225	Sacramento State, UC Davis	March 16, 2012
49.200	Southern Utah	February 28, 2014
49.200	Utah State, Wisconsin-Eau Claire	January 21, 2011
49.200	NCAA Corvallis Regional	April 2, 2011
49.200	WAC Championships	March 24, 2012
49.175	Seattle Pacific	February 14, 2004
49.150	at UC Davis	March 2, 2003
49.150	Utah State	March 8, 2009
49.150	Sacramento State, UC Davis	February 26, 2010
49.125	UC Davis	February 7, 2003
49.100	at Western Independent Championships	March 24, 2001
49.100	at California, Cal State Fullerton, UC Davis	March 16, 2008
49.100	at WAC Championships	March 29, 2008
49.100	Utah State, Brown	February 15, 2013
49.100	WAC Championships	March 23, 2013
49.075	Cal State Fullerton, Sacramento State	March 8, 2002
49.075	at UC Davis, Stanford	February 27, 2009
49.075	Cal, Maryland	February 24, 2012
49.050	at UC Davis, Alaska Anch.	February 27, 2005
49.050	Cal State Fullerton	February 12, 2010
49.050	at NorCal Quad	January 15, 2012
49.050	at Boise State	February 17, 2012
49.025	Boise State, Seattle Pacific	February 8, 2002
49.025	at UC Santa Barbara, UC Davis, E. Michigan	Feb, 23, 2002
49.025	Air Force, Seattle Pacific	February 14, 2003
49.025	Southern Utah	February 5, 2012
49.025	at UC Davis, Stanford, Utah State	January 26, 2014

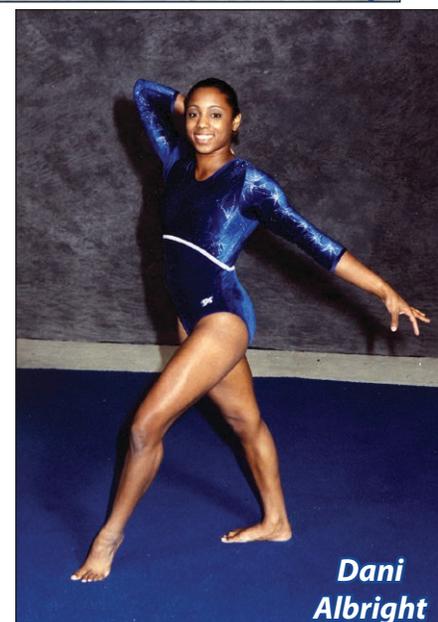
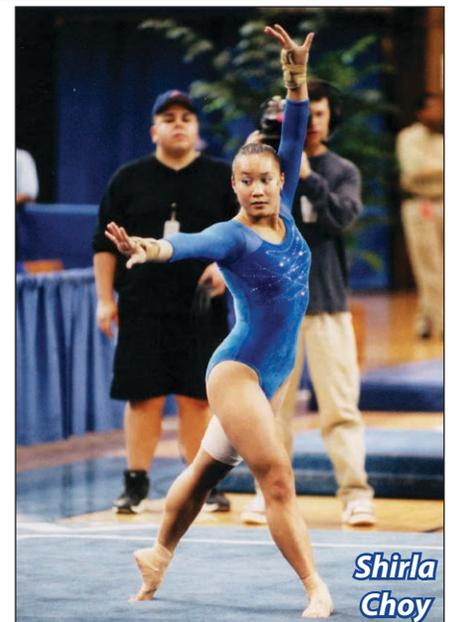
Top Floor Team Scores

49.025	at Sacramento State, California	February 14, 2014
49.000	at Alaska Anchorage	March 12, 2004
49.000	Southern Utah	February 16, 2008
49.000	at UC Davis, Stanford, Sacramento State	March 23, 2008
49.000	at Seattle Pacific	January 31, 2009
49.000	at Sacramento State	February 15, 2009
49.000	at Stanford	February 5, 2011
49.000	UC Davis	March 1, 2013
48.975	Seattle Pacific	March 9, 2001
48.975	at UC Davis	Feb 29, 2004
48.975	WAC Championships	March 27, 2010
48.975	at Southern Utah	February 18, 2011
48.975	UC Davis	February 7, 2014
48.975	at Boise State	February 21, 2014
48.975	at Utah State	March 7, 2014
48.950	at Washington, CMU	March 9, 2012
48.950	at California, Brown	February 18, 2013
48.925	California	February 26, 2000
48.925	Alaska Anchorage, UC Davis, Utah State	January 26, 2002
48.925	at Sacramento State	February 16, 2003
48.925	Stanford	March 7, 2003
48.925	at Utah State	March 12, 2010
48.925	at Sacramento State	January 27, 2012
48.900	UC Santa Barbara	March 2, 2002
48.900	at Sacramento State	March 10, 2002
48.900	UC Davis	February 22, 2008
48.900	Sacramento State	February 6, 2009
48.900	at BYU, Boise State, Utah State	February 20, 2009
48.875	Seattle Pacific	March 22, 1996
48.875	at Utah State	February 26, 2001
48.875	NCAA West Regional	April 4, 2009
48.875	at Sacramento State	February 19, 2010
48.875	Boise State, UC Davis, Seattle Pacific	February 11, 2011
48.875	MPSF Championships	March 22, 2014

Top All-Around Scores

All-Around (39.025 or higher)

39.575	Thomasina Wallace	March 9, 2012
39.550	Thomasina Wallace	March 16, 2012
39.525	Thomasina Wallace	February 10, 2012
39.425	Thomasina Wallace	February 5, 2012
39.400	Shirla Choy	March 29, 2003
39.400	Thomasina Wallace	April 4, 2009
39.400	Thomasina Wallace	March 24, 2012
39.375	Dani Albright	February 16, 2001
39.375	Dani Albright	March 2, 2002
39.375	Dani Albright	March 29, 2003
39.375	Thomasina Wallace	March 6, 2009
39.375	Thomasina Wallace	January 27, 2012
39.350	Thomasina Wallace	February 27, 2009
39.325	Dani Albright	March 9, 2001
39.325	Thomasina Wallace	March 12, 2010
39.325	Thomasina Wallace	February 11, 2011
39.300	Dani Albright	February 7, 2003
39.300	Thomasina Wallace	February 25, 2012
39.300	Thomasina Wallace	March 2, 2012
39.300	Cassandra Harrison	February 14, 2014
39.275	Dani Albright	March 7, 2003
39.275	Shirla Choy	March 21, 2003
39.275	Veronica Porte	February 20, 2009
39.275	Bekah Gher	March 1, 2013
39.250	Dani Albright	March 10, 2002
39.250	Thomasina Wallace	January 28, 2011
39.250	Thomasina Wallace	February 18, 2011
39.250	Thomasina Wallace	April 2, 2011
39.250	Bekah Gher	February 14, 2014
39.225	Dani Albright	March 16, 2001
39.225	Shirla Choy	January 31, 2003
39.225	Dani Albright	March 9, 2003
39.225	Thomasina Wallace	February 15, 2009
39.225	Cami Guyer	February 28, 2014
39.225	Cassandra Harrison	February 28, 2014
39.200	Dani Albright	February 8, 2002
39.200	Shirla Choy	March 20, 2004
39.200	Thomasina Wallace	January 31, 2009
39.200	Thomasina Wallace	February 17, 2012
39.200	Cassandra Harrison	February 15, 2013
39.200	Bekah Gher	March 8, 2013
39.200	Bekah Gher	February 21, 2014
39.175	Dani Albright	February 27, 2001
39.175	Shirla Choy	March 9, 2001
39.175	Dani Albright	February 24, 2001
39.175	Jennifer Greene	February 7, 2003
39.175	Greta Leach	March 20, 2004
39.175	Veronica Porte	March 31, 2007
39.175	Lily Swann	February 11, 2011
39.175	Thomasina Wallace	March 6, 2011
39.175	Thomasina Wallace	January 22, 2012
39.175	Bekah Gher	February 28, 2014



