San José State University 2017 Women's Gymnastics

2017 Seniors Haleigh Shepard Rachel Heinl Erica Matos







# San José State University Women's Gymnastics

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#### **Media Information**

All media requests for credentials, interviews, etc., should go through the San Jose State Athletics Media Relations Office and Amy Villa, Associate SID. Please contact her at (408) 924-1216 or by email at amy.villa@sjsu.edu. No interviews will be granted on meet days prior to the event. Postmeet interviews will be conducted approximately 10 minutes after the final results have been announced. Copies of the final results will be provided to all media in attendance after the meet.

#### San Jose State Athletics Web Site

Visit the official home page,

http://www.sjsuspartans.com, of Spartan Athletics and the San José State women's gymnastics team on the Internet. You can see results, statistics and video as well as live scoring video at all home meets.

#### Twitter

Follow Spartan Athletics on Twitter @SJSUAthletics. Throughout the season, look for tweets about what is going on with the program and scoring updates at all away meets.

## 2017 SAN JOSE STATE UNIVERSITY WOMEN'S GYMNASTICS SCHEDULE

Мо	n. Jan.9	NorCal Classic – Stanford, UC Davis		
		California, Sacramento State	Berkeley, Calif.	7:00 p.m.
Fri.	Jan. 13	Sacramento State	Sacramento, Calif.	7:00 p.m.
Sat	Jan. 21	California, Washington	Berkeley, Calif.	5:00 p.m.
Sat	Jan. 28	Metroplex Challenge - Bowling Green		
		Central Michigan, George Washington	Fort Worth, Texas	6:00 p.m.
FRI	FEB. 3	UC DAVIS	THE EVENT CENTER	7:00 p.m.
FRI	FEB. 10	SACRAMENTO STATE	THE EVENT CENTER	7:00 p.m.
Sat	Feb. 18	Air Force	Colorado Springs, Colo.	6:00 p.m.
Fri.	Feb. 24	UC Davis, Sacramento State, Seattle Pacific	Davis, Calif.	7:00 p.m.
SUI	N. MARCH 5	UTAH STATE	THE EVENT CENTER	2:00 p.m.
Fri.	March 10	Arkansas, Centenary	Fayetteville, Ark.	7:00 p.m.
SAT	MARCH 18	MPSF CHAMPIONSHIPS	THE EVENT CENTER	6:00 P.M.
Sat	April 1	NCAA Regionals		
Th.	Sat. April 14-16	NCAA Championships	St. Louis, Mo.	
Tim	es are local to site.			

# 2017 San José State Women's Gymnastics Roster

Name	Events	Ht.	Class	Hometown/Last School/Gym Club
Chelsey Andrada	AA	5-0	FR	Benicia, Calif./Benicia HS/North Bay Athletic Association
Alisa Bogdan	AA	5-5	JR	Henderson, Nev./Foothill HS/Gymcats
Taylor Chan	AA	5-3	FR	Coquitlam British Columbia/Centennial Secondary/
				TAG Sports Center
Rachel Heinl	AA	5-4	SR	Mesa, Ariz./Red Mountain HS/Arizona Dynamics
Karli Houghton	UB, BB	5-2	FR	Rancho Santa Margarita, Calif./Tesoro HS/Wildfire Gymnastics
Madison Loomis	AA	<mark>5-2</mark>	FR	Hemet, Calif./Hemet HS/SCEGA
Erica Matos	V, UB FX	5-3	SR	San Jose, Calif./Pioneer HS/Airborne Gymnastics
McElle McCartney	UB, BB	5-6	JR	Vancouver, Wash./CAM Academy/Multnomah Athletic Club
Kaprece Nadonza	UB	5-0	SO	Palmdale, Calif./Palmdale HS/Waller's Gym Jam Academy
Ellie Pascoe-Long	V, FX	5-1	SO	Eugene, Ore./Churchill HS/
				National Academy of Artistic Gymnastics
Leah Perrino		5-2	FR	Scottsdale, Ariz./Desert Mountain HS/Gold Medal Gymnastics
Josalyn Ray	V, BB, FX	5-5	SO	Zion, III./Zion-Benton Township HS/M&M Gymnastics
Stephanie Relova	AA	5-3	SO	Danville, Calif./San Ramon Valley HS/Edge Gymnastics
Michelle Shalit	BB	5-2	SO	Livermore, Calif./Livermore HS/Edge Gymnastics
Haleigh Shepard	UB, BB, FX	5- <mark>4</mark>	SR	Modesto, Calif./Enochs HS/California Gymnastics Academy
Kendal Watts	AA	5-5	SO	Auburn, Wash./Auburn Riverside HS/Auburn Gymnastics Center
Kaitlin Won	AA	5-1	JR	Mesa, Ariz./Mesquite HS/Arizona Dynamics

Head Coach: Wayne Wright Associate Head Coach: Shella Martinez Assistant Coach: Alise Blackwell Volunteer Assistant: Julia Greer

#### **Pronunciations**

Rachel HEINL: HIGH-null Karli HOUGHTON: HOW-ton Erica MATOS: MATT-ohss KAPRECE NADONZA: Kah-prees nah-don-zah Leah PERRINO: PURR-ee-no Michelle SHALIT: shah-LEET Credits: The 2017 San José State Women's Gymnastics Guide is a product of the San José State University Athletic Media Relations Office. Writing, layout and editing by Amy Villa. Portraits: Terrell Lloyd. Photos & Candids: Terrell Lloyd. Action Photos: Terrell Lloyd, Ron Fried. All names, nicknames, logos and other indicia referring to San José State University are trademarked and protected by the university. Any unauthorized use is prohibited.

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# TOWER HALL

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Wayne Wright Head Coach

# **Coaching Staff**

Wayne Wright is in his 16th season in 2017 as the head coach of the San José State women's gymnastics team.

The Spartan program has made significant strides during Wright's tenure, breaking school records, winning conference championships and receiving team invitations to the NCAA Regionals. Since 2003, the Spartans have competed as a team at seven NCAA Regionals. The team's best finish has been fourth in 2006 and 2011. Two gymnasts have won Regional Championship titles: Thomasina Wallace on bars in 2009 and Katie Valleau on floor in 2011.

Wright coached three gymnasts at the NCAA Championships. In 2011, Valleau was the first Spartan to compete at the championships as an individual specialist after she tied for first on the floor at the regionals with a 9.900. Veronica Porte and Wallace advanced to the 2009 NCAA Championships in the all-around as the top-two qualifiers from the West Region.

In 2012, Wright was named the NCAA West Regional Coach of the Year after the team earned the WAC regular season title and recorded its second-highest team score in school history. He coached Wallace to the 2012 WAC Gymnast of the Year title after she won the conference's All-Around title and set the school's all-around record four times that

season. She was also the 2009 WAC Freshman of the Year.

Wright's gymnasts have won three WAC and 13 MPSF individual championships. In 2015, Cami Guyer won

the vault, floor and all-around titles and was named the MPSF Gymnast of the Year. That same year, Marissa Unpingco tied for first on beam to join Amberly Klein as the only two Spartan gymnasts to win the MPSF beam championship.

The Spartans have broken every team school record since 2004 including the beam record in 2011 and the vault record in 2015. Every individual record has also been tied or broken during Wright's tenure.

Outside the gym, Wright believes firmly in the importance of academics and athletics in a college education. The 2011 team posted the highest grade-point average among all 16 San Jose State intercollegiate teams. In his 15 seasons, his gymnastics have received 120 Academic All-Conference Awards and 108 NACGC/W Scholastic All-America recognitions. Since 2010, seven gymnasts have been named Arthur Ashe Jr., Sports

•	•
Wright's Coa	ching Record
2002	12-9
2003	12-9
2004	16-9
2005	17-5
2006	15-17
2007	10-14
2008	19-11
2009	16-8-1
2010	11-13
2011	17-10
2012	13-9
2013	13-16
2014	10-19
2015	15-12
2016	9-15
Total - 15 years	205-176-1



# **Coaching Staff**

Scholars including Shanice Howard who was named the Arthur Ashe Jr., Overall Top Female Scholar. Two gymnasts have received CoSIDA Academic All-District honors - Maddie Herr in 2016 and Howard in 2011. In 2016, 12 current and former gymnasts received either President's Scholar (1) or Dean's Scholar honors.

Wright's teams are also one of the top Spartan teams in giving back to the community. The team visits The team participates in various activities throughout the season and participates in "Think Pink" month in February as all teams raise the awareness of breast cancer research. The Spartans assisted with camps and clinics held in association with the 2012 and 2016 USA Gymnastics Olympic Trials held at the HP Pavilion in San Jose.

As an assistant coach, Wright was at Stanford from 1996-2001 and at San Jose State from 1987-1996. While at Stanford, Wright helped coach the team to its first Pac-10 title in 1998 and an NCAA West Regional championship. During his first stint at San Jose State he coached Tara

Law, the 1996 Big West floor champion, to the NCAA West Regional. Showing his success at the collegiate level, Wright has coached gymnasts to all three Bay Area schools' halls of fame: Kristen Smyth at California, Larissa Fontaine at Stanford, and Dani Albright at San Jose State.

Before he began coaching at the collegiate level, Wright served as program director and head coach of the Kokokahi Gymnastics Center in Kailua, Hawaii, developing Class I National Junior Olympics gymnasts. He

also worked with U.S.A. Gymnastics at the 1996 Olympic Games in Atlanta and was on the floor when the team won the gold medal.

Active in the community, Wright served on the local organizing committee for the 2007 VISA U.S.A. Women's Gymnastics Championships held at the HP Pavilion in San Jose.

Wright has an extensive background in nursing and physical education. He graduated from the Academy of Health Sciences in Texas with a degree in nursing. He also studied physical education and recreation at the University of Hawai'i. Wright served three years in the U.S. Army as a nurse attached to Tripler Army Medical Center in Honolulu, Hawaii. He is a certified Phlebotomy technician and a candidate for a California Nurse's License.





# Shella Martinez Associate Head Coach

# **Coaching Staff**

Shella Martinez enters her 14th season as a member of the San Jose State women's gymnastics coaching staff in 2017. She brings over 19 years of coaching experience to the Spartans.

Martinez is the beam coach, recruiting coordinator and handles all choreography for the Spartans. Alongside her work at San José State, she choreographs routines for numerous club teams in the Bay Area.

During her time on the Spartans' coaching staff, Martinez has coached the only team to win a conference championship in program history (2004 MPSF Champion Spartans), six of seven San José State teams that qualified for the NCAA postseason and Thomasina Wallace and Veronica Porte at NCAA Nationals in 2009. Three former Spartan have won conference beam titles during her tenure - Amberly Klein (2004), Cami Guyer (2013) and Marissa Unpingco (2015).

Her beam teams broke the school record in 2011 (49.275) and has the second-best score as well (49.075 in 2012 and 2015).

From 2005 through 2012, she owned Gold Coast Gymnastics, and coached former Spartan Kiley Field.

Before coming to San José State, from 2002 through

2004, Martinez was the head team coach at Pegasus Gymnastics Academy in Milpitas, Calif.

For three years, from 1995 through 1998, Martinez worked at Funtastics Gymnastics in Coeur d'Alene, Idaho where she developed and implemented programs to aid in the teaching of fundamental gymnastics.

As a gymnast, Martinez competed for the Gold Cup Gymnastics Academy in Albuquerque, N.M. As a Level 9 gymnast in 1990, she qualified for Regionals and western nationals. After becoming a Level 10 gymnast in 1991, she qualified for Regionals, and qualified for Regionals and Nationals in 1992.

Shella and her husband Mike Reiswig were married in 2009, and have a daughter, Charleese Mikell (2), and a son, Wyatt Jude who was born in August of 2016.





# Alise Blackwell Assistant Coach

# **Coaching Staff**

Former Spartan gymnast Alise Blackwell begins her third season as a member of the San José State University women's gymnastics coaching staff for 2017.

Blackwell competed at San Jose State from 2006-09, primarily on vault, bars and beam, but did compete in the all-around her sophomore year. She advanced to the 2007 NCAA West Regional as an individual compet-

itor and placed 14th in the all-around. Blackwell earned second team All-Western Athletic Conference honors on the bars her senior year.

