

## 2009 Women's Cross Country Results

### **USF Invitational, Golden Gate Park, San Francisco, Calif. (5K)**

Sept. 5 197 points 7<sup>out</sup> of 10

### **Brooks Memphis Twilight Classic, Memphis, Tenn. (5K)**

Sept 5. 117 Points 3<sup>rd</sup> out of 24

### **UC Riverside Invitational, Riverside, Calif. (5K)**

Race #1 Sept. 19 513 Points 19<sup>th</sup> out of 27

Race #2 Sept. 19 143 Points 4<sup>th</sup> out of 15

### **San Francisco State Invitational, San Francisco, Calif. (6K)**

Oct. 9 148 Points 4<sup>th</sup> out of 16

### **Bronco Open, Sunnyvale, Calif. (5K)**

Oct. 17

Invitational: 392 Points 15<sup>th</sup> out of 17

Open: 102 Points 3<sup>rd</sup> out of 14

### **WAC Championship (8K), Reno, Nevada**

Oct. 31 216 Points 8<sup>th</sup> out of 9

## 2009 Women's Individual Results

### **Megan Arias**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
Memphis Classic	20:38.76	71	5K
UC Riverside Invite	19:57.7	177	5K
Bronco Open	20:38	55	5K

### **Nadya Bishton**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
Memphis Classic	19:42.94	34	5K
UC Riverside Invite	19:15.02	121	5K
SF State Invite	24:12.5	54	6K

### **Amanda Carlucci**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
USF Invitational	21:03.70	55	5K
UC Riverside Invite	20:27.40	62	5K

### **Lauren Dubay**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
USF Invitational	20:10.20	41	5K
SF State Invite	24:43.7	83	6K
Bronco Open	19:40	18	5K
WAC Championship	21:56.9	60	5K

**Jessica Gonzales**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
USF Invitational	20:53.70	51	5K
UC Riverside Invite	20:37.80	74	5K
SF State Invite	24:40.8	80	6K
Bronco Open	20:53	63	5K

**Talia Gragert**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
USF Invitational	22:33.50	70	5K
SF State Invite	28:08.0	143	6K
Bronco Open	21:11	76	5K

**Suzanne Hancock**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
SF State Invite	27:47.6	138	6K
Bronco Open	19:13	106	5K
WAC Championship	21:45.6	57	5K

**Morgan Hancock**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
Memphis Classic	19:51.69	40	5K
UC Riverside Invite	19:00.00	121	5K
SF State Invite	24:17.1	57	6K
Bronco Open	23:03	106	5K

**Kate Lambdin**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
Memphis Classic	19:38.94	30	5K
UC Riverside Invite	18:52.30	114	5K
SF State Invite	23:38.4	32	6K
Bronco Open	18:46	71	5K
WAC Championship	20:45.2	29	5K

**Anna Lutz**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
USF Invitational	22:39.50	74	5K
SF State Invite	28:07.2	142	6K
Bronco Invitational	22:31	99	5K

**Arely Marquez**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
USF Invitational	20:00.80	36	5K
UC Riverside Invite	19:39.80	164	5K
SF State Invite	23:49.1	39	6K
Bronco Open	18:56	85	5K
WAC Championship	21:16.2	44	5K

**Sasha Martinez**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
UC Riverside Invite	20:30.70	67	5K
SF State Invite	25:38.6	110	6K
Bronco Open	20:37	54	5K

**Katie O'Connell**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
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USF Invitational	21:15.80	57	5K
UC Riverside Invite	21:05.20	96	5K
SF State Invite	26:46.00	129	6K
Bronco Open	21:11	75	5K

### **Jessica Ponce**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
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### **Beth Raymond**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
Memphis Classic	19:10.09	15	5K
UC Riverside Invite	18:57.50	118	5K
Bronco Open	19:11	105	5K
WAC Championship	22:14.9	62	5K

### **Nisha Richardson**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
Memphis Classic	19:04.26	13	5K
UC Riverside Invite	18:18.00	72	5K
SF State Invite	23:12.7	19	6K
Bronco Open	19:25	118	5K
WAC Championship	21:28.6	50	5K

### **Alexa Richter**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
USF Invitational	21:16.70	58	5K
UC Riverside Invite	20:55.10	90	5K
Bronco Open	21:46	89	5K

### **Annaliza Rizo**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
Memphis Classic	20:04.12	47	5K
UC Riverside Invite	19:21.40	143	5K
SF State Invite	24:34.7	77	6K
Bronco Open	20:07	35	5K

### **Victoria Smith**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
USF Invitational	20:58.50	53	5K
UC Riverside Invite	19:55.20	46	5K
SF State Invite	24:48.9	90	6K
Bronco Open	20:07	36	5K
WAC Championship	22:39.2	64	5K

### **Rebecca Ulrich**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
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### **Meghan Vinton**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
USF Invitational	20:41.60	48	5K
UC Riverside Invite	19:39.70	32	5K
SF State Invite	24:10.9	52	6K
Bronco Open	19:04	94	5K

WAC Championship	22:17.4	63	5K
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**Lisa Worsham**

<u>Race</u>	<u>Time</u>	<u>Place</u>	<u>Distance</u>
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