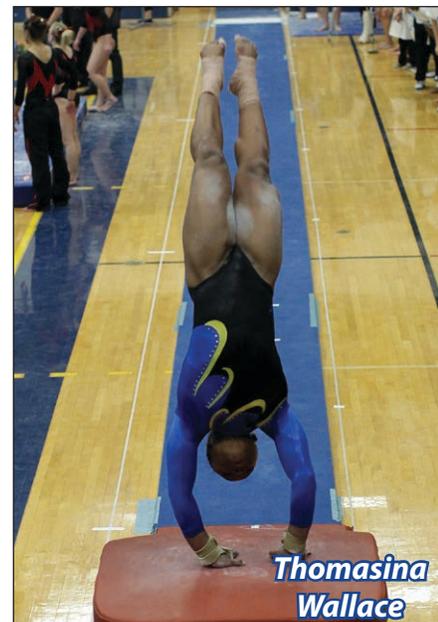
Top All-Around Scores



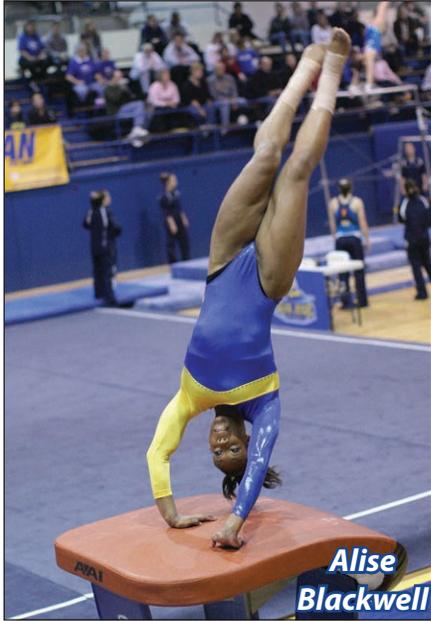
39.150	Shirla Choy	March 16, 2001
39.150	Shirla Choy	March 24, 2001
39.150	Dani Albright	April 6, 2002
39.150	Jennifer Greene	March 13, 2004
39.150	Jennifer Greene	March 20, 2004
39.150	Michelle Minotti	March 19, 2005
39.150	Veronica Porte	February 16, 2008
39.150	Veronica Porte	March 16, 2008
39.150	Veronica Porte	February 20, 2009
39.150	Thomasina Wallace	January 15, 2012
39.150	Cami Guyer	January 18, 2014
39.150	Bekah Gher	February 7, 2014
39.125	Shirla Choy	February 16, 2001
39.125	Shirla Choy	February 27, 2001
39.125	Jennifer Greene	March 2, 2003
39.125	Jennifer Greene	February 20, 2004
39.125	Veronica Porte	March 18, 2007
39.125	Cassandra Harrison	March 1, 2013
39.125	Cassandra Harrison	March 8, 2013
39.125	Cassandra Harrison	March 22, 2014
39.125	Bekah Gher	March 14, 2014
39.125	Cassandra Harrison	March 22, 2014
39.100	Kimmy Cianci	February 16, 2001
39.100	Shirla Choy	January 24, 2003
39.100	Shirla Choy	March 12, 2004
39.100	Veronica Porte	January 11, 2009
39.100	Veronica Porte	January 31, 2009
39.100	Lily Swann	March 27, 2010
39.100	Cassandra Harrison	February 18, 2013
39.100	Bekah Gher	March 23, 2013
39.100	Cami Guyer	March 14, 2014
39.075	Hawley Almstedt	March 14, 1997
39.075	Shirla Choy	February 20, 2004
39.075	Jennifer Greene	March 12, 2004
39.075	Thomasina Wallace	February 19, 2010
39.075	Thomasina Wallace	January 21, 2011
39.075	Lily Swann	March 11, 2011
39.075	Cassandra Harrison	February 5, 2012
39.075	Cassandra Harrison	March 14, 2014
39.050	Michelle Minotti	February 3, 2006
39.050	Veronica Porte	January 26, 2007
39.050	Veronica Porte	March 2, 2007
39.050	Alise Blackwell	March 18, 2007
39.050	Veronica Porte	February 29, 2008
39.050	Veronica Porte	January 23, 2009
39.050	Veronica Porte	March 6, 2009
39.050	Cassandra Harrison	March 16, 2012
39.050	Cami Guyer	January 26, 2014
39.050	Cami Guyer	February 21, 2014
39.025	Dani Albright	January 27, 2001
39.025	Dani Albright	February 16, 2003
39.025	Veronica Porte	February 10, 2008
39.025	Bekah Gher	March 7, 2014

Top Vault Scores (9.850 or better)

9.925	Shina Cardeno	February 24, 2006
9.925	Veronica Porte	February 20, 2009
9.900	Thomasina Wallace	January 23, 2009
9.900	Alise Blackwell	February 20, 2009
9.900	Thomasina Wallace	January 29, 2011
9.900	Thomasina Wallace	February 10, 2012
9.900	Bekah Gher	January 18, 2014
9.875	Dani Albright	February 16, 2001
9.875	Raylyn Cardeno	February 16, 2008
9.875	Lily Swann	March 19, 2010
9.850	Dani Albright	February 2, 2002
9.850	Dani Albright	March 8, 2002
9.850	Dani Albright	March 16, 2002
9.850	Dani Albright	January 31, 2003
9.850	Dani Albright	March 14, 2003
9.850	Shirla Choy	March 21, 2003
9.850	Raylyn Cardeno	February 24, 2006
9.850	Raylyn Cardeno	February 3, 2007
9.850	Raylyn Cardeno	March 18, 2007
9.850	Shanice Howard	March 23, 2008
9.850	Veronica Porte	March 29, 2008
9.850	Lily Swann	January 23, 2009
9.850	Lily Swann	February 6, 2009
9.850	Thomasina Wallace	February 20, 2009
9.850	Lily Swann	February 27, 2009
9.850	Thomasina Wallace	March 6, 2009
9.850	Lily Swann	March 21, 2009
9.850	Veronica Porte	March 21, 2009
9.850	Thomasina Wallace	January 15, 2010



Top Vault Scores (9.850 or better)