Blackwell spent five years (2009-14) at Bay Aerials Gymnastics as a team director.

A 2010 graduate of San José State, Blackwell received a bachelor's degree in health science.





# Julia Greer Volunteer Assistant

Former Spartan gymnast Julia Greer begins her third season as a member of the San José State University women's gymnastics staff. She is a volunteer assistant for the 2017 season after spending the past two years as the director of operations.

Greer was a four-year letterwinner for the Spartans from 2011-14. She was the 2014 Mountain Pacific Sports Federation Gymnast of the Year and the 2011Western Athletic Conference Freshman of the Year.

A vault, beam and floor specialist, Greer was All-MPSF on beam and floor in 2014, and second team All-WAC on floor in 2013. She is tied for the school record on beam at 9.900.

In the classroom, Greer was a four-time academic all-conference honoree and NACGC/W Scholastic All-American.

A 2014 graduate of San José State, Greer received a bachelor's degree in child and adolescent development.





















# 2016 Results

Date	Opponent	Vault	Bars	Beam	Floor	Total
JANUARY 10	NorCal Classic, San Jose,	Calif.				
	CALIFORNIA	49.000	48.800	48.675	49.100	195.575
	STANFORD	48.675	49.150	48.575	48.400	194.800
	SACRAMENTO STATE	48.675	48.150	48.525	48.975	194.325
	UC DAVIS	48.475	47.450	48.275	48.500	192.700
	SAN JOSÉ STATE	47.775	47.675	47.400	48.950	191.800
JANUARY 15	SACRAMENTO STATE	48.500	48.350	48.975	49.075	194.900
	SAN JOSÉ STATE	48.250	48.425	48.375	48.350	193.400
January 24	at Stanford	49.175	49.200	49.250	49.050	196.675
and the second	California	49.125	48.525	48.825	49.175	195.650
	San José State	48.700	48.825	48.650	48.700	194.875
JANUARY 29	SAN JOSÉ STATE	48.700	48.425	47.375	48.325	192.825
	TEXAS WOMAN'S	48.200	48.300	47.075	47.700	191.275
	SEATTLE PACIFIC	48.050	47.825	46.925	47.075	189.875
	WILLIAM & MARY	47.975	45.750	46.825	47.100	187.650
		· VE				
February 5	at UC Davis	48.775	48.775	47.850	48.975	194.375
	San José State	48.525	48.675	48.450	48.575	194.225
FEBRUARY 12	BOISE STATE	48.825	49.250	49.100	49.100	196.275
	SAN JOSÉ STATE	48.625	49.000	47.775	48.300	193.700
February 19	at Sacramento State	49.000	49.400	48.800	<mark>49.2</mark> 75	196.475
	San José State	48.725	48.750	48.800	49.025	195.300
February 26	San José State	48.600	47.625	48.925	48.775	193.925
	Alaska Anchorage	48.375	48.250	48.375	48.325	193.325
	at Seattle Pacific	48.250	46.525	48.950	48.550	192.275
MARCH 6	UC DAVIS	49.000	48.375	49.150	49.050	195.575
	SAN JOSÉ STATE	48.950	48.625	48.275	49.075	194.925
	BROWN	48.450	48.575	48.350	48.700	194.075
M. 1.11		40.225	40.475	40.150	40.075	107.225
March 11	at Boise State	49.325	49.475	49.150	49.375	197.325
	Southern Utah San José State	48.650 48.825	49.300 <b>48.750</b>	48.950 <b>48.875</b>	49.375 <b>48.900</b>	196.275 <b>195.350</b>
March 19	MPSF Championships, S	Sacramento, Cali	if. / 😒	~		
	Sacramento State	49.100	48.825	49.025	49.350	196.300
	UC Davis	48.750	48.875	48.550	49.125	195.300
	San José State	48.700	47.900	48.825	48.950	194.375
	Seattle Pacific	48.325	47.750	47.975	48.950	193.000
	Alaska Anchorage	48.625	47.975	47.950	48.300	192.850
	Air Force	48.000	48.050	47.800	47.600	191.450
Season Average		48.580	48.425	48.339	48.720	194.064
Season High		48.950	49.000	48.925	49.075	195.350
RQS		48.730	49.000	48.720	49.073	195.550
105		-0.750	70.725	70.720	70.920	137./40

## **2016 Scores**

#### **Vault Scores** 1/10 1/15 1/24 1/29 2/5 2/12 2/19 2/26 3/6 3/11 3/19 Name Hannah Gilbert 9.650 9.650 9.725 9.725 9.500 9.650 9.700 9.600 9.775 9.750 9.725 **Rachel Heinl** 9.700 9.700 9.700 9.100 9.300 9.650 9.725 9.700 9.800 9.650 Maddie Herr 9.625 9.750 9.725 9.775 9.750 9.775 9.800 9.850 9.700 9.675 9.875 Erica Matos 9.150 9.825 9.775 9.800 9.825 9.775 9.800 9.750 9.775 9.775 9.800 Ellie Pascoe-Long 9.725 8.950 9.725 9.675 Josalyn Ray 9.750 9.675 9.575 9.700 9.700 9.800 9.650 9.150 9.825 **Kendal Watts** 9.725 9.750 9.625 Kaitlin Won 9.625 9.725 9.725 9.725 9.675 9.675 9.675

					Bars Sc	ores					
Name	1/10	1/15	1/24	1/29	2/5	2/12	2/19	2/26	3/6	3/11	3/19
Allison Bellingham		9.775	9.750	9.650	9.650				8.900	9.725	9.725
Rachel Heinl	9.650			9.725	9.800	9.725	9.700	9.600	9.800	9.725	9.800
Maddie Herr	9.075	<mark>9.</mark> 075	9.050			9.900	9.825	9.800	9.725	9.875	9.025
Alyssa Kaschak	9.550	9.600	9.800	9.750	9.775	9.775	9.750	8.850	9.750	9.750	8.600
Haleigh Shepard	9.700	9.650	9.700	9.650	9.750	9.750	9.700	9.750	9.750	9.675	9.725
Marissa Unpingco	9.700	9.650	9.775	9.650	9.625	9.750	9.775	9.625	9.600	9.650	9.575
Kaitlin Won	9.050	9.750	9.800	9.650	9.700	9.825	9.700	8.700	1.74.000	2	
								1454	-1-0-1		

				E	Seam S	cores		13 60	S. Kell	1.	
Name	1/10	1/15	1/24	1/29	2/5	<mark>2/12</mark>	2/19	2/26	3/6	3/11	3/19
Allison Bellingham	9.675	9.675	9.750	9.025	9.700			9.875	9.625	9.825	9.825
Amy Bellingham		9.600	9.650			9.625		9.750	8.850	9.650	9.500
Alisa Bogdan	9.450	9.675	9.650	9.600	9.625	9.700	9.700	9.775	9.675	9.725	9.725
Maddie Herr	9.625	9.725	9.750	9.075	9.775	9.475	9.850	9.675	9.650	9.800	9.800
Alyssa Kaschak	9.600	8.850		9.175			9.725	9.700	9.500	9.775	9.750
Marissa Unpingco	9.050	9.700	9.850	9.725	9.525	9.850	9.825	9.825	9.825	9.750	9.725
Kaitlin Won			9.125	9.800	9.700	8.475	9.700				
Brooke Young	8.750										
Kendal Watts					9.650	9.125	9.150				

9.150 9.650 9.125

Floor Scores											
Name	1/10	1/15	1/24	1/29	2/5	2/12	2/19	2/26	3/6	3/11	3/19
Alisa Bogdan	9.600	9.425	9.775	9.575	9.200	9.0 <mark>7</mark> 5		9.675	9.800	9.700	9.750
Maddie Herr	9.775	9.725	9.750	9.625	9.800	9.7 <mark>0</mark> 0	9.850	9.725	9.850	9.825	9.800
Erica Matos	9.750	9.475	9.725	9.800	9.750	9.675	9.850	9.775	9.750	9.800	9.825
Ellie Pascoe-Long	9.850	9.725	9.750		9.7 <mark>50</mark>	9.550	9.800	9.775	9.775	9.850	9.775
Josalyn Ray				9.600		9.725	9.750	9.750	9.850	9.725	9.800
Haleigh Shepard	9.775	9.750	9.700	9.675	9.525		9.700	9.750	9.800	8.950	9.375
Kaitlin Won	9.800	9.675	9.625	9.625	9.750	9.650	9.775				

	All-Around Scores										
Name	1/10	1/15	1/24	1/29	2/5	2/12	2/19	2/26	3/6	3/11	3/19
Maddie Herr	38.100	38.275	38.275			38.850	39.325	38.875	39.100	39.350	38.325
Kaitlin Won			38.275	38.800	38.825	37.625	38.850				











Albright, Dani	
Almstedt, Hawley	
Banholzer, Cami	
Belllingham, Allison	
Bellingham, Amy	2013, 15-16
Berry, Katie	
Bigelow, Leah	
Blackwell, Alise	
Bogdan, Alisa	
Burke, Katy	1990-92
Byrd, Tanika	1998, 2000
Cardeno, Raylyn	
Cardeno, Shina	
Carter, Kasey	1999-2002
Cheshier, Tracy (Kautz)	
Choy, Shirla	2001-04
Cianci, Kimmy	1999-2002
Coates, Bridgett	1996-97
Cole, Courtenay	
Cook, Jana	
De Groof, Michelle	
Douglas, Mackenzie	2015
Field, Kiley	2012-15
Fournier, Kelli	
Gher, Bekah	2013-14
Gilbert, Hannah	2013-16
Gordon, Julie	2000, 2002
Gordon, Kiana	
Gordon, Kiana Greene, Jennifer	
•	
Greene, Jennifer	2002-05 2011-14 2012



# Letterwinners

Harrison, Cassandra	2011 14
Hawkins, Nikki	
-	
Heald, Cristin	
Heinl, Rachel	
Herr, Maddie	
Hifai, Samila	
Holmes, Jasmine	
Howard, Shanice	
Jay, Casey	
Johnson, Danielle	2007
Jones, Colleen	1993
Kambur, Gabrielle	2015
Kaschak, Alyssa	2013-16
Kavalec, Tracie	
Kellejian, Anne	
Khoshnood, Jessica	
Klein, Amberly	
Knudsen, Carla	
Koep, Nicki	
Lark, Victoria	
Law, Tara	
Leach, Greta	2004-05, 07
Lee, Aubrey	
Louie, Tiffany	
Maciel, Desiree	
Major, Liz	
Mariani, Carrie	
Martin, Stacy	
Matos, Erica	
McClelland, Marcee	
McCord, Casey	
McCoy, Kelli	
Medeiros, Carissa	
Merritt, Katie	
Mertens, Adriane	
Miller, Kriss	
Minotti, Michelle	
Molasky, Sarah Moneymaker, Renae	
-	
Montalban, Alyssa	
Nakaji, Mayumi	
Newcomer, Cyndi	
Ojog, loana	
Parent, Barbara	
Partridge, Holly	
Pascoe-Long, Ellie	
Peterson, Brittney	
Pizano, Jennifer	
Porte, Veronica	
Ray, Josalyn	
Reiley, Kim	
Ronzio, Rebecca	
Sanwo, Cheryl	
Scheele, Melisa	2002-04



Shearer, Tauny 2013
Shepard, Haleigh 2016
Shipman, Jennifer 1993, 95
Snellgrove, Andrea 1998-99, 2001
Solod, Jodi1990-93
Spellacy, Kelsey 2003, 05-06
Starr, Hope 1991
Stebbins, Emily 2008
Swann, Lily
Talbot, Tasya 2000
Targosz, Gabrielle 2007-10
Taylor, Ann-Marie1992, 94-95
Telles-Nolan, Alyssa 2010-13
Thomas, Erin 2003, 05
Tily, Liz 1995
Ulrich, Katie 1996
Unpingco, Marissa2013-16
Valleau, Katie2009-12
Wallace, Thomasina 2009-12
Wasko, Danielle 1996
Watts, Kendal 2016
Weispfenning, Melanie 1990
Wheaton, Anne 1993-95
Wicklund, Staci 1991
Won, Kaitlin2015-16
Zezoney, Allison 2003, 06