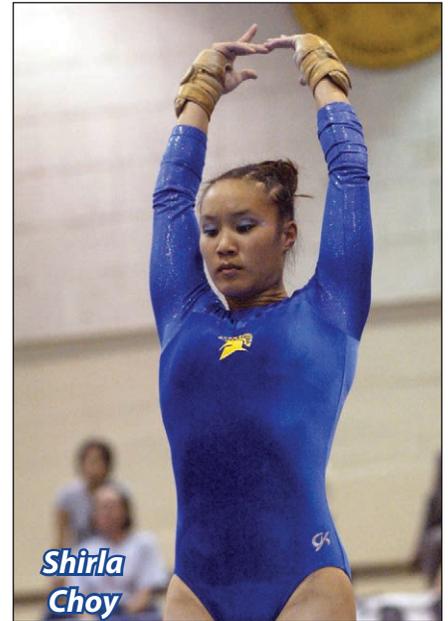


9.850	Lily Swann	March 5, 2010
9.850	Lily Swann	March 27, 2010
9.850	Lily Swann	January 28, 2010
9.850	Thomasina Wallace	January 20, 2012
9.850	Thomasina Wallace	February 5, 2012
9.850	Thomasina Wallace	February 24, 2012
9.850	Thomasina Wallace	March 9, 2012
9.850	Cassandra Harrison	February 18, 2013
9.850	Bekah Gher	January 26, 2014
9.850	Bekah Gher	February 7, 2014
9.850	Cassandra Harrison	February 14, 2014
9.850	Bekah Gher	March 22, 2014
9.850	Hannah Gilbert	March 22, 2014



Top Bars Scores (9.850 or better)

9.950	Shirla Choy	February 7, 2003
9.950	Shirla Choy	March 20, 2004
9.950	Thomasina Wallace	April 4, 2009
9.950	Thomasina Wallace	March 9, 2012
9.925	Shirla Choy	January 24, 2003
9.925	Shirla Choy	January 31, 2003
9.925	Kelsey Spellacy	February 14, 2003
9.925	Shirla Choy	March 21, 2003
9.925	Shirla Choy	February 20, 2004
9.925	Thomasina Wallace	February 20, 2009
9.925	Thomasina Wallace	January 10, 2010
9.900	Shirla Choy	March 9, 2001
9.900	Dani Albright	February 7, 2003
9.900	Shirla Choy	March 7, 2003
9.900	Shirla Choy	March 14, 2003
9.900	Shirla Choy	March 29, 2003
9.900	Shirla Choy	January 17, 2004
9.900	Thomasina Wallace	January 16, 2009
9.900	Thomasina Wallace	February 15, 2009
9.900	Thomasina Wallace	January 30, 2010
9.900	Thomasina Wallace	March 12, 2010
9.900	Thomasina Wallace	February 11, 2011
9.900	Thomasina Wallace	February 5, 2012
9.900	Thomasina Wallace	March 2, 2012
9.900	Thomasina Wallace	March 16, 2012
9.900	Thomasina Wallace	March 24, 2012
9.875	Shirla Choy	February 3, 2001
9.875	Shirla Choy	February 26, 2001
9.875	Dani Albright	March 16, 2001
9.875	Shirla Choy	January 23, 2004
9.875	Shirla Choy	February 14, 2004
9.875	Liz Major	February 20, 2004
9.875	Brittney Peterson	February 20, 2004
9.875	Liz Major	March 20, 2004
9.875	Brittney Peterson	March 20, 2004
9.875	Greta Leach	February 11, 2005
9.875	Greta Leach	February 27, 2005
9.875	Alise Blackwell	February 16, 2008
9.875	Thomasina Wallace	January 31, 2009



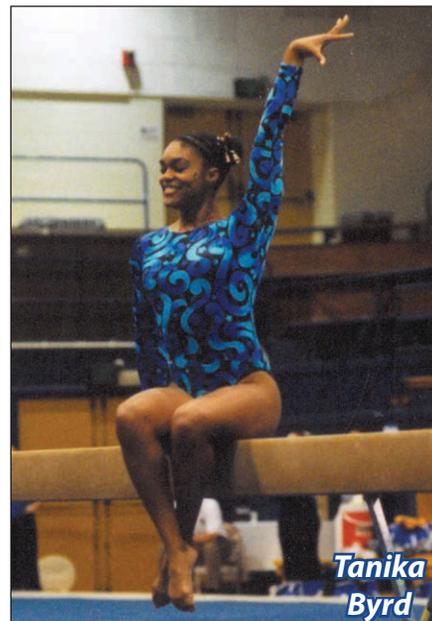
Top Bars Scores (9.850 or better)



9.875	Thomasina Wallace	February 27, 2009
9.875	Thomasina Wallace	March 6, 2009
9.875	Thomasina Wallace	March 21, 2009
9.875	Thomasina Wallace	January 14, 2011
9.875	Thomasina Wallace	March 6, 2011
9.875	Thomasina Wallace	January 27, 2012
9.875	Cami Guyer	February 28, 2014
9.875	Marissa Unpingco	March 14, 2014
9.875	Thomasina Wallace	Feb, 10, 2012
9.850	Colleen Jones	January 30, 1993
9.850	Bridgett Coates	March 22, 1996
9.850	Annie Snellgrove	March 27, 1999
9.850	Stacy Martin	January 27, 2001
9.850	Dani Albright	February 16, 2001
9.850	Annie Snellgrove	March 9, 2001
9.850	Dani Albright	March 24, 2001
9.850	Shirla Choy	February 8, 2002
9.850	Dani Albright	March 2, 2002
9.850	Shirla Choy	March 2, 2002
9.850	Dani Albright	March 10, 2002
9.850	Shirla Choy	March 10, 2002
9.850	Shirla Choy	March 16, 2002
9.850	Shirla Choy	February 16, 2003
9.850	Brittney Peterson	Jan 17, 2004
9.850	Shirla Choy	February 6, 2004
9.850	Shirla Choy	March 13, 2004
9.850	Michelle Minotti	March 18, 2007
9.850	Thomasina Wallace	January 23, 2009
9.850	Katie Merritt	March 19, 2010
9.850	Thomasina Wallace	March 11, 2011
9.850	Thomasina Wallace	January 15, 2012
9.850	Thomasina Wallace	January 22, 2012
9.850	Alyssa Telles-Nolan	January 27, 2012
9.850	Thomasina Wallace	February 17, 2012
9.850	Alyssa Telles-Nolan	March 1, 2013
9.850	Bekah Gher	February 14, 2014
9.850	Marissa Unpingco	February 14, 2014
9.850	Rachel Heinl	February 28, 2014

Top Beam Scores (9.850 or better)

9.900	Tanika Byrd	March 3, 2000
9.900	Jennifer Greene	March 2, 2003
9.900	Jennifer Greene	March 13, 2004
9.900	Michelle Minotti	March 18, 2007
9.900	Thomasina Wallace	March 12, 2010
9.900	Thomasina Wallace	February 11, 2011
9.900	Aubrey Lee	February 18, 2011
9.900	Thomasina Wallace	March 9, 2012
9.900	Julia Greer	January 26, 2014
9.875	Carissa Medeiros	March 27, 1999
9.875	Dani Albright	January 27, 2001
9.875	Tracy Cheshier	February 3, 2001
9.875	Dani Albright	February 3, 2001
9.875	Kasey Carter	February 16, 2001
9.875	Dani Albright	February 26, 2001
9.875	Jennifer Greene	February 7, 2003
9.875	Jennifer Greene	March 14, 2003
9.875	Amberly Klein	March 29, 2003
9.875	Greta Leach	March 19, 2005
9.875	Julia Greer	February 18, 2011
9.875	Thomasina Wallace	February 18, 2011
9.875	Thomasina Wallace	February 10, 2012
9.875	Thomasina Wallace	March 16, 2012
9.875	Marissa Unpingco	January 26, 2014
9.850	Kasey Carter	March 27, 1999
9.850	Tracy Cheshier	March 9, 2001
9.850	Dani Albright	March 2, 2002
9.850	Shirla Choy	January 3, 2003
9.850	Dani Albright	March 7, 2003



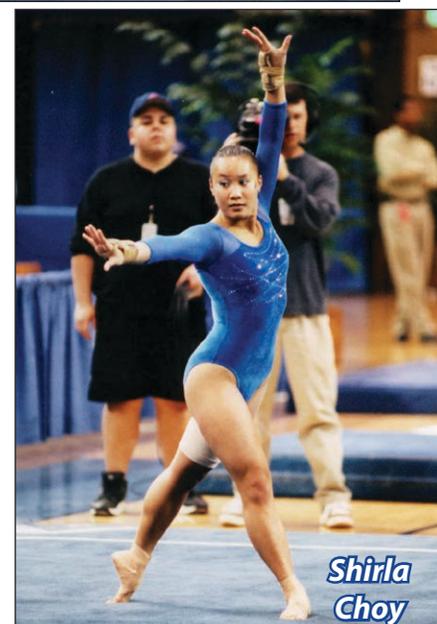
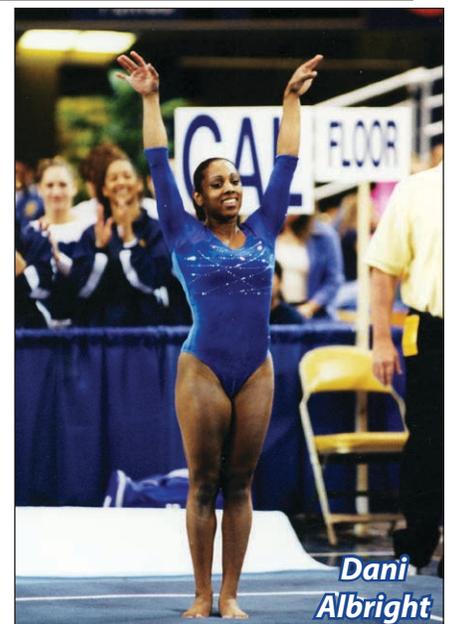
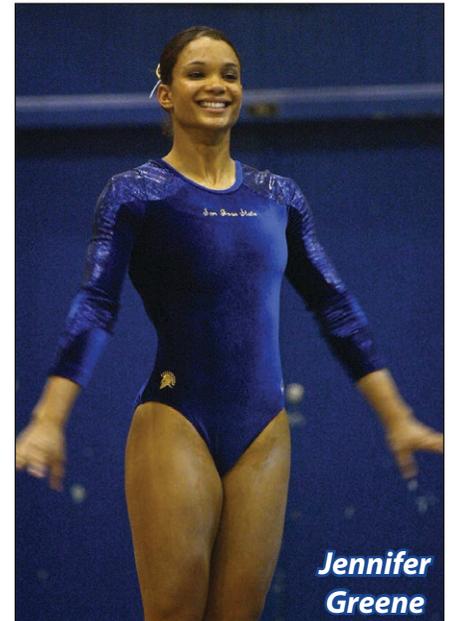
Top Beam Scores (9.850 or better)



9.850	Dani Albright	March 14, 2003
9.850	Amberly Klein	February 6, 2004
9.850	Greta Leach	February 6, 2004
9.850	Amberly Klein	March 13, 2004
9.850	Amberly Klein	March 20, 2004
9.850	Michelle Minotti	February 9, 2007
9.850	Jessica Khoshnood	March 18, 2007
9.850	Veronica Porte	February 1, 2008
9.850	Veronica Porte	February 10, 2008
9.850	Leah Bigelow	March 7, 2008
9.850	Alise Blackwell	January 31, 2009
9.850	Thomasina Wallace	April 4, 2009
9.850	Thomasina Wallace	March 5, 2010
9.850	Julia Greer	February 11, 2011
9.850	Thomasina Wallace	January 20, 2012
9.850	Thomasina Wallace	January 27, 2012
9.850	Thomasina Wallace	February 5, 2012
9.850	Cassandra Harrison	February 10, 2012
9.850	Thomasina Wallace	March 2, 201
9.850	Cassandra Harrison	March 16, 2012
9.850	Bekah Gher	February 15, 2013
9.850	Cami Guyer	March 23, 2013
9.850	Julia Greer	March 1, 2013
9.850	Julia Greer	January 5, 2014
9.850	Julia Greer	January 11, 2014
9.850	Bekah Gher	February 7, 2014
9.850	Julia Greer	February 21, 2014
9.850	Julia Greer	February 28, 2014
9.850	Julia Greer	March 14, 2014

Top Floor Scores (9.875 or better)

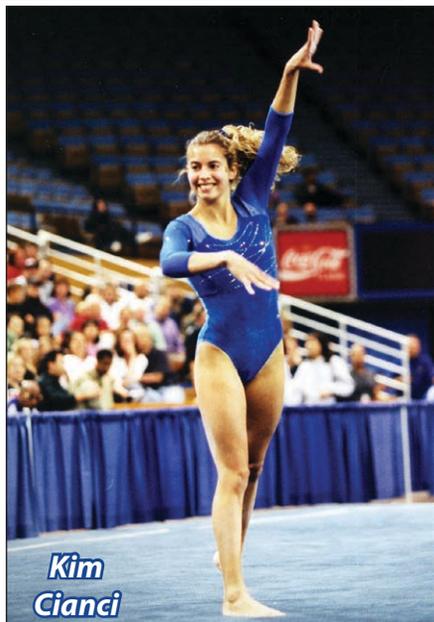
10.000	Jennifer Greene	March 20, 2004
9.975	Dani Albright	March 29, 2003
9.950	Dani Albright	February 14, 2003
9.950	Shirla Choy	March 20, 2004
9.950	Thomasina Wallace	March 16, 2012
9.925	Kimmy Cianci	March 24, 2001
9.925	Jennifer Greene	March 2, 2003
9.925	Dani Albright	March 7, 2003
9.925	Shirla Choy	March 29, 2003
9.925	Shirla Choy	February 14, 2004
9.925	Jennifer Greene	February 14, 2004
9.925	Greta Leach	March 20, 2004
9.925	Thomasina Wallace	January 21, 2011
9.925	Cassandra Harrison	March 8, 2013
9.925	Julia Greer	March 14, 2014
9.900	Tasya Talbot	February 12, 2000
9.900	Tasya Talbot	February 26, 2000
9.900	Kimmy Cianci	February 26, 2001
9.900	Kimmy Cianci	March 2, 2001
9.900	Dani Albright	March 9, 2001
9.900	Dani Albright	February 2, 2002
9.900	Dani Albright	February 23, 2002
9.900	Kimmy Cianci	February 23, 2002
9.900	Kimmy Cianci	March 8, 2002
9.900	Shirla Choy	March 23, 2002
9.900	Dani Albright	April 6, 2002
9.900	Jennifer Greene	February 7, 2003
9.900	Dani Albright	March 2, 2003
9.900	Jennifer Greene	February 20, 2004
9.900	Jennifer Greene	March 12, 2004
9.900	Jennifer Greene	January 11, 2005
9.900	Veronica Porte	February 23, 2007
9.900	Emily Stebbins	March 16, 2008
9.900	Emily Stebbins	March 29, 2008
9.900	Thomasina Wallace	February 27, 2009
9.900	Thomasina Wallace	March 8, 2009
9.900	Thomasina Wallace	March 21, 2009
9.900	Thomasina Wallace	March 5, 2010
9.900	Tiffany Louie	March 5, 2010
9.900	Katie Valleau	April 2, 2011
9.900	Katie Valleau	February 24, 2012
9.900	Cassandra Harrison	February 15, 2013
9.900	Cassandra Harrison	February 18, 2013
9.900	Cassandra Harrison	March 1, 2013
9.900	Cassandra Harrison	March 23, 2013
9.900	Julia Greer	March 8, 2013
9.900	Cassandra Harrison	February 14, 2014
9.900	Cassandra Harrison	February 28, 2014
9.900	Julia Greer	February 28, 2014