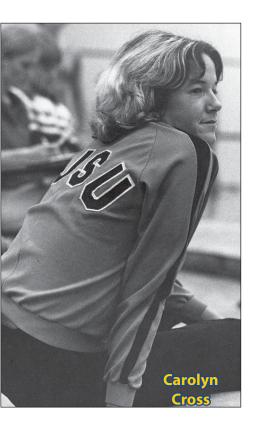
#### **Honorary Letterwinner**

Kris Klepfer Buchanan19	999
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Note: letters were first awarded in 1989

		Coaching	j Kecorc	IS	
1969-70	0-0-0	Betty R. Barnard	1991-92	0-14-0	Jackie Walker
1970-71	2-0-0	Betty R. Barnard	1992-93	4-9-0	Jackie Walker
Totals	2-0-0		1993-94	3-16-0	Jackie Walker
			1994-95	6-6-0	Jackie Walker
1971-72	0-2-0	Jim Turpin	1995-96	9-8-0	Jackie Walker
			1996-97	9-9-0	Jackie Walker
1972-73	1-1-0	Betty R. Barnard	1997-98	3-12-1	Jackie Walker
			1998-99	11-11	Jackie Walker
1973-74	1-2-0	Jan Flanery	1999-2000	4-13	Jackie Walker
1974-75	6-0-0	Jan Flanery	2000-01	10-7	Jackie Walker
1975-76	4-5-0	Jan Flanery	Totals	127-162-2	
Totals	11-7-0				
			2001-02	12-9	Wayne Wright
1976-77	5-7-0	Carolyn Cross	2002-03	12-9	Wayne Wright
1977-78	17-2-0	Carolyn Cross	2003-04	16-9	Wayne Wright
1978-79	19-0-0	Carolyn Cross	2004-05	17-5	Wayne Wright
1979-80	10-8-0	Carolyn Cross	2005-06	15-17	Wayne Wright
1980-81	1-9-0	Carolyn Cross	2006-07	10-14	Wayne Wright
1981-82	1-10-0	Carolyn Cross	2007-08	19-11	Wayne Wright
1982-83	4-10-0	Carolyn Cross	2008-09	16-8-1	Wayne Wright
1983-84	9-8-0	Carolyn Cross	2009-10	11-13	Wayne Wright
Totals	66-54-0		2010-11	17-10	Wayne Wright
			2011-12	13-9	Wayne Wright
1984-85	9-7-0	Jackie Walker	2012-13	13-16	Wayne Wright
1985-86	12-8-0	Jackie Walker	2013-14	10-19	Wayne Wright
1986-87	11-7-0	Jackie Walker	2014-15	15-12	Wayne Wright
1987-88	12-3-1	Jackie Walker	2015-16	9-15	Wayne Write
1988-89	12-12-0	Jackie Walker	Totals	205-176-1	
1989-90	7-6-0	Jackie Walker			
1990-91	5-14-0	Jackie Walker	School Totals	412-402-3	

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# **Top Team Scores**

#### **Team Records**

Event	Score	Opponent	Date
Total	195.925	MPSF Championships	March 20, 2004
Vault	49.150	at MPSF Championships	March 21, 2015
Bars	49.325	MPSF Championships	March 20, 2004
Beam	49.275	at Southern Utah	February 18, 2011
Floor	49.550	MPSF Championships	March 20, 2004

#### **Top Team Scores**

Score	Opponents	Date
195.925	MPSF Championships	March 20, 2004
195.850	Sacramento State, UC Davis	March 16, 2012
195.800	Sacramento State	March 14, 2014
195.775	Southern Utah	February 28, 2014
195.725	at Sacramento State, California	February 14, 2014
195.700	at UC Davis	March 1, 2013
195.675	Utah State, Sacramento State, Seattle Pacific	March 8, 2015
195.575	Boise State Seattle Pacific, UC Davis	March 8, 2013
195.550	Boise State, Seattle Pacific, UC Davis	February 11, 2011
195.550	at Boise State	February 21, 2014
195.425	at Southern Utah	February 18, 2011
195.400	at Seattle Pacific	January 31, 2009
195.400	at UC Davis, Stanford, Utah State	January 26, 2014
195.350	at Boise State, Southern Utah	March 11, 2016
195.325	Southern Utah	February 16, 2008
195.300	at Sacramento State	March 18, 2007
195.300	at Sacramento State	February 19, 2016
195.250	at Southern Utah	March 6, 2009
195.175	at MPSF Championships	March 21, 2015
195.150	at Masters Classic	March 1, 2015
195.125	at Sacramento State	February 13, 2015
195.100	UC Davis	February 7, 2003
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# **Top Team Scores**

195.100	at Utah State	March 7, 2014
195.075	Stanford, California	March 5, 2010
195.000	at California, Brown	February 18, 2013
194.950	at Utah State	February 10, 2012
194.950	UC Davis	February 7, 2014
194.925	UC Davis, Brown	March 6, 2016
194.900	Seattle Pacific	March 9, 2001
194.900	California, Maryland	February 24, 2012
194.875	at WAC Championships	March 21, 2009
194.875	Southern Utah	February 5, 2012
194.875	at Stanford, California	January 24, 2016
194.850	at Brigham Young, Boise State, Utah State	February 20, 2009
194.825	at California, CS Fullerton, UC Davis	March 16, 2008
194.800	at NCAA West Regional	April 4, 2009
194.800	at WAC Championships	March 24, 2012
194.900 194.875 194.875 194.875 194.850 194.825 194.800	California, Maryland at WAC Championships Southern Utah at Stanford, California at Brigham Young, Boise State, Utah State at California, CS Fullerton, UC Davis at NCAA West Regional	February 24, 2012 March 21, 2009 February 5, 2012 January 24, 2016 February 20, 2009 March 16, 2008 April 4, 2009



### **2004 Mountain Pacific Sports Federation Champions**

#### SPARIANS

# **Top Vault Team Scores**

Score	Opponents	Date
49.150	at MPSF Championships	March 21, 2015
49.100	at Brigham Young, Boise State, Utah State	February 20, 2009
49.075	Utah State, Sacramento State, Seattle Pacific	March 8, 2015
49.025	Southern Utah PASSION PRIDE	February 16, 2008
49.000	at Masters Classic	March 1, 2015
48.950	UC Davis	February 24, 2006
48.950	at Sacramento State, California	February 14, 2014
48.950	at MPSF Championships	March 22, 2014
48.950	at Oregon State, Lindenwood, Seattle Pacific	March 14, 2015
48.950	UC Davis, Brown	March 6, 2016
48.925	at WAC Championships	March 29, 2008
48.925	at Southern Utah	March 6, 2009
48.900	Boise State, Seattle Pacific	January 23, 2009
48.900	at WAC Championships	March 21, 2009
48.900	at Washington, Arizona State, UC Davis	January 18, 2014
48.875	Seattle Pacific, Illinois-Chicago	February 3, 2006
48.850	at California	March 17, 2006
48.850	Boise State, UC Davis, Seattle Pacific	February 11, 2011
48.850		
	at UC Davis, Stanford, Utah State	January 26, 2014
48.825	at Seattle Pacific	January 31, 2009
48.825	Sacramento State	January 28, 2011
48.825	California, Maryland	February 24, 2012
48.825	WAC Championships	March 24, 2012
48.825	at Denver, North Carolina State, Air Force	February 2, 2013
48.825	at WAC Championships	March 23, 2013
48.825	at Boise State, Southern Utah	March 11, 2016
48.800	at UC Davis, Stanford, Sacramento State	March 23, 2008
48.800	at Southern Utah	February 18, 2011
48.800	at UC Davis	March 1, 2013
48.775	WAC Championships	March 19, 2011
48.775	at NorCal Classic	January 4, 2015
48.750	at Sacramento State	March 18, 2007
48.750	UC Davis	February 22, 2008
48.750	Sacramento State	February 6, 2009
48.750	at WAC Championships	March 27, 2010
48.750	at Boise State	February 21, 2104
48.750	at Texas Woman's, Towson, Centenary	February 1, 2015
48.750	at Sacramento State	February 13, 2015
48.725	California	March 21, 2003
48.725	at UC Davis, Stanford	February 27, 2009
48.725	at NCAA West Regional	Apr <mark>il 4</mark> , 2009
48.725	UC Davis, Sacramento State	February 26, 2010
48.725	at Boise State	March 19, 2010
48.725	Sacramento State	March 14, 2014
48.725	at Sacramento State	February 19, 2016
48.700	Stanford	March 7, 2003

# **Top Vault Team Scores**

48.700	at NCAA West Regional	April 12, 2008
48.700	at Utah State	February 20, 2012
48.700	UC Davis	February 20, 2015
48.700	at Stanford, California	January 24, 2016
48.700	Texas Woman's, Seattle Pacific, William & Mary	January 29, 2016
48.700	at MPSF Championships	March 19, 2016
48.675	at MSPF Championships	March 26, 2005
48.675	at Sacramento State	February 15, 2009
48.675	Stanford	January 9, 2015
48.675	at California, Denver, Arizona State	January 25, 2015
48.650	at Stanford	February 5, 2011
48.650	at Cal State Fullerton	March 11, 2011
48.650	at Sacramento State	January 27, 2012
48.650	at UC Davis, Arizona, Alaska Anchorage	March 2, 2012
48.650	Sacramento State, UC Davis	March 16, 2012
48.650	at California, brown	February 15, 2013
48.650	UC Davis	February 7, 2014
48.625	at Sacramento State	February 17, 2006
48.625	at California, CS Fullerton, UC Davis	March 16, 2008
48.625	at Utah State	March 12, 2010
48.625	NCAA Corvallis Regional	April 2, 2011
48.625	at Washington, Central Michigan	March 9, 2012
48.625	at Seattle Pacific	February 8, 2013
48.625	Boise State	February 12, 2016
48.600	Alaska Anchorage	March 14, 1997
48.600	Brigham Young, UC Davis	January 16, 2009
48.600	Boise State, UC Davis, Seattle Pacific	March 8, 2013
48.600	at Southern Utah, Iowa, Ball State	March 15, 2013
48.600	Southern Utah	February 28, 2014
48.600	at Seattle Pacific, Alaska Anchorage	February 26, 2016
48.575	at UCLA, Stanford	March 5, 2006
48.575	at California, UC Davis	January 14, 2011
48.575	at Arizona State, Sacramento State	January 11, 2014
48.575	at Utah State	March 7, 2014
48.550	at UC Davis, California, Sacramento State	March 23, 2007
48.550	at WAC Championships	March 31, 2007
48.550	Utah State	March 8, 2009
48.550	Utah State, Wisconsin-Eau Claire	January 21, 2011
48.550	Southern Utah	February 5, 2012
48.550	Utah State, Brown	February 15, 2013
48.525	at MPSF Championships	March 29, 2003
48.525	at CS Fullerton, North Carolina State, Utah State	January 8, 2006
48.525	at Nebraska, Central Michigan, Northern Illinois	February 26, 2006
48.525	at Seattle Pacific	February 16, 2007
48.525	at Sacramento State	January 25, 2008
48.525	at Utah State	March 7, 2008
48.525	Stanford, California	March 5, 2010
48.525	at UC Davis	February 5, 2016