Top Floor Scores (9.875 or better)



**Thomasina
Wallace**



**Kim
Cianci**



**Greta
Leach**

9.900	Jasmine Holmes	March 14, 2014
9.875	Tara Law	February 14, 1997
9.875	Tara Law	March 14, 1997
9.875	Tasya Talbot	March 12, 1999
9.875	Tasya Talbot	March 10, 2000
9.875	Tasya Talbot	March 18, 2000
9.875	Shirla Choy	March 24, 2001
9.875	Dani Albright	January 26, 2002
9.875	Dani Albright	February 8, 2002
9.875	Dani Albright	March 2, 2002
9.875	Shirla Choy	March 8, 200
9.875	Dani Albright	March 10, 2002
9.875	Kimmy Cianci	March 16, 2002
9.875	Shirla Choy	February 14, 2003
9.875	Jennifer Greene	February 16, 2003
9.875	Shirla Choy	March 21, 2003
9.875	Jennifer Greene	March 29, 2003
9.875	Jennifer Greene	January 23, 2004
9.875	Shirla Choy	March 6, 2004
9.875	Shirla Choy	March 12, 2004
9.875	Veronica Porte	January 26, 2007
9.875	Alise Blackwell	March 18, 2007
9.875	Shanice Howard	February 22, 2008
9.875	Shanice Howard	March 16, 2008
9.875	Veronica Porte	January 16, 2009
9.875	Veronica Porte	January 23, 2009
9.875	Thomasina Wallace	February 15, 2009
9.875	Veronica Porte	March 6, 2009
9.875	Shanice Howard	March 21, 2009
9.875	Veronica Porte	March 21, 2009
9.875	Tiffany Louie	February 12, 2010
9.875	Katie Valleau	March 5, 2010
9.875	Katie Valleau	January 21, 2011
9.875	Thomasina Wallace	February 5, 2011
9.875	Katie Valleau	February 5, 2011
9.875	Lily Swann	February 11, 2011
9.875	Thomasina Wallace	March 6, 2011
9.875	Thomasina Wallace	March 11, 2011
9.875	Thomasina Wallace	April 2, 2011
9.875	Thomasina Wallace	February 10, 2012
9.875	Thomasina Wallace	February 17, 2012
9.875	Thomasina Wallace	March 9, 2012
9.875	Katie Valleau	March 16, 2012
9.875	Thomasina Wallace	March 24, 2012
9.875	Katie Valleau	March 24, 2012
9.875	Julia Greer	January 26, 2014
9.875	Cassandra Harrison	March 14, 2014

Regional Teams



2003 NCAA West Regional
Seattle, Wash.
T5th
192.875



2006 NCAA West Regional
Stanford, Calif.
4th
192.375



2008 NCAA West Regional
Corvallis, Ore.
5th
193.850



2009 NCAA West Regional
Seattle, Wash.
T5th
194.800

Regional Teams



**2011 NCAA
Corvallis Regional
Corvallis, Ore.
4th
194.425**



**2012 NCAA
Salt Lake Regional
Salt Lake City, Utah
5th
193.400**



**2014 NCAA
Minneapolis Regional
Minneapolis, Minn.
6th
193.950**

Postseason Results

NCAA Championships

All-Around Results

2001	38. Dani Albright	38.425
2009	41. Veronica Porte	38.700
	46. Thomasina Wallace	38.400

Floor Exercise

2011	36. Katie Valleau	9.725
------	-------------------	-------

NCAA Regional Results

Team Results

2014 – NCAA Minneapolis Regional

1. Oklahoma	197.725
2. Illinois	196.600
3. Minnesota	196.350
4. California	195.700
5. Southern Utah	195.150
6. San José State	193.950

2012 – NCAA Salt Lake City Regional

1. Utah	196.825
2. Nebraska	196.525
3. Minnesota	194.800
4. Arizona State	194.400
5. San José State	193.400
6. Iowa State	193.150

2011 – NCAA Corvallis Regional

1. Oregon State	197.025
2. Nebraska	196.550
3. Michigan State	194.525
4. San José State	194.425
5. Iowa	193.925
6. Southern Utah	193.775

2009 – NCAA West Regional at Washington

1. Utah	197.675
2. Illinois	196.700
3. Boise State	195.400
4. Auburn	195.250
5. San José State	194.800
Washington	194.800

2008 – NCAA West Regional at Oregon State

1. Oregon State	197.100
2. Michigan	196.375
3. Michigan State	195.125
4. Washington	194.075
5. San José State	193.850
6. Sacramento State	193.575

2006 – NCAA West Regional at Stanford

1. Alabama	196.475
2. Oregon State	195.800
3. Stanford	195.275
4. San José State	192.375
5. Sacramento State	192.050
6. Boise State	189.850

2003 – NCAA West Regional at Washington

1. Nebraska	196.650
2. LSU	195.700
3. Washington	195.675
4. Cal State Fullerton	193.175
5. San José State	192.875
Boise State	192.875

NCAA Regional Champions

Uneven Bars

2009	Thomasina Wallace	9.950
------	-------------------	-------

Floor

2011	Katie Valleau	9.900
------	---------------	-------

Postseason Results

All-Around Results

Individual Competitors Only

2013	13. Bekah Gher	38.800
	17. Cassandra Harrison	38.200
2010	15. Lily Swann	37.900
2007	11. Veronica Porte	38.825
	14. Alise Blackwell	38.675
2005	13. Jennifer Greene	38.700
	19. Michelle Minotti	38.350
	22. Greta Leach	37.475
2004	14. Greta Leach	38.775
	16. Jennifer Greene	38.425
	17. Shirla Choy	38.350
2002	T12. Dani Albright	39.150
	20. Shirla Choy	37.900
2001	5. Dani Albright	38.775
	7. Shirla Choy	38.775
	10. Kimmy Cianci	38.475
1999	20. Annie Snellgrove	9.700*
	* did not complete all-around due to injury	
1998	Annie Snellgrove	
	Did not compete due to injury	
1997	9. Tara Law	38.750
	13. Hawley Almstedt	38.350
	23. Bridgett Coates	37.075
1996	12. Tara Law	38.325
	15. Bridgett Coates	38.075
	16. Hawley Almstedt	37.925

1995	13. Tara Law	37.975
1994	15. Tara Law	37.500
1993	19. Jodi Solod	37.075
1992	19. Jodi Solod	37.675
1991	30. Staci Wicklund	36.850
	33. Jodi Solod	36.400
1989	30. Cheryl Sanwo	34.750
1988.	Kriss Miller	17.250*
1987	27. Liza Bettencourt	35.450
	29. Sheila H. Tsarnas	35.150
	31. Mayumi Nakaji	34.850
1986	28. Sheila Hughes	35.100

Beam

2004	35. Amberly Klein	9.475
2002	T31. Kasey Carter	9.650

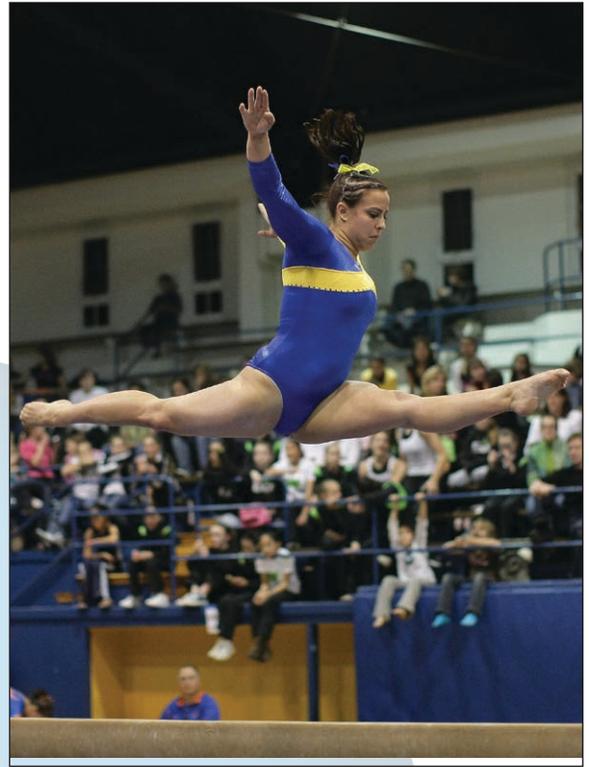
Floor

2002	39. Kimmy Cianci	9.625
2010	19. Gabrielle Targosz	9.775

NCAA Championships



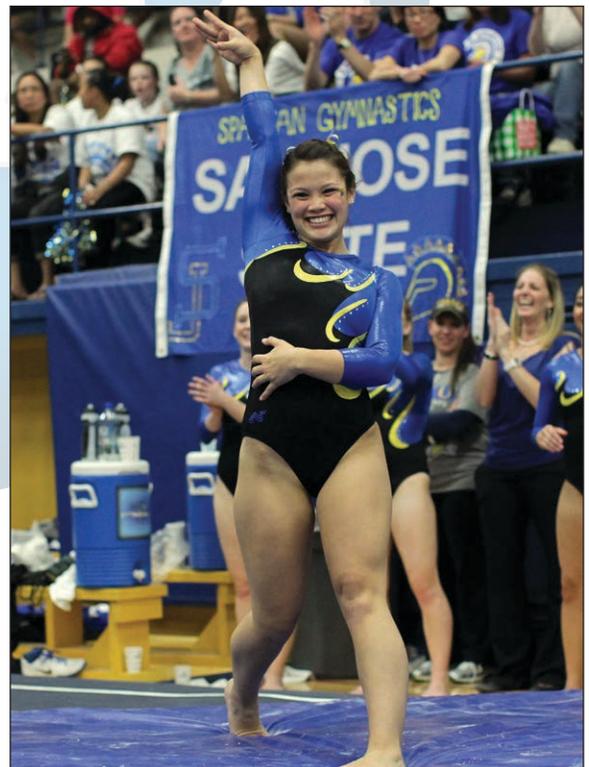
Dani Albright
2001 Championships
All-Around
38th, 38.425



Veronica Porte
2009 Championships
All-Around
41st, 38.700



Thomasina Wallace
2009 Championships
All-Around
46th, 38.400



Katie Valleau
2011 Championships
Floor
36th, 9.725

NCAA Regional Honors

West Region Gymnast of the Year

2012 Thomasina Wallace

West Region Coach of the Year

2012 Wayne Wright

West Region

Assistant Coach of the Year

2004 Tim Rivera

2009 Meghan Donahue

West Region

Administrator of the Year

2009 Stacy Martin



Wayne Wright was honored as the 2012 West Region Coach of the Year. He led that team to the WAC regular-season title and the second-highest team score in school history.



Thomasina Wallace had an award-winning senior year in 2012. She was named the Western Athletic Conference Gymnast of the Year as well as the West Region Gymnast of the Year. She won the all-around title at the 2012 WAC Championships, holds the top-four all-around scores in school history and is tied for the top score on the bars and beam at San José State.

Conference Meet Results

2014 MPSF Championships Davis, Calif.

1. Sacramento State	195.650
2. UC Davis	194.875
3. San José State	194.550
4. Seattle Pacific	194.075
5. Air Force	193.650
6. Alaska Anchorage	192.200

Vault

T5. Hannah Gilbert	9.850
T5. Bekah Gher	9.850
T8. Cassandra Harrison	9.850

Bars

T7. Cami Guyer	9.750
T7. Bekah Gher	9.750

Beam

T4. Julia Greer	9.800
T8. Cami Guyer	9.775
T8. Alyssa Kaschak	9.775
T8. Cassandra Harrison	9.775

Floor

T2. Julia Greer	9.850
5. Cassandra Harrison	9.825
6. Jasmine Holmes	9.800

All Around

2. Cassandra Harrison	39.125
3. Bekah Gher	39.000
4. Cami Guyer	38.900

2013 WAC Championships Cedar City, Utah

1. Boise State	196.225
2. Denver	196.125
3. Sacramento State	195.550
4. Utah State	195.100
5. Southern Utah	194.925
6. San José State	194.700

Beam

T1. Cami Guyer	9.800
----------------	-------

Floor

2. Cassandra Harrison	9.900
T6. Julia Greer	9.850
T8. Bekah Gher	9.825

All-Around

6. Bekah Gher	39.100
---------------	--------

2012 WAC Championships Logan, Utah

1. Denver	196.350
2. Sacramento State	195.675
3. Southern Utah	195.025
4. San José State	194.800
5. Utah State	194.775

Vault

5. Thomasina Wallace	9.825
T9. Julia Greer	9.775
T9. Alyssa Montalban	9.775

Bars

2. Thomasina Wallace	9.900
----------------------	-------

Beam

8. Thomasina Wallace	9.800
----------------------	-------

Floor

T2. Thomasina Wallace	9.875
T2. Katie Valleau	9.875
T9. Alyssa Montalban	9.825
T9. Julia Greer	9.825