# **Top Bars Team Scores**

Score	Opponents	Date
49.325	MPSF Championships	March 20, 2004
49.275	UC Davis	February 7, 2003
49.200	Southern Utah	February 28, 2014
49.150	Sacramento State, UC Davis	February 20, 2004
49.100	Southern Utah	February 5, 2012
49.100	at Sacramento State, California	February 14, 2014
49.025	at UC Davis	March 1, 2013
49.000	at Master's Classic	March 1, 2015
49.000	Boise State	February 12, 2016
48.925	Southern Utah	February 16, 2008
48.925	Boise State, Seattle Pacific	January 23, 2009
48.925	at Utah State	February 10, 2012
48.900	at Sacramento State	March 18, 2007
48.900 -	at Brigham Young, Boise State, Utah State	February 20, 2009
48.900	Boise State, UC Davis, Seattle Pacific	February 11, 2011
48.900	Sacramento State, UC Davis	March 16, 2012
48.900	at Boise State	February 21, 2014
48.875	at NCAA West Regional	April 4, 2009
48.875	at Boise State	March 19, 2010
48.850	Air Force	February 11, 2005
48.850	UC Davis, Sacramento State	February 26, 2010
48.850	at California, UC Davis	January 14, 2011
48.850	Sacramento State	January 25, 2013
48.825	Seattle Pacific	March 9, 2001
48.825	at UC Davis, California, Sacramento State	March 23, 2007
48.825	at Southern Utah, Iowa, Ball State	March 15, 2013
48.825	Utah State, Sacramento State, Seattle Pacific	March 8, 2015
48.825	at Oregon State, Lindenwood, Seattle Pacific	March 14, 2015
48.825	at Stanford, California	January 24, 2016
48.800	at Arizona State, Stanford, Wisconsin-Oshkosh	February 29, 2008
48.800	at UC Davis, Stanford, Sacramento State	March 23, 2008
48.800	at UC Davis, Stanford	February 27, 2009
48.800	Southern Utah	March 8, 2009
48.800	at WAC Championships	March 21, 2009
48.800	Sacramento State	March 14, 2014
48.775	at Alaska Anchorage	March 13, 2004
48.775	at Southern Utah	March 6, 2009
48.775	at Washington, Arizona State, UC Davis	January 18, 2014
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## **Top Bars Team Scores**

48.775	at Texas Woman's Towson, Centenary	February 1, 2015
48.750	CS Fullerton	January 27, 2006
48.750	Boise State, UC Davis, Seattle Pacific	March 8, 2013
48.750	at Sacramento State	February 19, 2016
48.750	at Boise State, Southern Utah	March 11, 2016
48.725	at Southern Utah	March 9, 2007
48.725	California, Maryland	February 24, 2012
48.700	at Seattle Pacific	January 31, 2009
48.700	at Stanford	February 5, 2011
48.700	at Cal State Fullerton	March 11, 2011
48.675	Texas-Woman's, New Hampshire	February 6, 2004
48.675	Sacramento State	March 10, 2006
48.675	at Western Independent Championships	March 24, 2001
48.675	at Stanford, Washington, Sacramento State	February 7, 2010
48.675	at Seattle Pacific	February 8, 2013
48.675	at Utah State	March 7, 2014
48.675	at UC Davis	February 5, 2016
48.650	at Alaska Anchorage	March 12, 2004
48.650	Utah State, Wisconsin-Eau Claire	January 21, 2011
48.650	WAC Championships	March 19, 2011
48.650	at NorCal Quad	January 15, <mark>2</mark> 012
48.650	at WAC Championships	March 23, 2013
48.650	at NorCal Classic	January 5, 2014
48.625	at Sacramento State	February 13, 2015
48.625	UC Davis, Brown	March 6, 2016
48.600	at Utah State	February 26, 2001
48.600	at Arizona, Stanf <mark>or</mark> d, Illinois	January 12, 2013
48.600	UC Davis	February 7, 2014
48.575	at Stanford, Oregon State, Seattle Pacific	January 31, 2003
48.575	at WAC Championships	March 31, 2007
48.575	at WAC Championships	March 29, 2008
48.575	Sacramento State	February 6, 2009
48.575	at Southern Utah	February 6, 2015
48.575	UC Davis	February 20, 2015
48.550	at California	January 23, 2004
48.550	Brigham Young, UC Davis	January 16. 2009
48.550	at WAC Championships	March 24, 2012
48.550	at California, Brown	February 18, 2013
48.550	at UC Davis, Stanford, Utah State	January 26, 2014

## **Top Beam Team Scores**

Score	Opponents	Date
49.275	at Southern Utah	February 18, 2011
49.075	Sacramento State, UC Davis	March 16, 2012
49.075	Utah State, Sacramento State, Seattle Pacific	March 8, 2015
49.050	at MPSF Championships	March 29, 2003
49.025	Western Independent Championships	March 27, 1999
49.025	Stanford, California	March 19, 2005
49.000	at Arizona State	March 14, 2003
48.975	at UC Davis, Stanford, Utah State	January 26, 2014
48.950	at UC Davis	March 6, 2004
48.925	at Utah State	March 12, 2010
48.925	Boise State, UC Davis, Seattle Pacific	February 11, 2011
48.925	Utah State, Brown	February 15, 2013
48.925	Boise State, UC Davis, Seattle Pacific	March 8, 2013
48.925	at Boise State	February 21, 2014
48.925	Sacramento State	March 14, 2014
48.925	at Seattle Pacific, Alaska Anchorage	February 26, 2016
48.900	MPSF Championships	March 20, 2004
48.900	at MPSF Championships	March 21, 2015
48.875	CS Fullerton	January 27, 2001
48.875	at Sacramento State	March 18, 2007
48.875	at Seattle Pacific	January 31, 2009
48.875	at UC Davis	March 1, 2013
48.875	at Utah State	March 7, 2014
48.875	at Boise State, <mark>Southern U</mark> tah	March 11, 2016
48.850	Seattle Pacific	February 3, 2001
48.850	at Utah State	February 10, 2012
48.850	at California, Brown	February 18, 2013
48.825	at UC Davis, Arizona, Alaska Anchorage	March 2, 2012
48.825	at MPSF Championships 38 • 2017 San José State University We	March 22, 2014 Demon's Gymnastics

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## **Top Beam Team Scores**

	-	
48.825	at Sacramento State	February 13, 2015
48.825	at MPSF Championships	March 19, 2016
48.800	at Air Force, TX-Woman's, WI-Eau Claire, Utah St.	January 17, 2004
48.800	at Sacramento State	February 19, 2016
48.775	at WAC Championships	March 31, 2007
48.775	at Southern Utah	March 6, 2009
48.775	Stanford, California	March 5, 2010
48.775	Southern Utah	February 28, 2014
48.750	at UC Davis, California, Sacramento State	March 23, 2007
48.750	at Sacramento State	February 19, 2010
48.750	California, UW-La Crosse	January 16, 2015
48.725	Seattle Pacific	February 14, 2004
48.725	at Stanford, Iowa, Oregon State	February 9, 2007
48.725	UC Davis	February 7, 2014
48.700	at California, CS Fullerton, Sacramento State	March 3, 2000
48.700	Seattle Pacific	March 9, 2001
48.700	at UC Davis	March 2, 2003
48.700	a <mark>t Sacramento State</mark>	February 29, 2004
48.700	at Alaska Anchorage	March 12, 2004
48.675	at Denver, North Carolina State, Air Force	February 2, 2013
48.650	at Alaska Anchorage	March 13, 2004
48.650	at Seattle Pacific	February 16, 2007
48.650	at Sacramento State, California	February 14, 2014
48.650	at Stanford, California	January 24, 2016
48.625	Sacramento State, UC Davis	February 16, 2001
48.625	California	March 16, 2001
48.625	at Sacramento State	February 17, 2006
48.600	at Washington, Central Michigan	March 9, 2012
48.600	at Arizona State, Sacramento State	January 11, 2014

# **Top Floor Team Scores**

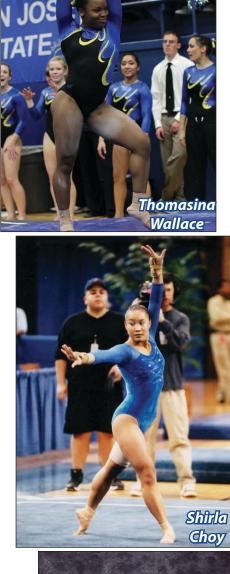
Score	Opponents	Date
49.550	MPSF Championships	March 20, 2004
49.375	at CS Fullerton, Sacramento State	February 9, 2003
49.350	at MPSF Championships	March 29, 2003
49.350	Sacramento State	March 14, 2014
49.350	at Oregon State, Lindenwood, Seattle Pacific	March 14, 2015
49.300	Stanford, California	March 5, 2010
49.300	Boise State, UC Davis, Seattle Pacific	March 8, 2013
49.275	at WAC Championships	March 21, 2009
49.225	Sacramento State, UC Davis	March 16, 2012
49.200	Utah State, Wisconsin-Eau Claire	January 21, 2011
49.200	NCAA Corvallis Regional	April 2, 2011
49.200	at WAC Championships	March 24, 2012
49.200	Southern Utah	February 28, 2014
49.175	Seattle Pacific	February 14, 2004
49.150	at UC Davis	March 2, 2003
49.150	Utah State	March 8, 2009
49.150	UC Davis, Sacramento State	February 26, 2010
49.125	UC Davis	February 7, 2003
49.125	California, UW-La Crosse	January 16, 2015
49.100	at Western Independent Championships	March 24, 2001
49.100	at California, CS Fullerton, UC Davis	March 16, 2008
49.100	at WAC Championships	March 29, 2008
49.100	Utah State, Brown	February 15, 2013
49.100	at WAC Championships	March 23, 2013
49.075	CS Fullerton, Sacramento State	March 8, 2002
49.075	at UC Davis, Stanford	February 27, 2009
49.075	California, Maryland	February 24, 2012
49.075	at MPSF Championships	March 21, 2015
49.075	UC Davis, Brown	March 6, 2016
49.050	at UC Davis, Alaska Anchorage	February 27, 2005
49.050	Cal State Fullerton	February 12, 2010
49.050	at Nor Cal Quad	January 15, 2012
49.050	at Boise State	February 17, 2012
49.025	Boise State, Seattle Pacific	February 8, 2002
49.025	at UC Santa Barbara, UC Davis, Eastern Michigan	February 23, 2002
49.025	Air Force, Seattle Pacific	February 14, 2003
49.025	Southern Utah	February 5, 2012
49.025	at UC Davis, Stanford, Utah State	January 26, 2014
49.025	at Sacramento State, California 40 • 2017 San José State University Wor	February 14, 2014 men's Gymnastics

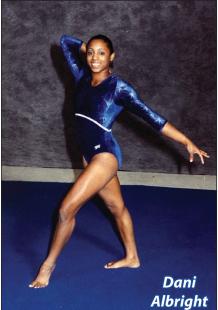
## **Top Floor Team Scores**

	-	
49.025	at Sacramento State	February 19, 2016
49.000	at Alaska Anchorage	March 12, 2004
49.000	Southern Utah	February 16, 2008
49.000	at UC Davis, Stanford, Sacramento State	March 23, 2008
49.000	at Seattle Pacific	January 31, 2009
49.000	at Sacramento State	February 15, 2009
49.000	at Stanford	February 5, 2011
49.000	at UC Davis	March 1, 2013
48.975	Seattle Pacific	March 9, 2001
48.975	at UC Davis	February 29, 2004
48.975	at WAC Championships	March 27, 2010
48.975	at Southern Utah	February 18, 2011
48.975	UC Davis	February 7, 2014
48.975	at Boise State	February 21, 2014
48.975	at Utah State	March 7, 2014
48.950	at Washington, Central Michigan	March 9, 2012
48.950	at California, Brown	February 18, 2013
48.950	NorCal Classic	January 10, 2016
48.950	at MPSF Championships	March 19, 2016
48.925	California	February 26, 2000
48.925	Alaska Anchorage, UC Davis, Utah State	January 26, 2002
48.925	at Sacramento State	February 16, 2003
48.925	Stanford	March 7, 2003
48.925	at Utah State	March 12, 2010
48.925	at Sacramento State	January 27, 2012
48.925	at Sacramento State	February 13, 2015
48.900	UC Santa Barbara	March 2, 2002
48.900	at Sacramento State	March 10, 2002
48.900	UC Davis	February 22, 2008
48.900	Sacramento State	February 6, 2009
48.900	at Brigham Young, Boise State, Utah State	February 20, 2009
48.900	at Boise State, Southern Utah	March 11, 2016
48.875	Seattle Pacific	March 22, 1996
48.875	at Utah State	February 26, 2001
48.875	at NCAA West Regional	April 4, 2009
48.875	at Sacramento State	February 19, 2010
48.875	Boise State, UC Davis, Seattle Pacific	February 11, 2011
48.875	at MPSF Championships	March 22, 2014
48.875	NCAA Minneapolis Regional	April 5, 2014