All-Around

1. Thomasina Wallace	39.400
9. Cassandra Harrison	38.075

2011 WAC Championships San Jose, Calif.

1. Boise State	195.700
2. Southern Utah	194.825
3. San José State	193.925
4. Sacramento State	193.550
5. Utah State	191.850
6. Cal State Fullerton	191.650

Vault

T4. Cassandra Harrison	9.825
T6. Shanice Howard	9.800
T10. Lily Swann	9.750

Bars

T3. Thomasina Wallace	9.825
5. Lily Swann	9.800
T6. Katie Merritt	9.775

Floor

T2. Thomasina Wallace	9.825
T2. Katie Valleau	9.825

All-Around

3. Lily Swann	38.800
6. Thomasina Wallace	38.675

Conference Meet Results

2010 WAC Championships Fullerton, Calif.

1. Southern Utah	195.800
2. Boise State	195.700
3. Utah State	193.675
4. San José State	193.600
5. Cal State Fullerton	193.175
6. Sacramento State	192.650

Vault

T4. Lily Swann	9.850
T8. Shanice Howard	9.825

Bars

T7. Jessica Khoshnood	9.775
T7. Lily Swann	9.775

Floor

T5. Gabrielle Targosz	9.850
T5. Tiffany Louie	9.850

All-Around

3. Lily Swann	39.100
---------------	--------

2009 WAC Championships Sacramento, Calif.

1. Boise State	196.525
2. Sacramento State	195.350
3. Southern Utah	195.175
4. San José State	194.875
5. Cal State Fullerton	192.975
6. Utah State	192.425

Vault

T5. Lily Swann	9.850
T5. Veronica Porte	9.850

Bars

T2. Thomasina Wallace	9.875
T6. Alise Blackwell	9.825

Beam

T3. Aubrey Lee	9.850
----------------	-------

Floor

1. Thomasina Wallace	9.900
T2. Shanice Howard	9.875
T2. Veronica Porte	9.875
T8. Katie Valleau	9.825

All-Around

4. Thomasina Wallace	38.750
6. Veronica Porte	38.625

2008 WAC Championships Boise, Idaho

1. Boise State	194.925
2. San José State	194.725
3. Southern Utah	194.575
4. Sacramento State	194.275
5. Utah State	194.150
6. CS Fullerton	192.650

Vault

T2. Veronica Porte	9.850
T6. Shanice Howard	9.800
T10. Renae Moneymaker	9.775
T10. Shina Cardeno	9.775

Bars

T4. Renae Moneymaker	9.775
T8. Alise Blackwell	9.750

Beam

T6. Veronica Porte	9.800
--------------------	-------

Floor

3. Emily Stebbins	9.900
T6. Shanice Howard	9.850

All-Around

9. Veronica Porte	38.625
10. Michelle Minotti	38.375

2007 WAC Championships Cedar City, Utah

1. Sacramento State	195.275
2. Southern Utah	195.225
3. Utah State	195.175
4. San José State	193.750
5. Cal State Fullerton	193.625
6. Boise State	193.300

Vault

T5. Veronica Porte	9.825
--------------------	-------

Balance Beam

T8. Veronica Porte	9.825
--------------------	-------

Floor Exercise

T4. Veronica Porte	9.800
--------------------	-------

All-Around

3. Veronica Porte	39.175
8. Alise Blackwell	38.900

Conference Meet Results

2006 WAC Championships Logan, Utah

1. Sacramento State	193.950
2. Boise State	193.775
3. Southern Utah	193.600
4. Utah State	193.100
5. San José State	192.800
6. Cal State Fullerton	192.600

Vault

T3. Renae Moneymaker	9.825
T9. Michelle Minotti	9.775

Bars

T3. Kelsey Spellacy	9.800
T9. Renae Moneymaker	9.725
T9. Veronica Porte	9.725

Beam

T10. Adriane Mertens	9.725
----------------------	-------

Floor

T10. Renae Moneymaker	9.725
-----------------------	-------

All-Around

4. Veronica Porte	38.825
T9. Renae Moneymaker	38.375

2005 MPSF Championships Davis, California

1. Sacramento State	194.550
2. San Jose State	192.025
3. UC Davis	191.400
4. Seattle Pacific	190.275
5. Air Force	189.500
6. Alaska Anchorage	189.275

Vault

3. Jennifer Greene	9.825
4. Michelle Minotti	9.775
6. Casey Jay	9.750

Bars

4. Jennifer Greene	9.725
--------------------	-------

Balance Beam

4. Amberly Klein	9.825
------------------	-------

All-Around

2. Michelle Minotti	38.700
5. Jennifer Greene	38.425

2004 MPSF Championships San Jose, Calif.

1. San José State	195.925
2. CS Sacramento	195.400
3. UC Davis	194.350
4. Alaska Anchorage	193.750
5. Seattle Pacific	192.550
6. Air Force	192.525

Bars

1. Shirla Choy	9.950
----------------	-------

Beam

1. Amberly Klein	9.850
T3. Liz Major	9.800

Floor

1. Jennifer Greene	10.000
T2. Shirla Choy	9.950

All-Around

2. Shirla Choy	39.200
3. Greta Leach	39.175

2003 MPSF Championships Sacramento, California

1. Sacramento State	194.925
2. San José State	194.550
3. Seattle Pacific	193.000
4. Air Force	192.050
5. UC Davis	189.650
6. Alaska-Anchorage	187.300

Vault

T1. Dani Albright	9.775
T3. Shirla Choy	9.750

Bars

T1. Shirla Choy	9.900
-----------------	-------

Beam

1. Amberly Klein	9.875
T2. Dani Albright	9.825
T2. Shirla Choy	9.825
T2. Jennifer Greene	9.825

Floor

1. Dani Albright	9.975
T3. Shirla Choy	9.925

All-Around

1. Shirla Choy	39.400
2. Dani Albright	39.375

2002 MPSF Championships Colorado Springs, Colo.

1. Sacramento State	194.900
2. Air Force	194.650
3. San José State	193.375
4. UC Davis	192.000
5. UC Santa Barbara	189.525

Vault

T2. Dani Albright	9.800
-------------------	-------

Floor

T1. Shirla Choy	9.900
-----------------	-------

All-Conference Honors

MPSF Honors (2014-Present)

2014

Vault: Bekah Gher, Kiana Gordon,
Cami Guyer

Bars: Cami Guyer, Cassandra Harrison,
Marissa Unpingco

Beam: Bekah Gher, Julia Greer, Cami
Guyer

Floor: Julia Greer, Cami Guyer, Cas-
sandra Harrison

All-Around: Bekah Gher, Cami
Guyer, Cassandra Harrison

WAC Honors (2006-2013)