### **Top All-Around Scores**

All-Around (3)	9.075 or higher)	
39.575	Thomasina Wallace	March 9, 2012
39.550	Thomasina Wallace	March 16, 2012
39.525	Thomasina Wallace	Feb. 10, 2012
39.425	Thomasina Wallace	Feb. 5, 2012
39.400	Shirla Choy	March 29, 2003
39.400	Thomasina Wallace	April 4, 2009
39.400	Thomasina Wallace	March 24, 2012
39.375	Dani Albright	Feb. 16, 2001
39.375	Dani Albright	March 2, 2002
39.375	Thomasina Wallace	March 6, 2009
39.375	Dani Albright	March 29, 2003
39.375	Thomasina Wallace	Jan. 27, 2012
39.350	Thomasina Wallace	Feb. 27, 2009
39.350	Thomasina Wallace	Feb. 24, 2012
39.350	Cami Guyer	March 8, 2015
39.350	Maddie Herr	March 11, 2016
39.325	Dani Albright	March 9, 2001
39.325	Thomasina Wallace	March 12, 2010
39.325	Thomasina Wallace	Feb. 11, 2011
39.325	Maddie Herr	Feb. 19, 2016
39.300	Dani Albright	Feb. 7, 2003
39.300	Thomasina Wallace	March 2, 2012
39.300	Cassandra Harrison	February 14, 2014
39.275	Dani Albright	March 7, 2003
39.275	Shirla Choy	March 21, 2003
39.275	Veronica Porte	Feb. 20, 2009
39.275	Bekah Gher	March 1, 2013
39.250	Dani Albright	March 10, 2002
39.250	Thomasina Wallace	Jan. 29, 2011
39.250	Thomasina Wallace	Feb. 18, 2011
39.250	Thomasina Wallace	April 2, 2011
39.250	Bekah Gher	February 14, 2014
39.250	Cami Guyer	February 13, 2015
39.225	Dani Albright	March 16, 2001
39.225	Shirla Choy	Jan. 31, 2003
39.225	Dani Albright	March 9, 2003
39.225	Thomasina Wallace	Feb. 15, 2009
39.225	Cami Guyer	February 28, 2014
39.225	Cassandra Harrison	February 28, 2014
39.225	Cami Guyer	March 21, 2015
39.200	Dani Albright	February 8, 2002
39.200	Shirla Choy	March 20, 2004
39.200	Thomasina Wallace	Jan. 31, 2009
39.200	Thomasina Wallace	Feb. 17, 2012
39.200	Cassandra Harrison	February 15, 2013
39.200	Bekah Gher	March 8, 2013
39.200	Bekah Gher	February 21, 2014
39.175	Dani Albright	Feb. 27, 2001
39.175	Shirla Choy	March 9, 2001
39.175	Dani Albright	Feb. 24, 2001
39.175	Jennifer Greene	Feb. 7, 2003





### **Top All-Around Scores**







39.175	Greta Leach	March 20, 2004
39.175	Veronica Porte	March 31, 2007
39.175	Lily Swann	Feb. 11, 2011
39.175	Thomasina Wallace	March 6, 2011
39.175	Thomasina Wallace	January 22, 2012
39.175	Bekah Gher	February 28, 2014
39.175	Maddie Herr	January 25, 2015
39.175	Cami Guyer	February 20, 2015
39.175	Kaitlin Won	March 21, 2015
39.150	Shirla Choy	March 16, 2001
39.150	Shirla Choy	March 24, 2001
39.150	Dani Albright	April 6, 2002
39.150	Jennifer Greene	March 13, 2004
39.150	Jennifer Greene	March 20, 2004
39.150	Michelle Minotti	March 19, 2005
39.150	Veronica Porte	February 16, 2008
39.150	Veronica Porte	March 16, 2008
39.150	Veronica Porte	Feb. 27, 2009
39.150	Thomasina Wallace	Jan. 15, 2012
39.150	Cami Guyer	January 18, 2014
39.150	Bekah Gher	February 7, 2014
39.125	Shirla Choy	Feb. 16, 2001
39.125	Shirla Choy	Feb. 27, 2001
39.125	Jennifer Greene	March 2, 2003
39.125	Jennifer Greene	Feb. 20, 2004
39.125	Veronica Porte	March 18, 2007
39.125	Cassandra Harrison	March 1, 2013
39.125	Cassandra Harrison	March 8, 2013
39.125	Bekah Gher	March 14, 2014
39.125	Cassandra Harrison	March 22, 2014
39.125	Maddie Herr	February 13, 2015
39.125	Cami Guyer	March 1, 2015
39.125	Maddie Herr Kimmy Giangi	March 1, 2015
39.100	Kimmy Cianci	Feb. 16, 2001
39.100	Shirla Choy	Jan. 24, 2003
39.100	Shirla Choy	March 12, 2004
39.100	Veronica Porte Veronica Porte	Jan. 11, 2009
39.100 39.100		Jan. 31, 2009
39.100	Lily Swann Cassandra Harrison	March 27, 2010 February 18, 2013
39.100	Bekah Gher	March 23, 2013
39.100	Cami Guyer	March 14, 2014
39.100	Kaitlin Won	March 1, 2015
39.100	Maddie Herr	March 6, 2016
39.075	Hawley Almstedt	March 14, 1997
39.075	Shirla Choy	Feb. 20, 2004
39.075	Jennifer Greene	March 12, 2004
39.075	Thomasina Wallace	Feb. 19, 2010
39.075	Lily Swann	March 11, 2011
39.075	Thomasina Wallace	Jan. 21, 2011
39.075	Cassandra Harrison	Feb. 5, 2012
39.075	Cassandra Harrison	March 14, 2014
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## **Top Vault Scores (9.850 or better)**

9.925	Shina Cardeno	Feb. 24, 2006
9.925	Veronica Porte	Feb. 20, 2009
9.900	Thomasina Wallace	Jan. 23, 2009
9.900	Alise Blackwell	Feb. 20, 2009
9.900	Thomasina Wallace	Jan. 29, 2011
9.900	Thomasina Wallace	Feb. 10, 2012
9.900	Bekah Gher	January 18, 2014
9.900	Cami Guyer	March 8, 2015
9.900	Cami Guyer	March 21, 2015
9.875	Dani Albright	Feb. 16, 2001
9.875	Raylyn Cardeno	February 16, 2008
9.875	Lily Swann	March 19, 2010
9.875	Maddie Herr	March 6, 2016
9.850	Dani Albright	Feb. 2, 2002
9.850	Dani Albright	March 8, 2002
9.850	Dani Albright	March 16, 2002
9.850	Dani Albright	Jan. 31, 2003
9.850	Dani Albright	March 14, 2003
9.850	Shirla Choy	March 21, 2003
9.850	Raylyn Cardeno	Feb. 24, 2006
9.850	Raylyn Cardeno	Feb. 3, 2007
9.850	Raylyn Cardeno	March 18, 2007
9.850	Shanice Howard	March 23, 2008
9.850	Veronica Porte	March 29, 2008
9.850	Veronica Porte	March 21, 2009
9.850	Lily Swann	Jan. 23, 2009
9.850	Lily Swann	Feb. 6, 2009
9.850	Thomasina Wallace	Feb. 20, 2009
9.850	Lily Swann	Feb. 27, 2009
9.850	Thomasina Wallace	March 6, 2009
9.850	Lily Swann	March 21, 2009
9.850	Thomasina Wallace	Jan. 15, 2010
9.850	Lily Swann	March 5, 2010



## **Top Vault Scores (9.850 or better)**







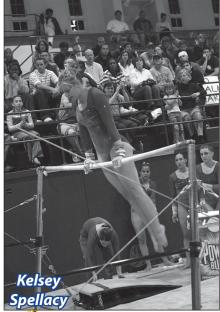
9.850	Lily Swann	March 26, 2010
9.850	Lily Swann	Jan. 28, 2011
9.850	Thomasina Wallace	Feb. 5, 2012
9.850	Thomasina Wallace	Jan. 20, 2012
9.850	Thomasina Wallace	Feb. 24, 2012
9.850	Thomasina Wallace	March 9, 2012
9.850	Cassandra Harrison	February 18, 2013
9.850	Bekah Gher	January 26, 2014
9.850	Bekah Gher	February 7, 2014
9.850	Cassandra Harrison	February 14, 2104
9.850	Hannah Gilbert	March 22, 2014
9.850	Bekah Gher	March 22, 2014
9.850	Cami Guyer	February 20, 2015
9.850	Rachel Heinl	March 14, 2015
9.850	Maddie Herr	March 11, 2016



### **Top Bars Scores (9.850 or better)**

	•	-
9.950	Shirla Choy	February 7, 2003
9.950	Shirla Choy	March 20, 2004
9.950	Thomasina Wallace	April 4, 2009
9.950	Thomasina Wallace	March 9, 2012
9.925	Shirla Choy	January 24, 2003
9.925	Shirla Choy	January 31, 2003
9.925	Kelsey Spellacy	February 14, 2003
9.925	Shirla Choy	March 21, 2003
9.925	Shirla Choy	February 20, 2004
9.925	Thomasina Wallace	February 20, 2009
9.925	Thomasina Wallace	January 10, 2010
9.900	Shirla Choy	March 9, 2001
9.900	Dani Albright	February 7, 2003
9.900	Shirla Choy	March 7, 2003
9.900	Shirla Choy	March 14, 2003
9.900	Shirla Choy	March 29, 2003
9.900	Shirla Choy	January 17, 2004
9.900	Thomasina Wallace	January 16, 2009
9.900	Thomasina Wallace	February 15, 2009
9.900	Thomasina Wallace	January 30, 2010
9.900	Thomasina Wallace	March 12, 2010
9.900	Thomasina Wallace	February 11, 2011
9.900	Thomasina Wallace	February 5, 2012
9.900	Thomasina Wallace	March 2, 2012
9.900	Thomasina Wallace	March 16, 2012
9.900	Thomasina Wallace	March 24, 2012
9.875	Shirla Choy	February 3, 2001
9.875	Shirla Choy	February 26, 2001
9.875	Dani Albright	March 16, 2001
9.875	Shirla Choy	January 23, 2004
9.875	Shirla Choy	February 14, 2004
9.875	Liz Major	February 20, 2004
9.875	Brittney Peterson	February 20, 2004
9.875	Liz Major	March 20, 2004
9.875	Brittney Peterson	March 20, 2004
9.875	Greta Leach	February 11, 2005
9.875	Greta Leach	February 27, 2005
9.875	Alise Blackwell	February 16, 2008
9.875	Thomasina Wallace	January 31, 2009
9.875	Thomasina Wallace	February 27, 2009
9.875	Thomasina Wallace	March 6, 2009





## **Top Bars Scores (9.850 or better)**



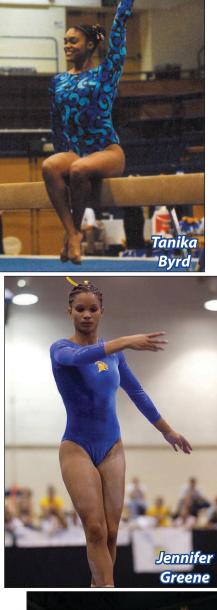




		_
9.875	Thomasina Wallace	March 21, 2009
9.875	Thomasina Wallace	January 14, 2011
9.875	Thomasina Wallace	March 6, 2011
9.875	Thomasina Wallace	January 27, 2012
9.875	Cami Guyer	February 28, 2014
9.875	Marissa Unpingco	March 14, 2014
9.875	Thomasina Wallace	February 10, 2012
9.875	Maddie Herr	March 1, 2015
9.875	Maddie Herr	March 14, 2015
9.850	Colleen Jones	January 30, 1993
9.850	Bridgett Coates	March 22, 1996
9.850	Annie Snellgrove	March 27, 1999
9.850	Stacy Martin	January 27, 2001
9.850	Dani Albright	February 16, 2001
9.850	Annie Snellgrove	March 9, 2001
9.850	Dani Albright	March 24, 2001
9.850	Shirla Choy	February 8, 2002
9.850	Dani Albright	March 2, 2002
9.850	Shirla Choy	March 2, 2002
9.850	Dani Albright	March 10, 2002
9.850	Shirla Choy	March 10, 2002
9.850	Shirla Choy	March 16, 2002
9.850	Shirla Choy	February 16, 2003
9.850	Brittney Peterson	Jan 17, 2004
9.850	Shirla Choy	February 6, 2004
9.850	Shirla Choy	March 13, 2004
9.850	Michelle Minotti	March 18, 2007
9.850	Thomasina Wallace	January 23, 2009
9.850	Katie Merritt	March 19, 2010
9.850	Thomasina Wallace	March 11, 2011
9.850	Thomasina Wallace	January 15, 2012
9.850	Thomasina Wallace	January 22, 2012
9.850	Alyssa Telles-Nolan	January 27, 2012
9.850	Thomasina Wallace	February 17, 2012
9.850	Alyssa Telles-Nolan	March 1, 2013
9.850	Bekah Gher	February 14, 2014
9.850	Marissa Unpingco	February 14, 2014
9.850	Rachel Heinl	February 28, 2014
9.850	Maddie Herr	February 1, 2015
9.850	Kaitlin Won	March 1, 2015