2013

First Team

Cami Guyer – Beam

Cassandra Harrison – Floor

Second Team

Bekah Gher – All-Around

Julia Greer - Floor

2012

First Team

Thomasina Wallace – All-Around,
Bars, Floor

Katie Valleau – Floor

Second Team

Thomasina Wallace - Vault

2011

First Team

Lily Swann – All-Around

Thomasina Wallace – Bars, Floor

Katie Valleau - Floor

Second Team

Cassandra Harrison – Vault

Shanice Howard – Vault

Katie Merritt – Bars

Lily Swann – Bars

Thomasina Wallace – All-Around

2010

First Team

Lily Swann – All-Around

Second Team

Tiffany Louie - Floor

Lily Swann – Vault

Gabrielle Targosz - Floor

2009

First Team

Shanice Howard – Floor

Aubrey Lee - Beam

Veronica Porte - Floor

Thomasina Wallace – Floor, Bars

Second Team

Alise Blackwell - Bars

Veronica Porte – All-Around, Vault

Lily Swann - Vault

Thomasina Wallace – All-Around

2008

First Team

Veronica Porte - Vault

Emily Stebbins - Floor

Second Team

Shanice Howard – Vault, Floor

Renae Moneymaker - Bars

Veronica Porte – Beam

2007

First Team

Veronica Porte – All-Around

Second Team

Veronica Porte – Vault, Beam

2006

First Team

Renae Moneymaker – Bars

Kelsey Spellacy – Bars

Second Team

Veronica Porte – All-Around

MPSF Honors

2005

First Team

Jennifer Greene – Floor

Greta Leach – Bars, Beam, All-Around

Michelle Minotti – Vault

Second Team

Leah Bigelow - Beam

Jennifer Greene – Vault, All-Around

Casey Jay – Floor

Kelsey Spellacy - Bars

WAC Gymnast of the Year

2012 Thomasina Wallace

WAC Freshman of the Year

2011 Julia Greer

2009 Thomasina Wallace

WAC Champions

Beam

2013 Cami Guyer 9.800

Floor

2009 Thomasina Wallace 9.900

All-Around

2012 Thomasina Wallace 39.400

MPSF Gymnast of the Year

2004 Shirla Choy

2005 Jennifer Greene

2014 Julia Greer

MPSF Champions

Vault

2003 Dani Albright

Bars

2003 Shirla Choy

2004 Shirla Choy

Beam

2003 Amberly Klein

2004 Amberly Klein

Floor

2002 Shirla Choy

2003 Dani Albright

2004 Jennifer Greene

All-Around

2003 Shirla Choy

Academic Honors

AII-MPSF

2014 Kiley Field
Bekah Gher
Julia Greer
Cami Guyer
Cassandra Harrison
Jasmine Holmes
Alyssa Kaschak
Alyssa Montalban
Marissa Unpingco

AII-WAC

2013 Amy Bellingham
Kiley Field
Bekah Gher
Hannah Gilbert
Julia Greer
Cami Guyer
Cassandra Harrison
Jasmine Holmes
Alyssa Kaschak
Victoria Lark
Marissa Unpingco

2012 Kiley Field
Julia Greer
Dannon Gregory
Cami Guyer
Cassandra Harrison
Aubrey Lee
Alyssa Montalban
Katie Valleau
Thomasina Wallace

2011 Julia Greer
Cassandra Harrison
Shanice Howard
Katie Merritt
Lily Swann
Alyssa Telles-Nolan
Katie Valleau
Thomasina Wallace

2010 Shanice Howard
Jessica Khoshnood
Tiffany Louie
Kate Merritt
Lily Swann
Gabrielle Targosz
Alyssa Telles-Nolan
Katie Valleau
Thomasina Wallace

2009 Alise Blackwell
Kelli Fournier
Shanice Howard
Jessica Khoshnood
Aubrey Lee
Tiffany Louie
Katie Merritt
Lily Swann
Gabrielle Targosz
Katie Valleau
Thomasina Wallace

2008 Leah Bigelow
Alise Blackwell
Kelli Fournier
Shanice Howard
Casey Jay
Jessica Khoshnood
Tiffany Louie
Katie Merritt
Michelle Minotti
Emily Stebbins
Lily Swann
Gabrielle Targosz

2007 Leah Bigelow
Alise Blackwell
Kelli Fournier
Jessica Khoshnood
Greta Leach
Tiffany Louie
Liz Major
Michelle Minotti
Jennifer Pizano
Gabrielle Targosz

2006 Leah Bigelow
Alise Blackwell
Tracie Kavalec
Amberly Klein
Adriane Mertens
Michelle Minotti
Rena Moneymaker
Veronica Porte

AII-MPSF

2005 Tracie Kavalec
Amberly Klein
Greta Leach
Adriane Mertens

2004 Shirla Choy
Adriane Mertens
Brittney Peterson
Rebecca Ronzio
Melissa Scheele
Erin Thomas

2003 Shirla Choy
Rebecca Ronzio
Melisa Scheele
Erin Thomas

Arthur Ashe Jr., Sports Scholars

2013 Victoria Lark

2012 Aubrey Lee
Katie Valleau

2011 Shanice Howard
Katie Valleau

2010 Shanice Howard

Arthur Ashe Jr., Sports Scholar Overall Top Female Scholar

2011 Shanice Howard



Shanice Howard
2011 Arthur Ashe, Jr., Sports Scholar Overall Top Female Scholar
2011 San José State Top Female Scholar

Academic Honors

CoSIDA Academic All-District

2011 Shanice Howard,
Second Team

NACGC/W Scholastic All-Americans

2014 Allison Bellingham
Casey Dreyer
Kiley Field
Julia Greer
Cami Guyer
Cassandra Harrison
Jasmine Holmes
Gabrielle Kambur
Alyssa Kaschak
Adrienne Manseau

2013 Patricia Aubel
Allison Bellingham
Amy Bellingham
Kiley Field
Bekah Gher
Hannah Gilbert
Julia Greer
Cami Guyer
Cassandra Harrison
Jasmine Holmes



Howard
Sports Scholar
Scholar
Female Scholar Athlete

Gabrielle Jambur
Alyssa Kaschak
Adrienne Manseau
Karlene Simon

2012 Patricia Aubel
Kiley Field
Julia Greer
Cami Guyer
Cassandra Harrison
Karlene Simon
Kristie Wei

2011 Julia Greer
Cassandra Harrison
Shanice Howard
Victoria Lark
Karlene Simon
Lily Swann

2010 Kelli Fournier
Shanice Howard
Karlene Simon
Lily Swann

2009 Kelli Fournier
Shanice Howard
Jessica Khoshnood
Lily Swann

2008 Leah Bigelow
Kelli Fournier
Shanice Howard
Jessica Khoshnood
Lily Swann

2007 Leah Bigelow
Kelli Fournier
Tiffany Louie

2005 Leah Bigelow
Adriane Mertens
Michelle Minotti
Whitney Nelson
Tiffany Parcasio
Rebecca Ronzio

2004 Shirla Choy
Adriane Mertens
Brittney Peterson
Rebecca Ronzio

Melisa Schelle
Erin Thomas

2003 Shirla Choy
Kelli McCoy
Adriane Mertens
Sarah Molasky
Rebecca Ronzio
Melissa Scheele

2002 Kasey Carter
Kim Cianci
Stacy Martin
Rebecca Ronzio
Melissa Scheele

2001 Kasey Carter
Kim Cianci
Stacy Martin
Melisa Scheele

2000 Kasey Carter
Kim Cianci
Carrie Mariani
Stacy Martin

San Jose State Associated Students Top-55

2007 Michelle Minotti
2003 Team
2002 Dani Albright

Nancy Moak Memorial Award – Contributions in promoting women's athletics.

2003 Kim Cianci

NCAA Leadership Conference

2003 Shirla Choy

Who's Who Among Students

2004 Shirla Choy