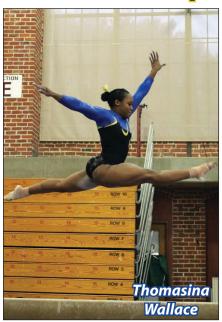
## **Top Beam Scores (9.850 or better)**

		<b>_</b>
9.900	Tanika Byrd	March 3, 2000
9.900	Jennifer Greene	March 2, 2003
9.900	Jennifer Greene	March 13, 2004
9.900	Michelle Minotti	March 18, 2007
9.900	Thomasina Wallace	March 12, 2010
9.900	Thomasina Wallace	Feb. 11, 2011
9.900	Aubrey Lee	Feb. 18, 2011
9.900	Thomasina Wallace	March 9, 2012
9.900	Julia Greer	January 26, 2014
9.875	Carissa Medeiros	March 27, 1999
9.875	Dani Albright	Jan. 27, 2001
9.875	Tracy Cheshier	Feb. 3, 2001
9.875	Dani Albright	Feb. 3, 2001
9.875	Kasey Carter	Feb. 16, 2001
9.875	Dani Albright	Feb. 26, 2001
9.875	Jennifer Greene	Feb. 7, 2003
9.875	Jennifer Greene	March 14, 2003
9.875	Amberly Klein	March 29, 2003
9.875	Greta Leach	March 19, 2005
9.875	Julia Greer	Feb. 18, 2011
9.875	Thomasina Wallace	Feb. 18, 2011
9.875	Thomasina Wallace	Feb. 10, 2012
9.875	Thomasina Wallace	March 16, 2012
9.875	Marissa Unpingco	March 21, 2015
9.875	Marissa Unpingco	January 26, 2014
9.875	Allison Bellingham	February 26, 2016
9.850	Kasey Carter	March 27, 1999
9.850	Tracy Cheshier	March 9, 2001
9.850	Dani Albright	March 2, 2002
9.850	Shirla Choy	Jan. 3, 2003
9.850	Dani Albright	March 7, 2003
9.850	Dani Albright	March 14, 2003
9.850	Amberly Klein	Feb. 6, 2004
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## **Top Beam Scores (9.850 or better)**



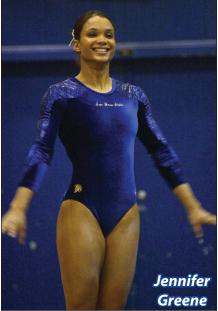


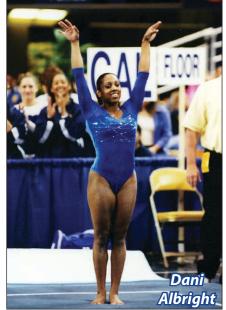


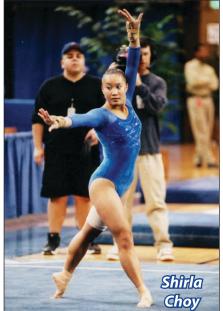
9.850	Greta Leach	Feb. 6, 2004
9.850	Amberly Klein	March 13, 2004
9.850	Amberly Klein	March 20, 2004
9.850	Michelle Minotti	Feb. 9, 2007
9.850	Jessica Khoshnood	March 18, 2007
9.850	Veronica Porte	February 1, 2008
9.850	Veronica Porte	February 10, 2008
9.850	Leah Bigelow	March 7, 2008
9.850	Alise Blackwell	Jan. 31, 2009
9.850	Aubrey Lee	March 21, 2009
9.850	Thomasina Wallace	April 4, 2009
9.850	Thomasina Wallace	Jan. 20, 2012
9.850	Thomasina Wallace	March 5, 2010
9.850	Julia Greer	Feb. 11, 2011
9.850	Thomasina Wallace	Jan. 27, 2012
9.850	Thomasina Wallace	Feb. 5, 2012
9.850	Cassandra Harrison	Feb. 10, 2012
9.850	Thomasina Wallace	March 2, 2012
9.850	Cassandra Harrison	March 16, 2012
9.850	Bekah Gher	February 15, 2013
9.850	Julia Greer	March 1, 2013
9.850	Cami Guyer	March 23, 2013
9.850	Julia Greer	January 5, 2014
9.850	Bekah Gher	February 7, 2014
9.850	Julia Greer	February 21, 2014
9.850	Julia Greer	February 28, 2014
9.850	Julia Greer	March 14, 2014
9.850	Maddie Herr	March 8, 2015
9.850	Allison Bellingham	March 21, 2015
9.850	Marissa Unpingco	January 24, 2016
9.850	Marissa Unpingco	February 12, 2016
9.850	Maddie Herr	February 19, 2016

## **Top Floor Scores (9.875 or better)**

	•	
10.000	Jennifer Greene	March 20, 2004
9.975	Dani Albright	March 29, 2003
9.950	Dani Albright	February 14, 2003
9.950	Shirla Choy	March 20, 2004
9.950	Thomasina Wallace	March 16, 2012
9.925	Kimmy Cianci	March 24, 2001
9.925	Jennifer Greene	March 2, 2003
9.925	Dani Albright	March 7, 2003
9.925	Shirla Choy	March 29, 2003
9.925	Shirla Choy	February 14, 2004
9.925	Jennifer Greene	February 14, 2004
9.925	Greta Leach	March 20, 2004
9.925	Thomasina Wallace	January 21, 2011
9.925	Cassandra Harrison	March 8, 2013
9.925	Julia Greer	March 14, 2014
9.900	Tasya Talbot	February 12, 2000
9.900	Tasya Talbot	February 26, 2000
9.900	Kimmy Cianci	February 26, 2001
9.900	Kimmy Cianci	March 2, 2001
9.900	Dani Álbright	March 9, 2001
9.900	Dani Albright	February 2, 2002
9.900	Dani Albright	February 23, 2002
9.900	Kimmy Cianci	February 23, 2002
9.900	Kimmy Cianci	March 8, 2002
9.900	Shirla Choy	March 23, 2002
9.900	Dani Albright	April 6, 2002
9.900	Jennifer Greene	February 7, 2003
9.900	Dani Albright	March 2, 2003
9.900	Jennifer Greene	February 20, 2004
9.900	Jennifer Greene	March 12, 2004
9.900	Jennifer Greene	January 11, 2005
9.900	Veronica Porte	February 23, 2007
9.900	Emily Stebbins	March 16, 2008
9.900	Emily Stebbins	March 29, 2008
9.900	Thomasina Wallace	February 27, 2009
9.900	Thomasina Wallace	March 8, 2009
9.900	Thomasina Wallace	March 21, 2009
9.900	Thomasina Wallace	March 5, 2010
9.900	Tiffany Louie	March 5, 2010
9.900	Katie Valleau	April 2, 2011
9.900	Katie Valleau	February 24, 2012
9.900	Cassandra Harrison	February 15, 2013
9.900	Cassandra Harrison	February 18, 2013
9.900	Cassandra Harrison	March 1, 2013
9.900	Cassandra Harrison	March 23, 2013
9.900	Julia Greer	March 8, 2013
9.900	Cassandra Harrison	February 14, 2014
9.900	Cassandra Harrison	February 28, 2014
9.900	Julia Greer	February 28, 2014
9.900	Jasmine Holmes	March 14, 2014
9.900	Cami Guyer	March 14, 2015
· · · · · · ·		







### **Top Floor Scores (9.875 or better)**







9.875	Tara Law
9.875	Tara Law
9.875	Tasya Talbot
9.875	Tasya Talbot
9.875	Tasya Talbot
9.875	Shirla Choy
9.875	Dani Albright
9.875	Dani Albright
9.875	Dani Albright
9.875	0
	Shirla Choy
9.875	Dani Albright
9.875	Kimmy Cianci
9.875	Shirla Choy
9.875	Jennifer Greene
9.875	Shirla Choy
9.875	Jennifer Greene
9.875	Jennifer Greene
9.875	Shirla Choy
9.875	Shirla Choy
9.875	Veronica Porte
9.875	Alise Blackwell
9.875	Shanice Howard
9.875	Shanice Howard
9.875	Veronica Porte
9.875	Veronica Porte
9.875	Thomasina Wallace
	Veronica Porte
9.875	
9.875	Shanice Howard
9.875	Veronica Porte
9.875	Tiffany Louie
9.875	Katie Valleau
9.875	Katie Valleau
9.875	Thomasina Wallace
9.875	Katie Valleau
9.875	Lily Swann
9.875	Thomasina Wallace
9.875	Katie Valleau
9.875	Thomasina Wallace
9.875	Katie Valleau
	Julia Greer
9.875	Cassandra Harrison
9.875	
9.875	Cami Guyer
9.875	Alyssa Montalban
9.875	Mackenzie Douglas
9.875	Maddie Herr
9.875	Cami Guyer

February 14, 1997 March 14, 1997 March 12, 1999 March 10, 2000 March 18, 2000 March 24, 2001 January 26, 2002 February 8, 2002 March 2, 2002 March 8, 200 March 10, 2002 March 16, 2002 February 14, 2003 February 16, 2003 March 21, 2003 March 29, 2003 January 23, 2004 March 6, 2004 March 12, 2004 January 26, 2007 March 18, 2007 February 22, 2008 March 16, 2008 January 16, 2009 January 23, 2009 February 15, 2009 March 6, 2009 March 21, 2009 March 21, 2009 February 12, 2010 March 5, 2010 January 21, 2011 February 5, 2011 February 5, 2011 February 11, 2011 March 6, 2011 March 11, 2011 April 2, 2011 February 10, 2012 February 17, 2012 March 9, 2012 March 16, 2012 March 24, 2012 March 24, 2012 January 26, 2014 March 14, 2014 January 16, 2015 January 16, 2015 March 14, 2015 March 14, 2015 March 21, 2015

### **Regional Teams**



2003 NCAA West Regional Seattle, Wash. T5th 192.875



2006 NCAA West Regional Stanford, Calif. 4th 192.375



2008 NCAA West Regional Corvallis, Ore. 5th 193.850



2009 NCAA West Regional Seattle, Wash. T5th 194.800

### **Regional Teams**



2011 NCAA Corvallis Regional Corvallis, Ore. 4th 194.425



2012 NCAA Salt Lake Regional Salt Lake City, Utah 5th 193.400



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2014 NCAA Minneapolis Regional Minneapolis, Minn. 6th 193.950

### **Postseason Results**

### **NCAA Championships**

#### **All-Around Results**

2001	38. Dani Albright	38.425
2009	41. Veronica Porte 46. Thomasina Wallace	38.700 38.400

#### **Floor Exercise**

2011	36.	Katie Valleau	9	.725

#### NCAA Regional Results Team Results

#### 2014 – NCAA Minneapolis Regional

6. San José State	193.950
5. Southern Utah	195.150
4. California	195.700
3. Minnesota	196.350
2. Illinois	196.600
1. Oklahoma	197.725

#### 2012 – NCAA Salt Lake City Regional

1.	Utah	196.825
2.	Nebraska	196.525
3.	Minnesota	194.800
4.	Arizona State	194.400
5.	San José State	193.400
6.	lowa State	193.150

#### 2011 – NCAA Corvallis Regional

1.	Oregon State	197.025
2.	Nebraska	196.550
3.	Michigan State	194.525
4.	San José State	194.425
	<b>San José State</b> Iowa	<b>194.425</b> 193.925

### 2009 - NCAA West Regional at Washington

1. Utah	197.675
2. Illinois	196.700
3. Boise State	195.400
4. Auburn	195.250
5. San José State	194.800
Washington	194.800

#### 2008 – NCAA West Regional at Oregon State

5. San José State	193.850
4. Washington	194.075
3. Michigan State	195.125
2. Michigan	196.375
1. Oregon State	197.100

6. Sacramento State 193.575

#### 2006 – NCAA West Regional at Stanford

1. Alabama	196.475
2. Oregon State	195.800
3. Stanford	195.275
4. San José State	192.375
<ol> <li>San José State</li> <li>Sacramento State</li> </ol>	<b>192.375</b> 192.050

#### 2003 - NCAA West Regional at Washington

5. San José State	192.875
4. Cal State Fullerton	193.175
3. Washington	195.675
2. LSU	195.700
1. Nebraska	196.650

. Juli Jose State	172.075
Boise State	192.875

### NCAA Regional Champions Uneven Bars

2009	Thomasina Wallace	9.950

### Floor

2011	Katie Valleau	9.900

### **Postseason Results**

All-Around Results		
	Individual Competito	rs Only
2015	9. Cami Guyer	38.925
	10. Kaitlin Won	38.875
	11. Maddie Herr	38.725
2013	13. Bekah Gher	38.800
	17. Cassandra Harrison	38.200
2010	15. Lily Swann	37.900
2007	11. Veronica Porte	38.825
	14. Alise Blackwell	38.675
2005	13. Jennifer Greene	38.700
	19. Michelle Minotti	38.350
	22. Greta Leach	37.475
2004	14. Greta Leach	38.775
	16. Jennifer Greene	38.425
	17. Shirla Choy	38.350
2002	T12. Dani Albright	39.150
	20. Shirla Choy	37.900
2001	5. Dani Albright	38.775
	7. Shirla Choy	38.775
	10. Kimmy Cianci	38.475
1999	20. Annie Snellgrove	9.700*
	* did not complete all-around	d due to injury
1998	Annie Snellgrove	
Did not compete due to injury		
1997	9. Tara Law	38.750
	13. Hawley Almstedt	38.350
	23. Bridgett Coates	37.075

1996	12. Tara Law	38.325
	15. Bridgett Coates	38.075
	16. Hawley Almstedt	37.925
1995	13. Tara Law	37.975
1994	15. Tara Law	37.500
1993	19. Jodi Solod	37.075
1992	19. Jodi Solod	37.675
1991	30. Staci Wicklund	36.850
	33. Jodi Solod	36.400
1989	30. Cheryl Sanwo	34.750
1988.	Kriss Miller	17.250*
1987	27. Liza Bettencourt	35.450
	29. Sheila H. Tsarnas	35.150
	31. Mayumi Nakaji	34.850
1986	28. Sheila Hughes	35.100
Bean	n	
2004	35. Amberly Klein	9.475
2002	T31. Kasey Carter	9.650
Floor		
2002	39. Kimmy Cianci	9.625
2010	19. Gabrielle Targosz	9.775

### **NCAA Championships**



Dani Albright 2001 Championships All-Around 38th, 38.425



Thomasina Wallace 2009 Championships All-Around 46th, 38.400



Veronica Porte 2009 Championships All-Around 41st, 38.700



Katie Valleau 2011 Championships Floor 36th, 9.725

### **NCAA Regional Honors**

#### West Region Gymnast of the Year

2012 Thomasina Wallace

West Region Coach of the Year

2012 Wayne Wright

West Region Assistant Coach of the Year 2004 Tim Rivera 2009 Meghan Donahue

**West Region Administrator of the Year** 2009 Stacy Martin



Wayne Wright was honored as the 2012 West Region Coach of the Year. He led that team to the WAC regular-season title and the second-highest team score in school history.

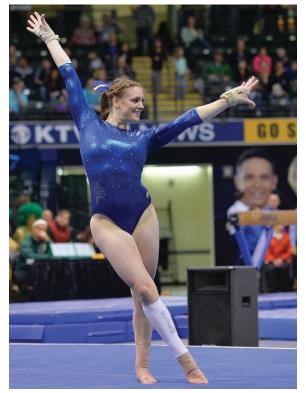


Thomasina Wallace had an award-winning senior year in 2012. She was named the Western Athletic Conference Gymnast of the Year as well as the West Region Gymnast of the Year. She won the all-around title at the 2012 WAC Championships, holds the top-four all-around scores in school history and is tied for the top score on the bars and beam at San José State.

## **Conference Meet Results**

#### 2016 MPSF Championships Sacramento, Calif.

1. Sacramento State	196.300
2. UC Davis	195.300
3. San José State	194.375
4. Seattle Pacific	193.000
5. Alaska Anchorage	192.850
6. Air Force	191.450
Vault	
3. Joslayn Ray	9.825
8. Erica Matos	9.800
Bars	
2. Rachel Heinl	9.800
7. Allison Bellingham	9.775
Beam	
4. Allison Bellingham	9.825
6. Maddie Herr	9.800
10. Alyssa Kaschak	9.750
Floor	
10. Erica Matos	9.825
All-Around	
9. Maddie Herr	38.325



Cami Guyer 2015 MPSF All-Around Champion 2015 MPSF Vault Champion 2015 MPSF Floor Champion 2013 Co-WAC Beam Champion

#### 2015 MPSF Championships Anchorage, Alaska

Ancholage, Alaska		
1. UC Davis	195.300	
2. San José State	195.175	
3. Sacramento State	194.175	
4. Alaska Anchorage	193.700	
5. Seattle Pacific	192.700	
6. Air Force	191.150	
Vault		
1. Cami Guyer	9.900	
T5. Maddie Herr	9.825	
T5. Erica Matos	9.825	
Bars		
3. Kaitlin Won	9.800	
6. Rachel Heinl	9.750	
Beam		
T1. Marissa Unpingco	9.875	
4. Allison Bellingham	9.850	
Floor		
1. Cami Guyer	9.875	
6. Mackenzie Douglas	9.825	
6. Kaitlin Won	9.825	
All-Around		
1. Cami Guyer	39.225	
4. Kaitlin Won	39.175	



Marissa Unpingco 2015 Co-MPSF Beam Champion

## **Conference Meet Results**

### 2014 MPSF Championships

Davis, Calif.

Davis, Calli.	,
1. Sacramento State	195.650
2. UC Davis	194.875
3. San José State	194.550
4. Seattle Pacific	194.075
5. Air Force	193.650
6. Alaska Anchorage	192.200
Vault	
T5. Hannah Gilbert	9.850
T5. Bekah Gher	9.850
T8. Cassandra Harrison	9.850
Bars	
T7. Cami Guyer	9.750
T7. Bekah Gher	9.750
Beam	
T4. Julia Greer	9.800
T8. Cami Guyer	9.775
T8. Alyssa Kaschak	9.775
T8. Cassandra Harrison	9.775
Floor	
T2. Julia Greer	9.850
5. Cassandra Harrison	9.825
6. Jasmine Holmes	9.800
All Around	
2. Cassandra Harrison	39.125
3. Bekah Gher	39.000
4. Cami Guyer	38.900

#### 2013 WAC Championships Cedar City, Utah

1. Boise State	196.225
2. Denver	196.125
3. Sacramento State	195.550
4. Utah State	195.100
5. Southern Utah	194.925
6. San José State	194.700
Beam	
T1. Cami Guyer	9.800
Floor	
2. Cassandra Harrison	9.900
T6. Julia Greer	9.850
T8. Bekah Gher	9.825
All-Around	
6. Bekah Gher	39.100

#### 2012 WAC Championships Logan, Utah

Luyan, Utan		
1. Denver	196.350	
2. Sacramento State	195.675	
3. Southern Utah	195.025	
4. San José State	194.800	
5. Utah State	194.775	
Vault		
5. Thomasina Wallace	9.825	
T9. Julia Greer	9.775	
T9. Alyssa Montalban	9.775	
Bars		
2. Thomasina Wallace	9.900	
Beam		
8. Thomasina Wallace	9.800	
Floor		
T2. Thomasina Wallace	9.875	
T2. Katie Valleau	9.875	
T9. Alyssa Montalban	9.825	
T9. Julia Greer	9.825	
All-Around		
1. Thomasina Wallace	39.400	
9. Cassandra Harrison	38.075	

#### 2011 WAC Championships San Jose, Calif.

1. Boise State	195.700
2. Southern Utah	194.825
3. San José State	193.925
4. Sacramento State	193.550
5. Utah State	191.850
6. Cal State Fullerton	191.650
Vault	
T4. Cassandra Harrison	9.825
T6. Shanice Howard	9.800
T10. Lily Swann	9.750
Bars	
T3. Thomasina Wallace	9.825
5. Lily Swann	9.800
T6. Katie Merritt	9.775
Floor	
T2. Thomasina Wallace	9.825
T2. Thomasina Wallace T2. Katie Valleau	9.825 9.825
T2. Katie Valleau	

## **Conference Meet Results**

#### 2010 WAC Championships Fullerton, Calif.

runciton, cum.		
195.800		
195.700		
193.675		
193.600		
193.175		
192.650		
9.850		
9.825		
9.775		
9.775		
9.850		
9.850		
39.100		

#### 2009 WAC Championships Sacramento, Calif.

succurrenter,			
1. Boise State	196.525		
2. Sacramento State	195.350		
3. Southern Utah	195.175		
4. San José State	194.875		
5. Cal State Fullerton	192.975		
6. Utah State	192.425		
Vault			
T5. Lily Swann	9.850		
T5. Veronica Porte	9.850		
Bars			
T2. Thomasina Wallace	9.875		
T6. Alise Blackwell	9.825		
Beam			
T3. Aubrey Lee	9.850		
Floor			
1. Thomasina Wallace	9.900		
T2. Shanice Howard	9.875		
T2. Veronica Porte	9.875		
T8. Katie Valleau	9.825		
All-Around			
4. Thomasina Wallace	38.750		
6. Veronica Porte	38.625		

#### 2008 WAC Championships Boise, Idaho

Doise/ iduito	
1. Boise State	194.925
2. San José State	194.725
3. Southern Utah	194.575
4. Sacramento State	194.275
5. Utah State	194.150
6. CS Fullerton	192.650
Vault	
T2. Veronica Porte	9.850
T6. Shanice Howard	9.800
T10. Renae Moneymaker	9.775
T10. Shina Cardeno	9.775
Bars	
T4. Renae Moneymaker	9.775
T8. Alise Blackwell	9.750
Beam	
T6. Veronica Porte	9.800
Floor	
3. Emily Stebbins	9.900
T6. Shanice Howard	9.850
All-Around	
9. Veronica Porte	38.625
10. Michelle Minotti	38.375

#### 2007 WAC Championships Cedar City, Utah

1. Sacramento State	195.275
2. Southern Utah	195.225
3. Utah State	195.175
4. San José State	193.750
5. Cal State Fullerton	193.625
6. Boise State	193.300
Vault	
T5. Veronica Porte	9.825
Balance Beam	
T8. Veronica Porte	9.825
Floor Exercise	
T4. Veronica Porte	9.800
All-Around	
3. Veronica Porte	39.175
8. Alise Blackwell	38.900

## San José State University Women's Gymnastics

Logan, Utah

Eogan, otan		
1. Sacramento State	193.950	
2. Boise State	193.775	
3. Southern Utah	193.600	
4. Utah State	193.100	
5. San José State	192.800	
6. Cal State Fullerton	192.600	
Vault		
T3. Renae Moneymaker	9.825	
T9. Michelle Minotti	9.775	
Bars		
T3. Kelsey Spellacy	9.800	
T9. Renae Moneymaker	9.725	
T9. Veronica Porte	9.725	
Beam		
T10. Adriane Mertens	9.725	
Floor		
T10. Renae Moneymaker	9.725	
All-Around		
4. Veronica Porte	38.825	
T9. Renae Moneymaker	38.375	

2004 MPSF Championships San Jose, Calif.		
1. San José State	195.925	
2. CS Sacramento	195.400	
3. UC Davis	194.350	
4. Alaska Anchorage	193.750	
5. Seattle Pacific	192.550	
6. Air Force	192.525	
Bars		
1. Shirla Choy	9.950	
Beam		
1. Amberly Klein	9.850	
T3. Liz Major	9.800	
Floor		
1. Jennifer Greene	10.000	
T2. Shirla Choy	9.950	
All-Around		
2. Shirla Choy	39.200	
3. Greta Leach	39.175	



Jennifer Greene 2004 MPSF Floor Champion Only 10.000 in school history

#### 2005 MPSF Championships Davis, California

1. Sacramento State	194.550
2. San José State	192.025
3. UC Davis	191.400
4. Seattle Pacific	190.275
5. Air Force	189.500
6. Alaska Anchorage	189.275
Vault	
3. Jennifer Greene	9.825
4. Michelle Minotti	9.775
6. Casey Jay	9.750
Bars	
4. Jennifer Greene	9.725
Balance Beam	
4. Amberly Klein	9.825
All-Around	
2. Michelle Minotti	38.700
5. Jennifer Greene	38.425

## **All-Conference Honors**

#### 2003 MPSF Championships Sacramento, California

Sucramento, ca	
1. Sacramento State	194.925
2. San José State	194.550
3. Seattle Pacific	193.000
4. Air Force	192.050
5. UC Davis	189.650
6. Alaska-Anchorage	187.300
Vault	
T1. Dani Albright	9.775
T3. Shirla Choy	9.750
Bars	
T1. Shirla Choy	9.900
Beam	
1. Amberly Klein	9.875
T2. Dani Albright	9.825
T2. Shirla Choy	9.825
T2. Jennifer Greene	9.825
Floor	
1. Dani Albright	9.975
T3. Shirla Choy	9.925
All-Around	
1. Shirla Choy	39.400
2. Dani Albright	39.375

#### 2002 MPSF Championships Colorado Springs, Colo.

coloiddo spinigs	
1. Sacramento State	194.900
2. Air Force	194.650
3. San José State	193.375
4. UC Davis	192.000
5. UC Santa Barbara	189.525
Vault	
T2. Dani Albright	9.800
Floor	
T1. Shirla Choy	9.900



Shirla Choy 2004 MPSF Bars Champion 2003 MPSF All-Around Champion 2003 Co-MPSF Bars Champion 2002 MPSF Floor Champion

## **All-Conference Honors**

#### MPSF Honors (2014-Present)

#### 2016

First Team

Maddie Herr – Vault, All-Around Erica Matos – Vault Marissa Unpingco – Beam

#### Second Team

Rachel Heinl - Bars Maddie Herr – Beam, Floor Alyssa Kaschak – Bars Ellie Pascoe-Long – Floor

#### 2015

First Team

Cami Guyer – Vault, Floor, All-Around Maddie Herr – Bars, Beam

#### **Second Team**

Kiley Field - Floor Cami Guyer – Bars, Beam Rachel Heinl – Vault Maddie Herr – Floor, All-Around Alyssa Montalban - Floor Kaitlin Won – Bars, Beam, All-Around

#### 2014

Vault: Bekah Gher, Kiana Gordon, Cami Guyer Bars: Cami Guyer, Cassandra Harrison, Marissa Unpingco Beam: Bekah Gher, Julia Greer, Cami Guyer Floor: Julia Greer, Cami Guyer, Cassandra Harrison All-Around: Bekah Gher, Cami Guyer, Cassandra Harrison WAC Honors (2006-2013)

**2013 First Team** Cami Guyer – Beam Cassandra Harrison – Floor

**Second Team** Bekah Gher – All-Around Julia Greer - Floor

#### 2012

**First Team** Thomasina Wallace – All-Around, Bars, Floor Katie Valleau – Floor

**Second Team** Thomasina Wallace - Vault

## **All-Conference Honors**

**2011 First Team** Lily Swann – All-Around Thomasina Wallace – Bars, Floor Katie Valleau - Floor

#### Second Team

Cassandra Harrison – Vault Shanice Howard – Vault Katie Merritt – Bars Lily Swann – Bars Thomasina Wallace – All-Around

**2010 First Team** Lily Swann – All-Around

**Second Team** Tiffany Louie - Floor Lily Swann – Vault Gabrielle Targosz - Floor

### 2009

**First Team** Shanice Howard – Floor Aubrey Lee - Beam Veronica Porte - Floor Thomasina Wallace – Floor, Bars

#### Second Team

Alise Blackwell - Bars Veronica Porte – All-Around, Vault Lily Swann - Vault Thomasina Wallace – All-Around

**2008 First Team** Veronica Porte - Vault Emily Stebbins - Floor

#### **Second Team**

Shanice Howard – Vault, Floor Renae Moneymaker - Bars Veronica Porte – Beam

2007

**First Team** Veronica Porte – All-Around **Second Team** Veronica Porte – Vault, Beam

**2006 First Team** Renae Moneymaker – Bars Kelsey Spellacy – Bars

**Second Team** Veronica Porte – All-Around

### **MPSF Honors**

2005 First Team Jennifer Greene – Floor Greta Leach – Bars, Beam, All-Around Michelle Minotti – Vault

#### **Second Team**

Leah Bigelow - Beam Jennifer Greene – Vault, All-Around Casey Jay – Floor Kelsey Spellacy - Bars

**WAC Gymnast of the Year** 2012 Thomasina Wallace

WAC Freshman of the Year2009 Thomasina Wallace2011 Julia Greer

### WAC Champions

Beam 2013 Cami Guyer

Floor 2009 Thomasina Wallace

All-Around 2012 Thomasina Wallace

### **MPSF Gymnast of the Year**

2004 Shirla Choy2005 Jennifer Greene2014 Julia Greer2015 Cami Guyer

### **MPSF Champions**

Vault 2003 Dani Albright 2015 Cami Guyer

Bars 2003 Shirla Choy 2004 Shirla Choy

**Beam** 2003 Amberly Klein 2004 Amberly Klein 2015 Marissa Unpingco

Floor2002Shirla Choy2003Dani Albright2004Jennifer Greene2015Cami Guyer

**All-Around** 2003 Shirla Choy 2015 Cami Guyer



### **Academic Honors**

### All-MPSF

- 2016 Allison Bellingham Amy Bellingham Alisa Bogdan Hannah Gilbert Rachel Heinl Maddie Herr Alyssa Kaschak Erica Matos Marissa Unpingco Kaitlin Won
- 2015 Allison Bellingham Amy Bellingham Kiley Field Hannah Gilbert Cami Guyer Gabrielle Kambur Alyssa Kaschak Alyssa Montalban Marissa Unpingco
- 2014 Kiley Field Bekah Gher Julia Greer Cami Guyer Cassandra Harrison Jasmine Holmes Alyssa Kaschak Alyssa Montalban Marissa Unpingco

### All-WAC

2013 Amy Bellingham Kiley Field Bekah Gher Hannah Gilbert Julia Greer Cami Guyer Cassandra Harrison Jasmine Holmes Alyssa Kaschak Victoria Lark Marissa Unpingco

- 2012 Kiley Field Julia Greer Dannon Gregory Cami Guyer Cassandra Harrison Aubrey Lee Alyssa Montalban Katie Valleau Thomasina Wallace
- 2011 Julia Greer Cassandra Harrison Shanice Howard Katie Merritt Lily Swann Alyssa Telles-Nolan Katie Valleau Thomasina Wallace
- 2010 Shanice Howard Jessica Khoshnood Tiffany Louie Kate Merritt Lily Swann Gabrielle Targosz Alyssa Telles-Nolan Katie Valleau Thomasina Wallace
- 2009 Alise Blackwell Kelli Fournier Shanice Howard Jessica Khoshnood Aubrey Lee Tiffany Louie Katie Merritt Lily Swann Gabrielle Targosz Katie Valleau Thomasina Wallace
- 2008 Leah Bigelow Alise Blackwell Kelli Fournier Shanice Howard Casey Jay Jessica Khoshnood Tiffany Louie

Katie Merritt Michelle Minotti Emily Stebbins Lily Swann Gabrielle Targosz

- 2007 Leah Bigelow Alise Blackwell Kelli Fournier Jessica Khoshnood Greta Leach Tiffany Louie Liz Major Michelle Minotti Jennifer Pizano Gabrielle Targosz
- 2006 Leah Bigelow Alise Blackwell Tracie Kavalec Amberly Klein Adriane Mertens Michelle Minotti Renae Moneymaker Veronica Porte



Maddie Herr is one of two Spartan gymnasts to be receive CoSIDA Academic All-District honors (2016).

#### **All-MPSF**

- 2005 Tracie Kavalec Amberly Klein Greta Leach Adriane Mertens
- 2004 Shirla Choy Adriane Mertens Brittney Peterson Rebecca Ronzio Melissa Scheele Erin Thomas
- 2003 Shirla Choy Rebecca Ronzio Melisa Scheele Erin Thomas

#### Arthur Ashe Jr., Sports Scholars

- 2016 Kaitlin Won, Second Team
- 2015 Jasmine Holmes Gabrielle Kambur

## **Academic Honors**

2013 Victoria Lark
2012 Aubrey Lee Katie Valleau
2011 Shanice Howard Katie Valleau
2010 Shanice Howard
Arthur Ashe Jr., Sports Scholar Overall Top Female Scholar
2011 Shanice Howard

#### CoSIDA Academic All-District

2016 Maddie Herr2011 Shanice Howard, Second Team



Shanice Howard 2011 Arthur Ashe, Jr., Sports Scholar Overall Top Female Scholar 2011 San José State Top Female Scholar Athlete

#### NACGC/W Scholastic All-Americans

- 2016 Allison Bellingham Amy Bellingham Alisa Bogdan Hannah Gilbert Rachel Heinl Maddie Herr Alyssa Kaschak Erica Matos McElle McCartney Stephanie Relova Michelle Shalit Kendal Watts Kaitlin Won
- 2015 Allison Bellingham Amy Bellingham Alisa Bogdan Kiley Field Hannah Gilbert Cami Guyer Maddie Herr Jasmine Holmes Gabrielle Kambur Adrianne Manseau Erica Matos
- 2014 Allison Bellingham Casey Dreyer Kiley Field Julia Greer Cami Guyer Cassandra Harrison Jasmine Holmes Gabrielle Kambur Alyssa Kaschak Adrianne Manseau
- 2013 Patricia Aubel Allison Bellingham Amy Bellingham Kiley Field Bekah Gher Hannah Gilbert Julia Greer Cami Guyer Cassandra Harrison

### San José State University Women's Gymnastics

Jasmine Holmes Gabrielle Kambur Alyssa Kaschak Adrianne Manseau Karlene Simon

- 2012 Patricia Aubel Kiley Field Julia Greer Cami Guyer Cassandra Harrison Karlene Simon Kristie Wei
- 2011 Julia Greer Cassandra Harrison Shanice Howard Victoria Lark Karlene Simon Lily Swann
- 2010 Kelli Fournier Shanice Howard Karlene Simon Lily Swann
- 2009 Kelli Fournier Shanice Howard Jessica Khoshnood Lily Swann
- 2008 Leah Bigelow Kelli Fournier Shanice Howard Jessica Khoshnood Lily Swann
- 2007 Leah Bigelow Kelli Fournier Tiffany Louie

- 2005 Leah Bigelow Adriane Mertens Michelle Minotti Whitney Nelson Tiffany Parcasio Rebecca Ronzio
- 2004 Shirla Choy Adriane Mertens Brittney Peterson Rebecca Ronzio Melisa Schelle Erin Thomas
- 2003 Shirla Choy Kelli McCoy Adriane Mertens Sarah Molasky Rebecca Ronzio Melissa Scheele
- 2002 Kasey Carter Kim Cianci Stacy Martin Rebecca Ronzio Melissa Scheele
- 2001 Kasey Carter Kim Cianci Stacy Martin Melisa Scheele
- 2000 Kasey Carter Kim Cianci Carrie Mariani Stacy Martin

San Jose State Associated Students Top-55 2007 Michelle Minotti 2003 Team 2002 Dani Albright

#### Nancy Moak Memorial Award – Contributions in promoting women's athletics. 2003 Kim Cianci

#### NCAA Leadership Conference

2003 Shirla Choy

#### Who's Who Among Students

2004 Shirla Choy



Alyssa Kaschak was a three-time NACGC/W Scholastic All-American.

# Alumni Day 2016





